

# The Loudon Ledger

PUBLISHED BY THE LOUDON COMMUNICATIONS COUNCIL



## It's Official!



*The lettering designating the Safety Building as the "Arthur W. Colby Safety Complex" was installed during the week of May 19th.*

## Get Ready for Loudon Old Home Day!

**COOL PLACES AROUND THE WORLD** is the theme for the August 9, 2008 Loudon Old Home Day event! Thanks to all who submitted entries from Loudon Elementary School! Congratulations to Alex Drago for the winning submission!

Congratulations to second-grader Lauren Rouse for her winning entry for the 2008 Old Home Day poster contest! Again, thanks to those who submitted their posters for the contest. Runners up are: Kindergarten, Deane Henderson,

first grade; Antonio LaRoche, third grade, Zack Jameson; fourth grade, Madison Holbrook; and fifth grade, Kelly Pederson. Great job to all!

Do you know someone who deserves to be nominated for 2008 Loudon Old Home Day Citizen of the Year? If you do, Citizen of the Year forms are available online at [www.loudonnh.org](http://www.loudonnh.org) or at the Town Office. Please be sure all Citizen of the Year nominations are mailed to Loudon Old Home Day Association, PO Box

7050, Loudon, NH 03307 by June 20, 2008.

2008 Individual Supporter forms have been mailed out. Any donations received after July 1, 2008 may not be included in the book. A list of donators will be posted at the Old Home Day Booth for any donations received after July 1st.

See pages 16-17 for forms and lots more information about this year's Old Home Day celebration. ■

## Memorial Day Parade

**A scene from the 2008 Memorial Day Parade, held on Monday, May 26. It was a perfect day for a parade. This year's parade was very well attended.**



### June 2008

### Volume 10, Issue 6

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### Mission Statement...

*To provide a comprehensive source of information and education about business, government, and community organizations within Loudon in order to facilitate and encourage informed citizen participation.*

Town of Loudon Office Hours

Selectmen’s Office

PO Box 7837 • 798-4541

Selectmen meet Tuesday evenings at 6:30 p.m. in the Community Building.  
Mon.–Thurs.: 8 a.m.–4 p.m. • Tues. evenings: 6 p.m.–9 p.m.

Town Clerk

PO Box 7837 • 798-4542

Mon.: 8 a.m.–2 p.m. • Tues.: 3 p.m.–9 p.m. • Wed.–Thur.: 9 a.m.–4 p.m.

Planning/Zoning Board

PO Box 7837 • 798-4540

The Planning Board Meets the third Thursday of the month at 7:00 p.m. in the Community Building. The Zoning Board meets the fourth Thursday of the month at 7:00 p.m. in the Community Building.  
Mon.–Thurs.: 8 a.m.–4 p.m. • Tues. evenings: 6 p.m.–9 p.m.

Tax Collector

PO Box 7844 • 798-4543

Tues.: 3 p.m.–9 p.m. • Wed.–Thurs.: 9 a.m.–4 p.m.

Police Department: Emergencies: 911

PO Box 7059 • 798-5521

Mon.–Fri.: 8 a.m.–4:00 p.m.

Code Enforcement

PO Box 7059 • 798-5584

Mon.–Fri.: 8 a.m.–4:00 p.m.

Fire Department: Emergencies: 911

PO Box 7032 • 798-5612

The Fire Department holds its general meeting on the second Monday of the month at 7:30 p.m. in the Safety Building. To obtain a fire permit, please stop by the station weekdays between the hours of 7 a.m. and 6 p.m.  
Fire permits for the weekend need to be obtained during these times.

Loudon Elementary School

7039 School Street • 783-4400

The School Board meets the second Monday of the month at 7:15 p.m.  
Call the Superintendent’s Office for meeting location.

Transfer Station

Tues. & Thurs.: 9 a.m.–5 p.m. (Winter)

Tues.: 9 a.m.–5 p.m. • Thurs.: 11 a.m.–7 p.m. (Summer) • Sat.: 8 a.m.–5 p.m.  
Loudon residents can purchase facility stickers at the transfer station for \$1.00. See the attendant.

Highway Department

Road Agent: David Rice • 783-4568

Mon.–Fri.: 7 a.m.–3:30 p.m.

Maxfield Public Library

Librarian: Nancy Hendy • 798-5153

Mon.: 1–7 p.m. • Tues.: 10 a.m.–9 p.m. • Wed.: 1–9 p.m.  
Thurs.: 10 a.m.–9 p.m. • Sat.: 9 a.m.–1 p.m.

The Library Trustees meet at 5 p.m. on the third Monday of the month.

John O. Cate Memorial Van

798-5203 (Mondays only) to schedule a ride.

For more information or on other days, call Barbara Cameron: 783-4534

Blessed Hope Food Pantry of Loudon

30 Chichester Road

Open most Wednesdays from 2–3 p.m. or for emergencies.

For more information, call Rev. Henry or Betty Frost: 783-4540

Loudon Representatives

Merrimack County — District 6

Maureen Baxley

Claire D. Clarke: 437 Daniel Webster Hwy., Boscawen, NH 03303

Priscilla P. Lockwood: 435 Northwest Rd., PO Box 1, Canterbury, NH 03224

Joy K. Tilton: 4 Hill St., Northfield, NH 03276-1611

Frank A. Tupper: PO Box 92, Canterbury, NH 03224-0092

Deborah H. Wheeler

Senators — District 07

Harold W. Janeway

Loudon Ledger Submission Policy

All groups, organizations, individuals, etc. are encouraged to submit articles to the Loudon Ledger. Special events, landmark anniversaries or birthdays, “attaboys,” etc. are all welcome.

Please note, however, that the Ledger will uphold its mission:

To provide a comprehensive source of information and education about business, government, and community organizations within Loudon in order to facilitate and encourage informed citizen participation.

We will also follow our Articles of Agreement, which are on file with the Secretary of State:

The corporation shall not participate in, or intervene in any political campaign on behalf of any political party or candidate for public office, nor shall it sponsor or endorse any plan or proposition that does not facilitate or encourage informed citizen participation.

In other words, any article submitted must present all sides of an issue in a factual, unbiased manner so that the reader may form his/her own opinion based on the information presented. To paraphrase Eric Severard: “You should elucidate but not advocate.”

Articles should be submitted to the Loudon Communications Council, P.O. Box 7871, Loudon, NH 03307. They may be emailed to [debbie@debbiekgraphics.com](mailto:debbie@debbiekgraphics.com). From there, they will be forwarded to the Council for review before they are inserted in the Loudon Ledger. If you have any questions regarding this policy, please contact Mary Ann Steele, chairperson of the Council, 267-6509. ■

Classified Ads are available. Please mail your ad copy, along with a check payable to LCC, to PO Box 7871, Loudon, NH 03307. A 1–3 line, 1-column ad will cost \$10. A 4–5 line, 1-column ad costs \$15.

“The Loudon Ledger” 2008 Schedule

January 2008 Ad & Copy Deadline: Fri. 12/14 Council Meeting: Mon. 12/17

February 2008 Ad & Copy Deadline: Fri. 1/18 Council Meeting: Mon. 1/21

March 2008 Ad & Copy Deadline: Fri. 2/15 Council Meeting: Mon. 2/18

April 2008 Ad & Copy Deadline: Fri. 3/14 Council Meeting: Mon. 3/17

May 2008 Ad & Copy Deadline: Fri. 4/18 Council Meeting: Mon. 4/21

June 2008 Ad & Copy Deadline: Fri. 5/16 Council Meeting: Mon. 5/19

July 2008 Ad & Copy Deadline: Fri. 6/13 Council Meeting: Mon. 6/16

August 2008 Ad & Copy Deadline: Fri. 7/18 Council Meeting: Mon. 7/21

September 2008 Ad & Copy Deadline: Fri. 8/15 Council Meeting: Mon. 8/18

October 2008 Ad & Copy Deadline: Fri. 9/12 Council Meeting: Mon. 9/15

November 2008 Ad & Copy Deadline: Fri. 10/17 Council Meeting: Mon. 10/20

December 2008 Ad & Copy Deadline: Fri. 11/14 Council Meeting: Mon. 11/17

PLAN YOUR ADVERTISING IN ADVANCE!  
TO ADVERTISE, CONTACT: Samantha French/783-4601  
DISPLAY ADVERTISING RATES:

Business Card	4½"W x 2"H	\$35.00/issue
1/8 Page	4½"W x 3"H — or — 2¾"W x 6"H	\$50.00/issue
1/4 Page	9¾"W x 3"H — or — 4½"W x 6"H	\$65.00/issue
1/2 Page	9¾"W x 6"H — or — 4¾"W x 11¾"H	\$115.00/issue
Full Page	9¾"W x 11¾"H	\$230.00/issue

Purchase an advertising contract for the entire year and SAVE 10%!

CLIP AND SAVE FOR FUTURE REFERENCE!

The Loudon Ledger

is published monthly by the Loudon Communications Council, PO Box 7871, Loudon, NH 03307.

Council Members: Kris Tripp, Dottie Mulkhey, Mary Ann Steele, Tricia Ingraham, Emily Bracey, Sherry Blanchard, Sharon Strout, and Amanda Masse.

Editorial Submissions may be mailed to PO Box 7871, Loudon, NH 03307 or sent via email to: [debbie@debbiekgraphics.com](mailto:debbie@debbiekgraphics.com)

All editorial submissions are approved by the Council before publication.

Advertising: Samantha French — 783-4601 / [harvestmooner@aol.com](mailto:harvestmooner@aol.com)

## Where to Worship in Loudon

### Family Bible Church

*"Where everybody is somebody, and Jesus is Lord!"*

*Pastor Steve Ludwick*

676 Loudon Ridge Rd., PO Box 7858, Loudon, NH, 03307 • 267-7577

www.myfamilybiblechurch.org • Email: fbc@emlot.com

*Coffee & Prayer Time:* Sunday 8–9:10 a.m.

*Sunday Worship:* 9:30 a.m. A blend of hymns & contemporary songs. Fellowship time following service is provided. Sunday School for ages 4 years–5th grade during worship service. Nursery also Available.

*Sunday Evening:* Youth Group — For Grades 6–11: 6–7:45 p.m.

*Monday:* Men's Fellowship and Prayer 7–8:45 p.m.

*Wednesday:* Women's Bible Study, fellowship, and prayer: 9:15 a.m.

*Ongoing Evening Adult Bible Studies:* call for details

■■■

### Faith Community Bible Church — Evangelical Free Church of America

*Pastor Jeff Owen*

334 North Village Road, Loudon, NH 03307 • 783-4045 • Office Hours: Tues.–Thurs. 9 a.m.–2 p.m.

www.fcbe-loudon.org

#### *Winter Worship Hours:*

*Sunday Worship Service:* Sunday 8:00 a.m. and 11:00 a.m.

*Sunday School Classes:* 9:30–10:30 a.m. • *Bible Study:* Thursday 9:30 a.m.

*Youth Group:* Leader Tom Stevens. Sept.–June 6:00 p.m., Grades 6–12

*FWFriends:* Weds. evenings 6:00–8. Ages 3 through Grade 5 (Sept.–April)

Faith Community Bible Church has Men, Women, and Small Group Ministries.

Please call for more details.

■■■

### Landmark Baptist Church

Fundamental, Independent, Biblical, Caring

*Pastor Paul J. Clow*

103 Chichester Road, Loudon, NH 03307 • 798-3818 • www.landmarkbaptistchurch.info

*Sunday School:* 9:30 a.m. (Nursery Provided) (**New Beginnings Class:**

for those interested in the Christian Faith and in Landmark Baptist Church. This is a time for questions and answers about what it means to be a Christian and what we believe here at Landmark!)

*Sunday Morning Worship:* 10:30 a.m. (Nursery and Children's Church Provided)

*Sunday Evening:* 6 p.m.

*Wednesday Evening Bible Study:* 7 p.m. (Nursery Provided. We are studying verse by verse through various books of the Bible.)

*Saturday Street Witnessing:* 9:30 a.m. •

*Saturday Youth Group:* 7–9 p.m. (Grades 7–12)

We never cancel services for any reason!

■■■

### Loudon Center Freewill Baptist Church

*Rev. Henry Frost*

Clough Hill Road. Mailing address: P.O. Box 7852, Loudon, NH 03307 • 783-4540

Member of the American Baptist Churches of VT/NH (Lakes Area Association)

*Sunday Worship:* 10:00 a.m.

■■■

### Loudon Congregational Church

*Rev. David D. Randlett, III*

7018 Church Street, PO Box 7034, Loudon, NH 03307 • 783-9478 • www.loudoncongregational.org

*Sunday Worship:* 9:30 a.m. (Staffed nursery for infants–pre-K)

*Sunday School (all ages):* 11:15 a.m. (Sept.–June)

*Sunday Evening Celebration Supper and Worship:*

Monthly at 5:30 p.m. Please call for details.

Wednesday, 7–9 p.m.: **Family Night.** Small groups for men, women, teens, and kids.

■■■

### New Beginnings Church of the Nazarene

*Rev. W. John White, Senior Pastor*

33 Staniels Rd, Loudon NH 03307 • Ph: 224-1311 • Office Hours: 9–2, Mon., Wed., Fri., 9–4, Tue., Thu.

phyllish@LNBnazarene.org • www.LNBnazarene.org

*Sundays: Sunday School & Adult Bible Studies:* 9:15 a.m.

*Worship:* 10:30 a.m. (Childcare provided for Infants.) *Jr. Kids Church* (2-year-olds–Kindergarteners.)

*Kidsville* (Grades 1–4)

*Early Evening:* House Churches. (Call the church or visit our website for a location near you.)

*Tuesdays: Early Youth Group* (Grades 5–6). 5:30–7:00 p.m.

Brian & Jill Bollinger: 267-1744

*Wednesdays: Youth Group* (Grades 7–12). 6:30–8:00 p.m. [Brian Bollinger/Rick Smith]

*Adult Bible Studies:* 7:00 p.m.

**Other:** Once a month will also have events for men, women, adults, and seniors (50+) called OASIS.

Please visit our NEW website or call the church office for details.

■■■

### SonLight Christian Fellowship

*Pastor Thomas Friedrich*

Currently meeting at the Loudon American Legion Hall, So. Village Rd.

Mailing address: 55 Wiggins Road, Loudon, NH 03307 • 798-3112 • pastor@sonlightchristian.org

*Sunday Worship:* 10:30 a.m.

*First Sunday of Every Month:* Discovery Series Bible Lessons

■■■

To have your Church's information added to this column, please email your information to [debbie@debbiekgraphics.com](mailto:debbie@debbiekgraphics.com)



## Loudon Young at Heart

*By Joanne Arsneault*

At our May 13 meeting, we welcomed our group president, Janet Darling, back from her Florida get-away. After opening the meeting, she asked the members to recognize Elizabeth Outhuse, our oldest members, who has turned 95 years old. She was given a pot of flowers. The door prize of "Breakfast for Two" was won by Irene Messer.

Our program of the day consisted of a Bell Ringer, Susan Chamberlain, who gave us some history of bell-ringing and then passed out bells and chimes and instructed us how to play them. We're not experienced, by any stretch of the imagination, and we wouldn't win any awards for musical aptitude, but it was fun, and isn't that what counts?

We had four new members join us this month: Joan Castricone, John Waldvogel, and Glen and Francine Clave.

The Old Home Day will be August 9 this year, and the theme is "Cool Things Around the World." Volunteers to serve on the group's float committee are as follows: Eileen Cummings, Dorothy Mulkhey, Janet Darling, Connie Raney, and Shirley Maxfield. Irene Dow will be an advisor on the committee. Their first meeting is tentatively set for May 29 at 9:30 A.M. at Irene's home.

A sign-up sheet was passed around for the trip on the Mt. Washington on June 10. We have 15 or so seats left on the bus. So, if you'd like to join us, feel free to call Pauline Haines at 798-5882 to reserve a seat. The entire trip will cost \$21.00 for the boat. The bus and box lunch are free for Loudon residents. Out-of-town residents will be charged \$2.00 each for the Community Action Program box lunch in addition to the \$21.00 boat fee. We should assemble at the Congregational Church on Church Street at 10:45 a.m. for an 11:00 a.m. departure. The boat trip runs from 12:30 to 3:00. Each person is asked to have the exact amount of money when they get on the bus. You may want to bring sunglasses, camera, and a sweater or light jacket and be prepared to enjoy yourself.

The Senior Housing Complex is up and running, and some of our Young at Heart members live there and they just love it. We will be having our annual picnic there in September, and we are looking forward to it. ■

## Pittsfield Area Senior Center

### SMART STEPS Mid-way BOOSTER June 4th 2 p.m.

Dain LaRoche from UNH will be hear to speak about Core Strengthening exercises that may be paired with walking. Even if you have not signed up for the Smart Steps Program you are welcome to attend this informative session. Smart Steps is an award-winning program, a personal exercise program that uses a pedometer to count daily steps. 55 people signed up on Monday, May 5th to participate in this 8 week program and more every day since. Want to be part of a team for a little more motivation along the way? If you would like to join at the mid-way point you may. Call 435-8482 and we will see that you receive a pedometer, paperwork and the name of your team leader. Teams will add up their steps weekly to see which town is in the lead. Its free and fun and full of fabulous prizes!

PS: You do not have to walk as a group. This is an individual based program. You enjoy the freedom to count each step, whether it is walking, jogging, dancing or skipping... it is about moving. Take your steps when, where and how you want, as a group or by yourself. Just be in touch with your team leader to report your progress each week and to increase your town's team steps.

### Smoking Cessation Kick-off Celebration June 11

Breath NH is offering a "Senior Smoking Cessation Pilot Program" through the Pittsfield Area Senior Center at 10 a.m.. If you are smoker 55+ this program is designed specifically for you. You will receive 1-on-1 online counseling, a group support system as well as telephone support, a manual, meetings (with treats), prizes, and whatever other rewards we may come up with to encourage and empower you to improve your wellbeing through the utilization of this smoking cessation program. You have never been smoking too long to recover from nicotine addiction. Clear your lungs and your mind and give this program the opportunity it deserves to assist you in breaking the chains that bind you from your fullest potential in this one way journey called life.

### Mystery Dinning Trips June 11th

This is a great opportunity to end up at a restaurant you have never tried before. Maybe you will discover a new favorite restaurant. Cost for transportation is between \$2 and \$5 depending on the destination! Reservations go quickly so plan to call the center and reserve your seat in the morning of the second Thursday (the day after the current month's dinner trip) of the month to go on the next month's trip. We will start doing 2 trips a month if we have enough folks interested and on a waiting list.

## “VNA Week” Is All About Being Home

### Helping a Loudon Resident Live at Home

Coming home was wonderful for John Sheehan, 92, but it required a lot of effort and the skills of many people to make it happen, and keep it happening. Daughter Jane Sheehan says, “My father came home after receiving wonderful care at Havenwood in Concord. I was apprehensive about being able to achieve a level of high-quality care at home.”

Helping to make high-quality care happen are the caregivers of Concord Regional Visiting Nurse Association, which celebrates and recognizes “VNA Week” this week. And there are many helping to keep John Sheehan at home. Registered Nurse Candy Lamphere completed the original assessment of John’s needs, followed by a period of visits from Registered Nurse Rosemarie Oakes. As Jane says, “Her smile, quiet and efficient confidence and easygoing manner with my father made the visits a pleasure. Most impressive, however, is the fact that she braved the dirt road and hill to the house in winter!”

John had the help of both an occupational therapist, Patti McTigue, OT, who gave the family suggestions on the physical setup in the house, and physical therapist Kathy Wyle, PT, who designed a balance and exercise program for John. “This has helped my father’s balance and strengthened his muscles and confidence!” says Jane.

“Most importantly,” says Jane, “has been Jennifer Hodgdon’s high-quality day-to-day care,” says Jane of the private-pay Concord Regional VNA personal care service provider. “Jen arrives with enthusiasm, a great sense of humor and a ton of common sense. Jen takes initiative. She is a great listener and is clearly aware of my father’s needs. She encourages my father to be as independent as possible yet needs no prompting to assist when necessary.”

John, who is blind in one eye and is hard of hearing, uses a walker to get around the house. A retired DuPont Company supervisor and former Marine, John reads the newspaper every day and is a huge Red Sox fan. He also has a sense of humor. In reference to his eyesight, he says, “I took myself off the road,” with a grin.

Jen spends six hours a day two days a week with John (a private LNA is there on other days). She prepares meals, helps John shower and dress, assists with medications, changes the bed and does laundry. She finds John to be friendly and full of knowledge. “I’ve learned a lot,” she says, by listening to the World War II veteran.



Jennifer Hodgdon, personal care service provider of Concord Regional Visiting Nurse Association, helps John Sheehan stay independent in his Loudon home.

Jen, married and mother to a stepson 9, son 6, and daughter 13 months, finds her work very satisfying, partly because of the relief it gives family members. “Home-care takes a real load off the family,” she says, “For them to be able to get out, to go to their job, is a huge weight off their shoulders.”

Jane agrees. “This makes it possible for me to leave for work with the peace of mind that my father and my home are in good hands.”

For more information about homecare nursing and therapy services or private-pay Personal Home Services of Concord Regional VNA, call Joan Bickford 224-4093, extension 2280 or visit [www.crvna.org](http://www.crvna.org). ■

## Katelyn Christine Campbell Accepted at PSU

Brian and Christine Campbell are proud to announce that their daughter Katelyn has been accepted to attend Plymouth State University in the fall. She will graduate from Merrimack Valley High School in June ranking 11th in her class. Katelyn is enrolling as an education major, with a minor in English. It is her dream to one day teach third grade. Katelyn is actively involved in Girl Scouts of Loudon and enjoys activities where she is able to mentor children. Those who know her can say undoubtedly what a wonderful teacher she will make. Plymouth University was impressed with Katelyn’s extensive community service record and strong leadership skills that they recommended her for the freshman travel abroad program. She applied and has subsequently been accepted to attend the University of Limerick in Ireland this fall. She will room with one other American and two abroad students in an apartment at the university. She will attend classes as a University of Limerick student with only one class being taught by a Plymouth State professor. Please congratulate Katelyn on her future ambitions. Mom, Dad, Austin, Emelia, Ada, and Reid will all miss her, but wish her success in all her achievements. ■



## Welcome Kyleigh!

“Congratulations” to Ronnie & Amanda York of Loudon, on the birth of their daughter Kyleigh Rosemary, born April 29, 2008. She weighed 8 lbs. 1 oz. and was 21” long. Proud grandparents are Dan and Michele York, Gary and Kat Morrisette, and Lisa Morrisette and David Moody. ■

## Stonemark Carpet Wins Award

Ron Stonis of Stonemark Carpet Cleaners, recently won the New England regional “spotting contest” held at the Jon-Don company in Salem, NH. He competed with carpet cleaners from around New England. Each contestant had to identify eleven different hard-to-remove stains, such as shoe polish, nail polish, iodine, lipstick, gum, ink, and the like.

They were given several chemicals to use in order to remove the stain. The wrong use of a chemical can either do harm to the carpet or set the stain permanently; therefore, each contestant had to not only identify the stain, but to use the correct chemical to remove it.

Ron said: “I surprised myself in removing all the stains as I didn’t think I was going to succeed in doing so. I was also happy to win a nice spotting kit as the prize. It was fun and it gave me a bit more confidence in my ability to remove stains in people’s homes.”

Ron was also interviewed by the *Concord Monitor* about the contest and his business and they printed up an article just recently. It appeared in Sunday’s issue on May 17.

Ron lives here in Loudon and has been servicing customers in the area for ten years now. He can be reached at 783-4175. He also has a web site: [www.stonemarkcarpets.com](http://www.stonemarkcarpets.com) ■



Bill Yeaton, left, congratulates Ron Stonis of Stonemark Carpet after Ron won a recent cleaning contest.



## The American Legion Post 88 Loudon

**W**e made it to spring!" Now, we have the black flies and wood ticks, which are very plentiful this year. Be very careful and protect yourself.

This article has to be submitted before Memorial Day, so we hope the day goes off without a hitch. And we hope all enjoyed the day!

Don't forget June 14 is Flag Day; fly your flags proudly this day to let every one know how proud you are of Old Glory.

June 6 is D-Day. This marks the invasion of Europe to free the people from Nazi control. Let's not forget the veterans who served.

### Post news and events

We are still looking for new members; we can answer a lot of questions that you may have on benefits from the town, state, nation, and also V.A. benefits.

All of the upgrades and repairs to the Legion hall have been completed, and it's now ready for rentals for all occa-

sions. By fire code, groups up to 100 people can use the building.

For more information call Alan 798-5587 or Jim 435-8892.

We had a major donation of hospital equipment from the Mark Chamberlin family. This included an electric wheel chair, bed supplies, wheel chairs, and more. Also, a stair climber which will be installed at the Legion for us "old guys." We thank the Chamberlin family for thinking of our program that enables

us to loan or give equipment to people that have a need. Thank you.

We have been doing this article for some time now. We would to have some feed back on how we are doing. Please call Fred at 224-0172, Jim at 435-8892 or Alan at 798-5587. Tell us what you like the best, along with any other comments or suggestions.

*Have a safe start to the summer.  
The Legion Family*



## Concord Regional Visiting Nurse Association

PO Box 1797, Concord, NH 03302-1797, 224-4093

### June Senior Health Clinics

Concord Regional Visiting Nurse Association is offering a Senior Health Clinic on June 24 from 9–Noon at the Community Building. All Senior Health Clinic services are \$10. Blood pressure checks are free. To make an appointment or for more information call 224-4093 or 800-924-8620, extension 4830. For a ride, call 798-5203.

### June Walk-In Immunization Clinics

An affordable walk-in Immunization Clinics for all ages will be held on Monday, June 2, 2008, from 1–3 p.m. and Tuesday, June 17, 2008 from 2:30–4:30 p.m. Immunization Clinics are held at St. Paul's Episcopal Church Outreach Center, 21 Centre Street, Concord. A fee of \$5.00 is requested per child (under 18). Adult vaccination costs vary by the cost of the individual vaccines. Children must be accompanied by a parent or guardian. Please bring an immunization record with you. For more information call Concord Regional Visiting Nurse Association Community Health Services at 224-4093 or 800-924-8620, extension 4830.

### Monthly Walk-In Blood Pressure Clinics

Free blood pressure clinics are offered on Wednesday, June 4, 10 a.m. to Noon at Hannaford's Pharmacy, Ft. Eddy Rd., Concord and Wednesday, June 11, 10:30–11:30 a.m. at White Rock Senior Living Community, Wellness Office, 6 Bow Center Rd., Bow.

Concord Regional Visiting Nurse Association offers blood pressure screenings in the areas that it serves. Blood pressure screenings are a good way for individuals to track their blood pressure for upcoming visits to their physician. Blood pressure screenings are free of charge. For more information call Concord Regional Visiting Nurse Association at 224-4093 or 800-924-8620. ■

*Seniors — continued from page 3*

### Community Listening Forums June 16

*Helping Each Other Through the Ages*

Seniors: what do you need to stay engaged and active? How can the State and communities support you in living life on your terms? We are riding the Bus to Horseshoe Pond Place in Concord to participate in this community discussion! State representatives will be present to listen and hear our ideas about what seniors need and want first-hand. The deadline for required reservations is Tuesday, June 10, 12 noon. Call 435-8482 to reserve your seat and lunch or for more info.

### Book Club June 16

Book Club is meeting right after a fabulous Luncheon of BBQ Riblets. This month's selection is *The Hindi-Bindi Club* by Monica Pradhan

### Trip Schedule

**June 25** — Van Otis Chocolate Tour. Free. Bus and Lunch Bag, \$5.00.

**July 30** — Cabbage Island, \$78.00.

**Aug. 27** — Hampton Beach, Free. Bus and Lunch Bag, \$7.00.

The cost for the bus is the total amount less \$2.00 for the bag lunch.

NO MEMBERSHIP REQUIRED.  
ALL ARE WELCOME. ■

## Affordable Senior Apartments Available



### A New Affordable Senior Housing Community Now Open in Loudon, NH

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# D.A.R.E. NEWS

*By Jason S. Fiske, D.A.R.E. Instructor*



The annual community clean-up was held on May 14. The students spent the day picking up trash and raking around the Police and Fire station. Afterwards the students brought their bagged lunches and ate at the recreation field. Snacks and beverages were provided by the Loudon Police D.A.R.E. Program which was followed by games at the recreation field. We had a beautiful day and it was a great way to end our 2008 D.A.R.E. Program. On this same date at 6:30, D.A.R.E. graduation was held at the Loudon Elementary School. Once again Scott Spradling, former news anchor for WMUR news was our guest speaker. Mr. Spradling once again gave an excellent presentation that was enjoyed by all. Congratulations to the fifth grade students! I'm very proud of you!

We have the opportunity to send four students to a Y.M.C.A. camp this summer. The student will have their choice of one of the eight (one week) sessions available. The camp will be held at the Penacook Elementary School. The Loudon Police D.A.R.E. program will be paying the camp fee so there will be no cost to the family.

I would especially like to thank the fifth grade teachers, Ms. Starr, Mr. Herrick and Mr. Satterfield along with the many other support staff at the Loudon Elementary School for their assistance and support of this program. By all of us working together, we all reap the rewards of watching these young children blossom into responsible young adults.

Thank you to the fifth graders for a great year! I encourage my students or anyone to stop in to say 'hi' or to call if they have any concerns.

As always, if you have any comments or suggestions, please do not hesitate to contact me at 798-5521 or via e-mail at [loudonpd@loudonpolice.com](mailto:loudonpd@loudonpolice.com) or [jfiske@loudonpolice.com](mailto:jfiske@loudonpolice.com).

*Pictures courtesy of Amanda Masse and Kate Dockham.* ■



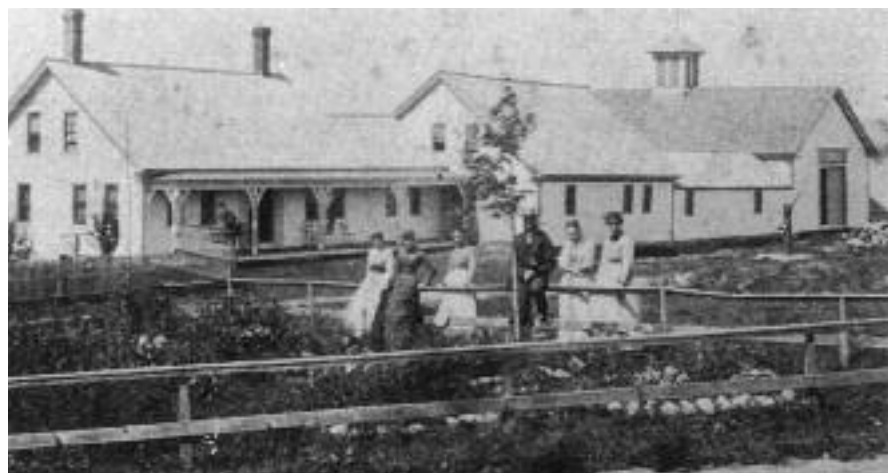
# LOUDON HISTORY AND MYSTERY

By Amanda Masse



In the March issue, I shared an old photo of the current town offices and the community building or as it is well known, Charlie's Barn in the village. Thank you to Muriel Burr who wanted to share the additional information about Mr. Symonds and the farm's previous owners:

*Both Phillip Brown and Deacon Thomas Batchelder bought land, cleared it, and settled in the village 1776–1778. Both learned the trade of cabinet maker. Brown engaged in farming and his house (the town office) was the third in the village. The stone house next to this house was probably built*



*around the same time as a former owner was doing repair work and came across the name Thomas Batchelder. Brown also kept a hotel in the village and in 1775 he had a permit to keep a tavern. The store was once a hotel owned by Moses Hillsgrove in 1886, J.E. Ross in 1849, and Mabel Ross in 1903. The land along the Soucook River is known as Brown's Intervale. Philip Brown (1753–1833) married Elizabeth Batchelder (1763–1812). Elizabeth was the daughter of Thomas and Joanna Batchelder. They had nine children. Deacon Thomas Batchelder (1724–1805) married Joanna Tilton (1722–1797) they had four children. The last Brown owner was Charles Brown, the great-grandson of Phillip Brown, son of Lorenzo Brown born in 1813. Philip Brown, Elizabeth Brown, and Thomas Batchelder are buried in the village burial ground. Joanna Batchelder is buried in the Tilton-Blake family burial ground.*

*Thank you to Jake Raney for the data on Charles Symonds. Charlie probably purchased the Brown Farm in the mid 30's. When I moved to the village in the mid 50s, Charlie was living alone, was no longer farming, and had other farmers tend the farm. For a while, he had a cow. He still had an egg route, as every week he got a case of eggs from the Towle Farm in Chichester and would box them for delivery to his customers in Concord. In his later*

*years, weather permitting, he would sit on his porch. I often visited Mr. Symonds on his porch or in his large kitchen. In his last years of living, he only lived in his home during the warm months and when he was no longer able to do this, he lived with his daughter, Gladys, whose house was built on this farm land on the other side of the road to the recreation field. This information was given by Muriel Burr.*

Last month I shared with you a photo taken in 1908 of Archelous Moore's House on Loudon Ridge. I heard from several in the Moore family who, of course, knew about the farm. Many of us visit this farm for maple syrup, beef, and to see the lambs in the spring — Windswept Maples. The house is now two stories and the cupola is now gone on the barn. Stay tuned next month for an in-depth history of this farm.

There is no new mystery this month. I need to find an individual who is willing to write this mystery section. Please contact me, Amanda, by email at [jaelmasse@comcast.net](mailto:jaelmasse@comcast.net) or call 783-0227.

Please consider stopping by and joining the Historical Society, the next meetings are on Wednesday, June 4 and then Wednesday, July 2. Please email Cyndi Babonis at [cbabonis@gmail.com](mailto:cbabonis@gmail.com) for meeting details. Let's all help keep Loudon's history alive. Join them to find out how you can help! ■



## TROOP 247 NEWS

### Using The Tools In Your Toolbox Camporee

On May 2–4 Troop 247 participated with other area troops in Epsom at Webster Park for camporee. A Webelo scout, Alec Decato, came with us and learned a lot of survival skills. It was different from other camporees because you could take as long as you wanted at activities and hosted by the Troop from Epsom. At one station, we learned to use a rope, cable and three staves to go across a real ravine. We saw one scout from another troop slip into three feet of water and two feet of muck! The weather was mostly rainy the whole time, especially on Sunday morning. Luckily for us though, we got up at 5:00 a.m. and got all our gear packed up before the rain began to pour.

Thursday, May 15, our troop went to Moore cemetery and raked out an older private cemetery in preparation for Memorial Day. Our troop will be marching in the parade and the Legionnaires will put flags on all the headstones of Veterans. ■



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# Loudon Recreation Committee News

Thank you to all those who volunteered at the Bike Safety Event!! It was a wonderful turnout. Thank you to Janice at Loudon PD for organizing this event for the children in Loudon!!!

Here is an update on events coming up for the Loudon Recreation Committee:

## THEATER CAMP FOR KIDS

The experienced New Hampshire theater company, Children's Stage Adventures will lead a Children's Theatre Camp the week of July 7–11 at Loudon Elementary School for children entering grades K–12. Cost is \$75 per student and includes the entire program from 10:30–4:45 (children will bring their own lunch). Optional before and after program care available for an additional \$50 for the week. Non-resident children will be accepted if space is available. Children learn practice and perform a live theatrical play with a performance for families at the end of camp on Friday night.

### Camp schedule:

- *Optional morning care from 7–10:30 a.m. (schedule of planned activities & morning snack)*
- Drop off for camp-only kids 10:15
- Theater workshops begins at 10:30
- Lunch/bathroom/break 11:30–12:30 (Kids bring a packed lunch from home)
- First session 12:30–2:30
- Break 15 minutes — quick snack
- Second session 2:45–4:45
- Pick-up at 4:45 for non-extended care
- *Optional afternoon care till 5:30*

Registrations will be accepted until the program is full. A registration form is on the website [www.loudonnh.org](http://www.loudonnh.org). Print the registration form and follow the instructions to register. For more information about Children's Stage Adventures visit their website at [www.childrenstageadventures.org](http://www.childrenstageadventures.org). If you have any questions, please call Christine @ 783-9838 or email [camp06@aol.com](mailto:camp06@aol.com).



## JUMP ROPE

Are you entering grade 1–6 this fall? If so, then we have just the activity for you. The Loudon Recreation Department invites you to JUMP ROPE! Registration deadline is June 10.

**Where:** The Loudon Rec. Field

**When:** Tuesdays and Thursdays from July 1–31 (10 classes total)

**Time:** 6–6:45 pm

**Cost:** \$10 per child

The children will each receive a jump rope and volunteers will help each individual reach their jumping potential! Individual and pair jumping will be explored.

Please go to the website [www.loudonnh.org](http://www.loudonnh.org) print the form and follow the instructions to register. If you have questions or would like to volunteer to help, please call Laurie at 798-4042 or email [cljaquith@comcast.net](mailto:cljaquith@comcast.net).

## TENNIS LESSONS

Instructor Dave Mathes will be instructing one hour tennis lessons for kids in grades 3–5 and 6–8.

**Where:** Homer Labonte Memorial Tennis Court, at Loudon Recreation Field

**When:** August 5, 8, 12, 14, 19 and 21 (rain dates will be determined)

**Time:** grades 6–8 from 8:30–9:30 a.m. and grades 3–5 from 9:30–10:30 a.m.

**Cost:** \$60 per child

A sign up sheet will be on the website [www.loudonnh.org](http://www.loudonnh.org) soon. Please print the form and follow the instructions to register. If you have questions or would like to volunteer to help, please call Kim @ 435-6266 or email [kimsworld5@verizon.net](mailto:kimsworld5@verizon.net) registration deadline is July 25.



## SUMMER SWIM PROGRAM

The Loudon Recreation Committee is offering Red Cross Swim Instruction Levels 1–6 at Clough Pond taught by Water Safety Instructors through Swim NH, LLC. There will be two, two-week sessions offered. The first session will be July 14–25 and the second session August 4–15. Classes will be held M-F rain or shine for a half hour each in the morning. All Loudon children ages 5 and up are eligible for lessons. The cost \$25 per session per child and the family rate is \$75 maximum. Please go to the website [www.loudonnh.org](http://www.loudonnh.org) print the registration form and follow the instructions to register. If you have any questions, please call Alicia @ 435-5193 or email [affirmhealth@yahoo.com](mailto:affirmhealth@yahoo.com). Once classes are formed from registrations, you will receive a call informing you of your child's/ children's lesson time.



## SUMMER GOLF

Spring golf is in full swing and the flyer for Summer Golf instruction at the Loudon Country Club is posted on the website soon. Please check the site. If you have any questions please call Alicia at 435-5193 or email [affirmhealth@yahoo.com](mailto:affirmhealth@yahoo.com).



## COMMUNITY FUN NIGHTS IN JULY & AUGUST

Get your lawn chairs ready!!! The Loudon Community Summer Fun Nights are coming back and are better than ever!!! Each Wednesday, July 9th, 16th, 23rd, 30th and August 6th, 13th and 20th there will be entertainment or activities down at the Loudon Recreation Field & Arthur McNeil Memorial Gazebo area beginning at 7 p.m. People of all ages are encouraged to bring a blanket or lawn chair and join your friends and neighbors for fun. We will start off our weekly Wednesday events on **July 9th with our**

**Ice Cream Social and Field Day** games/events including face painting. On **July 16th we will have a band, July 23rd is the Freeze Bros. Band, and July 30th features magician and entertainer Mr. Phil.**

In August we will have the very popular **Wildlife Adventures for August 6th and The Army Band on August 13th.** We will round out our fun with incredibly **talented local teens on August 20th** — all dates you don't want to miss. Look for the complete schedule in your July issue of *The Loudon Ledger*.





# Loudon Recreation Committee News

## continued

### Looking for Help and Ideas

If you have any ideas for events or activities you would like to see you can print and return the events and activities survey which is available on the website [www.loudonnh.org](http://www.loudonnh.org)

The Loudon Recreation Committee is in need of help. We are gearing up for a great summer activity season and need more volunteers! We need volunteers willing to bits and pieces to make these events possible for those in the Loudon community. Ways we need help are: creating flyers, distributing flyers, collecting registrations or helping at an event. These things don't take much time if we spread out the tasks. We are a small group of volunteers who need help as we continue to provide fun and exciting programs and activities to Loudon residents. The Recreation Committee meets once a month usually on the fourth Wednesday of the month at 6:30 p.m. at the Maxfield Public Library. Our next meeting is June 25: please join us if you are interested in helping out, we hope to see you there!!! If you aren't able to attend the meeting, but would like to get placed on our email contact list for volunteering at specific events, please email Alicia Grimaldi at [affirmhealth@yahoo.com](mailto:affirmhealth@yahoo.com). ■

### Loudon Recreation Meeting Minutes for April 30, 2008

In attendance: Amanda Masse, Alicia Grimaldi, Jennifer Pfeifer, Christine Campbell, Kim Therrien, Jessalyn Geerdes-Lakowicz.

Welcome to Kim and Jessalyn. Overview of the committee, what we do and budget were explained.

Aerobics will advertise in May *Ledger*, however we are no longer holding aerobics at the LES Gymnasium due to minimal participation. Amanda to note on website.

Christine Campbell looked into Walk NH Week, which is held on June 1–7. It is an event to get people of all ages walking. This would be a wonderful event to hold in the community, but impossible for this June. We will review at a later time for next years event planning.

Jeff Hardy, Body Works held one large youth karate class during April as there were not enough sign-ups to fill both classes. Mr. Hardy is unable to provide summer sessions, so we will look at him returning to instruct in the Fall.

Amanda Masse has coordinated the Safe On My Own class through the American Red Cross. This will be held at LES on Friday, May 30th from 6–8 p.m. in the old Art/Music Room. The class is for ages 8–11. Sixteen participants have signed up so far and Amanda is still taking registrations.

The 7th Annual Bicycle Safety Class sponsored by the Loudon Police Department and the Loudon Recreation Committee will be held May 10, 2008 at 9 a.m. at the Arthur W. Colby Safety Complex (Loudon Safety Building). Children will have their bikes checked, receive a helmet and proper fitting, safety instruction, and bicycle registration. Also offered will be fingerprinting ID and DNA kits along with refreshments. Volunteers should arrive at 8:30 a.m. to check in with coordinator, Janice Morin.

Karen Geneveve, Swim NH, will run swim classes, two two-week sessions during the weeks of 7/14–25 and 8/4–15. Registration forms are available online. Amanda spoke with Lisa Halterman who will be life guarding again at Clough Pond to inquire if she needed any supplies for the beach, such as goggles, kick boards, etc. At this time, she is interested in kick boards, which we have under Charlie's Barn.

Alicia was contacted by Deb Lincoln of the Clough Pond Association. They are looking for lake host volunteers to help prevent the spread of invasive weeds, particularly milfoil and other exotic weeds. Clough Pond is a well-cared-for Pond and we are fortunate to have such an active group. However, volunteers 18 years and older are needed to work a few hours throughout the season to continue the care of our pond. If you are interested, please contact Kathy Shields, [ksbshields@gmail.com](mailto:ksbshields@gmail.com) or 783-9552. The recreation committee distributed posters and submitted advertising to the local papers.

Alicia Grimaldi has coordinated with Bob Bean at the Loudon Country Club for Spring Golf Instruction. Instruction begins May 20. Deadline for sign-ups is May 11. The schedule for instruction are: Adults, ages 14 and up, to meet on Thursday from 6:30–7:30 p.m. once a week for 5 weeks; Juniors, ages 8–13, to meet on Thursday from 5:15–6:15 p.m. once a week for 5 weeks; and Kids, ages 5–7 to meet on Tuesday from 5:15–6 p.m. once a week for 5 weeks. Parents are requested to stay through session. Sign-ups are slow this year. Alicia will send a reminder notice. We will also be working on summer lessons as well.

Alicia Grimaldi contacted David Mathes regarding tennis programs for children and adults this summer. He is interested in teaching, but needs to get back to us with available dates. Tamara Chalifour and Kim Therrien are interested in assisting.

Christine Campbell researched bus programs through NH State Parks for summer programming. It is an expensive program; however, we will review as the time gets closer to see if there are trips that may be of interest and are most cost-effective, considering the hike in gas prices, etc.

Christine Campbell is working on offering arts and crafts programming during the summer. It seems as though an evening program would be best. Places to consider offering the program are Charlie's Barn, the library, gazebo or the Legion. Kim Therrien offered to assist with preparation of materials.

Laurie Jaquith has sent out flyers for a Jump Rope Group in July. There have been several responses. The cost of the program will be \$10, which will include a jump rope for each participant.

Christine Campbell has arranged for Children's Stage Adventures the week of July 7–11. The program will run from 10:30 a.m. to 5 p.m. Morning care will be provided for who need it. The cost of the program is \$75 plus an additional \$50 for childcare. We will house the instructors at the Red Roof Inn. Meals will be discussed with them and is to be decided upon. The LES gym and art room have been secured for this week. The final performance will be advertised free of charge to the Loudon Community and will be held Friday evening. This is going to be a wonderful opportunity for the youth actors of Loudon grades K–12. Max number of children is 60 participants.

Christine Campbell connected with Pittsfield organizer of a sports equipment exchange. The organizer takes all equipment donated and cleans it up and stores it. People can go and donate items and are provided with a voucher. They can turn this voucher in for other items they need. This sounds like a wonderful program, perhaps coordinated efforts with recreation and LYAA could make this happen. The biggest issue is where to house items. Alicia to talk with Melody Broider regarding the idea. Jenn Peffier will look at storing options.

Summer programming for Community Summer Fun Nights is underway. The first event will be our ice cream social and field events. We will contact Kris Tripp to see if she would like to do face painting again. We have set up Mr. Phil for July 30 and Wild Life Encounters for August 6. All programs will be held on Wednesdays in July and August from 7–8 p.m. Jen Pfeiffer has recommended a band that plays a variety of music appropriate for all ages. Jen will check with them about cost and availability. Christine Campbell has some ideas for local youth bands/talents and will contact them to see if there is interest. Alicia will check with the Friese Bros. and the Army Band. Rain location for events has been secured with the Legion again this year.

Kim Therrien will consider organizing a sewing group, perhaps in the Fall or pre-holiday.

Kathy Fisher would be interested in holding a Creative Memories workshop.

Amanda Masse spoke with Nancy Hendi at the Maxfield Public Library. Due to funding cuts the library will no longer fund the passes to Canterbury Shaker Village, Christa McAuliffe Planetarium, Currier Museum of Art, Mt. Kearsarge Indian Museum, NH Historical Society–Museum of NH History, and Squam Lake Science Center. The Recreation Department has offered to pick up the cost of the passes and they will continue to be available at the Library.

A big thank-you to Amanda Masse and Deb Kardaseski for their amazing expertise advertising upcoming events in a spectacular way in the upcoming *Ledger*!

**Our next meeting will be held on May 28 at 6:30 p.m. at the Maxfield Public Library. ■**

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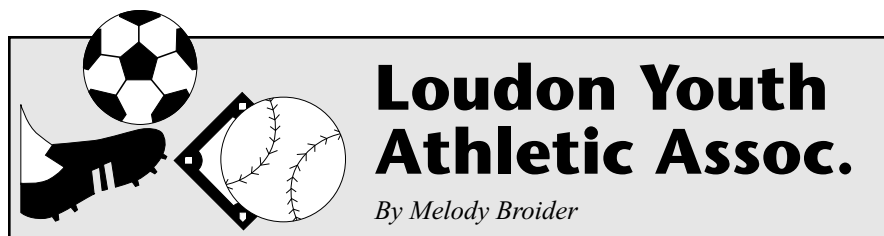
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### Baseball & Softball News:

Opening day was a hit! Thank you to all those sponsors, volunteers, and families that made it such a success. We would like to thank Abby Blake, Chief Fiske, and Earl Dunbar for adding to the opening day success! Rod Booker, John Cotnoir, and Bryan Phelps received awards for their years of service to the baseball youth of Loudon.

Remember that if you would like to assist your child's coach at games or practices that you will need to fill out the paperwork with LYAA before assisting. Thank you for your support!

### Fundraisers:

Nascar Race Ticket Raffle returns...see a LYAA member or coach for details.

### 8th Annual Golf Tournament:

The LYAA & PTA need volunteers to assist in coordinating the 8th Annual Golf Tournament at the Loudon Country Club. This tournament is a fundraiser and a gathering of all who help make the PTA and LYAA such a great success for the youth of Loudon. We are in need of sponsors, raffle donations, and volunteers to help coordinate. Please let us know if you can assist to make this event a blast! Please contact Tracy at [tkoufos@msn.com](mailto:tkoufos@msn.com) or 798-3103.

### Soccer:

The MLS Soccer Camp Returns to Loudon! MLS Camp is scheduled from July 28th–August 1st. The program offers camps from 9–Noon or \*5–8pm for U8 and above, along with a 9 a.m.–3 p.m. program for U10 and above. The campers receive a ball, t-shirt, and free companion ticket to an MLS game. The cost of the camp is \$130 for half day, \$175 for full day program. Sign up before June 15 and save \$10. You can sign up on-line at either [www.MLSCamps.com](http://www.MLSCamps.com) or [www.lyaanh.org](http://www.lyaanh.org) or contact Becky at 798-3361 for more information.

\*Minimum of 10 campers to hold evening session.

Fall soccer prep has begun along with sign-ups. Sign up early so the volunteers may organize the program.

Sign up days are as follows or you can sign-up online at [www.lyaanh.org](http://www.lyaanh.org).

- Wednesday, June 11th at Brookside from 5:30–7:30 p.m.
- Saturday, June 14th at Brookside from 10:00 a.m.–2:00 p.m.
- Wednesday, June 18th at Brookside from 5:30–7:30 p.m.
- Saturday, June 21st at Brookside from 10:00 a.m.–1:00 p.m.

You will also be able to sign up on-line. Please feel free to contact Commissioner Scott Hagerty with any questions at 783-4735.

### Join Us!

LYAA wants you to get involved! Becoming a LYAA member is easy, just come to one of our meetings scheduled every 4th Tuesday of each month at Maxfield Public Library. There are many exciting opportunities to take part in and any level of help is appreciated.

Next scheduled Baseball Board meeting is scheduled for June 24th at 6:00 p.m.. LYAA Meeting is scheduled directly after at 7:00 p.m.. For more info contact Melody Broider via e-mail: [foreyesstudios@hotmail.com](mailto:foreyesstudios@hotmail.com).

Please check our website for the latest updates. [www.lyaanh.org](http://www.lyaanh.org). ■



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## Helping Keep Loudon Beautiful



**Romulus Harris, five years old, accompanied by his father Michael Harris, recently conducted his own roadside cleanup near his home. He collected approximately 40 pounds of trash! Think how wonderful our roadsides would look if everyone cleaned up in front on their own home each Spring!**



## History of Lionism

*From the Loudon Lions Club*

In 1917, a Chicago insurance agent named Melvin Jones convinced his luncheon club, the business circle of Chicago, it should ally itself with other independent clubs and form a national organization. This group would be dedicated not only to networking for business and social purposes, but to the improvement of the community as a whole.

Among the groups invited was the Association of Lions Clubs, headquartered in Evansville, IN. At the time of the meeting, there were several Lions Clubs already in existence, some having been formed the year before, in 1916.

Community leaders soon began to organize clubs throughout the US and around the world. By 1927, membership stood at 60,000 in 1,183 clubs!

The legal name of the organization is "The International Association of Lions Clubs." Now, the short form is "Lions Clubs International."

Today there are 160 Lions Clubs around the world. The state of New Hampshire supports 83 Lions Clubs. As of May 2, 2008, there are 1,160 Lions.

*Next month, you will learn more about this great organization.* ■



## Loudon Lions Club Breakfast

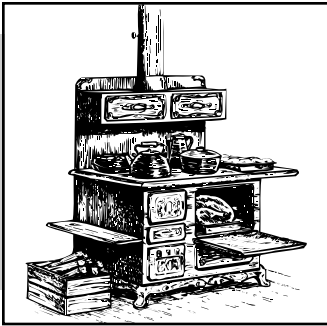
Saturday, June 14  
7–10 a.m.

American Legion Hall  
Village Road

To provide hearing aids and eyeglasses  
as needed in the community.

*All are welcome!*

*Donations gratefully accepted.*



# What's Cookin'!

## This month: Beautiful Berries

By Jennifer Pfeifer

Get this summer off to a Berry Sweet start with the following recipes!

### BERRY ICED TEA — Recipe courtesy Sandra Lee

#### For the tea:

- 4 berry-hibiscus herbal tea bags (recommended: Celestial Seasonings Red Zinger)
- 4 cups water
- 1/2 cup simple syrup, or to taste
- 1/2 orange, cut into wedges
- 1/2 lime, cut into wedges
- 8 frozen raspberries

#### For the simple syrup:

- 1/4 cups sugar
- 1/2 cup water
- 1/4 teaspoon vanilla extract

Put tea bags in a heatproof pitcher. In a saucepan bring water just to a boil and pour over tea bags. Steep tea 5 minutes and remove tea bags. Cool tea and chill, covered, until cold, about 1 hour. Stir in simple syrup, to taste. Squeeze orange and lime wedges into tea and add wedges. Serve tea in tall glasses. Garnish with frozen raspberries.

To prepare the simple syrup: Add sugar and water to a microwave safe bowl. Microwave for 1 minute; stir until sugar is completely dissolved. Let syrup cool.

### BERRY MINT SALAD — Recipe courtesy Ingrid Hoffmann

- 1 cup fresh strawberries
- 1 cup fresh raspberries
- 1 cup fresh blueberries
- 1/2 cup fresh mint leaves
- 1 teaspoon orange juice
- 1 banana, sliced
- 1/4 cup maple syrup
- 1 teaspoon vanilla

Place the strawberries, raspberries and blueberries in a medium glass bowl. Add mint leaves and orange juice and toss. Place fruits in serving bowls and place bananas slices on top.

### SAUTÉED PORK CHOPS WITH SHERRY-BERRY PAN GRAVY, RHUBARB CHUTNEY — Recipe courtesy Rachel Ray

- 6 tablespoons butter, divided
- 3 tablespoons sugar
- 1 tablespoon lemon juice, a wedge
- 1/4 cup balsamic vinegar
- 2 to 3 stalks rhubarb, trimmed and chopped, about 1/2 pound yield
- Handful golden raisins
- 2 tablespoons extra-virgin olive oil, 2 turns of the pan
- 4 8-ounce boneless, center cut pork loin chops
- Salt and pepper
- 1 tablespoon all-purpose flour
- 1/4 cup sherry
- 1/2 cup chicken or beef stock
- 2 tablespoons strawberry, blackberry or raspberry all-fruit preserves (recommended: Polaner)

In a medium skillet over medium heat melt 2 tablespoons of butter. Add sugar, lemon juice, vinegar and bring to a bubble. Add rhubarb and raisins and cook 10 to 12 minutes until rhubarb is tender. Turn off the heat and set aside until the pork chops are done.

Place a nonstick skillet over medium-high heat with extra-virgin olive oil, 2 turns of the pan.

When the oil smokes or ripples, add chops, season with salt and pepper and cook 6 minutes on each side. Remove the chops and keep warm under foil tent while the meat rests. Add remaining butter to pan, when it melts add the flour and

cook a minute then whisk in sherry and reduce 30 seconds then whisk in stock then preserves. Season the gravy with a little black pepper. Serve chops with gravy ladled over top and rhubarb chutney along side.

### FRESH BERRIES WITH BALSAMIC DRIZZLE AND ALMOND CREAM — Recipe courtesy Emeril Lagasse

- 1/4 cup balsamic vinegar
- 1/2 cup sugar
- 1 cup mascarpone cheese
- 2 tablespoons confectioners' sugar
- 1/2 teaspoon almond extract
- 1 pound sliced or quartered strawberries
- 1 cup fresh raspberries
- 1 cup fresh blackberries
- 3 tablespoons lightly toasted sliced almonds

Place the balsamic vinegar and sugar in a small saucepan and bring to a boil. Cook until reduced to about half the original volume and vinegar has a syrupy consistency, about 2 minutes. Transfer to a small bowl and set aside to cool to room temperature.

In a small mixing bowl, combine the mascarpone, sugar, and almond extract and whisk until very smooth and sugar has dissolved.

When ready to serve the dessert, divide the strawberries, raspberries and blackberries evenly between 4 or 6 small dessert coupes. Place a generous dollop of the cream mixture over the top of the fruit, then drizzle with a teaspoon or two of the reduced balsamic vinegar. Garnish with almonds and serve immediately.

### BERRY TRIFLE — Recipe courtesy Tyler Florence

#### Berries:

- 1 pint blueberries
- 1 pint strawberries, hulled and cut into thick slices
- 2 pint raspberries
- 1 lemon, juiced
- 1/4 cup sugar
- 1-1/2 teaspoons cornstarch

#### Lemon Cream:

- 1 quart whipping cream
- 1 tablespoon sugar
- 1/2 teaspoon vanilla extract
- 1 11-ounce jar lemon curd
- 1 cup store bought pound cake, slices 1/2-inch thick

Place the berries into a large bowl and sprinkle with half of the lemon juice. Lightly toss.

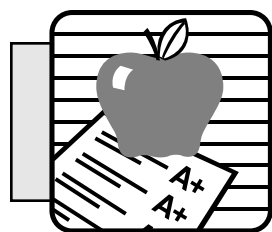
Combine the berries, sugar, cornstarch and remaining lemon juice in a saucepan over medium-high heat. Bring to a simmer and cook just until the berries begin to break down and give up their juices, about 3 minutes. Take the berries off the heat and let cool; the mixture should thicken up as it cools.

In a clean bowl, whip the cream with the sugar and the vanilla to soft peaks. Put the lemon curd into a second bowl and stir in a little of the whipped cream to loosen it. Then fold in the rest of the cream.

To assemble the trifle, spoon a layer of the lemon cream into a large glass bowl. Add a layer of pound cake, breaking the slices into pieces that fit. Then soak the cake with a layer of berries and their juices. Keep going to make 3 or 4 more layers, depending on the size of the bowl, finishing with a layer of lemon cream. Cover and refrigerate until ready to serve.

**Next Month: Backyard Barbeque!** Share with us some of your exciting BBQ recipes! If you have any recipes or suggestions send them to me by email at [jtpfeifer@comcast.net](mailto:jtpfeifer@comcast.net), call at 783-8986, or send them by mail to 168 North Village Road, Loudon, NH 03307. ■





## Merrimack Valley School District News

### Loudon Elementary School

#### Last Day of School: Mon., June 23

As another year of school comes to an end, we hope you have a wonderful summer break. Please keep in mind the following:

- **Protect yourself and your children from the sun** — even during a cloudy day you could burn. According to a 2004 study done by the U.S. Cancer Statistics Working Group, New Hampshire residents have some of the highest incidents of melanoma in the country!
- **Check for ticks daily** — Lyme disease is on the rise. The tiny deer tick that is the size of a pin head is responsible for this debilitating disease. According to the NH Department of Health and Human Services, a total of 1,507 cases of Lyme disease were reported in NH residents between 1991 and 2005. Over the 15-year period, the annual incidence increased from 3.4 to 19.6 cases per 100,000. Although persons of all ages and gender are susceptible to Lyme disease, it is most common among children aged 5–14 (especially boys) and persons aged 40 or older.
- **Keep children safe in the water** — Drowning is the second leading cause of death in children ages 1–14 in the United States. However, in New Hampshire, drowning is tied for #1, as the leading cause of death in children ages 1–14. It is tied with motor vehicle traffic deaths. (Source: CDC 2003 statistics, released Fall 2005). Enroll your child in a swim class to help them learn how to swim this summer.

We hope you have a safe summer! See you on August 26th!

#### LES Important Dates

- June 4** BUGZ — 1st grade play 6:30 p.m.
- June 5** 5th grade move up night at MVMS
- June 5** NO PTA Meeting
- June 12** 5th grade Instrument concert 6:00
- June 13** Marks close
- June 19** LES Field day (6/20 rain day)
- June 23** Last day of school

#### MV Middle School Important Dates

- June 2–6** Book Fair
- June 13** 6th grade class trip on the Mt. Washington
- June 19** 8th grade pride night 6:30
- June 20** 8th grade social 6-9 PM
- June 23** 8th grade field trip to Mt. Sunapee State Park
- June 19** LES Field day (6/20 rain day)
- June 23** Last day of school

To have your Loudon school event listed in future editions of the *Loudon Ledger*, please contact the Loudon Communications Council at the following e-mail address: [Debbie@debbiegraphics.com](mailto:Debbie@debbiegraphics.com) or call Kris Tripp at: 783-0448. We look forward to hearing about your event or activity!

### News from the MV Food Service Director

Our web page is officially up and running! Please go to [www.mvsvd.k12.nh.us](http://www.mvsvd.k12.nh.us) and click on parent info. Then click on menus. This will bring up our 3 menus:

the High School, Middle School and Elementary School.

This page is also a link for [mynutrkids.com](http://mynutrkids.com) and Nutrition Tips.

[Mynutrkids.com](http://Mynutrkids.com) is a web site that parents can use to check your student(s) account. You can see how much money students have on their lunch account and this web site can be used to view the history of what has been purchased. Parents can also use this site to put money on a child's account through paypal. For this PayPal service there is nominal charge of \$1.75. To use this site, you will need your students ID #. Please call us at 753-1420 and we will gladly provide you with this number!

The Nutrition Tips link is where we will be posting Nutritional information for both children and adults!

Coming soon for your convenience! We will be adding the application form for Free and Reduced students. You will be able to print this form, fill it out and send it in at anytime. If you have questions or need assistance please call Wendy LaClair at 753-1420.

If you have any questions or suggestions about ways to improve our web page, please email Wendy at [wlaclair@mv.k12.nh.us](mailto:wlaclair@mv.k12.nh.us).

### Students of the Month

The following students were nominated by the faculty at MVHS as Student of the Month for April 2008. The male and female winners are noted.

**Penacook:** Jasmine Morton, Janice Disla, and Alex Palmer.

**Loudon:** *Anna Peterson (Girl of the month)*, Danielle Varrill, Ashley Rouse, Caitlin Kowalski, Michele Bory, Katie Bishop, Callie Garp, and Tyler Young, *Brad Moore (Boy of the month)*.

**Webster:** Sarah Hashem and Kendra Carlson.

**Boscawen:** Doug Millett.

**Salisbury:** Hillary Bailey.

### MVHS News

This just in! Three MVHS students who attend the Winnisquam Ag Science Program were recognized on May 21st at the 11th Annual Awards Night.

Zachary Barton (Andover) received the Silver Medal for his Career development portfolio, Kellie St. Jacques (Andover) received certificates for her participation in the Dairy Judging competition at Deerfield Fair, participation in the State FFA convention at the Mount Washington Hotel.

She also received the Greenhand award for her first year in FFA and the Gold Medal and a \$50 Savings Bond for her Career development portfolio. Charlie St. Jacques also received a Gold Medal and \$50 Savings Bond for his Career Development Portfolio and he was chosen as the FFA Member of the year and was awarded a plaque. We are very proud of all their accomplishments.

#### News From The Nurse:

On March 14th MVHS hosted an American Red Cross Blood Drive and Bone Marrow Registry for students and staff. Katie Holtgrewe organized this event for her senior project. It was one of our school's most successful blood drives. We surpassed our goal and collected 97 pints of blood. MVHS also had 46 people register to be bone marrow donors, which is more than the average number for this type of event.

#### Theatre Club News:

We are holding the play "You Can't Take it With You" on Friday and Saturday, June 13–14. Shows are 8:00 p.m. on Friday, 2:00 p.m. and 8:00 p.m. on Saturday. Tickets may be purchased in advance by contacting, Angela Pitrone or Anna Groenewal, via school email. Tickets will be \$8 for adults and \$5 for students and children. Seating is general admission.

#### JNHG News:

On May 7th, at the Career Development Conference for Jobs for America's Graduates (JAG) was held at the Radisson Hotel in Manchester. 23 schools from across New Hampshire participated in competitive events. Merrimack Valley won the following individual and group events: Public Speaking — 1st Place, Cara Valley. Decision Making — 1st Place, Molly Kirsch, Ali Perkins, Lorna Smith, Bridgette Strahan, and Cara Valley.

Employment Interviewing — 2nd Place, Liz Allard. Employment Skills Test — 2nd Place, Cara Valley. Imagination Station — 3rd Place, Bridgette Strahan, Tamra Constant, Amanda Coulter, Ali Perkins. Career Marketplace — 3rd Place, Amanda Brochu, Brianne Hastie, Mike Nedeau, Sam Vary. Awards can be seen on display outside the art room.

#### Destination Imagination News:

In April, the Destination Imagination team went to the New Hampshire State Creativity Finals held at Timberlane Regional High School in Plaistow. The team had previously placed second at the regionals in Tilton. After tweaking their skit and reinforcing some props, the clever collection of girls performed a near flawless skit in Hit or Myth, the long-term problem. The solution to the problem included Atlantis, a tidal wave, some very lengthy mathematical equations, and several interesting mythical creatures. However, it was the team's phenomenal second place score in the Instant Challenge, that garnered them fourth place overall. Congratulations to an energetic and "outside the box" thinking group. Team members included: Becca Lance, Amanda Wilson, Hillary Higman, Emily Pender, Tara McDonald, Merike Youngs and Abby Lance.

#### Class of 2011 Fundraising News:

Got MV Pride on the mind? Then the Class of 2011 can help you out! For just \$5.00 you can purchase a blue and white MV Pride lanyard to support the class of 2011. They will be all the rage this spring, and quantities are limited so talk to your son or daughter today. For more information on the Class of 2011 please contact Mr. Laferriere or Ms. Raiche. Guidance News: Greetings from the Guidance Department! It's hard to believe the school year is almost over. We are in the process of scheduling courses for next year. All students should have entered requests using our new online course request system. If any student did not get course requests in, courses will be chosen for that student based on requirements and past courses taken. Students who did not enter any requests will not have an opportunity to change classes. The Master Schedule is built based on student requests, so this information is vital to creating a smooth scheduling process. Once the Master Schedule is built, student schedules will be created based on their requests and then distributed to students. If you have any questions or problems with your student's schedule please contact the Guidance Department.



MVHS — continued from page 13

## Seniors: Scholarship News

Please remember to check available scholarships in Guidance or on our Scholarship page on the high school website. If you never got around to applying to college, but you are interested in pursuing education after high school, you should see your guidance counselor to get information about schools that have rolling admissions and that are still taking applicants for the fall. You may also consider applying for Spring 2009 admissions at schools with fall deadlines that have already passed.

## Juniors: Test Prep Class

Concord High School is offering an SAT/ACT preparation class this summer. Interested students can pick up information about this in Guidance, or call Andrew Maher at 545-7074.

## Underclass Awards Ceremony

Thursday, June 5th at 6:30. You will be cordially invited to attend this ceremony if your child has been selected to receive recognition on that evening. We hope you can attend this special event that gives us the opportunity to recognize and celebrate the hard work, talent, and success of our students. Refreshments will be served after the ceremony.

## Senior Awards Ceremony and Senior Class Banquet

Wednesday, June 18th. Banquet for students to be held at 5:30 in the MVHS Cafeteria with the public Awards Ceremony to be held following at 7:00 in the auditorium. Parents of seniors — please join us for the Awards Ceremony and help us recognize and celebrate the achievements of our senior class!

## Scheduling for 08–09

Scheduling for next year is moving along very quickly. Thank you to everyone who made course requests on-line through Web2School. While this was a new process for all of us, it ended up being a huge success.

Schedules will be released in June. Please note that course change requests must be submitted to guidance no later than July 15th.

## Important Dates & Upcoming Events:

<b>June 5</b>	Underclass Awards Ceremony (an invite = recognition!)
<b>June 10</b>	Senior Trip to Camp Mi-Te-Na (\$15 for a day of fun!)
<b>June 16–20</b>	Competency Week. Final Course Assessments
<b>June 18</b>	Senior Class Award Ceremony, Banquet, Class Photo
<b>June 21</b>	Graduation 10:00 a.m., rain or shine
<b>June 23</b>	Last Day of School (Only for students with exams to make up)

## MVHS Band Travels to Disney

By Katie Campbell

From Mexico to the jungles of Africa, and all the way to the future, the Merrimack Valley high school band marched through the exciting world of Walt Disney.

The band arrived in Walt Disney World after a horrid bus ride that lasted over 24 hours. We began our magical adventure at MGM Studios where we experienced rides such as the Rockin' Roller Coaster (starring Aerosmith) and a trip into the Twilight Zone on the Tower of Terror. At MGM the band was able to train as Jedi Knights and meet the exciting characters of Jim Henson's *The Muppets*. We ended our first day in Disney with the epic showing of Disney's *Fantasmic* — an unbelievable water show that featured characters that ranged from John Smith to the star of Disney himself, Mickey Mouse. The band then retired to the Disney All Star Resort (an awesome hotel that includes all of today's top sports that range from Basketball to Tennis to Cheerleading).

Unlike any place in the world, Epcot offered an exciting variety of rides and experiences that enthralled all of us whether we preferred the countries or the trips into space. Epcot gave us the chance to visit new places, meet new people, and enjoy new cultures without having to leave the amusement park. Kyrie Ellison of Loudon, NH was lucky enough to have one of her dreams come true when in Japan she was allowed to try on a kimono (the authentic dress of Japanese men, women, and children). When asked what kind of affect the experience had on her all Kyrie

could say was: "I was breathless! It was like I was actually there without actually being there." Without a doubt, Epcot was my personal favorite and I am sure that the same can be said for Kyrie and many others from the band.

Since entering Walt Disney World the band was continuously asked why a group of students from New Hampshire was in Florida, our reply was simply, "We're here to march!" And that is exactly what we did Wednesday morning on Main Street in Disney's Magic Kingdom. "Honestly, my favorite part about Disney was marching! The chance to march down Main Street was a once in a lifetime experience and stopping in front of the castle? Oh my God!" that's all a very excited Jessica Bullock of Loudon had to say when asked what her favorite part of Disney was. Alex Williams had a similar response when asked about his marching experience, "Marching was awesome. It wasn't half as bad in length and temperature as I was expecting it to be!" In the Magic Kingdom the band traveled on Space Mountain and got soaked on Splash Mountain; both were epic roller coasters that brought the band to new heights.

Finally the band visited Animal Kingdom. A wild variety of animals and people were around every corner, exciting children of all ages. When asked about her favorite part of Animal Kingdom, Jess answered, "The Finding Nemo show was spectacular! It was amazing how they took a nonmusical show and turned it into a song-filled, energetic, Broadway-style stage production!" While Jess might have enjoyed the performances, Alex had much to say about Animal Kingdom's Mount Everest Roller Coaster, "Everest was amazing! It was so cool how it went frontwards and backwards! I have never experienced anything like it!" What kind of animal exhibit would Animal Kingdom have if there weren't dinosaurs? "I rode this dinosaur ride in Animal Kingdom and this huge dinosaur scared the crap right out of me and proceeded to scare me every time I rode it!" says Amanda Brochu of Penacook. Without a doubt, Animal Kingdom was a complete trip through the circle of life.

Whether we were modeling clothes in Japan or being attacked by a yeti on Everest, the band trip to Walt Disney World was an epic adventure that will never be forgotten. ■

**The Deadline for the  
July 2008 "Loudon Ledger"  
is Friday, June 13.**



**Notices for all Public Meetings are posted at the following sites:**

- Town Office
- Maxfield Public Library
- Beanstalk Store
- Ivory Rose/USPS
- Transfer Station
- Web Site

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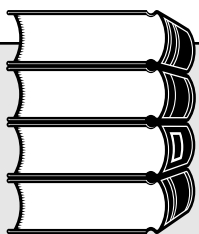
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## Maxfield Public Library News

By Cheryl Ingerson

### STORY TIME

Join us this month, as we read about a rocket, an Australian animal, and the ocean.

On June 3rd, 4th, and 5th, the children will hear Mark Haddon's *The Sea of Tranquility* and *One Day, Daddy* by Frances Thomas. The craft to follow will be an out-of-this-world rocket ship.

The children will listen to *Tops and Bottoms* by Janet Stevens and *Where to, Little Wombat?* by Charles Fuge on the 10th, 11th, and 12th of June. They will assemble a totem pole using the characters in the stories they just heard.

June 17th through the 19th, marks the end of story time until September. Summer is the theme for this week with

stories by Marie-Louise Gay and Alice Schertle called *Stella, Star of the Sea* and *All You Need for a Beach*. Each child will decorate their very own beach pail to use at the pond or the ocean. We will have a party to celebrate summer, so parents are asked to bring a treat to share and the library will provide juice.

### SUMMER READING PROGRAM NEWS

This year's Summer Reading Program begins Saturday, June 28th. All children from pre-school age through those entering 6th grade may sign up in the Children's Room from that date on. Each child will receive a booklet filled with activities and a reading log. Last

year we had 224 children sign-up for the program. Let's see if we can beat that number this year!

### FAMILY SHOW AT MAXFIELD PUBLIC LIBRARY: "G'DAY FOR READING!"

Award-winning singer/storyteller Steve Blunt (pictured below) will present "Sing-Along in the Billabong" at the library on Saturday, July 12, at 10:00 a.m. Blunt's performance is part of the library's "G'Day for Reading!" Summer Reading Program, a celebration of all things Australian. Blunt will offer fun, upbeat original and traditional material that will appeal to a wide age range. Since moving to New Hampshire in 1998, Blunt has been teaching locally and appearing at schools, libraries, and concert venues throughout the region. He has been selected seven times as a roster artist for the NH State Library's "Kids, Books, and the Arts" program. Both of Blunt's CD's, *Hang On, Henry!* (2002) and *Outta School!* (2007), have been recognized as Parents' Choice "Approved" Award winners. Library patrons should expect an hour of sing-along, laugh-a-lot family fun...with an Aussie flair! More information is available at [www.steveblunt.com](http://www.steveblunt.com). Sign up at the library starting June 28th.

### NEW BOOKS

#### Fiction

Daniel, David *Reunion*  
George, Elizabeth *Careless in Red*

Giffin, Emily *Love the One You're With*  
Gingrich, Newt *Days of Infamy*  
Macomber, Debbie *Twenty Wishes*  
Patterson, James *Sundays at Tiffany's*

#### Nonfiction

Ackerman, Diane *The Zookeeper's Wife: A War Story*  
Brock, Pope *Charlatan: America's Most Dangerous Huckster*  
Lamp'l, Joe *The Green Gardener's Guide*  
Lillien, Lisa *Hungry Girl*  
Shnayerson, Michael *Coal River*  
Zakaria, Fareed *The Post-American World*

### CRAFT GROUP

Do you have craft projects you'd like to see completed? The library will offer an open craft session starting this summer. If you're interested in participating, please stop by and let us know what time of day is best for you.

### ANNUAL LIBRARY PASSES

The library wishes to thank the Recreation Committee for their generous donation towards the renewal of the library passes for the fiscal year 2008-2009. The passes are for free or reduced admittance to museums and other points of interest around the state. This will be a great benefit for all of the townspeople which the library would otherwise not be able to offer. Please take advantage of the passes this summer!

Library — continued on page 15



What did the pig say at the beach on a hot day?

CEEICAMR

MUREMS

HAEBC

RFIA

CPMNAGI

OCANE

NJEU



May Word Scramble Answers  
May, tulips, meadow, basket, flag, Memorial, mother, flowers.  
What bird can be heard at mealtimes?  
A SWALLOW!





# T+ YOUR HEALTH

By Tricia Ingraham, MPH

## Spring Is Here and So Are the Ticks!

This time of year it's so beautiful to see everything blooming. As we know, along with the lush green grass come those sneaky pests. Here are the facts about ticks and Lyme disease.

### What is Lyme disease?

Lyme disease is caused by bacteria that are spread by tiny infected ticks. Both people and animals can be infected with Lyme disease. In the Northeastern and North Central United States, the deer tick transmits Lyme disease. The disease is most likely to be spread between late May and early autumn, when ticks are most active.

### How is Lyme disease spread?

Deer ticks cling to plants near the ground in brushy, wooded, or grassy places. The ticks, which cannot jump or fly, climb onto animals and people who brush against the plants. Very young ticks, called larvae, which are no bigger than the period at the end of a sentence, pick up the bacteria that cause Lyme disease by biting infected animals, such

as field mice. Slightly older ticks, called nymphs, which are the size of a poppy seed, are the stage most likely to bite and infect humans.

Ticks live for 2 years and can infect wild and domestic animals as well as people. Not all ticks carry Lyme disease, and even being bitten by a deer tick does not mean that you will always get the disease. The tick must usually be attached for at least 24 hours to pass on the bacteria, so removing the tick promptly will greatly decrease your chances of being infected.

### What are the symptoms of Lyme disease?

**Early stage (days to weeks):** An early symptom of Lyme disease is usually, but not always, a rash where the tick was attached. The rash appears from 3 days to a month after the bite. It often starts as a small red area then spreads, clearing up in the center so it looks like a donut. However, the rash may not always appear like this. Flu-like symptoms, such as fever, headache, stiff neck, sore and aching muscles and joints, fatigue and swollen glands, are also common in the early stages of Lyme disease.

These early symptoms often go away by themselves after a few weeks, but the person may remain infected. With-

out medical treatment, about half the infected people will get the rash again in other places on their bodies, and many will experience more serious problems. Early treatment with antibiotics clears up the rash within days and usually prevents later problems.

**Later stages (months to years):** Three major organ systems — the joints, nervous system and heart — can be affected. People with Lyme disease can develop late-stage symptoms even if they never had the donut-shaped rash. About 60% of people with untreated Lyme disease get arthritis in their large joints, usually knees, elbows and wrists. The arthritis can move from joint to joint and become chronic. About 10 to 20% of people who don't get treatment develop nervous system problems. The most common problems include meningitis (an inflammation of the membranes covering the brain and spinal cord), facial weakness (Bell's palsy) or other problems with nerves of the head, and weakness or pain (or both) in the hands, arms, feet and/or legs. These symptoms can last for months, often shifting between mild and severe.

### How is Lyme disease diagnosed?

Lyme disease can be fairly easy to diagnose when someone gets the classic rash. It is much harder to diagnose without the rash because its other symptoms resemble other diseases, like flu. To help diagnose these cases, doctors can have patients' blood tested for antibodies to the Lyme disease bacteria.

### How is Lyme disease treated?

Prompt treatment of early symptoms with certain antibiotics can prevent later, more serious problems.

### How can you prevent Lyme disease?

- The only known way to get Lyme disease is from the bite of an infected deer tick. The best way to prevent Lyme disease is to avoid areas where the deer ticks are likely to be found. If you live in or visit a high-risk area, you should follow these precautions:

- Wear a long-sleeved shirt and long pants, and tuck your pant legs tightly into your socks. (Light colors will help you spot the ticks on your clothes before they reach your skin.) Stay to the middle of paths.
- Use repellents containing DEET (N, N-diethyl-m-toluamide) and choose a product that will provide sufficient protection for the amount of time spent outdoors. Product labels often indicate the length of time that someone can expect protection from a product. DEET is considered safe when used according to the manufacturer's directions. Products containing DEET should not be used on children less than 2 months of age and should be used in concentrations of 30% or lower for older children and adults. Mosquito netting may be used to cover infant carriers or to protect other areas for children less than 2 months of age.
- Avoid using DEET products that combine the repellent with a sunscreen. Sunscreens may need to be reapplied too often, resulting in an over application of DEET.
- Check for ticks every day. Their favorite places are on the legs, in the groin, in the armpits, along the hairline, and in or behind the ears. The ticks are tiny, so look for new "freckles."
- Remove any ticks promptly using fine point tweezers. The tick should not be squeezed or twisted, grasp it close to the skin and pull straight out with steady pressure.
- Know the symptoms of Lyme disease. If you have been someplace likely to have ticks between May and early autumn and you develop Lyme disease symptoms, especially if you get a rash, see a doctor right away.

Source: [www.cdc.gov](http://www.cdc.gov)

Do you have a health topic that you would like to see featured? Please send ideas to the Loudon Communications Council, POB 7871, Loudon, NH 03307 or email Tricia Ingraham: [dtin-graham@comcast.net](mailto:dtin-graham@comcast.net) ■

Library — continued from page 14

### BOOK GROUP

Join us in the discussion on June 26th, at 7:30 p.m. Please call 798-5153 for information about this month's fiction selection.

### LIBRARY HOURS THROUGH JUNE 28TH

The library is open Mondays 1–7 p.m., Tuesdays and Thursdays 10 a.m.–9 p.m., Wednesdays 1–9 p.m., and Saturdays 9 a.m.–1 p.m.

### NEW HOURS STARTING JULY 1ST

As a result of the 30% budget cut at this year's town meeting, the library will be reducing its hours starting July 1, 2008. Look for our new operating hours in July's *Loudon Ledger*. ■

## LIBRARY Q&A

**Why does the library close during Christmas vacation week when kids are home from school and may wish to get books or movies?**

The library's circulation statistics showed this to be a very quiet week so the staff felt it would be a good time to close for inventory. The Library Trustees and staff are happy to review this decision if Loudon residents want to be able to access the library during that week.

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# LOUDON OLD HOME

Dear Loudon Resident,

As the temperature begins to rise, the Old Home Day committee is already planning for this year’s annual event, scheduled for Saturday, August 9th. The unseen details, both large and small, are in the early stages. We need your support!

Have you ever attended what has come to be known as Loudon’s biggest one-day community event? This fun day offers something for everyone: a parade, crafts, baking contest, games, horseshoe tournament, tractor pull, a barbecue dinner, and plenty of entertainment. Let’s not forget the fireworks!

As part of our activity guide and supporter directory, we have an individual supporter page for Loudon residents to show their support for this awesome event.

Would you consider a donation of \$10.00 or more, and add your name to our growing list of supporters? Please take the time to complete the bottom portion of this page and return it with your check, made payable to the Loudon Old Home Day Association (LOHDA), PO Box 7050, Loudon, NH 03307. **The deadline for making our list in the book is July 1st**, anything received after that date will be included on a poster at the Old Home Day Booth. We appreciate your assistance in meeting that date. We are always looking for new members to help in the planning stages, or just at the Old Home Day booth, so won’t you consider joining us?

Thank you in advance for your support. Please come and join us on Saturday, August 9th and enjoy Loudon Old Home Day 2008 with a friend.

**2008 INDIVIDUAL LOHD SUPPORTER**  
*(Please return this portion with your donation)*

Name(s) (as you would like it to appear):  
\_\_\_\_\_  
\_\_\_\_\_

Amount of donation:  
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## Old Home Day Baking Contest Rules

**Saturday, August 9, 2007**

Loudon Old Home Day is Saturday, August 9 this year. If you have a favorite family recipe you’d like to showcase, why not participate in the baking contest? The baking contest judges have the best — and hardest — job of the day and you can add a little “misery” to their lives by giving them more goodies to taste!!!

**All entries must be dropped off under the blue tarp by 8:00 a.m.** Adult entries *must* be accompanied by a copy of the recipe, which might be printed at a later date in the *Loudon Ledger*.

**ADULT BAKING CONTEST CATEGORIES:**

**Cakes, Pies, Cookies, and Baked Beans.** Entries must be *completely* homemade. This means no mixes, premade crusts or canned anything.

**CHILDREN’S BAKING CONTEST CATEGORY:**

**Themed Cakes.** This the Old Home Day theme is “Holidays our way.” This means your cake can be about your favorite holiday — there are plenty to choose from!!! Children *can* use cake mixes, canned frosting, and candy. These cakes are judged on presentation/looks alone.

**Adults and Children please note:** Please use disposable pans, plates or trays or anything you do not want back. The Old Home Day Committee is not responsible for lost plates, trays or pans that are left.

Keep in mind that Old Home Day is frequently very hot — remember this when you are choosing a recipe or ingredients. Make sure you choose something that will hold up in the heat.

**ALL ENTRIES MUST BE DROPPED OFF BY 8:00 AM. JUDGING WILL START AT 8:30 SHARP!!!** Any questions, please call Samantha French at 783-4601. ■

## Citizen of the Year Nomination Form

The Loudon Old Home Day Committee is seeking your help in determining the Citizen of the Year. This person will serve as grand marshal for this year’s event. We would very much like and/or your organization to choose a worthy recipient for this year’s “Citizen of the Year” award. The selection committee will then take all of the candidates nominated, see if they fit the criteria, and use this information to choose this year’s “Citizen of the Year.” This person would then become the grand marshal at the August 9, 2008 Loudon Old Home Day event.

**Please return your nomination to any committee member or mail to Loudon Old Home Day Association, PO Box 7050, Loudon, NH 03307 as soon as possible, but not later than July 1st, 2008.** Our committee was very proud of our 2007 selection of Roger and Irene Dow. Please use your nomination to help you with this year’s nomination.

*Thank you for your help.*  
*LOHD Committee*

**CITIZEN OF THE YEAR CRITERIA**

1. Must have been a Loudon citizen no less than 3 years.
2. Must be of good character and a volunteer of the community. Reasons for the nomination must not include the person’s job description.
3. A nomination must be by written application, from an individual or organization of Loudon. The application must list a brief background of the nominee, including names of organizations he/she is a member of, or has been a member of.
4. Applications must be received by the selection committee (to be chosen on a yearly basis) no later than the designated date chosen for that particular year.

A member of the LOHD committee, accompanied by a written letter will notify the person chosen by the committee. The person chosen has the option to decline, and the selection committee will choose an alternate.

**CITIZEN OF THE YEAR APPLICATION**

Nominee: \_\_\_\_\_

Person or Organization submitting: \_\_\_\_\_

List people (including yourself) making this decision:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Nominee has lived in Loudon \_\_\_\_\_ years.

Nominee has volunteered on committees and organizations (please list).

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_

Please write a brief summary why you have chosen this particular person. Attach extra sheets as necessary.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

*Date requested by the LOHD committee: June 20, 2008*

Date submitted: \_\_\_\_\_

Signature (Group representative): \_\_\_\_\_

**Please note:** Since, in many cases, this person may not know of his/her nomination, confidentiality is essential. The committee will announce its decision publicly or by newspaper article.



# DAY INFORMATION

## IT'S A PARADE!! PARADE ENTRY FORM

The Loudon Old Home Day Committee is in the process of planning its Old Home Day and we would like you and/or your organization to participate in the celebration. We would like to extend a special invitation to all who would like to participate in the Old Home Day Parade by entering a float, antique car/motorcycle, fire apparatus, marching band, organization (Boy Scouts, etc.), walkers, horse entry, etc. This is a perfect opportunity to be visible in your community and to extend your support for your town. We look forward to hearing from you and we hope to see you August 9, 2008.

**PLEASE — FOR THE SAFETY OF OUR YOUNG CITIZENS — NO TOSSING OF CANDY, ETC. DURING THE PARADE. (You may hand it out though!)**

Our theme this year is: “Cool Places Around the World!”

**Both This Form and the Waiver Form at Right Must Be Returned By July 31, 2008**

**Please send to:** Loudon Old Home Day Parade Committee  
PO Box 7050  
Loudon, NH 03307

For more information please watch the *Loudon Ledger* or contact Susan or Alicen at the below numbers:  
Susan Gelinas at (603) 783-9272 • Alicen Twardosky at (603) 783-9046

**PLEASE PRINT:**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Town: \_\_\_\_\_

Phone: \_\_\_\_\_

Contact person: \_\_\_\_\_

Please Check One:

☐ FLOAT/Commercial    ☐ FLOAT/Organization    ☐ FLOAT/Individual

☐ BAND    ☐ FIRE APPARATUS    ☐ WALKER

☐ ANTIQUE CAR/ETC.    ☐ HORSE

☐ OTHER/DESCRIBE: \_\_\_\_\_

### Chapter 265. “Rules of the Road” Special Rules — Section 265:108a

- 265:108a - Parade Vehicles**
- I. NO person may operate a vehicle in a parade unless the following safety precautions are taken:
1. No person may use any type of vehicle with protruding or outrigger wheels in a parade unless the vehicle is suitably modified to protect both riders and pedestrians from the wheel assembly.
  2. At least one adult, other than the driver, shall supervise children riding on a vehicle in a parade and have a reasonable means of immediate communication with the driver. The number of adults supervising the children shall not be less than one adult per every four (4) children and sufficient to ensure that each child is visible to a supervising adult.
  3. Children riding on a vehicle in a parade shall remain entirely within the perimeter of the vehicle and, if standing, shall be reasonably protected from probable injury if the vehicle suddenly starts or stops.
- II. Any person operating a vehicle without following all of the safety precautions listed in the above paragraph (I.) shall be guilty of violation and shall be subject to the following fines:
- (a) \$50.00 for the first offense.
  - (b) \$100.00 for a second or subsequent offense.
- (Source: 2007, 378:1, effective September 16th, 2007)

## PARADE WAIVER OF LIABILITY FORM

**This Form Must Be Returned With the Parade Entry Form at Left by July 31, 2008 In Order for You To Be In the Parade.**

Entry Name (Organization or Individual): \_\_\_\_\_

Address: \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Contact: \_\_\_\_\_

In participating in the Loudon Old Home Day Parade, above-named organization/individual agrees to follow all rules and guidelines of the Loudon Old Home Day Parade Committee. Above-named organization/individual agrees that failure to comply may result in immediate removal from the parade at the discretion of the parade chairman.

### HOLD HARMLESS AGREEMENT

I/We further agree to indemnify, defend, and hold harmless the Town of Loudon, NH, the Loudon Old Home Day Committee, and its employees or agents against loss or expense, including attorney’s fees, except in the cases of the sole negligence of the Town of Loudon, NH or the Loudon Old Home Day Committee for loss or expense because of bodily injury, death or property damage sustained by any person or persons. It is further agreed that I/we, as participants, will maintain general liability and auto insurance for the parade entry.

Name of Organization: \_\_\_\_\_

Organization Representative: \_\_\_\_\_

Loudon Old Home Day Committee Rep: \_\_\_\_\_

Date: \_\_\_\_\_

**MARK YOUR CALENDAR!**

**SATURDAY, AUGUST 9**

**LOUDON**

**OLD HOME DAY!**

**JOIN YOUR FRIENDS AND NEIGHBORS FOR A FUN-FILLED DAY AT THE RECREATION FIELD IN THE VILLAGE. PARADE AT 10 A.M. FOLLOWED BY ENTERTAINMENT ALL DAY LONG, FIREWORKS IN THE EVENING, STREET DANCE, BBQ, GOOD FOOD, GOOD FUN!**

Black

## Arthur C. Fillmore Memorial Golf Tournament — June 20

The Family of Arthur C. Fillmore, to commemorate his life, would like to extend an invitation to join us again in the Second Annual Arthur C. Fillmore Memorial Golf Tournament on Friday June 20, 2008 at Loudon Country Club in Loudon, NH.

Arthur loved the game of golf and generously gave back to many communities. In this spirit we want to celebrate his memory, by donating the proceeds of this event to a local organization, *Future Planning Networks of NH (FPN-NH)*; it is a non-profit organization that was founded by a group of

concerned parents who have a family member with a disability. Their goal is to assist families in developing a safe, secure and valued future for their relative with a disability. This organization is not intended to replace traditional service systems, but to enhance the possibilities for more typical relationships and activities in the community when the service day has ended.

In addition to the fun filled round of golf, please share in a continental breakfast prior to the tournament and plan to participate in the contests for

putting, closest-to-the-pin, longest drive. Once again we will have several hole-in-one prizes, as well as the ever so popular "casino hole" and closest-to-the-lobster-trap for your enjoyment. Great prizes wait for the top teams, spectacular auction and raffle prizes for everyone! Following the event will be a BBQ lunch and awards ceremony.

Player entry and sponsorship is going quickly so plan to reserve your space early. For additional information call 603-783-4723 or email [marlync@comcast.net](mailto:marlync@comcast.net). ■

*The Loudon Communications Council would like to thank Dottie Mulkhey for her numerous years of dedicated work as our Treasurer.*

## Maxfield Public Library Board of Trustees Meeting Minutes — April 21, 2008

**5:00 p.m.** Trustees Sandy Blanchard, Greg Silva and Susan Kowalski, Library Director Nancy Hendy, guest Dwight Broadstone, and residents Ann Plummer, Russell Cochran, Roy Merrill, Dustin Bowles, John Plummer.

The minutes from the March 17, 2008 meeting were read and approved.

**Financial Report:** Nancy clarified the report stating that several contracts would be coming due that will significantly lower the remaining balances. The bill to repair the column that was damaged by falling ice was pending as well. The estimate was for \$990. Sandy asked about insurance. Nancy said the deductible was \$1000 per incident.

**Director's Report:** Cheryl Ingerson represented the Library at the Loudon Elementary School's Literacy Night on 4/17/08. She has almost completed her Juvenile Nonfiction Collection Development classes. The \$100 course fee was covered by a credit given to the MPL by the NHSL for allowing them to run classes in our meeting room.

The most recent book sale was on 4/19/08. Advance notice is sent to interested parties by e-mail and postcard. Sue suggested notice be sent to Martha Cheney for the Town Crier section in the *Sunday Monitor* in addition to the weekdays Town News section.

Amanda Masse said, on 4/19/08, that the Loudon Recreation Department will pay for the annual library passes to area attractions since the Library's budget cut would otherwise require the elimination of those services. The Trustees appreciated this offer and Sue said the pass information should state that they are provided by the recreation department.

Specifications for the end caps and tops for Children's Room bookcases are being drawn up so that we can begin to gather cost estimates. The laminates and trims need to match the circulation desk materials.

Townpeople continue to sign the statement of support for the Library. The total at this time is well over 250 names.

Melanie Seavey is donating fifteen hours of her high school community service time to the Library. She is working on our vital statistics database that was originally organized by Pauline Locke in the mid-eighties. Sue suggested we coordinate with the Historical Society since they receive regular inquiries about ancestors and are working on a cemetery data base.

Nancy attended a seminar this morning on Overdrive, the downloadable audio books program to which we subscribe. The cost is \$500 annually but is expected to rise 40% as they become compatible with iPods. Sue asked for numbers of Loudon users of the on-line audio book service.

Dwight Broadstone, a Loudon resident asked if he could present the Trustees with a summary of library statistics that he had collected. He compared our data with that of libraries in towns of 3,000–6,000 residents. He found that our statistics are generally consistent with other libraries in this category. Our statistics show that we are acquiring more electronic media and are not lending as many books, etc. Mr. Broadstone felt that the library is a bargain for our town. Mr. Broadstone stated that he intended to create a web site for townspeople to post comments. He stated that he believes issues could be dealt with objectively and thus resolved.

**Meeting with Selectmen on April 11:** Greg saw the meeting as ending with the Selectman Steve Ives stating if a town surplus exists at the end of the fiscal year, the Trustees should be ready to accept a determined sum. Sue asked about Steve Ives suggestion to charge non-Loudon residents who use the library. Nancy reported that currently they are charged \$15 but the price had not

been raised in a long time. She estimates that there are only 10–12 non-Loudon users.

A discussion of ways to cut the budget by 30% ensued. Nancy Hendy suggested cutting hours back from 40 to 30 by closing Monday and at 5:00 p.m. instead of 9:00 p.m. on Thursday. Nancy also stated that employees would not work when the library is closed. Currently cataloging and tagging on the state system is done when the library is closed to avoid interruptions. Greg requested a copy of library usage including meeting space and circulation. He also requested a breakdown of each budget line item for review of possible budget cuts. It was agreed that the Trustees needed to schedule a special meeting to review the budget once this data is compiled. The tentative date is Monday, May 5, 5:00 p.m.. The meeting will have to go into executive session because it will concern staff cuts.

Sandy announced that she has a conflict with the May meeting. It was tentatively rescheduled for Tuesday, May 20, 5:00 p.m..

**Donation from the Bahres:** The Library received two \$50,000 donations, one from Bob and Sandy Bahre and the other from Gary Bahre. May 20 is tentatively set as the date to accept the gift. Sandy said she would like to see the money used to start an endowment, the interest to be used for library programs. Greg and Sue wanted to see the children's room finished, use some money to off-set some of the budget cut and save the rest. Nancy thought the children's room could be finished, the balance invested and the interest used to fund children's programs. In the meantime, Sandy and Nancy would look into the best account to open and deposit it into.

**Loudon Ledger:** Sue will send the approved March minutes along with an announcement of the Bahres' donation, and the first installment of a "Library Fact and Fiction" section concerning book sales.

**Air-intake platform:** Desmeris should be called back now that the snow has melted for an estimate. Greg said he could meet with the contractor any time after 4:00 p.m., except Wednesdays.

**Personnel evaluations:** Nancy would prepare evaluations for staff. Greg and Sandy will get together to review Nancy.

**Reviewing Policies:** Several types of policies should be listed and prioritized, one review to be started at next month's meeting.

**Parking lot stripes:** Greg reported that he spoke with Dave Rice and Mr. Rice said he put the job in the schedule and will get it done in the next couple weeks.

### Other Business:

The Children's Room fundraising sign will be taken down.

Sue will find out who the local head of 4H is and inquire about repairing the outdoor bulletin board which they built and donated; the glass is broken. If 4H is not able, the Boy Scout troops could be approached.


Sandy invited comments from the townspeople in attendance: Roy Merrill stated that he thought the Bahres' donation should be used to finish the children's room and the rest invested. He recommended a CD from Federal Credit Union at 4% interest. Russell Cochran suggested not taking all the interest each year but let it grow to keep ahead of inflation. Dustin Bowles suggested getting a quote from another town resident for the air-intake platform job.

The meeting was adjourned at 7:21 p.m..

Next meeting is tentatively scheduled for Tuesday, May 20, 2008, 5:00 p.m..

Sandra Blanchard  
Gregory Silva  
Susan Kowalski

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## Loudon Police Department News

By Robert N. Fiske, Chief of Police

On May 10th, we held our annual Bicycle Safety class behind the Arthur W. Colby Safety Complex (Loudon Safety Building) in conjunction and support of the Loudon Recreation Committee and Boy Scout Troop 30. It was a record turnout of 119 children. This class included reviewing the rules of the road, bicycle maintenance, and helmet use. Free helmets and safety material were provided to each child along with a coupon for a free ice cream at Dudley's Ice Cream! We also held a fingerprinting clinic and handed out D.N.A. kits. Many thanks to all of the volunteers who assisted with this program! The Loudon Police Department will remain pro-active in the use of bicycle helmets. It is a law that children under the age of 16 wear a helmet to avoid a summons. We encourage everyone to wear helmets regardless of age. If your child is in need of a helmet, please stop in at the police station to receive a free helmet while supplies last.

A special thank you goes to Dunkin Donuts for continuing to support the Loudon Police Department and the various community events we are involved in such as bicycle safety and D.A.R.E. graduation.

As summer is just around the corner, don't forget to let us know when you leave for vacation so that we may make extra checks of your property. Check out our website for suggestions for security while you are away.

A reminder that there will be a road closure plan for Route 106 for Sunday, June 29, 2008. As we near the dates, these closures will be advertised. The only day the road closes is on Sunday; however, be prepared for heavy traffic up to one week prior to the race as well as the Monday following the race. As always, I appreciate the resident's patience and as well as concerns during these times.

We recently attended a seminar regarding the **Alive at 25 Program**. There are two separate sessions to this program. One is geared towards teenagers to 25 years of age and a second class is for parents. **We are looking for your input about this program and would appreciate responses via e-mail with your thoughts about this program and to see if there is an interest out there ([chieffiske@loudonpolice.com](mailto:chieffiske@loudonpolice.com)).** I sincerely believe this is an important program that is needed in Loudon.

*The Alive at 25 Program is a defensive driving course developed by the National Safety Council in 1995 to address the growing problem of fatalities for people under the age of 25. It is designed for ages 15 through 24 years of age. The leading cause of death for all Americans under the age of 25 is car crashes.*

*The Alive at 25 Program is a minimum 4-hour classroom driving course designed for young drivers and passengers. The course focuses on decision-making, responsibility and risk assessment. The instructor guides students to come to their own conclusions on why young drivers are at such high risk. The students formulate their own ideas as to what they can do to reduce their exposure to those risks. Finally, they learn about different types of consequences and how their choices behind the wheel affect others.*

*Placing this curriculum in the hands of experienced law enforcement professionals brings the course to life in a way that truly does change the attitudes of young drivers.*

*Nearly every community in the U.S. that has built a successful Alive at 25 Program has seen a dramatic reduction in injury and fatal crashes among students who complete the course. In Colorado, where the program has been in use statewide for 12 years, they have*

*had tremendous results. The fatality rate for the 14–24 age group according to NHTSA is 20.1 per 20,000. Students who have completed the Alive at 25 Program in Colorado have a fatality rate of 4.0 per 20,000, which is 80% below the national average. In addition, they have dropped their teen fatalities from 197 in 1999 to 43 in 2007, a decrease of 78%.*

*The Alive at 25 Program has blossomed into a true community wide effort to save the lives of our young drivers and passengers. In addition to the NSC and law enforcement, many parents, clubs, corporate sponsors and other volunteers work together to make this program work.*

Boy Scout Troop 30 recently spruced up the town beach by sweeping, shoveling and raking. Once again, the boys did a terrific job!

Lisa Halterman again returns as our Lifeguard at Clough Pond Beach. The Lifeguard will be on duty Tuesday through Saturday from 10:00 a.m.– 6:00 p.m. Although there is a lifeguard on

duty during these times, we ask that you take responsibility of your young children and do not drop them off on their own. Improper behavior will result in them being asked to leave.

Use of the town beach requires a resident sticker which may be purchased at the transfer station and needs to be affixed to the vehicle. Vehicles without resident stickers may be asked leave the beach. Also, no dogs or alcohol is allowed on the beach. All town owned properties have a curfew and no one is to be on these properties between the hours of 10:00 p.m. and 5:00 a.m.

Finally — remember kids! The ice cream coupons are back thanks to the support of the Loudon Recreation Committee & Dudley's Ice Cream! We'll be watching for positive behaviors to award these coupons!

As always, if you have any comments or suggestions, please do not hesitate to contact me at 798-5521 or via e-mail at [loudonpd@loudonpolice.com](mailto:loudonpd@loudonpolice.com) or [chieffiske@loudonpolice.com](mailto:chieffiske@loudonpolice.com). ■



**Above: Clough Pond Beach clean up. Below: Bicycle Safety event.**





## Loudon Girl Scouts' Camporee — A Success!

On May 16th 17th and 18th, the Girl Scouts of Loudon were enjoying their 2008 Camporee — “Home on the Prairie” at Loudon’s Cascade Campground. A great group of Loudon Girl Scouts and adult volunteers helped to make the camporee a complete success. Many of you may remember that last year we were camping during monsoonal rains. This year, Mother Nature was kind to us and we only encountered small sprinkles of rain each night. Other than that, the weekend was beautiful!!!

We had three troops on Friday night setting up their campsites and enjoying a scavenger hunt. In the morning girls enjoyed a camp breakfast and more girls arrived to join in the fun. We held our opening flag ceremony which was led by Leader in Training, Katelyn Campbell (who also had her Senior Prom that night!!!) and the girls were off for a day of workshops and fun. T-shirt decorating, clay marbles, quilt block sewing, camping cooking, making rag dolls, nature journal and chalkboard, making braided mini-rugs, making coffee can lunch pails, learning about and making games of the past, creating and eating edible log cabins and making canning jar lanterns were all choices of workshops for the day.

All attendees (60 girls and 30 adult volunteers) participated in an ice cream sundae buffet — YUM and each troop

brought ingredients to share. The girls also shared SWAPS. SWAPS are Special Whatchamacallits Affectionately Pinned Somewhere — little trinkets that each troop made with the camporee theme “Home on the Prairie” or camping themed and shared with other scouts.

The group then retired the colors with a closing ceremony and returned back to our campsites to prepare supper. After supper we shared songs, skits, a candle-light ceremony and campfire s’mores. We want to thank “Grammie Marge” for leading us in song with her guitar. Many of the girls learned to sing in rounds for the first time.

While sitting around the campfire, we held a “wishes ceremony.” Each troop wrote its wishes on a piece of paper, which was burned in the group campfire. In the morning, the ashes were collected and added to ashes from last year’s campfire ceremony.

After a long day and evening of fun, girls and adults retired to their tents. We heard little sprinkles of rain, but it was all done by morning and the girls and adults packed up the sites to head home. The girls had so much fun, many are already talking about next year!!

A HUGE THANK YOU goes out to our sponsors Cascade Campground for providing us with the location. We also

*Girl Scouts — continued on page 21*



*Brownie Troop #10454 enjoys fun with dress-up dolls at their last meeting this year.*

### Scenes from “Home on the Prairie” Camporee



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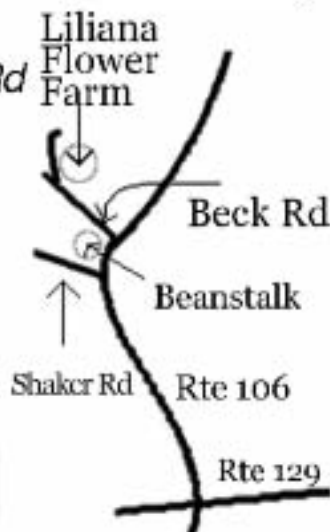
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**Girl Scouts — continued from page 20**

want to thank Camping World of Chichester who donated the use of a camper so that we could again provide luxury accommodations to our EMT for the weekend, Mr. Ben Carter. Mr. Carter was on pins and needles all weekend – literally as he tended to the little bumps and boo-boos of the event and we are VERY thankful for his ability and willingness to volunteer!!

Finally we want to thank the entire group of leaders and adult volunteers who helped out during the event. Without each and every one of you, we would not have been able to provide the girls with this fun and exciting cam-

pore experience — THANK YOU ALL!!

Hopefully many of you saw us participating in the Memorial Day Parade. Girl Scouts in Loudon will be having our end-of-year bridging and awards ceremony in early June. Look for photos of the event in the July issue of your *Loudon Ledger*. Also look for us in the Old Home Day parade this summer!

Thank you for continuing to read about the great things that Loudon Girl Scouts are accomplishing, great job girls and keep it up!! Girl Scouting builds girls of courage, confidence, and character, who make the world a better

place. Here is an update on a few of our great Loudon Girl Scout troops, keep checking back for continued updates as our troops (and troop leaders) are so busy they don't get a chance to update each month:

**Brownie Troop #10454**

*Julie Segien & Kathy Fisher*

Troop 10454 had their last meeting at the LES art room in May. The girls had an easy time with dress-up dolls and a snack. Most Brownies earned as many as 6 try-its this year with all their hard work at our meetings. During April vacation we had a meeting at Merrill Park in East Concord. There were three Brownies who finished up on their hobby patches by sharing their shiny rock collection, Sara Belle Horse Cards, sticker book collections, seashells in a container, and little pet shops figures. The Brownies were then asked how much and how old were they when their collections all began. The girls stayed focused and on track while being in an outdoor environment. We would like to thank the girls for another special school year.

**Brownie Troop #300**

*Amanda Masse, Michele Paquette & Jessalynn Geerdes-Lakowicz*

Troop #300 is working hard and wrapping up the year. We made stuffed animals to donate to the Loudon Fire & Rescue and delivered them to the station with a quick tour. We plan on marching in the Memorial Day parade, planting flowers at the town offices,

having our swimming/pizza party and participating in the end of year ceremony. The girls who will be moving up to the Junior level will be completing requirements for bridging with current Junior Girl Scouts. We are also going to go to Meadow Ledge to finish up a badge that is from the Girl Scout Council of Vermont. Earning this Vermont badge brings the girls closer to finishing requirements for a sister-to-sister program patch that is helping girls and adults understand the merging of New Hampshire and Vermont's Girl Scout Councils.


**Brownie Troop #685**

*Christine Campbell & Karen Minery*

The Brownies have been very busy getting ready for our second annual Camporee. We made Indian corn pins to share as our swaps. The weather was exceptional and all the girls had a great time at Camporee. The girls chose between four workshops being offered each of the four sessions. Each girl colored their own T-shirt, as well as other pioneer themed activities. We roasted hot dogs on our coat hangers made into s'more sticks for lunch. The girls enjoyed two nights of camping and outdoor living. We would like to send a huge thank you to Cecile Merrill for staying the whole weekend!! Another thank you to Tricia Ingraham for helping our troop Saturday evening. The girl scout year is winding to a close, but be sure to check out next month's pictures of our year end ceremony and end of year finale. ■



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# TAKING CARE OF BUSINESS IN LOUDON:

## Affirm Water

By Lee Laughlin



**Affirm Water bottles customized for New Hampshire businesses.**



**Co-owners Tina White, left, and Alicia Grimaldi at work.**

*Taking Care of Business In Loudon is a monthly feature spotlighting a Loudon business researched and written on a volunteer basis by Lee Laughlin. At this time, we have profiles lined up through November of this year. However, if you would like to add your business to be profiled, please contact her at [laughlin@fearlessevents.com](mailto:laughlin@fearlessevents.com) or 783-8971.*

Have you ever had the “good fortune” to sit in on a brainstorming session to create a corporate mission? Almost sounds like something out of Dilbert cartoon right? Well, what if a company created a mission that was written in plain English and then really used it to guide the development of the business? Such is the case with Affirm Water, a Loudon-based company that distributes food-quality stainless steel water bottles emblazoned with life affirming messages or your company’s logo.

The corporate mission is this: “Affirm Water is committed to getting you to drink more water from a safe vessel while protecting the environment and creating positive change in the world.” Straightforward, yet at the same time lofty, no?

This kind of ying and yang is the hallmark of the relationship of the company’s owners, Alicia Grimaldi and Tina White. Alicia and Tina met at Clough Pond while their kids were taking swimming lessons. It what has turned into a typical pattern, Alicia shared her dream about safe drinking water and Tina said “We can do that.”

Neither of these women are what you would call “underachievers.”

Tina is an entrepreneur at heart. She has a successful business creating personalized candy wrappers for chocolate bars. She thrills in the challenge of learning to do something. She is gifted in all things computer and loves research.

Alicia’s background is in social work, but more recently she was certified as a Holistic Health Counselor by the Institute for Integrative Nutrition and has a thriving holistic healthcare practice in Concord.


After the pondside conversation, Tina launched a thorough research initiative to locate a low cost, high quality, safe vessel that could be personalized. She and Alicia reviewed numerous samples before selecting the bottles they sell today.

As demonstrated by the mission statement, both women are passionate about the environment and supporting local businesses. They were very disappointed when their search did not yield one suitable product manufactured in the U.S. The cost was too high and the quality did not meet their high standards. Ultimately they selected a bottle manufactured in China. This allowed them to provide a quality product at a price that would make it economically feasible for people looking to adapt green habits. Their first online sale was made in February 2007.

When concerns arose about products manufactured in China being tainted with lead, Tina and Alicia immediately contacted their manufacturer and were assured that their product was safe. That was nice to hear, but again going back to the mission statement, they wanted to be 100% sure they were selling a safe product, so they contracted with an independent third party to test the bottles. The initial tests came back negative for lead or other contaminants, but to maintain quality control, Affirm Water has its bottles tested on a regular basis.

The business is run out of both of their homes with Tina handling most of the printing and Alicia running the fulfillment process. During crunch times, they keep it local and employ other Loudon moms to lend a hand.

Most companies are focused on branding and insuring that their logo is in front of the customer at every point in the sales process. While no less concerned with insuring future business, Affirm Water focuses first on their mission (protecting the environment) and bucks the trend when it comes to shipping boxes. They use recycled materials from Granite State Health Foods in Concord. On a side note, if you or your company has a bunch of boxes or bubble wrap that you would like to see




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**Business — continued from page 22**  
recycled please contact Tina or Alicia. They'd be happy to help!

Being guided by a well-intentioned mission is all great, but does it put food on the table? The answer is a resounding YES! Business is booming. The bottles are very popular and have been sold to residents of 35 states and 7 Canadian Provinces. When they started, most retail outlets weren't interested until Affirm Water allowed them to take the bottles on consignment. The bottles would sell out in days and now, stores around the state carry Affirm Water bottles (a complete list of retail outlets is available on their web site [www.affirmwater.com](http://www.affirmwater.com)). In keeping with their mission, they donated 5% of last year's gross profits to the Nature Conservancy, a group known for their efforts to protect and promote safe drinking water.

In the first three months of this year they have already exceeded last year's total sales. They can't keep the bottles in stock. While individual orders are their bread and butter, they are receiving more and more large custom orders. When the city Governments of Chicago, Illinois and Olympia, Washington initiated larger orders for green office initiatives for their employees, Tina started researching other companies who could more easily handle large quantity print runs. She was thrilled that the most suitable business was also the most local (just over the border in Massachusetts) and another small business to boot.

**The original Affirm Water bottle.**



**New designs: "Inspire," "Love," and "Peace."**



Being community minded is also part of their mind set. Booth are very active in community activities including supporting the Loudon Elementary School Environmental Club and working with local groups in a way that benefits everyone. For example, the sophomore class at Merrimack Valley High School recently held a successful fundraising drive with Affirm Water bottles to raise money for class activities.

So, what is on the horizon for Affirm Water? They are expanding their marketing and outreach activities

including, updating their web site to include more information about safe and healthy drinking water and exhibiting at the Going Green Expo at the Raddisson Manchester this November. They are also looking to expand their product line with more designs and water related products. One product that is showing potential is a water bottle holder made out of recycled plastic shopping bags. You can be sure whatever Tina and Alicia decide to do next, it will be with their mission statement in mind.

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To learn more about safe drinking water or to purchase your own Affirm Water bottle, visit their web site at <http://www.affirmwater.com>. ■

*Lee Laughlin is an event planner and writer who lives in Loudon. She blogs at <http://independentbw.blogspot.com/>*

## Keep Wildlife Wild — Leave Young Animals Alone

If you encounter wildlife, even young animals that appear to need help, the kindest (and safest) thing to do is to leave them alone and let nature take its course, officials from the New Hampshire Fish and Game Department said today.

This time of year, many people call Fish and Game reporting that they have

picked up young animals, thinking they are orphans. "Picking up fawns, baby raccoons or young animals is an error in judgment," says Fish and Game Lt. Bruce Bonenfant. "People think they're doing a good deed, but they are often removing the animal from the care of its parents and exposing themselves to the risk of disease. What's more, these actions may result in the animal having to be euthanized for rabies testing."

Young wild animals (including mammals, birds, reptiles and amphibians) have their best chance of surviving when they are in their own natural environment, says Fish and Game Wildlife Programs Administrator Mark Ellingwood. What should you do if you find a young animal? "Give wildlife plenty of space and leave them alone and in the wild, where they belong," he said.

Seeing a fawn alone, for example, does NOT mean that it is orphaned or that it needs our help. Ellingwood explains that it is normal for a doe to leave her fawn alone while she goes off to feed in the early morning and evening hours. In many cases, the doe will not return until nightfall. "Fawns are not defenseless creatures. Their cryptic coloration, tendency to stay perfectly still and lack of scent, are all adaptations that help them survive," he

said. Does are easy to detect because of their size and scent, so they generally keep a distance from their fawns, except during brief nursing bouts, so that predators don't key in on them. "This hands-off policy also applies to bear cubs and moose calves," Ellingwood said.

"So, if you're lucky enough to see a deer fawn, bear cub, moose calf or other wild animal, count your blessings and leave the area," Ellingwood advises. "Unless you can verify that an animal's mother is dead, please leave it alone. The majority of a doe's time, as an example, is spent away from the fawn. Persistent revisiting by sympathetic people only serves to prolong the separation and delay important feeding.

If you have questions, call your local Fish and Game office."

Only qualified people with special rehabilitator's permits, issued through Fish and Game in Concord, may take in and care for injured or orphaned wildlife. Unless you have these credentials, it is illegal to have in your possession or take any New Hampshire wildlife from the wild and keep it in captivity. For a list of licensed wildlife rehabilitators, go to [www.wildlife.state.nh.us/Wildlife/wildlife\\_rehabbers.htm](http://www.wildlife.state.nh.us/Wildlife/wildlife_rehabbers.htm).

The New Hampshire Fish and Game Department is the guardian of the state's fish, wildlife and marine resources and their habitats. Visit [www.wildnh.com](http://www.wildnh.com). ■



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## Brake For Moose: It Could Save Your Life

Remember to brake for moose when traveling New Hampshire roadways. There were 198 moose/vehicle collisions in New Hampshire in 2007; in the last five years the state has averaged 230 per year. May and June are high-risk months for encountering moose on the roads, because moose are moving from winter to spring habitats and starting to come out to the roads to eat salt. The New Hampshire Fish and Game Department is working to make people more aware of the danger of moose/vehicle collisions. Step number one is to learn what you can do to reduce the chance of being involved in an accident with a moose.

"Moose are an important and much loved part of our state, but it can be dangerous to encounter them on the road," said N.H. Fish and Game Moose Project Leader Kristine Rines. "By following a few simple rules, motorists can greatly reduce their chance of a moose/vehicle collision or the severity of personal injury if they do hit a moose."

When driving on New Hampshire roads, keep these points in mind:

- New Hampshire's moose herd is approximately 6,000 strong.
- Moose vehicle collisions happen statewide on all types of roads.
- Moose collisions happen most often from the months of May through November.
- While collisions can happen at any time of day, they occur most frequently at dusk and during the night.
- Moose are dark brown and hard to see against pavement.
- Don't depend on "eye shine" to alert you to a moose's presence. Moose don't always look at an approaching vehicle.
- To reduce the chance of a collision - or the severity of occupant injury if you do hit a moose:
- Drive no faster than 55 mph, and wear your seatbelt;
- Scan the sides of the road;
- Be able to stop within the zone of your headlights;
- Use high beams whenever possible;
- If you see a moose, slow down or stop if necessary, until you have passed it or it has left the road.

New Hampshire residents and visitors love to see moose and enjoy sharing the state with these largest denizens of the forest. Make sure your moose encounters are safe for you and the moose: **Brake for Moose — It could save your life!** ■



## A Change in Direction

By Jack Prendiville,  
Century 21 Thompson Real Estate

When you set your asking price, it was with the belief that the home was worth and could ultimately earn that amount. However, if it is several weeks later and there have been no offers, or only a very few and those for under your price point, it could be time to take action.

Discuss with your agent whether or not you should reduce your asking price. Many sellers might feel discouraged at this prospect, but lowering the price to the right amount, at the right time, could work to your advantage.

It indicates to potential buyers that you understand the market conditions and are willing to make compromises when warranted. It also shows that you are truly motivated to sell the property. Both characteristics can be very appealing to buyers and their agents.

Once you decide to reduce the price, work with your real estate professional to make the most of the decision. For instance, he can run tailored marketing including ads tagged, "Just Reduced" or "New Price." He can contact all prospective buyers that visited your open houses or toured the home and let them know about the reduction. He can reach out to his professional network and let his colleagues know that, "This terrific home is now available for even less!"

Also, it is important to remember that lowering the price may open your home to a segment of buyers who were previously locked out by the higher threshold. ■

**The Deadline for the July 2008  
"Loudon Ledger" is Friday, June 13.**

## Selectmen's Meeting Minutes — April 15, 2008

*Present:* Selectmen Ives, Bowles, and Maxfield.

Chairman Ives called the meeting to order at 6:30 p.m..

*Selectman Bowles moved to accept the Selectmen's Meeting Minutes of Tuesday, April 8, 2008 as presented. Seconded by Selectman Maxfield. All in favor. Motion carried. Selectman Maxfield moved to approve the Meeting Minutes of Friday, April 11, 2008 between the Board of Selectmen and Library Trustees as presented. Seconded by Selectman Bowles. All in favor. Motion carried.*

The Board reviewed appointment papers. *Selectman Bowles moved to appoint Eileen Maxfield to Deputy Town Clerk, Dorothy Mulkhey to Deputy Tax Collector, Alicia Grimaldi to Recreation Committee, Amanda Masse to Recreation Committee, Jennifer Pfeiffer to Recreation Committee, Christine Campbell to Recreation Committee, David Rice to Solid Waste and Recycling Committee, Norman Bowles to Solid Waste and Recycling Committee, Stephen Bennett to Solid Waste and Recycling Committee, and Sandra Blanchard to Solid Waste and Recycling Committee for a one year term with the appointment to expire March 31, 2009. And to appoint Daniel Geiger to the Conservation Commission for a three year term to expire March 31, 2011. Seconded by Selectman Maxfield. All in favor. Motion carried. Chairman Ives moved to appoint Selectman Dustin Bowles as Ex-Officio to the Planning Board. Seconded by*

*Selectman Maxfield. Majority vote in favor. Motion carried. Selectman Bowles abstained from the vote.*

The Board began their review of weekly correspondence.

The Board received information relative to a private dam and pond.

The Board was advised of a site walk scheduled for Wednesday, April 16, 2008 at 4:00 p.m. at Thistle Hill Road by the Planning Board.

The Board received a memo from Bob Fiske regarding Thistle Hill Road.

The Board received a memo from Bob Fiske regarding Sigrid Little's letter from April 8, 2008. Chairman Ives will contact Mr. Fiske regarding this issue.

The Board received copies of a notice from DOT regarding improvements to the intersection at Bee Hole Road, Piper Hill Road and Route 129.

The Board received copies of a fax from Bob Fiske regarding live entertainment at the golf course. The Board agreed that they would like more details before they agree with this request and stated a memo will be forwarded to Mr. Fiske with the Board's questions. Discussion ensued regarding questioning hours of operation, number of times per year, etc.

The Board received copies of a letter from Dean and Margaret Wilber regarding Board of Tax and Land Appeals. The Board agreed that they would set up a meeting with Mr. & Mrs. Wilber and the Selectmen

**Selectmen — continued on page 25**

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**Selectmen — continued from 24**

and Assessor David Wiley to review the property on Hot Hole Pond Road.

The Board received copies of a letter from Ron Woods regarding the NH Motor Speedway's assessment.

The Board received a reminder from DES that the Berry Road drainage plan must be submitted by June 15, 2008.

Chairman Ives opened the Public Hearing at 7:00 p.m. to accept State matching funds under FEMA Disaster 1643-DR-NH, which was declared on May 31, 2006.

Chairman Ives read the Public Notice for those present. *Selectman Maxfield moved to accept the NH Department of Safety Homeland Security Emergency Management grant in the amount of \$115,570.31. Seconded by Selectman Bowles. Selectman Bowles stated it was a reimbursement, not a grant. All in favor. Motion carried.* The Board stated that these funds are in addition to what the Board had expected. Discussion ensued regarding these funds being reimbursement for work that was done and paid for. Paul Johnson asked if the funds could be used for the footings for a separate bridge in town or did they have to go towards Cross Brook or Chichester Road Bridges. The Board said that the money would be used for road improvements within town, that it was not specific to Cross Brook or Chichester Road Bridges. Mr. Johnson asked how much the Town spent on the bridge projects and asked if the Town had received more money than they paid out. The Board said that the State has received additional funds

that are being divided up amongst the towns impacted by the flooding. They said originally the Town received 80% of the cost and now this is approximately 12% more to cover costs the Town has already paid out. The Board stated that the Town has paid out more than received in reimbursements or grants. Selectman Bowles said that the money will be used for road improvements that were put on hold because of the flooding and bridge issues. He said the Board has talked about fixing some of the culverts around Town to help keep the water flowing.

Chairman Ives closed the Public Hearing at 7:09 p.m..

The Board continued their review of weekly correspondence.

The Board received copies of the SDS Septage Facility Permit from DES.

The Board received copies of an e-mail from the Recreation Committee asking for volunteers for the Bicycle Safety event on Saturday, May 10, 2008 at 9:00 a.m. to 11:30 a.m. and the Summer Recreation programs.

Chairman Ives discussed the need to set up a meeting with the Selectmen from the Town of Canterbury to discuss fire and ambulance coverage and the elderly housing complex in Canterbury. The Board will try and set up a meeting for the first Monday in May with the Canterbury Selectmen to discuss this issue.

The Board discussed the inquiry regarding the phone hook-up for the Cate Van Garage. Selectman Bowles stated that a trench needs to be dug along the side of the pipe that is already in place. Selectman

Bowles will contact Road Agent David Rice to follow up on this issue.

The Board received a regional impact notice from FEMA regarding the Flood Elevation Maps.

*Selectman Maxfield moved to forward past due ambulance bills, account #38468 in the amount of \$285.44, account #38445 in the amount of \$510.10, and account #37948 in the amount of \$292.75 to collections. Seconded by Selectman Bowles. All in favor. Motion carried.*

The Board received information for use by the Scholarship Committee regarding accreditation of trade schools. Discussion ensued regarding fulltime status and 12 credit hours. Chairman Ives stated that the new Scholarship Committee members will be Steve Ives, Roger Maxfield, Karon Maxfield, Dena Leonard, and Jim McNeil.

The Board received information regarding the public hearing on proposed changes to the Property Liability Trust Membership Agreement.

The Board received copies of a letter from DES to DOT regarding the Route 106 project between Loudon and Belmont.

The Board received a letter from NH Legal Rights Foundation regarding class action litigation against the redistricting of legislative districts. Chairman Ives stated that it appears this is a request for a letter of support from the Selectmen as Loudon does not have their own "dedicated representative" with the State. Discussion ensued regarding surrounding towns that have their own representative to the State. The Board asked Office Manager Jean Lee to draft a

letter supporting Loudon having a dedicated representative to the State and they will sign it at next week's meeting.

The Board received the notice for the Mountain of Demonstrations scheduled for May 22, 2008 at Gunstock.

The Board received copies of the NHMA Legislative Bulletin #17.

The Board received copies of the newsletter from Councilor Shea.

The Board received copies of a notice from UNH regarding Road Management workshops.

The Board received copies of upcoming workshops from Central NH Regional Planning Commission.

John Plummer asked if there were any plans for roadside cleanup from community organizations. The Board said that they had not heard of any at this time. Discussion ensued regarding the amount of trash on the roadsides this year. The Board stated that they appreciate the efforts of all those that volunteer and pick up trash along the roadside. Mr. Plummer said that the Highway Crew had done a great job on Old Shaker Road.

*Selectman Bowles moved to adjourn the meeting at 7:47 p.m.. Seconded by Selectman Maxfield. All in favor. Meeting adjourned.*

**THE LOUDON BOARD OF SELECTMEN**

Steven R. Ives, Chairman  
Dustin J. Bowles, Selectman  
Roger A. Maxfield, Selectman

**Selectmen's Meeting Minutes — April 22, 2008**

*Present:* Selectmen Ives and Bowles. Selectman Maxfield was not present.

*Also present:* Road Agent David Rice.

Chairman Ives called the meeting to order at 6:30 p.m..

*Selectman Bowles moved to approve the Selectmen's Meeting Minutes of Tuesday, April 15, 2008 as presented. Seconded by Chairman Ives. All in favor. Motion carried.*

The Board met with Road Agent David Rice.

Mr. Rice advised the Board that he had spoken with Ken Magoon regarding moving material from one of Colin Cabot's properties on Sanborn Road to another of his properties with regards to the bridge. He said that the bridge is 14 feet wide and that Mr. Magoon advised him they would be using one of Fillmore's CAT trucks. Discussion ensued regarding the requirement of a permit of liability and an insurance bond for any issues that may arise. Discussion ensued regarding the bridge and a bond amount. The Board agreed that the bond should be in the amount of \$300,000.00.

Mr. Rice advised the Board that he is trying to keep his budget in line. Discussion ensued regarding street sweeping and trying to cut back on the roads that are included. Mr. Rice said that the areas are Village Road, around the school, to the lights, Chichester Road area, plus the developments of Goshen Drive/Sheeprock Road, Hemlock Hill Drive, and Plateau Ridge Road. He said the reason that they sweep the developments is because the developments do not get enough traffic to get the sand off the roadsides. Discussion ensued regarding the Sheeprock Road/Goshen Drive development.

Mr. Rice advised the Board the crosswalk has been painted at the School and in the Village. He said that the parking lot at

the Library had been striped as well as the Recreation Field parking lot.

Mr. Rice advised the Board that the Highway Crew had been working on getting the stockpiles back in place.

Mr. Rice advised the Board that when he begins the spring grading, he is going to have to get some gravel on some of the roads. Discussion ensued regarding crushed stone only being able to be used if the roads are wet as well as the raw materials on some of the roads. Mr. Rice said that the one thing he cannot cut out in his budget is the purchase of the chemicals to put on the dirt roads. Selectman Bowles said he felt a new policy for grading should be put in place and that the Highway Crew needed to start crowning the roads. Discussion ensued regarding crowning, ditching, brush cutting, and the need to stay on top of the ditching. Mr. Rice said that Goshen Drive, Sheeprock Road, and Upper City Road, and the Safety Complex are priorities. Chairman Ives said he would like to have all of the Town's work done prior to the paving of those roads, so that once the roads are paved, those projects will be complete. Selectman Bowles said he will check Upper City Road and make the decision if the culverts need to be replaced prior to paving or not.

Selectman Bowles discussed the culvert angle on Pleasant Street. He said he does not think that they will be able to scoop out the culvert on the downhill side with the bucket. Mr. Rice stated that the Highway Crew moved the culvert over approximately 2 feet on that end but they ran in to the old stone culvert. Selectman Bowles said he thinks the lower side needs to be addressed and the lower rocks need to be moved over and reset so the water can flow through there better. He said he was glad that the culvert was in, and working, but he felt that the culverts need to be reviewed and

planned out better. Selectman Bowles said he felt that this culvert should be a priority before next winter, to go and relocate the rocks so the water goes straight through and not the S curve.

Selectman Bowles asked Mr. Rice about the scuffing of the roads. Mr. Rice said that Bear Hill and Minery Road have been completed and they are headed towards Kenney Road and Gilmanton Road. Selectman Bowles asked if the culvert at the end of Gilmanton Road is Loudon's responsibility or the Town of Gilmanton. Mr. Rice said it was Gilmanton's. Discussion ensued regarding culverts and ditching. Mr. Rice said that the Highway Crew had been out to Berry Road, scuffed it and placed gravel and crushed stone where needed.

Mr. Rice advised the Board that the catch basin cleaning will take place after July 1, 2008.

Selectman Bowles discussed an issue with utility pole placement and advised Mr. Rice that when issuing a driveway permit he may need to put a stipulation on the permit that utility poles may have to be removed or relocated in order to get the driveway permit issued. He stated that it is important to keep the ditch line lined up.

Mr. Rice advised the Board that there was a driveway issue with one of the lots on Wellington Lane. He stated that the plan showed the driveway to be 7½ feet from the boundary marker; however, it appears to be less than 6 feet from the boundary marker. Selectman Bowles said that the developer had to specifically follow the plan due to the wetland issues. Discussion ensued regarding what took place during the subdivision approval process regarding this lot. Mr. Rice said it appears that the roughed in driveway

*Selectmen — continued on page 26*

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**Selectmen — continued from 25**

is more than the 75 feet from the wetlands, but it appears that they have encroached on the property line. Discussion ensued. Mr. Rice said that Planning Board Secretary Donna White would be contacting the developer regarding this issue.

The Board began their review of weekly correspondence.

The Board received notification of the meeting scheduled for Monday, May 5, 2008 at 7:15 p.m. with the Canterbury Selectmen, to discuss the new senior housing complex being built in Canterbury, relative to the impact on Loudon's Fire Department.

The Board received copies of weekly expenditure reports for review.

The Board received copies of the property insurance renewal forms for any changes.

The Board received copies of a memo that was sent to Bob Fiske regarding live entertainment at the Golf Course.

The Board received the following thank you letter from Arthur Colby. "Town of Loudon Selectmen, Roger Maxfield, Dustin Bowles, Steven Ives, Police Chief Robert Fiske, Fire Chief Jeffrey Burr, and all the good people of Loudon: No words can describe my feelings when I was presented the plaque at town meeting designating the Loudon Safety Building to be named after me. This was no doubt the biggest surprise of my life and by far the greatest honor I have ever received. I have enjoyed everything I have done in Loudon over the many years I have lived here. I must say many townspeople and fire department members have helped me to accomplish some of these projects and I have had the cooperation and liberty to do many things from the Selectmen, Road Agent, Police Chief, and former Fire Chief Dick Wright. Also, the town office staff has been very helpful to me many times. To everyone involved I thank you from the bottom of my heart and Lucille truly appreciates your thoughtfulness for the

most beautiful flowers. Sincerely, Arthur W. Colby."

The Board received copies of an assessment card for Tax Map 050, Lot 013 regarding a commercial property being used for residential purposes. Discussion ensued. The Board will have the Code Enforcement Officer follow up on this issue.

The Board received copies of assessments cards for Tax Map 040, Lots 013 and 016 regarding the current use acreage.

The Board received correspondence and plans from DOT on the Route 106 road work from Asby Road to Belmont.

The Board received copies of NHMA Legislative Bulletin #18 for review.

The Board received a reminder of upcoming local officials' workshops.

The Board received a request from "SPACE" to add a link on the Town's website to their website. The Board agreed to add the link to the website.

Chairman Ives stated for the record that three pistol permits were submitted for signature and approval.

John Plummer was recognized from the audience. He asked the Board about the meeting scheduled with the Canterbury Selectmen and the senior housing complex in Canterbury. Discussion ensued regarding the number of units and the increase in mutual aid calls for the fire department. Mr. Plummer asked about road striping. Discussion ensued regarding the budget and trying to keep the spending down. Chairman Ives said if there is any money left at the end of the fiscal year; the Board would look at the issue of striping some roads.

*Selectman Bowles moved to adjourn the meeting at 7:43 p.m.. Seconded by Chairman Ives. All in favor. Meeting adjourned.*

**THE LOUDON BOARD OF SELECTMEN**

Steven R. Ives, Chairman

Dustin J. Bowles, Selectman

Roger A. Maxfield, Selectman

**Selectmen's Meeting Minutes — April 29, 2008**

*Present:* Selectmen Ives and Bowles. Selectman Maxfield was not present.

*Also present:* Fire Chief Jeff Burr and Police Chief, Code Enforcement/Compliance Officer Bob Fiske.

Chairman Ives called the meeting to order at 6:30 p.m..

*Selectman Bowles moved to approve the Selectmen's Meeting Minutes of Tuesday, April 22, 2008 as presented. Seconded by Chairman Ives. Majority vote in favor. Motion carried.*

The Board began their review of weekly correspondence.

The Board received a reminder of the meeting scheduled with Canterbury Selectmen on Monday, May 5, 2008 at 7:15 p.m. to discuss the senior housing complex in Canterbury.

The Board received a reminder of the Scholarship Committee meeting scheduled for Wednesday, May 7, 2008 to introduce the two new committee members to the process.

The Board was advised that Merrimack Valley student Gavit Kerkel from Loudon had contacted the Road Agent asking if he could clean up Coaster Road for community service credit. Dave Rice advised the Town Office staff that Mr. Kerkel had done an excellent job. The Board thanked Gavit Kerkel for his efforts.

The Board reviewed and discussed the insurance renewal information for the Library contents. The Board agreed to increase the value from \$715,259.00 to \$720,000.00 to cover the new computers and purchases.

The Board received copies of weekly expenditure reports for review.

The Board received copies of the quote for signage at the Arthur W. Colby Safety Complex for review. *Selectman Bowles*

*moved to approve the installation of the 12" letters for the Arthur W. Colby Safety Complex with Sign-O-Rama of Concord, in the sum of \$779.00. Seconded by Chairman Ives. Selectman Bowles moved to have the funds come out of Town Building Expenses, account #01-41941-400-490. Amendment seconded by Chairman Ives. Majority vote in favor. Motion carried.*

The Board received copies of a letter sent to Bill Leombruno from DES regarding the dam at the Country Club.

The Board received copies of a letter from Canterbury Selectmen regarding NH Motor Speedway.

The Board received correspondence from Michael Harris.

The Board met with Fire Chief Jeff Burr. Chairman Ives discussed the areas in town where the water levels are high. Discussion ensued.

Chairman Ives discussed an e-mail that Chief Burr had sent regarding the Emergency Management Director position. Discussion ensued. Selectman Bowles voiced his concerns regarding the Police Chief and Fire Chief being at the Race Track if there is an incident and the Emergency Management Director needs to be at a command center.

Chairman Ives stated that when the installation of the sign at the Arthur W. Colby Safety Complex is scheduled, Chief Burr will be notified ahead of time so that he can plan for equipment placement.

Chairman Ives said it was good to see all the communities that turned out to assist with the structure fire on Currier Road. Discussion ensued regarding the ash from the fire and only accepting allowable materials at the Transfer Station.

The Board continued their review of weekly correspondence.

Chairman Ives stated that the Board had received correspondence from Volunteers of America stating that they had received their occupancy permit and invited the Board to an open house on May 7, 2008 at 10:00 a.m..

The Board received copies of the 2007 total equalized valuation from DRA.

The Board received the 1st Quarter Host Community Fee calculation from ESML.

The Board received a minimum impact wetlands application from Brian Tierney of Kenney Road for review.

The Board received the April Planning Board draft Minutes and ZBA draft Minutes for review.

The Board received a Regional Impact notice from the Town of Goffstown.

The Board received copies of the March Cate Memorial Van Committee Meeting Minutes for review.

The Board received copies of the NHMA Legislative Bulletin #19 for review.

Chairman Ives opened the Public Hearing to accept funds in excess of \$5,000.00 for the Arthur E. McNeil and Raymond C. Cummings Memorial Scholarship Fund. He read the public notice for those present.

*Selectman Bowles moved to accept two checks, one in the amount of \$100,000.00 from Robert and Sandra Bahre, and the other in the amount of \$100,000.00 from Gary Bahre for the purpose of the Arthur E. McNeil and Raymond C. Cummings Memorial Scholarship Fund. Seconded by Chairman Ives. Selectman Bowles stated this is a great opportunity for Loudon residents to further their education and he can't thank the Bahre family enough for establishing this trust. He said that Bob Bahre has been an advocate for the kids' continuing education and he is happy that the scholarship has been named in honor of Arthur McNeil and Raymond Cummings. Chairman Ives said that it is the Board's understanding that this is a yearly donation for the purpose of furthering education of the residents of Loudon. Majority vote in favor. Motion carried.*

Chairman Ives closed the Public Hearing and reconvened the Selectmen's Meeting.

Chairman Ives stated that the Selectmen had received a request from NH Legal Rights Foundation for a letter of support for the issue of redistricting so that Loudon would have its own representative to the State House. *Selectman Bowles moved to authorize the Chairman to sign the letter of*

*support for the redistricting suit on behalf of the Town of Loudon, to the NH Legal Rights Foundation, with the hopes of getting a State Representative solely for the Town of Loudon. Seconded by Chairman Ives. Chairman Ives said that each town with 5,000+ residents is supposed to have their own representative. Majority vote in favor. Motion carried.*

The Board met with Police Chief, Code Enforcement/Compliance Officer Bob Fiske.

Mr. Fiske advised the Board that Wanda Cummings and Rich Lavoie were in the audience regarding a possible wetlands issue on Mr. Lavoie's property. Chairman Ives reviewed information from Peter Schauer regarding the wetlands delineation and Mr. Schauer states that the issue is not a jurisdictional wetland. Mr. Fiske stated that he concurred with Mr. Schauer, that the inlet in to the pond was diverted and subsequently it came out the other end. He said that Ms. Pickering (Wanda Cummings neighbor) has cut down trees which have also contributed to wet areas. Mr. Fiske said that Ms. Cummings is adamant that the situation gets worse each year. He said that he is not an expert on wetlands issues, but Mr. Schauer is. Mr. Fiske went on to say that the Selectmen had asked him to research this issue and this is what he has found. Chairman Ives asked if there is anything on record from DES for permitting of the pond. Mr. Fiske said not to his knowledge. He said that during a conversation he had with Mr. Lavoie, Mr. Lavoie indicated that DES had advised him it was alright. Chairman Ives said he felt that the town needed something in writing from DES stating that the pond on Mr. Lavoie's property is alright. Selectman Bowles said the town has to rely on DES to oversee these issues to be sure that their laws and regulations are being met, especially with the continual changes to laws and regulations. Mr. Fiske said he felt there were two issues. One is whether the pond is permitted or would be permitted, and two, the drainage issues. Chairman Ives said that this issue has come up because of an abatement application that was being reviewed by the Town's Assessor. Mr. Wiley questioned why the town would be issuing an abatement due to a man-made problem. Chairman Ives said that the Board is trying to determine if this is a man-made problem. He said that based on Peter Schauer's letter,

**Selectmen — continued on page 27**



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**Selectmen — continued from 26**

as an expert on this issue, he states this area is not considered wetlands because the water is flowing over the land, which does not constitute a wetland. Chairman Ives said that if the water has been flowing normally, he does not see how the town could issue an abatement. He said if it had been man-made and the course of the water had been altered and DES approved it, he does not see how the town could issue an abatement either. Chairman Ives said if DES did not approve it, there may be a problem. Selectman Bowles agreed and said Mr. Schauer is highly respected and if he determines that this is not wetlands, more of a seasonal overflow of water, then that is what it is; unless proven otherwise. Chairman Ives said he feels it comes down to getting information from DES. Mr. Fiske said he would make contact with Mr. Lavoie and try and make arrangements. Chairman Ives stated that this issue will be discussed again at the Board of Permit in May. Ms. Cummings said she had many concerns regarding this issue. Chairman Ives advised Ms. Cummings that she could have some time to discuss her concerns at the Board of Permit meeting in May as well as time for Mr. Lavoie to discuss any of his concerns. Ms. Cummings asked who paid for Mr. Schauer to do the study. The Board stated they did not know who paid for it but that the letter was addressed to Mr. Lavoie.

Mr. Fiske provided the Board with information regarding live entertainment at the Loudon Country Club. Discussion ensued regarding this being for one guitarist who

will be playing inside and no later than 10:00 p.m..

Mr. Fiske discussed Tax Map 050, Lot 013 (former Country Hall) on Mudgett Hill Road. He said that the property owner had applied for a parking permit for race weekend and was approved for it. Mr. Fiske went on to say that Mr. Sanborn has been advised that if he wishes to use this building for residential purposes, he would need to obtain a change of use. Mr. Sanborn has stated to Mr. Fiske that on occasion he has stayed overnight at the property on Mudgett Hill Road. Mr. Fiske has advised Mr. Sanborn that staying overnight cannot be tolerated. He said that Mr. Sanborn has stated that he would like to put in a 60-foot X 60-foot apron from Mudgett Hill Road up to the front door of the property. Mr. Fiske said that Dave Rice has already gone to look at the property and has given his approval. Discussion ensued regarding the drainage issues. Selectman Bowles will contact Dave Rice regarding this issue. Mr. Fiske suggested that from this point on the Town Engineer should review these situations. Chairman Ives said that he feels if someone alters their property and it causes damage to another property or the road, it is that landowner's responsibility to correct the situation.

Mr. Fiske advised the Board that a representative from DES had visited him regarding the issues on Lovejoy Road and wetland issues. He said that in speaking with the representative of DES he provided copies of the septic system approvals, which surprised the DES rep. Discussion ensued regarding the history of wet areas on the property along Lovejoy Road.

Mr. Fiske advised the Board that the Race Track has gone before the Zoning Board for approval to put an addition on to the administration building. He said there are major renovations in one of the suites and replacement of the infield garages. Mr. Fiske said the removal of the diner and a replacement building is going through the Planning Board. The Board discussed the suite renovations, which are for the new owner.

Chairman Ives discussed the SPCA billing. Mr. Fiske stated that the only time a summons is issued would be if a dog was running loose and was vicious or harmed someone, but if a dog was picked up and taken to the SPCA because it was just running loose, the owner claiming the dog is charged the \$60.00 fee. Selectman Bowles said there needs to be better communication on this issue. He said SPCA sends out their quarterly billing and they charge the Town \$60.00 per dog. The Town is looking at increasing the charge to the dog owner to \$100.00 due to the cost that the Town incurs with transportation of the animal, personnel time, and billing. Mr. Fiske stated that not all animal issues are subject to a summons due to the circumstances.

*Chairman Ives moved to enter into executive session with Bob Fiske to discuss personnel issues at 7:35 p.m.. Seconded by Selectman Bowles. Roll call vote: Ives yes, Bowles yes. Motion carried. Chairman Ives moved to come out of executive session at 7:55 p.m. Seconded by Selectman Bowles. Roll call vote: Ives yes and Bowles yes. Motion carried. Chairman Ives stated the results of the executive session were discussion of office procedural matters with Mr.*

Fiske and it was determined that information flow needs to be improved upon in both directions.

Chairman Ives stated for the record that two pistol permits were submitted for review and approval.

The Board met with Colin Cabot of Sanborn Road to discuss a bridge bond and construction issues.

Mr. Cabot stated that he has not obtained the building permit yet, as he is trying to move a portion of a hill behind his home and place the fill on his property on the other side of the bridge on Sanborn Road. He discussed the type of trucks that they are planning on using and discussed the vehicles that were used during the dam construction for the concrete. Mr. Cabot said he found that it would cost him \$5,000.00 to obtain a \$300,000.00 bond and he does not want to do that. Discussion ensued regarding types of construction vehicles that have been over that bridge and Mr. Cabot stated for the record that he would pay to have the bridge fixed, if ZBA Chairman David Powelson approved the design of the bridge. The Board stated that as long as Mr. Cabot would agree to fix the bridge and to sign a statement to that fact, then they would be in agreement. Mr. Cabot said that he would provide the Board with a statement.

*Selectman Bowles moved to adjourn the meeting at 8:16 p.m.. Seconded by Chairman Ives. Majority vote in favor. Meeting adjourned.*

**THE LOUDON BOARD OF SELECTMEN**

Steven R. Ives, Chairman  
Dustin J. Bowles, Selectman  
Roger A. Maxfield, Selectman

**Selectmen's Meeting Minutes — May 6, 2008**

*Present:* Selectmen Ives, Bowles, and Maxfield.

Chairman Ives called the meeting to order at 6:30 p.m..

*Selectman Bowles moved to approve the Selectmen's Meeting Minutes of Tuesday, April 29, 2008 as presented. Seconded by Chairman Ives. Majority vote in favor. Motion carried.* Selectman Maxfield abstained as he was not present at that meeting.

*Selectman Bowles moved to amend the motion for the funding for the sign at the Arthur W. Colby Safety Complex in the amount of \$1,558.00 due to the lettering being on both sides of the building with funds to come from account #01-41941-400-490, Town Building account, for purchase and installation. Seconded by Chairman Ives. Majority vote in favor. Motion carried.* Selectman Maxfield abstained from the amendment to the vote made at the April 29, 2008 meeting as he was not present at the meeting.

The Board began their review of weekly correspondence.

The Board received notification of a meeting scheduled with the Selectmen, Assessor David Wiley, and Dean Wilber at Mr. Wilber's property on Hot Hole Pond Road on Thursday, May 22, 2008 at 4:00 PM to discuss the BTLA issue.

The Board discussed the option of acquiring the Tax Maps in a PDF format at a one time cost of \$160.00. It was stated that Cartographic Associates would then update the file at no charge to the Town. The Board agreed to this purchase.

The Board received information regarding employee healthcare insurance options for employee benefits for review. Discussion ensued regarding the two plans and their

costs. *Selectman Maxfield moved to switch the employee healthcare insurance from Cigna to MVP Healthcare EPO-1 Plan. Seconded by Selectman Bowles.* The Board stated they felt the plan is comparable to the former healthcare plan. *Selectman Maxfield moved to amend the motion to include MVP Healthcare EPO-1 Plan Option -I. Seconded by Selectman Bowles. All in favor. Motion carried.* The Board discussed the insurance plan as well as the need to set up a meeting with the employees to advise them of the change and offer a chance to ask any questions with the broker present.

Selectman Maxfield questioned the True Green contract relative to the Veteran's Memorial not being included on the contract. He said that he had spoken with the Road Agent who had assured him that the Veteran's Memorial would be included in the contract. Chairman Ives will follow up with Mr. Rice on this issue.

The Board received a letter from Colin Cabot regarding the Sanborn Road Bridge. Chairman Ives said that Mr. Cabot has agreed to fix or replace the bridge if it is damaged during his work on Sanborn Road.

The Board received a letter from Wanda Cummings regarding the May 13, 2008 Board of Permit meeting.

The Board received correspondence from Attorney William O'Brien regarding the redistricting litigation.

The Board received information from Central NH Regional Planning Commission requesting a list of roads for the 2008 traffic count. Selectman Bowles said typically the Road Agent and Planning Board are the ones to request which roads are included. The Board agreed that this should go to Road Agent Dave Rice for review.

The Board received information from Central NH Regional Planning Commission regarding the appointment of a representative from Loudon. The Board agreed to forward this to the Planning Board for their nomination recommendation.

The Board received copies of the April NHMS traffic meeting minutes from DOT.

The Board received copies of a letter from DES to Stash Sliva regarding the Restoration Plan and Administrative Order 06-023 as well as copies of information from DES to Brian Tierney regarding a Wetlands Application.

The Board received copies of the 2008 LYAA baseball schedule.

The Board received copies of a training certificate for Jeff Burr for review.

The Board received copies of an e-mail from Amanda Masse regarding the Girl Scout bake sale and Bike Safety Program event scheduled for May 10, 2008.

The Board received copies of the NHMA Bulletin #20 for review.

The Board received copies of the newest Awareness in Action guidelines from PRIMEX for review.

The Board received the 2008 publications catalog from Local Government Center.

Chairman Ives recognized Russell Cochran from the audience.

Mr. Cochran asked if the Library Trustees had held the public hearing to accept the funds donated by the Bahre Family. Selectman Bowles stated he thought that the Trustees would be holding the public hearing at the end of May.

*Selectman Maxfield moved to adjourn the meeting at 7:15 p.m.. Seconded by Selectman Bowles. All in favor. Meeting adjourned.*

**THE LOUDON BOARD OF SELECTMEN**

Steven R. Ives, Chairman  
Dustin J. Bowles, Selectman  
Roger A. Maxfield, Selectman



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## Planning Board Minutes — April 17, 2008

Meeting called to order at 7:00 p.m. by Chairman Tom Dow.

### Attendance:

Chairman Tom Dow, Vice Chairman Stan Prescott, Tom Moore, Steve Jackson, Henry Huntington, Gary Tasker, Ex-Officio Dustin Bowles, and Alternates Bob Ordway and Jeff Green were present.

Julie Robinson was present to represent the Conservation Commission.

### Acceptance of Minutes:

**March 20, 2008, Regular Meeting.** Steve Jackson made a motion to approve the minutes as written; seconded by Dustin Bowles. All were in favor.

**March 27, 2008, Special Meeting.** Stanley Prescott made a motion to approve the minutes as written; seconded by Steve Jackson. All were in favor.

**April 16, 2008, Site Walk.** Tom Moore made a motion to approve the minutes as written; seconded by Dustin Bowles. All were in favor.

### Discussion:

**Derek York** — Mr. York stated that he has 10 acres with 348' of frontage on Bee Hole Road. He said that he would like to divide the parcel and would like to know if there is a way to do it without the required frontage. There was brief discussion and Mr. York was told that the only way to divide the parcel would be to put in a road to town specs, creating the required frontage on the new road.

**Harry MacLauchlan** — Mr. MacLauchlan stated that he is planning to turn his car wash into something else. He outlined various options and asked the Board for feedback. There was discussion of uses permitted by the Zoning Ordinance and the fact that there are already multiple uses on the property. Mr. MacLauchlan is to contact the Planning office for review of his current approvals and for the paperwork to do the change of use.

**Attorney Andrew Sullivan** — Steve Jackson explained that he invited Mr. Sullivan to address the Board on the subject of creating a condominium (condex) from a duplex. This was discussed at the last meeting and there were several questions about the process. Mr. Sullivan handed out copies of RSA 356-B:5 from the Condominium Act and explained the process generally followed to create a condominium of an existing property. He stated that this is a form of ownership, not use, and thus cannot be denied if the property is already used as a duplex. Mr. Sullivan covered the four points (as built site plan, as built floor plan, declaration, and by-laws) of the process, explaining each. He said that each owner owns the inside area of the dwelling and the land and maintenance are shared. Mr. Sullivan pointed out sections of the town's regulations that pertain to this matter and clarified the process for the Board members.

**Wayne Thistle** — A site walk was done at Thistle Hill Road the day prior to this meeting. Mr. Thistle said that he will need a waiver for the road length. Tom Moore said that it is a process that needs to be done, adding that they all knew the road length and missed it during the subdivision review and subsequent approval. Dustin Bowles said that Mr. Thistle would need a waiver on the power lines as well. Tom Dow said that this would need to be done as a public hearing according to town counsel. He stated that some issues at the site were noted and discussed. Mr. Thistle said that he has talked with PSNH about moving the guy wire that is in the shoulder. He talked of the cul-de-

sac and why it was designed and constructed as it was. He said that he can divert the water off to the side of the cul-de-sac if preferred. Mr. Thistle said that the driveway in question was done by the landowner and that he had talked with Dave Rice about ways to get the driveway pitched back. There was discussion of the road review process. The Board will meet to discuss and set up procedures.

Steve Jackson asked if easements should be put in place for the slopes in the event of erosion and the need for repair or maintenance. Mr. Thistle explained that he had stabilized the slopes for the winter but was not done with the construction. There was discussion of easements in addition to the town's 50'. Mr. Thistle pointed out that most of the lots have been sold and he asked if he would have to go back to each of the owners for easements. There was discussion of standard agreements used by the town. Stan Prescott said that there is a catch basin in the 4' shoulder at the bottom of the hill. Mr. Thistle said that he would bring the road plan to the next meeting, stating that the road was built to plan. He asked if the site walk minutes would serve as the punch list that was mentioned at the site walk. It was agreed that the minutes covered all items of concern.

**Steve Reddy, Zetland Homes** — Mr. Reddy stated that he owns Map 39, Lot 85 and explained that there is a new home on the property. He said the property has recently been sold and at the closing the title company determined that the driveway of the abutting property was a town road.

Mr. Reddy explained that the title company wanted a letter from Bob Fiske which he got. In that letter Mr. Fiske stated that the structure currently meets the setback requirements but if a road was constructed in the future the house would have to meet the new standard of 50' for a corner lot setback. Mr. Reddy said he also got an affidavit from Web Stout saying that the side setback on the lot should have been 30' on the most recent plan but was inadvertently shown as 50'. Tom Dow asked when the building permit was issued. Mr. Reddy said that the foundation was done in 2005. Mr. Dow pointed out that the corner lot ordinance was adopted in 2007. Steve Jackson also pointed out that the access is not a road right now, it is a 50' right-of-way. Roy Merrill said that the original subdivision was approved with 30' side setbacks and that they put the foundation in by that.

There was discussion of Bob Fiske issuing a corrected letter and Mr. Reddy said that the title company would not accept that as they view his initial letter as a matter of record. Mr. Reddy said that the attorney at the title company would accept a letter from the Planning Board that would confirm: 1) the access to the abutting property is not a town road; 2) this property meets the current setback requirements; and 3) this property would not be affected should a road ever be built on the abutting property. There was discussion of the request, the timeframe, and verifying the original subdivision as recorded. Tom Dow will talk with Bob Fiske about the matter.

### Old Business:

There was none.

### New Business:

**Application #08-06, CVAD, LLC** — Major Site Development, Located on Route 106, in the C/I District. Map 1, Lot 49. Tony Marcotte spoke on behalf of Concord Ventures Area Development. Abutters Ron

Bresciani and Joanna Breen (Manna Business Enterprises) were present. It was determined that the application is not complete as the applicant does not yet have state approvals. Mr. Marcotte explained that there have been some changes in the state's site specific process and that it is now preferable that applicants go through the town review process and make any revisions prior to submitting to the state. It was agreed that this meeting was for discussion and review only.

Mr. Marcotte explained the proposed plan of one building as compared to the conceptual designs that were brought before the Board a few months earlier. He said that they have met with DOT and that a traffic impact assessment has been submitted with the application. Mr. Marcotte stated that a right hand turn lane would be proposed. He discussed the proposed infiltration system and pervious pavement, noting that DES is making some changes and with this application they have tried to meet some of those upcoming specifications. He said that they could remove the pavement of the old Staniels Road if the Board wanted them to, thus preventing some runoff. Mr. Marcotte said that DOT is backlogged by three to four months and site specific by about one month. He pointed out the proposed cistern location, parking, and drainage. He said that they will have an architect working with them and they will work with the fire department. Tom Dow asked that the Planning office be copied on all fire department communications. Mr. Marcotte said that he would personally be handling the communications and would be sure that the office is kept informed.

Ms. Breen asked how many units were proposed. Mr. Marcotte said it would depend on the uses but would be a maximum of thirteen on the ground level and thirteen at the lower level that would be accessible at the rear of the building. He said the building has been designed so that it allows for a variety of types of businesses, noting that the ground level units could be single units of 20' widths or in multiples and the lower level would be thirteen 20' x 100' units.

Mr. Bresciani asked about the proposed water retention area and where the water would go in the winter. Mr. Marcotte stated that there will be some infiltration in the winter, noting that a lot of water will be captured with the pervious pavement and bio-retention areas. He said that could have pipes from the bottom of the area into the slopes below the frost line so that any water would infiltrate. Mr. Bresciani said that there will be increased traffic on Staniels Road. Ms. Breen asked what would happen to Staniels Road. There was discussion about that section being closed but has not been discontinued by the town. There was also discussion about the elevations of the lower parking area compared to the abutting property, a buffer screen at the lower property line, and lighting.

Gary Tasker asked Mr. Marcotte to get information about the pervious pavement to the Board. He said he is not sure that he likes the cistern being in the front of the building but that decision would be up to the fire department. Mr. Tasker asked about the height and material of the retaining walls. Mr. Marcotte said they would be 8-10' and the type of material would be provided by the manufacturing source that engineers the plan. He said that he will get alternatives for the Board to review. Mr. Tasker asked if the sidewalk at the front of the building would be raised. Mr. Marcotte said that it would be

a covered walkway with a landscape strip between the walk and pavement. Mr. Tasker asked that a sketch of the walkway be provided. Mr. Tasker addressed the landscape plan and said that he would like to see some items increased in size. He said that the landscape strip should be planted a little heavier as well. Mr. Tasker stated that the applicant has presented a nice looking building. He said he is not sure that bio-retention is the best way to go. Mr. Marcotte said that they looked at stormwater treatment and might be able to supplement outside the bio-retention system. Mr. Tasker asked if there is rip-rap shown at the parking lot edges. Mr. Marcotte explained that it would be bark mulch in the bio-retention areas and that he would clarify that on the plans. Mr. Tasker asked for a buffer screen at the bottom driveway for the abutter. He asked what would be done with the slopes between the guardrails and the lower parking lot. Mr. Marcotte said it would be loamed and seeded with a slope mixture. Mr. Tasker asked that the areas at the ends of the building be identified. He said if the tar is removed from Staniels Road something would have to be done for stormwater management. Tom Dow said that they would have to check with the selectmen to be sure that the pavement can be removed.

Mr. Tasker asked about the roofing material and that details be submitted to the Board. Mr. Marcotte said that they are still working on the roof and there may be changes. Mr. Tasker said that he liked the roofline look. Mr. Marcotte said that he could bring in pictures of a similar existing building. Mr. Tasker asked about the dumpster area. There was discussion that the area may not be big enough to support the entire building. Mr. Marcotte will look at this.

Tom Dow asked about the construction of the stairs between the parking lots. Mr. Marcotte said he was not sure at this point and that they would have the wall design people help with that. The location and design of the chambered septic system was explained. Paul Johnson stated that there would have to be a grease tank if there was going to be any food places in the building. Mr. Marcotte said they will have internal grease separators.

Henry Huntington stated that the proposed pavement is pervious but wondered how it would be used in the calculation of lot coverage and if the lot would meet the requirements. Mr. Marcotte said that the design meets the 50% restriction if the pavement was counted as impermeable. Tom Dow asked about the parking calculation of 135 required but 101 proposed. Mr. Marcotte said it was listed that way because they looked at theoretical uses since they do not yet know what types of businesses will be in the building. He said that the ordinance makes it difficult to calculate parking because there is such a variety of uses with each requiring different calculations. Mr. Marcotte said that the 135 spaces was figured as the maximum number based on the possible use requirements. Stan Prescott said that he thought the calculations needed to be revised. He asked what came of the meeting with DOT. Mr. Marcotte said that a traffic study was done but they do not have anything back from DOT yet.

Tom Moore asked about the snow storage area on the lower level. Mr. Marcotte said with the septic and tiered levels they would have bring the snow to other areas. Stan Prescott said that the driveway appeared to be in the setback. Mr. Marcotte

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**Planning — continued from 28**

said that the driveway location is not definite at this point but that there are provisions in the Zoning Ordinance for reduced setbacks. He asked if the ZBA is generally favorable about such requests. Roy Merrill said that the ZBA would probably look upon it favorably.

Stan Prescott asked if they meet the turning radius at the back of the building. Mr. Marcotte said that he believed it did but will look at it again to verify. Tom Dow asked about the 15" flared end sections that are shown on the grading/utility plan. He noted that it empties onto Staniels Road. Mr. Marcotte said it is what is there now and explained the existing state drainage. Tom Dow asked if the plans should be sent to the town engineer for review. Stan Prescott said that they should wait for changes to be made before having them reviewed.

Ron Bresciani asked how much fill would be brought in and how they would

control the dust. Mr. Marcotte said that 30,000 yards would be needed and they would control the dust with water. Stan Prescott asked that the abutters house location, topo in the lower area, shoreland protection buffer, contours and profiles be looked at and/or shown on the plans.

The following are to be reviewed for the next meeting: fire department communications, renaming Staniels Road, sidewalk, removal of pavement on Staniels Road (Board of Selectmen), heavier landscape in the front, bark mulch at front, stairs, walls, details on pervious pavement, refigure parking, entrance/setback, add house to plan, line distance to river, slopes, turning radius, dumpster area, profile of road, cistern location, sign, identify areas at end of building, snow storage, and roof.

**Board Discussion:**

**Parking Permit application/packet** — The Board agreed that revisions to the packet submitted by Donna were acceptable. It was asked if both the checklist and the list

of items to be submitted were necessary. Members agreed that the two lists could be combined into one and approved the changes.

**John George** — Donna stated that Mr. George came to the office with pictures of slopes at the rear of his property and questions about work being done at the Villages at Loudon. The Board discussed the matter and Tom Dow said that he would talk with Bob Fiske looking into the situation.

**Inspection process** — Steve Jackson handed out an outline of a suggested scheduling of new road inspections that he created after the Thistle Hill Road site walk. There was lengthy discussion of the inspection process, the need to look at other engineering firms, a better check and balance system, and ways to ensure that new roadways are constructed to town standards.

**Report of the ZBA:**

Donna reported that there are two applications for special exceptions for reduced setbacks, one on Lovejoy and one on Route

129, and one variance for a special exception for reduced setbacks at the track. She explained that the variance is being requested because there are no provisions in the C/R District for special exceptions to the setbacks.

**Report of the Board of Permit:**

Stan Prescott reported that the group discussed three hawkers & peddlers permits, one business permit, Thistle Hill Road, the building permit ordinance, and a sign at Villages at Loudon.

**Adjournment:**

*A motion to adjourn at 10:40 p.m. was made by Henry Huntington; seconded by Tom Moore. All were in favor.*

*Respectfully submitted,  
Donna White*

## Zoning Board of Adjustment Minutes — April 24, 2008

**REGULAR HEARING**

Chairman Dave Powelson called the Loudon Zoning Board of Adjustment meeting of April 24, 2008 to order at 7:00 p.m. at the Loudon Community Building.

**ROLL CALL:**

The following members were present: George Saunderson, *Chairman* Dave Powelson, Roy Merrill, Howard Pearl, and *Alternates* Jim Venne and Jon Huntington. Jim Venne was appointed as a voting member in the absence of Ned Lizotte.

**ACCEPTANCE OF MINUTES:**

**Regular Hearing.** *George Saunderson made a motion to approve the minutes of March 27, 2008; seconded by Jim Venne. All were in favor.*

**PUBLIC HEARINGS:**

**Case #08-04, Randy Yeaton — Special Exception for Reduced Setback, Map 38, Lot 21.** Abutters have been notified; none were present. Mr. Yeaton explained that he would like to put a lean-to addition on his garage which would result in a 12' encroachment on the side setback. The chairman stated that a site visit was done just prior to this meeting, with Jim Venne, George Saunderson, and himself in attendance. He went over the points of the application and stated that there did not appear to be anything strongly detrimental to the neighborhood in the request.

Jon Huntington asked about the site visit. Mr. Powelson said that they saw the site and that the applicant is asking for a reduction from 30' to 18'. George Saunderson said that the request seemed pretty straightforward and that this is just a lean-to on a garage. Mr. Powelson said that there is a fairly heavy tree line that acts as a buffer on that side of the applicant's property.

Chairman Powelson asked if there was anyone who wished to speak in favor of or against the application. Hearing none, he closed the hearing to the public and opened it to the Board only for discussion. *George Saunderson made a motion to approve the special exception for reduction of the side setback from 30' to 18'; seconded by Howard Pearl.* Mr. Pearl said that he is familiar with the lot and cannot see that the reduction would be detrimental. Dave Powelson said that the reduction seemed reasonable for the lot, noting that all points of the application had been addressed. A roll vote

was taken: *Jim Venne — Yes; George Saunderson — Yes; Dave Powelson — Yes; Roy Merrill — Yes; Howard Pearl — Yes. Unanimous — PASSED*

**Case #08-05, Beverly & Michael Rafferty — Special Exception for Reduced Setback, Map 21, Lot 6.** Abutters have been notified; none were present. A letter from Gary Beaton stated that he did not have any objections or concerns with the setback reduction.

Mrs. Rafferty explained that they would like to have a two-car garage built and due to the layout of their property it would be within the side setback. She said that they are requesting a reduction from the 30' to 7' or 8'. Mrs. Rafferty went through the points of the application. The chairman stated that there was a site visit of the property just prior to this meeting and asked if there were any questions from the Board. George Saunderson pointed out that the applicant is requesting a reduction to 16' on #3 of the application yet is now asking for 7–8' as the area is staked. He said he thought 10' would be reasonable. Mr. Rafferty said that there was snow on the ground at the time the application was filed and they have since realized the actual measurements. Jim Venne said that he would agree that 10' should be the bare minimum. George Saunderson said that this is a small existing lot that is somewhat limited for options. Howard Pearl said that he would be in agreement with 10' but nothing less. Jon Huntington said that he would like to compliment the applicants on the package that was submitted, noting its neatness and completeness. He said that he likes the proposed garage location as it gets the cars back away from the road.

Chairman Powelson asked if there was anyone who wished to speak in favor of or against the application. Hearing none, he closed the hearing to the public and opened it to the Board only for discussion. *George Saunderson made a motion to approve the special exception for reduction of the side setback from 30' to 10'; seconded by Jim Venne.* Howard Pearl asked other members if they felt the garage would fit well and were satisfied after viewing the site. George Saunderson said he felt it was the only way to get a garage on the lot. A roll vote was taken: *Jim Venne — Yes; George Saunderson — Yes; Dave Powelson — Yes; Roy Merrill —*

*Yes; Howard Pearl — Yes. Unanimous — PASSED*

**Case #08-06, N H Motor Speedway, Inc. — Variance for Reduced Setback, Map 61, Lot 5.** Abutters have been notified; none were present. Chairman Powelson stated that the applicant originally asked for a special exception for reduced setback in the CR District but when reading the Zoning Ordinance it appears that a special exception can be permitted in all districts other than the CR District. He said that when the CR Dis-

trict was created it was not given the special exception option. Donna explained that she has researched the creation of the CR District and spoken with Bob Ordway and Roy Maxfield because they were on the original paperwork of the zoning amendment that created the district. Both felt that there was no intention to not permit special exceptions in the District. The chairman stated that there are several points that need to be

*Zoning — continued on page 30*



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**Zoning — continued from 29**

proven for a variance as well as determining if it is a use or area variance.

Steve Hennigar of Gilbane Building Co. spoke on behalf of the applicant, explaining that they would like to put an entry vestibule on the front of the main office, creating a better and safer entry. He said that the current building is right at the 100' setback and this vestibule would be encroaching by 12'. Mr. Hennigar explained that there is a landscaped buffer between the building and the parking lot so nobody would be entering right into the parking lot from this vestibule. He said that the vestibule would not reduce the parking or file lane areas. Mr. Hennigar went through the points of the application.

Howard Pearl, George Saunderson, and Jim Venne stated that they have been by the track and have no objections to the request. Roy Merrill said that it is obvious that the Zoning Ordinance needs to be amended to include special exceptions in the CR District. Jim Venne said that the vestibule would make the building more attractive. John Zudell, construction manager for Speedway Motorsports, said that the vestibule would give the building better handicapped accessibility, would better define the entryway of the building, and would provide a cleaner, safer access. The chairman, reading from the ZBA handbook, said that the Board would have to consider any special conditions of the property which would make an area variance necessary in order for the applicant to construct the development as designed and that there is no other way to get the same benefit. Howard Pearl said it definitely appears to be an oversight in that the language was omitted when the district was established. He said he feels this is a good design for the building and would certainly qualify for a special exception.

Chairman Powelson asked if there was anyone who wished to speak in favor of or against the variance. Hearing none, he closed the hearing to the public and opened it to the Board only for discussion. Donna read a note from Ned Lizotte that stated "I did go by the race track to look at the request to put up a covered entrance into the parking lot within the 100' setback and it looks fine." *Howard Pearl made a motion to approve an area variance for the installation of a vestibule, reducing the front setback from 100' to 88'; seconded by George Saunderson.* Howard Pearl said that the Board doesn't particularly grant a lot of variances but this one is necessary to correct the lack of language in the Zoning Ordinance. He said that this request would very easily qualify for a special exception if the language was in the Zoning Ordinance. A roll vote was taken: *Howard Pearl – Yes; Roy Merrill – Yes; Dave Powelson – Yes; George Saunderson – Yes; Jim Venne – Yes. Unanimous – PASSED*

**DISCUSSION:**

John Zudell of Speedway Motorsports asked to address a couple of matters at the track. He said that they would like to remove the old diner that is currently used as the parking office and replace it with a modular unit. He explained that the current building is within the 100' setback. The plan would be to set the new building back further but still within the setback. There was discussion about the size of the new building (24' x 64'), the proposed location, and the fact that this would make the building more conforming than what is presently there. The Board discussed the proposal and agreed that Section 603.2 would address the situation most appropriately, particularly the last sentence which states "replacements shall be in the same location and of the same dimensions as before the damage occurred, unless change of location or dimensions would make the replacement less non-conforming." There was discussion about the replacement building having less square footage in the non-conforming part. The Board came to the conclusion that it would be allowed where the building was to be placed further back and in a more conforming manner. Mr. Zudell was advised to see Bob Fiske about the proposal and, if need be, a letter could be written with the Board's opinion on the question.

Mr. Zudell also asked about cutting some brush along the front of the property from the main office toward the TV gate. The Board agreed that any cutting in the state's right-of-way would have to go through the district office, any landscape that was created as part of the approved site plan must stay in place, and that other underbrush, saplings, etc on the property could be cleaned up to improve the appearance of the property.

**BOARD DISCUSSION:**

Donna asked the Board about a wetlands application that she recently received from the town clerk. The application is to finish the excavation of a pond for which a permit was granted in 2000 and expired in 2005. The Board reviewed the tax map and application, agreeing that the landowner needed to apply for a special exception for the pond per Section 301.5 of the Zoning Ordinance. A letter will be sent to the owner advising him of such.

**ADJOURNMENT:**

*Jon Huntington made a motion to adjourn the meeting at 8:05 p.m.; seconded by Howard Pearl. All were in favor.*

*Respectfully submitted,  
Donna White  
Administrative Assistant*

**Please note that both Planning and Zoning Minutes are DRAFT minutes, i.e., they have not been approved yet. For a copy of the approved minutes, please contact the Planning/Zoning Office after their monthly meetings (798-4540).**

**Planning Board meets the  
third Thursday of the month at 7 p.m.**

**Zoning Board meets the  
fourth Thursday of the month at 7:30 p.m.**

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June 2008 in Loudon						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 June 2–6•MVMS Book Fair 6:30pm•Happy Hill 4H Club @ American Legion.	3 10:30am•Storytime @ Library MVMS Academic Limo Lunch 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•Lions Club @ Library	4 2pm•Storytime @ Library 6:30pm•BUGZ — First Grade Play 7pm•Historical Society	5 5th Grade Move Up Night 10:30am•Storytime @ Library No PTA Meeting 6:30pm•Underclass Awards Ceremony	6 Church of the Nazarene Family "Drive In Movie" Night	7 10–Noon•Illusionist Dirk Ellis, Kidsville, and Jr. Kids Puppets @ Church of the Nazarene
8	9 8pm•Loudon Fire Dept. Meeting	10 Senior Class Trip to Camp Mi-Te-Na 10am•Young at Heart @ Com. Bldg. Trip on the MV Mt. Washington, Lake Winnepesaukee 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting/Board of Permit @ Com. Bldg.	11 2pm•Storytime @ Library 6pm•Conservation Com. @ Com. Bldg. 6:30pm•Girl Scout Volunteers @ LES	12 10:30am•Storytime @ Library 6pm•Fifth Grade Instrument Concert	13 LEDGER DEADLINE FOR JUNE ISSUE  MARKS CLOSE  Sixth Grade Class Trip on the Mt. Washington 8pm•"You Can't Take It With You" @ MVHS	14 FLAG DAY 7–10am•Lions Club Breakfast @ American Legion 2pm & 8pm•"You Can't Take It With You" @ MVHS 
15 FATHER'S DAY 	16 June 16–20: Competency Week/Final Course Assessments 5pm•Library Trustees @ Library 6:30pm•Communications Council Meeting @ Com. Bldg.	17 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•Lions Club @ Library	18 2pm•Storytime @ Library 5:30pm•Senior Class Banquet @ MVHS cafeteria 7pm•Senior Class Awards Ceremony 7pm•American Legion & Auxilliary Meeting	19 LES FIELD DAY (RAIN DATE 6/20) 8th Grade Pride Night 10:30am•Storytime @ Library 7pm•Planning Board @ Com. Bldg.	20 FIRST DAY OF SUMMER  7am•Arthur C. Fillmore Memorial Golf Tournament @ Loudon Country Club 6–9pm•Eighth Grade Social 	21 10am•MVHS Graduation 
22	23 LAST DAY OF SCHOOL  8th Grade Field Trip to Mt. Sunapee State Park	24 9–Noon•VNA Senior Health Clinic @ Com. Bldg. 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting/Work Session @ Com. Bldg. 7pm•LYAA Mtg. @ Library	25 2pm•Storytime @ Library 6:30pm•Recreation Com. @ Library	26 10:30am•Storytime @ Library 7:00pm•Zoning Board of Adjustment @ Com. Bldg. 7:30pm•Book Group @ Library	27	28
29	30					

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**Volume 10, Number 6**

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