

The Loudon Ledger

PUBLISHED BY THE LOUDON COMMUNICATIONS COUNCIL



December 2009
Volume 11, Issue 12

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Mission Statement...

To provide a comprehensive source of information and education about business, government, and community organizations within Loudon in order to facilitate and encourage informed citizen participation.

Second Annual "Loudon Expo" a Big Success!



The Loudon Historical Society hosted the second annual "Loudon Expo" at the Community Building on Wednesday, November 18. There were eleven vendors present, all selling goods created by Loudon residents.

The price of admission was food for the Loudon Food Pantry. Judging from the amount of food in the "admission boxes," it was a successful evening! Vendors were happy with the number of people who came through and did some of their Christmas shopping early.

Refreshments were served, with one of the tastier highlights of the evening being beef stew samples provided by the Miles Smith Farm.

People who participated were: Henry Frost, Kim Bean & Mike LaBonte, Carol Soule, Ciro Scognamiglio, Matt Moore, Merrill Sinclair, Debbie Kardaseski, Darlene Johnson, Ralph Maguire, Kristen Lehouiller, and Carolyn Stinson. ■



Energy Answers: Info Line Open to Take Your Questions

Energy. We use many forms of it in nearly every domain of daily life: to heat, cool and light our homes, power our appliances, mow our lawns, produce our food, and move ourselves around. Almost everyone wants to find ways to cut their household energy costs and consumption without quality-of-life sacrifices.

But today's media-saturated environments bombard us with so many messages about energy, it's hard to know what to believe and how best to invest our energy dollars.

Recently, UNH Cooperative Extension rolled out its Energy Answers program, expanding the capacity of our toll-free Info Line in Manchester by staffing the existing lines with volunteers trained to answer energy-related questions or refer callers to experts and other outside resources who can. All you have to do is call 1-877-398-4769 (1-877-EXT-GROW) for answers to

your energy-related questions, or email us at: answers@unh.edu.

Since it opened in 2001, Extension's Education Center Info Line has answered tens of thousands of phone calls from the general public on topics as diverse as caring for lawns, land-



scapes and gardens, controlling insects, preserving food, dealing with nuisance wildlife, and raising children. The line is open Monday through Friday from 9:00 a.m. to 2:00 p.m.

"We're excited to begin answering energy-related questions," says Educa-

tion Center administrator, Alice Mullen. "We'll target our information for individuals and households. Our research has told us that New Hampshire residents are out there looking for information about tightening up their homes, buying more energy-efficient appliances, investigating renewable energy sources, and taking advantage of government financial incentives for making energy improvements.

"In the process, they're running into a lot of misinformation and conflicting messages. Energy Answers aims to empower decision-making by connecting callers with the best New Hampshire-specific information from experienced energy professionals throughout the state."

"We'll stress the primary importance of energy conservation and energy efficiency," says Mary Tebo Davis, the Extension educator who coordinates

Town of Loudon Office Hours

Selectmen’s Office

PO Box 7837 • 798-4541

Selectmen meet Tuesday evenings at 6:30 p.m. in the Community Building.
Mon.–Thurs.: 8 a.m.–4 p.m. • Tues. evenings: 6 p.m.–9 p.m.

Town Clerk

PO Box 7837 • 798-4542

Mon.: 8 a.m.–2 p.m. • Tues.: 3 p.m.–9 p.m. • Wed.–Thur.: 9 a.m.–4 p.m.

Planning/Zoning Board

PO Box 7837 • 798-4540

The Planning Board Meets the third Thursday of the month at 7:00 p.m. in the Community Building. The Zoning Board meets the fourth Thursday of the month at 7:00 p.m. in the Community Building.
Mon.–Thurs.: 8 a.m.–4 p.m. • Tues. evenings: 6 p.m.–9 p.m.

Tax Collector

PO Box 7844 • 798-4543

Tues.: 3 p.m.–9 p.m. • Wed.–Thurs.: 9 a.m.–4 p.m.

Police Department: Emergencies: 911

PO Box 7059 • 798-5521

Mon.–Fri.: 8 a.m.–4:00 p.m.

Code Enforcement

PO Box 7059 • 798-5584

Mon.–Fri.: 8 a.m.–4:00 p.m.

Fire Department: Emergencies: 911

PO Box 7032 • 798-5612

The Fire Department holds its general meeting on the second Monday of the month at 7:30 p.m. in the Safety Building. To obtain a fire permit, please stop by the station weekdays between the hours of 7 a.m. and 6 p.m.
Fire permits for the weekend need to be obtained during these times.

Loudon Elementary School

7039 School Street • 783-4400

The School Board meets the second Monday of the month at 7:15 p.m. Call the Superintendent’s Office for meeting location.

Transfer Station

Tues. & Thurs.: 9 a.m.–5 p.m. (Winter)

Tues.: 9 a.m.–5 p.m. • Thurs.: 11 a.m.–7 p.m. (Summer) • Sat.: 8 a.m.–5 p.m.
Loudon residents can purchase facility stickers at the transfer station for \$1.00. See the attendant.

Highway Department

Road Agent: David Rice • 783-4568

Mon.–Fri.: 7 a.m.–3:30 p.m.

Maxfield Public Library

Librarian: Nancy Hendy • 798-5153

Mon.: Closed • Tues.: 10 a.m.–9 p.m. • Wed.: 1–9 p.m.
Thurs.: 10 a.m.–9 p.m. • Sat.: 9 a.m.–1 p.m.

The Library Trustees meet at 5 p.m. on the first Tuesday of the month.

John O. Cate Memorial Van

Call 783-9502 at least a week in advance of your appointment to schedule a ride. The John O. Cate Van committee meets the last Thursday of the month at 2 p.m. at their facility at the Transfer Station.

Loudon Food Pantry

30 Chichester Road, Unit D, Loudon

Open Wednesdays and Thursdays from 10 a.m.–6 p.m.

For more information, call Sue or Sarah at 724-9731 or email LoudonFoodPantry@yahoo.com

Loudon Representatives

Merrimack County — District 6

Maureen Baxley: PO Box 67, Andover, NH 03216. 682-3782

Claire D. Clarke: 437 Daniel Webster Hwy., Boscawen, NH 03303. 796-2268

Priscilla P. Lockwood: PO Box 1, Canterbury, NH 03224. 783-4349

Joy K. Tilton: 4 Hill St., Northfield, NH 03276. 286-8806

Frank A. Tupper: PO Box 92, Canterbury, NH 03224. 783-4110

Deborah H. Wheeler: 38 Bay St., Northfield, NH 03276. 286-8212

Senators — District 07

Harold W. Janeway: 225 Tyler Rd., Webster, NH 03303. 271-7585

Loudon Ledger Submission Policy

All groups, organizations, individuals, etc. are encouraged to submit articles to the *Loudon Ledger*. Special events, landmark anniversaries or birthdays, “attaboys,” etc. are all welcome.

Please note, however, that the *Ledger* will uphold its mission:

To provide a comprehensive source of information and education about business, government, and community organizations within Loudon in order to facilitate and encourage informed citizen participation.

We will also follow our *Articles of Agreement*, which are on file with the Secretary of State:

The corporation shall not participate in, or intervene in any political campaign on behalf of any political party or candidate for public office, nor shall it sponsor or endorse any plan or proposition that does not facilitate or encourage informed citizen participation.

In other words, any article submitted must present *all sides* of an issue in a factual, unbiased manner so that the reader may form his/her own opinion based on the information presented. To paraphrase Eric Severard: “You should elucidate but not advocate.”

Articles should be submitted to the Loudon Communications Council, P.O. Box 7871, Loudon, NH 03307. They may be emailed to debbie@debbiekgraphics.com. From there, they will be forwarded to the Council for review before they are inserted in the *Loudon Ledger*. If you have any questions regarding this policy, please contact Mary Ann Steele, chairperson of the Council, 267-6509. ■

Classified Ads are available. Please mail your ad copy, along with a check payable to LCC, to PO Box 7871, Loudon, NH 03307. A 1–3 line, 1-column ad will cost \$10. A 4–5 line, 1-column ad costs \$15.

“The Loudon Ledger” 2010 Schedule

January 2010 Ad & Copy Deadline: Fri. 12/18 **Council Meeting:** Mon. 12/21

February 2010 Ad & Copy Deadline: Fri. 1/15 **Council Meeting:** Mon. 1/18

March 2010 Ad & Copy Deadline: Fri. 2/12 **Council Meeting:** Mon. 2/15

April 2010 Ad & Copy Deadline: Fri. 3/19 **Council Meeting:** Mon. 3/22

May 2010 Ad & Copy Deadline: Fri. 4/16 **Council Meeting:** Mon. 4/19

June 2010 Ad & Copy Deadline: Fri. 5/14 **Council Meeting:** Mon. 5/17

July 2010 Ad & Copy Deadline: Fri. 6/18 **Council Meeting:** Mon. 6/21

August 2010 Ad & Copy Deadline: Fri. 7/16 **Council Meeting:** Mon. 7/19

September 2010 Ad & Copy Deadline: Fri. 8/20 **Council Meeting:** Mon. 8/23

October 2010 Ad & Copy Deadline: Fri. 9/17 **Council Meeting:** Mon. 9/20

November 2010 Ad & Copy Deadline: Fri. 10/15 **Council Meeting:** Mon. 10/18

December 2010 Ad & Copy Deadline: Fri. 11/12 **Council Meeting:** Mon. 11/15

**PLAN YOUR ADVERTISING IN ADVANCE!
TO ADVERTISE, CONTACT: Samantha French/783-4601**

DISPLAY ADVERTISING RATES:

Business Card	4½"W x 2"H	\$35.00/issue
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1/4 Page	9¾"W x 3"H — or — 4½"W x 6"H	\$65.00/issue
1/2 Page	9¾"W x 6"H — or — 4¾"W x 11¾"H	\$115.00/issue
Full Page	9¾"W x 11¾"H	\$230.00/issue

Purchase an advertising contract for the entire year and SAVE 10%!

CLIP AND SAVE FOR FUTURE REFERENCE!

The Loudon Ledger

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Council Members: *Kris Tripp, Dottie Mulkhey, Mary Ann Steele, Tricia Ingraham, Jenn Becker, Sherry Blanchard, Sharon Strout, Pete Pitman, Lee Laughlin, and Amanda Masse.*

Editorial Submissions may be mailed to PO Box 7871, Loudon, NH 03307 or sent via email to: debbie@debbiekgraphics.com

All editorial submissions are approved by the Council before publication.

Advertising: Samantha French — 783-4601 / harvestmooner@aol.com

Where to Worship in Loudon

Family Bible Church

“Where everybody is somebody, and Jesus is Lord!”

Pastor Steve Ludwick

676 Loudon Ridge Rd., PO Box 7858, Loudon, NH, 03307 • 267-7577

www.myfamilybiblechurch.org • Email: sludwick@hughes.net

Coffee & Prayer Time: Sunday 8–9:10 a.m.

Sunday Worship: 9:30 a.m. A blend of hymns & contemporary songs.

Fellowship time following service is provided. Sunday School for ages 4 years–5th grade during worship service. Nursery also Available.

Sunday Evening: Youth Group — For Grades 6–11: 6–7:45 p.m.

Monday: Men’s Fellowship and Prayer 7–8:45 p.m.

Wednesday: Women’s Bible Study, fellowship, and prayer: 9:15 a.m.

Ongoing Evening Adult Bible Studies: call for details



Faith Community Bible Church

Jeffrey Owen, Senior Pastor • Joshua Owens, Associate Pastor

334 North Village Road, Loudon, NH 03307 • 783-4045 • www.fcbc-loudon.org

Worship Hours:

8:00 a.m. and 11:00 a.m. (Nursery provided.)

Sunday School Classes for All Ages: 9:30 a.m. • Bible Study: Thurs., 9:30 a.m.

Youth Group: Sun. 6:00 p.m. (Grades 6–12) • Men’s Bible Study: 2nd and 4th Sat. 7:00 a.m.

Church office hours: Tues., Weds., Thurs. 9 a.m.–2 p.m. • Secretary: phyllis.minery@fcbc-loudon.org



Landmark Baptist Church

Fundmental, Independent, Biblical, Caring

Pastor Paul J. Clow

103 Chichester Road, Loudon, NH 03307 • 798-3818 • www.landmarkbaptistchurch.info

Sunday School: 9:30 a.m. (Nursery Provided) (New Beginnings Class:

for those interested in the Christian Faith and in Landmark Baptist Church. This is a time for questions and answers about what it means to be a Christian and what we believe here at Landmark!)

Sunday Morning Worship: 10:30 a.m. (Nursery and Children’s Church Provided)

Sunday Evening: 6 p.m. • Master Club: Weds. 6:30–8 p.m. (ages 5–6th grade)

Wednesday Evening Bible Study: 7 p.m. (Nursery Provided. We are studying verse by verse through various books of the Bible.)

Saturday Street Witnessing: 9:30 a.m. • Saturday Youth Group: 7–9 p.m. (Grades 7–12)

We never cancel services for any reason!



Loudon Center Freewill Baptist Church

Rev. Henry Frost

Clough Hill Road. Mailing address: P.O. Box 7852, Loudon, NH 03307 • 783-4540

Member of the American Baptist Churches of VT/NH (Lakes Area Association)

Sunday Worship: 10:00 a.m.



Loudon Congregational Church

Rev. David D. Randlett, III

7018 Church Street, PO Box 7034, Loudon, NH 03307 • 783-9478 • www.loudoncongregational.org

Sunday Worship: 9:30 a.m. (Staffed nursery for infants–pre-K)

Sunday School (all ages): 11:15 a.m. (Sept.–June)

Tuesday and Wednesday Evenings: Regional PrayerWatch Groups and Christian Study Groups (call for details)

Loudon Congregational is a member church of the Conservative Congregational Christian Conference (www.cccusa.org).

GraveRobbers Coffeehouse

A community hospitality project of Loudon Congregational Church.

GraveRobbers is a safe, fun setting for everyone! Coffeehouse concerts are held the first Saturday of every month at 7 p.m. featuring accomplished musical artists of various styles in a casual, café setting (doors open at 6:30). There is no admission to the concerts; however, donations for the artists are encouraged. Refreshments are available at reasonable prices.



New Beginnings Church of the Nazarene

Rev. W. John White, Senior Pastor

33 Staniels Rd, Loudon NH 03307 • Ph: 224-1311 • Office Hours: 9–2, Mon.–Fri.

phyllish@LNBnazarene.org • www.LNBnazarene.org

Sundays: Sunday School & Adult Bible Studies: 9:15 a.m.

Worship: 10:30 a.m. (Childcare provided for Infants.) Jr. Kids Church (2-year-olds–Kindergarteners.)

Kidsville (Grades 1–4)

Early Evening: House Churches. (Call the church or visit our website for a location near you.)

Tuesdays: Children’s Bible Quizzing (Grades 1–6). 5:30–6:30 p.m.

Early Youth Group (Grades 5–6). 6:30–8 p.m. Brian & Jill Bollinger: 267-1744

Wednesdays: Youth Group (Grades 7–12). 6:30–8:00 p.m. (Brian Bollinger)

Adult Bible Studies: 7:00 p.m.

Other: Once a month will also have events for men, women, adults, and seniors (50+) called OASIS.

Please visit our website or call the church office for details.



SonLight Christian Fellowship

Pastor Thomas Friedrich

Currently meeting at the Loudon American Legion Hall, So. Village Rd.

Mailing address: 55 Wiggins Road, Loudon, NH 03307 • pastor@sonlightchristian.org

Sunday Worship: 10:30 a.m. First Sunday of Every Month: Discovery Series Bible Lessons



To have your Church’s information added to this column, please email your information to debbie@debbiekgraphics.com

Upcoming Events at Loudon Churches

New Beginnings Church of the Nazarene

New Beginnings Church of the Nazarene presents a “live” experience that takes the whole family back to the days of Jesus’ birth in the little town of Bethlehem.

Ever wonder what it was like for the people of Bethlehem during the birth of Jesus Christ in their tiny little town more than 2000 years ago?

New Beginnings Church of the Nazarene is providing a chance to ask the residents of Bethlehem “in person” as it presents “Journey to Bethlehem,” a live interactive event from 6–9 p.m., December 11 and 12, at the church located on Staniels Road in Loudon.

“We want to give the community a great Christmas present by offering them the opportunity to meet and talk with the people who lived and worked in Bethlehem during the time of Jesus’ birth,” says Gary Lambert, event director. “Our guests will walk the streets of the town and interact with characters such as the innkeeper, Roman soldiers, census takers, shopkeepers, and even Mary, Joseph and their new baby.”

“Journey to Bethlehem” is a free event for the entire community. The entire church building will be transformed to the streets of Bethlehem for two days. The characters are portrayed by local residents, such as Bob Pease who plays the part of the innkeeper with “no room at the inn.”

“The characters are really trying to ‘live’ their roles as residents of Bethlehem, from the carpenter to the beggar,” says Pease. “We want to give our guests the opportunity to visit with the people they’ve read and heard about in all the Bible stories. The characters are putting considerable time into learning their roles so they can provide real answers to any questions they may be asked about their crafts, living in Bethlehem, and the events of the time since Mary and Joseph arrived in their town. We want to make the experience as real as possible.”

The church is located on Staniels Road off Route 106 near the Loudon-Concord line, right near the Red Roof Inn. For more information, call New Beginnings at 225-1311. If you have a large group that would like to attend the event, arrangements should be made in advance.

The church is also holding a Christmas Eve service, Thursday, Dec. 24 from 6–7 p.m. There will be candles, communion, carols, and a message brought by Senior Pastor Rev. John White. ■

Birth Announcements

Our new Bundle of Joy is Kendall Mae. She was born on October 29, 2009 at 4:09 p.m., weighing 7 lbs. 14 ozs. and was 21 inches long. Proud parents are Ronnie and Amanda York and proud sister is Kyleigh. Grandparents are Lisa Morrisette and David Moody, Dan and Michele York, and Gary and Kat Morrisette.



Kendall Mae York

Debbie Kardaseski of Loudon is proud to announce the birth of her first grandson, Kaulin Macgregor Blodgett. Kaulin was born Monday, November 9 at 8:35 a.m. He weighed in at 9 lbs. 9 ozs. and was 20-1/2 inches long. His parents are Adrea-Leigh and Mac Blodgett of Boscawen. Other grandparents are Larry and Jude Blodgett of Boscawen and Steve and Linda Jones of Strafford. His great grandfather is Ken Hoar of Webster. ■



Kaulin Macgregor Blodgett

Black

Black

Loudon Business Connection

The Loudon Business Connection met November 2 at the Loudon Country Club. The featured business was Miles Smith Farm and Carol Soule. Carol spoke about the Loudon Agricultural Commission and the advantages of buying locally. Miles Smith Farm is located on Beck Road and sells Loudon-grown beef along with lamb, chicken, and eggs from local farms.

Victoria Phillips, CPA gave a presentation on year-end tax planning ideas and new business incentives available from the American Recovery and Reinvestment Act of 2009. Some of these incentives include bonus depreciation, reimbursement of COBRA benefits, and Code Sec. 179 expensing. She also described the criteria that differentiates an independent contractor from an employee.

The December meeting of the Business Connection will be held on Monday, December 7 from 6–8 p.m. The December meeting will be hosted by The Eggshell Restaurant. Bill Lambruono/Loudon Country Club will be the featured business. The guest speaker is still to be determined. In January, the guest speaker will be a representative of SCORE.

Plan now to attend and network with this group of Loudon business owners or owners of businesses outside town who live here. It is an awesome opportunity to grow your business and meet others like-minded people. ■

Pittsfield Players Present Free Christmas Program

The Pittsfield Players will be presenting “The Rented Christmas” as this year’s annual gift to the community sponsored by The E.P. Sanderson Trust Fund. “The Rented Christmas” features classic Christmas carols and a story to touch your hearts. Ever want the perfect Christmas you’ve never been able to achieve? Watch and see what happens when one man decides to rent just that kind of Christmas, the tree, the lights, even the kids! “The Rented Christmas” premieres at the Scenic Theatre FREE (with ticket and canned food donation to the Pittsfield Food Pantry), December 4 (8 p.m.), 5 (8 p.m.), and 6 (2 p.m.), 2009. ■

PSNH Offers Home Energy Audit Program

Public Service of New Hampshire (PSNH) has expanded its Home Energy Audit program to include homes that use any type of heating fuel.

PSNH’s Home Energy Audit program is now “fuel neutral,” meaning that homes using any type of heating fuel may be eligible for the program.

By contributing \$100, eligible participants can benefit from a “whole house” energy audit (worth \$450), including a blower-door-guided air infiltration test, as well as a safety inspection of combustible appliances. Once the audit is complete, you will receive an assessment of your home’s energy-efficiency opportunities, along with a report outlining a list of recommended improvements and their costs. Program participants are eligible for up to \$4,000 in rebates to help pay for recommended efficiency measures.

Opportunities for improvement often include adding additional insulation to the basement or attic; air sealing; improving lighting and water savings; and upgrading heating and cooling equipment.

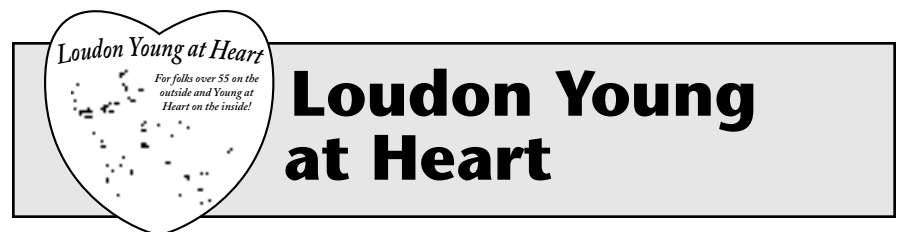
If you or someone you know is interested in lowering their energy bill this winter, please visit our website at www.psnh.com and click on the “Home Energy Audit” link, or call us at 1-800-662-7764. ■

Energy — cont. from page 1

the Energy Answers program. “For example, we’ll offer tips about things they can do that cost little or nothing to reduce their electric and home-heating bills. We can help them avoid expensive marketplace scams. We can help them understand the lingo surrounding energy products and services.

“For people ready to move on to more extensive energy-conserving or renewable-energy projects, we can help them decide when and why it makes sense to hire energy professionals and how to find experienced, competent service providers,” Tebo Davis says. “We can help them understand the ways reducing their energy use helps the environment.”

All you have to do is call 1-877-398-4769 (1-877-EXT-GROW) for answers to your energy-related questions, or email us at: answers@unh.edu. ■



Loudon Young at Heart

Fifty-six members and three guests of the Loudon Young at Heart traveled by bus to Indian Head Resort in Lincoln on October 27, 2009. A coffee stop was made in Ashland. The weather was cloudy but the spirits and anticipation were high.

Upon arrival, free drinks were enjoyed by many while others had their pictures taken — all courtesy of Indian Head. It was a German theme this year and the food reflected that. Entertainment by the Swingers was enjoyed with many singing along and a few braving the dance floor. The floorshow featured Stanley, Jr. with songs and stories about many of the golden oldie performers.

The November 10 meeting was held at Charlie’s Barn with 42 attending. Door prizes of homemade pies, made by members of the Steering Committee, were won by Joan Castricone, Harriet McClaren, and Dottie Mulkhey. After lunch, the One Man Band entertained, delighting the group with a mixture of songs on the keyboard and harmonica.

A pot-luck will be held at Charlie’s Barn on December 8. Following the meal and brief business meeting there will be a holiday sing-a-long with Roger Dow at the piano. It seems like we like music and it is good for the soul. Everyone is welcome. ■

The Pittsfield Area Senior Center Presents: Holiday Parties & Celebrations

We extend a sincere and heartfelt invitation to our senior’s in Barnstead, Chichester, Epsom, Loudon, and Pittsfield to join the Holiday party. It is a bit of a trip for some of you but we will make it worth your while! Cindy Meehan will be here to lead us in musical tunes and equip us with instruments to play, we are having a Yankee Gift Swap and we have requested the presence of either Santa or his Misses. The Holiday Meal is always fabulous. We are serving punch, mints, stuffed chicken breast with gravy, cranberry sauce, squash, peas/onions, potatoes, breads and Festive Deserts.

And Then...

December 31st is a New Year’s Dinner Celebration. Come and welcome in the New Year with family and friends and enjoy a dinner of punch, roast pork with apples and gravy, potatoes, stuffing, harvest vegetables, a roll, and CHEESECAKE for desert!

Reservations are so helpful. We plan to have enough food for everyone with reservations.

Join us Mondays for Bingo, Tuesdays for game day with Dan McGuire, Wednesdays for Crafts, Thursdays for Bingo, and Fridays for Yoga.

Note to crafters: Craft Day Details — Different volunteers will be leading a craft the 1st and 3rd Wednesday of the month.

In January we will learn Cake Decorating 101-2!

Other crafts will be Really Beading, The Real Deal with Italian Cooking, Scrapbooking, Photography, Crazy Quilting, Crocheting, Knitting, Acrylic Painting, Water Colors, Polymer Clay, and Sculpture with more ideas coming up every day.

On December 9th at 10 a.m. we are hosting a Lia Sophia Jewelry Party. If you’re over 18 please come or call for a book. There will be games, prizes and food! To check out what items will be shown go to www.liasophia.com/erinbrewitt or email Erin at Erin@yolandatoto@hotmail.com.

Medicare Policy Changes

Have you reviewed your Medicare Part B and D?

The policy you had last year may have changed therefore may not cover your needs as you expect.

Anita, a Medicare Specialist at ServiceLink, will be glad to work with you to see that you have the coverage you need. Call 1-866-634-9412 and ask to speak with Anita. Alice Young at the Paige Agency will do the same service for you free of charge.

Several of our local seniors have sought expert advice and made changes to their coverage because the policies have changed.

If you don’t make the changes you need by the deadline date in December 2009 you will be stuck with what you have until the November/December 2010 open period for change. ■

**Deadline for December issue of
The Loudon Ledger is
Friday, November 13, 2009**

T+ YOUR HEALTH

By Tricia Ingraham, MPH

Welcome to the Holidays. 'Tis the Season to Be...Stressed?

The holidays are here, which brings feelings of love, peace, and stress! We've made it through Thanksgiving, now our days are filled with shopping, wrapping, shipping, cooking, decorating, traveling, entertaining and family squabbles. All of these take money and time, which no one ever seems to have enough of.

Each year, millions of people suffer from increased stress and tension during the holidays. Much of this stress can be avoided, however. I came across a report written by Dr. Orman who specializes in stress elimination. I thought I would share some of his holiday stress tips with you.

Causes of Holiday Stress

Social and Personal Expectations

Social expectations are a huge source of stress for many people. The holiday season is not a happy time for everyone. And not everyone feels in a partying mood all the time.

Yet just about everyone feels compelled to look and feel merry during the holidays. This is a form of social pressure that can be very stressful, especially if you happen to be in an emotional down cycle at the time.

In addition to social pressures, watch out for intrapsychic pressures (no, I don't mean two psychics talking with each other) deep within you. Often, people believe something is wrong with them if they don't feel merry or if they aren't in a celebratory mood. Or they become angry and frustrated when their own expectations of how the holidays are "supposed to be celebrated" don't get realized.

Watch out for these and other unrealistic expectations. They're a common cause of holiday stress for many, many people.

Too Many Responsibilities

Be careful during the holidays not to over commit. Don't take on more than you can comfortably handle, and stop trying to be Superman or Superwoman by doing it all yourself.

But don't just assume that family members or other people will help you out with added responsibilities, unless you discuss this with them first and get their agreement. And remember: scheduling too many parties, too many extra activities, and too many family obliga-

tions can put a big strain not just on you, but on your family as well.

Expecting Others To Behave As You Prefer

Expecting others to behave, as you prefer during the holidays is another sure fire way to end up feeling stressed. Please, please avoid this. And if you do catch yourself trying to fulfill this unrealistic goal, stop yourself immediately.

Always remind yourself that your own opinions, attitudes, and "rules" for celebrating the holidays might not be shared by other individuals.

Your personal history and past experiences regarding the holidays will most likely differ from those of your spouse, your friends, or even other relatives. To expect others around you to think, feel, and behave as you would, therefore, is useless.

Unpleasant Memories

Many people have bad memories of past holiday seasons. Perhaps a friend or close family member died, a valued relationship came to an end, or some other crisis occurred.

Under these circumstances, it's not uncommon for negative memories to resurface during the holidays. This can be disconcerting, since it's generally assumed that everyone should feel "good" or "happy" at this time of year.

Even positive memories of past holiday seasons can be stressful. If you're not having a good time now, and you compare your present experiences to how you felt in previous years, you can end up feeling worse.

In addition, if a child, loved one, or other valued person has died or otherwise left you, happy memories of past holidays with them can put a damper on your joy.

Blaming Yourself or Others When Things Go Wrong

During the holidays, there are many opportunities for things to go "wrong." Thus, our automatic pattern of BLAME will get triggered more often. Watch out for this insidious cause of stress, not just during the holidays, but all year long as well.

Failing To Anticipate Likely Problems and Delays

Another common cause of stress during the holidays is FAILING TO ANTICIPATE LIKELY PROBLEMS AND DELAYS. During most of the year, this pattern comes into play when we schedule our daily activities too closely, when we don't anticipate certain problems and plan contingencies for them, or when we don't allow enough time to travel between destinations or important meetings.

During the holidays, this pattern centers around letting things go until the very last minute. Since thousands of other people do the same, an enormous wave of last-minute shoppers usually pours out to flood all the roads, malls, and shopping centers.

Many of these last-minute shoppers return home feeling angry, frustrated, and totally exhausted from fighting all the crowds. But if they had anticipated this likely problem—and avoided it by shopping earlier or during less busy hours—much of this holiday stress could have been eliminated.

Also, letting things go until the last minute puts added pressure on you (and other people) to get more done in any given day. This added stress could also be avoided by simply accomplishing just a few tasks every day, over a longer period of time.

Using Food, Drugs, or Alcohol To Cope With Stress

During stressful times, many people turn to food, drugs, alcohol, or other chemical substances to cope with their stress. These coping strategies remain very popular for one important reason—THEY WORK!—at least in the short run. They aren't good coping strategies for the long run, however. And even as short term measures, they can cause serious problems such as car accidents, family blow-ups, injuries at work, etc.

The problem with these coping strategies during the holidays is that THEY ARE ALL SOCIALLY SANCTIONED! Wherever you go, food and alcoholic beverages will be plentiful, and you'll be encouraged to partake of them in large quantities.

What a great way to have fun and deal with your stress at the same time. Right?

Wrong. If you're suffering from increased stress levels during the holi-



LOUDON RECREATION COMMITTEE NEWS

Respect — That Is The Word We Must Remember!!!

We have noticed some significant damage done to the new playground equipment down at the Loudon Recreation Fields. Damage has been done to the slide and other equipment. We are very disappointed. In the past there has been damage to the tennis nets, the court area fencing, the maintenance shed, and even the gazebo. Parents please watch your kids in the area. If you notice someone causing damage, please speak up and contact the police! Please speak to your kids and talk to them about respect for the property of the town — it costs the taxpayers to clean up and repair damage. Respect means to show consideration and appreciation for others. Let us all respect what so many have worked hard to get in our community!

Loudon Recreation to Offer Line Dancing Classes

The Loudon Recreation Committee is pleased to announce that we have secured an instructor and will be offering beginner and advanced Line Dancing classes in January and February 2010! Classes will be starting January 5th and will run for six weeks on Tuesday evenings at Loudon Elementary School in the cafeteria. Beginner class will be held from 6:30–7:30 and the advanced class will run from 7:30–9:00. There will be a minimum number of participants for the program to run, but we are hoping to have a great turnout. We are finalizing the details of the program and will have a flyer and registration form on the website www.loudonnh.org. If you have questions about the program, please contact the Kim Therrien from Loudon Recreation Committee who is organizing the class at 435-6266.

Be sure to check the website www.loudonnh.org between issues of *The Loudon Ledger* for additional events or program opportunities. Thank you for your continued support!

If you are interested in all that we do for recreation programming here in Loudon and would like to be placed on our email contact list or have additional ideas to share please contact Alicia at 435-5193 or by email at affirmhealth@yahoo.com. The Loudon Recreation Committee usually meets once a month on the fourth Wednesday of the month at 6:30 p.m. at the Maxfield Public Library, join us if you are interested! We hope to see you there!! ■

Moose Hunt Update: Half Of N.H. Moose Hunters Successful So Far

As of Wednesday, October 21, a total of 265 moose had been taken in the 2009 New Hampshire moose hunt (158 bulls and 107 cows). That means that just over half (51%) of hunters holding moose permits had succeeded by the mid-way point in the state's moose hunt, very similar to the hunter success rate at this point in the moose season last year. The nine-day season runs through Sunday, October 25, 2009.

"Hunters have reported seeing a lot of big bulls this year," said New Hampshire Fish and Game Department Moose Project Leader Kristine Rines. "People have observed quite a few groups of bachelor bulls together, suggesting that the rut, or breeding season, is pretty much over."

Rines explained that moose begin to change their habits around this time of year, so people aren't necessarily seeing the animals where they were scouted out earlier in the year. Both bulls and cows start feeding heavily in order to gain weight for the winter. Also, moose already have their heavy winter coats, so on warm days they tend to bed down in the shade or move uphill to cooler high elevations.

The largest bull taken so far this year was registered at the Berlin, N.H., check station. It weighed 940 pounds dressed weight (the approximate live weight would have been an impressive 1,372 pounds) and was taken in WMU B by Joe Hill of Brandon, Mississippi. The largest cow taken so far (also checked in at Berlin) had a dressed weight of 700 pounds (about 1,022 pounds live weight) and was taken in WMU B by Michael Baglivo Sr. of Brooklyn, N.Y.

Want to know more? Listen in as Fish and Game's moose biologist Kristine Rines talks about the state's moose population and the latest goings-on at moose registration stations in New Hampshire on Fish and Game's October podcast at <http://blog.wildnh.com>. (You'll also hear furbearer biologist Patrick Tate talk about New Hampshire's wildcats — bobcat and lynx.)

This year, more than 14,500 people entered the 2009 moose hunt lottery, held last spring, for a chance to win one of the 515 permits drawn for the New Hampshire moose hunt.

For more about moose hunting in New Hampshire, including a list of check stations, visit www.huntnh.com/Hunting/Hunt_species/hunt_moose.htm.

The New Hampshire Fish and Game Department is the guardian of the state's fish, wildlife and marine resources and their habitats. Visit www.HuntNH.com. ■

Health — cont. from page 5

days, don't turn to food, drink, or drugs for relief. Not only will these make you fat, obnoxious, and intoxicated, but more importantly, they will shield you from learning how to deal with the deeper causes of your problems. As a result, you'll end up in the same boat again, needing to rely upon these substances every future holiday season.

So force yourself to find other strategies. The knowledge you'll gain by doing this will be very useful to you for many years to come.

Expecting Things to Go Well

Expecting things to always go well, or always go as you planned, during the holidays (or any time of year) is an excellent way to end up feeling stressed.

A better approach is to adopt the attitude that no matter how things might

go, YOU'LL MAKE THE BEST OF WHATEVER HAPPENS.

People Who Are Single, Divorced, Widowed, or Separated

If you are single, divorced, widowed, or recently separated, it's not uncommon to feel unhappy or depressed during the holiday season. With all the images of couples and families enjoying themselves together, it's easy to feel that you're missing out on all the fun (or worse, that something's wrong with you because you're alone).

Unrealistic expectations, social pressures, painful memories, and other causes of holiday stress can be much more intense for people who are alone. Family members, children, and friends can often make matters worse by not responding appropriately to your situa-

tion, or by not visiting you at all during the holiday season.

You can remind yourself, every day, that there's nothing wrong with being single during the holidays. You have just as much right to celebrate and have a good time (whether you choose to be alone or with others) as anyone else.

Just because the whole world buys into the "happy family" mystique, you don't have to let this get you down.

How to Deal With Financial Stress During The Holidays

The last issue I'd like to discuss is the problem of financial stress during the holidays.

Financial difficulties are a great source of stress for many couples, families, and individuals throughout the year. During the holiday season, many of these financial problems come to the forefront.

Many couples, for example, struggle with money decisions all year long. During the holidays, issues such as: How much do we spend? Do we go into debt? And who makes the final decisions? can be particularly stressful.

Some years financial problems may only surface under extreme conditions, such as the loss of one's job, a big loss in business, or some other failed financial venture.

The American Psychological Association released recent survey results

that suggest money issues top the list of causes for holiday stress. The survey found that 61 percent of Americans listed lack of money as the top cause of holiday stress, followed by the pressures of gift-giving, lack of time and credit-card debt.

If year after year, you know it's going to be a struggle; my best advice is to plan ahead.

Stick to a budget: Before you go shopping, decide how much money you can afford to spend on gifts and other items. Then be sure to stick to your budget. If you don't, you could feel anxious and tense for months afterward as you struggle to pay the bills. Don't try to buy happiness with an avalanche of gifts, give homemade gifts or start a family gift exchange.

Once you have a healthy financial system in place, you should be able to handle any increased financial pressures during the holidays.

I hope you have a wonderful stress free holiday season!

Source: www.stresscure.com, American Psychological Association, www.mayoclinic.com.

Do you have a health topic that you would like to see featured?

Please send ideas to the Loudon Communications Council, POB 7871, Loudon, NH 03307 or email Tricia Ingraham: dtingraham@comcast.net. ■



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LOUDON HISTORY & MYSTERY

By Tina Rattee

December’s mystery pictures were given to me by John Bush. They belong to a friend of his, Dave Foster. Ruth and Ray Foster (Dave’s aunt and father) grew up in Loudon and are in the photos. Ray was born in 1917 and Ruth in 1916. I can name a few others that are in photo done by Strand Studio-Homer Labonte, Martha Welch (my grandmother) and Charles Welch. One was taken in 1908 at the Loudon Village School, the teachers are Annie Foster and Mamie Hackett. Hopefully these hints will help you fill in the details. If you recognize anyone in the photos e-mail me, Tina at trattee@comcast.net or call me at 783-0483.

Roger Maxfield, Mr. Harris, and an anonymous man called about November’s mystery. George and Trese Young, the current owners of the home, gave me the picture. Trese also provided many details about it. The house is located on North Village Road just east of Stonegate Terrace and Lazy Pines Mobile Home Park. It was built in 1790, and the original main house was the kitchen, living room, and three upstairs bedrooms. It is post and beam with many of the beams still exposed. An ell was added sometime later. They aren’t sure if the barn was built at the same time as the house, but it may have been, as it is nailed together with wooden pegs in some places. The home once had 100 acres and the landline was the Chichester border. Smaller parcels were sold and when the new Route 106 was established the property included 18 acres. Parcels were sold once again (Stonegate Terrace) and it now has just under 2 acres. Ginny Holly, whose family owned the home, told Trese in 1971 they put in a bathroom. Prior to that there was an outhouse at the far corner of the barn. The Holly family also planted the enormous blue spruce that stands at the

Last month’s mystery photo.

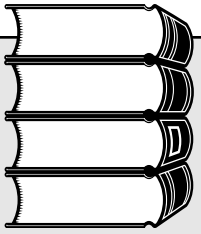


edge of the driveway that year. Ginny also noted that the home had been The Loudon Tearoom. It was in the ell that at the time had no heat. It was also a farm-stand, selling strawberries and vegetables, and a Sacony gas station. In the ‘70’s The Labrecque family bought it from The Holly’s. The Labrecque’s sold it to the Reagan’s around 1980. Trese and George bought the house in 1983. Another wonderful example of an old home in Loudon full of enterprise and history. Thank you to the Young’s for sharing with us. ■

This month’s mystery photos.



Black



Maxfield Public Library News

By Cheryl Ingerson



Working on Crafts.

Trick Or Treat

Story timers went trick or treating the week of Halloween. There were lots of cats, a couple fighter pilots, the cutest witches, and an adorable puppy in the group.

Thank you to the Town Office, Loudon Police Department, and the Loudon Fire Department for participating in this annual event. The children always have fun braving the cold to fill their candy bags.

Story Time

On December 1st, 2nd, and 3rd, we'll head to the South Pole as we read *If You Were a Penguin* by Wendell Minor and *Penguin Story* by Antoinette Portis. The children will end the hour by making a penguin appear out of styrofoam cups!

Snow is the topic for the week of December 8th through the 10th. *Snow Day* and *Snow Globe Family* by Lester Laminack and Jane O'Connor will be the books for the week as we find out who really wants a snow day; could it be the teachers? After story time, each child will leave with a snow globe of their very own.

On the 15th, 16th, and 17th of December, our appetites will be awakened by hearing Monica Wellington's story of *Mr. Cookie Baker*, and Janet Squires' *Gingerbread Cowboy*. You might need to bring your apron to create the craft for this week!

December 22nd, 23rd, and 24th, the children will head to the North Pole to listen to *Mr. Willowby's Christmas Tree* by Robert Barry, and *Where, Oh Where is Santa Claus?* by Lisa Wheeler. Afterwards, the children will put together a door hanger that will resemble the Christmas Eve visitor himself. Story timers are invited to stay a bit longer for a holiday celebration. Please bring a goodie to share and the library will provide juice.

School Vacation Week

If your children are looking for something to do during school vacation, why not bring them to the movies — at the library! We will be showing *Ice Age: Dawn of the Dinosaurs* on December 29th at 11 a.m. and *G-Force* on December 30th at 2 p.m. The library will provide juice and popcorn.

Just a reminder, children under the age of eleven may not be dropped off, a parent or guardian must be on library grounds during the length of the movie.

Book Sale

The library's next book sale will be on Saturday, December 5th from 9 a.m. to 1 p.m. For email notifications of upcoming sales, please call Debby at 798-5153.

There will also be a table set up at the book sale, with Jane Bready's book *R is for Race: a Stock Car Alphabet*. Bready is the artist who painted the murals in the children's room. Her autographed book, a great gift for your racing fans, will be on sale for \$15.95. Proceeds will go towards children's programs.

New Books

Fiction

Baldacci, David
Brown, Sandra
Goudge, Eileen
Jacobs, Kate
King, Stephen
Kingsbury, Karen
Kingsolver, Barbara
Mantel, Hilary
Rutherford, Edward
Wambaugh, Joseph

True Blue
Rainwater
Once in a Blue Moon
Knit the Season
Under the Dome
Shades of Blue
The Lacuna
Wolf Hall
New York
Hollywood Moon

Nonfiction

Davis, Wade
Jason, Julie
Karz, Zippora
Kessler, Ronald
Matthews, Linda H.
Mortenson, Greg
Reisen, Harriet
Simmons, Bill
Sorkin, Andrew Ross
Viesturs, Ed

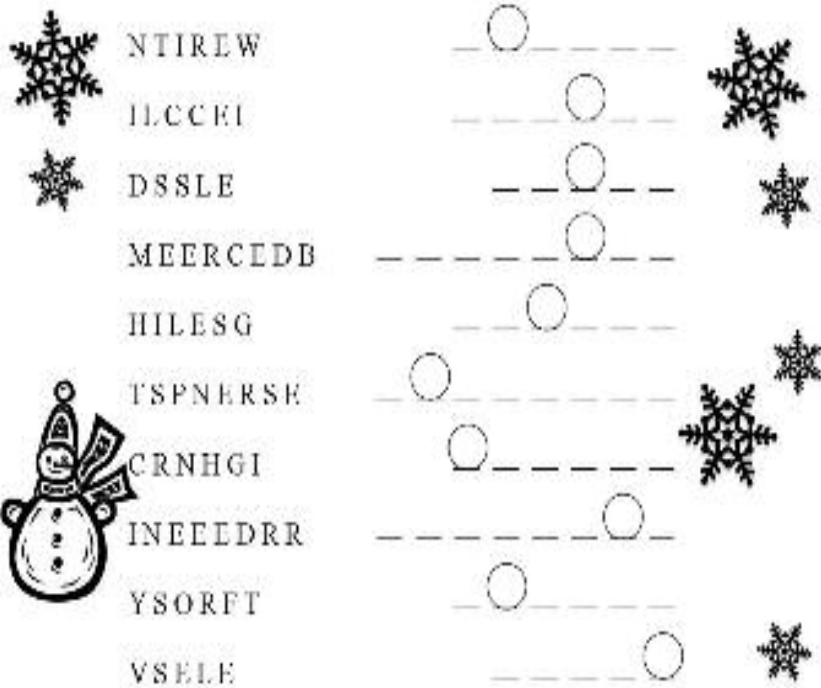
The Wayfinders
The AARP Retirement Survival Guide
The Sugarless Plum
In the President's Secret Service
Middling Folk
Stones into Schools
Louisa May Alcott
The Book of Basketball
Too Big to Fail
K2

New DVDs

The Accidental Husband; *Citizen Kane*; *Food, Inc.*; *Four Christmases*; *G.I. Joe: The Rise of Cobra*; *My Sister's Keeper*; *Public Enemies*; *The Taking of Pelham 1 2 3*; *Tinker Bell and the Lost Treasure*; *Transformers: Revenge of the Fallen*; *The Ugly Truth*; *Up*

Library — continued on page 9

What do snowmen eat for lunch?



They eat

November Word Scramble Answers:
RELATIVES, STUFFING, VETERAN,
COOKING, NOVEMBER, MAYFLOWER
What's the key to a great Thanksgiving dinner?
THE TURKEY!!!





Halloween at the Library.

Library — continued from page 8

Gift Books

When you donate books to the library, we pull out what we can use in the collection and offer the rest at our book sales. If you recognize some of your own donations here — thanks again! Take a look at these new-to-us titles you'll find on the "Gift" shelves:

Fiction

Delinsky, Barbara	<i>The Carpenter's Lady</i>
Leon, Donna	<i>Acqua Alta</i>
Perry, Anne	<i>Shoulder the Sky</i>
Rendell, Ruth	<i>From Doon with Death</i>
Wiggs, Susan	<i>Home before Dark</i>

Nonfiction

Camp, Joe	<i>The Soul of a Horse</i>
Lewis, Sara	<i>Christmas Sweets</i>
Phillips, Phil	<i>52 Things for Your Kids to Do Instead of Watching TV</i>
Silvers, Robert	<i>Photomosaics</i>
Smiley, Jane	<i>Charles Dickens</i>

Book Group

Because of his preoccupation with money and poor opinion of the human race, reclusive *Silas Marner* seems to be cut from the same cloth as Ebenezer Scrooge. Book group will ponder the mysteries of his heart and consider whether his story should remain on the list of "1001 Books to Read Before You Die." Join us to discuss George Eliot's classic work on Thursday, December 17th, at 7 p.m.

Library Hours

Tuesdays and Thursdays 10 a.m.–9 p.m.; Wednesdays 1–9 p.m.; Saturdays 9 a.m.–1 p.m.

Holiday Hours

The library will be open Thursday, December 24th, from 10 a.m. to 1 p.m. and closed December 25th and 26th. HAPPY HOLIDAYS!

Concord Hospital Postpartum Emotional Support Group Meets Every Tuesday

Concord Hospital Postpartum Emotional Support Group meets every Tuesday from 10:30 a.m. to noon at The Family Place.

The support group provides a safe environment where mothers can share their own experiences and listen to others. It also provides:

- Information about postpartum depression and anxiety, treatment options, how to manage and move beyond depression and anxiety, general parenting issues, and community resources;
- A lending library with current books about postpartum issues.

Infants are always welcome. For more information, call The Family Place Postpartum Depression Coordinator Jamie Banker at (603) 227-7000, ext. 4927. ■

Wildlife Action Grants Available

Grant Application Deadline: February 1, 2010

Teachers and community members interested in involving youth to make a difference for wildlife through habitat projects on schoolyards, public areas or community lands can apply to the Homes for Wildlife Action Grant Program for start-up funds. This New Hampshire Fish and Game Department program provides mini-grants of \$300–\$600. Habitat projects create spaces for outdoor learning, and can range from a butterfly garden to shrubs for birds to a pond for amphibians — your imagination is the limit.

The deadline for submitting proposals is February 1, 2010. For a proposal packet, write to Marilyn Wyzga, Public Affairs Division, N.H. Fish and Game Department, 11 Hazen Drive, Concord, N.H. 03301; email marilyn.wyzga@wildlife.nh.gov; or call (603) 271-3211.

The Homes for Wildlife Action Grant Program is designed to support students, educators and community members in projects that create or enhance habitat for wildlife, and to provide inquiry-based, hands-on learning opportunities. The grant program is funded by the Conservation License Plate fund (moose plates), through the Nongame and Endangered Wildlife Program at Fish and Game. Each applicant may request up to \$300, or up to \$600 if a dollar-for-dollar match can be provided by the school or organization for any amount over the initial \$300. A match is not required for the first \$300.

Grants are available to teachers, educators, school staff and community members, especially those trained in Project WILD or Project HOME or who have a member of one of these programs on their project team. Project HOME is an award-winning schoolyard habitat program coordinated by Fish and Game. Project WILD is a K–12, interdisciplinary program about wildlife and the environment.

"We're looking for youth-driven action projects that will directly benefit wildlife," says Marilyn Wyzga, coordinator of the Project HOME schoolyard habitat program at Fish and Game. "Projects with the best chance of long-term success involve assembling a team of staff, students, community members and resource professionals."

Examples of past projects funded by Wildlife Action Grants include:

- The Gilford Elementary School expanded existing gardens to support local wildlife using plant materials and feeders.
- The Little Harbour School in Portsmouth established native plants on their site to benefit birds and butterflies.
- Step Ahead Learning Center in Concord began to transform the schoolyard into wildlife habitat and learning spaces by incorporating plants and feeders to benefit birds and butterflies.
- Plymouth Elementary School enhanced their campus with vegetation specifically to support neotropical migrant birds that use the Pemigewasset River flyway.

Grant applications will be evaluated by Project HOME staff and biologists and educators from the N.H. Fish and Game Department. Grant recipients are required to evaluate the progress of their project within 6 months of the award. Recipients may apply for grants in subsequent years if additional funding is necessary, and also may apply for funds for new projects.

For more information on resources for teachers from N.H. Fish and Game, visit www.wildnh.com/Education/for_teachers.htm.

The New Hampshire Fish and Game Department is the guardian of the state's fish, wildlife and marine resources. Visit online at www.wildnh.com. ■



Loudon Girl Scout News



Junior Troop #12083 at Hannaford.



Troop #10045 went to see the World Famous Lipizzaner Stallions.



Helping out at the Loudon Food Pantry.



All of the Loudon Girl Scout Troops are off and running. Many have already completed their first badge of the year and are well into their second. Some troops have even completed community service projects (see below for specifics).

In mid-November a group representing the Girl Scouts that included, Daisies, Brownies and Juniors, and their leaders answered the call to help the Loudon Food Pantry sort food from recent food drives including the LES Turkey Trot.

Thank you to all those who ordered fruit and nuts during our fall product sale we hope you enjoy your treats! The girls sold over 1,100 nut products raising a total of more than \$1,300 across all the troops. Proceeds from that sale go to support each troops badge work and community service projects. Another thank you to all those who stopped by our annual bake sale at the Maxfield Public Library. We hope the homemade goodies brightened your holiday celebrations monies raised from the bake sale stay in Loudon to support activities for all the girls such as last month's Juliet Gordon Low Birthday of All Birthday celebration where we made birthday boxes for kids who might not otherwise get to cele-

brate their special day and our upcoming cookie kickoff.

December brings our annual Caroling in the Village event and as we move into January, it is time to get ready for our annual sock and toiletries drive and our 2010 Cookie Kickoff to celebrate the availability of Girl Scout Cookies once again.

All the Loudon Girl Scouts and the Service Unit Team extend our best wishes for a happy, healthy and safe holiday season. Thank you for your continued support.

Girl Scouts builds girls of courage, confidence, and character, who make the world a better place. For more information about the Loudon Girl Scouts, or to share your community service ideas or interests please contact Jessalynn Geerdes-Lakowicz, Service Unit Manager at 783-0218

Daisy Troop #10955

Tracy Koufos, Kellie Goble & Tammy Bourque

The Daisy's worked on requirements for the pedal for being responsible for what you say and write. After Thanksgiving we made care packages to send to the troops overseas. The girls were instrumental in brainstorming ideas for this activity.

Brownie Troop #10454

Julie Segien, Karen Thurber

The Brownie troop had fun decorating their Troop 10454 folders which will be filled with worksheets and crafts by the end of the school year. Inside we pasted the Girl Scout Law and Promise. This way the veteran brownies can help the new girls memorize their pledges. As a Brownie troop we are ready to begin another adventure as we discover the World of Water "WOW." What will be in store? With one journey under our belt for most of us will be ready for the next one.

Brownie Troop #10045

Kathleen Fisher, Jennifer Maguire, Kimberley Lowell

Our year is off to a great start with 2 new girls joining us for a total of 10 scouts. So far we've earned the Girl Sports & Safety Sense Try-its. Our community service project is supporting Operation Christmas Child with shoeboxes of gifts for children in need around the world. The girls did a great job selling our fall fundraisers and earned their way to a spectacular show at UNH. They got to see the "World Famous" Lipizzaner Stallions dancing and performing the leaps that make

them famous. They earned a patch for participating in a "Tack & Groom" clinic before the show and got to learn how to care for horses along with the opportunity to ask questions.

Junior Troop # 12083

Lysa Crouch, Tamika Carter, Sandi Lyle

Our troop has earned the Science Discovery badge. To do this, we made kaleidoscopes (reflection), tried to write secret messages (chemical reactions), make a needle float on water and counted how many water droplets we could fit on a penny (capillary action), observed a tree change over the course of a week, identified different kinds trees and checked out the health of the Soucook River (observation skills), and tried to figure out optical illusions.

We began working on Highway to Health badge. This badge will help us understand what our body is trying to tell us and to make healthy choices. We made apple crisp and various versions of air-popped popcorn for yummy snacks. We talked about identifying healthy choices we already make and conducted a very telling experiment how germs stay on our hands if we

Girl Scouts — cont. on 11



Troop #12083 working on their Science Discovery badge.



Bake Sale at Maxfield Public Library.



Bake Sale at Maxfield Public Library.

Girl Scouts — cont. from page 10

don't use soap and warm water to keep our hands clean and germ free. To continue working on this badge we took a field trip to Hannaford's Grocery Store to continue working on this badge. Thank you to Mike Towne, Organic Food Manager from Hannaford's Concord store for sharing his wealth of knowledge with us.

We really enjoyed being a part of the Juliet Low celebration — Birthday of all Birthdays — with our sister girl scouts of Loudon, creating birthday boxes for needy other children so they can have a birthday party too. Some of our troop volunteered at the Loudon food pantry and it was nice to see some of the boxes available (a few have been distributed).

Junior Troop #12641

Amanda Masse, Jessalynn Geerdes-Lakowicz, Cecile Merrill & Michele Paquette

Food and cooking have been the minds of the Juniors recently! The girls explored creating foods in different ways to make a recipes healthier, practice food safety and proper food storage. The girls brought foods from other countries and we had a global treat tasting all the creations. We attended the annual Novemberfest Junior Badge Blast in Salem, NH. The girls each chose two different badges that interested them and completed the requirements for those badges. It was a great way to meet other girls from the council who have similar interests and share in Girl Scouting fun! The girls are interested in the Science Discovery badge

next and then they would like to work on woodworking! Thanks for reading what we are up to and keep checking back each month.

Cadette Troop #12356

Advisors: Samantha French & Amanda Masse

We missed one of our meetings due to illnesses, but are back on track and we will be sharing our food reviews and sharing our accomplishments in this monthly article. We are continuing to work on two Interest Project Badges that have to do with food and cooking. Food Connection and Creative Cooking interest projects will have us exploring technology, skills, and careers relating to food and cooking. We will be meeting with local businesses in the food industry, doing some "food reviews" of local restaurants, meeting with a health counselor, sampling foods from other countries, visiting a grocery store to learn about food labels, additives, storage and safety among many other things. We are working on a list of websites that are great resources for maintaining a healthy lifestyle. We hope to share them with you next month. For community service our troop collected food for The Loudon Food Pantry — we donated several large boxes of food thanks to generous donations — thank you! We will be helping out at the Loudon Police Blood Drive serving food to donors — we hope to see you there! We are always looking for ways to help out in our community — please let us know if we can help!! ■

From the big projects, to the 'honey-do' list, let AMH Construction help build your dreams.

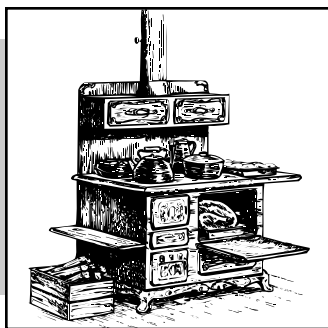


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Serving Loudon & Surrounding Towns



What's Cookin'!

This month: Holiday Spirits!

By Jennifer Pfeifer

Holiday spirits! Sometimes a party or get-together isn't all about the food. I know it's hard to believe that I would say such a thing, but it's true. Your choice of beverages can be just as important. Now I don't recommend trying all of these recipes on the same day, but if you do...good luck! Also, please remember that alcohol can add a little life to a party but in excess it can ruin a holiday or special event, and if you get behind the wheel of a car it could ruin a life, so please drink responsibly. Now bring on the drinks!

Eggnog

Eggnog doesn't need to be made with raw eggs. This is a pretty simple and classic nog that uses cooked eggs.

- 6 eggs
- 1/4 cup sugar
- 1/4 tsp. salt
- 1 quart milk
- 1 tsp. vanilla
- 1/4 tsp. nutmeg
- 1/4 tsp. cinnamon
- Brandy or Butterscotch Schnapps

Beat eggs, sugar and salt together in a saucepan. Stir in half the milk (2 cups). On low heat, cook until mixture is thick and thinly coats a spoon. Make sure to stir constantly. Remove from heat and mix in the last of the milk and the vanilla. Cover and chill overnight. Serve eggnog with Brandy or Butterscotch Schnapps and a dusting of nutmeg and cinnamon.

Gingerbread Man

Please do not run, run, run as fast as you can after you have one of these tasty treats.

- 1/3 oz. Goldschlager
- 1/3 oz. Butterscotch Schnapps
- 1/3 oz. Bailey's Irish Cream

Mix the ingredients with ice in a shaker and pour in glass.

Candy Cane

- 3/4 oz. Peppermint Schnapps
- 3/4 oz. Creme de Cacao
- 1/4 oz. Grenadine Syrup
- Half-and-half
- Lemon-lime Soda

In highball glass filled with ice, combine peppermint schnapps, white creme de cacao & grenadine. Fill glass with half-and-half. Top with soda and garnish with a small candy cane.

Snowball

- 1/2 oz. Amaretto Almond Liqueur
- 1/2 oz. Coconut Rum
- 1 1/2 oz. White Creme de Cacao
- 2 oz. Half-and-half

Combine ingredients in a cocktail shaker half-filled with ice cubes. Shake well, strain into a frosty champagne flute, and serve.

Canadian Cocoa

- 3/4 oz. Canadian Whisky
- 3/4 oz. Dark Rum

- 1/2 oz. Dark Creme de Cacao
- 5 oz. Milk
- 2/3 oz. Maple Syrup

Heat milk in a small saucepan. When simmering, add remaining ingredients. Allow syrup to dissolve, and pour into a heat-proof glass.

Elf's Revenge

- 2 oz. White Sambuca
- 1 oz. Cinnamon Schnapps
- 1 oz. Apple Schnapps
- 1/2 oz. Ginger Syrup
- 3 oz. Apple Juice
- 1-inch Cube Ginger Root
- 1 Pinch Cinnamon Powder

Crush the ginger root and add the ginger syrup, apple juice, sambuca and apple schnapps. Shake well and strain into a glass, which should be about half full of crushed ice. Add the cinnamon schnapps then sprinkle the cinnamon powder over the top. Serve with a slice of apple floating on the top, and a straw.

Mexican Holiday

A couple of these and you might actually think you are in Mexico.

- 3 oz. Gold Tequila
- 12 oz. Cranberry Juice
- 3 Splashes Grenadine Syrup
- 2 Splashes Sweet And Sour Mix

Shake ingredients in a cocktail shaker with ice. Strain into glass. Garnish with cranberries and slice of lime (salt optional).

New Years Eve Cocktail

Do not have too many of these drinks too quickly or you will drop before the ball does.

- 1 Bottle Vodka
- 2 Bottles Sweet Vermouth
- 1 Cup Cola

Combine ingredients in a punch bowl with ice. Chill properly before serving.

Spicy Bloody Mary

When it comes to cocktails I'm more of a salty and spicy kinda girl, and the pickle juice in this recipe is so delicious.

- 1 oz. Vodka
- 4 Dashes Worcestershire Sauce
- 4 Dashes Tabasco Sauce
- 2 Dashes Pickle Juice
- 2 Dashes Olive Juice
- 1 tsp. horseradish
- Tomato Juice or V8
- Salt, Pepper, Celery Salt

Add vodka, sauces, pickle juice and brine to a mug full of ice. Fill with juice. Add salt, pepper and celery salt to taste. Pour mixture back and fourth between two glasses to mix it well. Garnish with olives, a pickle and a slice of lime (add celery and carrot stick and you almost have a meal).

Next Month: New Year's Resolutions! If you would like to share your ideas, comments or recipes, send them to me at jtpfeifer@comcast.net or call 783-8986.

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Loudon Boy Scout and Cub Scout News



Above: The Boy Scouts of Troop 30 hiked the Mast Yard State Forest Trails in Concord and Hopkinton on Saturday, November 7. They practiced their orienteering skills as they walked an old railroad bed and along the Contoocook River. The boys camped out twice this Fall, including the regional camporee in Bow in October. They have been working on merit badges and rank advancements in anticipation of their Court of Honor Ceremony to be held in December. **Below:** On Thursday night, November 12, the Boy Scouts of Troop 30 were certified and trained in CPR, first aid, and the use of an AED at the Loudon Fire Station. The class was led by John Reese and assisted by Bill Lake. Gary West, Brian Blake, and Dan Dockham were certified as well. The boys and men who were certified are as follows: (left to right, back row) Gary West, William West, Jackson Grandmason, Larry Stone, Dan Dockham, and Brian Blake; (front row) Corey Ackerson, Kyle Kowalski, Danny Dockham, Nicholas Ackerson, David West, and Hunter Blake. All of the boys would like to thank John Reese and Bill Lake for a great class.



Boy Scout Troop 247

HAPPY DECEMBER! Thank you to everyone who donated items for Scouting for Food on November 14, 2009. The pack collected all of your generous donations and the troop brought them to the National Guard Armory in Concord, NH. They assisted other area troops in packaging those non-perishable items that made Thanksgiving happen for many area families.

The troop camp-out for November was at Hidden Valley in Gilmanton. The boys used Dutch oven cooking for their evening meal and breakfast. Yum, yum! Then, the next morning, we woke up out of our cozy tents (at 27 degrees) and went on a 5+ mile hike up to Round Pond. All hikers were real troopers and would like to thank their leaders.

In December, the troop is planning a YMCA swimming activity with Penacook Troop 83. This will aid the boys in rank advancement as well as a chance to enjoy the pool in the winter. There will also be junior leader training for Troop 247's youth leaders as there have been many position changes since the boy's last training.

Our congratulations to Mr. Scott J. Rodrigue, who has agreed to serve in a new position as our Scoutmaster. We are grateful to Mr. John Rice for all his years serving as Scoutmaster of Troop 247, and thankful that he will continue to lead as one of our fine Assistant Scoutmasters. We also welcome Mrs. Rhonda Decato as our new Treasurer. We are thankful that Mr. Decato and Mr. Rodrigue put in many hours of hard work and planning for the Wannalancit District Klondike Derby, which will be held in Loudon on February 6, 2010. More information about this exciting annual event to come in the next issue of The Ledger in January, along with a Court of Honor list of scouts who have received recognition for their recent rank advancements.

From all the scouts and families in Troop and Crew 247: MERRY CHRISTMAS AND A JOYOUS NEW YEAR! ■



Above: Troop 247 hikes! Pictured from left: Ryan Hoar (ASPL), Alec Decato (PL), Cullen Rodrigue (SPL), Chance Smith (Scout), and Nathan Coulombe (Webelo, Pack 247) Hidden Valley, Red Trail, November 7, 2009. Not pictured: Mr. John Decato, Assistant Scoutmaster; Andrew Rice, New Assistant Scoutmaster; and Mr. Scott J. Rodrigue, Assistant Scoutmaster. **Below:** Troop 247 hiked to Round Pond. Pictured left to right: Alec Decato, Nathan Coulombe, and Chance Smith.



Loudon Cub Scout Pack 247 News

HAPPY THANKSGIVING TO ALL! We have had our November Pack Meeting. There were several boys that received awards that they earned in their individual den meetings or on their own.

Congrats to Brian Latham earned the first Cub Scout rank! BOBCAT! Nathan Coulombe – Forester Pin, Compass Point Emblem, Compass Point East. Tyler Nichols – Athlete Pin. Carter Segien – Forester Pin, Compass Point Emblem. Levi Fisher – Forester Pin, Compass Point Emblem. Devan Eldred – Forester Pin, Compass Point Emblem. Andrew Schmidt – Forester Pin. Caden Brien – Art beltloop, Citizenship beltloop, Computer beltloop. Cole Sheppard – Computer beltloop. Matthew Lyle – Citizenship beltloop. Jacob Barrington – Citizenship beltloop. Brady Leonard – Citizenship beltloop. Joseph Stokes – Citizenship Pin. Dylan Babonis – Fishing Pin, Soccer Pin, Citizenship beltloop, Math beltloop. Mike Ainsworth – Citizenship Pin, Collecting beltloop.

The Pack would like to congratulate the boys on a job well done!

THANK YOU! — SCOUTING FOR FOOD!!

The pack would like to THANK everyone who helped us help others! We collected a lot of food and brought it to the Armory in Concord to be distributed to the local food pantries. THANK YOU!!

UPCOMING SCHEDULE

Our upcoming scheduled is packed with fun-filled excitement!

Sat., Dec 12 – Council Monarchs Game. **Wed., Dec 16** – Pack Meeting. **Wed., Jan 20** – Pack Meeting. **Sat., Jan 23** – Overnight at Boston Museum of Science. **Sat., Jan 30** – Pack 247 Pinewood Derby. **Sat., Feb 20** – Blue & Gold Banquet. **Fri., Mar 5** – Tubing at Gunstock

Boys in grades 1–5 interested in joining our pack are always welcome!! You may just show up at any Pack Meeting listed above or contact Samantha Stokes-Anthony at 724-4103, samanthajeane78@hotmail.com or Deb Ainsworth at aquanutsscuba@aol.com. You can also find more information at <http://www.loudonnh.org/genericpage.php?organizationcode=cs247> ■

Merrimack Valley School District News

LES News

Our Turkey Trot, held on Nov. 13, was a great success with almost 1,900 pounds of food brought in to be distributed to two food banks and The Richard Brown House. A special thank-you to the Blue Storm Division for a generous donation.

Dates to Note:

- Report Cards Issued Dec. 1
- PTA Dec. 3, 6:30 p.m.
- Environmental Kids Club Dec. 8, 3:30 p.m.
- Santa's Breakfast Dec. 12, 8–12 noon
- NO SCHOOL Dec. 23–Jan. 1 Return Mon., Jan. 4, 2010!!

MVMS News

Community Participation is Needed for a Very Important Project!

Please contact Pat Severance at 753-6336 to join the *MVMS Safe Routes to School Task Force*. The next meeting will be on 12/1/09 at 6 p.m. in the MVMS Library. Please consider participating in helping our kids walk and bike safely to school.

Clubs Up and Running

Attention students: The following clubs are up and running. Please see the club advisor for more information or ask your GS teacher. Chess Club: Mr. Kimball; Art Club: Ms. Lincoln; Drama Club: Mrs. Piroso; Book Club: Mrs. Sprage; Newspaper Club: Ms. Heins; Student Council: Mr. Livernois and Mrs. Puffinburger; Math Club: Mrs. Moore; Yearbook: Mrs. Moore; Bee Club: Mr. Cavender; Spanish Club: Mrs. Jordan-Foote; and NJHS: Mrs. Puntin.

Flag Presentation

Senior New Hampshire Senator, Judd Gregg will be presenting an American Flag that flew over our Nation's Capital in Washington, D.C. to the Merrimack Valley Middle School Student Council for their continuous work and involvement in community service throughout the state and community.

Student Council Food Drive

The MVMS Student Council is currently accepting non-perishable food items for their third annual food drive. Last year the students collected 618 lbs. of food for the NH Food Bank.

Holiday Concerts

- The upcoming Holiday Concert dates are:
- December 10th: 7th & 8th Grade Band & Chorus w/Vocal & Jazz (Dec. 11th snow day)
 - December 15th: 6th Grade Band & Chorus w/Vocal & Jazz Band (Dec. 16th snow day)
- All Concerts begin at 7 p.m. Admission is free; donations are accepted.

Smartmusic Demo Held

We recently held our first Smartmusic Demo night for parents to learn more about Smartmusic and how it is being used in the lesson program. We will be holding additional nights throughout the year to provide more information for parents. If you have any questions about Smartmusic please feel free to contact, Mike Livernois (mlivernois@mv.k12.nh.us) at MVMS.

Team 7A Potluck and Racecar Night Held

Team 7A held their annual Potluck and Racecar Night on Monday, November, 9th. The winner from each tech. ed class raced their cars for the Team 7A

championship. Matt Doyle was our ultimate champion! The food was delicious, and parents, siblings, teachers, and students all had a wonderful time!

Ecology Club Creates Trail

Ecology Club has started to create a trail that will begin behind the high school softball field and connect to the cross country trail behind the stadium bleachers. It will have two bridges and a few sections will have stairs to prevent a large amount of erosion. This trail will be a half a mile long with areas for an outside classroom.

Eighth Grade DC Trip a Success

The 8th Grade Washington DC Trip was a success! Students enjoyed visiting the Statue of Liberty, meeting Senator Judd Gregg, touring the Capitol building, watching the Changing of the Guards ceremony at Arlington National Cemetery, visiting several museums, and taking in the sites of our capital city. This great learning experience would not have been possible without the participation of staff members and parent chaperones and the support of the MVMS PTO. A special thanks goes out to Joanie Ellison and Paula Fanjoy for all their hard work during the week.

Library a Busy Place

The library has been a busy place this past month being the site for NECAP testing and the Scholastic Book Fair. It has had some fun, too, with a "Pumpkin People" contest for staff and students who created book-related pumpkins and invited all reading program participants for a Halloween treat (over 50 students are registered!). Holocaust, DC and Current Events projects have been going on, along with lots of recreational reading checkouts!

Science Class Adopts a Tree

Ms. Neilson's science classes are using the forest as a part of their classroom. Her students have adopted a tree and will be learning the importance of trees. They are currently learning how to identify trees using a dicotomous key.

Important Dates

- 12/1/09. Safe Routes to School 6 p.m. Library
- 12/9/09. 2nd Quarter Progress Reports
- 12/10/09. 7th & 8th grade Concert 7 p.m. @ HS
- 12/14/09. School Board Meeting @ HS
- 12/15/09. 5th & 6th Grade Concert 7 p.m. @ HS
- 12/15/09. Picture Retake — Pictures will be returned by 12/22
- 12/23/09-1/1/09. Vacation

MVHS News

Phone Calls from the HS and MS: The school has recently switched phone carriers. Outgoing calls to parents and homes now show up on caller ID with an assorted "753-xxxx" number. We cannot receive incoming calls from these lines. Please continue to call the high school at 753-4311 rather than using a call-back feature.

News From the Nurse's Office: Help us prevent the spread of illness: If your child has a fever of 100 or higher, and a cough or sore throat, this is considered an influenza-like illness. They need to be kept home for 24 hours after the fever is gone, without the use of fever-reducing medications. They should not be attending sporting events or any other public event. Thank you for your cooperation in helping to keep our school community healthy. *Ms. Audet and Ms. Hodgkins*

Jobs for NH Graduates News: In the first month of the school year, Jobs for NH Graduates worked with students on exploring their personal interests.

Students used hands-on projects and role-playing worksheets to find ways to express what is important to them. These activities will lead into maturity competencies that help youth to connect their personal interests and values to potential career paths. As an introduction to leadership skills, we instructed students about the qualities of good leaders, and expectations of specific officer positions. Several students campaigned to become officers of the MVHS Career Association. The following students now represent the MV Career Association: Katrina King, President; Elizabeth Theriault, Vice President; Joe Burleigh, Historian; Amy Lamos, Treasurer and leader of social activities; Katie Hanscom, Secretary; and Janelle Washburn, leader of Community Service. Several students also volunteered to help lead committees throughout the school year, including Kayleigh Morin and Sean McKenna. *Mr. Marion*

National Art Honor Society News: Please congratulate the following students for being accepted into the 2009 National ART Honor Society: Chelsea Adams, Alex Ainsworth, Curtis Blodgett, Faith Bouchard, Stephen Bowden, Carrie Brewster, James Brasil, Shylar Chevlar, Natalie Davies-Brown, Lilly Downing, Amy Evanofski, Sarah Gilbert, Shelby Hamel, Becca Landry, Dan Landry, Mike Leite, Chelsea Mckerley, Lexi Potter, Cara Pratt, Jon Raymond, Fiona Rodrigue, Becca Silveria, Temina Troncone, Steph Walsh, Nate Webb, Haley Wilson, and Marin Zlantunic. *Ms. Cote and Ms. Fitzgerald*

Math Team News: The MV Math Team placed 4th (only 2 points out of second) in the Large Senior Division of The Lakes Region Math League's first competition at Belmont HS on 10/14/09. Brett Branscombe (2nd highest perfect scorer at the meet), Temina Troncone, and Spencer Cote recorded perfect scores. MV takes pride in these accomplishments. *Mr. Hallahan (MVHS Math Team Advisor)*

Greetings from your friendly MVHS Guidance Department! This is an exciting time of year for us. We have a plethora of activities we are engaged in to help our students prepare for their futures!

Our three college fairs were highly successful and well attended. Over 90 schools including four-year colleges, two-year colleges, technical schools, certificate programs, and the military were represented. Our students showed up in large numbers, asked excellent questions and took advantage of the chance to meet college admissions representatives and gain info!

Seniors: If you have not signed up for the SAT, you still have one chance to take it before most college applications are due!! The deadline to register for the January test is December 15.

We urge all seniors to complete college applications and requests for transcripts before the holiday break. If you have all your college application materials wrapped up before January, you can then focus on getting senior project done, searching for scholarships, and keeping grades up in classes!

The PSAT was given on October 14th to all sophomores, as well as to juniors who signed up. This test is a great way to prepare for the SAT as well as gain insight into strengths and weaknesses for college success. We urge all PSAT test takers to look carefully at your score report which will be given in December and use the tools on My College Quick Start which include: a personalized study plan based on your score; a suggested list of colleges to begin looking at based on your interests; and college and career exploration tools.

The NECAP was given to all juniors in October. This state-mandated test is an important tool to help us assess our student's strengths and weaknesses in math, reading and writing. It is also our graduation compe-

MVSD — cont. from page 14

tency in math and reading. A score of “proficient” or above is required to graduate. We expect results in January.

The guidance counselors have been in to visit all junior English classes to work with students on exploring career possibilities on Bridges as well as to discuss planning ahead for college. This was done with assistance from a guest speaker from NH Higher Education Assistance Foundation (NHHEAF). We will visit all spring English 11 classes as well, but in the meantime students are encouraged to visit with their counselor for any help we can provide in planning for their future!

Juniors applying to St. Paul’s Advanced Studies Program — applications are due December 1.

Upcoming Events:

- December 2. Senior Project Final Paper Due
- December 3. Senior Auction, 7:00 pm.
- December 4. Mid-Term grades close, Term 2

MVHS National Art Honor Society Inducts New Members

The following students were recently inducted into the National Art Honor Society at Merrimack Valley High School. The advisors are Erin Fitzgerald and Monica Cote.

Penacook: Chelsea Adams, Alex Ainsworth, Stephen Bowden, James Brasil, Mike Leite, Lexi Potter, Steph Walsh, Haley Wilson, and Marin Zlatunic.

Andover: Curtis Blodgett.

Loudon: Shylar Chevlar, Natalie Davies-Brown, Sarah Gilbert, Fiona Rodrigue, Becca Silveria, Temina Troncone, and Nate Webb.

Webster: Faith Bouchard, Amy Evanofski, Shelby Hamel, and Cara Pratt.

Boscawen: Carrie Brewster, Lilly Downing, Chelsea McKerley, and Jon Raymond.

Salisbury: Becca Landry and Dan Landry.

MVHS October Student of the Month Nominees

The following students have been nominated as Student of the Month for October. Nominated students must exhibit good character, leadership, service, and scholarship. The two winning students were selected at random, to represent an excellent group!

Andover: Jason Ashburn, Katie Keller, Marisso Laro, Norbu Dickinson, Greg Hewitt, Dylan Howe, and Josh Wagner.

Penacook: Matt Davies, *Kristin Champagne* — *Winner*, Andrea Stinson, Darianna Greenleaf, Chelsea Adams, Mim Powelson, *Brett Branscome* — *Winner*, Alexandra Puntin, and Tom Philbin.

Boscawen: Josh Lambert, Tyler Groves, Ari Lemire, Morgan Matthews, Zach Blanchard, Tess Wright, Rachel Aznive, David Petrangelo, and Samantha Arsenault.

Salisbury: Ashley Bowne.

Webster: Jacob Haza, Shelby Hamel, Becca Hasem, Jessica Clifford, and Dylan Baer.

Loudon: William West, Skylar Nesheim, Erofil Lazos, Nathan Merrow, Jordan Fillion, Amanda Bullock, Abigail Blake, Emily Campbell, Nate Webb, Shylar Chevalier, and Hannah Young.

MVHS Fall Athletics

The fall athletic season is coming to a close as we enter the first week of November. Overall, the fall was very productive. Many of our teams and individuals athletes reached goals that were set in the beginning of the 2009 season.

Golf

The team missed the tournament by one position. The players and coach were real pleased with our overall improvement. Travis Landry was named 1st Team All-State and is considered to be one of the top golfers returning next year in our division.

Field Hockey

After winning the State Championship last season and graduating eleven seniors, the team was able to bypass the “re-building” process and establish their own identity. They finished the season with a 12-5-1 record and lost to Hanover in the semi-finals.

Girls Soccer

The team started the season with a new coach (Kyle Reed, Math teacher at MVHS) and as the players became familiar with the coach and new system they became more productive on the field. The team finished one position out of making the playoffs, but did win the most games the program has won in the past three seasons.

Boys Soccer

The boys program finished the season with a 12-5-1 record and lost in the quarter-finals to # 1 ranked Hanover 2-0. Junior Arron Smith broke the MV all time points record, (established in 1978) during the 4th game of the season.

The boys and girls varsity and jv soccer teams were only issued a total of 1 yellow card and no red cards. This is quite an accomplishment! It is not unusual for schools to have as many as 20 + between 4 teams.

Football

The Football team finished the season with a 4-5 record and an opportunity to qualify for the state tournament as we entered the last game of the season. The team did lose the last game to Hanover 14-7 and did not make the playoffs.

Boys and Girls Cross Country

The boys and girls cross country teams had another strong season, with the girls team finishing “Class I State Runner Up” to Hanover High School. Brianna Tevnan finished in 2nd place in the meet and our team qualified for the “Meet of Champions” which will be held Nov 7th at Nashua High School.

Spirit

The Spirit team competed in two competitions (Bow High and the Capitol Area Invitational). The team placed 2nd in both competitions and is now ready to compete Sunday Nov 8th at the state meet in Manchester at SNHU.

Merrimack Valley High School served as a host site for the NHIAA Soccer Tournament for the seventh consecutive year.

National Honor Society Inductees

The following students were recently inducted into the Peter J. Murphy Chapter of the National Honor Society. These students must demonstrate fine character, scholarship, leadership, and service to the school community. Congratulations!

Penacook: Chelsea Adams, Stephanie Walsh, Rachel Perelli, Miriam Powelson, Katherine Copp, and Alex Williams.

Webster: Merike Youngs, Alex Cilley, and Faith Bouchard.

Boscawen: Teresa Wright, Morgan Matthews, Brianna Tevnan, and Victoria Brochu.

Loudon: Emily Hunton, Nathan Merrow, Kimberly Wright, Kayleigh Smith, Sarah Gilbert, and Scott Vanson.

Andover: Rebecca Lance and Henry Bendel.

Salisbury: Hannah Dziezanowski ■



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and
Happy New Year**



State Of New Hampshire Department Of Safety Boating Education Class Schedule

Call 267-7256 or (888) 254-2125 (Monday through Friday 8:15 AM–4:15 PM). WEBSITE ADDRESS: www.nhboatingeducation.com
The Department of Safety, Boating Education recently scheduled additional boating safety courses for the upcoming months. There is a \$30.00 non-refundable fee per person for the class and because of the limited seating pre-registration is required. Call (603) 267-7256 or (888) 254-2125 to pre-register. Seating is still available in the following courses:

ONE FULL-DAY SESSION (Saturday)

12/05/09	9:00 AM–4:30 PM	Plaistow Library	Plaistow
12/05/09	9:00 AM–4:30 PM	Windham Fire Department	Windham
12/05/09	9:00 AM–4:30 PM	Winnisquam Marine	Belmont
12/12/09	9:00 AM–4:30 PM	Department of Safety	Concord
12/12/09	9:00 AM–4:30 PM	Seabrook Fire Department	Seabrook
01/16/09	9:00 AM–4:30 PM	Seabrook Fire Department	Seabrook
01/23/10	9:00 AM–4:30 PM	Department of Safety	Concord
01/30/10	9:00 AM–4:30 PM	Londonderry Police Department	Londonderry
02/20/10	9:00 AM–4:30 PM	Department of Safety	Concord
02/27/10	9:00 AM–4:30 PM	Londonderry Police Department	Londonderry
03/27/10	9:00 AM–4:30 PM	Department of Safety	Concord
03/27/10	9:00 AM–4:30 PM	Londonderry Police Department	Londonderry
04/10/10	9:00 AM–4:30 PM	Department of Safety	Concord
04/17/10	9:00 AM–4:30 PM	Department of Safety	Concord
04/17/10	9:00 AM–4:30 PM	Seabrook Fire Department	Seabrook
04/24/10	9:00 AM–4:30 PM	Department of Safety	Concord
04/24/10	9:00 AM–4:30 PM	Londonderry Police Department	Londonderry
04/25/10	9:00 AM–4:30 PM	Department of Safety	Concord
05/01/10	9:00 AM–4:30 PM	Department of Safety	Concord
05/02/10	9:00 AM–4:30 PM	Department of Safety	Concord
05/08/10	9:00 AM–4:30 PM	Department of Safety	Concord
05/08/10	9:00 AM–4:30 PM	Londonderry Police Department	Londonderry
05/09/10	9:00 AM–4:30 PM	Department of Safety	Concord
05/15/10	9:00 AM–4:30 PM	Department of Safety	Concord
05/15/10	9:00 AM–4:30 PM	Londonderry Police Department	Londonderry
05/22/10	9:00 AM–4:30 PM	Department of Safety	Concord
05/22/10	9:00 AM–4:30 PM	Londonderry Police Department	Londonderry
05/23/10	9:00 AM–4:30 PM	Department of Safety	Concord
05/29/10	9:00 AM–4:30 PM	Department of Safety	Concord
05/30/10	9:00 AM–4:30 PM	Department of Safety	Concord

TWO-DAY SESSION (weeknights)

112/08/09 and 12/10/09	6:00 PM–9:30 PM	Dover High School	Dover
12/08/09 and 12/10/09	6:00 PM–9:30 PM	Lakes Regional General Hospital	Laconia
12/14/09 and 12/16/09	6:00 PM–9:30 PM	West Running Brook Middle School	Derry
01/25/10 and 01/27/10	6:00 PM–9:30 PM	West Running Brook Middle School	Derry
01/26/10 and 01/27/10	6:00 PM–9:30 PM	Lakes Regional General Hospital	Laconia
01/26/10 and 01/28/10	6:00 PM–9:30 PM	Dover High School	Dover
02/15/10 and 02/17/10	6:00 PM–9:30 PM	Seabrook Fire Department	Seabrook
02/16/10 and 02/18/10	6:00 PM–9:30 PM	Dover High School	Dover
02/23/10 and 02/24/10	6:00 PM–9:30 PM	Lakes Regional General Hospital	Laconia
03/15/10 and 03/17/10	6:00 PM–9:30 PM	Dover High School	Dover
03/15/10 and 03/17/10	6:00 PM–9:30 PM	Seabrook Fire Department	Seabrook
03/23/10 and 03/24/10	6:00 PM–9:30 PM	Lakes Regional General Hospital	Laconia
04/05/10 and 04/07/10	6:00 PM–9:30 PM	Dover High School	Dover
04/12/10 and 04/14/10	6:00 PM–9:30 PM	Lakes Regional General Hospital	Laconia
04/19/10 and 04/20/10	6:00 PM–9:30 PM	Lakes Regional General Hospital	Laconia
04/19/10 and 04/21/10	6:00 PM–9:30 PM	Dover High School	Dover
05/03/10 and 05/05/10	6:00 PM–9:30 PM	Dover High School	Dover
05/03/10 and 05/05/10	6:00 PM–9:30 PM	Lakes Regional General Hospital	Laconia
05/11/10 and 05/13/10	6:00 PM–9:30 PM	Dover High School	Dover
05/11/10 and 05/13/10	6:00 PM–9:30 PM	Lakes Regional General Hospital	Laconia
05/17/10 and 05/19/10	6:00 PM–9:30 PM	Department of Safety	Concord
05/17/10 and 05/19/10	6:00 PM–9:30 PM	Dover High School	Dover
05/24/10 and 05/26/10	5:00 PM–8:30 PM	Meredith Community Center	Meredith
05/25/10 and 05/26/10	6:00 PM–9:30 PM	Lakes Regional General Hospital	Laconia

Black

Auditions Announced For Kids Theater Workshop Eleventh Season, *The Pirates Of Penzance, Jr.*

The Pittsfield Players will hold auditions for their 2010 Kid's Theater Workshop presentation of *The Pirates of Penzance, Jr.* on Sunday, December 13 at 2 p.m. and again on Monday, December 14 at 4 p.m. at the Scenic Theater on Depot Street in Pittsfield. Auditions are open to boys and girls between the ages of 8 and 17 years of age who would like to be in the show, or who would like to take on the technical positions working behind-the-scenes on a show. Auditioners will be asked to sing a song which they will be taught, and to perform a few basic dance steps.

The Kid's Theater Workshop project was designed to develop basic theater skills in children and teenagers, through the process of staging a production by kids, for kids, with everyone participating in some valuable way toward the success of the show. The children then perform the show for their peers in two special afternoon presentations to audiences from the local elementary schools, and to the general public in three evening performances. The goal has been to attract kids to the stage and to acting by watching other kids perform, as well as to develop a group of young performers for the Players. This year marks the eleventh successful season of the Workshop, and the program has attracted many more children and young adults to the Scenic stage in those years. Many of our Workshop kids go on to perform in other Players' productions, as well as with other theater groups throughout the state.

The Pirates of Penzance, Jr. is a musical based on the Gilbert and Sullivan classic operetta, and is produced under special agreement with Music Theater International. The show will run the week of February 15, 2010. For more information, call 736-9563. ■

**Deadline for the January issue
of *The Loudon Ledger*:
Friday, December 18, 2009**

Wine Tasting Event to Benefit Concord Hospital Breast Care Center

The Annual Wine Tasting to benefit the Genetic Counseling Program at Concord Hospital Breast Care Center is on Thursday, February 4, 2010 from 5:30 to 7:30 p.m. at The Courtyard by Marriott Grappone Conference Center in Concord.

This year's benefit, hosted by The Courtyard by Marriott, Martignetti Companies of New Hampshire, Inc., North Branch Construction, and Rymes Propane & Oils, Inc. offers guests the opportunity to learn and experience some of the most prestigious and respected wines from prominent wineries throughout the world. Guests will also have the opportunity to experience fine spirits as well. This year's "Sparkling Raffle," generously provided by Capitol Craftsman & Romance Jewelers in Concord, features a 14k white gold diamond ring containing 1 carat total weight of round brilliant cut diamonds valued at \$1,995.

"The Genetic Counseling Program at the Breast Care Center, available through a collaboration with New Hampshire Oncology-Hematology, PA and Dana-Farber Cancer Institute, is an amazing resource for our region," said Pamela Puleo, vice president of philanthropy and public affairs of Concord Hospital. "Programs like genetic counseling, previously only available in Boston, Massachusetts, are available close to home. Since the program started three years ago, 236 women have come for counseling and 105 have been tested. Philanthropic support from events like the annual wine tasting is vital to make the center and the Genetic Counseling Program possible."

Tickets are available for \$30 per person or \$25 per person for groups of 10 or more. A limited number of tickets are available and advanced reservations are required. For more information, call Concord Hospital Trust-Office of Philanthropy at (603) 225-2711, ext. 3076.

Concord Hospital Breast Care Center, in collaboration with Concord Imaging Center, Concord Surgical Associates, and Dartmouth-Hitchcock Concord, provides streamlined care from education and detection to treatment and follow-up. Services provided include digital mammograms, breast ultrasounds, stereotactic and ultrasound guided breast biopsies, breast MRIs, surgical consultations, and genetic counseling and testing. For more information about the Breast Care Center including the Genetic Counseling Program, call (603) 230-7266 or visit www.concord-hospital.org. ■

Black

Santa's Breakfast

December 12, 2009

Loudon Elementary School Cafeteria
(snow date December 13)

Breakfast – 8 to 10 am • \$5/person or \$20/family

Enjoy breakfast and a visit from Santa from 8:00 to 9:45.

Craft Fair – 8 to noon

A great way to shop for the holidays and support local artisans.

Quarter Raffle – 10 am

Dozens of items to choose from, just 25¢ a chance!

Cookie Walk – 8 to noon

Fill a bag with delicious home-baked cookies.

All proceeds to
benefit the
LES PTA.

* To donate a raffle item, call Sue Kowalski at 513-1744

* To rent a table at the craft fair, call Jennifer Becker at 798-5926



By Tracy Koufos

Become a Member of LYAA! LYAA asks that you get involved to help the youth of Loudon and to keep our programs running strong. We have many different ways you can help and any amount of time you can commit will go a long way! Becoming an LYAA member is easy, just come to one of our meetings, which are scheduled every fourth Tuesday of each month at Maxfield Public Library. You can also contact Tracy at tckoufos@msn.com to request to be on our email and/or to see where help is needed. At this time LYAA will begin accepting names of persons interesting in holding a position on the board. All positions are a 1-year term and are elected by LYAA members. For further information or to submit your name feel free to contact John Charron at 765-5280 and/or attend our next LYAA meeting.

Current happenings!

Soccer: The season has come to an end and we'd like to thank all who volunteered their time to coach, maintain the fields, work concessions, referee and help in other areas of the program. It was a great success! Our calendar fundraiser was also a great success bringing in monies for the new soccer fields, below are our winners:

DAY	WINNER	PRIZE
1	Brett Cusilk	Everett's
2	Lisa Vigneault	Boutwell's
3	Dave Ingraham	Brookside
4	David Meeken	Eggshell
5	Darlene Larrabee	Cash
6	Jean Sweeney	Manchester Car Wash
7	Bob Latorella	Cash
8	Kerry Drake	Everett's
9	Heather Johanson	Cash
10	Cherly Ingerson	Brookside
11	Andy Anderson	Eggshell
12	Jason Rule	Meadow Ledge Farm
13	Bredan Vigneault	Manchester Car Wash
14	Earl Smith	Hair Razors
15	Becky Moul	Everett's
16	Thomas Cadrette	Boutwell's
17	Shelly Lake	Brookside
18	Samantha French	Eggshell
19	Adam Litizzio	Cash
20	Moe Dearborn	Manchester Car Wash
21	Betty Isaac	Cash
22	Janet Bourne	Everett's
23	Jay Sweeney	Cash
24	Louise Germain	Brookside
25	Richard Mason	Eggshell
26	Darlene Larrabee	Miles Smith Farm
27	Dot Godbout	Manchester Car Wash
28	Michael Patrick	Ivory Rose Gifts
29	Beverly Parent	Everett's
30	George Hunton	Chainsaw Doctor
31	Linda Hunton	Brookside

Our top sellers were Seth Devol rewarded with a \$50 Everetts Sports Gift Certificate and Wade Fisher rewarded with a \$25 Dick's Sporting Goods Gift Certificate. Thank you to all who participated.

■ **"Kickin' with the Chicken,"** organized by the Lions Club to benefit the LYAA new soccer fields, was a fun night to enjoy a chicken dinner with family and friends. We had two seatings at Loudon Elementary School at 5 p.m. and 6 p.m. and had over 100 people in attendance. LYAA would like to thank everyone that came out for the chicken dinner and would like to thank the Lions Club for supporting the new soccer field program as well as the youth of Loudon.

■ **If you still are in possession of your soccer equipment please contact Scott Hagerty at 219-5470 to make arrangements to get those items returned, thank you.**

■ **Soccer Fields Update:** Thanks to the calendar fundraiser and the chicken dinner the new soccer field project funding is underway. However, there is still more needed to complete Phase II, irrigation and the concession stand. Donations of any amount are greatly appreciated. You may donate online by visiting: <http://donate.lyaanh.org/>, send in the "soccer ball" donation form, which can be found in past *Ledger* LYAA articles or mail a donation to LYAA, PO Box 7816, Loudon, NH 03307.

Deer Hunting Season Going Well; Bear Harvest High

New Hampshire's regular firearms deer hunting is going well, as hunters look forward to time afield during the Thanksgiving holiday week. Through November 15, 2009, hunters had taken an estimated 7,220 deer in New Hampshire. That number is about 8% below last year's take of 7,886 deer by this same point in the season, but comparable to the average harvest during the years from 2001 through 2006.

"Thanksgiving week should continue to provide good firearm and archery hunting opportunities as breeding activity is peaking," said Kent Gustafson, Deer Project Leader for Fish and Game. "For many families, this is a traditional time to get out and enjoy the pursuit of whitetails, a time when deer hunting stories and Thanksgiving dinner are both shared with family and friends."

For a comparison of harvest results by county at this same point in the season in recent years, visit http://www.HuntNH.com/Hunting/deer_hunt_take_November.htm.

The regular firearms deer season runs through December 6 in most of the state, with the exception of Wildlife Management Unit A in northern New Hampshire, where it closes November 29. Deer hunters should note Wildlife Management Unit- and season-specific either-sex day regulations in the *2009-2010 New Hampshire Hunting Digest*, available at <http://www.HuntNH.com/Hunting/hunting.htm> or from Fish and Game license agents. In WMU A only, an antler point restriction is also in place.

Hunting licenses can be purchased online anytime at <http://www.HuntNH.com>, from license agents statewide or at Fish and Game headquarters in Concord. The basic N.H. hunting license is \$22 for residents and \$103 for nonresidents. Hunters under age 16 do not need a license, but must be accompanied by a licensed adult at least 18 years of age.

As of November 18, approximately 500 special permits remain available for taking one additional antlerless deer in Wildlife Management Unit M during the archery or firearms season by any legal method. Until they are gone, these permits are sold on a first-come, first-served basis for \$13 each (a limit of one per licensed hunter). They can be purchased online, at Fish and Game headquarters, or by mail. Visit http://www.wildnh.com/Hunting/Special_Unit_M_permits.htm.

New Hampshire's bear hunting season comes to a close on November 24. The season across the majority of the state has ended, however, the White Mountains region remains open to bear hunting through November 24. As of November 2, a total of 708 bears had been registered by hunters in the state. Bait hunters harvested 370 bears; still hunters/stalkers had taken 256 bears; and hound hunters had registered 82 bears. So far, this year's bear harvest is 48% above the 5-year in-season average of 477 bears for this time period. Fish and Game bear biologist Andy Timmins estimates that this year's bear harvest will be the second highest in history. (The record harvest of 803 bears was achieved in 2003.) Recent reports indicate that deer hunters have been taking a fair number of bears while deer hunting. Hunters have been encountering bears mostly in oak stands where acorns remain available in some locations.

Hunting activity provides a significant boost to New Hampshire's economy. According to the most recent National Survey of Fishing, Hunting and Wildlife-Associated Recreation from the U.S. Fish & Wildlife Service, about 60,000 hunters in New Hampshire accounted for nearly \$75 million annually in trip-related, equipment and other spending in the state.

Help the Less Fortunate: Donate Game Meat

Successful hunters can help the less fortunate by sharing their harvest with the "Hunt for the Hungry" program at the New Hampshire Food Bank. For more information on donating game meat, call (603) 669-9725 or visit <http://www.nhfoodbank.org>. The New Horizons Food Bank in Manchester is also accepting game donations to help feed the hungry. To donate game meat to New Horizons, contact Mike Tessier, Executive Director, at 603-628-6133, ext 114.

For more information on hunting in New Hampshire, visit <http://www.HuntNH.com/Hunting/hunting.htm>. ■

■ **Baseball and Softball:** The Baseball Board is in the process of meeting with the Suncook Valley Cal Ripken League for baseball and the Merrimack Valley League for softball. Be watching for updates through school, emails and on the LYAA website, www.lyaanh.org for sign-up dates and further information. If you have questions and or would like to volunteer your time to help with the baseball season please contact John Charron at 765-5280.

■ **Please get involved!** The next LYAA meeting will be held Tuesday, December 22nd at Maxfield Public Library, beginning at 7 p.m. The board alone cannot make these programs happen. Come to the meeting to find out how you can keep the programs LYAA offers Loudon youth a success! For more about LYAA and how you can help with any of the activities please visit www.lyaanh.org and let an LYAA Board Member know. ■

Operation Christmas Child Project a Huge Success!

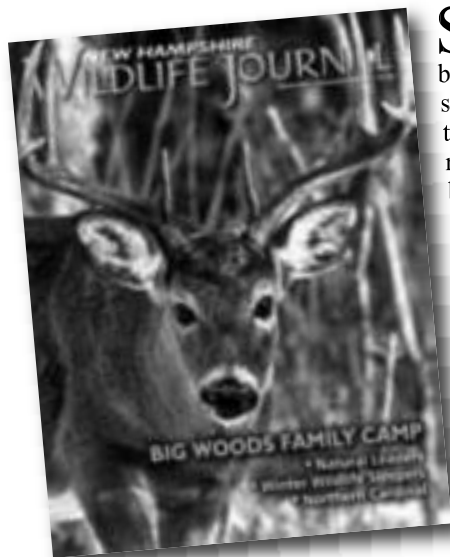


Thanks to all of the support and encouragement that I received from the Loudon community and neighboring towns, my senior project turned out to be a great success! My goal this year was to collect 100 shoeboxes full of gifts to send to children all over the world through the Operation Christmas Child project. To date, I have collected 113 shoeboxes and am expecting to receive more before the due date. The wrapping night at Faith Community Bible Church was a night when peo-

ple of all ages came together to share in the spirit of giving. People helped in many ways by donating supplies and giving their time to fill and wrap shoeboxes. Everyone's efforts are much appreciated, and again, I would like to thank all who helped me to make this project possible!

Emily Hunton, MVHS Senior

Camp Traditions, Winter Wildlife Sleepers, And Teens Take To Nature — It's All In The Latest Issue of New Hampshire Wildlife Journal



Stories told at hunting and fishing camp get better with the telling. The November-December 2009 issue of "New Hampshire Wildlife Journal" celebrates that tradition with a look at one family's stories as deer camp transforms to snowmobile camp and then to a haven for fishing and bird hunting, all the while forging bonds between family and friends that last a lifetime and beyond.

Also in this issue, meet an inspiring group of teens who have hiked mountains, traversed ropes courses, tested their leadership styles and are now working on projects to help their home communities become more environmentally aware. The hope is that a new generation of "Natural Leaders" will set the pace for conserving New

Hampshire's natural resources.

Then, test your wildlife knowledge! Which seven mammals survive New Hampshire's long cold winter months by sleeping them away? Extra credit question: Which of these are TRUE hibernators, while others go into a lighter sleep called "torpor"


(they awaken from time to time). Find out in this issue in furbearer biologist Pat Tate's Journal feature, "A Long Winter's Nap."

The Journal is the state's only magazine dedicated to fish and wildlife conservation and recreation. In our regular columns, Naturalist's Notebook showcases the northern cardinal. Find out how antlers grow in Wild Ways. Learn what biologists do to keep our large lakes teeming with landlocked salmon and monster lake trout, and why the New England cottontail rabbit needs your help. Get a peek at the new yurts at Milan Hill State Park. Enjoy the Kids Page and the true-to-life tales of Conservation Officers in Warden's Watch.

Not a subscriber to New Hampshire Wildlife Journal? The magazine is published 6 times a year by the New Hampshire Fish and Game Department. Subscriptions are just \$12 for one year — that's 40% off the newsstand price — or \$20 for two years. To read sample articles, subscribe or purchase gift subscriptions for the outdoor enthusiasts in your life, visit http://www.WildNH.com/Wildlife_Journal/WJ_mag.htm.

Single issues are available for \$2.95 each from N.H. Fish and Game headquarters, 11 Hazen Drive, Concord, NH 03301.

New Hampshire Wildlife Journal magazine contains no advertising, and subscription revenue helps N.H. Fish and Game conserve, manage and protect the state's fish, wildlife and marine resources and their habitats; promote conservation education; and create opportunities for outdoor recreation in the Granite State. Visit <http://www.wildnh.com>. ■



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The Community Pride Link: Preparing Our Students for the Future — More Information About the International Baccalaureate Program

Recent reports by the National Center on Education and the Economy (2006) and the Association of American Colleges and Universities (2007) identify the following essential skills for the 21st century: Creativity and innovation. Self-discipline and organization. Leadership. Teamwork. Cross-disciplinary knowledge. Communication skills. Analytical reasoning. Real-world problem-solving skills.

Microsoft founder Bill Gates (2005) has said “U.S. Schools even when they’re working exactly as designed, cannot teach our kids what they need to know today” (p.2, Gates, B. 2005, February). Prepared remarks at National Education summit on high schools. Available: www.sde.state.ok.us/hss-web/docs/GatesNGA.pdf

How do we respond to these challenges? How do we prepare our young people for that future?

Like the report, recent interchanges with a variety of parent groups indicated that parents and community members in the Merrimack Valley School District want the same skills and attributes for their children. In response, the Merrimack Valley School District Long Range Plan challenges educators, parents, and community members to provide a rigorous education for all our children. It challenges the school community to engage each student, showing relevance while at the same time keeping the student’s horizons broad. It challenges us to provide a course of study that allows each student to learn in a deep, meaningful and practical way. Not only do students need to know facts, they need to know how to apply those facts to new situations, how to solve problems, and how to expand their knowledge and opportunities.

In order to prepare our students for the future world in which they will live, we need to offer them a rigorous, challenging, academic experience. That is why the District is exploring the International Baccalaureate Program (IB). IB will provide us with an opportunity to improve our instruction in order to meet these challenges.

What Is IB?

The IB Organization is an independent, non-profit organization that works with schools to develop challenging educational programs and rigorous assessment. The organization provides support services to schools, sharing a commitment to its philosophy and goals.

IB offers programs for the three main segments of a k-12 education: primary school, middle school and high school. The primary and middle school program is designed as an “all school

program” that is offered to every student. The Certificate/Diploma Program is academically challenging but there is ample research to demonstrate that students with a wide range of ability can benefit given appropriate support.

All three programs emphasize a broad and balanced education, aim to promote international understanding and responsible citizenship and stress the importance of a.) learning how to learn b.) student-centered inquiry and c.) communication. IB encourages students to be active learners, well-rounded individuals and engaged world citizens. It aims to develop inquiring, knowledgeable and caring young people who help create a better and more peaceful world through intercultural understanding and respect.

The IB continuum is not only a pathway for all students to an academically rigorous, internationally-recognized education, it prepares students for success in any endeavor they undertake by developing the habits of mind and academic content skills needed to succeed in college and in life.

The Program in Practice

The program provides a complete curriculum model that incorporates guidelines on what students should learn, as well as guidelines on teaching methodologies and assessment strategies. Schools incorporate the model into their existing curriculum to align with the program’s main themes while still meeting required state and district standards.

IB is not a canned curriculum. It is a way of teaching and assessing. It is a framework of concepts or topics with prescribed objectives which are largely skill-based. If MV were to be authorized as an IB school district, we would continue to use our own curriculum and implement the IB components in the way that best suits our needs. The teachers and administrators in our schools would continue to assume the responsibility for organizing learning. The content, organization and delivery of the curriculum remains in their hands.

Cover the Material or Teach Students to Think?

How will this improve what we do?

Teaching is the most important factor in how kids learn. IB is not so much about what is being taught as much as it is about how we are teaching. It will change the way of delivering instruction from a traditional delivery model to an inquiry – based model, focusing instruction on higher level thinking skills and changing the teacher’s role from a direct instructor to more of a facilitator. Inquiry-based lessons can be

challenging to implement, requiring changes in curriculum, instruction, and assessment practices — changes that are often new for teachers. For many teachers this is a very different way of teaching and one that requires training.

The professional development component is a key component in improving teaching practice. IB provides teacher training in inquiry-based teaching, curriculum and assessment development, and electronic networking.

What Matters Most

What are the benefits for students?

Inquiry-based instruction not only can help teachers deepen their repertoire of skills and connect with their peers, it also benefits students in new and meaningful ways. Evidence shows that inquiry-based approaches benefit students in learning important twenty-first century skills, such as solving complex problems and applying knowledge from one lesson to another. In this model, the students learn to be responsible for their own learning. That’s powerful teaching and learning—for students and teachers alike!

The Implementation Process

The process of becoming a school authorized to offer IB is a years-long effort that, as with any new program, requires school-wide and community-wide support.

Our school district is in the “consideration phase,” conducting a study to determine the feasibility of implementing the program districtwide. We have offered introductory workshops to all staff, gathered informational resources, arranged staff visits to IB schools, prepared and presented information to parents and community members, requested and received staff feedback, and organized a steering committee to complete the feasibility study.

At the start of this 2009–2010 school year, all professional staff attended a three day, on-site training to learn more about the IB methodology. Teachers and administrators were provided with assistance and clarification regarding the primary and middle years curriculum model, unit and course outline writing and basic assessment practices. Upon return to school, teachers have begun to use what they learned at the training. They will spend the fall and winter practicing new teaching techniques and collaborating with their colleagues, continuing to design instruction for their students based on the concepts.

In the spring, the school board will seek feedback from the faculty and community before making a decision regarding moving forward with appli-

cation to IB for candidate status. If the school board chooses to move forward, teachers will continue with the development of curriculum and instruction, and an IB consultant will become available to support teachers’ work.

Costs and Concerns

Starting any new program or improving what is already in place does not come easily or without cost. Particularly in the current economic climate, the gains must fit with the district strategy for school improvement and the financial commitment must be well understood by all constituents. At Merrimack Valley, we are committed to looking at our current resources and reallocating funds, not increasing them.

To get started, MVSD was approved as one of ten schools in the country to offer on-site training. That training was funded through a federal grant award targeted specifically to improve quality teaching. If the school board should decide to move forward and apply for IB candidacy, an \$8500 per school application fee would be required in April of 2010 and would put into place a two-year review process. The per school fee would be funded using existing general fund monies. Future expenses would include an annual estimated fee of \$8500 per school for ongoing professional development.

Fast Facts

- There are 2,495 IB programs currently offered around the world.
- Over 80,000 students took IB exams last year.
- There are approximately 800 IB schools in the United States and at least 30% receive government assistance because of socioeconomic status.

Did You Know?

A growing body of research demonstrates that students learn more deeply if they are engaged in activities that require applying classroom-gathered knowledge to real-world problems. Like the old adage states, “Tell me and I forget, show me and I remember, involve me and I understand.”

Did you know?

Universities and colleges actively recruit IB graduates, often offering them credit or advanced standings for the IB work. IB is recognized as excellent preparation for success in postsecondary education and in life.

This is a Merrimack Valley School District Publication. Your reactions and suggestions are important to us. Please contact us at 753-6561 or at cpride@mv.k12.nh.us. ■



Senior Health Clinics

Concord Regional Visiting Nurse Association is offering the following Senior Health Clinics for the month of December 2009. All Senior Health Clinic services are \$10. Blood pressure checks are free. To make an appointment or for more information call Concord Regional Visiting Nurse Association's Senior Health Program at 224-4093 or 800-924-8620, extension 4830.

12/22 at the Richard Brown House senior housing, Loudon from 9:00 a.m.–12 Noon. *Rides available in Loudon; call 798-5203.

Walk-In Immunization Clinics

Concord Regional Visiting Nurse Association is offering the following affordable monthly walk-in Immunization Clinic for all ages in the month of Dec. 2009.

Monday	December 7, 2009	1:00 p.m. to 3:00 p.m.
Tuesday	December 15, 2009	2:30 p.m. to 4:30 p.m.

Immunization Clinics are held at St. Paul's Episcopal Church Outreach Center, 21 Centre Street, Concord. A fee of \$5.00 is requested per child (under 18). Adult vaccination costs vary by the cost of the individual vaccines. Children must be accompanied by a parent or guardian. Please bring an immunization record with you. For more information call Concord Regional Visiting Nurse Association Community Health Services at 224-4093 or 800-924-8620, extension 5815.

Walk-In Blood Pressure Clinics

Concord Regional Visiting Nurse Association is offering the following FREE monthly walk-in Blood Pressure Clinics in the month of December 2009:

Wednesday, Dec. 2, 10 a.m. to Noon	Hannaford's Pharmacy, Ft. Eddy Rd., Concord
Friday, Dec. 4, 9 a.m. to 11 a.m.	West Street Ward House, West Street, Concord
Wednesday, Dec. 9, 10:30 – 11:30 a.m.	White Rock Senior Living Community, Wellness Office 6 Bow Center Rd., Bow

Concord Regional Visiting Nurse Association offers blood pressure screenings in the areas that it serves. Blood pressure screenings are a good way for individuals to track their blood pressure for upcoming visits to their physician. Blood pressure screenings are free of charge. For more information call Concord Regional Visiting Nurse Association at 224-4093 or 800-924-8620.

"Hospice Lights of Life" Opening Ceremony is Friday, December 4

The opening ceremony for Concord Regional Visiting Nurse Association's "Hospice Lights of Life" takes place Friday, December 4 at 7 p.m. at the Merrimack County Savings Bank, 89 N. Main Street, Concord. Following the ceremony, hundreds of electric candles will be lit throughout December in the windows of downtown Concord, Contoocook, Henniker, Hillsboro, Penacook, and Pittsfield. Each candle represents a loved one of members of our communities.

Participants in that ceremony are reminded that each candle represents an honored memory of a loved one in the community. Speaking briefly at the ceremony will be Janet Ball, whose husband received services from the Hospice Program of Concord Regional VNA.

Hospice is a philosophy of care that focuses on the quality of life remaining, not just the length of time. This unique approach offers physical, emotional and spiritual comfort to terminally ill individuals and their families.

The community volunteers for Hospice Lights of Life 2009 included Joyce Smykil, Rosalind Dickey, Sue Cassidy, Mary Barker, Heather Larivee, Rebecca Biss, Doris Harrington, George Harrington, Sharon Savoy, Therese Larson, Anne Hauck, Doug Hauck, Sue Plante, Sue Cassidy, Mary Raine, Jan Denson, Jane Bunker, Lisa Challender, Richard Phelps, Jean Coburn, Therese Larson, Marian Lavoie, Hilary Dooley, Yvonne Wiegelman, Joyce Bledsoe, Stephen Muzzey, Missy Samenfeld, Karen Carlson, Bill Santacruce, and members of the Junior Service League of Concord.

Concord Regional VNA thanks Hospice Lights of Life "Shining Star" corporate sponsors Laconia Savings Bank, Anthem Blue Cross Blue Shield, and HCS Home Care Specialists Inc.

If you have questions about Concord Regional VNA's Hospice Program, the Hospice House, or the Lights of Life opening ceremony, please call 224-4093. ■

Loudon Farms: Buy Locally!

The Loudon Agricultural Commission has compiled this list of local farms. If you have a farm in Loudon or know someone who has a farm that is NOT included please write to cas@milessmithfarm.com.

Maple Ridge Farm

268 Loudon Ridge Road
Fresh Vegetables, Maple Syrup
436-8183

Meadow Ledge Farm

612 Route 129
Peaches, Corn, Apples, Country Store
798-5860

Ramsay's Farm Stand

783 Loudon Ridge Road
Vegetables and Cut Flowers, Small Fruits in Season
8 a.m.–7 p.m. Daily
267-6522

Red Manse Farm

Corner Route 129 & Pittsfield Road
Organic Produce, Farm Patron Program
Thurs.–Sun. 10 a.m.–6 p.m.
www.redmansefarm.com
435-9943

Windswept Maples

845 Loudon Ridge Road
Vegetables, Beef, Maple Syrup, Eggs
M–F 1–6 p.m., Weekends 9–5
267-8492

Miles Smith Farm

56 Whitehouse Road
Locally raised beef, individual cuts and sides
M, Tue, Th 4–9 p.m. W, Sat 8–1 p.m.
www.milessmithfarm.com
783 5159

Hill Top Feeds

11 Storrs Drive
Live stock feed, shavings, hay, dog and cat food. Farm equipment and supplies
783-4114, 491-4483

Sanborn Mills Farm

7097 Sanborn Road
Traditional working farm providing workshops
www.sanbornmills.org
435-7314

Pearl and Sons

409 Loudon Ridge Road
Maple products: syrup, candies & cream
435-6587, 435-6883

Aznive Farm

7046 Pleasant Street
Hay, Beef
435-7509

Lyon Berry Farm

986 Route 129
Highbush blueberries
435-7640

B&B Syrup. Barton & Bowles

227 Flagg Road
783-4341, 783-9123

Mudget Hill Mumbling Maplers

255 Mudgett Hill Road
Maple products: syrup & candy
783-4447

D.S. Cole Growers

251 North Village Road
Propagators of quality products from world-wide sources. Retail store at 430 Loudon Road, Concord.
783-9561
www.dscolegrowers.com
www.colegardens.com

Ledgeview Greenhouses

275 Clough Hill Road
Growers of quality potted plants, annuals, perennials, and poinsettias
783-4669
www.ledgeview-greenhouses.com

Upcoming meetings of the Loudon Agriculture Commission

Monday, December 14

Meetings are held at 7 p.m. at the
Community Building in The Village.

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Agricultural Commission Meeting Minutes — Sept. 28, 2009

7 p.m. Community Building

Next Meetings:

Monday, Oct. 26, 2009 7 p.m. — Alex Lehman, Agricultural Program Coordinator from CHI (Cultural Homestay International)

Monday, Nov. 23, 2009 7 p.m. — Capital Area Farm and Community Connection Forum

Monday, Dec. 14, 2009 7 p.m. — speaker Rob Johnson, NH Farm Bureau

Board Members:

Carole Soule, Bruce Dawson, Earl Tuson

Attendees:

Minutes:

1. Minutes of the July 22, 2009 were reviewed and accepted with one minor change.

2. Speaker, Stacy Luke, USDA was present to discuss soil surveys and soil services

provided by USDA. Extra material was left and is available.

3. Karen Dudley, Soil Scientist, is available to help with individual farm soil assessments.

4. Earl Tuson presented a letter requesting a new Loudon soil survey. It was voted to approve the letter, which was then presented to Ms. Luke.

5. Bruce Dawson will provide a web site and requested that the board provide the URL — website name is loudonag.org.

6. Earl Tuson presented an in-depth assessment of the Loudon Zoning Ordinances, paying particular attention to how the ordinances effect farms and farming activities. The Ordinance is located at: http://www.loudonnh.org/documents/zb/2009_Zoning_Ordinance.pdf. It was agreed that these issues needed further investigation with possible recommendations for amendments.

Meeting adjourned at 8:50 p.m.

Maxfield Public Library Trustees Meeting Minutes — Oct. 6, 2009

5:20 p.m.

In attendance: Trustees Sandy Blanchard, Susan Kowalski, Debbie Kardaseski, Library Director Nancy Hendy, Alternates Marilyn Sylvester and Ken Krzewick, and town residents Laura Vincent and Peter Pitman.

Minutes from the September 8, 2009 meeting were accepted.

Director's Report:

On September 14, the Trustees' Night program in Epsom run by SILC was well attended by directors, trustees, and library supporters from the eleven towns in the cooperative. The result was a decision to work together to improve legal support available statewide for libraries and to clarify wording in the RSAs.

The metal sheets to top off the air intakes have arrived at Merrimack Sheet Metal and are awaiting final measurements for finishing. Adrian will do the installation. He will do several other smaller building maintenance tasks on the same day. Trustees and director measured the surface.

The artist's reception for Sue Harris scheduled for September 19 was canceled due to traffic problems because of the speedway races.

Book group will be taking a field trip to the Gardner Museum in Boston. They will also watch the film Rebecca here as a follow-up to reading the novel. Nancy indicated that the members pay their own way.

The next book sale is scheduled for October 24 from 9–1 p.m.

Children's Librarian's Report:

Story time resumed for the school year on September 15, with 108 Children and 69 adults attending during the month.

On October 1 the Children's Librarian participated in a free webcast event: Connecting with Non Fiction: Techniques and Title Tips for Young Readers and Teens.

On October 2 the Children's Librarian attended the Book Review at the NH State Library where she was able to pick 4 free books.

Twenty-three story time children and 16 adults went apple picking at Meadow Ledge Farm on October 6. A second trip was rescheduled due to rain.

Financial Report:

Nancy reported that she has begun to reconcile the bank statement on QuickBooks as recommended by Paul Mercier and shared the print-out. There was discussion of the need to communicate the pending change in the library budget concerning the addition of the employee benefits. It was agreed that the library needs to be clear that the increase in the library's budget is simply a move from a line in the town budget, not an additional expense. The change will be positive for the library as it will help cash flow during the fiscal year.

New Business

Sandy welcomed alternates Marilyn Sylvester and Ken Krzewick. They were

invited to participate in discussions. It was decided that the chair would determine which alternate would vote when needed. Trustees and the director will communicate with Marilyn via e-mail and Ken via a folder at the circulation desk that he will check regularly. Nancy will get a Trustees Handbook for Marilyn. Ken already has one.

The group walked around the exterior of the building to evaluate maintenance needs. Following is a list of items that need attention:

- The front door is not closing all the way.
- Several cement cracks in the walkways. It is a safety concern. Debbie will contact Interstate concrete to come look at it. Adrien could patch some areas to remove tripping hazards.
- Rust spots on roof. Sandy will try again to call Rodd Roofing, the company that installed the roof. Adrien will repair the rod that has slipped from the holder.
- The landscaping between the building and the veteran's memorial has been neglected. The library understood it would be maintained by the VFW. It was decided that a memorandum of understanding is needed. Sue will research an appropriate memorandum and Sandy will compose a letter to the veterans.

• Front columns and trim around old section of library need painting. It was decided Adrien could do it in the spring.

• Several wasp nests were found. Adrien will remove them during cold weather.

• There is a cracked window pane in the old section. It was agreed that it would be replaced with modern glass.

• Bricks around steps of old section need pointing up. Nancy will look into having that done.

• A row of bricks next to the granite block outside the old section have fallen in.

Sandy said she would replace the screening in one of the screens on the meeting room window.

Nancy will have Adrien reset the cement block on the mailbox base.

Nancy will prepare the form to request trust fund interest from the Trustees of the Trust Funds. Sandy will sign.

It was agreed to start discussing the 2010–2011 budget at the special meeting scheduled for Friday, October 9, 2009.

Old Business

Nancy reported that she was not able to find the Internet Policy in the computer so Debbie said she will type it with changes.

The director and trustees decided there were no plans for capital improvements totaling \$10,000 or more in the next 6 years.

The meeting was adjourned at 7:05 p.m.

The next regular meeting will be held on Tuesday, November 3, 2009, 5:30 p.m.

Sandra Blanchard
Susan Kowalski
Debbie Kardaseski

2009–2010 MVSD School Board Meeting Dates and Locations. Meetings held at 7:15 p.m.

Date of Meeting	Place of Meeting
December 14, 2009	Merrimack Valley High School
January 11, 2010	Merrimack Valley High School
February 8, 2010	Merrimack Valley High School
March 8, 2010	Penacook Elementary School

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Deadline for the January issue of The Loudon Ledger: Friday, December 18, 2009

Maxfield Public Library Trustees Meeting Minutes — Oct. 9, 2009

5:05 p.m.

In attendance: Trustees Sandy Blanchard, Susan Kowalski, Debbie Kardaseski, Library Director Nancy Hendy, Alternates Marilyn Sylvester and Ken Krzewick, and town residents Laura Vincent and Barbara Sullivan.

The meeting was scheduled to meet with the town auditor Paul Mercier but he was not able to make it so the board proceeded to budget planning.

2010-2011 Budget

Budget discussion started with a desire to increase hours to 40 per week by reopening on Mondays. In order to make that possible the Part Time Wages line would have to be increased. There was discussion of the ideal amount of coverage versus the minimal amount of coverage. Nancy finds that

decreased clerk hours that have been in effect for the last year and a half draw her away from her other duties because she has to fill the gap. She also pointed out that although the library is open fewer hours it is busier than ever, which circulation statistics support. The increased use puts more demands on staffing. The board estimated an increase of \$16,000 to \$21,000 in Part Time Wages for adequate staffing. The board will make an effort to keep non-wage lines level funded.

The board discussed creating two capital reserve funds for building maintenance and technology. The board and director felt these would be a fiscally responsible way to anticipated large expenses such as replacing a furnace, carpeting or computers. It was decided to prepare two warrant articles, one

for a capital reserve fund for building maintenance at \$3,000 and one for technology at \$2,000.

Pre-approval of Bills

The board revisited the issue of pre-approving bills before the director pays them. Sandy stated she felt it was unnecessary and was making more work for the director. Debbie stated she did not think it made sense to sign off on bills after they had been paid, as had been done. Sue wanted to confirm with Paul Mercier that he recommended they be pre-approved. Marilyn said she understood the sense of pre-approving. Nancy said she felt this conflicted with her job description and she was concerned about delays in paying some bills. The trustees voted to authorize the director to spend up to \$300 without prior approval.

The trustees also pursued the option of having Norma O'Brien (who currently handles payroll) take over bill paying. All parties would be pleased with this move to free the director from this task. The trustees voted to authorize Norma O'Brien to take over paying of the library's bills.

The board still wanted to meet with Paul Mercier and Norma O'Brien. Two dates were proposed, Wednesday, 1:00 p.m., October 28 or November 4. Debbie will check with Paul Mercier and Sue will check with Norma O'Brien and report back to the trustees and director.

The meeting was adjourned at 6:45 p.m.

Sandra Blanchard
Susan Kowalski
Debbie Kardaseski

Selectmen's Meeting Minutes — October 13, 2009

PRESENT: Selectmen Bowles, Maxfield, and Ives. Also present Police Chief/Code Enforcement Officer Bob Fiske, ZBA Chairman David Powelson, ZBA member George Saunderson, and Steve Bennett, Transfer Station Manager.

Chairman Bowles called the meeting to order at 6:30 P.M.

Selectman Ives moved to approve the Selectmen's Meeting Minutes of Tuesday, October 6, 2009 as presented. Second by Selectman Maxfield. All in favor. Motion carried.

The Board met with Police Chief/Code Enforcement Officer Bob Fiske.

Chief Fiske presented a radio frequency grant application from the State for the Board's signature.

Chairman Bowles stated for the record three pistol permits were signed for approval.

Chairman Bowles opened the Board of Permit.

Mr. Fiske presented a hawkers & peddlers application for approval. The Jackson Team has scheduled a cook out and hot air balloon ride as a benefit for the Loudon Food Pantry for October 17 from 4 PM to 6 PM on Cooper Street across from the Safety Building. Mr. Fiske said all the paperwork was in order and given this was a charity benefit he would ask the \$50.00 application fee be waived. It was agreed to waive the fee.

George Saunderson said he was approached by Mr. Yeaton regarding the setbacks for the grist mill on Sanborn Road. Mr. Saunderson said he then asked Mr. Fiske to confirm whether the setbacks approved by the Zoning Board of Adjustment have been observed. Mr. Fiske said he verified the measurements and is in agreement the setback requirements have been met. He also presented photographs of the current location of the foundation and proximity to the roadway and guardrail location. These photographs will be included in the Zoning Board files for future reference if needed. Chairman Bowles closed the Board of Permit and re-opened the regular meeting.

The Board met with Jim Dymont and Allan Davidson of American Legion Post 88 to discuss the use of the parking lot at the Legion by those attending events at the Recreation Field. Mr. Dymont explained the concerns regarding insurance liability issues. Mr. Davidson explained the procedures in place for use of the Legion facilities by the Recreation Committee for their sum-

mer fun nights. Mr. Davidson said at the end of the summer, the town makes a donation to the Legion for use of the hall, which then includes use of the parking area. Mr. Davidson said if the other organizations followed the same procedure, it would alleviate the potential liability. Selectman Ives said then those using the area become tenants. Selectman Maxfield said the Legion should tell LYAA about this procedure. Chairman Bowles said he is in hopes once the new soccer fields were ready for use this situation would not be a problem. Selectman Maxfield said it was his impression all of the sports activities came under LYAA. Selectman Ives said he will follow up on the options available between the Recreation Committee and LYAA.

Bob Fiske addressed the current application before the Planning Board by NH Motor Speedway for replacing a shower and restroom facility in the camping area. Mr. Fiske expressed his concerns for plans being approved without thorough review. Chairman Bowles agreed that all of the issues raised regarding parking etc. need to be addressed.

The Board met with Transfer Station Manager Steve Bennett to discuss the Guaranteed Minimum Quantity (GMQ) for 2010. Mr. Bennett advised the Board that

The Concord Regional Solid Waste Co-Op has requested the tonnage figures be as accurate as possible. He said if the town's year end tonnage figures come in under the estimate, the town will be reimbursed at a cost less than the established tipping fee per ton figure. If the tonnage is over the estimate, the town will be billed for the difference using the same per ton tipping fee. The proposed tipping fee for 2010 is estimated to be \$65.00 per ton. The current fee is \$45.00 per ton. Mr. Bennett said a letter is also being required explaining the reasons the tonnage is being reduced. If the estimated tonnage is increased over 2009 no further explanation is required. Mr. Bennett said his request will be to lower the tonnage estimate to 3,400 tons, down from the current 3,600 tons. Chairman Bowles said Mr. Bennett has always done a fantastic job in estimating the annual tonnage figure. Selectman Maxfield and Selectman Ives agreed. Mr. Bennett said the town is down 260 tons from the same year to date figures from last year, but this will fluctuate. The end of the Co-Op's fiscal year is November 30. *Selectman Maxfield moved to set the 2010 Guaranteed Minimum Quantity*

(GMQ) at 3,400 tons. Second by Selectman Ives. All in favor. Motion carried.

The Board began their review of weekly correspondence.

The Board was advised of the 2009 Tax Rate appointment with Department of Revenue Administration on Thursday, October 15 at 1:30 P.M.

The Board acknowledged receipt of the payment from NH Motor Speedway for the police and fire coverage of the Sylvania 300 in the amount of \$170,088.50.

The Board received a copy of an invoice for roadside mowing for their review and approval to pay. *Selectman Maxfield moved to approve payment to Allan Minery for road side mowing in the amount of \$5,380.00. Second by Selectman Ives. All in favor. Motion carried.*

The Board received the revised annual audit report from Paul Mercier for review and comment.

The Board received a copy of an updated memorandum on the Right To Know law.

The Board acknowledged receipt of two certificates of insurance from LYAA for activities at the Recreations Fields. There are two certificates outstanding. A letter will be sent to LYAA requesting these additional certificates.

The Board received a copy of a memo from Bob Fiske to the Planning Board regarding the current application from NHMS.

The Board received copies of the traffic analysis report from Department of Transportation on the Sylvania 300 for review.

The Board noted receipt of an email requesting information on the use of the Recreation Fields for an adult recreation league for review.

The Board received the August compliance report from Environmental Soils Management for review.

The Board received the September property transfers for review.

Selectman Ives advised the Board he had reviewed the contracts and previous invoices for the Wiggins Road restoration project and is ready to approve payment. *Selectman Ives moved to approve payment for invoice #3 for the Wiggins Road restoration project in the amount of \$1880.22. Second by Selectman Maxfield. All in favor. Motion carried.*

Selectman Maxfield asked the Board to replace the State flag at the Veteran's Memorial. Selectman Ives will follow up on this request.

Selectman Ives moved to adjourn at 7:40 P.M. Second by Selectman Maxfield. All in favor. Motion carried.

LOUDON BOARD OF SELECTMEN

Dustin J. Bowles, Chairman
Roger A. Maxfield, Selectman
Steven R. Ives, Selectman



Notices for all Public Meetings are posted at the following sites:

- Town Office
- Maxfield Public Library
- Beanstalk Store
- Ivory Rose/USPS
- Transfer Station
- Web Site

Selectmen's Meeting Minutes — October 20, 2009

PRESENT: Selectmen Bowles, Maxfield, and Ives. Also present Road Agent David Rice.

Chairman Bowles called the meeting to order at 6:30 P.M.

Selectman Maxfield moved to approve the Selectmen's Meeting Minutes of Tuesday, October 13, 2009 as presented. Second by Selectman Ives. All in favor. Motion carried.

Chairman Bowles noted for the record one pistol permit was approved for signature.

The Board met with Road Agent David Rice.

Mr. Rice advised the Board the culverts on Loudon Ridge Road will be overlaid with pavement on Wednesday. He said the crew is also continuing to screen sand for winter use. Chairman Bowles said while he does not want to add to Mr. Rice's workload, he wants the accumulated sand shoveled off all of the town's bridges before winter settles in so that the water will drain off.

Mr. Rice said he had requested an estimate from Suburban Paving to pave Bumfagon Road. This pavement would be 20 feet wide. The Board discussed fees collected that could possibly be used for this purpose. Mr. Rice will check on monies

remaining from the warrant article approved at the March 2009 Town Meeting.

Selectman Ives moved to approve the Petition for a Pole License for Fairpoint Communications and Public Service Company of NH on Batchelder Road and School Street, Permit #219730 for pole numbers 38/24.5, 38/24.51R, 38/24.52R, and 38/24.53R. Second by Selectman Maxfield. All in favor. Motion carried.

Mr. Rice provided the requested information to the Selectmen on monies remaining in the warrant article, which is \$58,655.58. The Board agreed the funds for paving on Bumfagon Road can be taken from this amount which will leave approximately \$21,000.00 for road work to be completed in the spring. Mr. Rice also requested approval for vacation time the week of Thanksgiving. The Board agreed to this time off. Chairman Bowles advised Mr. Rice of the paving that needs to be done at the Town Hall on the walkway. Mr. Rice will follow up on this item.

Chairman Bowles stated the 2009 Fall Tax Warrant has been processed and read the following: "We the Selectmen and Assessors of the Town of Loudon NH, do solemnly swear that in making the inventory for the purpose of assessing the foregoing taxes we appraised all taxable property at

its full value, and as we would appraise the same in payment of a just debt due for a solvent debtor. So help us God."

To Helen L. McNeil, Collector of Taxes for Loudon, New Hampshire in said County. In the name of the State you are hereby directed to collect the property taxes in the list herewith committed to you, amounting to the sum of Five Million Seven Hundred Forty Nine Thousand Thirty Five Dollars and with interest at twelve (12%) percent per annum from December 1, 2009 thereafter, on all sums not paid on or before that day. And we further order you to pay all monies collected to the Treasurer of said town at least on a weekly basis when receipts exceed Five Hundred Dollars (\$500.00) or more often when directed by the Commissioner of Revenue Administration. Given under our hands at Loudon New Hampshire, this twentieth day of October in 2009. Signed Board of Selectmen, Loudon New Hampshire. Selectman Maxfield moved to commit to Helen McNeil, Tax Collector, the 2009 Fall Tax Warrant in the amount of \$5,749,035.00. Second by Selectman Ives. Selectman Ives stated for the record the tax rate is \$19.84 per \$1,000 value. All in favor. Motion carried.

The Board began their review of weekly correspondence.

The Board noted receipt of a letter from Fire Chief Jeff Burr requesting the town safe that has been stored at the Safety Build-

ing be removed, as the Fire Department needs this area for storage purposes. Chairman Bowles said he will follow up on this request.

The Board received the notice of decision from the Planning Board on the bond reduction for Loudon Woods Estates.

The Board received the notice of decision on square footage requirements for the Villages at Loudon.

The Board acknowledged receipt of the Capital Improvement Committee meeting minutes.

The Board noted receipt of the Agricultural Commission meeting minutes from August.

The Board received the third quarter fuel usage reports from Huckleberry Heating Oils.

The Board received a copy of a wetlands violation on Map 28, Lot 014.

The Board received information from Jim Presher that Town of Sandwich is intending to bring a warrant article to town meeting on single stream recycling.

Selectman Ives moved to adjourn at 7:38 P. M. Second by Selectman Maxfield. All in favor. Motion carried.

LOUDON BOARD OF SELECTMEN

Dustin J. Bowles, Chairman
Roger A. Maxfield, Selectman
Steven R. Ives, Selectman

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Selectmen's Meeting Minutes — October 27, 2009

Present: Selectmen Bowles, Maxfield, and Ives. Also present Police Chief/Code Enforcement Officer Bob Fiske, and Fire Chief Jeff Burr.

Chairman Bowles called the meeting to order at 6:30 P.M.

Selectman Maxfield moved to approve the Selectmen's Meeting Minutes of Tuesday, October 20, 2009 as presented. Second by Selectman Ives. All in favor. Motion carried.

The Board met with Police Chief/Code Enforcement Officer Bob Fiske.

Chief Fiske presented two pistol permits for approval and signature.

The Board met with Fire Chief Jeff Burr. Selectman Ives advised Chief Burr the Selectmen were looking into space availability for the safe in the Fire Station.

Selectman Ives asked Chief Burr about the paving at the back of the Safety Building. The grinding that has been done to date is not acceptable as it is now.

The Board met with Jerry Gappens, Executive Vice-President and General Manager of NH Motor Speedway to discuss a

concept of hosting a snowdeo at the Speedway on February 20 and 21, 2010. He said the event would consist of snow cross, a free style element with snowmobiles and an ice drag event. He said the hours of operation would be 9:00 A.M. until 4:00 P.M. Mr. Gappens said additional research is being done on obtaining manufacturer and vendor displays, food and beverage vendors in a heated tent, and possibly some manufacturers to provide demo rides for children and adults. He said the events would take place in the track's L lot with day parking immediately inside the south gate. Mr. Gappens said the manufacturer and vendor displays would be in J and K lots, near the tunnel entrance. Mr. Gappens said they currently have Gail Hanson, Executive Director of NH Snowmobile Association, Greg Mayo, Coordinator of the Fremont NH Grass Drags and Water Crossing Championships, Kim Bean, President of NH Sno Shakers Snowmobile Club, as well as private individuals who are involved with these organizations working with them in planning this

Selectmen — cont. on 25

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Selectmen — cont. from 24

event. Mr. Gappens said the estimated attendance figures are for 5,000 people each day. Mr. Gappens said he is approaching the Selectmen for permission to hold this event as it is outside of their approved operating schedule. Selectman Maxfield asked if there would be anyone in the grandstand. Mr. Gappens said no, there would be no activity on the super speedway at all. Selectman Maxfield asked how the parking would be addressed. Mr. Gappens said the lots close to the South entrance would be kept plowed. Mr. Gappens said his understanding is this is mostly a participant event with participants bringing their snowmobiles on trailers or some riding the trail system, which is close to where the activities will be held. Selectman Ives asked if they were going to allow camping. Mr. Gappens said no. Chairman Bowles said the track officials need to check their deed to see if this type of activity is allowed. Chairman Bowles said he feels Mr. Gappens should also address any covenants that may be in place from the Planning Board. The Board showed Mr. Gappens a binder prepared by Administrative Assistant Donna White containing

approvals for the track from the Planning Board throughout the years of operation. Chairman Bowles said there may need to be some type of safety plan in place for snowmobiles crossing Route 106. Selectman Maxfield said he thought night racing was the only item prohibited at this point. Chairman Bowles said the track's agreement only allows events April 1 through October 31. Selectman Ives said this information is contained in the Planning Board minutes of 1999. Chairman Bowles said the Board's intention is to not get off on the wrong track. He said the track needs to do their homework and especially review any deed restrictions. Chairman Bowles said he does not feel this would be a regional impact situation. Chief Fiske said he would like to see input from the snowmobile groups in regards to traffic impact, but in addition, he feels the track should go before the Planning Board with their plans to ensure that all approvals are obtained through the proper channels. Chairman Bowles thanked Mr. Gappens for coming before the Board in the early stages to get the information directed to the proper channels. He also asked Mr. Gappens to keep the Board informed of his progress.

Mr. Gappens advised the Board he had met with Councilor Shea to discuss the 10 Year Transportation Plan in regards to the Route 106 widening. He said he has asked this project be returned to the 10 Year Plan in hopes of obtaining stimulus monies for the project.

The Board began their review of weekly correspondence.

The Board received information on requesting bids for the printing of the annual town report.

The Board received information on the State of NH's proposed sale of state owned property located on Tax Map 1, Lot 048.

The Board received information from FEMA regarding the town's flood maps. The Board is required to adopt a resolution accepting the maps once the final version is received.

The Board received a reminder of the annual Merrimack Valley School Board meeting with school district Selectmen/City Councilors on Thursday, October 29 at 7:00 P.M.

The Board received notification from Department of Transportation on the annual bridge inspections.

The Board received copies of the weekly expenditure reports for review.

The Board received copies of the October 15 Planning Board minutes.

Selectman Ives moved to adopt the following resolution: **RESOLVED:** To hereby accept the offer of the New Hampshire Public Risk Management Exchange (Primex) to enter into its Workers' Compensation 5% Multi Year Discount Program as of the date of the adoption of this resolution, and to be contractually bound to all of the terms and conditions of Primex' risk management pool membership during the term of the Workers' Compensation 5% Multi-Year Discount Program. The coverage provided by Primex' in each year of membership shall be as then set forth in the Coverage Documents of Primex' and to authorize the Chairman to sign on behalf of the Board. Adopted on October 27, 2009. Second by Selectman Maxfield. All in favor. Motion carried.

Selectman Ives moved to adjourn at 7:11 P.M. Second by Selectman Maxfield. All in favor. Motion carried.

LOUDON BOARD OF SELECTMEN

Dustin J. Bowles, Chairman
Roger A. Maxfield, Selectman
Steven R. Ives, Selectman

Selectmen's Meeting Minutes — November 3, 2009

Present: Selectmen Bowles, Maxfield, and Ives.

Also present: Road Agent David Rice.

Chairman Bowles called the meeting to order at 6:30 PM.

Selectman Maxfield moved to approve the Selectmen's Meeting Minutes of Tuesday, October 27, 2009 as presented. Seconded by Selectman Ives. All in favor. Motion carried.

The Board met with Road Agent David Rice.

Mr. Rice advised the Board that Pike Industries would be back to fix the pitch of the parking area at the Safety Complex. Selectman Ives stated it should be at no cost to the town. Mr. Rice said there would be no additional cost as it was Pike's mistake.

Mr. Rice discussed the work on Bumfagon Road.

Mr. Rice advised the Board that one more truck needs to have the clutch replaced. He said Winnisquam Mack is less expensive than Liberty and they are closer.

Mr. Rice and Chairman Bowles discussed Penny Press and their cardboard relative to pick up for recycling. It was stated that Penny Press will no longer have a truck to transport the material to the Transfer Station for recycling and the material will more than likely be placed in a dumpster instead of going to be recycled. Chairman Bowles and Mr. Rice had discussed the possibility of having the town truck pick up the cardboard on the way back from Penacook once a month in an effort to keep the tonnage figures sent to Penacook down and keep the

recycling efforts up. Discussion ensued regarding revenue generated from recycling cardboard and ways to have this not cost the town money. The Board agreed to a three month trial. Selectman Ives stated this agreement cannot cost the town any money. Steve Bennett, Transfer Station Manager, will keep track of time involved in this process. Chairman Bowles said cardboard is starting to pick back up in price and it would be unfortunate to lose that revenue.

Mr. Rice advised the Board that he needed to replace a chain for one of the sanders. Chairman Bowles asked about oiling the chains before they are put away. Mr. Rice said that the chains are oiled and were done three times during the summer. Selectman Maxfield asked how many chains need to be replaced. Mr. Rice said as of now they need one but there are a total of four sanders. He stated that he needed to purchase four new tires, two for the one-ton and two for the pick-up.

Discussion ensued regarding a possible Warrant Article for paving and drainage work on Lower Ridge Road, as well as discussion of Block Grant and Impact Fee monies to possibly offset some of the cost. Mr. Rice will obtain separate costs for resurfacing from Sleeper's Bridge to Ridge Road on Lower Ridge Road as well as costs to finish Hollow Route Road and Bumfagon Road.

Chairman Bowles reminded Mr. Rice about road cracks on Berry Road. Mr. Rice asked if there was anyone local who performed that type of work. Chairman Bowles

said he knew that Matt Cadarette had done the sealant on the tennis courts at the Recreation Field. Mr. Rice said he would rather hire someone local.

Selectman Maxfield asked if the sand on the bridges had been shoveled. Mr. Rice said they had been working on them.

Mr. Rice said the screener should be back on-line early next week. Mr. Rice discussed the sand pile and the plan to start working from the other end. Selectman Ives asked if there was ten to twenty years of material left. Mr. Rice said yes.

Selectman Maxfield stated that he had meant to say last week that he felt the Fire Department did a great job with the Harvest Supper and that a lot of people enjoyed it.

The Board congratulated Mr. Rice on the birth of his first grandson.

Chairman Bowles stated for the record that one pistol permit was submitted for signature and approval.

The Board recognized Earl Tuson from the audience.

Mr. Tuson advised the Board that he was going to begin work on the middle barn on his property and wanted to touch base with the Selectmen as it is one of the buildings that was placed in the Barn Preservation Easement. Mr. Tuson reviewed photos of the barn and discussed the current condition of the structure. He said he had Steve Fifield review the building and was advised that almost every timber in the last bay is rotten and it might be best to pull out that one bay that has the most damage. Mr. Tuson said he is planning on starting the foundation

repairs, sheathing, new roof, etc. soon, as he wants to be able to use the building next season for cold storage. He reviewed a portion of the Discretionary Preservation Easement relative to the structural conformity. The Board agreed that since Mr. Tuson was not taking down the entire area and would be moving forward with the restoration, it would be fine. The Selectmen thanked Mr. Tuson for coming to the Board.

The Board recognized Jerry Weeks from the audience.

Mr. Weeks discussed his concerns regarding the paving of Bumfagon Road. He stated that while he understands that it is currently basecoat he feels that generally a rough basecoat will end up with a rough topcoat unless it is shimmed. He said it's generally acceptable to pave in a light rain or drizzle, but he feels there are going to be problems with this road. Mr. Weeks said he witnessed two trucks coming from Concord Sand not being covered in the pouring rain. He said he feels this will create a situation where you lose the compaction. Mr. Weeks said if it's raining too hard you lay it in the mud, the mud permeates all through, and you can end up with all lose marbles all over the mix. He said the sides are all crooked and there is a cold joint on a corner where it abuts right on the apron where all the cars will be turning. He said if there is heavy compaction on too much rain soaked mix it is going to spider crack. Chairman Bowles asked if Mr. Weeks was saying that by

Selectmen — cont. on 26



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Selectmen — cont. from 25

spring the whole thing will be a big mess. Mr. Weeks said that it could be, but he is hoping that it's not. He quoted a driver of one of the delivery trucks that said there was a load of mix that was on his truck that was broken down for over seven hours, in the rain. Mr. Weeks said the driver said there was a little bit of steam when the mix came out. He discussed the roughness of the base and asked if there were any compaction tests or core depth tests on the pavement basecoat that has been laid. Chairman Bowles said generally they take the tonnage times the length and width of the road. Mr. Weeks said that is a very common practice to lay the basecoat in a shower or rain it can be done, but not in a deluge of rain. He said it shocks the mix so hard you will not get any compaction and the proof is all of the marbles lying all over the top of the road. Chairman Bowles said that the main goal was to get the base down and not lose all of the gravel and if there are problems, they will be dealt with in the spring. Discussion ensued regarding other roads in town and the paving process relative to the compaction. Mr. Weeks asked if there was anything in writing or any guarantees regarding the work that was done. Chairman Bowles said he does not know of any other roads that had guarantees. He said the Board would have to look into it. Mr. Weeks discussed concerns relative to the centerline.

Selectman Maxfield asked who did the paving. It was stated that Suburban Paving had done the work. Selectman Ives said this year was the first time that the town had used Suburban Paving. Chairman Bowles said all that can be done now is to watch it and move forward. Mr. Weeks said the issue with the truck that was broken down for seven hours could be identified by the slips if the slips run concurrent. Selectman Maxfield said the Board would check with Suburban Paving. Mr. Weeks said he understands paving in a light steady rain is acceptable but paving in a deluge of rain is not. Selectman Maxfield said he thought that Pike always stood by their work. Chairman Bowles said he did not know what Pike did and questioned why the area by the bridge on Old Shaker Road had never been fixed by Pike if they stood by their work. Selectman Ives said that he has no expertise in paving and he relies on the Road Agent, Highway Department, and hiring people that know what they are doing. Mr. Weeks said he has been in the paving business for twenty-five years and was disgusted by what he saw on the job done on the basecoat. The Board thanked Mr. Weeks for his information. Mr. Weeks said he was very upset to see his tax dollars being spent on a paving project in the pouring rain. Discussion ensued regarding paving practices. Selectman Ives confirmed that the Board will have Road Agent David Rice follow up on the truck slips.

The Board began their review of weekly correspondence.

The Board received copies of a memo from Office Manager Jean Lee regarding the Energy Committee. The Board stated that the Committee wanted energy usage audits on all the municipal buildings but it is not feasible due to the costs involved. Chairman Bowles reviewed some of the things that the town has done to reduce energy costs. The Board discussed the difficulty in getting and keeping volunteers on the various committees. Chairman Bowles stated that he understood the Energy Committee was to find ways to assist the community to reduce energy consumption, not just the municipal buildings. The Board will draft a letter to Trudy Mott-Smith regarding the Energy Committee.

The Board received copies of an e-mail from Fire Chief Jeff Burr regarding the Central NH Hazmat Team. The Board stated that they wanted to discuss this information with Chief Burr prior to signing anything.

The Board received an invoice from The Louis Berger Group for the Landfill Post Closure Monitoring for review and approval. Discussion ensued regarding funding and looking at going out to bid for engineering services. *Selectman Maxfield moved to approve the payment for invoice #CM 1720-0005 from The Louis Berger Group in the amount of \$1,293.70 for the 2008-2009 Loudon Landfill Environmental Monitoring. Seconded by Selectman Ives. Chairman Bowles stated the invoice is for*

work performed from June 1, 2009 through September 30, 2009. All in favor. Motion carried.

The Board received a reminder of the Zoning Workshop scheduled for Thursday, November 5, 2009 at 5:30 PM

The Board received the list of proposed names for Hermel Fortier's subdivision road. The Board reviewed the list and agreed on Fieldview Lane as long as Concord Post Office confirms that name would be accepted.

The Board received a copy of the ESMI 3rd Quarter Host Community Fee calculation for review.

The Board received a copy of a scholarship thank you letter for review.

The Board received correspondence from Michael Harris regarding the racing schedule at NHMS.

The Board received notification of Regional Impact Notices for Canterbury and Henniker for review.

The Board received correspondence from Comcast regarding changes to the channel lineup.

Selectman Ives moved to adjourn the meeting at 7:39 PM. Seconded by Selectman Maxfield. All in favor. Meeting adjourned.

THE LOUDON BOARD OF SELECTMEN

*Dustin J. Bowles, Chairman
Roger A. Maxfield, Selectman
Steven R. Ives, Selectman*

Planning Board Meeting Minutes — October 15, 2009

Meeting called to order at 7:10 p.m. by Chairman Tom Dow.

Attendance:

Chairman Tom Dow, Tom Moore, Steve Jackson, Vice Chairman Stanley Prescott, Henry Huntington, Alternates Bob Ordway and Jeff Green, and Ex-Officio Steve Ives

Bill Gabler represented the Conservation Commission.

Jeff Green was appointed as a voting member in the absence of Gary Tasker.

Acceptance of Minutes:

September 17, 2009 Regular Meeting — Tom Moore made a motion to approve the minutes as presented; seconded by Jeff Green. All were in favor.

September 30, 2009 NHMS Site Visit — Jeff Green made a motion to approve the minutes as presented; seconded by Steve Ives. All were in favor.

Discussion:

Dan Aversa/Loudon Woods Estates — Mr. Aversa submitted a request for a reduc-

tion in the letter of credit held on the Loudon Woods Estates subdivision and off-site improvements. The original request was to reduce the letter of credit from \$250,000 to \$48,196.50, the amount needed to complete the roadwork. After review by Tony Puntin of Louis Berger Group the amount to be left for the remaining work was amended to \$60,000. The Selectboard had reviewed Mr. Aversa's question of having to leave a maintenance surety on the off-site improvements portion of the project. They determined that they want \$60,000 held for the completion of the off-site improvements and the maintenance surety. There was lengthy discussion of the work to be completed, the estimates for that work, the percentage to be held, and the need for the letter of credit to be broken into two parts once the work is completed. When the time comes the maintenance surety for the subdivision would be held for five years whereas the maintenance surety for the off-site improvements would be held for one year. Steve Jackson referred to Section 24.2 and

Section 24.6 of the Land Development Regulations. The Board agreed that the letter of credit should cover the cost plus twenty percent of the remaining work as well as enough to cover the maintenance sureties. Steve Jackson made a motion to reduce the surety from \$250,000 to \$100,000; seconded by Tom Moore. There was no further discussion. All were in favor.

Old Business:

There was no old business.

New Business:

#09-13, Villages at Loudon — Amend- ed Site Plan, Located on Foster Road, in the RR District, Map 29, Lot 7. Tony Marcotte represented the applicants. Abutters Mike Marchand (Leonida Edwards) and Janet Darling were present. Mr. Marcotte handed out copies of three house designs and gave an overview of each. He explained that the first design is the same as the houses that are currently at the Villages but would have actual dormers as compared to false dormers like on the current houses and a usable loft area of 450 sf on the second floor. He said there would be no difference seen from the outside. Mr. Marcotte said that the second design is a colonial style and would have a total of 1,983 sf. He said there would be some unfinished area over the garage and 715 sf of usable area on the second floor. Mr. Marcotte explained the locations of the different phases of development. He said that some of these homes could be placed at different phases. The third design was specific to a request from Bob Bollinger for a larger home. That design was for 3600 sf of living space and the only place for that particular house would be in phase 3. Mr. Marcotte explained that they are unable to do walk-out basements on most of the houses in phase 3; therefore a two-story home would give the owner more aboveground living area with more daylight. He stated that all houses would still have only two bedrooms.

Mr. Marcotte said they are open to suggestions on the placement of the larger houses.

Steve Jackson asked if it was a concession at the time of approval of the subdivision to have only one story houses or if it was a condition of approval. Mr. Marcotte said it was not a condition of the approval. He explained that the original owner had asked to design one hundred units. Mr. Marcotte said that he stated in those initial meetings that they would work with the code enforcement office if they wanted to do anything different from the plans shown at those meetings. He explained that this project was subsequently bought by MDP Development. Mr. Marcotte said that sales have been slow but there has been some renewed interest this fall and the owners would like to offer a variety of styles to meet the interests. Mr. Jackson asked if it was a condition of the approval by the Board. Mr. Marcotte explained that he had said at that time if they did anything different than discussed they would go to the code enforcement officer for interpretation and approval. He said the footprint is restricted by the required setbacks. Mr. Marcotte said that it was felt an extra floor would be better if they cannot have a walk-out basement.

Chairman Dow gave an overview of the request to the public. Mr. Marchand asked if it had been stated that they would still be two bedroom homes. Mr. Marcotte explained that there is a two bedroom limit on the development. He said the age restriction would also be the same as initially required. Carol Hall, a resident of the Villages, asked if phases 4 and 5 would have walk-out basements. Mr. Marcotte said most of them would. He said that the houses in phase 2 do not have walk-outs and almost none in phase 3 have walk-outs. Ms. Hall asked about the 3600 sf design. Mr. Marcotte explained that it was a request from one

Planning — cont. on 27

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individual. There was brief discussion about the sizes of the homes currently in the development and the proposed designs. Mary George asked if she had heard correctly that there could be homes of 3000 sf. Mr. Marcotte stated that they had one request for a house of that size.

Jeff Green pointed out that there is a difference between square footage and a footprint. He said there would not be a lot of difference in the footprints, just extra living space, if a second story was added. Maureen Baldini, a resident of the Villages, submitted a letter with some residents' concerns, the primary being the 3600 sf house. She said the two story homes will look like those that are there but the big one is too big for the area. She said they feel there should be continuity, noting that the two-story designs are not the concern, but bigger homes are a concern. Ora George said he is concerned with the way the housing market is and he does not feel that 65+ year old people like having a second floor. He said he feels these houses could be turned into duplexes and they are not right for elderly residents.

Hearing no further input, Chairman Dow closed the hearing to the public and opened it to the Board only. Steve Jackson asked if there was any size restriction on the approved site plan. Mr. Dow stated that there was not. Steve Ives said he thought the homes were to be 1400 to 1600 sf. The chairman explained the spirit of the development. Mr. Ives said there has to be some limit. Chairman Dow reviewed the points on the letter submitted by the residents. Henry Huntington asked if the applicants are asking for three separate approvals. Mr. Marcotte said that he understands that the 3000 sf design is a lot different from the intent but the others are very similar to what is already in place. He said they are willing to consider the designs individually.

Henry Huntington said it would appear from what he had heard is that the main concern of the residents of the Villages is the big house. He said in looking at the other designs they would not appear to be out of place and the footprint would not be bad. Mr. Huntington said they might add character and variety to the development. He said he had no problem with the two smaller designs, and he feels it would help the developer and still be within the spirit of the development. Steve Jackson asked if they would specify a particular phase and he asked how many more can be built in the current phase. Tony Marcotte said they already have ten or eleven foundations in phase 2 that would be used. Mr. Jackson said that he would agree with Mr. Huntington. He asked if they should specify which style and where it could go. Steve Ives asked if they were saying if a house has a walk-out basement there could be no second floor. Mr. Jackson said that was not his intent and that he was talking about in the area of the current houses. He said his concern would be putting two story homes in the area of the current homes.

Jeff Green said that the design and footprint are the most important factors. He said the larger houses are the problem. Mr. Green said they have to be careful of a

square footage limit because that could be telling them that they cannot use the basement if it is a two-story house. Tom Dow said that they do not want to dictate which house and where. He said he feels there should be some type of limit. Mr. Green said it would be better to limit them to a maximum size since the square footage is a variable depending on how the different floors are finished. Bob Ordway asked at what point they would want to build the big house. Mr. Marcotte said they would build bigger homes as people request them, noting that they are limited to phases 2 and 3 because the roads are not built in the other areas. He noted that the plans submitted are 35' x 50'. They would then have five styles of houses to offer. Stan Prescott said he would be in agreement if they kept the same footprint and added a second floor. He said he went on a tour at the Villages. Mr. Prescott stated that people of that age do not want to do stairs, noting that he has 1150 sf at his home and feels that is fully adequate for two people. He said he is not in favor of two-story houses. Bob Ordway asked Mr. Prescott if he did not favor the smaller two-story design. Mr. Prescott said he was alright with the first plan shown this evening as it is the same design as the existing houses that have false dormers.

Steve Jackson said that he does believe there is a market for senior housing with a second floor. He noted some of the requests have included wanting a study, TV room, and space for heirlooms. He gave some examples of senior housing in the Concord area that has two-story accommodations. Mr. Jackson talked of ways to define the square footage such as finished or above-ground living space. He said if just the footprint is used he could see additional square footage built into the footprint through creativity. Mr. Jackson said his personal opinion would be an approval to allow a second story not exceeding 1983 sf, not counting the basement. Steve Ives said that Mr. Marcotte is asking for these designs and that would be the limiting factor. He noted that they have three designs now and this would add two more. Mr. Ives said he felt this would maintain the character of the area. Tom Dow said he would vote for the first design but did not feel the other two designs were what were intended for the development.

Jeff Green suggested voting on the individual designs. Henry Huntington said the Board did not approve the other three designs. He asked how it would work if approving these. He said he agreed with Mr. Jackson about livable square footage holding the footprint. He said they could allow 1983 sf to 2000 sf and not dictate the design. He said dictating the designs would really be holding them restrictive and all the houses would look just alike. *Henry Huntington made a motion to allow up to 1983 sf of aboveground living space.* Jeff Green asked if that meant they can double the size of a single story home, creating sprawl. There was discussion about how best to limit the size and word the motion. *Mr. Huntington amended his motion to include: with the footprint not to exceed 35' x 50'.* Jeff Green seconded the motion as amended. Stan Prescott said he feels that is

too large. *A roll vote was taken: Jeff Green — Yes; Steve Jackson — Yes; Tom Moore — No; Stan Prescott — No; Henry Huntington — Yes; Steve Ives — No; Chairman Tom Dow — No (Yes — 3; No — 4).*

Tom Dow said he would be more in agreement if it was not such a big foundation. Stan Prescott said that what is there now does not have a finished upstairs. He said that space could be used for a second floor for an additional 450 sf. Steve Jackson asked if Mr. Prescott meant to dictate the style of home. Mr. Prescott said that was not his intent, they could have a story and a half. *Stan Prescott made a motion to allow 1788 sf of aboveground living space with a foundation not to exceed 35' x 50'; seconded by Steve Ives.* Jeff Green asked where the difference would be. Mr. Prescott said it would be in the second story. Mr. Green pointed out that this was 300 sf less but it is not saying there could be no second story. Mr. Prescott said there wouldn't be a second story. *He amended his motion by adding the following: and not to be more than a story and a half.* Steve Jackson asked Steve Ives if he was alright with the original motion made by Mr. Huntington but with less square footage. Mr. Ives said that was correct. *There was no second to the motion; motion dead.*

Henry Huntington made a motion to approve homes with 1788 sf of aboveground living space and a maximum footprint of 35' x 50'; seconded by Steve Jackson. Majority vote in favor; Stan Prescott opposed.

#09-14, Huckleberry Heating Oils, LLC — Amended Site Plan, Located on Chichester Road, in the C/I District, Map 11, Lot 34. There were no abutters present. David and Tracy Huckins presented their application. Mr. Huckins explained the project and location of the two 30,000 gallon propane tanks that they propose to install at their facility. He stated that the underground gasoline tanks are out of service and will be removed in the near future. Steve Ives asked if they would continue selling diesel. Mr. Huckins said that they would no longer have the diesel available because it is not feasible for them to upgrade to what the State wants. He said all of those tanks are to be removed. Mr. Huckins said that they will be removing almost 600 sf of permeable space with the removal of the building that houses the tank monitors. He pointed out where the footings and cradle for the tanks will sit.

Tom Dow noted that the traffic will be decreased with the removal of the gas pumps. Mr. Huckins said that they had a fire safety analysis done and the fire chief has reviewed the project. Steve Ives asked how far the tanks would be from Route 106. Chairman Dow asked if the applicants have been to the Zoning Board. Mr. Huckins said they had received a special exception from

the ZBA for the size of the propane storage tanks. He said the tanks would be approximately 100' from Route 106. He explained that the safety analysis shows all of the distance requirements and their project meets the required distances. Mr. Huckins stated that all propane facilities are to be fenced, gated, and locked when unattended. He noted that propane trucks cannot be parked inside.

Jeff Green pointed out that the plans show the tanks 18' from the property line which would put them within the side setback. Mr. Huckins stated that the ZBA did a site visit and nothing was said at that time about the setbacks. A discussion ensued about needing a special exception for reduced setbacks. Mr. Huckins said that the tanks can be pulled back onto the property more. Tom Dow suggested that the tanks could be turned at more of an angle to get them out of the setback. Polly Touzin asked if the tanks would be visible from Route 106. Mr. Huckins said that they have to cut all of the vegetation away from the area so they would probably be visible in the winter. Steve Jackson asked if the control box is on an abutting property. Mr. Huckins said it is mislabeled and he pointed out the correct location. He said the wiring is underground and he will have this corrected on the plans. Steve Jackson asked the purpose of the monitoring wells. Mr. Huckins explained that they were required after an earlier problem on the property prior to them owning it. Tracy Huckins stated that the wells can be removed because tests have been clear for the required number of years.

Bill Gabler asked if there would be any clearing or grading done for the placement of the tanks. Mr. Huckins said a few trees would be removed. Mr. Gabler noted that a waiver request was received for the drainage and erosion report. He asked that this not be granted. Henry Huntington said trees may not need to be cut and stumped if the tanks are pulled from the setback. Mr. Huckins said turning the tanks brings them more onto the pavement that is there. Mr. Gabler said this is not an issue if they are not disturbing the soil.

Steve Jackson asked about the proposed fence. Mr. Huckins said it would be an 8' security fence and there would be some lights. Bob Ordway asked if they would be filling small LP tanks. Mr. Huckins said they would not, as they do not want the traffic. Stan Prescott asked what they would be using for lights. Mr. Huckins said they would use downcast lights and there would be 24/7 security cameras. He said they would be similar to what is there not on the island. The group looked at pictures that were submitted. Mr. Prescott said that he

Planning — cont. on 28

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Planning — cont. from 27

was alright with them as they appear to be shoebox cutoffs.

Henry Huntington asked about state permitting. Mr. Huckins said there is not state permitting with propane. Mike Labonte stated that there were propane tanks at this site in the past and it seems an appropriate place for them. There was discussion about items that were missing from the site plan. The applicants will have the necessary changes made on the plans and on a waiver that was submitted. *Henry Huntington made a motion to continue this hearing to the meeting of November 19, 2009 at 7:00 p.m. in the Community Building; seconded by Steve Ives. All were in favor.* There will be no further notification.

Bob Ordway left the meeting at this point.

#09-15, Hermel Fortier — Major Subdivision, Located on Oak Hill Road, in the RR District, Map 28, Lot 12. Abutters Gerard and Leslie Bergevin were present. Jason Hill of Holden Engineering represented the applicant. Mr. Hill explained that they had been before the Board for conceptual consultation earlier in the year and that the object is to subdivide the existing house from the 100 acre parcel. He stated that a new road has to be created in order to get the required frontage, pointing out that this creates a new lot at the front of the property and a lot for the existing house. Mr. Hill said the remaining 96 +/- acres will remain open. He pointed out that there would be a temporary hammerhead turn-around per the regulations. Mr. Hill said that they are asking for five waivers: 1) site specific soil survey; 2) boundary survey; 3) topography on the 96 +/- acres that will preserved as open space at this time; 4) underground utilities (Mr. Hill stated that the proposed work will not disturb existing overhead utilities); and 5) maximum length of tangent section of the roadway (submitted to the Board at the meeting).

Mr. Hill said that the new lot being created at the front of the property is flat with good soils. He said that the State subdivision approval is pending and he expects to receive that within a week to ten days. There is an existing permitted system on Lot 2, the location of the existing house. Mr. Hill stated that they are not proposing anything for the remainder of the lot. He reviewed the proposed road, designed to town standards. He pointed out the length of the ditch line, explaining that stormwater would be captured in a closed system and flow into a detention pond. He said an easement is shown for the maintenance of the pond.

Chairman Dow stated that they are lacking the subdivision approval to be considered complete. Mr. Hill said comments from Louis Berger were received that afternoon. He said he does not anticipate any concern with addressing the comments. Mr. Hill said that a sight distance profile will be submitted and they could look at alternatives in

addressing the comment by the town engineer. Steve Ives pointed out that the proposed road ends before 200' of road frontage on Lot 12-02. Mr. Hill said that there is plenty of room so they could extend the pavement further. There was discussion of points of measurement. The plan has to be revised so that the lot has the 200' of road frontage that is required.

Steve Jackson asked about the fuel tank that is depicted on the plans. Mr. Hill said that it is an aboveground LP tank that is used by the existing house. Tom Dow noted that the 180' x 240' lot configuration needs to be shown on the plan. Stan Prescott asked if there is a typical for the wall. Mr. Hill said it would be a 3' high stonewall. He noted that it would be a gravity wall. Mr. Hill said he would add something on the wall to the plans.

Mr. Bergevin asked about the drainage on the new road and where the water would flow. Mr. Hill said that it would flow into the ditching and basins, then into the new pond and down into the woods, not onto Oak Hill Road. Chairman Dow noted that a 3% pitch is shown headed toward Oak Hill Road. He stated that the road agent has been to look at the site and did comment that this area has to be carefully managed so that no water flows onto Oak Hill Road. Mr. Hill explained that they are picking up the road drainage with the ditching and basins. Stan Prescott asked why they are removing the culvert at the end of the existing driveway. Mr. Hill said they are picking up the stormwater into the basin so the culvert will no longer be necessary. He said there is a 50' to 100' section that is positive off Oak Hill Road and this will be intercepted with the drainage system. Tom Moore noted that the metes and bounds need to be identified. Mr. Hill said they would be rebar and/or stone bounds and he will add them to the plan after making other changes. Bill Gabler asked if he understood correctly that the remaining acreage is to be preserved as open space. Mr. Hill explained that there is no plan to develop the remaining land at this time. Mr. Gabler said it needs to be surveyed if it is to be open space conservation land.

Chairman Dow suggested that Mr. Hill review Section 23.1.10 with regard to grades. Mr. Hill asked how the town interprets flat. Mr. Dow said it should be flat enough so that water does not go onto Oak Hill Road and so cars can stop and not slide onto Oak Hill Road. Mr. Hill said there has to be some kind of leniency with topography. He said this somewhat counteracts what the intentions are and it is his opinion that 3% or less is pretty flat. He said this can be demonstrated in the drainage report. Stan Prescott urged Mr. Hill to work within the first part of 23.1.10.

The chairman asked if the group thought a site visit should be scheduled. It was agreed that a site visit would be done on Tuesday, October 20th at 4:00 p.m. Mr. Hill said that he will flag the lot corners, roadway, and turn-around. Jeff Green asked if a conceptual build out would be required

where this is a temporary turn-around. He noted that the detention pond is shown at the end of the turn-around and he wondered about future continuation of the road. Mr. Hill said that there is no plan at this time for any further subdivision. Tom Dow said that it has been asked that any new subdivision road names be decided prior to the recording of the plans. He told Mr. Hill that road names should be submitted to the Select-board for verification and approval.

Stan Prescott made a motion to continue this hearing, with all comments and notes addressed, until the meeting of November 19, 2009 at 7:00 p.m. in the Community Building; seconded by Tom Moore. All were in favor. There will be no further notification.

#09-16, N H Motor Speedway — Amended Site Plan, Located on Route 106, in the C/R District, Map 61, Lot 5. There were no abutters present. Steve Jackson recused himself from this case. John Zudell spoke on behalf of NHMS. He introduced NHMS Communications Director Fred Neergard, Steve Swift, construction manager out of Charlotte, Mark Sargent of Richard Bartlett and Associates, Tim Andrews of Nobis Engineering. Mr. Zudell showed pictures of existing structures at this location as well as the proposed camper shower/restroom. He said the structure has been designed for a snow load of 70#/sf. Mr. Zudell said they have plans that have been signed by a structural engineer. Stan Prescott asked if this building would be on a slab. Mr. Zudell said there would be a 4' frost wall. He pointed out the two existing buildings, a restroom and a concession, noting that they are 800 sf each. He said the proposed camper shower/restroom is 3950 sf. Tom Dow asked about the septic system. Tim Andrews said there is currently a 4000 gallon tank. He explained that the leach bed was installed in 1990 and was designed for up to 2700 gallons per day. He said the loading for black water from this proposed structure would be 2100 gallons per day. Mr. Andrews said the gray water disposal has not yet been determined. John Zudell said this building will replace two or three of the six portable shower units now used. He said they will use what is available. Mr. Zudell said it would be alright if they have to haul the gray water offsite or they could use dose loading. The chairman asked if they have anything from the State at this point. Mr. Andrews said they do not have anything at this time.

Steve Ives asked how they propose to heat the water. Mr. Zudell said they would have a 1000 gallon LP tank, as is now used for the existing structure. Steve Swift stated that they had three 1000 gallon tanks in another facility and they found that one is sufficient. Mr. Zudell said that a Rinnai hot water heater would be installed. He said they would not be keeping a boiler hot for the whole season. He noted that there would be a wall that allows them to close off a portion of the building during events with less in attendance. Polly Touzin asked where the gray water would be going. Mr. Zudell said

it would be hauled to the Loudon lagoon. He explained that black water from other areas of the track is hauled to Haverhill. Steve Swift explained that it is stored in a tanker and then hauled off. Steve Ives asked why it has to go to the town's lagoon. He said he does not want to overload the lagoon. Tim Andrews noted that the gray water has a lower pH so actually helps with the treatment of black water that is dumped at the lagoon by septic haulers. John Zudell said they are taking out 24 units and adding 28 so the net difference is not that much more. Mr. Ives said they are taking down 1600 sf and putting up 3900 sf. He said the Board received a memo from the code enforcement officer who has concerns that they are increasing their structures but are not adding any parking. There was brief discussion about parking. Stan Prescott asked how many showers are in the existing building. Mr. Zudell said there are five that would be coming out. Steve Swift pointed out that the new building would have less water usage because of newer equipment and different type of system.

Tom Dow said that information on the septic is needed for the file. Stan Prescott asked if they had said they are working with the State. Mr. Andrews said they are assessing the options, looking at what is most feasible. Mr. Zudell said that mechanical, electrical, and plumbing drawings would be submitted to the office. There was discussion about the septic options and it was agreed that they are on the right track.

Henry Huntington made a motion to accept this application as complete and move to public hearing; seconded by Jeff Green. All were in favor.

Chairman Dow stated that several waiver requests were submitted with this application.

Waiver requested for Section 13.5.9: *Motion to grant the waiver made by Tom Moore; seconded by Stan Prescott. All were in favor.*

Waiver requested for Section 13.6.15: *Motion to grant the waiver made by Henry Huntington; seconded by Stan Prescott.* Steve Ives said he would like to see a layout of utilities. Jeff Green said the layout in that area should be shown. John Zudell said it would be on the site plan. Mr. Huntington said this is for the entire site. He noted that they are showing the existing that are now around that area. Tom Moore asked about the septic system. It was noted that the septic is not part of this section. Jeff Green said he would want to see what is now there and the general area of where it will be. Stan Prescott said to focus on this area. Mark Sargent said the site plan will be of this general area. *Henry Huntington amended the motion to read as follows: show the existing and proposed utilities for this specific project area on the site plan and waive the requirement for the remainder of the site; Stan Prescott seconded the amendment to the motion. All were in favor.*

Waiver requested for Section 13.6.27: Steve Swift stated that there would be a 10'

Planning — cont. on 29

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Planning — cont. from 28

concrete apron all around the proposed structure and it would not usually be landscaped. John Zudell showed the design with the proposed pavement surrounding the building. *Motion to grant the waiver made by Henry Huntington; seconded by Steve Ives. All were in favor.*

Waiver requested for Section 13.6.28: John Zudell stated that this will be on the site plan. He withdrew the waiver request.

John Zudell said that they generally get a structural approval and then submit the engineering plans for final approval at the next meeting. Stan Prescott explained the process used in Loudon. Jeff Green said that utility plans should show the layout and how they are tying in with this building. Tom Dow said that the Board has seen by the photographs that the project is specific to that little area. There was discussion about potential weather conditions and construction times. Steve Ives said that he does not want to treat the track any different than others. Stan Prescott said that the Board has to look out for the best interest of the town and that he did not feel that a month would make a big difference. Mr. Zudell said the critical part of the project is getting the structure up and putting a roof on. He noted that this is a replacement of an existing use. Stan Prescott said the proposed building is substantially larger.

Tom Moore asked about the septic system that is currently used at this location. Tim Andrews said the system was installed in 1990 and has been maintained and monitored since that time. He said the treatment has been appropriate for what has been there and is sufficient for the black water. He said they are looking at the gray water. Mark Sargent noted that the system is not used eight months out of the year and that the entire site handles several million gallons a day. Tim Andrews said the overall discharge is under the permitted amount. Jeff Green said he did not feel the application was complete enough to approve at this meeting. Tom Dow said the septic system is the question. Tom Moore said that reference points of the building's location should be shown. Tim Andrews showed the group an "as-built" of the chambered septic system that measures 48' x 80'. Mr. Zudell said that they are replacing five showers and trough urinals that had water running all the time with this more efficient structure. Mr. Andrews said they may not have to do anything with the septic system if they are hauling the gray water offsite. He said metered pumping and a container system were some options.

Henry Huntington said he would be inclined to approve with some conditions. He said the question is on the bigger picture. Mr. Huntington said that the track owners must have some sort of overall master plan for the facility. He said it would be nice to know what that might be so the Board is not getting a rush request each month. Mr. Zudell said he wishes that there was but Mr. Smith "shoots from the hip." Mr. Neergard

said that Mr. Smith has a thought or plan and goes forward with it and the result is something to be proud of. Steve Swift asked if the approval could be done in pieces so the structure could be started. Henry Huntington said that they would want the whole package. Mike Labonte asked if that process could be revised in next year's zoning amendments. He suggested that they might be able to allow the structure only and then approve the rest at a later date. There was discussion about the tracking of conditional approvals, building practices, what is considered a complete application, and when the necessary revisions could be submitted.

Jeff Green said he did not feel that the application is complete. *Steve Ives made a motion to continue this hearing to November 19, 2009; seconded by Jeff Green.* It was noted that the measurements of where the building is to be located and septic and utility information are needed. John Zudell stated that the project cannot be done this fall if they have to wait. Steve Ives said that he knows this is a great facility but they cannot use the building until next season anyway. There was discussion about holding a special meeting in the next week or two and the posting/notification requirements. Stan Prescott said he was alright with a special meeting but stressed to the representatives to come in better prepared in the future. John Zudell said that a full time building department like other states have would be nice to have here. He said it is probably not realistic. Tom Dow said something from the State is needed in writing with regard to the septic system. Tim Andrews said that they could agree that the gray water will be held in a storage tank and hauled offsite, noting that this could be amended later on if need be. He said the septic system is known to be sufficient for the black water. Mr. Andrews said that something could be added to the plan to note the containerization. Tom Dow asked if DES is in agreement with that. Mr. Andrews said that they would be as it is seen as storage and hauling offsite. Mr. Dow said that a letter of that intent is needed.

It was stated that there was a motion on the floor. *Steve Ives said he would move to continue; seconded by Jeff Green.* There was discussion about the need to continue to a date certain and what options were available. Tom Moore suggested that it might be easiest to give a conditional approval where they have the septic calculations, know that there is an approved septic system onsite, the gray water will be hauled offsite, and the missing corner measurements can be added to the plan. Henry Huntington said he felt that holding a special meeting would be harder to justify than a conditional approval. He pointed out that the Board has given approvals with conditions. Donna said that approvals with revisions to plans have been made and the chairman reviews the plans to be sure all revisions have been made before he signs them. Tom Moore said that the chairman has the authority to determine if all conditions have been met and if he does not like the plans then he would not sign

them. *Steve Ives withdrew his motion; Jeff Green withdrew his second.*

Henry Huntington made a motion to approve the application with the conditions of having a plan for the septic management, utilities plan, and reference measurements of where the building will be located submitted on or with the final plan; seconded by Tom Moore. A voice vote was inconclusive; a roll vote was taken: Jeff Green — No; Tom Moore — Yes; Stan Prescott — No; Henry Huntington — Yes; Steve Ives — Yes (Yes — 3; No — 2)

It was noted that all of the above information should be on the final site plan. The mechanical and electrical plans would be something that is submitted to the building/code enforcement office.

Board Discussion:

Capital Improvements Program (CIP) — Stan Prescott reported that the CIP subcommittee met recently and there were no new projects submitted. Donna will update the schedule and tables within the book.

Zoning Workshops — A workshop was scheduled for November 5, 2009 at 5:30

p.m. to begin the process of reviewing the Zoning Ordinance and address any amendments that might be submitted.

Sureties — Jeff Green pointed out that some developers construct their new road without a bond so Section 24.6.1 might need to be reviewed.

Report of the ZBA:

Donna reported that there are no applications before the ZBA this month.

Report of the Board of Permit:

Stan Prescott did not attend the Board of Permit. Steve Ives reported that discussions were held about an upcoming event sponsored by the Jackson Team and the relocation of the grist mill at Sanborn Mills.

Adjournment:

A motion to adjourn at 11:50 p.m. was made by Henry Huntington; seconded by Jeff Green. All were in favor.


*Respectfully submitted,
Donna White*

Please note that both Planning and Zoning Minutes are DRAFT minutes, i.e., they have not been approved yet. For a copy of the approved minutes, please contact the Planning/Zoning Office after their monthly meetings (798-4540).

Planning Board meets the third Thursday of the month at 7 p.m.

Zoning Board meets the fourth Thursday of the month at 7 p.m.

Both Boards meet at the Community Building. All meetings are open to the public.





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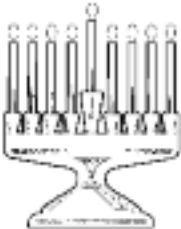
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December 2009 in Loudon

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 REPORT CARDS ISSUED 2-7pm•LPD Annual Blood Drive @ Safety Building 10:30am•Storytime 5pm•Library Trustees 6pm•MVMS Safe Routes to School Task Force @ MVMS Library 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•Lions Club @ Library	2 MVHS SENIOR PROJECT FINAL PAPER DUE 1pm•Storytime 7pm•Historical Society	3 10:30am•Storytime @ Library 6:30pm•PTA @ Elem. School 6:30pm•Boy Scout Troop 247 @ Legion 7pm•Boy Scout Venturing Crew 247 @ Legion 7pm•MVHS Senior Auction	4 MID-TERM GRADES CLOSE	5 9-1•Book Sale @ Library 5-8pm•Movie and Game Night @ Loudon Center Freewill Baptist Church 7pm•GraveRobbers Coffeehouse, First Congregational Church
6	7 6pm•Loudon Business Connection @ The Eggshell Restaurant 6:30pm•Happy Hill 4-H @ American Legion	8 10am•Young at Heart Potluck & Holiday Sing-along @ Com. Bldg. 10:30am•Storytime @ Library 3:30pm•Environmental Kids Club @ LES 6:30pm•Selectmen's Meeting/Board of Permit @ Com. Bldg.	9 SECOND QUARTER PROGRESS REPORTS OUT 2pm•Storytime @ Library 6pm•Conservation Com. @ Com. Bldg. 6:30pm•Girl Scout Volunteers @ LES	10 10:30am•Storytime @ Library 6:30pm•Boy Scout Troop 247 @ Legion 7pm•Boy Scout Venturing Crew 247 @ Legion 7pm•MVMS 7th & 8th Grade Band & Chorus Concert	11	12 8-Noon•Santa's Breakfast/Craft Fair/ Quarter Raffle/Cookie Walk @ Elementary School
13	14 7•15pm•MVSD School Board @ MVHS 8pm•Loudon Fire Dept. Meeting 7pm•Agricultural Commission @ Com. Bldg., Rob Johnson, NH Farm Bureau, guest speaker	15 MVMS PICTURE RETAKE DAY DEADLINE FOR SENIORS TO REGISTER FOR JAN. SATs 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•Lions Club @ Library 7pm•MVMS 5th & 6th Grade Band & Chorus Concert	16 Cub Scout Pack 247 Meeting 2pm•Storytime @ Library 7pm•Legion & Auxilliary	17 10:30am•Storytime @ Library 6:30pm•Boy Scout Troop 247 @ Legion 7pm•Boy Scout Venturing Crew 247 @ Legion 7pm•Planning Board @ Com. Bldg. 7pm•Book Group @ Library	18 LOUDON LEDGER DEADLINE FOR JANUARY 2010 ISSUE	19 HANUKKAH BEGINS 
20	21 FIRST DAY OF WINTER 6:30pm•COMMUNICATIONS COUNCIL ANNUAL MEETING @ COM. BLDG. 	22 9-12•VNA Senior Health Clinic @ Richard Brown House 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•LYAA @ Library	23	24	25 CHRISTMAS 	26 KWANZAA 
SCHOOL VACATION						
27	28 7pm•Zoning Board @ Com. Bldg.	29 11am•Movie @ Library 6:30pm•Selectmen's Meeting/Work Session @ Com. Bldg.	30 2pm•Movie @ Library	31 NEW YEAR'S EVE 	1/1 NEW YEAR'S DAY 	1/2
SCHOOL VACATION						

Black



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LOUDON. Historic farm house bilt in 1890 on 18.70 Beautiful acres. 3 Bd 1 bath, 2nd floor studded for another bath, new well, new septic, new 2nd fl windows, upgraded 200 amp elec service, new siding, 3 season porch with hot tub, wide pine floor, wood stove, multi zone heat, stainless steel appliances, 1 car garage. Peach, apple and pear trees too. **\$244,900** MLS #2780136



LOUDON. New construction 3-bedroom, 1-bath Raised Ranch with 2-car garage under on 2.01 acres. One thing we've learned is homebuyers want choices! This builder offers wonderful spacious floor plans and customized design options. Countertops, cabinets, flooring, window coverings, and light fixtures are all there for you to explore. **\$239,900** MLS #2789006



LOUDON. Beautifully maintained 3 bd 2 ba Ranch on 3.10 acres. New vinyl shake shingle siding, new windows, new composite wrap around deck, new skylights, new windows, new 3 season porch off mstr bdrm with woodstove. Cherry kitchen cabinets, partially fin bsmt w/ 1 car garage under, new door, auto opener, direct entry. Alarm and water treatment systems. **\$219,900** MLS #2767370



LOUDON. Beautifully maintained 3 bdrm, 1 bath Ranch on 2.02 acres surrounded by stone walls and views. Easy home to heat with 3 sources of heat: gas, woodstove, and electric. 2-car garage with automatic garage door openers, built-in cabinets, and work bench, additional park for RV or boat on side of garage. 20x16 drive-thru barn with underground electricity and metal roof. Full walk-out finished bsmt, plumbed and ready for 2nd bath. **\$238,900** MLS #2799237



LOUDON. Construction has already been started. Energy Star Certified. 2-bedroom, 1-bath, 26'x36' expansion Cape on 2.8 acres. Second floor left unfinished. Lots of design options available — bring your imagination! Choose your flooring, countertops, cabinets, and all the finishing touches. Full unfinished walk-out basement. Tons of upgrades available including geothermal heating and cooling. Dormers pictured are not included in the price. Complete with 4-bedroom septic. **\$209,900** MLS #2802257



LOUDON. Beautiful 3 bdrm 2.5 Ba cape on 2.90 Wooded acres w/ shaker brook frontage, bilt in 05. 2 Car attached garage w/ potential space above. Gorgeous cherry flooring & cabinets in kitchen, stainless steel appliances. Wired for home theater, office/den, radiant heat, natural gas, 50 yr architectural asphalt shingles, hardi plank siding and gas hook-up for grill. **\$329,900** MLS #2774991



LOUDON — RENTAL PROPERTY. Rare waterfront rental available on 12/01/2009. Two-bedroom, 1 bath, looking for a yearly lease, but would consider month-to-month. Full finished walkout basement, direct access to Clough Pond. Three-car detached garage, 3-season porch with beautiful view of the pond. First and last month's rent plus \$25 credit check per adult. Tenant responsible for all utilities. NO PETS PLEASE. **\$1,100 per month.**



LOUDON. Handyman Special! House in need of some work. 2-bedroom, 3/4-bath Ranch on 2 acres. Updated kitchen, gas range, roof 5 years new, heating system 6 years new. Gas and oil heat, forced hot air. Nice large bay window in the front of the house. **\$149,900** MLS #2800609



LOUDON. New construction energy star rated 3 bedroom 2.5 Bath 26x36 colonial with 2 bump out on 2.8 Acres. Lg mstr bdrm w/ walk-in closet and master bath. Full unfinished walk-out basement. Tons of upgrades available, including geo-thermal heating/cooling. **\$279,900** MLS #2778872



LOUDON. Privately located off main road 4 bdrm 1 bath Cape bilt in 1990 on 2.70 acres. Walking distance to Clough Pond, public beach and boat dock. New maintenance free metal roof with 120 yr transferrable warranty. New top of the line fuel efficient pellet stove. Lg bay window in liv rm. Lg mstr bdrm with walk-in closet. 2nd floor den is plumbed for a 2nd bath. Water/radon treatment system. New wood laminate flooring in liv rm. Newly remodeled bath. **\$225,000** MLS #2797757



LOUDON. Well cared for 14x76 singlewide mobile home in friendly park. Open concept living area with vaulted ceiling. Fully applianced eat-in kitchen. Master bdrm with bath. High efficiency washer and dryer conveys as well. Large deck overlooking oversized well landscaped lot. **\$59,900** MLS #2778204



LOUDON. Beautiful open concept 4 bedroom, 2.5 bath, 3-story Colonial on 5.59 private wooded acres with brook frontage. Featuring hardwood floors, newly-remodeled bath, mudroom, cozy 19x15 family room, finished 3rd floor with two bedrooms, master bedroom and bath, central air, full walk-out basement, 2-car garage and 2,660 square feet of living space. **\$379,900** MLS #2759214



LOUDON. New Construction-Energy Star Certified 26x36 Expansion Cape on 2.74 acres with 1 or 2 bdrms on the first floor and a full bath. Second floor could be finished for additional \$28,000. Four bdrm septic and full walk out basement. **\$209,900** MLS #2795214



LOUDON — NEW LISTING. Exquisite 3-bedroom, 1 full bath, 1 half bath, and 1 3/4 bath Colonial with walk-up attic on 2.69 acres. Open concept living, cozy family room with gas fireplace. Spacious kitchen with newly-tiled backsplash, kitchen island, pantry, oak flooring, and cabinets. Large master bedroom with walk-in closet. Huge walk-out basement with workshop. Radon mitigation recently completed. Double storm doors leading to back yard from basement. Water softener system. Forced hot air with built-in filtration and humidification system. 2-car attached garage with automatic garage door openers. Four-bedroom private septic. **\$324,900** MLS #



LOUDON. Charm and character throughout this absolutely gorgeous restored historic 3,360 sq ft 4 bdrm, 2.5 bath Colonial on 9.90 acres with open fields and views of Oak Hill. Brick and granite hearths, 3 fireplaces, 1 wood stove and 1 propane stove. In ground pool w/ diving board. 76x160 barn and a 3 car garage. Beautiful wide pine floors throughout. Spacious kitchen with island and huge family room. Add'l acreage available. **\$399,900** MLS #2766297



LOUDON. Well cared for 3 bdrm 2 bath 28x64 double wide mobile home built in 1986 located in nice pet friendly park. Monthly park fees are \$355 and include trash removal, water, sewer and plowing. Nice bright open kitchen with two skylights to let in lots of natural light. Formal dining room with wood laminate flooring. Master bdrm with walk-in closet and full bath. Home located on a dead end street with little traffic. Open spacious lawn for pets or children to play. **\$79,900** MLS #2796232



LOUDON. Custom bilt 2.5 story Colonial in quiet cul-de-sac neighborhood of fine homes tucked back on a nicely landscaped fenced lot. Hickory flooring thru-out 1st fl. Open kitchen w/ stainless steel appliances, corian sink and natural cherry cabinets. 9 ft ceilings, 1st floor laundry, gas fireplace, huge mstr bdrm w/ walk-in closet and central air. **\$324,900** MLS #2765183

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