

The Loudon Ledger

PUBLISHED BY THE LOUDON COMMUNICATIONS COUNCIL



February 2013
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Mission Statement...

To provide a comprehensive source of information and education about business, government, and community organizations within Loudon in order to facilitate and encourage informed citizen participation.

Mark Your Calendar for D.A.R.E. Pizza Night — March 27

By Cpl. Jason S. Fiske

We have started another year of the D.A.R.E. curriculum, Keepin' it REAL at the Loudon Elementary School. The students are excited and once again there is great participation from the fifth grade students. I wish to thank the fifth grade teachers, Mrs. Painchaud, Ms. LaPlante, and Mrs. Valence for all their help assisting me this year. We are tentatively looking at a date in April for the Manchester Monarchs hockey game.

Want an inexpensive family night out? The big fundraiser is almost here! Save the date! The **Annual D.A.R.E. Pizza Night will be held on Wednesday, March 27th** at the Loudon Elementary School. Dinner will be served from 5 p.m.–6:30 p.m. The dinner includes a slice of pizza, salad, dessert, and a beverage for \$3.00. Additional slices may be purchased for \$1.00 a slice. The famous raffle will begin at 6:30 sharp. Tickets can be purchased for 3/\$1.00 or 20/\$5.00. We will be sell-



Last year's D.A.R.E. Pizza Night drew a large crowd.

ing tickets starting at 4:30; however, the doors will not be open to the raffle until 5:00 p.m. You do not need to be present at the raffle.

A.J. Dukette from 93.3 The Wolf will be here for event once again! Don't miss the fun!

This is our major fundraiser for the D.A.R.E. program. We appreciate the

outpouring of support from our local businesses and residents. This program continues to be a success with the continued support from the community.

If you are interested in donating an item or have any questions, please contact Chief Fiske, Janice Morin or myself at 798-5521 or you may e-mail us at loudonpd@loudonpolice.com. ■

Local Students Named to Dean's List

Jonathan Dunbar, son of Earl and Marcia-Anne Dunbar, was named to the Dean's List at Hope College, Holland, MI, for the second semester of the 2012–13 school year. To be named to the Dean's List a student must have a minimum 3.5 grade point average on a 4.0 scale.

Hope College is a four-year, co-educational, liberal arts college with an enrollment of 3,343 men and women and is affiliated with the Reformed Church in America.

Kimberly Wright, daughter of Craig Wright of Loudon and Karen Colby of Hillsboro, was named to the Dean's List for Fall 2012 at Endicott College, Beverly, MA. Kimberly is a sophomore majoring in nursing.

Endicott College offers Doctor, Master, and Bachelor degree programs in the professional and liberal arts. The College has 2,360 undergraduate students and 2,500 adult and graduate students. ■

MV Parent Resource Group Helps Navigate the College Process For Students Needing Special Accommodations

The Merrimack Valley Parent Resource Group is hosting the presentation: Learning Differences: Navigating the College Process on Thursday, February 7 from 6:30 to 8:00. The Presenters will be Beverly Boggess, Disabilities Coordinator at NH Technical Institute and Kiki Moore-Vissing, Outreach Program Coordinator for NHHEAF.

This presentation will provide parents and students with information about how to apply for and access disability accommodations and services at the college level. Materials will be available to help students apply for disability services and understand their options for education beyond high school. Parents and high school students are strongly encouraged to attend! For more information contact: Maureen Gross-O'Brien, Special Ed Administrator at 753-1406 or mgross@mv.k12.nh.us.

Light refreshments will be served. Door prizes will be awarded. ■

Kindergarten Registration for 2013–2014 School Year

Children who will be 5 yrs. old on or before Sept. 30, 2013 may register for kindergarten at Loudon Elementary School. Please call Mrs. Muzzey at 783-4400 to register. ■

Town of Loudon Office Hours
Selectmen’s Office

PO Box 7837 • 798-4541 • townofloudon@comcast.net
Selectmen meet Tuesday evenings at 6:30 p.m. in the Community Building.
Mon.–Thurs.: 8 a.m.–4 p.m. • Tues. evenings: 6 p.m.–9 p.m.

Town Clerk

PO Box 7837 • 798-4542 • townclerkloudon@comcast.net
Mon.: 8 a.m.–2 p.m. • Tues.: 3 p.m.–9 p.m. • Wed.–Thur.: 9 a.m.–4 p.m.

Planning/Zoning Board

PO Box 7837 • 798-4540 • loudonplanningoffice@comcast.net
The Planning Board Meets the third Thursday of the month at 7:00 p.m. in the Community Building. The Zoning Board meets the fourth Thursday of the month at 7:00 p.m. in the Community Building.
Mon. through Thurs.: 8 a.m.–4 p.m. • Tues. evenings open until 7 p.m.

Tax Collector

PO Box 7844 • 798-4543 • taxcollectorloudon@comcast.net
Tues.: 3 p.m.–9 p.m. • Wed.–Thurs.: 9 a.m.–4 p.m.

Police Department: Emergencies: 911

PO Box 7059 • 798-5521 • www.loudonpolice.org
Mon.–Fri.: 8 a.m.–4:00 p.m.

Code Enforcement

PO Box 7059 • 798-5584 • rfiske@loudoncodeenforcement.com
Monday–Thursday: 8 a.m.–4:00 p.m.

Fire Department: Emergencies: 911

PO Box 7032 • 798-5612 • dick@loudonfire.com
The Fire Department holds its general meeting on the second Monday of the month at 7:00 p.m. in the Safety Building. To obtain a fire permit, please stop by the station weekdays between the hours of 7 a.m. and 6 p.m. Fire permits for the weekend need to be obtained during these times.

Loudon Elementary School

7039 School Street • 783-4400
The School Board meets the second Monday of the month at 7:15 p.m. Call the Superintendent’s Office for meeting location.

Transfer Station

783-0170 • townofloudon@comcast.net
Tues. & Thurs.: 9 a.m.–5 p.m. (Winter)
Tues.: 9 a.m.–5 p.m. • Thurs.: 11 a.m.–7 p.m. (Summer) • Sat.: 8 a.m.–5 p.m.
Loudon residents can purchase facility stickers at the transfer station for \$4.00. See the attendant.

Highway Department

Road Agent: David Rice • 783-4568 • townofloudon@comcast.net
Mon.–Fri.: 7 a.m.–3:30 p.m.

Maxfield Public Library

Librarian: Nancy Hendy • 798-5153 • maxlib@comcast.net
Mon.: Closed • Tues.: 10 a.m.–9 p.m. • Wed.: 1–9 p.m.
Thurs.: 10 a.m.–9 p.m. • Sat.: 9 a.m.–1 p.m.
The Library Trustees meet at 4 p.m. on the first Monday of the month.

John O. Cate Memorial Van

Call 783-9502 at least a week in advance of your appointment to schedule a ride.
The John O. Cate Van committee meets the last Thursday of the month at 2 p.m. at their facility at the Transfer Station.

Loudon Food Pantry

30 Chichester Road, Unit D, Loudon
Intake Hours: Monday–Thursday by appointment only.
Donations accepted: Monday–Thursday 10 a.m.–5 p.m. Closed Fridays.
For more information, call Sue or Sarah at 724-9731 or email LoudonFoodPantry@yahoo.com

Loudon Representatives

Merrimack County — District 9
Priscilla P. Lockwood: PO Box 1, Canterbury, NH 03224-0001
Howard M. Moffett: 66 Cogswell Rd., Canterbury, NH 03224-2011
Merrimack County — District 26
Lorrie J. Carey: 151 King St., Boscawen, NH 03303-2107
Senators — District 17
John Reagan: 53 Mt. Delight Rd., Deerfield, NH 0303-1304

Loudon Ledger Submission Policy

All groups, organizations, individuals, etc. are encouraged to submit articles to the *Loudon Ledger*. Special events, landmark anniversaries or birthdays, “attaboys,” etc. are all welcome.

Please note, however, that the *Ledger* will uphold its mission:

To provide a comprehensive source of information and education about business, government, and community organizations within Loudon in order to facilitate and encourage informed citizen participation.

We will also follow our *Articles of Agreement*, which are on file with the Secretary of State:

The corporation shall not participate in, or intervene in any political campaign on behalf of any political party or candidate for public office, nor shall it sponsor or endorse any plan or proposition that does not facilitate or encourage informed citizen participation.

In other words, any article submitted must present *all sides* of an issue in a factual, unbiased manner so that the reader may form his/her own opinion based on the information presented. To paraphrase Eric Severard: “You should elucidate but not advocate.”

Articles should be submitted to the Loudon Communications Council, P.O. Box 7871, Loudon, NH 03307. They may be emailed to debbie@debbiekgraphics.com. From there, they will be forwarded to the Council for review before they are inserted in the *Loudon Ledger*. If you have any questions regarding this policy, please contact Mary Ann Steele, chairperson of the Council, 267-6509. ■

ALL ADS MUST BE CAMERA READY AND PAYMENT IS DUE WHEN PICKED UP. COLOR ADS MAY BE AVAILABLE ON A FIRST-COME, FIRST-SERVED BASIS AND ARE SUBJECT TO UP-CHARGES. ADS NOT CAMERA READY WILL BE SUBJECT TO A 10% SURCHARGE.

“The Loudon Ledger” 2013 Schedule

January 2013 Ad & Copy Deadline: Fri. 12/14 **Council Meeting:** Mon. 12/17

February 2013 Ad & Copy Deadline: Fri. 1/18 **Council Meeting:** Mon. 1/21

March 2013 Ad & Copy Deadline: Fri. 2/14 **Council Meeting:** Mon. 2/18

April 2013 Ad & Copy Deadline: Fri. 3/15 **Council Meeting:** Mon. 3/18

May 2013 Ad & Copy Deadline: Fri. 4/19 **Council Meeting:** Mon. 4/22

June 2013 Ad & Copy Deadline: Fri. 5/17 **Council Meeting:** Mon. 5/20

July 2013 Ad & Copy Deadline: Fri. 6/14 **Council Meeting:** Mon. 6/17

August 2013 Ad & Copy Deadline: Fri. 7/19 **Council Meeting:** Mon. 7/22

September 2013 Ad & Copy Deadline: Fri. 8/16 **Council Meeting:** Mon. 8/19

October 2013 Ad & Copy Deadline: Fri. 9/13 **Council Meeting:** Mon. 9/16

November 2013 Ad & Copy Deadline: Fri. 10/18 **Council Meeting:** Mon. 10/21

December 2013 Ad & Copy Deadline: Fri. 11/15 **Council Meeting:** Mon. 11/18

PLAN YOUR ADVERTISING IN ADVANCE!
TO ADVERTISE, CONTACT: Samantha French/783-4601

DISPLAY ADVERTISING RATES:

| | | |
|----------------------|--------------------------------|----------------|
| Business Card | 4½"W x 2"H | \$35.00/issue |
| 1/8 Page | 4½"W x 3"H — or — 2¾"W x 6"H | \$50.00/issue |
| 1/4 Page | 9¾"W x 3"H — or — 4½"W x 6"H | \$65.00/issue |
| 1/2 Page | 9¾"W x 6"H — or — 4¾"W x 11¾"H | \$115.00/issue |
| Full Page | 9¾"W x 11¾"H | \$230.00/issue |

Purchase an advertising contract for the entire year and SAVE 10% plus your ad will appear on the web site!

The Loudon Ledger

is published monthly by the Loudon Communications Council,
PO Box 7871, Loudon, NH 03307.

Council Members: *Mary Ann Steele, Jenn Becker, Amanda Masse, Peter Pitman, Kathy Pitman, Jenn Pfeifer, and Cammy Nolin.*

Editorial Submissions may be mailed to PO Box 7871, Loudon, NH 03307 or sent via email to: debbie@debbiekgraphics.com

All editorial submissions are approved by the Council before publication.

Advertising: Samantha French — 783-4601 / pixiepie05@comcast.net

Web Site Submissions: Kathy Pitman — Loudonwebmaster@comcast.net

Where to Worship in Loudon

Family Bible Church

“Where everybody is somebody, and Jesus is Lord!”
Pastor Steve Ludwick

676 Loudon Ridge Rd., PO Box 7858, Loudon, NH, 03307 • 267-7577
www.myfamilybiblechurch.org • Email: sludwick@hughes.net
Coffee & Prayer Time: Sunday 8–9:10 a.m.

Sunday Worship: 9:30 a.m. A blend of hymns & contemporary songs.
Fellowship time following service is provided. Sunday School for ages 4 years–5th grade during worship service. Nursery also Available.
Sunday Evening: Youth Group — For Grades 6–11: 6–7:45 p.m.
Monday: Men’s Fellowship and Prayer 7–8:45 p.m.
Wednesday: Women’s Bible Study, fellowship, and prayer: 9:15 a.m.
Ongoing Evening Adult Bible Studies: call for details



Faith Community Bible Church

Evangelical Free Church of America
Jeffrey Owen, Senior Pastor • Joshua Owens, Associate Pastor
334 North Village Road, Loudon, NH 03307 • 783-4045 • www.fcbc-loudon.org
Office Hours: Mon.–Thurs. 9 a.m.–2 p.m.
Sunday Worship Hours: 8 a.m. and 11 a.m. (Nursery provided.)
Sunday School Classes: 9:30–10:30 a.m.
Children’s Worship for ages 3 up to 4th Grade
Youth Group: Sunday 6:30 p.m.
Bible Study: Thurs. 9:30 a.m.
FCBC also has ministries for Men, Women, and Seniors.



Landmark Baptist Church

Independent, Biblical, Caring
Pastor Paul J. Clow
103 Chichester Road, Loudon, NH 03307 • 798-3818 • www.landmarkbaptistchurch.info
Sunday School and Bible Classes for all ages: 9:30 a.m.
Sunday Morning Worship Service (Jr. Church Provided): 10:30 a.m.
Sunday Evening Worship: 6 p.m.
Wednesday Evening Service: 7 p.m.
(Nursery provided for all services.)
Please visit our website for more information!



Loudon Center Freewill Baptist Church

Clough Hill Road. Mailing address: P.O. Box 7852, Loudon, NH 03307
Contact Stephanie Gagne, Clerk (568-5080) or Sam Langley, Deacon (848-1455)
Member of the American Baptist Churches of VT/NH (Lakes Area Association)
Sunday Worship: 10:00 a.m.



Loudon Congregational Church

Rev. Dick Carter, Interim Minister
7018 Church Street, PO Box 7034, Loudon, NH 03307 • 783-9478 • www.loudoncongregational.org
Sunday Worship: 9:30 a.m. followed by Fellowship Time
Wednesday Evenings: Bible Study
Loudon Congregational is a member church of the
Conservative Congregational Christian Conference (www.cccusa.org).



New Beginnings Church of the Nazarene

Senior Pastor Rev. Joshua T. Johnson
Youth Pastor Brian Bollinger
33 Staniels Rd, Loudon NH 03307 • Ph: 224-1311 • Office Hours: 9–2, Mon.–Fri.
office.LBNnazarene@gmail.com • www.LBNnazarene.org
Sundays: Sunday School & Adult Bible Studies: 9:15 a.m.
Worship: 10:30 a.m. (Childcare provided for Infants.) *Jr. Kids Church* (2-year-olds–Kindergarteners.)
Kidsville (Grades 1–4)
Tuesdays: Early Youth Group (Grades 5–6). 6:30–8 p.m. Brian & Jill Bollinger: 267-1744
Wednesdays: Youth Group (Grades 7–12). 6:15–8:15 p.m.
Adult Bible Studies: 6:30 p.m.
Other: Once a month will also have events for men, women, adults, and seniors (50+) called OASIS.
Please visit our website or call the church office for details.



To have your Church’s information added to this column, please email your information to debbie@debbiekgraphics.com

Rise Again Outreach Welcomes First Executive Director

Rise Again Outreach, a local faith-centered non-profit organization that provides assistance to individuals and families experiencing homelessness or poverty situations, has appointed Lorinda Gilbert as its first Executive Director.

Gilbert brings a wealth of experience to Rise Again Outreach, having previously served as president of Reach4Hope, a small non-profit focused on caring for homeless people throughout the capital region. In October 2010, Reach4Hope merged with Rise Again Outreach, and Gilbert volunteered to continue as Rise Again Outreach’s homeless outreach coordinator. Since then, she has served in various leadership roles, including her most recent as a member of Rise Again Outreach’s board of directors. Gilbert is also the outreach coordinator for Grace Capital Church in Pembroke and was nominated to serve on its leadership council.

“Lorinda is one of the most committed people I know when it comes to caring for the many underprivileged in our communities,” says William Pelletier, president of Rise Again Outreach. “Because we all have personal knowledge of her gifts and experiences with local outreach, our board has total confidence that she is properly called and equipped to lead in this new position.”

Gilbert will oversee Rise Again Outreach’s mission of “bringing God’s love to people in crisis or poverty by helping with their temporal and spiritual needs.” She will also manage day-to-day operations of all the Rise Again Outreach programs that include: the mobile mission that uses converted buses to take items into low-income neighborhoods; the Prison Aftercare program that assists ex-offenders transitioning back into communities; the ESL (English as a Second Language) classes that teach English to Concord’s refugee populations; and the new racetrack mission of providing a family-friendly environment to race fans.

About Rise Again Outreach

Rise Again Outreach is a faith-centered organization operating in central New Hampshire. We were established in July 2007 and are an exempt charitable organization under Internal Revenue Code Section 501(c)(3). Our mission is to share God’s love with people who are in crisis or poverty by helping with their temporal and spiritual needs. Programs of Rise Again Outreach are available to all who are in need, regardless of race, ethnicity, gender, sexual orientation or religious affiliation. Our method of operating for all of our activities is inspired by the ministry of Jesus, who was sent by God into the world “...not to condemn the world, but to save the world through him” (John 3:16-17).

Visit us on the web at www.riseagainoutreach.org ■

You’re Invited to a Special Valentine’s Dinner

Saturday, February 9, 2013
Serving dinner 4:30–6:30 PM

The Family Bible Church
Community Fellowship Kitchen
676 Loudon Ridge Road, Loudon, NH 03307

No charge. Bring your friends.
Bring your family. All are welcome.

OUR MENU CHANGES EVERY MONTH
BUT THE LOVE IT IS SERVED WITH
ALWAYS REMAINS THE SAME

ATTENTION ADVERTISERS!
Please check your ad carefully. If there is a problem with your ad, you must contact the Communications Council prior to the next deadline. If there is an error solely attributable to the Council, your corrected ad will be run in the next issue for free.



Loudon Young at Heart

The Loudon Young at Heart met on January 8, 2013 at Charlie's Barn. The forty-two attendees listened attentively to speaker Margaret Duffy from the Arthritis Foundation. The Arthritis Foundation located at 6 Chenell drive in Concord supports the New England Region states of New Hampshire, Maine and Vermont.

The two most common types of arthritis are:

Osteoarthritis, also known as OA, is the most common type and affects about 27 million Americans. OA usually affects the fingers and weight-bearing joints, including the knees, hips, back and neck. Treatments for OA include medication, exercise, heat or cold, joint protection, weight loss if over-weight, self management skills and sometimes surgery.

Rheumatoid Arthritis, also known as RA, is an abnormality in the body's immune system and is associated with inflammation of the joints. RA often affects the same joints on both sides of the body. Hands, wrists, feet, knees, ankles, shoulders, neck, jaw and elbows can all have arthritis in them. RA affects about 1.3 million Americans and is more common in women than in men. Treatments include medications, exercise, rest, joint protection, self management skills and sometimes surgery.

The mission of the Arthritis Foundation is to improve lives through leadership in the prevention, control and cure of arthritis and related diseases. The Arthritis Foundation has invested nearly \$400 million in Arthritis research since 1948 and offers a large number of programs and services to make life with arthritis easier and less painful. Anyone wishing to obtain more information can contact the Foundation at 800-283-7800 or visit them on the Web at www.arthritis.org.

The door prizes for the January 8th meeting were hand carved spoons made and donated by Terry O'Brien. The lucky recipients of these unique gifts were: Janet Morton and Lucille Colby.

During the business meeting sign up was done for the February 12th luncheon trip to the Loudon Country Club. Those attending should meet at Charlie's Barn at 11:30.

Until next time, be good to yourselves and stay warm. ■

Pack 247 February Update

By Lee Laughlin

Our January pack meeting was delayed due to a snow day. We honored those boys who sold candy bars. Congratulations to Timmy Laughlin from the Bear den, Timmy was our overall high seller. Aiden Bondaz and Hayden Huson tied for top seller in the Tiger Den. The Wolves were lead by Dylan Brien and Brady Moore, the Webelos 1 by Cole Shepphard, and the Webelos II highest seller was Tyler Deveaux. Congratulations to all the boys who participated for their efforts!

February finds the boys are hard at work at their Pinewood Derby cars. We are all looking forward to our annual Blue and Gold Banquet later this month and plans are being made for our week of Cub Scout Camp in June.

Our pack is still in search of a few good volunteers. Open positions include, Registration Manager, Scout Event coordinator, and Uniform manager. There are also several Activity Coordinator positions open. If you are interested in volunteering with a truly fantastic group of boys and their amazing leaders, please contact Cub Master Josh Brien at 603-496-8139 or jbprop@aol.com or Committee Chair

We are always looking for new Cub Scouts if you know a boy who would benefit from Scouting, please contact Cub Master Josh Brien at 603-496-8139 or jbprop@aol.com or Committee Chair Juliana Brien at 603-496-9581 or towhead-mama@comcast.net

The Bear Den

We have been busy working toward filling all the requirements for the year. We have worked on writing information in the form of thank you notes, invitations and directions for fellow scouts to follow. We have been learning about how law enforcement looks for ways to solve crimes with fingerprinting and plaster casts. Hopefully we will be visiting with the Loudon Police to discuss how we can help them keep the community safe and how to keep our own homes safer. Next we are studying how to be ready in many different situations — around water, falling through the ice, what to do if clothes catch on fire, how to help others in an accident situation. Our next unit will be Information please! ■

PTA Update

Thank you to everyone who purchased Krazy Kids tickets. Thanks to your generosity, the PTA sold \$800 worth of tickets, which will result in a \$400 donation to the PTA. We truly appreciate everything the Latham family does for the PTA.

Mark your calendar: Friday, February 15th the PTA will host a Luau-themed dance for the LES community. So start searching for your Hawaiian shirt and grass skirts now! The event will be held in the gym at LES. Watch your child's folder for details and we'll have photos in next month's *Ledger*!

The second annual Loudon Elementary School PTA Golf Tournament will held on Saturday, June 1, 2013 at the Loudon Country Club. A mailing has been sent to local businesses requesting sponsorship of the event or a hole, raffle prizes or sponsorship of a team. If you are interested in volunteering or sponsoring, please contact Becky Herrmann at becky@handcut.com or 783-4257.

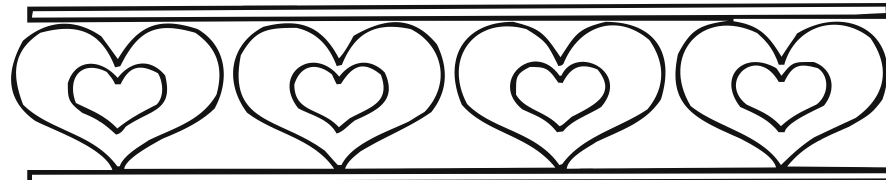
The TD Bank Affinity program is underway. Just by linking your new or existing TD bank accounts to the LES PTA, you can help raise funds for the school. Contact Cindy Labonte cindylabonte@ymail.com or

The next Hat/Popcorn Day will be held Friday before February break (February 22, 2013). If you are able to help deliver popcorn that morning, please contact Becky Herrmann at becky@handcut.com or 783-4257.

Upcoming Events

Plans are in the works for another Touch-a-truck event. The last one was a huge success. The PTA will also be participating an organic seed fundraising program in the spring. Watch this space and your child's folder for more information.

The next meeting will be held February 7, 2013 at 6 p.m. at LES. Childcare is available. ■



**March Deadline for
The Loudon Ledger
Friday, Feb. 15, 2013**






**Jay's
AUTO & TRUCK
SALES**

**FULL SERVICE DEPARTMENT
A/C SERVICE
NH STATE INSPECTIONS
YOUR BRAKE AND
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Tel: 603-856-7917
 Fax: 603-856-7921
jaysautoandtruck.com

ARE YOU RECYCLING YOUR CANS?

IT'S EASY, BENEFICIAL AND THE RIGHT THING TO DO!

LeeAnn Childress - Loudon Transfer Station Recycling Committee

Send questions to the recycling committee at loudonrecycles@comcast.net

ENVIRONMENTAL BENEFITS

- Recycling aluminum cans saves natural resources, energy, time and **money** - and additionally this easy practices helps out the earth, as well as the economy and our Loudon community.
- 60 days, that all it takes to recycle aluminum cans. After you've taken them to the transfer station and they arrange for them in to be taken to the NRRA <http://www.nrra.net/>, the process turns your used cans into a new can & back on store shelves.
- **The aluminum can is 100 percent recyclable and can be recycled indefinitely.**
- An interesting comparison - in 2003, 54 billion cans were recycled, saving the energy equivalent of 15 million barrels of crude oil - America's entire gas consumption for one day!

COMMUNITY & ECONOMIC BENEFITS

- Each year, the aluminum industry pays out over \$800 million dollars for empty aluminum cans - that's a lot of money that can go to charitable organizations, like Habitat for Humanity, and the Boy or Girl Scouts of America.
- It is cheaper, faster and more energy-efficient to recycle aluminum. The can remains the most recyclable of all materials.
- Used aluminum beverage cans are the most recycled item in the U.S., but other types of aluminum, such as siding, gutters, car components, storm window frames, and lawn furniture can also be recycled.
- Aluminum has a high market value and continues to provide an economic incentive to recycle.
- By recycling a can once destined for the landfill, you are keeping our local environment clean, providing a needed resource for the aluminum recycling process. It's a win-win for you, your family, & your friends, your community, local businesses, and the environment.



Information from <http://earth911.com/news/2007/04/02/benefits-of-aluminum-can-recycling/>

OR - HAVE SOME FUN WITH AN ALUMINUM CAN CRAFT!

With all projects talk to mom or dad for help first.

Things You'll Need: Coat hanger, Soda cans, Soda can tabs, String (or fishing line), Scissors, Newspaper, Paint, Paintbrush, Optional: old silverware, CDs, nuts and bolts

INSTRUCTIONS

1. Rinse and dry out the soda cans. Pull some extra tabs from other soda cans that you will not use.
2. Spread newspaper over your work area. When the soda cans are dry, paint them with colors and designs that you like. Let them dry completely.
3. Tie different lengths of string to the tab at the top of each can. Attach string to any other items you will add to the chime. You can add old silverware, CDs, nuts, bolts, cookie cutters or shells to provide different sounds and tones to your wind chime. Tie the cans and other objects to the bottom of the coat hanger so they hang at different lengths. Make sure to place heavier items toward the middle of the hanger so it is balanced.
4. Hang the wind chime outdoors. Adjust the objects on the chime as necessary, experimenting until it sounds just as you would like. Feel free to add and remove objects, hang different objects next to each other and adjust the lengths of the strings.

Read more: How to Make Soda Can Wind Chimes

eHow.com http://www.ehow.com/how_5509286_make-soda-can-wind-chimes.html#ixzz2GwjvPD73

TOGETHER WE CAN MAKE A DIFFERENCE.

New Hampshire Excellence in Education Awards — The “ED”ies

DORIS BARNES RETIRED EDUCATOR LIFETIME ACHIEVEMENT AWARD

The Board of Director’s for The “ED”ies is seeking nominees for the “retired educator of the year” award. Known as the “Doris Barnes Retired Educator Lifetime Achievement Award,” the award was created to honor a retired educator who has continued to work with youth and the betterment of public education after retirement.

Doris, a founding member of the “ED”ies board, is still actively involved in all of its functions at the age of 101! Born on a farm in Houlton, Maine, Barnes came to New Hampshire at the age of 18 as a teacher in Barnstead. Seven years later she was a teaching principal at Alton Elementary and then moved to other opportunities in Portland, Maine, and Rochester, before becoming a guidance counselor; first at Spaulding High School and then at Laconia Middle School, from which she retired at age 80. A resident of Laconia, Barnes tutored students for 18 more years after retiring!

A nominee must be retired after spending a minimum of 20 years as a full time educator. It is also expected that the nominee can describe how they have stayed involved working with youth or on other vital issues related to education since retirement.

For information on how to nominate someone for this award, please visit www.EDIES.org or send a request to info@edies.org.

The application deadline is March 15, 2013. ■

NOMINEE INFORMATION SHEET

Nominee’s Name: _____

Nominee’s Home Address: _____

Nominee’s Phone Number: _____

Nominee’s Email Address: _____

Total years as a full time educator (20 years minimum required): _____

Teaching experience:

| DATES | SCHOOL NAME | LOCATION | GRADE/SUBJECTS TAUGHT |
|-------|-------------|----------|-----------------------|
| | | | |
| | | | |

Other experience in educational field before retirement:

Past honors/awards/accomplishments:

Volunteer activities since retirement (List first those related to education):

Please write a brief paragraph describing how the nominee has stayed involved in education or other vital issues related to education since retirement.

Submitted by (please include name, address, phone number, and e-mail):

Maximum length of the nomination is 2-pages.

Fax the nomination to: (603) 228-2118 or email the nomination to: info@edies.org

The nomination deadline is March 15, 2013

ENGAGEMENT



Ashley Elizabeth Snediker of Londonderry and Kevin Arthur Swenson of Loudon announce their engagement. Miss Snediker is the daughter of Ann and Tom Snediker and graduated from Londonderry High School in 2003. She earned a bachelor degree in family studies from the University of New Hampshire in 2007 and a master’s degree in elementary education from the University of New Hampshire in 2008. She is an elementary teacher in Lawrence, MA.

Mr. Swenson is the son of Sheila and Art Swenson and graduated from Merrimack Valley High School in 2004. He earned a bachelor degree in criminology from the University of Southern Maine in 2008. He is a counselor at the Youth Development Center in Manchester. A July 13, 2013 wedding is planned. ■



February Walk-In Immunization Clinics

CRVNA will offer its monthly Walk-In Immunization Clinics for children and adults who are uninsured, underserved, and who have no access to these needed services in order to lead a healthy lifestyle on Monday, February 4, 1–3 p.m. and Tuesday, February 19, 2:30–4:30 p.m.

Clinics are at St. Paul’s Episcopal Church Outreach Center, 21 Centre St. in Concord. A fee of \$10 is requested per person. Children must be accompanied by a parent or guardian. Please bring an immunization record with you. For more information, call CRVNA at (603) 224-4093 or (800) 924-8620, ext. 5815.

February Walk-In Blood Pressure Clinic

A free monthly Walk-in Blood Pressure Clinic will be offered on Friday, February 1, 9:30–11 a.m. Blood Pressure Clinics are at the West Street Ward House, 41 West St. in Concord. Blood pressure screenings are a good way for individuals to track their blood pressure for upcoming visits to their physician. For more information, call Concord Regional VNA at (603) 224-4093 or (800) 924-8620, ext. 5815.

Senior Health Clinics

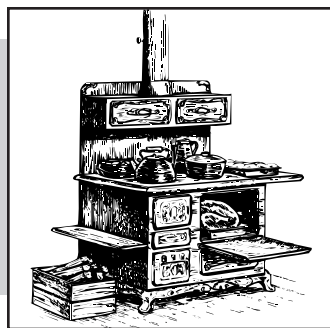
Concord Regional Visiting Nurse Association is holding a Senior Health Clinics on February 26 at the VOANNE Senior Housing from 9 a.m. until noon. Rides are available in Loudon by calling 798-5203. All Senior Health Clinic services are provided for a suggested donation of \$10; however, services are provided regardless of a person’s ability to pay. Call (603) 224-4093 or (800) 924-8620, ext. 5815 for an appointment. ■

Thanks for Your Business

A Main Street Barber Shop 603-485-3007
159 Main Street, Suncook, NH 03275
Wednesday 7 a.m.–5:30 p.m. • Thursday 7 a.m.–5:30 p.m.
Friday 9 a.m.–5:30 p.m. • Saturday 7 a.m.–1 p.m.

Jim Bond — Russell Smith

A Corner Barber Shop 603-798-4084
58 Route 129, Ste. 104, Fox Pond Plaza, Loudon, NH 03307
Tuesday 6:30 a.m.–1 p.m. • Wednesday 6:30 a.m.–5:30 p.m.
Thursday 6:30 a.m.–5:30 p.m. • Friday 6:30 a.m.–5:30 p.m.
Saturday 6:30 a.m.–1 p.m.



What's Cookin'!

This month: February Is National Grapefruit Month!

Jenn Pfeifer

February is National Grapefruit Month! If you are you ready for a little blast of summer like I am, sweet, tangy, and juicy citrus fruits are in season right now.

There are so many benefits that come from adding grapefruit to your diet and this is a great month to buy grapefruit and do your body a favor. Naturally loaded with the antioxidant Vitamin C grapefruit contains pectin fiber, vitamin A, vitamin B5, potassium, and folate and helps boost the immune system during these winter months when colds and flu are at their peak. Lycopene, a powerful antioxidant in pink and red grapefruit juice may help prevent certain types of cancer, heart disease, and stroke. Grapefruit juice has been found to increase the production and activity of liver detoxification enzymes responsible for preparing toxic compounds for elimination from the body. Drinking red grapefruit juice may reduce levels of LDL cholesterol know as the bad cholesterol. Grapefruit juice is one of the lowest calorie and nutrient-dense juice choices and is a fat-free and cholesterol-free part of a healthy diet. Each glass of 100% grapefruit juice gives your body a full serving of fruit with no added sugar. **Consumption of grapefruit can be a issue when taken with some medications so check with your Pharmacist when filling new prescriptions.*

All of the following recipes would also work well using oranges.

WARM GRAPEFRUIT AND BABY SPINACH SALAD — By justfruitrecipes.com

- 1 Tbsp. Red wine vinegar
- 2 Tbsp. Extra-virgin olive oil
- 1/2 Tsp. Pepper
- 1 1/2 Tsp. Butter
- 1 Large Grapefruit, peeled, cut into sections and halved
- 1 Tsp. Paprika
- 1/2 Tsp. Salt
- 1/2 Lb. Baby spinach leaves

In a small bowl, whisk together the vinegar, olive oil, and pepper to make a vinaigrette. Set aside.

In a large, nonreactive skillet over medium-high heat, melt the butter. When the butter begins to foam, add the grapefruit, paprika, and salt. Reduce the heat slightly and sauté until the grapefruit is heated through, 2–3 min. Add the spinach leaves and gently fold them together with the warm fruit just long enough to wilt the spinach, about 45 seconds. Transfer the warm spinach-grapefruit mixture to a salad bowl and add the vinaigrette. Toss well and divide among 6 individual salad plates.

CHICKEN AND FRESH GRAPEFRUIT STIR-FRY — By justfruitrecipes.com

This is a quick, light and delicious meal that is great over brown rice.

- 1 Grapefruit
- 8 oz. Pineapple chunks
- 1 Tbsp. Cornstarch
- 1 Tsp. Soy sauce; low sodium
- 2 Skinless boneless chicken breasts
- 1 Medium Clove garlic; minced
- 1/2 Tsp. Vegetable oil
- 1/4 Lb. Snow peas; trimmed
- 2 Green onions; sliced diagonally

Peel and section grapefruit over bowl; reserve juice. Drain pineapple well, reserving juice. Combine juices and add enough water to equal 1 cup liquid. Combine with cornstarch and soy sauce. Rinse chicken breasts and pat dry; remove any excess fat. Cut into thin strips. In large non-stick skillet, sprayed with non-stick cooking spray, stir-fry chicken with garlic in oil over medium-high heat for 5 minutes, or until lightly brown. Add the snow peas and cornstarch mixture and cook, stirring until thickened. Add grapefruit, pineapple and green onions and cook until evenly heated.

GRAPEFRUIT BRULEE — By justfruitrecipes.com

A friend of mine told me about how to do this. I make my own vanilla sugar in the raw and use my blow torch but the following recipe is a good place to start. This is one of my new favorite foods.

- 2 Ruby Red grapefruit
- 8 Tbsp. brown of sugar

Cut the grapefruit into halves. Sprinkle each grapefruit half with 2 tablespoons brown sugar. Place under preheated broiler until bubbly, about 3 to 5 minutes.

GRAPEFRUIT STRINGS — By justfruitrecipes.com

This recipe allows you to use the whole fruit. Just be sure to peel your fruit before you cut it up for use in your recipes.

- 1 Large grapefruit or your favorite citrus fruit
- 1 1/2 Cup sugar
- Food coloring (opt.)

Peel grapefruit; cut peel into strings or in shapes as desired. Cover peel with water and bring to rapid boil. Change water, and bring to boil. Change water 5 times in all, bring to boil each time. After last draining, add the sugar while peel is warm, and place over low heat so sugar won't scorch. Cook until sugar forms a syrup. Add red or green food coloring, if desired. Cook until peel absorbs all the syrup. Turn out onto a platter of dry sugar and let peel take up all the dry sugar it will hold. Store in covered containers. Will keep indefinitely, when properly stored.

GRAPEFRUIT FACIAL MASK — By oceanspray.com

Grapefruit is great for the inside and outside of your body. Technically you could eat this but I definitely wouldn't recommend it!

Grapefruit can be used in a natural skincare spa treatment at home. Take some time out to pamper yourself with a Refreshing Grapefruit Facial Mask.

- 1 Egg white
- 1 Tsp. Ocean Spray 100% White Grapefruit Juice
- 1 Tsp. sour cream
- 1 Drop grapefruit essential oil

Using a wire whisk, beat egg white until very foamy and triple in volume. Whisk in the grapefruit juice, sour cream and essential oil. To use facial mask, apply to clean face and neck. Leave on for about 15 minutes. Rinse well with warm water and continue with regular daily facial care. To store remaining mask mixture, cover well and store in the refrigerator up to 4 days. Whisk before using.

If you have any questions, comments, recommendations or suggestions please email me at jtpfeifer@comcast.net. ■





Between the Covers

By Kate Dockham

What Was Old Is New Again

What was old is new again. This cliché can bring both heartbreak and joy. It will bring heartbreak to the connoisseur of a childhood delight that some corporate executive has decided to “reinvent.” Many would argue this happened with the now forgotten New Coke. Yet reinvention can work! Do you remember the cell phone of the 80s? Those bulky devices can’t compare to the android or apple device in your pocket today. This month I am going to look at the reinvention of fairy tales in the books for our teens, teens and young adults. This time you may just say, what was old has a new twist.



Probably the best known of this genre is *Ella Enchanted* (grades 3+) by Gail Carson Levine. Published in 2004, *Ella Enchanted* was turned into a box office smash starring Anne Hathaway in 2011. While there are thought to be over 1,500 versions of *Cinderella* from countries and cultures all over the world, in this version our heroine is a strong-willed girl cursed at birth to be obedient. When her stepmother and stepsisters figure this out, they take full advantage. This wretched life leads Ella on a quest to break the curse. Like many fairy tales, there is a handsome prince, ogres, giants and even a fairy godmother. In the end Ella takes them all on and ends up happily ever after — on her own terms!

Also written by Levine is *Fairest* (grades 6+), a new take on *Snow White*. Aza is a teenager in a world in which elegance, beauty, and singing ability are valued. Unlike those around her, Aza has blood-red lips, milk-white skin and hair that looks like soot. Aza is also unusually larger than those around her, but Aza has a beautiful voice coveted by the queen. Additionally, Aza can flawlessly mimic people and throw her voice like a ventriloquist. With this knowledge the queen manipulates Aza into making it seem as if the queen has a gifted voice. The deception is discovered and Aza escapes into the world of the gnomes for safety. The queen comes with a poison apple; Aza destroys the evil mirror and marries the prince. Within the constraints of a fairy tale, Levin does a amazing job of bringing forward the present day issues of living in an appearance obsessed society.



Another book with a movie version is *Beastly* (grades 7+) by Alex Flinn. I much preferred the book here as Flinn does a remarkable job of telling the tale from the Beast’s point of view. Kyle Kingsley is a perfect portrayal of today’s entitled youth; rich, popular and good looking. Kyle believes he can get away with anything. But when he decides to humiliate an unpopular girl at the school dance the prank is on him. The girl is a witch who casts a spell on him to be as ugly on the outside as he is on the inside. Sent into exile with his former housekeeper and a blind tutor, Kyle’s only way to break the spell is to fall in love with someone. This person must look past his appearance and return his love. It is a drug addict that ends up at Kyle’s home and offers his daughter, Lindy, to the beast in exchange for his freedom. Although Lindy

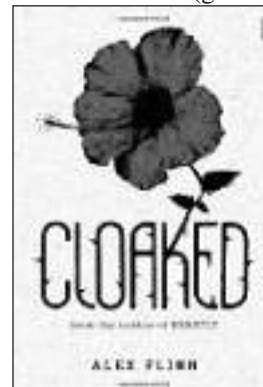
warms up to the beast, she does not readily return when Kyle sets her free, but the two find each other and their way back to a more realistic life in high school.

A Kiss in Time (grades 7+), also by Flinn, is a clever and humorous retelling of “*Sleeping Beauty*.” This novel follows Jack, an aimless American boy, on a European tour mandated by his parents. Jack breaks an ancient curse by kissing the slumbering Princess Talia, who has been sleeping for 300 years. Instead of rejoicing, the princess and other awakened members of her magical kingdom are confused and perturbed to find themselves in the 21st century. Princess Talia’s father blames her for causing the curse and to escape his anger she flees with Jack to his home in Florida. While acclimating to the modern world of cell phones and television the princess manages to charm everyone she meets and help Jack sort out his life. Writing from both teenagers’ points of view, Flinn skillful-



ly describes how their upbringings set them apart while drawing parallels between their family conflicts. Fans of happily-ever-after endings will not be disappointed.

Flinn cleverly plays on some lesser-known fairy tales to make *Cloaked* (grades 6+) a fun, romantic adventure with likable characters. Johnny is a teenager working as a cobbler in his mother’s shoe repair shop in a posh hotel in South Beach. He spends his days with his friend Meg and designs his own line of shoes while dreaming of a life of luxury. Unexpectedly, the beautiful Princess Victoriana of Aloria comes to the swanky Miami hotel for a royal visit. The super-hot partying princess pleads for Johnny’s help in finding her missing brother, and offers of money and a royal marriage convince him to take her seriously-even when she explains that the prince has been turned into a frog. With the aid of a magical cloak and some headphones that allow him to hear animals speak, Johnny embarks on a journey wherein he encounters talking swans, a fox named Todd, and two angry giants. When he lands in hot water with an evil witch bent on destroying him, Meg comes to his rescue. The pair journey from South Beach to Key West, to Europe, and to Manhattan; and in the end, Johnny finds wealth, fame, and true love. Fast action and amusing situations make this a quick read that will easily entice even reluctant readers.



Lewis Carroll’s whimsical world of Wonderland gets life turned up a notch in Frank Beddor’s *The Looking Glass Wars* (grade 7+). The Cheshire Cat is an assassin with nine lives, the citizens of Wonderland travel via looking-glass and Alyss Heart’s family and friends have been ruthlessly killed by her evil Aunt Redd. Young Alyss escapes through the Pool of Tears, which is actually a portal between Wonderland and Victorian England. At first, she tries to tell people about her world, but they gently scold her for telling stories. Finally Alyss begins to doubt her own memories and lives life as those around her. Meanwhile, Hatter Madigan, head of the royal bodyguard, searches for Alyss across worlds and time. Finding her, they return to Wonderland to join in a plot to retake the land with the few who have escaped evil Redd’s soldiers. This magnificent story of a truly inventive world continues in *Seeing Redd* and *ArchEnemy*. Moreover, all three volumes have military strategy and intriguing weaponry makes this story more assessable to boys than the original.



While not a fairy tale, *Jane* (grade 8+) by April Linder is a modern version of a book I read multiple times in middle school, *Jane Eyre*. In this version, 19-year-old Jane Moore is forced to leave college after her parents die to work until she has saved enough money to finish her degree. Jane takes the job of nanny at the home of the famous yet aging rock star Nico Rathburn. The nanny falls for the bad-boy celebrity, and he for her. But many problems lie in front of the couple; Nico’s band members preparing for a come-back, screaming fans and paparazzi, and even mysterious inhabitants on the third floor. For reserved and practical Jane it is too much and she flees from her fiancé to decide whether she can accept the complete package or live without Mr. Rathburn’s love. The relationship builds almost out of nowhere but emerges as a passionate romance.



In *Catherine* (grades 9+), Lindner takes on *Wuthering Heights* writing a story of mad love. The story moves from the Yorkshire moors to New York’s punk scene in this updated version. Seventeen-year-old Chelsea learns through a hidden letter that her mother, Catherine, did not die when she was three, but ran away to New York. Chelsea does the same to try to rediscover Catherine and see if she is still alive. Chelsea finds the legendary nightclub, the Underground, where her mother grew up. Living there is the current owner, Hence, a once-talented musician shattered by Catherine’s marriage to Chelsea’s father. The story is told in alternating chapters by Chelsea and, through her journal, *Catherine*. The dramatic events touched by love, loss, and longing have all the juicy elements readers will appreciate and captures the agony of love gone wrong.

Updated versions of these tales are a great way to entice our youth to experience the classics. Perhaps their curiosity will be peaked enough to read an original along the way. Until next time...keep turning those pages. ■

Loudon Recreation Committee News

“Like” us on Facebook! Loudon Recreation has a Facebook page, check it out for details on upcoming events.



Boot Camp Fitness A Success!

Lucas Hardy and Cameron Beaton of Body Works Martial Arts helped 20 kids between the ages of 8–10 get an idea of how much fun fitness can be! The Body Works instructors held a free Boot Camp Fitness session and students were very excited. If there is enough interest, a full class may be scheduled in the spring. Jeff Hardy owner of Body Works Martial Arts and also a Loudon resident, held a Women’s Self Defense workshop for free where women learned techniques to defeat a would-be attacker. Attendees left feeling very empowered. This may turn into a full class if there is enough interest. Loudon Recreation would like to thank these instructors for volunteering their time and sharing expertise with others in our community.

WINTER CARNIVAL

Join us on **Saturday, February 23rd** for Winter Carnival Fun! Join your friends and neighbors of Loudon for a great time at the Recreation Field in the village. Snowman toss game, horse drawn wagon rides with the Belgian draft horses from Stone Boat Farm in Loudon. Snowman building competition with prizes for the top three most creative, snowball slingshot, a bonfire to keep warm and free hot cocoa and cookies. Also being served this year will be homemade pumpkin/squash custard and baked apples (as featured last year at the Loudon Farm Feast) provided by our very own Loudon farms. This will be served in The Loudon Community Building. We are hoping for excellent conditions to hold the event this year. Look at the full flyer on page 16 for all details.

ZUMBA FITNESS

Zumba classes continue if you would like to participate in the next session, please contact Melissa at melissaminery@gmail.com. Zumba is on Monday nights from 7:00–8:00 p.m. at the Loudon Elementary School with Tammy Gray certified Zumba instructor. Cost is \$42 for the full 6-week session. Payment and sign up is on the first night of the session.

WE NEED YOUR HELP WITH RECREATION!!!

Hello...Anybody out there??? There must be people out there who are bored and wondering how to get involved with the community. Loudon Recreation Committee is a volunteer group that organizes classes, workshops, events and activities for citizens of all ages in Loudon. We are in need of other volunteers to step up and help out on this committee. This small group does quite a bit in town and we would like some fresh ideas. We meet once a month to discuss upcoming programming and ideas. If you aren’t able to make a meeting but would like to share your ideas, suggestions or comments please take a moment to fill out the survey on the website www.loudonnh.org. We need to hear from many of you — please take a few minutes to jot down your thoughts and ideas or even better — come to the next meeting!! Recreation Committee meetings are generally the fourth Wednesday of the month at 6:30 p.m. at Maxfield Public Library.

Remember to check the town website or Facebook between issues for updates and watch for updates in every issue of *The Loudon Ledger*. Thank you for your continued support! ■

Concord Hospital Receives \$1,200 Donation from Lisa Wylie, Independent Associate Representing AFLAC

Concord Hospital Payson Center for Cancer Care’s Anticancer Lifestyle Program received a \$1,200 contribution from Lisa Wylie, independent associate representing Aflac. The contribution will provide scholarship support for cancer survivors interested in attending the 12-week Anticancer Lifestyle Program.

The Anticancer Lifestyle Program, designed by staff of the Payson Center for Cancer Care, is an innovative program for people diagnosed with cancer. Evidence exists that a healthy diet, adequate physical activity, lowered exposure to toxins, social support, and stress management all help to maximize the body’s natural defenses against cancer. The goal of the Anticancer Lifestyle Program is to encourage cancer patients to be proactive participants in their own well-being and to restore a sense of control while living with this disease.

“I am very grateful to be able to offer scholarship support to cancer patients whose financial resources may have been drained by cancer,” says Wylie. “Since 1958, Aflac has been paying cash benefits to policyholders diagnosed and treated for cancer, and we are well aware of the financial impact this disease has on individuals and families.”

For more information on the Anticancer Lifestyle Program or to learn how you can make a difference in a cancer survivor’s life, visit anticancerlifestyle.org. ■



Thank you for a great season!

We will be closed during the month of February but will re-open in March.

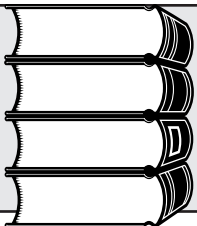
*Check our web site:
www.loudoncc.com
or follow us on Facebook
for more information.*

The office is still open so please feel free to call: 603-783-3371.

See you next month!!



**We are located at
653 Route 106 North in Loudon.**



Maxfield Public Library News

YOGA CLASSES

How limber can you become this year? Yoga can help you get there as you relax along the way. Sign-ups for the new seven-week courses begin January 22 for the 1:00 p.m. Tuesday sessions, and February 5 for the 6:00 p.m. Thursday sessions. The cost is \$35.00. Please call Fran Nash to enroll.

LOUDON VILLAGE ARTS

If the term “pastel paintings” conjures up images of pale, watered down pictures, you’re in for a surprise. Loudon artist Martha Butterfield’s works shimmer with vibrant color as they capture light in scenes of sand dunes, forest glades, and ponds. Winner of the Best in Show vote at the 2012 Loudon Village Arts Fall Show, Butterfield will share her painting techniques at the group’s meeting on March 6, at 7:00 p.m. The program is free and all are welcome to attend.

BOOK GROUPS

Fiction/Nonfiction Group

Of *Major Pettigrew’s Last Sand*, Booklist says, “There is a great deal going on in these pages — sharply observed domestic comedy, late-life romance, culture clash, a dash of P.G. Wodehouse, and a pinch of religious fundamentalism.” Join book group, at 7 p.m., on February 21, to discuss Helen Simonson’s tale of contemporary England with its newest set of social dilemmas both large and small. Newcomers are welcome.

Classic Book Group

Set in South Africa and published in 1948, *Cry the Beloved Country* has themes of tribalism, loss of innocence, and race relations that remain issues in current news. Join Classic Book Group on February 26, at 2:30 p.m., to discuss Alan Paton’s enduring work. A creative writing session will follow.

NEW BOOKS

Fiction

Black, Elizabeth
Clark, Mary Jane
Grippando, James
Howard, Linda
Meltzer, Brad
Muller, Marcia
Pidgeon, Sean
Robinson, Peter
Sharp, Zoe
Thomas, Rosie

The Drowning House
Footprints in the Sand
Blood Money
Shadow Woman
The Fifth Assassin
The Bughouse Affair
Finding Camlann
Watching the Dark
Die Easy: A Charlie Fox Thriller
The Kashmir Shawl

Nonfiction

Braestrup, Kate
Bridges, Jeff
Diamond, Jared
Dolin, Eric Jay

Kenison, Katrina
Lowe, Keith
Parry, Richard
Pink, Daniel
Sobel, Dava

Beginner’s Grace: Bringing Prayer into Your Life
The Dude and the Zen Master
The World Until Yesterday
Fur, Fortune, and Empire: The Epic History of the Fur Trade in America
Magical Journey: An Apprenticeship in Contentment
Savage Continent: Europe in the Aftermath of World War II
People Who Eat Darkness
To Sell Is Human: The Surprising Truth about Moving Others
A More Perfect Heaven: How Copernicus Revolutionized the Cosmos

NEW DVDs

Arbitrage, *Beasts of the Southern Wild*, *Butter*, *Cowgirls ‘n’ Angels*, *The Heartbreak Kid*, *Liberal Arts*, *Looper*, *The Magus*, *The Odd Life of Timothy Green*, *People Like Us*, *Taken 2*, *The Words*



STORY TIME

Everyone loves sledding in the winter. The feeling you get as you fly down the hill with little or no control, a moment of panic as you wonder if you'll be able to stop. Rebecca Rule's new book will let you relive those feelings in *The Iciest, Diciest, Scariest Sled Ride Ever*. The companion book on the 5, 6, and 7 of February will be *The Red Sled* by Lita Judge. Join us afterwards for a take-home craft depicting a gentler sled ride.

Celebrate Valentine's Day at the library from February 12–14. Olivier Dunrea's book, *Little Cub*, tells a heartwarming story about an old bear and little cub, two very different bears, who make each other feel whole. After creating valentine puppets, children are invited to stay for juice and snacks.

The library will be full of monkeys on the 19, 20, and 21 of February! Before making colorful monkey masks in the craft room, the children will listen to *Termites on a Stick* by Michele Coxon and Patrick McDonnell's story *Me...Jane* based on Dr. Jane Goodall's childhood. There will be no story time during the week of February 26, but please join us for vacation week activities.

SCHOOL VACATION WEEK

On Tuesday, February 26, the library will show a movie, at 2:30 p.m., with free juice and popcorn provided. Please call for more information.

On Thursday, February 28, the library will offer a drop-in craft time. Please stop in between 11:00 a.m. and 3:00 p.m. for a parent-led project.

BOOK SALE

It may be awhile before you can start on your outdoor yard projects. In the meantime, why not rustle up some good books to read as winter winds howl by your window? With bargain prices, the books at the library's sale, on Saturday, February 23, from 9:00 a.m. to 1 p.m., may keep your mind off the cold.

LIBRARY HOURS

| | |
|------------------------|-----------------|
| Tuesdays and Thursdays | 10 a.m.–9 p.m. |
| Wednesdays | 1–9 p.m. |
| Saturdays | 9 a.m.–1 p.m. ■ |

**Maxfield Public Library Passes!**

Passes are available to museums and points of interest around the state for Library borrowers! We suggest reserving in advance either by phone (798-5153) or in person. Call for details.

CANTERBURY SHAKER VILLAGE

Each pass entitles the bearer to 2 discounted admissions of \$6 for adults and \$3 for children under 18. Children under 6 free.

CHILDREN'S MUSEUM OF NEW HAMPSHIRE

Each pass entitles the bearer up to 4 discounted admissions of \$4. Children under age 1 free.

CURRIER MUSEUM OF ART

Each pass entitles the bearer to 2 free admissions.

McAULIFFE-SHEPARD DISCOVERY CENTER

Valid for admission to exhibit halls for 4 people.

MOUNT KEARSARGE INDIAN MUSEUM

Free admissions for 2 guests per day.

MUSEUM OF NEW HAMPSHIRE HISTORY

Unlimited free admission to the Society's museum and free use of the Society's library.

SQUAM LAKES NATURAL SCIENCE CENTER

Free trail admissions for 2 people per day plus 4 additional discounted admissions of \$7 each.

WRIGHT MUSEUM

Free admission for 2 adults and 4 children (under 18 years).



MV Basketball Schedule

Boys — JV/Varsity

| DATE | OPPONENT | | TIME |
|---------|--------------|------|-----------|
| 2/1/13 | Oyster River | Home | 5:00/6:30 |
| 2/5/13 | Kennett | Away | 5:00/6:30 |
| 2/8/13 | Milford | Home | 5:00/6:30 |
| 2/12/13 | Plymouth | Away | 5:00/6:30 |
| 2/15/13 | John Stark | Home | 5:00/6:30 |
| 2/19/13 | Kingswood | Away | 5:00/6:30 |
| 2/21/13 | Brady | Home | 5:00/6:30 |
| 2/26/13 | Lebanon | Away | 5:00/6:30 |

Girls — JV/Varsity

| DATE | OPPONENT | | TIME |
|---------|--------------|------|-----------|
| 2/1/13 | Oyster River | Away | 5:00/6:30 |
| 2/5/13 | Kennett | Home | 5:00/6:30 |
| 2/8/13 | Milford | Away | 5:00/6:30 |
| 2/12/13 | Plymouth | Home | 5:00/6:30 |
| 2/15/13 | John Stark | Away | 5:00/6:30 |
| 2/18/13 | Kingswood | Home | 5:00/6:30 |
| 2/20/13 | West | Away | 5:00/6:30 |

IndoorTrack

| DATE | OPPONENT | TIME |
|--------|--------------------------|-------|
| 2/5/13 | Dartmouth DII State Meet | 10:30 |

Boys — Freshmen

| DATE | OPPONENT | | TIME |
|--------|----------|------|------|
| 2/4/13 | Campbell | Away | 1:00 |

Unified

| DATE | OPPONENT | | TIME |
|---------|----------|------|------|
| 2/6/13 | Laconia | Home | 5:00 |
| 2/13/13 | Concord | Home | 5:00 |
| 2/20/13 | Gilford | Away | 5:00 |



Black

Bee Hole Beavers Snowmobile Club News

Here's the latest news from the Bee Hole Beavers Snowmobile Club:

Riding Conditions

Even though we have had a bit of riding weather, we recently had to close the trails down due to lack of sufficient snow cover. If you have any question on local trail conditions, or closures, check our website BeeHoleBeavers.org for the latest info.

Pig Roast

We will be having our 2nd Annual Pig Roast on Sunday, February 17th from 11–2 at Carpenter Park. We will be offering a complete dinner of roast pork, or two cheeseburgers, roasted potatoes, beans, and drink for \$10 for adults and \$5 for kids. Tickets are available at Chichester Country Store, Chichester Mobil, or through any member. If snow permits, you can ride your snowmobile to the park, or come by car if you are not so brave. Take out meals are available.

Trail Abuse

This is a subject that we unfortunately need to address. All snowmobile clubs work very hard to establish good relationships with our local landowners so that we can use their private property for our recreation. Many times their permissions are granted based on strict adherence to their wishes. While the MAJORITY of sledgers are responsible riders there is a MINORITY that is threatening our trail system. In just the short time our trails have been open this year there have been several instances of riders deliberately riding areas posted as "NO SNOWMOBILES." If you are one of these riders we request that you stop before you ruin it for all of us. Other riders, if you see a sledder riding in a posted area, digging up field, or causing other abuse, please get their registration number, as well as sled and rider description. Report this info to us via our website email and we will pass the info along to Fish and Game. We must work together to maintain our trail access.

Next Meeting

Our next meeting will be February 6th at the Chichester Historical Society Museum. ■



The Loudon Station

Fresh Cut Valentine's Day Bouquets

Valentine Cards • Teddy Bears
Made in the USA Jewelry • Yankee Candles

EXTENDED HOURS ON VALENTINE'S DAY

Located at the Brookside Mall
Loudon, New Hampshire

Home of your local Post Office

Registration Opens For NH Becoming An Outdoors- Woman Winter Workshop

Registration opens January 7 for the 2013 Becoming an Outdoors-Woman (BOW) Winter Workshop, a one-day program where women can learn outdoor skills to enjoy during the winter months. The workshop will be held on Saturday, February 16, 2013 (snow date Sunday, February 17), at the New Hampshire Fish and Game Department's Owl Brook Hunter Education Center in Holderness, N.H. A fee of \$55 covers the workshop, lunch and most equipment use. Participants must be at least 18 years old. New Hampshire BOW programs are co-sponsored by N.H. Fish and Game and the New Hampshire Wildlife Federation.

An application and brochure about the workshop is available at www.nhbow.com. To request an application by mail, email Lisa.M.Collins@wildlife.nh.gov or call 603-271-3212. If you are interested in attending, sign up soon, as BOW workshops fill up fast.

Winter BOW participants choose a single activity to explore during the daylong workshop. They can learn how to ice-fish, explore winter outdoor survival skills, track wildlife on snowshoes, try snowmobiling (beginners only) or experience the popular "Shoe and Shoot class," which is woodland target shooting on snowshoes.

The New Hampshire Wildlife Federation is a nonprofit group that advocates for the promotion and protection of hunting, fishing and trapping, as well as the conservation of fish and wildlife habitat. Visit www.nhwhf.org.

The New Hampshire Fish and Game Department is the guardian of the state's fish, wildlife and marine resources and their habitats. Visit www.WildNH.com. ■

**March Deadline for
The Loudon Ledger
Friday, Feb. 15, 2013**

Hungry Buffalo Restaurant & Lounge

New England's Place For Healthy Dining!
Loudon's Family Friendly Restaurant
Now Serving Breakfast On Weekends!

**ALL MEALS MADE FROM SCRATCH
BY OUR TRAINED CHEFS.**

Come Join Us Thursday Nights For Open Mic Night.
Enjoy Great Music By Local Musicians.

Break Your Resolution Party!
Saturday January 19th At 8:30pm
Live Music and Dancing

Loudon NH
Intersection of
Rt 106 & Rt 129



**Take Out
Available**

4 Miles North of
Exit 3 Rt 393

603-798-3737

WEBSITE ADDRESS: www.boatingeducation.nh.gov

The Department of Safety, Boating Education is offering the boating education course to the public at the following locations. There is a \$30.00 non-refundable fee per person for the class and because of the limited seating pre-registration is required. Call (603) 267-7256 or (888) 254-2125 to pre-register. Seating is still available in the following courses:

| | | | |
|----------|---------------------|-------------------|----------------|
| 02/23/13 | 9:00 a.m.—4:30 p.m. | Concord DOS | Concord |
| 03/23/13 | 9:00 a.m.—4:30 p.m. | Concord DOS | Concord |
| 04/06/13 | 9:00 a.m.—4:30 p.m. | Concord DOS | Concord |
| 04/06/13 | 9:00 a.m.—4:30 p.m. | Nashua SJH | Nashua |
| 04/13/13 | 9:00 a.m.—4:30 p.m. | Concord DOS | Concord |
| 04/13/13 | 9:00 a.m.—4:30 p.m. | Nashua SJH | Nashua |
| 04/20/13 | 9:00 a.m.—4:30 p.m. | Concord DOS | Concord |
| 04/20/13 | 9:00 a.m.—4:30 p.m. | Gilford MPHQ | Gilford |
| 04/27/13 | 9:00 a.m.—4:30 p.m. | Concord DOS | Concord |
| 04/27/13 | 9:00 a.m.—4:30 p.m. | Moultonborough PD | Moultonborough |
| 04/27/13 | 9:00 a.m.—4:30 p.m. | Nashua SJH | Nashua |
| 05/04/13 | 9:00 a.m.—4:30 p.m. | Concord DOS | Concord |
| 05/04/13 | 9:00 a.m.—4:30 p.m. | Nashua SJH | Nashua |
| 05/11/13 | 9:00 a.m.—4:30 p.m. | Concord DOS | Concord |
| 05/11/13 | 9:00 a.m.—4:30 p.m. | Gilford MPHQ | Gilford |
| 05/11/13 | 9:00 a.m.—4:30 p.m. | Nashua SJH | Nashua |
| 05/18/13 | 9:00 a.m.—4:30 p.m. | Concord DOS | Concord |
| 05/18/13 | 9:00 a.m.—4:30 p.m. | Gilford MPHQ | Gilford |
| 05/18/13 | 9:00 a.m.—4:30 p.m. | Lebanon DHMC | Lebanon |
| 05/18/13 | 9:00 a.m.—4:30 p.m. | Nashua SJH | Nashua |
| 05/18/13 | 9:00 a.m.—4:30 p.m. | Ossipee TH | Ossipee |
| 05/25/13 | 9:00 a.m.—4:30 p.m. | Concord DOS | Concord |
| 05/25/13 | 9:00 a.m.—4:30 p.m. | Moultonborough PD | Moultonborough |
| 05/25/13 | 9:00 a.m.—4:30 p.m. | Nashua SJH | Nashua |

| | | | |
|-----------------------|---------------------|-----------------------|---------|
| 04/08/13 & 04/10/2013 | 6:00 p.m.–9:30 p.m. | Dover HS | Dover |
| 04/22/13 & 04/24/2013 | 6:00 p.m.–9:30 p.m. | Bridgewater/Hebron HS | Bristol |
| 04/22/13 & 04/24/2013 | 6:00 p.m.–9:30 p.m. | Dover HS | Dover |
| 05/06/13 & 05/08/2013 | 6:00 p.m.–9:30 p.m. | Bridgewater/Hebron HS | Bristol |
| 05/06/13 & 05/08/2013 | 6:00 p.m.–9:30 p.m. | Dover HS | Dover |
| 05/13/13 & 05/15/2013 | 6:00 p.m.–9:30 p.m. | Lebanon DHMC | Lebanon |
| 05/20/13 & 05/22/2013 | 6:00 p.m.–9:30 p.m. | Bridgewater/Hebron HS | Bristol |
| 05/20/13 & 05/22/2013 | 6:00 p.m.–9:30 p.m. | Dover HS | Dover |
| 05/27/13 & 05/29/2013 | 6:00 p.m.–9:30 p.m. | Dover HS | Dover |
| 06/10/13 & 06/12/2013 | 6:00 p.m.–9:30 p.m. | Lebanon DHMC | Lebanon |
| 07/08/13 & 07/10/2013 | 6:00 p.m.–9:30 p.m. | Lebanon DHMC | Lebanon |

Additional Archery League Offered At Owl Brook Hunter Education Center — Holderness, N.H.

Due to the large amount of interest in its free indoor winter archery leagues, the New Hampshire Fish and Game Department will run two additional leagues in February. There will be a new archery league for beginners, as well as an added league for experienced archers who want to learn new skills or improve their current skills. Both leagues will be held at Fish and Game's Owl Brook Hunter Education Center, located at 387 Perch Pond Road in Holderness, N.H. Registration is now open.

The two separate archery leagues will each meet one night a week, from 6:30–8:00 p.m., for four consecutive weeks:

- A competitive evening adult archery league will meet on Wednesdays (starting February 6).
- A beginner-level instructional league, designed for youth and adults who want to learn the basics of archery in a fun, noncompetitive atmosphere, will meet on Thursdays (starting February 7).

To register, call Tom Flynn or Eric Geib at the Owl Brook Hunter Education Center at 603-536-3954. Registration is first-come, first-served, so if you are interested, call soon. Participation will be limited to 12 people in each league. You must be able to commit to attending all four weeks in order to register.

Participants in the adult league must bring their own equipment in good working condition. Only field tips or target points will be permitted; NO BROADHEADS. All equipment will be provided for the participants in the beginner league.

"I have been amazed at the popularity of the winter leagues. We've gotten so many requests that we decided to add the two new February leagues," said Tom Flynn, Facility Manager at Owl Brook Hunter Education Center. "Whether you are an experienced archer looking to keep your skills sharp, or a newbie who wants to give archery a try, come join the fun!"

For directions to Fish and Game's Owl Brook Hunter Education Center, to volunteer at the center, or to learn more about other course offerings at Owl Brook, visit www.huntnh.com/Hunting/hunter_ed_center.htm.

Activities at the Owl Brook Hunter Education Center are funded by federal Wildlife Restoration Funds, supported by your purchase of firearms, ammunition and archery equipment. Learn more at www.wildnh.com/SFWR_program/sfwr_program.htm. ■

Brighten Any Day With Fresh Floral Arrangements

(NAPSI)—There could be good news for those feeling the winter blues—at any time of year.

Color Can Create Contentment

Science has shown that color can have a positive effect on moods and that flowers are one of the easiest ways to add a splash of color and a burst of positive energy into any space.

"As the days get shorter and it gets darker outside, a wonderful way to change emotions, uplift spirits and give yourself a 'mood makeover' is to infuse color into your home and office," said Michael Skaff, head of floral design for FTD and a member of the Color Marketing Group.

Fortunately, you can now get fresh floral arrangements in four distinctive color palettes chosen specifically for their ability to lift spirits.

Tone Up Your Mood

Each color in the Color Your Day floral collection from FTD—green, pink, purple and yellow—evokes specific, unique feelings.

- **Green:** Shades of green deliver renewal and joy with a palette of harmonious hues.
- **Pink:** Shades of pink convey the feelings of love, friendship and warmth.
- **Purple:** Shades of purple enchant the spirit and trigger the imagination.
- **Yellow:** Shades of yellow bring a cheerful energy to any environment, uplifting the spirit with a spark of sunlight.

"Color can be integrated into every aspect of daily life with things like pillows, wall color, curtains and flowers," Skaff added. "For instance, I painted my kitchen yellow because it gives me a burst of energy that I need in the morning. You may want to integrate purple accents into your office as it is a color that inspires creativity."

Learn More

To see the beautiful arrangements available and for further information, visit www.ftd.com. You can also call (800) 736-3383. ■

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Loudon Resident Owned and Operated for
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Our Dough is Made Fresh - Daily!

NEVER FROZEN!!!

When We Say 'Our Own' Roast Beef

We Mean It!

Our Pizza Sauce is Made Fresh - **In House!**

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We Use 'Family Recipes' not corporate formulas.

Call In or Come In -

You'll See the Difference!

Now Offering - Gluten Free Pizza

Delivery Available

DARE

Night, March 27, 2013

Proud Supporter since the beginning!

Coupon Special - Coupon Special

\$11.99

Large Two Topping Pizza

No cash Value, Not Redeemable for Cash - not to be combined with any other offer.
1 Coupon per visit. Redeemable for Dine-In or Pick up Only. Expires March 15, 2013

Coupon Special - Coupon Special

\$5.00 OFF

Purchase of \$25.00 or more

No cash Value, Not Redeemable for Cash - not to be combined with any other offer.
1 Coupon per visit. Redeemable for Dine-In or Pick up Only. Expires March 15, 2013



Winter Carnival

Sat. February 23, 2013

11:00 a.m. to 3:00 p.m.

(Bad weather or no-snow date of March 2nd)

Join your friends and neighbors of Loudon for some winter fun at the Recreation Field in the village. Snowman toss game, horse drawn wagon rides with the Belgian draft horses from Stone Boat Farm in Loudon. Snowman building competition – with prizes for the top three most creative, snowshoeing with snowshoes available or bring your own, a bonfire to keep warm. New this year, ultimate snowball slingshot!

It will be tons of winter fun for all!

Free hot cocoa & cookies as well as Homemade pumpkin/squash custard and baked apples provided by Loudon Farms and served at The Loudon Community Building.

Presented by
The Loudon Recreation Committee



2013 DARE PIZZA NIGHT



WHEN: WEDNESDAY, MARCH 27, 2013

WHERE: LOUDON ELEMENTARY SCHOOL

TIME: Dinner served 5 - 6:30 p.m.
(includes Pizza, salad, dessert & beverage)

**RAFFLE IMMEDIATELY
FOLLOWING DINNER**

COST: \$3.00 Dinner Ticket



#1 FOR NEW COUNTRY AND THE LEGENDS

Raffle tickets 3/\$1.00 or 20/\$5.00



**COME JOIN THE FUN
& SUPPORT THE LOUDON POLICE D.A.R.E.
PROGRAM!**



News from Loudon Elementary School

“An optimist stays up until midnight to see the New Year in. A pessimist stays up to make sure the old year leaves.”

BILL VAUGHN



Indoor Recess

The playground in this January 3 photo is free of children during recess because of extreme cold air temperatures. We know the importance of play for each student's health and learning benefits. When cold or wet conditions prevent our students from being outdoors, they do not have the same opportunities to be physically active. Consequently, we try to get our students outside as much as possible.

When it is cold we look into many factors to determine if the children can play safely outdoors. We consider the temperature, wind chill, and sun conditions from multiple sources. If we feel the children are safe, they go outside. If there is the possibility of frostbite or injury, the children are required to stay in the warmth of the building.

We ask our parents to always assume there will be outdoor recess and properly attire their children to play outdoors throughout New Hampshire's winter months.



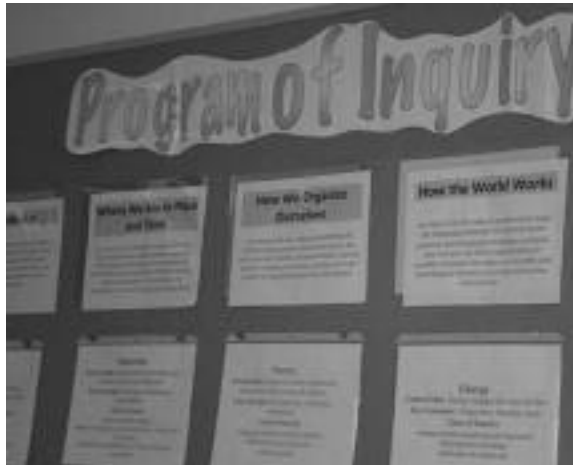
Volunteers at LES

A volunteer from NH Fish and Game (above) visited our fourth-grade students in December. The teachers tied this visit into their Sharing the Planet unit of study. The focus of the visit was to demonstrate our need for natural resources and how the use and depletion of them affect us and the environment.

Lee Laughlin, shown filing a book (center column, above), organized the labeling of our Accelerated Reading (AR) books in the library. She found a way to print our library titles and authors on labels, recruit volunteers to look up and write the AR information on



the labels, and get people into the library to complete the project. This was no easy task and required several hours of work. LES thanks Lee and all the parents and volunteers who assisted with this activity and the labeling of the teachers' classroom libraries.



International Baccalaureate

Our Program of Inquiry (POI) is six units of study for each grade level. Each grade level unit falls under a trans-disciplinary theme. The themes are: Who We Are, How the World Works, Sharing the Planet, How We Express Ourselves, How We Organize Ourselves, and Where We Are in Place and Time.

It is important that students receive instruction in the traditional subject areas in isolation; however, the trans-disciplinary themes in the POI help the students acquire skills in context and to explore content that is relevant to them. Through the POI, the teachers are able to meld several disciplines into one unit of study.

The POI is displayed near the main office.

PM Dismissal

To speed up dismissal and keep traffic off of School Street, students who are picked up by parents/guardians will wait for the vehicles to get to the front of the building before the child enters the vehicle. Allowing the students to climb into cars and trucks prior to the front of the building keeps cars on School Street for longer periods of times, which prevents the busses from turning onto LES property.

To help the dismissal process be safer and go quicker, please follow these guidelines:

- Stay in your vehicle unless you park in a designated parking spot.
- Arrange car seats and your vehicle's interior so children can enter from the passenger side. When this occurs, children never have to walk in front of cars or trucks.
- Pull ahead as far as you can to allow more vehicles to move forward.

A Thank You and a Transition

On the first day of school after last month's Connecticut tragedy I was contacted by the Loudon Selectmen, Police Department, and Fire Department. They all reached out to support our students in any way they could. I want to take this opportunity to publicly thank them for their concern and willingness to assist us. Their offers were greatly appreciated by the staff.

Our students get to experience two world languages (Spanish and French) each school year. The languages are taught in half year intervals. On January 28 we will transition from Spanish to French, which is taught by Miss Deleault. Adios for a year to Miss Fretette. ■

By Tom Laliberte

**March Deadline for
The Loudon Ledger
Friday, Feb. 15, 2013**

2013 New Hampshire Moose Lottery Opens!

It's time to try your luck on the adventure of a lifetime — hunting moose in New Hampshire. The state's 2013 moose hunt lottery is now open. Entering costs \$15 for New Hampshire residents and \$25 for nonresidents.

It's easy to enter the moose hunt lottery. Visit www.huntnh.com to enter online or print out a mail-in application. You can also get an application from any Fish and Game license agent. Moose hunt lottery applications for 2013 must be postmarked or submitted online by midnight Eastern Time on May 31, 2013, or delivered to the Licensing office at N.H. Fish and Game headquarters in Concord before 4:00 p.m. that day. Winners will be selected through a computerized random drawing on June 21.

Last year (2012), over 13,400 people entered the lottery for the chance to win one of 275 permits. Another 1,200 people continued to accrue bonus points

because they submitted an application for a point only. Hunters from 18 different states won permits.

The overall odds of being selected in last year's lottery were 1 in 36 for New Hampshire residents and 1 in 120 for nonresidents, some of the best odds in the nation for moose hunting! About 85% of the permits go to New Hampshire residents; the number of permits available to nonresidents is capped, based on the prior year's sales of nonresident hunting licenses.

Each applicant can enter the moose hunt lottery once a year. A bonus point system improves the chances for unsuccessful applicants who apply each consecutive year. For example, last year resident applicants who had a total of 9 points had a 1 in 17 chance of being drawn, and a nonresident with 9 points had a 1 in 58 chance.

You do not need a current hunting license to enter the lottery, but hunters who are offered and accept a

permit must buy a \$150 resident or \$500 nonresident moose hunt permit, as well as a New Hampshire hunting license.

New Hampshire's nine-day moose hunt starts the third Saturday in October. This year's hunt runs from October 19-27, 2013.

N.H. has had an annual moose hunt since 1988, when 75 permits were issued for a three-day hunt in the North Country. The state's current moose population is estimated at about 4,500 animals. The availability of moose hunting permits, with some issued for every area of the state, is made possible by careful management of moose populations. The resulting sustainable annual harvest of moose helps to regulate moose numbers and provides a unique recreational opportunity. Learn more about moose hunting in New Hampshire at www.huntnh.com/Hunting/Hunt_species/hunt_moose.htm. ■

Spread Cheer, Not the Flu, Throughout the Winter — Put Health First this Season by Getting a Flu Shot



(NAPS)—The winter season with its many holidays is an important time for families to get together and share traditions among generations. Unfortunately, too often it is also a time to share colds and flu. While hygiene measures, such as covering coughs and sneezes, washing and disinfecting hands and frequently touched surfaces, and limiting contact with others when sick, can help reduce the spread of respiratory illness, when it comes to the flu, the best way to avoid infection is to get a flu shot.

Influenza viruses spread easily from person to person in droplets created when people with flu cough, sneeze or talk—from as far as 6 feet away. In addition, when people get the flu, they can pass the virus on to someone else before they even know they are sick. Flu symptoms typically don't appear until one to four days after the virus enters the body. During this time, people may still spread the virus to others.

The Centers for Disease Control and Prevention (CDC) recommends annual influenza vaccination for everyone 6 months of age and older. Since infants younger than 6 months of age cannot receive the flu vaccine, it is especially important for family members and caregivers to get immunized.

Adults 65 and older are also especially vulnerable to the complications of influenza, according to the National Council on Aging (NCOA), whose Flu + You initiative is educating seniors and their families about the risks of influenza and the importance of getting an annual flu shot.

"The NCOA knows how important the holidays are to older adults and their families," said Rick Birkel, PhD, MPA, Senior Vice President of Healthy Aging, Director of the Self-Management Alliance at NCOA. "This is why we are urging families to take steps to help protect themselves from the flu."

No matter how healthy or youthful a senior may feel, the body's immune system, and its ability to fight illness, weakens with age, making them more susceptible to the flu and its complications. In fact, an estimated 60 percent of flu-related hospitalizations each year occur in people 65 years and older. Flu can be especially dangerous for seniors with chronic medical conditions like heart disease, chronic obstructive pulmonary disease (COPD) or diabetes. Hospitalizations for these chronic conditions typically also increase during flu season.

"Nationwide, 91 percent of adults 65 years of age and older have at least one chronic condition and 76 percent have two or more," said Birkel. "So most older adults are not only at increased risk of influenza because of their age, they also have other factors increasing their risk of complications should they contract the flu."

So while washing your hands can be beneficial, take the next step to help protect the whole family by getting a flu shot. It's not too late. The peak of flu season occurs anywhere from late November through March. In fact, as long as influenza

viruses are in circulation, even in the spring, it is beneficial to get vaccinated. After immunization, it takes about two weeks for the vaccine to help protect against the virus.

This season, influenza vaccines are plentiful and widely available for all ages. Adults 65 years and older have two vaccine options, says NCOA's Birkel — the traditional flu shot and a higher-dose flu shot developed to address the natural weakening of the immune system that comes with age. Both flu vaccine options are covered in full by Medicare Part B for those 65 years and older with no co-pay and are available across the country at physicians' offices, pharmacies and many other providers.

For more information on the flu vaccine or to find a flu vaccine provider near you visit www.flu.gov, and for more information on influenza and vaccination specifically for seniors and their caregivers visit www.NCOA.org/Flu. ■

And the Survey Says...

The Master Plan Survey ran in the October issue of *The Loudon Ledger*. The results are

in and may be read on the Loudon web site at:

<http://www.loudonnh.org/documents/pb/Survey>

[Summary.pdf](#)



Loudon Girl Scout News

Mmmm, smooth chocolate, creamy caramel a hint of tasted coconut. Ahhh, Samoas! Can't you just taste 'em? Well, you won't have to wait long until you really can taste the goodness that is Girl Scout Cookies. Cookies arrive mid-February. Thank you to those who placed orders in advance. Haven't ordered yours? No worries, Loudon troops will be out and about selling cookies. Thank you for supporting the girls as they improve their financial literacy skills and raise money for future activities and community service projects.

This year, the Loudon Senior troop is organizing World Thinking Day, the Girl Scouts Annual Celebration of global living, for all the troops in the Concord Area Community. The event will be held in early February. All of the girls are working hard to learn more about their selected countries and are looking forward to sharing their knowledge and learning about other countries. Watch for a complete update with pictures in the March *Ledger*.

It's Not Too Early to be Thinking About Summer

It's cold now and we're all hunkered down in fleece and worried about snow days, but before we know it, it will be time for shorts and flip flops and the kids will be out of school and looking for things to do. Girl Scout Camp is a fantastic way for your girl to make new friends, pursue interests or try something new, all in a safe, supervised environment AND at an affordable price. For more information about day camp and resident camps, visit www.girlscoutsgwm.org.

Do you have a special skill, or a passion you want to share? Volunteers are always welcome to share a skill or hobby with a troop Contact Amanda Masse at jaelmasse@comcast.net or 783-0227 to make arrangements. We also welcome new girl members at any time!

Brownie Troop 10955

Lynette LeBlanc and Tammy Bourque

Our meetings for the month of January have been filled with learning about Safety. Loudon Cadette Scouts, Kate Merrill and Caroline Crouch joined the Troop to discuss Safety with different scenarios for the girls to discuss as well as bringing a fun craft.

Mr. and Mrs. Hardy from BodyWorks Karate, along with Junior Scout, Sabrina LeBlanc joined us to discuss Respect, Bullying and Safety. The Troop learned simple stances and moves to protect themselves from bullies without becoming the aggressor.

We are ending the month preparing for World Thinking Day. We selected England as our country. We have been learning about the similarities and differences in our cultures and preparing a presentation to share. This has kept our troop very busy!

Junior Troop 12083

Lynette LeBlanc and Tammy Bourque

Indoor winter fun had the Troop making snowgirls! See the photo to learn what a "snowgirl" is. The Troop has been discussing trips and activities that they would like to do with their funds earned from the Fall Product and upcoming Cookies Sales.

The Troop continued working on their Get Moving Journey discussing different types of energy including what food gives each of us energy, how our Carbon Footprint affects each of us and the planet and creating their personal Energy Pledges.

The meetings this month have the Troop hard at work preparing for the upcoming World Thinking Day Event. We selected Korea as our troop. We have been busy learning a new language and preparing a presentation to share with our fellow Girl Scouts.

Cadette Troop 12356

Advisors Cecile Merrill & Lysa Crouch

The girls continue to work on activities to complete requirements for the Special Agent badge. They reenacted a crime scene, took an in depth look at the science of fingerprinting and continue to explore all aspects of this scientific field. The troop has chosen the country of Jordan to share information on at World Thinking Day and will be researching facts to share at the event in early February. Keep reading what we are up to in the Loudon Ledger.

Senior Troop #12651

Advisors Amanda Masse & Marlene Martell

We met with a couple residents of The Richard Brown house and helped them set up emails and navigate the internet. We are working hard to organize World Thinking day for the towns in our community. Girls will learn about Girl Scouting in other countries as well as the World Association of Girl Scouts and Girl Guides initiative of child and maternal health. Check back next month for photos of the event.

Girls Scout Cadette Troop 12641

The girls were happy to make a fleece scarf for themselves, after donating so many last month. We've been researching the country of Malawi in Africa for our display at our upcoming World Thinking Day. We're also excited to be selling cookies — so if you haven't already got yours, let us know!! We'll be at the next library book sale to satisfy your sweet tooth while you shop and read your new books! Thanks for supporting our troop and council with your cookie purchases. ■





More photos from the Girl Scouts



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**March Deadline for
The Loudon Ledger
Friday, Feb. 15, 2013**

Over 70 Percent Of Businesses Not Collaborating Effectively

(NAPSI)—Recent global research discovered an intriguing correlation between collaboration technologies and better business outcomes. Although many organizations recognize that improved collaboration would improve the way they conduct business, the vast majority are not using technology tools and processes to achieve this.

A study by Filigree Consulting, an independent global consulting firm specializing in technology research, concluded that over 70 percent of businesses are not effectively using collaboration tools to increase productivity, make faster and more informed decisions or drive business value. In contrast, the few organizations that are taking full advantage of an integrated approach to collaboration—including technology, people and process—reported up to 300 percent more impact on business results, including accelerated rate of innovation, enhanced customer experience and reduced travel costs.

Collaborative technologies, including interactive whiteboards and conferencing software, help teams consolidate information from multiple sources and bring flexibility to the work environment for more purposeful and effective meetings. Local and dispersed teams can actively engage—everyone can see and share information and contribute to discussions and decisions in real time.

What Can You Do?

Based on the survey, an assessment tool has been created to help organizations determine how they may improve business outcomes through collaborative technology. This assessment tool from SMART Technologies consists of a 20-minute online questionnaire that can be completed by any member of an organization for comparative results based on industry standards. These results will give decision makers relevant information in determining the optimal means of incorporating collaborative technology and process into their organization.

“As the world’s leading chemical company, we are continuously looking for ways to improve the way we do business, and recognize that technology plays a large role in increasing our overall efficiency,” says Mike Handy, AV Specialist, BASF. “Participating in this project is an opportunity to identify the best practices for organizations to follow when it comes to incorporating collaboration in the workplace. It’s straightforward and practical and sheds new light on a subject that is of growing interest for business today.”

How to Learn More

For further information and to take the assessment survey, visit www.smart-tech.com/freestormGEN. ■

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University of New Hampshire Cooperative Extension Offerings

The UNH Cooperative Extension is an excellent resource for all NH residents. The Extension offers numerous classes all over the state and most are either free or very low cost. Below are some of the classes during the next four months.



Fruit Tree Pruning Demo

Evandale Farm, 424 Tilton Hill Rd., Pittsfield, NH 03263
Saturday, February 23, 2013. 10:00 a.m.–12:30 p.m.

This orchard has mixed varieties of apples, pears and cherries of varying ages. Please join UNHCE Dot Perkins and Bill Lord at Evandale Farm in Pittsfield, New Hampshire for this informative demonstration. **Be sure to dress for inclement weather and wear boots or bring snowshoes!**

This workshop is free and open to the public. Registration is not required. If you have any questions, please call Dot or Mary at 796-2151.

Directions to the farm: From the Concord area, take Rte 4 to the Epsom traffic circle. Take the third right in the circle onto Rte 28 North/Suncook Valley Highway North. Go about 7.5 miles and turn right onto Barnstead Road/Rte 107 for about .08 miles, turn left (at Rite Aide) onto Rte 107/Catamount Road for another .08 miles. Turn a slight left onto Tilton Hill Road (just past Family Dollar) for about 1.9 miles. The farm is on the left (0.4 miles past Wildwood Drive). Look for the UNHCE workshop signs!



Scale Inspections and Certification

Merrimack County Extension Office
315 Daniel Webster Highway, Boscawen, NH

Wednesday, March 20, 2013. 1:00 – 3:30 PM

The NH Division of Weights & Measures will be holding this scale clinic for anyone who sells agricultural products or uses a scale(s) commercially at Farmer's Markets or at a Farm Stand in the state of New Hampshire.

Inspection & certification is free to growers who have three or fewer scales with a capacity of 100 lbs. or less, and no other commercial devices. In addition to the inspection, Weights and Measures staff will also be available to answer questions with regards to method of sale, taking a tare and applying for a license.

For detailed directions, call Mary West at 796-2151 at the Extension office.

If you are unable to make it to the March 20th clinic or you have questions, please call the NH Division of Weights & Measures at 603-271-2894 or check the Weekly Market Bulletin for other times and locations.

Directions: First little white building on left, in front of Merrimack County Nursing Home and across from the County Jail.

Discover Wild New Hampshire Day Set For Saturday, April 20, 2013

Mark your calendars for Discover WILD New Hampshire Day, an Earth Day celebration coming this year on Saturday, April 20, 2013. This family-friendly event takes place from 10 a.m. to 3 p.m. on the grounds of the New Hampshire Fish and Game Department at 11 Hazen Drive in Concord, N.H. Admission is free.

This fun day is a chance to enjoy exhibits from environmental, conservation and outdoor organizations from throughout New Hampshire. See live animals, big fish and trained falcons. Participate in archery, casting, and crafts for the kids. Explore new trends in recycling, environmental protection and check out energy-efficient hybrid vehicles. Come Discover WILD New Hampshire with us — connecting you to life outdoors!

Discover WILD New Hampshire Day is co-sponsored by the New Hampshire Fish and Game Department and the New Hampshire Department of Environmental Services. Watch for details at www.wildnh.com. ■

Young visitors at Discover WILD N.H. Day try their hand at archery. NHFG photos.



Raising a Piglet In Your Backyard

Merrimack County Extension Office

315 Daniel Webster Highway, Boscawen, NH

Thursday, April 18 and Thursday, April 25. 6–8 p.m. Can go to one or both sessions.

The cost for this workshop is \$15/person/session or \$20/couple/session. Space is limited and registration required: www.events.unh.edu/RegistrationForm.pm?event_id=11608. If you have questions, please call 796-2151 or email: Merrimack.agext@unh.edu.

Directions: First little white building on left, in front of Merrimack County Nursing Home and across from the County Jail.



Buying and Producing Good Quality Hay

Merrimack County Extension Office

315 Daniel Webster Highway, Boscawen, NH

Tuesday, May 14, 2013. 7:30 p.m. John C. Porter, UNH Extension Professor/Specialist, Emeritus

Buying or producing good quality hay is an art and a science. Livestock need hay which is nutritious for growth and production, and good quality hay will reduce the amount of grain that needs to be supplemented.

To the untrained eye, hay is hay; however, there are great variations in nutrient quality. Looking at stage of growth, leafiness, color, etc., can be ways of evaluating hay and distinguishing good from bad.

There are also a lot of tricks to the trade in producing good hay. Many advances in science and hay-making equipment have made hay-making a more precise art.

Come to this session to learn more about hay.

To register for this free workshop, call 796-2151 or email: merrimack.agext@unh.edu.

Directions: First little white building on left, in front of Merrimack County Nursing Home and across from the County Jail. ■

Happy Hill 4-H Club

By Cassidy Boon, Reporter

On Monday, January 7, 2013 Happy Hill 4-H Club held their monthly meeting at the Loudon Elementary School at 6:30 p.m. My apologies to Colby Hammond who has the honor of being Vice President of the Happy Hill 4-H Club, for my last report was incorrect, assuming that Susan Aznive was elected. The club would like to thank Loudon Elementary School for allowing the meeting to take place in their facility. Presentation Day and Food Show are arriving soon and the members are preparing their work in excitement. Some of the Happy Hill Horse Club members are also preparing to compete in the Quiz Bowl, Judging, and Hipology competitions. The club is looking for a facility for further meetings. ■

Pay Your Property Taxes Online

Loudon Property Owners:

Beginning on March 5th you can access detailed property tax balance & payment information as well as pay your property taxes online — 24 hours a day — by visiting the Tax Collector's kiosk.

For more information go to www.loudonnh.org
under the heading of
TAX COLLECTOR

Loudon Farms: Buy Locally!

The Loudon Agricultural Commission has compiled this list of local farms. If you have a farm in Loudon or know someone who has a farm that is NOT included please write to cas@milessmithfarm.com.

Aznive Farm
7046 Pleasant Street. *Hay, Beef.* 435-7509

B&B Syrup. Barton & Bowles
227 Flagg Road. 783-4341, 783-9123

D.S. Cole Growers
251 North Village Road. *Propagators of quality products from world-wide sources. Retail store at 430 Loudon Road, Concord.* 783-9561. www.dscolegrowers.com
www.colegardens.com

Hill Top Feeds
11 Storrs Drive. *Live stock feed, shavings, hay, dog and cat food. Farm equipment and supplies.* 783-4114, 491-4483

Ledgeview Greenhouses
275 Clough Hill Road. *Growers of quality potted plants, annuals, perennials, and poinsettias.* 783-4669.
www.ledgeview-greenhouses.com

Liliana Flower Farm
140 Beck Road. *Perennials and pesticide-free vegetable plants.* Wed–Sun 10–5 p.m.
www.lilianaflowerfarm.com. 783-9268

Lyon Berry Farm
986 Route 129. *Highbush blueberries.* 435-7640

Maple Ridge Farm
416 Bumfagon Road. *Fresh Vegetables, Maple Syrup.* 435-8183

Meadow Ledge Farm
612 Route 129. *Peaches, Corn, Apples, Country Store.* 798-5860

Miles Smith Farm
56 Whitehouse Road. *Locally raised hormone and antibiotic free beef, individual*

cuts and sides. Tue, Th 4–7:30 p.m. W, 9–1 p.m., Sat 9–3 p.m. www.milesmithfarm.com. 783-5159

Moonshine Farm Organics
1517 Route 129. *Certified organic farm: produce, herbs, and flowers.* 568-4334

Mudget Hill Mumbling Maplers
255 Mudgett Hill Road. *Maple products: syrup & candy.* 783-4447

Our Place Farm
290 Route 129. *Goat milk, eggs, naturally-raised pork, grass-fed beef, pasture-raised chicken, meat goats, natural fiber handspun yarn. Stop in afternoons or call ahead.* 798-3183

Pearl and Sons
409 Loudon Ridge Road. *Maple products: syrup, candies & cream.* 435-6587, 435-6883

Potpourri Acres
7257 Pleasant Street. *"A little bit of everything and not much of anything." Organic producer — vegetables.* larrabeersr@comcast.net. 435-8209

Ramsay's Farm Stand
783 Loudon Ridge Road. *Vegetables and Cut Flowers, Small Fruits in Season.* 8 a.m.–7 p.m. Daily. 267-6522

Red Manse Farm
Corner Route 129 & Pittsfield Road. *Certified Organic Produce, CSA and Farm Patron Program.* Thurs.–Sun. 10 a.m.–6 p.m. www.redmansefarm.com. 435-9943

Sanborn Mills Farm
7097 Sanborn Road. *Traditional working farm providing workshops.* www.sanbornmills.org. 435-7314

Windswept Maples
845 Loudon Ridge Road. *Vegetables, Beef, Maple Syrup, Eggs.* M–F 1–6 p.m., Weekends 9–5. 267-8492

The Loudon Historical Society and the NH Humanities Council is proud to present:

Steve Taylor speaking on: The Great Sheep Boom and Its Enduring Legacy on the NH Landscape

In a brief 30-year period in the early 19th century the New Hampshire countryside became home to hundreds of thousands of sheep. Production of wool became a lucrative business, generating fortunes and providing the only time of true agricultural prosperity in the state's history. It left behind a legacy of fine architecture and thousands of miles of rugged stonewalls. Steve Taylor discusses how farmers overcame enormous challenges to make sheep husbandry succeed, but forces from beyond New Hampshire were to doom the industry, with social consequences that would last a century.

Where: Charlies Barn, 29 S. Village Rd.

When: Wednesday, March 20th

Time: 7:00 p.m.

For more information, contact Michele York, 396-2362

E-mail: myburton22@aol.com

OBITUARIES

HAROLD FRANCIS RICKER, JR.

Harold Francis Ricker, Jr., 89, passed away peacefully Saturday, December 15, 2012, at the Concord Hospice House. The family requests that memorial donations be made to the Concord Regional VNA, 30 Pillsbury St., Concord, NH 03301. ■

LINDA LEE PERKINS

Linda Lee Perkins, 68, went to be with her Lord on Monday, January 7, 2013 at Concord Hospital surrounded by family, after a courageous battle against pancreatic cancer.

Linda was born on February 7, 1944 to Pinkney and Eula Scoville in Hollywood, CA. She was the youngest of three daughters. She moved to Rochester during the summer of 1963, and met her husband, Fenelon Perkins in December of 1963. They were married on April 17, 1964. "No one man ever loved a woman as much as I loved her."

She enjoyed spending time with her family and found solace in her faith in Jesus. She was the spirit of Christmas to all who knew her. She loved to cook and bake her delicious chocolate cake. She loved singing in her church choir. She was passionate about her work as an Administrative Assistant at her church. Her favorite part of life was taking frequent weekend trips to Maine and staying at the Freeport Inn with her husband, the love of her life. She also loved her trips to the ocean with her family.

Linda is predeceased by her parents, two sisters, and her son Alan Perkins.

She is survived by her husband, Fenelon, of 48 years; and their children Rebekah Mogee and her husband, Christopher of Bristol, Randy Perkins and his wife Mary of Gilmanton, Jeff Perkins of Hendersonville, NC, and Todd Perkins of Hendersonville, NC; her eight grandchildren, Sarah and Jason LaCroix of Bedford, Amy and Chad Carter of Henniker, Kylie Mogee, Sachary Mogee, and Jarrett Mogee of Bristol, Taylor and Ethan Hardin of Hendersonville, NC, Skylar Perkins of Hendersonville, NC, and Alex and Erin Perkins of Fort Bragg, NC, her four great grandchildren Aiden and Madelein LaCroix, and Nathan and Joshua Perkins.

In lieu of flowers, the family has requested charitable donations be made to IBM-Global. The Kirby family had a special place in Linda's heart. They moved to Africa as missionaries to open an orphanage to rescue abandoned children. Please make checks payable to IBMGlobal, PO Box 607, Nashua, NH 03061. (Please put "The Kirby Family" in the memo field.) ■

THOMAS W. EARLY, JR.

Thomas W. Early, Jr., of Concord, formerly of Loudon, passed away peacefully Thursday, January 10, 2013, after a brief illness. He was 88.

Thomas was born March 7, 1924 in Brooklyn, NY where he attended James Madison High School. After graduation, he enlisted in the United States Naval Reserve as a flight cadet and served honorably during World War II and the Korean War as an Anti-Submarine Warfare aviator.

After the Korean War, Thomas was hired personally by the legendary World War I Ace Eddie Rickenbacker to fly for Eastern Airlines. During his career, he qualified on nine different aircraft types. He remained with Eastern until his retirement in 1984 after over 35 years of service.

Thomas married Catherine Paolini, June 24, 1944. The two shared 68 years of marriage together. As well as his spouse Thomas is survived by six of his seven children: Patricia Deegan of Miami, FL, Carol Early of Stratham, Kim Morin of Loudon, Elizabeth Early of Ashland, Thomas A. Early of Manchester, and Katherine Early of Concord, MA; his eldest son, Richard, passed away in April of 2010. Thomas also had six grandchildren, Jacklyn Marie Morin of Loudon, Colleen Copani of Cooper City, FL, Matthew and Kevin Early of Corte Madera, CA, and Timothy and Jacob Bilodeau of Concord, MA.

In lieu of flowers, donations may be made to Concord Regional VNA Hospice House, 240 Pleasant Street, Concord, NH. ■

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Concord Hospital Participates in Get With The Guidelines — Stroke program to improve stroke care

Concord Hospital is participating in the American Heart Association/American Stroke Association's *Get With The Guidelines*®—Stroke program. The goal of the program is to improve the overall quality of care for stroke patients by improving acute stroke treatment and preventing future strokes and cardiovascular events.

Get With The Guidelines—Stroke was developed to help hospitals employ proven science-based treatment guidelines, including those developed by the American Stroke Association, American Heart Association and Brain Attack Coalition. These guidelines address acute stroke management, primary prevention of cardiovascular diseases, secondary prevention of strokes and the establishment of primary stroke centers.

As a *Get With The Guidelines*—Stroke participating hospital, Concord Hospital is encouraged to develop a comprehensive system for providing rapid diagnosis and treatment of stroke when patients are admitted to the emergency department. This includes always being equipped to provide brain-imaging scans, making neurologists available to conduct patient evaluations and using clot-busting medications when appropriate.

In 2012, Concord Hospital established a high-tech partnership with Massachusetts General Hospital that speeds diagnosis and treatment during a patient's crucial first moments in Concord Hospital's Emergency Department. With the TeleStroke video conference system, doctors at Concord Hospital now consult with neurology specialists at Massachusetts General Hospital, who are brought to the patient's bedside by video connection. Together, the doctors view and interpret the patient's lab test results and CT scans, examine the patient, consult with family members and recommend treatment.

Concord Hospital treats about 200 stroke patients a year, most suffering from blood clots that cut oxygen flow to the brain, which can cause permanent damage. For those patients, the key to survival and a reduced chance of long-term disability is prompt assessment and diagnosis — and treatment with a clot-busting drug known as tPA within three hours of the initial stroke symptoms.

Concord Hospital is also increasing its efforts to prevent secondary strokes through the aggressive use of medications such as statins and anti-platelets as indicated in the secondary stroke prevention guidelines. Other methods include the treatment of atrial fibrillation and atherosclerosis and management of smoking cessation, weight, exercise, diabetes and cholesterol.

Through *Get With The Guidelines*—Stroke, the American Heart Association/American Stroke Association provides Concord Hospital training and staffing recommendations, care maps, discharge protocols, standing orders, data-collection and measurement tools. The program also facilitates creating and sharing best practices among participating hospitals.

"Concord Hospital is to be commended for its commitment to implementing standards of care and protocols for treating stroke patients," said Lee H. Schwamm, M.D., chair of the *Get With The Guidelines* National Steering Committee and director of the TeleStroke and Acute Stroke Services at Massachusetts General Hospital in Boston. "The full implementation of acute care and secondary prevention recommendations and guidelines is a critical step in saving the lives and improving outcomes of stroke patients."

"The time is right for Concord Hospital to be focused on improving the quality of stroke care by implementing *Get With The Guidelines*—Stroke. The number of acute ischemic stroke patients eligible for treatment is expected to grow over the next decade due to increasing stroke incidence and a large aging population," said Kristine Chaisson, director of cardiovascular services at Concord Hospital.

According to the American Heart Association/American Stroke Association, stroke is one of the leading causes of death and serious, long-term disability in the United States. On average, someone suffers a stroke every 40 seconds; someone dies of a stroke every four minutes; and 795,000 people suffer a new or recurrent stroke each year. ■

NASCAR Recognizes Magic Mile As One Of The Safest In The Country

NHMS Infield Care Center wins 2012 'Above and Beyond Award'

Driver safety is paramount at New Hampshire Motor Speedway, and that hasn't gone unnoticed by NASCAR, which presented the Magic Mile today with the 2012 "Above and Beyond Award." The award was given as part of the NASCAR Medical Liaison Department Awards at this year's NASCAR Summit in Concord, N.C.

The award is presented to an individual or infield care center (IFCC) that not only performs their job very well, but often exceeds expectations. It is given in recognition for hard work, dedication and commitment.

Michele Robertson, the nursing director at NHMS, accepted the award on the speedway's behalf.

"Safety is our number one priority for our fans and competitors. From NASCAR to local car club events, our track is busy daily from April through October, so we know the importance of going above and beyond when it relates to our safety procedures and staffing," said Jerry Gappens, executive vice president and general manager of the speedway. "I'm proud of our speedway team for their hard work and the recognition by being honored by NASCAR."

According to NASCAR's criteria for the recognition, the recipient typically has four racing series at their track on race weekend. From the start of a very compact schedule until the last car is off track, the care center is always well prepared, starting well before race weekend and incorporating training at the track to include the doctors and nurses. The opportunity to see first-hand the activities that occur on-track was provided and it took the initiative to gain more information and knowledge to have a better understanding of what happens with the driver prior to the arrival at the care center. ■



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Bank of New Hampshire Donates \$12,000 to Assist Military Families

Bank of New Hampshire would like to thank its employees and local businesses who donated the 167 items that were auctioned off in this year's Holiday Auction. The \$12,000 in proceeds from the Holiday Auction were donated to the New Hampshire National Guard's Chaplain Emergency Relief Fund.

The fund was established during Operation Desert Storm when many military families faced financial hardship during the deployment of their loved ones. Any military member living in New Hampshire or serving in a New Hampshire unit is eligible to receive support. Monies are used exclusively to assist military members and their families who are experiencing an unexpected financial crisis. In the five years that Bank of New Hampshire has been supporting the NHNG-CERF through their annual auction, the bank has donated more than \$65,000 to the fund.

"It's a significant part of our budget," stated Chaplain Steven Veinotte, Trustee for the Chaplain Emergency Relief Fund on Monday morning as he received a giant novelty check from Louis H. Guevin, Jr., EVP – Commercial Services for Bank of New Hampshire. "2012 was a very active year and 2013 looks to be the same. This donation gives CERF the ability to help military members and their families through economic difficulties."

For more information or to make a tax-deductible contribution to CERF, write to: CERF, PO Box 3448, Concord NH 03302-3448. ■



Left to right: Louis H. Guevin, Jr., EVP – Commercial Services for Bank of New Hampshire; Tania Baert, VP – Commercial Banker for Bank of New Hampshire; Chaplain Steven Veinotte, Chaplain Emergency Relief Fund Trustee; Susan Dagoumas, VP – Commercial Banker for Bank of New Hampshire.

Library Trustees' Meeting Minutes — November 26, 2012

5:07 p.m.

Present: Steve Del Deo, Molly Ashland, Director Nancy Hendy, and Laura Vincent.

The meeting was called to order by Steve Del Deo. The minutes were reviewed and moved accepted by Steve Del Deo, and seconded by Molly Ashland. All in favor.

The Trustees and Director reviewed and accepted the monthly financial statement.

The Trustees and Director noted the repairs and maintenance of projects that have been done, and those which still need to be addressed in the coming year.

The Trustees continued working on the proposed budget item by item for the fiscal

year beginning year beginning July, 2013. They will meet with the Selectmen in December to review the proposed Library budget.

Herb Huckins has graciously agreed to be a Trustee Alternate.

The next Trustee meeting will be January 7, 2013, at 5 p.m.

At 7:40 p.m., Molly Ashland moved to adjourn the meeting. Steve Del Deo seconded. All were in favor.

Steve Del Deo
Ken Krzewick
Molly Ashland



What Not To Focus On When Buying a Home

By Jack Prendiville

Century 21 Thompson Real Estate

When viewing a potential home, it's important to pay close attention to how it meets your needs. Location, school district, outdoor space, the number of bedrooms and bathrooms are all criteria that might be high on your must have list. Do not be deterred by cosmetic details that can be easily be changed.

- 1. Current décor.** Try not to get swayed by the furnishings of a home. Remember, the furniture and décor will be removed if you purchase the property.
- 2. Cluttered view.** Look beyond any clutter and focus on the actual floor plan. At the same time, evaluate closet and storage in the home.
- 3. Staged reaction.** Remember, most sellers take the time to stage their home. Often furniture or interior doors are removed to make rooms feel bigger. Check the square footage to get an accurate size of each room.
- 4. Old and outdated.** Out-of-date hardware like drawer pulls, hinges, and knobs can easily be changed. Don't be put off by an abundance of accessories that don't fit your style, they can usually be inexpensively swapped out with something else.
- 5. True colors.** Interior paint colors can be easily changed so don't be turned off by that overly bright kitchen or dark den. Focus instead on the amount of natural light and if the room itself has ample interior built in light fixtures.

If you want to get a truly accurate view, bring a tape measure and take pictures of the interior and exterior. Remember to focus on the overall floor plan, quality and condition of the home and not on the accessories. ■

Selectmen's Meeting Minutes — December 11, 2012

Present: Chairman Bowles, Selectman Krieger and Selectman Ives.

Also present was Road Agent Dave Rice.

Chairman Bowles called the Meeting to order at 6:30 p.m.

Selectman Krieger moved to accept the Selectmen's Meeting Minutes of Tuesday, December 4, 2012 as written; seconded by Selectman Ives. All were in favor. Motion carries.

Selectman Ives moved to accept the Budget Workshop Meeting Minutes of Tuesday, December 4, 2012 as written; seconded by Selectman Krieger. All were in favor. Motion carries.

Chairman Bowles stated for the record that he signed four pistol permits.

Chairman Bowles stated for the record that normally this would be Board of Permit but it was canceled because there was nothing on the agenda.

The Board met with Road Agent Dave Rice.

Mr. Rice stated that they will be finishing the ditching on Bumfagon Road this week.

Mr. Rice stated that they are going to redo a turnaround on Berry Road for turning around during plowing. Selectman Ives asked Mr. Rice to get something in writing from the property owner saying we can use the turnaround since it is on his property.

Selectman Ives said he got a complaint from someone on Storrs Drive that said the road was iced up the other day. Mr. Rice said they got there as soon as they could.

Chairman Bowles reminded Dave that the Board would meet with him and Steve Bennett on Friday to go over their budget.

The Board began their review of correspondence.

The Board received an email from Local Government Center regarding the surplus return. The Board will send a letter to LGC asking that the Towns surplus be returned

Selectmen — cont. on page 28



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Selectmen — continued from page 27

by check rather than wait for a credit on a future invoice.

The Board received a memo from Jean regarding the insurance claim for the compactor at the Transfer Station.

The Board received a memo from Brenda regarding Budget Hearings and the Annual Town report. The first budget hearing will be scheduled for January 22, 2013, the second, if needed, will be Wednesday, February 6, 2013.

The Board received the budget review meeting schedule from Brenda.

The Board received a tax rate chart to be published in *Ledger*.

The Board received an account history report for Town Cemeteries. The cemeteries went out to bid last year. Mr. St. Laurent has done it for a couple of years, there are no complaints with his work; he said his price for next year will be the same as this year. The Board will not go out to bid this year and will have Mr. St. Laurent continue to maintain the cemeteries.

The Board received a copy of the Assessment due to the Merrimack Valley School District as a result of the approved tax rate calculation. The monthly payment due to the school district from the town went from \$675,292.27 to \$702,566.32.

The Board received a letter from the Conservation Commission regarding the LaPadula property. They recommend giving his land back. The Board will hold Public Hearings on January 2, 2013 and January 15, 2013 to consider giving the land back to Mr. LaPadula. If the Board decides to give the land back the Planning Board can hold a hearing to consider revoking the subdivision.

The Board received a memo from Dave Wiley regarding the Valuation Report for the Highway Garage. Chairman Bowles explained that the insurance company recently decreased the replacement cost of the garage; he asked for an explanation as to how LGC arrived at the amount.

The Board received a memo from Brenda regarding correspondence and copies. Chairman Bowles explained that there are a lot of copies, a lot of paper that seems to be wasted; he is looking for ways to cut that down.

The Board received a request from CASA to be included in the town budget. The Board decided not to include them in the budget this year.

The Board received a copy of a letter to the editor; it was dropped off to the Board anonymously.

Miscellaneous correspondence.

The Board received a couple of reminders.

The Board will meet with Mr. Harris & Mr. Wiley on Thursday, Dec. 13th at 4:00 p.m.

Monday, December 17th at 6:00 p.m. is the MVSD Finance Committee Meeting.

Saturday, December 22nd 8:30 a.m., Holiday Food Baskets will be picked up from the Armory and distributed to residents in Town.

Selectman Krieger said he reviewed the MRI report. He noticed some corrections that need to be made. Chairman Bowles and Selectman Ives agreed that Selectman Krieger should call to discuss the corrections and the bill.

Selectman Krieger moved to adjourn the meeting at 7:26 p.m. Seconded by Selectman Ives. All in favor. Meeting adjourned.

LOUDON BOARD OF SELECTMEN

Dustin J. Bowles, Chairman
Robert P. Krieger, Selectman
Steven R. Ives, Selectman

Selectmen's Meeting Minutes — December 18, 2012

Present: Chairman Bowles, Selectman Krieger and Selectman Ives.

Chairman Bowles called the Meeting to order at 6:30 p.m.

Chairman Bowles expressed his thoughts and prayers to those involved in the school tragedy in Connecticut.

Selectman Krieger moved to accept the Selectmen's Meeting Minutes of Tuesday, December 11, 2012 as written; seconded by Selectman Ives. All were in favor. Motion carries.

Selectman Krieger moved to accept the Selectmen's Meeting Minutes of Thursday, December 13, 2012 as written; seconded by Selectman Ives. All were in favor. Motion carries. The Board met with Dave Wiley and Mike Harris to discuss a tax issue.

Selectman Krieger moved to accept the Budget Workshop Meeting Minutes of Friday, December 14, 2012 as written; seconded by Selectman Ives. All were in favor. Motion carries.

Chairman Bowles stated for the record that he signed four pistol permits.

The Board began their review of correspondence.

The Board received a letter from Town Council regarding the American Legion Property.

The Board received a petition to amend the Loudon Zoning Ordinance. The Board will forward the petition to the Planning Board.

The Board received a copy of a letter from Mike Martin, Superintendent of the

Merrimack Valley School District in regards to a meeting between the school board and the Selectmen from the towns involved in the school district.

The Board received a memo from Brenda regarding Fairpoint billing plans. The plan will be changed for the transfer station and the highway garage.

The Board received an account history for HWY — Park Maint. & Supplies for review.

The Board received a response regarding a request they sent to LGC regarding receiving the surplus owed the town in a check rather than as a Contribution Holiday. LGC agreed to the request.

The Board received a letter from LGC and a copy of the insurance check that they received in regards to the fire damage to the compactor at the Transfer Station.

The Board received copies of the Town Properties currently covered by LGC and the values of each.

The Board received a copy of the 2012–2014 Legislative Policy Positions from NHMA.

The Board received a copy of a bill from Upton & Hatfield for their review and approval to pay. The Board agreed to pay it.

The Board received a notice of Excess Property from US District Court of NH.

The Board received a letter from the Jack Kent Cooke Foundation regarding the Young Scholars Program.

Miscellaneous correspondence.

The Board received a few reminders.

Saturday, December 22, 2012, Holiday Food Basket deliveries from LFD at 8:30.

Monday, December 24, 2012, LFD Annual Breakfast for employees at 8:30 a.m.

There will be no Selectmen's Meeting next week due to the holiday.

The next Selectmen's Meeting will be Wednesday, January 2, 2013.

The Board will meet with Chief Wright on Friday, December 21, 2012 at 8:00 a.m. to review the Fire Department budget.

Selectman Krieger reviewed a couple of items.

Selectman Krieger said that he sent the corrections to MRI and asked for a contact person regarding the bill.

He also said contact has been made with the Police Department, Fire Department and the School and they are in the process of going over security operations after the incident in Connecticut.

Selectman Ives moved to adjourn the meeting at 7:00 p.m. Seconded by Selectman Krieger. All in favor. Meeting adjourned.

LOUDON BOARD OF SELECTMEN

Dustin J. Bowles, Chairman
Robert P. Krieger, Selectman
Steven R. Ives, Selectman

Selectmen's Meeting Minutes — January 2, 2013

Present: Chairman Bowles, Selectman Krieger, and Selectman Ives.

Chairman Bowles called the Meeting to order at 6:30 p.m.

Selectman Krieger moved to accept the Selectmen's Meeting Minutes of Tuesday, December 18, 2012 as written; seconded by Selectman Ives. All were in favor. Motion carries.

Selectman Krieger moved to accept the Budget Workshop Meeting Minutes of Friday, December 21, 2012 as written; seconded by Selectman Ives. All were in favor. Motion carries.

Chairman Bowles explained that the town treasurer, Mel Kiley, has broken her knee. He explained that they need to appoint a deputy to help her out while she recuperates. Chairman Bowles stated that in the past, Patrick Kiley has served as deputy, which works out well because Mel does most of the work but Pat would have the authority to transport paperwork from the town office to Mel. *Selectman Ives made a motion to appoint Patrick Kiley as the Loudon Deputy Treasurer effective January 3, 2013, expiring on January 1, 2014; seconded by Selectman Krieger. All were in favor. Motion carries.*

Chairman Bowles stated for the record that he signed eight pistol permits.

Chairman Bowles explained that they received a memo from Tax Collector, Helen McNeil. Mrs. McNeil requested abatement in the amount of \$35.59 for tax map 21, lot 64. There was a credit that was not applied to the account; she asked that the interest that had accumulated be abated. *Selectman Krieger made a motion to abate the amount of \$35.59 for map 21, lot 64; seconded by Selectman Ives. All were in favor. Motion carries.*

The Board began their review of correspondence.

The Board received copies of the current Expenditure report.

The Board received copies of the 2013–2014 Preliminary Budget Revision # 1.

The Board received copies of the 2013–2014 Revenues Revision #1.

The Board received a copy of a check in the amount of \$236,922.38 from the State of NH for Rooms & Meals tax.

The Board received a copy of a reimbursement check in the amount of \$181.98 from the NH Municipal Association.

The Board received a letter from Town Council regarding the Crowley case legal fees.

The Board received a letter from Town Council regarding the Fortier case.

The Board received a letter and bill from George Sansoucy regarding Fairpoint Tax Appeals.

The Board received a memo from Brenda regarding a property tax issue.

The Board received a letter from Local Government Center regarding the HealthTrust Board.

The Board received a letter from Local Government Center regarding the Property-Liability Trust Board.

The Board received a copy of a memo to Dave & Steve from Brenda regarding Fairpoint calling plans.

The Board received a scholarship thank you letter from William West.

The Board received Xfinity price adjustment information.

The Board received two letters from Liberty Utilities regarding Natural Gas safety.

The Board received miscellaneous correspondence.

Chairman Bowles explained that being 7:00 p.m. they were going to open the public hearing to discuss returning land that had been deeded to the town due to an open space subdivision. Chairman Bowles explained that according to RSA 41:14-a the Selectmen have the authority to buy, sell or purchase land. Chairman Bowles stated that Leonard LaPadula got approval for a subdivision a few years ago and is requesting that the Open Space Land be transferred back to him so that he can ask the Planning Board to revoke the subdivision and then sell the property as one large parcel. Chairman Bowles stated that the Board has received letters from both the Conservation Commission and the Planning Board; both are in agreement that the land be returned to allow the revocation. Per RSA 41:14-a a second public hearing on this matter shall be held and is scheduled for Tuesday, January 15, 2013 at 7:00 p.m., in the Community Building.

Chairman Bowles recognized Joe Piroso, Shaun Jones and Larry Elliot from the American Legion.

Per the agreement signed by the Board and the American Legion, a check was submitted to the Selectmen from the American Legion in the amount of \$420.00 for the annual rent of a meeting space.

Chairman Bowles explained that the town attorney has come up with a few documents for the Legion representatives to review and sign. Joe Piroso stated that a vote was taken on December 19, 2012 that allows Shaun Jones & Joseph Piroso to sign the final papers on the sale of the post to the Town of Loudon. Mr. Piroso will get a copy of the document that shows that vote, to the town office for the record. Mr. Piroso submitted the Abstract of Title, plot plan and

Selectmen — cont. on 29

Selectmen's Meeting Minutes — January 8, 2013

Present: Chairman Bowles, Selectman Krieger, and Selectman Ives.

Also present was Road Agent Dave Rice and Police Chief/Code Enforcement Officer Bob Fiske.

Chairman Bowles called the Meeting to order at 6:30 p.m.

Selectman Krieger moved to accept the Selectmen's Meeting Minutes of Wednesday, January 2, 2013 as written; seconded by Selectman Ives. All were in favor. Motion carries.

The Board met with Road Agent Dave Rice.

Mr. Rice said everything is going good, they have been doing general repairs on equipment.

Selectman Ives asked how the road tractor is doing. Mr. Rice said it is getting tired.

Selectman Krieger asked how the new grader is. Mr. Rice said it is great. It did have to go back to Nortrax last week, the plow wasn't angling correctly, there was a problem with the valve system.

Chairman Bowles said there is an alarm on the excavator that goes off in the cold. He asked Mr. Rice to look into it.

The Board met with Police Chief Bob Fiske.

Chief Fiske explained that he received FEMA paperwork from the town office. He set up a meeting with Wes from FEMA and Dave Rice for Thursday to go over the paperwork. Chief Fiske requested that because Bonnie is involved with this that she is allowed to attend the meeting. The Board agreed.

Chief Fiske submitted permits for the July and September races at New Hamp-

shire Motor Speedway. The Board signed the July permit and will hold the September permit until August 1, 2013.

Selectman Krieger made a motion to approve appointment papers for special police officers for the Town of Loudon. The first appointment paper will be in effect beginning July 11, 2013 through July 15, 2013, the second September 19, 2013 through September 23, 2013. Selectman Ives seconded the motion. All were in favor. Motion carries.

Chairman Bowles stated for the record that he signed six pistol permits.

Chief Fiske submitted a Letter of Intent from the NH Motor Speedway for the Fantasy Drive Open House on Saturday, March 30, 2013. Selectman Ives asked if there are time frames on the two bands. Chief Fiske said not as of yet. Chairman Bowles said they had a meeting last year with someone from the track about bands. Chief Fiske said there was an issue with one event but not the next one.

Chief Fiske explained that he wants to make the Board aware that Brentwood, Lee and Epping are looking for advice from the Loudon Police Department because of a big race they have coming in down there. There are issues with who has jurisdiction, how they are going to handle traffic etc. The Board agreed that Chief Fiske has the expertise to share.

Chairman Bowles read the following: *The Board of Selectmen of the Town of Loudon are requesting bids for the printing of the Annual Town Report. Specifications may be obtained from the Selectmen's Office, 29 S. Village Road, PO Box 7837,*

Loudon NH 03307 or by email at townofloudon@comcast.net. Sealed bids, clearly marked "Town Report Bid" are due at the Selectmen's Office no later than 4:00 P.M. Monday January 7, 2013. Bids will be opened during the next regular Selectmen's Meeting. The Board of Selectmen reserves the right to accept or reject any and all bids. Dustin J. Bowles, Chairman, Robert P. Krieger, Selectman, Steven R. Ives, Selectman.

Chairman Bowles opened bids. The bids were as follows: Evans Printing — 1200 copies \$2,747.04 and 1500 copies \$3,035.56. Debbie K Graphics — layout, scans, corrections, cover design, and printing prep for a flat fee of \$1,000.00. Hannaford & Dumas — 1200 copies \$2,595.00 and 1500 copies \$2,850.00. The Country Press Inc. 1200 copies \$2,688.44 and 1500 copies \$3,259.80.

Chairman Bowles said Evans has always done a good job. Selectman Ives stated that he prefers to work with companies they know. Chairman Bowles said both Hannaford & Dumas and The Country Press are from out of state; he likes the fact that Evans is nearby. Selectman Ives said he would go with Evans because he likes dealing local. Selectman Krieger said there is a \$152.04 difference between Hannaford and Evans. Selectman Krieger stated that he would have liked to see a sample of the two other companies work; they know what they are getting from Evans.

Selectman Ives made a motion to award Evans printing the contract for printing 1200 copies of the Annual Town Report at \$2,747.04 as per the bid specs. Seconded by Selectman Krieger. All were in favor. Motion carries.

Selectman Krieger made a motion to award Debbie K Graphics the bid for layout, scans, corrections, cover design and printing prep for the Annual Town Report for a flat fee of \$1,000.00. Seconded by Selectman Ives. All were in favor. Motion carries.

The Board began their review of correspondence.

The Board received a letter and a check from Town council for attorneys' fees for the Crowley case.

The Board received a letter and appointment paper from Julie Robinson regarding the Conservation Commission. Selectman

Krieger made a motion to appoint Polly J. Touzin has an alternate to the Conservation Commission to expire on March 31, 2014. Seconded by Selectman Ives. All were in favor. Motion carries.

The Board received an agenda for the MVSD meeting on January 10, 2013 meeting at 7:00 p.m.

The Board received a request from a scholarship recipient. The Board agreed that the scholarship money could be paid to a loan institute rather than a college but not to the student.

The Board received a notice from PSNH regarding performing work in jurisdictional wetlands.

The Board received a letter from the State of NH Highway Safety Agency regarding 2014 Financial Assistance.

Miscellaneous correspondence.

The Board received copies of Revision #2 of the budget. The Board will review it.

Chairman Bowles explained that he worked with Brenda in the office to draft the warrant articles for the highway department for the truck, mower and to discontinue the road grader fund or change the purpose of the road grader fund to a highway equipment fund, and an article to rescind the authority the Board has from RSA 41:14-a. Chairman Bowles said they might also want to have an article to change the existing Highway Capital Reserve Fund so that it is used to purchase trucks to keep it separate from the Highway Equipment Fund. The Board will review the draft articles.

Chairman Bowles said that the Fire Chief Job search committee is meeting tomorrow, Wednesday at 8:00 a.m. They have four interviews scheduled.

The Board received a couple of reminders.

Thursday, January 10, 2013 at 7:00 p.m. is the meeting with MV School Board.

Tuesday, January 15, 2013 at 7:00 p.m. is the 2nd public hearing for the LaPadula property.

Selectman Ives moved to adjourn the meeting at 7:41 p.m. Seconded by Selectman Krieger. All in favor. Meeting adjourned.

LOUDON BOARD OF SELECTMEN

Dustin J. Bowles, Chairman
Robert P. Krieger, Selectman
Steven R. Ives, Selectman

Selectmen — cont. from 28

Septic Approval for Operation for the American Legion Property.

Selectman Ives clarified that the Legion would not be meeting in the building even if there are Legion items left there after the town takes possession of it. Mr. Piroso agreed that beginning with their Wednesday, January 16, 2013 meeting they would meet in the Community Building. Mr. Piroso asked if they will still have 60 days from the date of the closing to remove their items from the building. Chairman Bowles agreed they will.

Chairman Bowles stated that they reviewed all the paperwork and signed the Purchase and Sale Agreement and the Exhibit A Agreement. They will fill out the Warranty Deed at the closing. The Real Estate Transfer Tax document will be filled out by the office, the Certificate of authorization to sell the building was signed, along with the Lead Paint/Radon Gas notification, and the private water supply system and sewage disposal system disclosure.

Chairman Bowles stated that they received payment for one year's rent and the

Legion will be meeting on the third Wednesday of each month.

Chairman Bowles stated that copies of all the documents will be ready for Mr. Piroso to pickup on Friday.

The Board received a couple of reminders.

Tuesday, January 8, 2013 at 5:30 p.m., the Board will meet with Skip Sansoucy to discuss utility valuation/assessments.


Tuesday, January 19, 2013 at 7:00 p.m., the Board has been invited to attend the MV School Board meeting.

Selectman Ives thanked the Highway Department for doing a great job plowing over the holidays. Selectman Krieger agreed.

Selectman Krieger moved to adjourn the meeting at 7:50 PM. Seconded by Selectman Ives. All in favor. Meeting adjourned.

LOUDON BOARD OF SELECTMEN

Dustin J. Bowles, Chairman
Robert P. Krieger, Selectman
Steven R. Ives, Selectman



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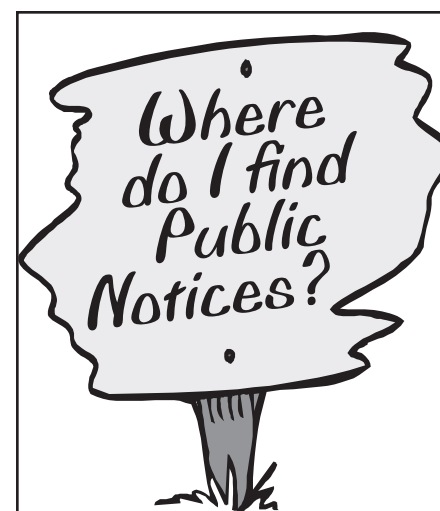
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March Deadline for The Loudon Ledger Friday, Feb. 15, 2013



Notices for all Public Meetings are posted at the following sites:

- Town Office
- Maxfield Public Library
- Beanstalk Store
- Ivory Rose/USPS
- Transfer Station
- Web Site

Planning Board Meeting Minutes — December 20, 2012

Meeting called to order at 7:35 p.m. by Chairman Tom Dow.

Attendance:

Steve Jackson, Tom Moore, *Chairman* Tom Dow, *Vice Chairman* Stan Prescott, Bob Cole, Alternate Jeff Green, *Ex-Officio* Dustin Bowles

Bill Gabler represented the Conservation Commission.

Acceptance of Minutes:

November 15, 2012 Regular Meeting — Steve Jackson moved to accept the minutes as written; seconded by Bob Cole. All were in favor.

November 15, 2012 Zoning Workshop — Bob Cole made a motion to approve the minutes; seconded by Steve Jackson. All were in favor.

Discussion:

Frank Merrill, Map 1, Lot 64 — Mr. Merrill said he is thinking of putting a building on the lot for a maintenance garage for FL Merrill Construction. He said he has an approval for this in Pembroke but it is not an ideal spot. Mr. Merrill explained that his trucks would still be parked at his pit and this would be an office and repair shop only. He said the building would probably be a little bigger than the one he put up on Map 1, Lot 65. Mr. Merrill said he is still working on the road easement between Alden Moore and Z-1. He said he has put up a bond for the balance of the paving to be done on the road. Mr. Merrill stated that he has a preliminary sketch from Tim Bernier and would work with him on shoreland protection. He said they would have to put up a retaining wall due to the topography of the lot and they are looking closely at the size

allowed and lot coverage. Board members felt the use would be a good one for the lot and encouraged Mr. Merrill to keep in mind what the Board would be looking for with regard to aesthetics.

Conceptual Consultation:

Northpoint Engineering, Map 61, Lot 2 — Jeff Lewis and Matt Routhier were present from Northpoint Engineering. Property owner Dave Pritchard was also present. Mr. Lewis explained that he and Mr. Pritchard came to the Board in 2011 to discuss possible uses for the lot. He said this is a challenging lot due to wetlands and slopes. The lot has been surveyed and all wetlands were mapped by a wetlands scientist. Mr. Lewis pointed out that approximately 15 acres of the lot are in Loudon and the rest are in Canterbury. He said phase one of the project would be to build a tiered, gravel parking lot. There would be some wetland impact; they are trying to get a developable footprint. Mr. Lewis pointed out on sheet two of their preliminary plans that they are showing potential future development to demonstrate impacts, etc. He said they have had conceptual meetings with NH DES. Phase one would include the construction of the lot with detention areas to handle all wetland impacts. Mr. Lewis said an Alteration of Terrain permit would be needed. Mr. Pritchard gave a history of the lot since he purchased it. He explained that he would like to develop the lot and create some tax revenue for the town. Tom Dow asked if they would be able to get a DOT right-of-way permit. Mr. Lewis said he is not anticipating any problems with that. He said they will meet with the Conservation Commission for conceptual discussion probably in

January. Steve Jackson spoke about the Town's steep slope ordinance. He said the concept is good but the property has a lot of limitations. Chairman Dow encouraged the engineers to carefully review the Zoning Ordinance and Land Development Regulations.

Board Discussion:

Master Plan update — Mike Tardiff went over some of the results of the recent Master Plan survey. He spoke about funding that is available to assist with updating the Transportation chapter, which he said will get input into the State's ten-year Route 106 plan. Mr. Tardiff said that CNHRPC will work with the Board and sub-committees to review and update the various chapters of the Master Plan. He will be in contact with the Planning Office after the holidays to set up a schedule.

Len LaPadula — Mr. LaPadula has submitted a request to the Town for the return of 45.2 acres and the reversal of his subdivision approval. The Selectmen have sched-

uled the required public hearings with regard to returning 45.2 acres that had been deeded to the Town as part of the open space subdivision. Those public hearings are set for January 2, 2013 and January 15, 2013. Planning Board members agreed to hold a public hearing on the revocation of the subdivision at 7:00 p.m. on January 17, 2013.

Report of the ZBA:

There is an application for soil application at property owned by ESMI on this month's agenda.

Report of the Board of Permit:

Stan Prescott reported that there was no meeting this month.

Adjournment:

Stan Prescott made a motion to adjourn at 8:28 p.m.; seconded by Tom Moore. All were in favor.

Submitted by,
Donna White, Administrative Assistant



Please note that both Planning and Zoning Minutes are DRAFT minutes, i.e., they have not been approved yet. For a copy of the approved minutes, please contact the Planning/Zoning Office after their monthly meetings (798-4540).

Planning Board meets the third Thursday of the month at 7 p.m.

Zoning Board meets the fourth Thursday of the month at 7 p.m.

Both Boards meet at the Community Building. All meetings are open to the public.



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| February 2013 in Loudon | | | | | | |
|--|--|--|--|---|--|---|
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| MEETINGS ARE ALWAYS SUBJECT TO CHANGE. PLEASE CONTACT THE GROUP IF YOU HAVE ANY QUESTIONS AND/OR TO CONFIRM MEETING TIMES AND LOCATIONS. | | | | | 1  | 2 |
| 3 | 4 4pm•Library Trustees 6pm•Conservation Com. @ Library 6:30pm•Happy Hill 4H | 5 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•Lions Club @ Library | 6 2pm•Storytime @ Library 2-4pm•Art Time @ Library 7pm•Sit 'n Stitch @ Library 7pm•Historial Society 7pm•Village Arts Group @ Library | 7 10:30am•Storytime @ Library 6pm•PTA @ LES 6:30pm•Learning Differences: Navigating the College Process @ MVHS | 8 | 9 4:30-6:30pm•Free Dinner at Family Bible Church, 767 Loudon Ridge Road |
| 10 | 11 7pm•Loudon Fire Dept. 7:15pm•MVSD School Board @ MVHS | 12 10:30am•Storytime @ Library 11:30am•Young at Heart Meet @ Com. Bldg. for lunch at Loudon Country Club 6:30pm•Selectmen's Meeting @ Com. Bldg.  | 13 ASH WEDNESDAY 2pm•Storytime @ Library 2-4pm•Art Time @ Library 6:30pm•Cub Scout Den Leaders @ Library 7pm•Sit 'n Stitch @ Library | 14 10:30am•Storytime @ Library 6:30pm•Freedom Hill Co-op @ Library  | 15 DEADLINE FOR THE MARCH ISSUE OF THE LOUDON LEDGER | 16 |
| 17 | 18 PRESIDENTS' DAY 6:30pm•Communications Council Meeting @ Community Bldg. | 19 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•Lions Club @ Library | 20 2pm•Storytime @ Library 2-4pm•Art Time @ Library 7pm•Sit 'n Stitch @ Library 7pm•Legion & Auxiliary @ Legion | 21 10:30am•Storytime @ Library 7pm•Planning Board @ Community Bldg. 7pm•Book Group @ Library | 22 Hat/Popcorn Day @ LES  | 23 9-1•Book Sale @ Library 11-3 WINTER CARNIVAL @ REC FIELD IN VILLAGE |
| 24 | 25 | 26 9-Noon•VNA Senior Health Clinic @ VOANNE 2:30pm•Movie @ Library 2:30pm•Classics Book Group and Writers Workshop @ Library 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•LYAA @ Library | 27 2-4pm•Art Time @ Library 6:30pm•Recreation Com. @ Library 7pm•Sit 'n Stitch @ Library | 28 11-3•Drop-in Craft Time @ Library 2pm•JO Cate Van @ Van Office 7pm•Zoning Board | 1 | 2 |
| SCHOOL VACATION WEEK | | | | | | |
| March | | | | | | |

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