

The Loudon Ledger

PUBLISHED BY THE LOUDON COMMUNICATIONS COUNCIL



November 2008
Volume 10, Issue 11

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Mission Statement...

To provide a comprehensive source of information and education about business, government, and community organizations within Loudon in order to facilitate and encourage informed citizen participation.

First Household Hazardous Waste Day Very Successful!



Loudon residents took advantage of the town's first household hazardous waste day — in a big way! For more pictures, see page 4.

Rainy weather contributed to a slow start to the Household Hazardous Waste Day on Saturday, September 6th, but when the weather cleared, residents steadily came in with their hazardous materials for safe disposal. Many residents had been collecting these materi-

als for years, unsure of how or where to dispose of them. Most of us were glad to finally be able to clean out our garages, cellars, kitchens, storage sheds, etc.

Because this was the Town's first-ever hazardous waste event, no one

knew exactly how many residents could be expected to participate when the Transfer Station gate opened at 8:00 a.m. A dozen or so "early birds" were the first ones greeted by the attendants at the collection tables. After this,

Hazardous Waste — cont. on page 4

Affordable Senior Housing Community Dedicated in Honor of Richard Brown

On September 25, Volunteers of America Northern New England celebrated the official dedication of the Richard Brown House, a new affordable senior housing community. The Richard Brown House is named in memory of a well liked and respected friend of Loudon. Speakers included representatives from the U.S. Department of Housing and Urban Development (HUD), Volunteers of America, state and local dignitaries, the town of Loudon, and family and friends of Richard Brown.

According to June Koegel, President and CEO of Volunteers of America Northern New England, "Dedicating this building and all that it represents in Richard Brown's honor is a loving tribute to a dear friend. Richard Brown was instrumental in making our dream of this affordable senior housing community a reality. He was a champion for ensuring that seniors could have an affordable place to live and maintain their dignity and worth as individuals. And, at Volunteers of America, we



Communications Council Annual Meeting

The Loudon Communications Council invites you to its 2008 Annual Meeting on Monday, November 17th at 6:30 p.m. at The Community Building/Charlie's Barn in the Village.

Dedication — cont. on page 5

Town of Loudon Office Hours

Selectmen's Office

PO Box 7837 • 798-4541

Selectmen meet Tuesday evenings at 6:30 p.m. in the Community Building.
Mon.–Thurs.: 8 a.m.–4 p.m. • Tues. evenings: 6 p.m.–9 p.m.

Town Clerk

PO Box 7837 • 798-4542

Mon.: 8 a.m.–2 p.m. • Tues.: 3 p.m.–9 p.m. • Wed.–Thurs.: 9 a.m.–4 p.m.

Planning/Zoning Board

PO Box 7837 • 798-4540

The Planning Board Meets the third Thursday of the month at 7:00 p.m. in the Community Building. The Zoning Board meets the fourth Thursday of the month at 7:00 p.m. in the Community Building.

Mon.–Thurs.: 8 a.m.–4 p.m. • Tues. evenings: 6 p.m.–9 p.m.

Tax Collector

PO Box 7844 • 798-4543

Tues.: 3 p.m.–9 p.m. • Wed.–Thurs.: 9 a.m.–4 p.m.

Police Department: Emergencies: 911

PO Box 7059 • 798-5521

Mon.–Fri.: 8 a.m.–4:00 p.m.

Code Enforcement

PO Box 7059 • 798-5584

Mon.–Fri.: 8 a.m.–4:00 p.m.

Fire Department: Emergencies: 911

PO Box 7032 • 798-5612

The Fire Department holds its general meeting on the second Monday of the month at 7:30 p.m. in the Safety Building. To obtain a fire permit, please stop by the station weekdays between the hours of 7 a.m. and 6 p.m. Fire permits for the weekend need to be obtained during these times.

Loudon Elementary School

7039 School Street • 783-4400

The School Board meets the second Monday of the month at 7:15 p.m. Call the Superintendent's Office for meeting location.

Transfer Station

Tues. & Thurs.: 9 a.m.–5 p.m. (Winter)

Tues.: 9 a.m.–5 p.m. • Thurs.: 11 a.m.–7 p.m. (Summer) • Sat.: 8 a.m.–5 p.m.
Loudon residents can purchase facility stickers at the transfer station for \$1.00. See the attendant.

Highway Department

Road Agent: David Rice • 783-4568

Mon.–Fri.: 7 a.m.–3:30 p.m.

Maxfield Public Library

Librarian: Nancy Hendy • 798-5153

Mon.: Closed • Tues.: 10 a.m.–9 p.m. • Wed.: 1–9 p.m.

Thurs.: 10 a.m.–5 p.m. • Sat.: 9 a.m.–1 p.m.

The Library Trustees meet at 5 p.m. on the first Tuesday of the month.

John O. Cate Memorial Van

798-5203 (Mondays only) to schedule a ride.

For more information or on other days, call Barbara Cameron: 783-4534

Loudon Food Pantry

30 Chichester Road, Unit D, Loudon

Open Wednesdays from 10 a.m.–6 p.m. or for emergencies.

For more information, call Sue or Sarah at 798-3886 or email

LoudonFoodPantry@yahoo.com

Loudon Representatives

Merrimack County — District 6

Maureen Baxley: PO Box 67, Andover, NH 03216. 682-3782

Claire D. Clarke: 437 Daniel Webster Hwy., Boscawen, NH 03303. 796-2268

Priscilla P. Lockwood: PO Box 1, Canterbury, NH 03224. 783-4349

Joy K. Tilton: 4 Hill St., Northfield, NH 03276. 286-8806

Frank A. Tupper: PO Box 92, Canterbury, NH 03224. 783-4110

Deborah H. Wheeler: 38 Bay St., Northfield, NH 03276. 286-8212

Senators — District 07

Harold W. Janeway: 225 Tyler Rd., Webster, NH 03303. 271-3041

Loudon Ledger Submission Policy

All groups, organizations, individuals, etc. are encouraged to submit articles to the Loudon Ledger. Special events, landmark anniversaries or birthdays, "attaboys," etc. are all welcome.

Please note, however, that the Ledger will uphold its mission:

To provide a comprehensive source of information and education about business, government, and community organizations within Loudon in order to facilitate and encourage informed citizen participation.

We will also follow our *Articles of Agreement*, which are on file with the Secretary of State:

The corporation shall not participate in, or intervene in any political campaign on behalf of any political party or candidate for public office, nor shall it sponsor or endorse any plan or proposition that does not facilitate or encourage informed citizen participation.

In other words, any article submitted must present all sides of an issue in a factual, unbiased manner so that the reader may form his/her own opinion based on the information presented. To paraphrase Eric Severard: "You should elucidate but not advocate."

Articles should be submitted to the Loudon Communications Council, P.O. Box 7871, Loudon, NH 03307. They may be emailed to debbie@debbiekgraphics.com. From there, they will be forwarded to the Council for review before they are inserted in the Loudon Ledger. If you have any questions regarding this policy, please contact Mary Ann Steele, chairperson of the Council, 267-6509. ■

Classified Ads are available. Please mail your ad copy, along with a check payable to LCC, to PO Box 7871, Loudon, NH 03307. A 1–3 line, 1-column ad will cost \$10. A 4–5 line, 1-column ad costs \$15.

"The Loudon Ledger" 2008 Schedule

January 2008 Ad & Copy Deadline: Fri. 12/14 **Council Meeting:** Mon. 12/17

February 2008 Ad & Copy Deadline: Fri. 1/18 **Council Meeting:** Mon. 1/21

March 2008 Ad & Copy Deadline: Fri. 2/15 **Council Meeting:** Mon. 2/18

April 2008 Ad & Copy Deadline: Fri. 3/14 **Council Meeting:** Mon. 3/17

May 2008 Ad & Copy Deadline: Fri. 4/18 **Council Meeting:** Mon. 4/21

June 2008 Ad & Copy Deadline: Fri. 5/16 **Council Meeting:** Mon. 5/19

July 2008 Ad & Copy Deadline: Fri. 6/13 **Council Meeting:** Mon. 6/16

August 2008 Ad & Copy Deadline: Fri. 7/18 **Council Meeting:** Mon. 7/21

September 2008 Ad & Copy Deadline: Fri. 8/15 **Council Meeting:** Mon. 8/18

October 2008 Ad & Copy Deadline: Fri. 9/12 **Council Meeting:** Mon. 9/15

November 2008 Ad & Copy Deadline: Fri. 10/17 **Council Meeting:** Mon. 10/20

December 2008 Ad & Copy Deadline: Fri. 11/14 **Council Meeting:** Mon. 11/17

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1/2 Page	9"W x 6"H — or — 4 3/8"W x 11 3/4"H	\$115.00/issue
Full Page	9 3/8"W x 11 3/4"H	\$230.00/issue

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The Loudon Ledger

is published monthly by the Loudon Communications Council,
PO Box 7871, Loudon, NH 03307.

Council Members: Kris Tripp, Dottie Mulkhey, Mary Ann Steele, Tricia Ingraham, Emily Bracey, Sherry Blanchard, Sharon Strout, and Amanda Masse.

Editorial Submissions may be mailed to PO Box 7871, Loudon, NH 03307 or sent via email to: debbie@debbiekgraphics.com

All editorial submissions are approved by the Council before publication.

Advertising: Samantha French — 783-4601 / harvestmoon@aol.com

Where to Worship in Loudon

Family Bible Church

"Where everybody is somebody, and Jesus is Lord!"

Pastor Steve Ludwick

676 Loudon Ridge Rd., PO Box 7858, Loudon, NH, 03307 • 267-7577

www.myfamilybiblechurch.org • Email: fbc@emlot.com

Coffee & Prayer Time: Sunday 8–9:10 a.m.

Sunday Worship: 9:30 a.m. A blend of hymns & contemporary songs.

Fellowship time following service is provided. Sunday School for ages 4 years–

5th grade during worship service. Nursery also Available.

Sunday Evening: Youth Group — For Grades 6–11: 6–7:45 p.m.

Monday: Men's Fellowship and Prayer 7–8:45 p.m.

Wednesday: Women's Bible Study, fellowship, and prayer: 9:15 a.m.

Ongoing Evening Adult Bible Studies: call for details

■ ■ ■

Faith Community Bible Church — Evangelical Free Church of America

Jeffrey Owen, Senior Pastor • Joshua Owens, Associate Pastor • Tom Stevens, Minister of Youth

334 North Village Road, Loudon, NH 03307 • 783-4045 • www.fcbe-loudon.org

Fall, Winter, and Spring Hours (Sept.–May):

Sunday Worship Service: 8:00 a.m. and 11:00 a.m. • Sunday School: 9:30–10:30 a.m.

Summer Worship Hours (June, July & August):

Sunday Worship Service: 8:00 a.m. and 9:45 a.m. (no Sunday School classes)

Prayer Meeting: Weds. 6:30 p.m. • Pioneer Club: Weds. 6:30 p.m. (ages 3–5th grade)

Bible Study: Thurs. 9:30 a.m. • Youth Group: Sun. 6:00 p.m.

Faith Community Bible Church has Men, Women, and Small Group Ministries. Please call the church

office for more details. Office Hours: 9 a.m.–2 p.m. on Tues., Weds., Thurs.

Email: phyllis.minery@fcbe-loudon.org

■ ■ ■

Landmark Baptist Church

Fundamental, Independent, Biblical, Caring

Pastor Paul J. Clow

103 Chichester Road, Loudon, NH 03307 • 798-3818 • www.landmarkbaptistchurch.info

Sunday School: 9:30 a.m. (Nursery Provided) (New Beginnings Class:

for those interested in the Christian Faith and in Landmark Baptist Church. This is a time for questions and answers about what it means to be a Christian and what we believe here at Landmark!)

Sunday Morning Worship: 10:30 a.m. (Nursery and Children's Church Provided)

Sunday Evening: 6 p.m. • Master Club: Weds. 6:30–8 p.m. (ages 5–6th grade)

Wednesday Evening Bible Study: 7 p.m. (Nursery Provided. We are studying verse by verse through various books of the Bible.)

Saturday Street Witnessing: 9:30 a.m. • Saturday Youth Group: 7–9 p.m. (Grades 7–12)

We never cancel services for any reason!

■ ■ ■

Loudon Center Freewill Baptist Church

Rev. Henry Frost

Clough Hill Road. Mailing address: P.O. Box 7852, Loudon, NH 03307 • 783-4540

Member of the American Baptist Churches of VT/NH (Lakes Area Association)

Sunday Worship: 10:00 a.m.

■ ■ ■

Loudon Congregational Church

Rev. David D. Randlett, III

7018 Church Street, PO Box 7034, Loudon, NH 03307 • 783-9478 • www.loudoncongregational.org

Sunday Worship: 9:30 a.m. (Staffed nursery for infants–pre-K)

Sunday School (all ages): 11:15 a.m. (Sept.–June)

Sunday Evening Celebration Supper and Worship:

Monthly at 5:30 p.m. Please call for details.

Wednesday, 7–9 p.m.: **Family Night.** Small groups for men, women, teens, and kids.

■ ■ ■

New Beginnings Church of the Nazarene

Rev. W. John White, Senior Pastor

33 Staniels Rd, Loudon NH 03307 • Ph: 224-1311 • Office Hours: 9–2, Mon.–Fri.

phyllis@LNBnazarene.org • www.LNBnazarene.org

Sundays: Sunday School & Adult Bible Studies: 9:15 a.m.

Worship: 10:30 a.m. (Childcare provided for Infants.) Jr. Kids Church (2-year-olds–Kindergarteners.)

Kidsville (Grades 1–4)

Early Evening: House Churches. (Call the church or visit our website for a location near you.)

Tuesdays: Children's Bible Quizzing (Grades 1–6): 5:30–6:30 p.m.

Early Youth Group (Grades 5–6): 6:30–8 p.m. Brian & Jill Bollinger: 267-1744

Wednesdays: Youth Group (Grades 7–12): 6:30–8:00 p.m. [Brian Bollinger/Rick Smith]

Adult Bible Studies: 7:00 p.m.

Other: Once a month will also have events for men, women, adults, and seniors (50+) called OASIS.

Please visit our website or call the church office for details.

■ ■ ■

SonLight Christian Fellowship

Pastor Thomas Friedrich

Currently meeting at the Loudon American Legion Hall, So. Village Rd.

Mailing address: 55 Wiggins Road, Loudon, NH 03307 • 798-3112 • pastor@sonlightchristian.org

Sunday Worship: 10:30 a.m.

First Sunday of Every Month: Discovery Series Bible Lessons

■ ■ ■

To have your Church's information added to this column, please email your information to debbie@debbiegraphics.com

Loudon Congregational Church Kicks Off GraveRobbers Coffeehouse

Loudon Congregational Church will be holding a once-a-month community coffeehouse at their facility beginning in November.

The coffeehouse will be open the first Saturday of each month, featuring a relaxed, cafe-style setting, good, simple refreshments, and skilled musical artists of faith performing in all styles.

GraveRobbers Coffeehouse is a community hospitality project of Loudon Congregational Church, and will be holding its opening concert on Saturday, November 1st, featuring Bean Hill Bluegrass Band of central New Hampshire. Doors open at 7:00pm and Bean Hill will play at 7:30 p.m. Admission is free; however, coffeehouse staff will pass the hat for the benefit of the musicians. Coffee and other refreshments will be available at reasonable prices.

Beginning on December 6th, concerts will be held on the first Saturday of each month at 7:00 p.m. Doors will be open a half-hour before performances. GraveRobbers Coffeehouse is a fun, safe, substance-free, positive environment for youth and adults, and promotes warm community interaction and the expression of faith in the arts.

Loudon Congregational Church and GraveRobbers Coffeehouse is located at 7018 Church Street in Loudon Village. For more information, please call the church at 783-9478, or visit www.loudoncongregational.org and click on the GraveRobbers Coffeehouse link. ■

Loudon Area Churches Invite the Community to Thanksgiving Eve Service


Several Loudon churches will be participating in a community Thanksgiving Eve Service and invites everyone to join them for a town-wide expression of gratefulness and thanks. The service will be held at 7 p.m. on Wednesday evening, November 26th at the Loudon Congregational Church facility at 7018 Church Street.

So many times our Thanksgiving preparations center around the feast; we worry about groceries, cooking, baking, and how many extra chairs and plates are needed to accommodate guests. Often a celebration of gratefulness for the way God has provided for us during the year escapes us in the frantic pace. The purpose of a service like this is to bring to our minds an awareness of how each of us has been individually blessed and sustained by God during the past year and to respond with grateful thanks to Him before we sit down to our celebration dinner.

Come to give thanks with others in our community and to pray for continued divine provision for ourselves and others in the coming year, especially in these difficult economic times. If you would like to express a spirit of thanksgiving in a tangible way, we encourage any who would like to bring with them a food donation toward Christmas food baskets. ■

VOLUNTEERS NEEDED

Drivers and attendants are urgently needed for the John O. Cate Van. Anyone who can volunteer time during the day and would like to help take residents to medical appointments, please call 783-9502 and leave your name and telephone number and we will get back to you as soon as possible.



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Hazardous Waste — cont. from page 1

it was very slow—perhaps because of the rainy and drizzly weather. It was slow enough that two workers were sent home!

After awhile, the weather improved and residents began steadily coming in. The collection bins began to fill up quickly, and when the 4-hour event was brought to a close at noon, we had exceeded our \$5,000 budget. Although attempts were made to consolidate materials and only take absolutely necessary waste, more than the estimated amount of bins and barrels were filled with hazardous materials. Among the materials collected were: (5) large bins of oil-based paints/stains, (3) 55 gallon drums of pesticides, and many barrels of unknown or mixed chemicals (such as gasoline, paint thinner, anti-freeze, or ?).

Payment for the additional costs was taken from other Transfer Station funds. If we are to have future Hazardous Waste events, we need to get the funds provided for on another Warrant Article or a line-item on the Transfer Station yearly budget. With the amount of residents participating in this event, it is apparent some sort of regular program for proper disposal of hazardous materials is needed. Plans are being made to accept some of these materials, such as gasoline and anti-freeze, regularly at the Transfer Station. We're trying to cut the cost of disposal while still keeping these toxic chemicals from being disposed of improperly. Please support our efforts to keep Loudon's air and water clean! ■

Steve Bennett, Loudon Recycle Committee

Scenes from Loudon's First Household Hazardous Waste Day — September 6, 2008



Dedication — cont. from page 1



believe they deserve nothing less. Our long and valued partnership with the Department of Housing and Urban Development made it all possible and brought \$4.1 million into the New Hampshire economy. We are grateful for their trust and invaluable support," Koegel added.

The Richard Brown House provides 32 affordable apartments to area residents and is located at 142 South Village Road in Loudon, New Hampshire. Residents must be at least 62 years old. If two people share an apartment, one must be at least 62 years old. Incomes cannot exceed \$24,500 (singles) or \$28,000 (for two people). The facility is handicapped accessible and provides on-site management and 24-hour on-call service. "We are grateful to all of our community partners who have helped make this facility possible and who share our vision and commitment to expand affordable housing for seniors," said Marie Clark, manager of the Richard Brown House.

The Richard Brown House is the eighth affordable senior housing community built and managed by Volunteers of America Northern New England and the first in New Hampshire. The others are located in Augusta, Portland, Saco, Peaks Island, Belfast, Bangor (under construction), Topsham and Thomaston, Maine.

According to Julia Wilcock, Vice President, Volunteers of America Northern New England, "We are proud to be a leader in providing high quality affordable housing to seniors. Many seniors are finding it increasingly difficult to maintain their independence. Often difficult choices are made between rent, food, medicine and other critical needs. Our apartments include heat, water, and a \$46 monthly credit toward electricity. Rent is 30% of our residents' adjusted income. This goes a

long way to alleviate the stress on residents having to make those difficult choices," said Wilcock.

HUD was represented by its Regional Director Taylor Caswell, who spoke about the coordination and commitment necessary from sponsors like Volunteers of America and local communities to be successfully funded under the HUD's Section 202 program, noting that it is one of the most competitive grant programs in the federal government.

"HUD's senior housing program serves a vital need by ensuring that low-income seniors have a safe, decent and affordable place to live," said Caswell. "Volunteers of America has been an excellent partner in creating a higher quality of life and improved sense of community for residents."

Volunteers of America Northern New England is a national, non-profit, spiritually based organization providing local human service programs and opportunities for individual and community involvement. Volunteers of America is one of the nation's largest nonprofit providers of affordable housing for low-income seniors, families and persons with disabilities. Additional information is available on our Website at www.voa-nne.org.

HUD is the nation's housing agency committed to increasing homeownership, particularly among minorities; creating affordable housing opportunities for low-income Americans; and supporting the homeless, elderly, people with disabilities and people living with AIDS. The Department also promotes economic and community development and enforces the nation's fair housing laws. More information about HUD and its programs is available on the Internet at www.hud.gov and espanol.hud.gov.

The facility is currently full and has a waiting list. ■

Loudon Young at Heart

The Community Action Program does not serve lunches on holidays. Since our regular Tuesday meeting falls on Veterans Day, we will meet on Wednesday, November 12th at 10:00 a.m. instead. Members are reminded to bring non-perishable boxed or canned items to the meeting for donation to the local Food Pantry.

Next month we expect to have news of our October 21st bus trip to the Indian Head Resort in Lincoln. We always have a good time there and why should this time be any different? ■

Craft and Bake Sale Benefits Seniors

The Richard Brown House invites you to their first Craft and Bake sale on November 15, 9:00 a.m. to 1:00 p.m. Located at 142 South Village Road in Loudon, The Richard Brown House is an affordable senior housing community managed by Volunteers of America Northern New England. There will be many craft items made by the residents as well as outside vendors. The ladies are busy baking their favorite goodies for the bake sale. A white elephant table and numerous raffle items will be another feature. All proceeds will go to support the activities of the residents. Please join us for an enjoyable morning. For more information, please contact Letty Barton at 798-3190 or by email at letty.barton@voanne.org. ■

Pittsfield Area Senior Center 2nd Annual Holiday Fair

Pittsfield Community Center, 74 Main St., Pittsfield, NH — November 22, 2008 • 9 a.m. to 2 p.m.

The Pittsfield Area Seniors are holding their 2nd Annual Holiday Fair, Saturday, November 22, 2008 from 9 a.m. to 2 p.m. The Senior Center is on the first floor of the Pittsfield Community Center. Our ground level entrance is off of Broadway St.

Order your Homemade Thanksgiving pies from us this year. A 9" Apple, Mince, Pecan, Pumpkin or Squash pie will sell for \$8.00 apiece. Sample a slice at the Holiday Fair for \$1.00!

Attention Crafters!

We have a limited number of spaces for crafters available for lease. Cost is \$10.00 per 4 feet. We provide the tables. The deadline for contract registration and payment is first come first serve by November 7, 2008. Call the center for details and a required contract. 435-8482

Bakers wanted! The Bake Sale table was a huge success last year, thanks to many of you, and we are hoping it will be again this year. Those willing and able to bake for us again please plan to drop your goodies off before 2 p.m. on Friday, or by 9 a.m. on Saturday morning.

Back by popular demand is Trudy's luncheon of homemade corn chowder, turkey sandwiches, pie and drinks for \$4.00 or \$1.00 each.

The raffle table is filling with fabulous gifts and the seniors are busy crafting numerous items that will make great year round gifts for very reasonable prices. Hope to see you, your family and friends at the 2nd Annual Holiday Fair put on by the Pittsfield Area Seniors.

Call 435-8482 with questions or for more information and ask to speak with Elaine or Lynne. ■

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T⁺ YOUR HEALTH

By Tricia Ingraham, MPH

Fall is here, winter is approaching — Tis' the season for Colds and Flu

Influenza (commonly known as the flu) and colds are among the most common infections of the respiratory system. Americans endure about 1 billion colds each year. Children get the most colds, six or eight a year. By contrast, adults average two to four a year, with a greater frequency in the parents of children. The high rate in children is blamed on their lack of a built-up resistance to infection and the close contacts with other kids in schools and day care. Women's closer contact with children may also explain the greater prevalence of colds in women than in men.

This article attempts to explain the differences between a cold and the flu,

even though they are both caused by viruses, and are both likely to occur during the winter months.

Is it a Cold Or The Flu?

A cold and the flu (also called influenza) are alike in many ways. But the flu can sometimes lead to more serious problems, such as pneumonia. A stuffy nose, sore throat, and sneezing are usually signs of a cold. Tiredness, fever, headache, and major aches and pains probably mean you have the flu. Coughing can be a sign of either a cold or the flu. But a bad cough usually points to the flu.

Know When To Call Your Doctor

You usually do not have to call your doctor right away if you have signs of a cold or flu. But you should call your doctor in these situations:

- Your symptoms get worse
- Your symptoms last a long time
- After feeling a little better, you show signs of a more serious problem. Some of these signs are high fever, shaking, chills, chest pain, or coughing with thick, yellow-green mucus

Try to Avoid Getting a Cold

- Wash your hands often. You can pick up cold germs easily, even when shaking someone's hand or touching doorknobs or handrails.
- Avoid people with colds when possible.
- Sneeze or cough into a tissue and then throw the tissue away.
- Clean surfaces you touch with a germ-killing disinfectant.
- Don't touch your nose, eyes, or mouth. Germs can enter your body easily by these paths.

Does Cold Weather Cause a Cold?

Most colds strike in the fall and winter. Contrary to what many people believe, the increased rate of colds during this time is actually not due to the cold weather. So why do more people feel "under the weather" during the winter months? Probably, say researchers at NIH's National Institute of Allergy and Infectious Diseases, because of the greater time spent indoors in cold weather, increasing the opportunity for viruses to spread among people. Also, the lower humidity during the colder months helps cold-causing viruses to thrive and may dry the lining of the nasal passages, making them more susceptible to infection.

Try to Avoid Getting The Flu

The most important tool for fighting the ever-changing flu virus is immunization by a killed virus vaccine licensed by FDA. The vaccine is made from highly purified, egg-grown viruses that have been made noninfectious.

Studies have shown the vaccine's effectiveness rate to be 70 to 90 percent in healthy young adults. In the elderly and in people with certain chronic ill-

nesses, the vaccine sometimes doesn't prevent illness altogether, but it does reduce its severity and the risk of complications.

Because it takes the immune system about six to eight weeks to respond to vaccination, the best time to get the flu vaccine is mid-October to mid-November, before the December-to-March U.S. flu season hits.

Who Should Get a Flu Shot?

Almost all people who want to lower their chance of coming down with the flu can get a flu shot.

Who Might Not Be Able to Get a Flu Shot?

Talk to your doctor before you get the shot if you:

- have certain allergies, especially to eggs
- have an illness, such as pneumonia
- have a high fever
- are pregnant.

Do Not Take Antibiotics For a Cold or Flu

Antibiotics won't work against cold and flu germs. You should take antibiotics only when really needed.

Help Yourself Feel Better While You Are Sick

- Drink plenty of fluids.
- Use a humidifier — an electric device that puts water into the air.
- Get plenty of rest. Your body is trying to attack the virus. It takes energy to do that.
- Over-the-counter medications can provide temporary relief of symptoms (*Do not give aspirin or other salicylates to children or teenagers with symptoms of a cold or flu, young people can get sick or die from a rare condition called Reye syndrome.*)

Sources: The Food and Drug Administration (fda.gov) & American Lung Association (lungusa.org)

For more information:
www.dhhs.state.nh.us/DHHS/CDCS/flu

Do you have a health topic that you would like to see featured? Please send ideas to the Loudon Communications Council, POB 7871, Loudon, NH 03307 or email Tricia Ingraham: dtin@comcast.net. ■



Senior Health Clinics

Concord Regional Visiting Nurse Association is offering a Senior Health Clinic on November 25 at the VOANNE Senior Housing from 9 a.m.–noon. All Senior Health Clinic services are \$10. Blood pressure checks are free. To make an appointment or for more information call Concord Regional Visiting Nurse Association's Senior Health Program at 224-4093 or 800-924-8620, extension 4830. For a ride in Loudon, call 798-5203.

Walk-In Immunization Clinics

Concord Regional Visiting Nurse Association is offering an affordable walk-in Immunization Clinic for all ages on Monday, Nov. 3, 2008 from 1:00–3:00 p.m. and Tuesday, Nov. 18, 2008 from 2:30–4:30 p.m.

Immunization Clinics are held at St. Paul's Episcopal Church Outreach Center, 21 Centre Street, Concord. A fee of \$5.00 is requested per child (under 18). Adult vaccination costs vary by the cost of the individual vaccines. Children must be accompanied by a parent or guardian. Please bring an immunization record with you. For more information call Concord Regional Visiting Nurse Association Community Health Services at 224-4093 or 800-924-8620, extension 4830.

Monthly Walk-In Blood Pressure Clinics

Concord Regional Visiting Nurse Association is offering the following FREE monthly walk-in Blood Pressure Clinics: Wednesday, Nov. 5, 10 a.m. to Noon at Hannaford's Pharmacy, Ft. Eddy Rd., Concord and Wednesday, Nov. 12, 10:30–11:30 a.m. at White Rock Senior Living Community, Wellness Office 6 Bow Center Rd., Bow.

Concord Regional Visiting Nurse Association offers blood pressure screenings in the areas that it serves. Blood pressure screenings are a good way for individuals to track their blood pressure for upcoming visits to their physician. Blood pressure screenings are free of charge. For more information call Concord Regional Visiting Nurse Association at 224-4093 or 800-924-8620.

Concord Regional VNA Offers Grief Support Group

Concord Regional Visiting Nurse Association will offer a free eight-week morning adult grief support group beginning October 21. The group will meet Tuesday mornings October 21 through December 9 from 10:30 a.m. to noon at Wesley United Methodist Church, 79 Clinton Street, Concord. Trained grief support facilitators will provide an opportunity for support and education to adults who have suffered a recent loss. Group size is limited. Pre-registration is required. Please contact Laurie Brooks, at (603) 224-4093 ext. 2826 or laurie.brooks@crvna.org. ■

Stepping Up to the Plate: Town Officer Positions Available in the Spring Elections

By Debbie Kardaseski

Each year certain town officer positions open up. Often few people – and sometimes no people – step up to the plate and run for election to these positions. This year, we're hoping to let people know early enough what those positions are and what they involve in the hopes it will encourage some new faces to get involved in public service.

Position: Moderator

Term: One Year
1 Position

Currently holding the position:
Philip F. Nadeau

Payment: *Varies, depending on the number of elections through the year.*

Responsibilities and duties: The moderator presides at town meeting and elections, decides questions of order, and makes a public declaration of every vote passed. He can prescribe rules of procedure but the rules may be overridden by a vote of the town. A moderator's ruling can be overruled by a majority of voters if they question it unless that ruling is a requirement of state law. The moderator also appoints an assistant moderator should s/he so desire.

Position: Selectman

Term: Three Years
1 Position

Currently holding the position:
Steve Ives

Payment: \$8,064.00/year

Responsibilities and duties: The Loudon Board of Selectmen meets Tuesday evenings at the Community Building at 6:30 and other times as needed. The Board manages all prudential affairs of the town; in other words, they handle the day-to-day business. Everything is handled by majority decisions of the board — no individual selectman has overriding authority. In Loudon, the selectmen also have the responsibility of creating the budget. The amount of time involved in the position varies depending on circumstances, such as emergencies (bridges and roads washing out!) and how involved an individual chooses to be.

Position: Town Clerk

Term: Three Years
1 Position

Currently holding the position: Terry Hamel

Payment: \$34,000±/year

Responsibilities and duties: The Town Clerk keeps all town records, certifies the actions of the selectmen and other town officials, makes official reports, serves as an election official, and collects fees, including motor vehicle registration fees. This position is currently a 26-hour/week job. Hours are at the discretion of the town clerk. The clerk may also appoint a

deputy town clerk with the approval of the selectmen.

Position: Trustee of Trust Funds

Term: Three Years
1 Position

Currently holding the position:
Constance Ives

Payment: \$200/year

Responsibilities and duties: Oversight of trust funds. A Trustee of the Trust Funds is responsible for the town's trust funds, capital reserve funds, noncapital reserve funds, cemetery maintenance funds, library funds, and miscellaneous funds. The trustees transfer monies as instructed by the treasurer and selectmen, plus file reports with the town, state, federal government, and the Public Deposit Investment Pool. Trustees of Trust Fund meet as needed, 4–5 times per year.

Position: Trustee of Maxfield Public Library

Term: Three Years
1 Position

Currently holding the position:
Sandra Blanchard

Payment: None

Responsibilities and duties: The Library Trustees are responsible for all financial affairs associated with the Library, including bill paying, employee compensation, and the day-to-day operation of the Library. They meet once a month; more if needed.

Position: Supervisor of the Checklist

Term: Six Years
1 Position

Currently holding the position: Diane Bullock

Payment: *Varies, depending on the number of elections*

Responsibilities and duties: The Supervisors of the Checklist are responsible for the maintenance of the voter checklist. They certify that voters are in fact, legal residents of Loudon and eligible to vote. Supervisors must be present at all elections and town meetings. They also offer various times throughout the year for people to register to vote.

Position: Planning Board

Term: Three Years
2 Positions available

Currently holding the positions:
Tom Dow and Henry Huntington

Payment: \$400/year

Responsibilities and duties: The Planning Board develops and updates the town's master plan, works on the Capital Improvement Plan (CIP), adopts subdivision and zoning ordinances, site review regulations, road standards, driveway regulations, and proposed zoning regulations. Additionally, the board, which meets monthly on the third Thursday, reviews site plans and regulates the subdivision of land. Site walks are scheduled as necessary. Planning Board members should become familiar with the town's Master Plan, CIP, regulations, and zoning ordinances.

Position: Zoning Board of Adjustment

Term: Three Years
1 Position

Currently holding the position:
Ned Lizotte

Payment: \$400/year

Responsibilities and duties: The Zoning Board of Adjustment (ZBA)

meets monthly on the fourth Thursday. The purpose of the ZBA is to grant variances from the terms of the town's Zoning Ordinance and special exceptions based upon the provisions of the ordinance. There are specific circumstances under which variances and special exceptions are granted. A ZBA member should be familiar with the town's Ordinances. The ZBA is also the authority to which administrative decisions are appealed; i.e., if someone disagrees with a decision by the building inspector, board of selectmen or other official or board that involves an interpretation of the zoning ordinance, that individual may appeal the decision to the ZBA. The ZBA has the authority to affirm, reverse or modify any decision by an administrative official being appealed.

Position: Merrimack Valley School Board

Term: Three Years
1 Position

Currently holding the position:
Laura Vincent

Payment: None

Responsibilities and duties: The Merrimack Valley School Board is responsible for the school district the town of Loudon is affiliated with. Its oversight includes budget preparation and setting policy. The Board meets monthly; more often during budget season!

If you are interested in any of these positions and would like more information about what is entailed, it might be wise to contact a member of the board for first-hand details. The NH Local Government Center has a publication called "Knowing the Territory" that may be purchased by calling 224-7447, ext. 100. This book gives an excellent overview of municipal law for local officials. Much of the information in this article was taken from this book.

As a former Selectman, I highly recommend people get involved in local government. It is important to understand how your tax dollar is spent and why decisions are made the way they are. We are fortunate to live in a country where people can participate in their government.

The filing dates for these positions are January 21, 2009 through 5 p.m. January 30, 2009. There is no fee. In order to file, visit Town Clerk, Terry Hamel during regular business hours. All payments listed are subject to the budgeting process and may change. ■



Rebirth of a Fire Pond

By Debbie Kardaseski

In an ongoing effort to keep Loudon residents safe, the Fire Department recently performed maintenance on an old fire pond at 748 Loudon Ridge Road.

Lest you think it's simply a matter of digging a hole and slapping in a dry hydrant, you'll see from these pictures that it's much more involved.

Chief Jeff Burr, Sr. began the process over a year ago when he approached the landowners, the Foote family, for permission to work on an existing fire pond badly in need of maintenance. Through the years, the pond had filled in with silt and reeds until it was about half its original size. The old dry hydrant pipe in the pond was held in place by two upright metal street sign posts which posed a hazard should someone decide to jump into the pond for a swim. The edges of the pond were ill-defined and could prove to be prob-

lematic if the pond needed to be used as a water source.

The landowner was hesitant to allow any work to be done. There is a tree in the area he wanted to keep and it appeared the work couldn't be done without cutting the tree down. The Chief continued to study the situation and eventually a compromise was reached: The tree would be trimmed, but not removed.

Everything was finally in place and work began Oct. 6. An excavator cleaned out the pond, bringing it back to its original size. The old dry hydrant, which was broken, was removed and replaced. The area was smoothed out and by Oct. 14 the pond had filled to its original depth of water!

Another facet of fire ponds is writing legal easements. These allow the Fire Department to maintain

the pond through the years and to continue to use it as a water source should there be a fire in the area. These easements are legal and binding documents on file with the Town and the Registry of Deeds.

The long-term goal of the Fire Department is to have an extensive water supply system throughout the town. Eventually, homeowners could see a reduction in their homeowner's insurance if the system of ponds and other water supplies is large enough. Keep in mind the ponds do not create themselves and tax money must be budgeted to do the work. This pond cost \$4,262 to repair. This figure could have been much higher but the day crew at the Fire Department, including Chief Burr, Bill Lake, and John Reese, did much of the labor. Steve Roy donated the concrete block used to anchor the hydrant in the pond. ■



It's hard to tell there's a fire pond here! This is what it looked like when work began.



The excavator looks like it's going to sink out of sight!



The finished pond, with the new dry hydrant, which is waiting for one last piece to arrive.

The top portion of the dry hydrant. John Reese shows how deep the hole is leading down to the bottom of the pond.



Looking down into the pond from the top of the dry hydrant.



Single Stream Recycling Update — Part 1

By Steve Bennett, Loudon Recycling Committee

You've probably seen newspaper stories recently about Single Stream Recycling developments in our trash co-op. There have been many letters to the editor and articles on the subject, both pro and con. Many residents have questions about how a Single Stream Recycling Facility would affect us on a local level — how would my Saturday trip to "the dump" change? Should Loudon be part of this project?

For answers to these questions, we need to start with a little history of Single Stream Recycling. This method of trash recycling began decades ago in the US. It began primarily on the west coast and has moved steadily across the country, usually beginning in more populated areas, which typically benefit the most financially. Actually, most of the original operations came into being by using "Dual Stream" Recycling, which was state-of-the-art technology at the time. Dual Stream refers to residents separating recyclable materials into two groups: one with paper-related products (cardboard, newspaper, magazines,

mixed paper, etc.) and the other with containers (glass bottles, tin and aluminum cans, plastic bottles and other food/beverage containers).

Cities used Dual Stream facilities then for the same reasons Single Stream Recycling facilities are used now — their landfill space was rapidly filling up and their trash budgets were climbing. Many of the waste materials could be recycled. As markets became more developed for these materials, municipalities benefited by receiving revenue for them.

One of the major reasons for needing to keep two separate recycled material groups in the early years, was that it was not possible to keep broken glass out of the cardboard and paper if they were all processed together. Paper mills would not accept glass-contaminated bales. Then, a few years later, technology progressed to the point where glass contamination could be minimized. This advancement, perhaps more than any other, made it possible to combine paper-based material and food/bever-

age containers in a "Single Stream" of recyclable materials. Because of the ease and simplicity of collecting materials this way, this method is also sometimes referred to as "Zero Sort" Recycling. Many Dual Stream Recycling facilities are now converting or have already converted to Single Stream capabilities. To re-fit a Dual Stream facility to a Single Stream facility, a relatively small amount of additional sorting space is required. The benefit of less sorting time and less required storage area more than offsets the construction costs.

It is important to understand that both Dual and Single Stream Recycling facilities only accept and sort specific mixed recyclables; they do not pull recyclable materials out of household trash. Much like the system Loudon now uses, residents would need to pull specific materials from their household trash, collect them at home, and drop them off at the Transfer Station. The biggest difference would be that residents would not need to keep the mate-

rials separate, as they have been doing. Basically, most of the materials in the recycle building could be collected in one pile or area. This means when residents come to the Transfer Station, they would only typically empty one barrel or container of recyclables (including cardboard, paper, tin and aluminum cans, plastic and glass bottles) in the recycle building area, instead of having to go from bin to bin with pre-sorted materials. Other materials we currently collect would be unaffected. We would still have a separate metal pile, battery area, demolition area, tire area, etc.

Once again, the goal of Single Stream Recycling is to increase recycling rates by making it simple to do. In effect, residents would dump their regular household trash in one of two places—either the recycle area (which the town receives money from) or household garbage (which the town pays for).

Next Month — "What about the \$?" ■

Cub Scout News

The Loudon Cub Scouts have gotten off to an active start, welcoming new boys, earning badges and enjoying the out-of-doors. The Webelos hiked up the Concord side of Oak Hill in September. They climbed to the top of the fire tower and appreciated the 360 degree view. A number of the Scouts from the pack attended the "Medieval Faire" Fall Camporee over the weekend of October 17-19 at Elm Brook Park in Hopkinton. Some of the Webelos braved the chilly weather and stayed overnight with the Boy Scouts while other Cubs enjoyed the activities offered during the day.

Thanks to everyone who supported the boys by buying popcorn as they sold door-to-door or at Fox Pond Plaza, Sam's or Walmart. The Pack broke another

record for sales! The profits will be used to fund exciting activities for the boys this year. The first event will be a trip to a Monarchs Game in January.

Scouting for Food


Pack 247 will be participating in the Scouting for Food drive this month. Plastic bags will be dropped off at houses on Saturday, November 1. If you find a plastic bag on your doorstep, mail or paper box, please follow the instructions and leave the bag with nonperishable food items outside early the following Saturday, November 8. In an attempt to increase participation, a card with more detailed directions will be attached to each bag. A Scout will pick it up and the food will be distributed to food banks throughout the state. ■



The two Webelos dens hiked up Oak Hill in September.



Cub Scouts from Pack 247 built a catapult with Boy Scouts during the regional fall camporee in October. The theme for the event was "Medieval Faire."



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at Fox Pond Plaza

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Jim Bond
Proprietor

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Sat. 6:30 a.m.-1:00 p.m. Loudon, NH 03307
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Merrimack Valley School District News

Loudon Elementary School

14th Annual Turkey Trot

The 14th annual Turkey Trot will be held at the Loudon Elementary School on Thursday, November 13th (rain date November 14th). This event helps out two local food banks. Students that want to participate in the activity donate non-perishable food items as their entry fee. In the past, this activity has allowed the school to donate over 20 boxes of food to local food banks! This event is much anticipated by the students and faculty of LES!

Important Dates

November 5: Report card information @ 6:30 grades 1-4

November 6: PTA meets first Thursday of every month

November 7: Report cards issued

November 11: School closed for Veteran's Day

November 13: Turkey Trot

November 26-28: School closed for Thanksgiving

MV Middle School

Important Dates

November 3-7: Book Fair

November 11: School closed for Veteran's Day

November 19: PTO Meeting 6:30

November 21: Hat Day

November 26-28: School closed for Thanksgiving

MVMS Art Club

The MV Middle School Art Club has some great offerings this winter for students that love art! Students can go to any of these events. The club meets most Tuesdays from 2:30-4:00. For additional information, contact Ms. Lincoln in room 213.

November 3: clay work

November 17: glazing clay pieces

November 24: macramé beading

December 1: Crayon & Tempa paint part 1

December 8: Crayon & Tempa paint part 2

December 15: Styrofoam printing

To have your Loudon school event listed in future editions of the *Loudon Ledger*, please contact the Loudon Communications Council at the following e-mail address: Debbie@debbiegraphics.com or call Kris Tripp at: 783-0448. We look forward to hearing about your event or activity!

MVHS News

Parent Advisory Group

The Parent Advisory Group meets the second Wednesday of each month. We look forward to seeing you there.

Guidance News

Greetings from MVHS Guidance! The year is off to great start and we have many exciting things going on for our students.

At this point all seniors (and juniors who plan to graduate in June of '09) should have met with their guidance counselor to review graduation requirements. The guidance counselors met with all seniors on Thursday, Sept. 18th to go over the college application process and to distribute a packet of information

on this process with timelines, SAT information, directions for acquiring official transcripts, and a plethora of other valuable information for the college bound senior. Seniors should plan to have all college applications as well as official transcripts, letters of recommendation and other records sent out before the holiday break in December. This will ensure that materials are received on time and it will also free students up in the spring semester to take care of other responsibilities, search for scholarships, etc.

Food Choices News

The Food Choices classes have started their unit on Breads. They will study the effects of whole grains vs. enriched, store quality vs. homemade. They will discuss unusual grains and preparation options. All are looking forward to the labs, which will include baking biscuits, muffins, dinner rolls, deluxe stuffed pizza, calzones, and sticky buns.

Food Service News

Welcome Back!!! The Merrimack Valley Lunch program offers students breakfast meal deals, which includes a choice of two different breakfast meals. The meal deal choices change daily. In addition to these meals deals all students have a choice of a hot lunch combo, a salad combo or a snack bar combo meal. All combo meals include a fruit and a juice or a milk. If you think your child may qualify for the free or reduced lunch program please feel free to fill out an application.

Our nutrikids program is available for parents to go on line at mynutrikids.com to check their child's account. This program allows you to add money to your student's account, see how much money is left on the account, see a detailed list of what your child is buying and even sign up to get an e-mail when your

child's balance is getting low. To access your child's account, you will need to call food services at 753-1420 to get the proper 10 digit id number.

To expedite the lines during lunch and give the students more time to eat, we have introduced a fast lane. This is a register that is used for the students that have money on their account, or students that want to put money on their account. Please remind your child that this lane is available to them. We would like to remind both parents and students that they may not charge food and/or carry a negative balance. We are looking forward to the rest of the year and if you have any questions or concerns, please feel free to call us at 753-1420.

National Art Honor Society News

The National Art Honor Society inspires and recognizes those students who have shown outstanding ability in art and aids members toward the attainment of their highest potential. We would like to congratulate the 2008-09 members: Margaret Jones, *President*; Brooke Bucknam-Zwick, *Vice President*; Meaghan Jackson, *Secretary*; Aimee Phillips, *Treasurer*; SunMi Scheinler, *Events Coordinator*; Tyler Reagan, *Fundraiser*; Abby Bergeron, Katie Bishop, Lauryann Chalifour, Katie Chase, Elizabeth House, Tori House, Sam Laliberte, Tasha Leary, William Lynch, Nick Martin, Alyssa Thiem, Rafaela Rodrigues, Emily Pender, Trish Salomon, Alex Palmer, Diane Rumrill, Kate Mullen, Lexi Potter, Steph Walsh, Amy Evanofski, Matt Leary, Jon Raymond, Shelbi Meier, and Sarah Gilbert.

Our 2008 All-Staters Tyler Reagan and Brooke Bucknam-Zwick have been contacted to submit a design for the 2009 Art Allstate Festival logo and these students were also requested to assist in the 2009 NH Allstate Art Festival. Congratulations! ■



Loudon Police Department News

By Robert N. Fiske, Chief of Police

7th Annual Blood Drive & Bone Marrow Testing

On **Tuesday, December 2, 2008**, the Loudon Police Department will be sponsoring our 8th Annual American Red Cross Blood Drive. The event will be held at the Loudon Safety Building at 8 Cooper Street from 2:00-7:00 p.m. In addition to the blood drive, the NASCAR Foundation will be conducting a bone marrow testing drive for those interested in being put into the National Bone Marrow Registry. Bone marrow testing is done by taking a cheek swab. People can do the blood donation, bone marrow test or both. All volunteer donors will receive a blood donor tee shirt and a goodie bag compliments of the NASCAR Foundation. If you are interested in donating a baked good or

crookpot (chili, stews, etc.) or volunteering some time, please contact Janice Morin at 798-5521.

The Holidays Are Approaching Fast!

As the holidays approach, I remind you to please use common sense while attending family gatherings and office parties. PLEASE, if you intend to drink, plan on a designated driver. It may save yours or somebody else's life! Also, in inclement weather, plan extra time in your travels. Allow yourself not only extra time but extra space between vehicles and **PLEASE wear your seatbelts!**

From everyone at the Loudon Police Department, have a Safe & Happy Thanksgiving! ■

We would like to take this opportunity to thank Lee Laughlin for the beautiful article she wrote about our business. Lee did a great job and we truly appreciate her efforts. We definitely recommend any business in Loudon to take this wonderful opportunity that Lee Laughlin and The Loudon Ledger provide as a way to promote and educate people on what their business is and what it offers.

Dave and I would also like to thank the staff at Pleasant View Gardens, here in Loudon, who also contributed to the research and development of our product. By our own fault, they were mistakenly omitted from the article.

Michele & Dave Holbrook, Michele's Sweet Shoppe, LLC

Recreation Committee News

The Loudon Recreation Committee put together a six-week ballroom dance class that started in October. We had 13 participants and hope they enjoyed their experience! Feedback for classes is always welcome and evaluations can be obtained from www.loudonnh.org. Thank you to ballroom dance instructor, Ann Wilson with the Traveling Dance Studio for your instruction.

The children of Loudon who used to enjoy the Recreation Fields playground will soon be very happy again. The playground equipment which was deteriorating was dismantled for safety. New playground equipment was purchased by the Recreation Committee and LYAA and a team of volunteers will be putting together the equipment soon. If you are able to help on Sat., November 8 please contact Alicia Grimaldi 435-5193 or just stop by down to the field! Set up will begin at 9:30 a.m. and the rain date will be the following day at the same time.

Have you ever wanted to learn to crochet? Well we have your chance!! The Rec. Committee has teamed up with instructor Brian McGaunn to offer two crochet classes. A one-day Beginner Crochet class is being offered as well as a Learn to Crochet a Sampler Afghan, which is a five-week course. Details on both can be found on the registration form at www.loudonnh.org. The courses will be held in January, so the class also makes a great gift idea. If you have always wanted to try it, please

staple the flyer to your Christmas wish list. Students must register in advance. The class maximum is 8 and minimum of 4 — reserve your spot now as registrations will be open until the class is full. If you have any questions, or for more information about instructor Brian McGaunn and his work, please visit his blog at <http://brileyknits.blogspot.com/> or email brileycat8@hotmail.com. Phone call questions can be directed to Alicia Grimaldi, Recreation Committee Chair at 435-5193.

SAVE THE DATE. Saturday, February 21 is the tentative date for some Winter Carnival — fun for all!! More details will be provided when we get closer to the date.

Keep checking the website as we may have program opportunities come up between issues of *The Ledger*.

We are always looking for new and exciting program ideas! Please feel free to share yours at any time! Please go to the website www.loudonnh.org print and return the event/activity form.

The Loudon Recreation Committee is always looking for help. The Recreation Committee meets once a month usually on the fourth Wednesday of the month at The Maxfield Public Library at 6:30 p.m. Please let us know if you are interested in helping out. If you can't attend the meetings, but would like to get placed on our email contact list for volunteering at specific events, please email Alicia Grimaldi at affirmhealth@yahoo.com. ■

Loudon Police Urges Motorists To Buckle Up Every Trip, Every Time, This Thanksgiving Week

The Thanksgiving holiday should be a joyous time for all families in America, but far too often the celebration turns to tragedy on the nation's highways.

Everyone driving on our nation's/state's roads this holiday week should drive carefully and defensively, don't drive impaired and, most importantly, buckle up each and every trip.

To lose a loved one is a terrible thing to experience, especially during America's family holiday, but *to lose one's life when it might have been saved by taking two seconds to buckle a seat belt is truly senseless*. When you're in your vehicle, whether for long trips or short, please remember to buckle up every trip, every time.

Far too often, this good advice isn't heeded. Nationally, during the Thanksgiving holiday period in 2006, some 457 passenger vehicle occupants died in motor vehicle traffic crashes, including 188 during daylight hours and 266 during night time (three deaths were unknown regarding time).

Night time is one of the more dangerous times on the road because seat belt use is lower. Of the 266 night-time Thanksgiving passenger vehicle occu-

pant deaths, well over half (138) died with their seat belts unfastened (where seat belt use was known); while almost half of the day-time deaths were not wearing seat belts.

Regular seat belt use is the single most effective way to protect people and reduce fatalities in motor vehicle crashes, according to NHTSA. Research has shown that when lap and shoulder belts are used properly, the risk of fatal injury to front seat passengers is reduced by 45 percent, and the risk of moderate to serious injury is reduced by 50 percent.

The Loudon Police Department wishes everyone a safe and happy Thanksgiving. And remember, the only belt you should unbuckle this, and every Thanksgiving, is the one at the dinner table, not the one in your car.

For more information about highway safety during this Thanksgiving holiday, please visit www.nhtsa.gov. ■

**Remember
to
Buckle Up!**

Tough Times Call For Tough Agents



LOUDON. Totally renovated circa 1800 5 bdrm, 2.5 bath Colonial on 12+ acres w/in-law apt. Beautifully landscaped, in-ground swimming pool, pond, and basketball court. Two-car attached garage. Huge barn for all those big boy toys. Farmers porch, deck or 3-season porch, a great spot to relax. Nice open kitchen, cozy liv. rm. w/ woodstove and den w/f.p. **\$484,000**



LOUDON. Ready to go, improved building lot w/26x36 foundation. Well and septic already in, just add walls and a roof and you have yourself a home. Nice wooded lot with Fall and Winter views. Towering 100 yr. old Oak trees. Private dead-end road. Short distance to town beach. Easy access to Route 106 and conveniently located between the City of Concord and the Lakes Region. **NEW PRICE!!!! \$99,900**



LOUDON/PITTSFIELD TOWN LINE. Peaceful setting for this charming 3 bdrm, 2 ba Cape on 4.77 acres. Private location on cul-de-sac that sits back far from the road. Beautiful oak flooring throughout, tile in kitchen and carpet in bdrms. Jetted tub in 1st floor bath. Open concept living with loft on 2nd floor, overlooking living room with exposed beams. Skylights in loft and mstr bdrm. Full unfinished walk-out bsmt. **\$229,900**



LOUDON. Beautiful 4 bdrm 2 bath Colonial in mint condition on 1.20 acres. 1st fl bdrm and full bath w/laundry. Gorgeous oak flooring welcomes you into this spacious home w/central air. Designer custom window treatments make this home show like a model. Full unfinished walk-out bsmt to well landscaped back yard. **\$264,900**

NEED TO SELL?

■ Do you need to sell a property because of pending mortgage foreclosure, pre-foreclosure, death, divorce, property taxes, job transfer, money problems, bankruptcy, etc.? Do you anticipate a problem that is going to put you behind in your payments soon? **We may be able to help.**

■ Some solutions include refinancing, listing your home for sale, short sale solutions, abatements, forbearance, loan modifications including lowering your interest rate, fixed rate, extended term, etc.

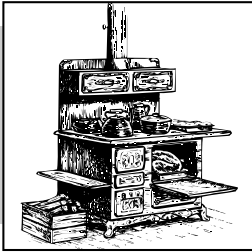
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What's Cookin'!

This month: Happy Thanksgiving!

By Jennifer Pheifer

I am thankful for a good excuse to cook for family and friends. Some of you are like me and love to spend hours in the kitchen making as many yummy recipes as possible. And some of you, also like me, run out of time and leave things until the last minute. So to ease a bit of the stress, here are a few of my favorite classic holiday recipes in one place. I hope that they are your favorites too!

CREAMED PEARL ONIONS — Recipe courtesy Tyler Florence

- 1 bag frozen pearl onions
- 1 tablespoon unsalted butter
- 1/2 cup heavy cream
- Kosher salt and freshly ground black pepper

Thaw pearl onions and then saute in butter until golden brown. Deglaze by adding a little water at a time. Finish with heavy cream and reduce until you achieve a smooth consistency. Season, to taste, with salt and pepper and serve immediately.

GREEN BEAN CASSEROLE — Recipe courtesy Cathy Lowe

- 1 large bag of frozen green beans, cut or French style, thawed
- 2 tablespoons butter
- 1/2 cup chopped onion
- 2 cups sliced mushrooms
- 1 can cream of mushroom soup
- 1 cup heavy cream
- 1 cup white Cheddar cheese
- 1 can fried onion rings (Dorkee)

In a skillet, melt butter and cook onions for 2 minutes. Add mushrooms and cook until golden. Stir in soup and cream. Bring to a simmer. Stir in the cheddar cheese. Season with salt and pepper. Stir in green beans and toss to coat. Transfer to a buttered casserole. Top with fried onions and bake for 30 minutes or until bubbly.

SAUSAGE AND APPLE STUFFING/CORN BREAD — Recipe courtesy Food Network Kitchens

- 2 sticks plus 3 tablespoons butter, divided
- 2 cups water
- 2 large bags of your favorite dried cornbread stuffing mix
- 1 pound pork sausage (not links)
- 1 large onion, diced
- 3 cloves garlic, minced
- 2 stalks celery, diced
- 1 teaspoon dried thyme leaves
- 1 teaspoon dried sage leaves
- 1 cup chopped walnuts
- 3 medium apples, cored, sliced
- 2-3 cups homemade giblet stock or low sodium canned chicken broth

In a large pot melt 2 sticks butter in water. When melted add dry cornbread stuffing stirring to incorporate liquid, set aside.

In a large saute pan set over medium-high heat melt 1 tablespoon butter and add sausage. With a wooden spoon break up sausage and saute until lightly browned and cooked through. Transfer sausage to paper towels to drain. In the same pan melt remaining butter and saute onions with the garlic, celery, thyme, and sage until onions are translucent and celery is crisp tender. Add walnuts and saute for 1 minute. Add apples and saute for one minute more. Remove from heat. Combine cornbread stuffing with sauteed ingredients and stuff turkey. Roast turkey as usual.

Alternatively: fill a 10 by 15 by 2 inch pan with the stuffing, moisten with the giblet stock, and bake in a preheated 350 degree F oven, covered with foil for 1/2 hour. Remove foil and bake until top is lightly browned, about 15 minutes more.

SWEET POTATO/PECAN PIE — Recipe courtesy Reggie Southerland

- 1 40-ounce can cut sweet potatoes in light syrup
- 7 ounces sweetened condensed milk
- 4 tablespoons melted butter
- 2 large eggs
- 1 teaspoon pumpkin pie spice
- 1 teaspoon pure vanilla extract
- 1 lemon, zest grated
- 1/2 lemon, juiced
- 1/2 teaspoon sea salt
- 2 tablespoons heavy cream
- 1 8 or 9-inch frozen deep-dish pie crust shell

For the pecan topping: optional

- 1 cup raw pecans
- 1/2 cup heavy cream
- 1/2 cup brown sugar
- Pinch salt

Preheat the oven to 350 degrees F. Drain sweet potatoes of their juice. Place sweet potatoes in an 11-cup food processor. Add the rest of the ingredients, except heavy cream, to food processor. Process mixture until smooth. Using a pastry brush, brush heavy cream over the surface of the frozen pie shell. Spoon sweet potato mixture into pie crust smoothing the top over. (Stop here and look below if using pecan topping.) Place on baking sheet and bake in the middle lower third of the oven for 45 minutes. Remove from oven and allow to cool in the refrigerator for several hours or overnight.

For the pecan topping: optional

In a medium saucepan place all ingredients over medium heat. Bring to a boil, reduce heat and cook, stirring constantly for 8 minutes. Remove from heat, allow to cool slightly but still warm and pliable.

Add sweet potato filling to piecrust, spreading evenly over bottom of crust. Next, carefully spoon pecan mixture over sweet potato filling. Place on a sheet pan in the lower third of a 350 degree F oven and bake for 45 minutes to 1 hour. Remove from oven allow to cool in the refrigerator for several hours or overnight.

EGG NOG — Recipe courtesy Dave Lieberman

- 4 cups half-and-half
- 2 cups whole milk
- Dash allspice
- 1/2 cup sugar
- 5 egg yolks
- 1 cup brandy
- 1/2 cup spiced rum

Combine the half-and-half, whole milk, allspice and sugar in a large saucepan and heat until steaming.

Whisk the egg yolks in a small bowl and ladle some of the hot mixture into the bowl while whisking constantly. Then whisk the tempered egg mixture back into the remaining hot liquid. Stir until mixture coats the back of a wooden spoon, then place immediately into an ice water bath. Once it has cooled down to room temperature, add liquors and chill. Serve very cold.

Next Month: Christmas Cookies. As always, if you have any recipes or suggestions send them to me by email at jtpfeifer@comcast.net, call at 783-8986, or send them by mail to 168 North Village Road, Loudon, NH 03307. ■

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Travis Woods
1 NE Village Rd. Concord, NH 03301

Fire Dept. Harvest Supper A Big Success!

One of the biggest fundraisers for the Loudon Fire Department is the Harvest Supper, held each year in October. This Fall favorite draws diners from all over the area and even from out of state: This year, Norman Ashland travelled from New York to partake of the delicious corned beef dinner!

The dinner featured the usual Fall vegetables: Potatoes, beets, turnips, carrots, cabbage, and squash, plus corned beef, gravy, cider, rolls, apple crisp, and many different kinds of pie. As usual, the food was outstanding!

Over 500 people were served, including the folks who volunteered their time to prepare the meal and serve it.

In addition to the money raised through meal sales, over \$750 was earned through raffle ticket sales. Jonathan Leonard donated two wooden stools and a clothes hanger; Andy Sanborn donated four dinners at the Draft Restaurant; and Gerri Burby was able to get prizes from T-Bones, Irving, Dunkin' Donuts of Concord, and pails of candy. A special thanks goes out to raffle prize donors.

The Fire Department uses the money earned at the Harvest Supper for many different things. In the past the money



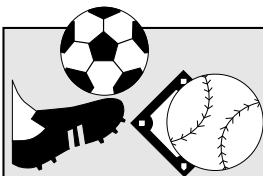
Left: Field ovens lined up outside the Arthur Colby Safety Building keep the Harvest Supper warm. Right: Selectman and Fire Department member Steve Ives works in the kitchen in the afternoon before the supper. Volunteers begin working Friday night preparing for the supper.

has been used for new carpet the meeting room, new tile, paint, chairs and desks for the meeting room, window shades, and a large-screen TV and projection unit used for training purposes.

Sometimes the money is donated to a family which has been burned out of their home. The Department members vote on what they'd like to see the money used for. ■



Black



Loudon Youth Athletic Assoc.

By Melody Broider

Attention Baseball & Softball Fans!

LYAA is currently looking for nominations for the following baseball positions for the 2009 season: Baseball Commissioner (President), Baseball Vice President, Safety Officer, Player's Agent, Coach's Agent, Equipment Manager, Game/Practice Scheduler, Softball Director, Information Officer, Sponsorship/Fundraiser Coordinator, and Concessions Coordinator. Elections will be held at the November 25th

meeting. The future of our baseball program heavily relies on volunteers like you to fill these positions, to ensure continued success!

Soccer

Special thanks to all the sponsors, volunteers, parents, coaches and refs that gave their time to make the season such a success! Please check website for updated information. Feel free to contact Commissioner Scott Hagerty at 783-4735 with any questions or concerns.

Robinson Fields Project

The MVSD/Loudon soccer fields will be constructed in an area of approximately 5.5 acres. The fields will be constructed on the MVSD-owned Robinson property located adjacent to Loudon Elementary School (LES), across Old Concord Road.

The layout consists of 2 soccer fields, 1 youth size (70 X 50 Yards) and 1 regulation size (100 X 60 Yards). The ingress/ egress for the fields consist of a 55 space lighted parking lot that will double as overflow for Loudon Elementary School.

The completed fields will add significant value to the community.

LYAA is still accepting bids for Top Soil Screening & Grading, Aggregate Material Removal, Grass Seeding, and Installation of Well and Irrigation System. If you would like to get involved with this exciting project or submit a proposal for services you or your company can provide, please contact Rick Broider at 267-8383 or visit the website for bid/proposal format.

ICB Basketball

The Independent Community Basketball League is a nonprofit volunteer league that provides all children in grades first through eighth from the towns of Penacook, Boscawen, Loudon, Webster, Salisbury, and Andover a place to play basketball.

Tryouts are to be scheduled first week of November with the season opener on December 6th! ICB Pictures and Shoot-A-Thon are scheduled for January 10th. Check out website for details www.icbbasketball.com.

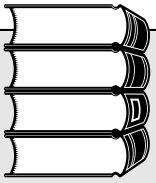
The L.Y.A.A. meets on the fourth Tuesday of every month at the Loudon Library. Next meeting is scheduled for November 25th at 7:00 p.m. Come see what's happening! For more info, please contact Melody Broider at 267-8383 or via e-mail: foreyesstudios@hotmail.com or check the LYAA website for the latest updates at www.lyaanh.org. ■



5th and 6th Grade Girls Soccer Team Win First Place

The Loudon 5th and 6th grade girls sponsored by Jordan Equipment took home the Class C first place trophy at their tournament in Warner on Saturday, October 4th. With an entire team effort, these girls were undefeated and combined their offensive and defensive skills to not allow a single goal scored against them. Way to go Coach Verville. Congratulations to the 5th and 6th grade girls. ■

└



Maxfield Public Library News

By Cheryl Ingerson



Apple Picking

On October 7th and 8th, story timers went apple picking at Meadow Ledge Farm. Both days were perfect for finding the right apple! Forty-seven children rode the wagon, picked apples, and learned about the apple cider press. One little girl even lost a tooth biting into a juicy apple!

We'd like to send a big thank you to Heather, Louie, Lenny, and Meadow Ledge Farm for another beautiful tour of the orchard. We look forward to coming back next year.

Story Time

On November 4th, 5th, and 6th, the children of story time will take a look at bears before they head into their caves for winter. The stories for the week will be *Old Bear* by Kevin Henkes and *The Bear's Autumn* by Keizaburo Tejima. The children will try to copy Tejima's illustrative style to create their own autumn bear.

Family is the subject for the 12th and 13th of November, as we read *A Mother for Choco* by Keiko Kaszo. The children will take home a mosaic-style picture frame made for a special family picture.

November 18th through the 20th, we will celebrate Thanksgiving while we read *The Very First Thanksgiving Day* by Rhonda Gowler Greene and *The Perfect Thanksgiving* by Eileen Spinelli. Everyone will leave with a turkey made to decorate their kitchen table.

There will be no story time Thanksgiving week because of the holiday hours. You may join us in the upstairs meeting room, Tuesday the 25th, at 10:30 a.m. to watch *A Charlie Brown's Thanksgiving*. We'll be serving "Snoopy-style" snacks and apple juice.

Snow Policy For Story Time

Yes, it's that time of year — the possibility of snow in our November forecast. And with the snow come delays and closings.

Story time will follow the Merrimack Valley School District's decision on snow days or delays. If school is delayed on a Tuesday or Thursday, story time will be delayed until 11:00 a.m. (Wednesday story time will not be affected by a school delay.) If school is closed on a Tuesday, Wednesday or Thursday, there will be no story time that day.

You can find this information on WMUR channel 9, on the school website, or you can call the library.

New Books

Fiction

Bell, Ted	<i>Tsar</i>
Clarke, Breena	<i>Stand the Storm</i>
Flynn, Vince	<i>Extreme Measures</i>

Kellerman,

Jonathan

Lehane, Dennis

Sparks, Nicholas

Bones

The Given Day

The Lucky One

Nonfiction

Elkind, David *The Power of Play*

Gildiner, Catherine *Too Close to the Falls*

Goldberg, Danny *Bumping into Geniuses*

Robinson, J.

Dennis

Schroeder, Alice

Strawberry Banke

Snowball: Warren

Buffett and the

Business of Life

Wordy Shipmates

Vowell, Sarah

Book Group

The Crusades, the Byzantine Empire, Kublai Khan, and the Mongol hordes all come alive as you travel back seven centuries along the Silk Road with *Marco Polo: from Venice to Xanadu* by Laurence Bergreen. Included in Booklist's Top Ten Literary Travel Books, the account is described as "an exciting reconstruction of the extraordinary life of explorer-cum-adventurer Polo." The book group will meet at 7:30 p.m., on Wednesday, November 19. Newcomers are welcome.

Library Hours

The library is open Tuesdays 10 a.m.–9 p.m., Wednesdays 1–9 p.m., Thursdays 10 a.m.–5 p.m., and Saturdays 9 a.m.–1 p.m.

Holiday Hours

The library will be closed on Tuesday, November 11th in observance of Veteran's Day. Thanksgiving week, the library will be open Tuesday, the 25th, from 10 a.m. to 9 p.m. and Wednesday, the 26th, from 10 a.m. to 2 p.m. It will be closed on Thursday the 27th and Saturday the 29th. ■

Many Additions Coming to the Children's Room

The trustees of the Maxfield Library formed a committee with representatives from the community, staff and the board to make the final decisions needed to complete the Children's Room. The group met several times during August and September and has made a good deal of progress.

Families can look forward to two comfortable loveseats facing the large windows where they can sit and enjoy a book together. There will also be a round table and four chairs providing space for older children to work on school projects.

Library — cont. on 15

What is a turkey's favorite dessert?

MIKNPUP

EVAENTR

ROCBONG

SSHUAQ

INGIVG

RNOEVBME

IECRBSAENRB

LYFMAI

KYUERT

PMBGILI



October Word Scramble Answers: October, trick, raking, Halloween, frost, gourd, pumpkins, quarterback, harvest, candy

What is the best smelling position on the football team?

The RIGHT GUARD!



Maxfield Public Library Trustees Meeting Minutes — September 9, 2008

5:05 p.m. In attendance: Trustees Sandy Blanchard (until 6:00 p.m.), Greg Silva, Sue Kowalski, and Library Director Nancy Hendy.

Minutes of the August 5, 2008 meeting were approved.

Financial Report:

Nancy reported that the Town Auditor reviewed financial records for the library on August 18 and loaded Quicken records from 1999 into the new QuickBooks software. He suggested using the profit and loss statement format for some reports. The new report formats were reviewed. Mr. Mercier recommended a Trustee review and initial all invoices. Greg agreed to do that each month.

Director's Report:

Thank you to the Trustees and their families for their extra efforts in volunteer work this past month. Sandy Blanchard and her son Corey, Sue and Sara Kowalski and Carol Silva all helped out with the Summer Reading Program prize night. Sandy Blanchard also took time to bring in her carpet cleaning machine to remove stains on the meeting room carpet.

Fran Nash will be offering classes in Reike this fall.

Bea Moore's artwork will be on display from October through mid-November.

Painting classes given by Kim Roth will start in October.

The next book sale will be held on October 25. E-mail notifications have been very effective.

Library — continued from page 14

An upholstered chair will be nestled among the racks across from the entrance, an inviting spot to sit and read. The wall adjacent to the elevator door will have a cozy seating area with an upholstered bench and awning. The small table that is currently in the picture book area will be repainted by story time mom and Loudon artist Sarah Chalsma. It will be accompanied by a set of ten fabric covered foam shapes that children will be able to move around, sit on, lay on or crawl under.

Shelf toppers and end caps will be made from the same purple and orange laminate as the circulation desk. The laminate will also be used in the construction of the computer stations and the counter in the audio visual room.

The laminate projects are currently being constructed off-site and the furniture has been ordered. Hopefully, they will all be in place by the end of the year. In the meantime, the committee is looking into options for a coat and boot area by the entrance and a mural that will bring the stairwell to life. ■

The annual furnace cleanings were done by Irving Oil on September 3. Irving will be coming out on September 29 to give an estimate on replacing corroded pipes and parts on the forced hot water unit in the basement of the old section of the building. Another company has been asked to provide an estimate also but has not given us a date.

The Trustees' "Request for Trust Fund Interest" letter was mailed to Trustee of the Trust Fund Alicen Twardosky on Sept. 5 and faxed to the Town Offices.

The Loudon PTA donated \$100 for the Summer Reading Program.

There is no decision yet from the Loudon Recreation Department as to whether they will donate funds for a library pass to the Children's Museum in Dover.

Children Librarian's Report:

August 5, 2008, we held an Australian Walkabout for the Summer Reading Program. Thirty-six children and twenty-seven adults participated in the event. Number of volunteers in attendance – three; number of employees in attendance – six.

Story time will begin on September 9th.

There were three more drop-in craft days for the SRP in the month of August; with a monthly attendance of 67 people. Total number for Thursday drop-in crafts: 195 people over a seven week timeframe.

There were two more movie days for the SRP in the month of August; with a monthly attendance of 35 people. Total number for Wednesday movies: 77 people for five weeks.

The Prize Party for the Summer Reading Program was held on Thursday, August 21, 2008. The number of children in attendance that night was 104. (The number of children who completed the program was 116.) Number of volunteers in attendance – eight; number of employees in attendance – six.

Number of books read by children in the SRP = 2,819.

On August 24th, I met with Ernie, at Meadow Ledge Farm, to coordinate the annual apple picking field trip for story time. The library will offer a 9:30 a.m. apple picking trip on October 7th and a 1:00 p.m. apple picking trip on October 8th.

The Children's Room Committee met on August 11th, 18th, and 27th.

New Business

The Trustees approved a proposal by Greg Wells for snow removal. Nancy will check to see if he has insurance or will be added as an employee.

Old Business:

Discussion of the water getting into the Children's Room resulted in the Trustees agreeing to attend the September 16th Selectmen's meeting to convey the

need to get the culvert work done this year. Sandbags have had mixed results and block the emergency exit when the library is open. Moving the sandbags is difficult for staff to manage. An alternative measure of digging a ditch and filling with gravel was considered if the culvert work is put off until 2009.

A discussion of cleaning and maintenance services resulted in the Trustees deciding to use Adrian Burrows for cleaning and hire Rick Hering for maintenance. As with Greg Wells, he will have to provide proof of insurance or be added to the payroll.

The brick work is complete on the air intake platform. The new maintenance person will build the cover for it.

The on-line newsletter is coming along, just some fine-tuning needed. Nancy said that a number of new residents of the Richard Brown senior housing have been in to the library. She plans to formally invite them to the library and share the library's offerings.

The Trustees and Director noted that in the future the library needs to apply for reimbursement for Collection Maintenance funds early enough in June for it to appear in the appropriate fiscal year records.

The meeting was adjourned at 6:30 p.m.

The next meeting will be held on Tuesday, October 7, 2008, 5:00 p.m.

Sandra Blanchard
Gregory Silva
Susan Kowalski

Concord Brain Injury Support Group November 18 Meeting

LOCATION:

Granite State
Independent Living
21 Chenell Dr., Concord, NH
Time: 6:30–8:00 p.m.

FACILITATORS:

Jan Perkins, 568-6021
Pat Winski, 463-3035

Welcome to survivors, caregivers, and others interested.



Mother Nature Up Close

Photography by Debbie Kardaseski

Society for the Protection of NH Forests Conservation Center
54 Portsmouth Street, Concord, NH 03301 • 603.224.9945

November 17 through December 30, 2008 • 9 a.m. to 5 p.m.

Debbie Kardaseski of Loudon, NH is a photographer and graphic designer with a keen eye for composition and color – especially in natural settings. Her photographs, unretouched and presented as found in nature, focus upon flowers and textures, as well as unique perspectives on the everyday.

Reception: Saturday, December 6 from 10 a.m. to 4 p.m.

All photographs available on 5" x 7" greeting cards, blank inside, suitable for mailing or framing.

LOUDON HISTORY & MYSTERY

By Tina Rattee

October's mystery photo was from a town parade. We wanted to know who was in it, what the occasion was and what year it was. I had one caller, Madelyn Greenwood, who was actually in the picture. She recalled that the picture was of a 4H group, and also noted that several of the people had their Grange collars on. Her guess was that it was between 1956 and 1958, on either Memorial Day or 4th of July. Randy Cummings provided the picture, and thankfully, the back had some names of those pictured written on it. The names are, left to right: Hilda Moody, Virginia Moody, Natalie Reardon, Donna Ianuzzo, Madelyn Hill, Mina Reardon, Marilyn Hill, Gloria or Maxine Moody, Madeline Buttrick, and squatted in front, Linda Buttrick. We haven't gotten a decisive answer as to who was in the truck. Madelyn thought it might be Harold Kendall, and "Cliff Buttrick?" is written on the back of the picture, so it remains a mystery for now. Thank you to Randy for sharing the picture with

us, and thanks to Madelyn for sharing her memories with us.

Now we have to go back even further to September's mystery article, which featured some teachers from Loudon Grade School in the 1960's. I have an update on Ruth Towle, the fourth grade teacher. Her daughter, Priscilla, emailed me, and wrote that Mrs. Towle is now 93 years young, and lives in an apartment at the assisted living facility Bishop's Glen, in Holly Hill, FL, in the independent living section. Ruth is still driving, and enjoys shopping, dining out, and her frequent library visits. She also enjoys feeding the birds and squirrels. Priscilla reads the *Loudon Ledger* from her home in Florida.

Finally, this month's mystery picture, also courtesy of Randy Cummings. Do you know who is in this picture and where the house is located?? We are always looking for interesting photos for our articles — do you have any? Call or email me, Tina, 783-0483 or trattee@comcast.net. ■



This month's mystery.



Last month's mystery.

Loudon Historical Society General Meeting Minutes — September 3, 2008

Present: Ron Lane, Michele York, Linda Hunton, John Plummer, Henry Frost, Betty Frost, Carisa Corrow, Retta Weaver, Faye Atkinson

Ron Lane opened with the Pledge of Allegiance.

Ron informed us that Galen Beale is interested in being curator, but would like us to find an assistant for her.

Michelle reminded us that Darryl Thompson will be here on September 17 to present *A Shaker Legacy*. He will bring his own screen, but will need a table and an extension cord. The program will start at 7:30, and we should be here by 6:30 to set up the room. Michele will buy refreshments from the petty cash fund. Michele will also check with the Humanities Council about the kit containing the surveys.

Cindy Babonis was recently able to help a man who was looking for information on the Cate family, and the man was very grateful.

Doug Cole has offered to donate plants for future events, fundraisers, etc.

We went over the calendar of upcoming events. It was suggested that we do Front Porch Stories in January.

Carisa will get the seniors who worked on the cemetery project to develop a database for their information on Loudon cemeteries, including pictures taken. She will also be working with National Honor Society students who wish to do oral histories. She will work with the NHS advisor and president to organize the project. She has approximately 30 students interested. We thought it would be best to have two students do each history, so we could

potentially finish 15 histories. Michele suggested doing the people on the priority two list, as they would be a little easier for the students to interview. We will try to get some local students to do some of the priority one people. Each interview is expected to last 3-4 hours. Michele and Carisa will set up a date to meet with the advisor and plan. Carisa will get back to Michele with three possible dates. It was suggested that we might be able to use Skype.

Carisa also felt that some students may want to work with Galen. There are many possibilities for senior projects with the Loudon Historical Society.

Linda Hunton said she would be willing to do the oral history on Lester Annis, who is her uncle. Fay Atkinson said she would do Melvin and Eileen Mulkey.

We need to put a notice in the *Loudon Ledger* asking for suggestions of names of people on whom we could do oral histories.

Henry Frost donated a church bulletin from the Loudon Freewill Baptist Church dated July 4, 1976, on the 200th Anniversary of our country. He also donated a church bulletin from the 200th Anniversary celebration of the Loudon Meeting House, dated September 9, 1979, and an Old Home Day flyer from 1988.

Faye asked for some data for her husband Bruce to use for a trial run of the database he is creating for us.

Ron talked about the picnic at Sabat's Heights. Ron and John Plummer did a presentation on this famous Native American, which was attended by about 20 people.

We discussed possible outlets to let people know about upcoming events. Suggestions were *Concord Monitor*

town crier section, the *Loudon Ledger*, the *Suncook Valley Sun*, and the Loudon or Historical Society websites.

John Plummer informed us that he will be on an episode of *NH Chronicle* at the end of September.

John showed us a candleholder that was given to his mother as a gift from the Shakers years ago. He also shared with us two publications he has: *Living on Half a Dime a Day — An Actual Experience*, written by Elizabeth Monmouth and published by the Shakers, and a list entitled *The Nine Cardinal Principles of Shakerism*.

The next general meeting will be on Wednesday, October 1, 2008, at 7 p.m.

Respectfully submitted,

Linda Hunton, Secretary

**Minutes read and accepted at the October 1, 2008 General Meeting*

Loudon Historical Society General Meeting Minutes — October 1, 2008

Present: Ron Lane, Michele York, Linda Hunton, Bob Ordway, Irene Dow, Henry Frost, Betty Frost, John Plummer, Retta Weaver, Becky Smith, Judy Merrow

Ron Lane opened with the Pledge of Allegiance.

On Sunday, November 2, at 3 p.m., Colin Cabot will be hosting an open house at the Sanborn Mills Farm on Sanborn Road in Loudon. This event is open to the public. In March, he will give us a power point presentation that

was done for Gilmanton. The power point will make more sense after the open house tour has been completed. Ron suggested that people be told to arrive at 2:30 so the tour can start promptly at 3:00 p.m. This event needs to be advertised.

The recording of oral histories has been set for Saturday, November 15. Twenty-eight students will work in groups of two, some at people's homes and some here at the Historical Society building. Michele and Carisa still need to iron out the details, and will be calling people soon. Michele will try to group some people so that oral histories from the same family can be done together.

"The Shaker Legacy" presentation by Darryl Thompson went very well. Twenty-five people attended and enjoyed learning more about the Shakers. We will need to send a thank you note to Darryl.

Michele's uncle, Danny Moore, filled out an oral history questionnaire, which we will keep on file at the Historical Society.

Sue (Johnson) Blossom from Concord and David Johnson from Rhode Island were here to gather information about the Lovering family. They are interested in researching and documenting the Lovering Cemetery. Ron described what the seniors had done for documentation in the Moore and Hope Cemeteries. David shared a lot of information. *Historical Minutes — cont. on page 17*

UPDATE FROM LOUDON GIRL SCOUTS

The adult volunteers and girls continue to start the year off on a great note. All the troops are meeting and having fun getting to know each other. We have had several Loudon Girl Scout Service Unit Volunteers meetings and are planning some great service unit events — these are events for all 9 Loudon troops. We hope to see many people at our BAKE SALE on Saturday, November 22nd!! We will be selling lots of pies for the holiday as well as breads, cookies and all sorts of yummy baked treats. Stop by the Maxfield Public Library from 9–12 and see what goodies we have. We are also planning a sledding party/cookies from around the world celebration in February, a cookie wrap-up event after the cookie sale and a community dinner event. Speaking of Girl Scout cookies, look for your Girl Scouts to be selling cookies a little earlier this year in late December through January.

Thank you for continuing to read about what the Girl Scouts in Loudon are up to and all that they can accomplish! Girl Scouting builds girls of courage, confidence and character who make the world a better place. Here is an update on a few of our great Girl Scout troops in Loudon, the girls and adult volunteers are so busy that all of

them don't get a chance to update each month:

Here are updates from a few of our troops:

Junior Troop #12641

Amanda Masse, Jessalynn Geerdes-Lakowicz & Michele Paquette

The girls have decided on their first badge — Eco-Action. We have formed an Eco-Action club and are very excited to share different ways that we all can help save our planet. Please look for our ads in upcoming issues of the *Loudon Ledger* on ways you can conserve, re-use and recycle! We are also attending a Novemberfest Badge Blast event in Salem where the girls can work on requirements for two different badges of their choice. The girls are working on community service ideas and maybe even a trip. Stay tuned to hear more of what we are up to!

Cadette Troop #12356

Samantha French, Christine Campbell, and Amanda Masse

Cadette Girl Scout Troop #12356 has been very busy welcoming the new Girl Scout year. We have started the badge "Heritage Hunters" and are planning a trip to Plymouth Massachusetts. We will be visiting Plimouth Plantation



Troop 10361 visits Coppal House Farm.

and staying at the John Carver Inn. We are also starting a project that studies the jobs that women could and could not do in previous years. We had a bake sale at the Maxfield Public Library on Saturday, October 25 to help fund our trip and the "Heritage Hunters" badge!! We are looking forward to a great year and lots of fun!!

Troop 10361

From Gayleen Smith

Loudon Girl Scout Troop 10361 has started its year off by visiting the Coppal House Farm. Their amazing corn

mazes are beckoning to those who love a good puzzle. This year's theme of the maze was dragonflies. The girls had a terrific day and enjoyed learning about dragonflies. We will be busy this season earning a couple of badges and fundraising for our trip next summer to Williamsburg.

We will be having a Nuts & Candy Booth Sale at the Craft & Bake Sale at the Richard Brown Senior Housing on South Village Road here in Loudon on Saturday November 15 from 9 a.m.–1 p.m. — please join us. ■

Loudon Girl Scouts Bake Sale

Come to support the Loudon Girl Scout Service Unit in an effort to raise funds for Service Unit events (events for all 9 Girl Scout troops in Loudon) and get some great baked goods for the holidays!!

BAKE SALE:
Saturday, November 22nd
From 9:00 a.m.–12:00 noon
At the Maxfield Public Library

Come shop for pies, cakes, breads, cookies, and other delicious baked goodies!

We hope to see you all there!!

THANK YOU FOR YOUR SUPPORT!!!

Historical Minutes — cont. from page 16

mation with us about some of the research he has already done, and we look forward to working with him to find out more.

John Plummer reported that his appearance on New Hampshire Chronicle should air sometime in October. He will let us know when he learns the date.

John also told us that on October 12, Carol Soule will be hosting an open house at the Miles Smith Farm on

Whitehouse Road in Loudon, which is open to the public.

Retta informed us that Doug Towle has declined doing a presentation for us.

The next Board of Directors meeting will be held on October 20 at 7:00 pm.

The next General Meeting will be held on November 5, at 7:00 p.m.

Respectfully submitted,
Linda Hunton, Secretary

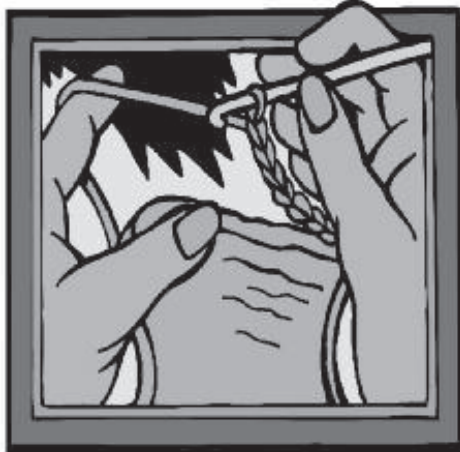
From the big projects, to the 'honey-do' list, AMH Construction can take care of it all!

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**The Loudon Recreation Committee &
Instructor Brian McGaunn
Are pleased to offer two crochet classes:**

“Beginner Crochet” & “Learn to Crochet: Sampler Afghan”

**Beginner Crochet class on Saturday January 10, 2009 from
12:45–4:00 p.m. Cost for this beginner class is \$15 per student**

Class will be held at The Loudon Community Building 29 South Village Road, Loudon

This class will explore the basics of crochet, and provide a foundation for future learning. Students can expect to go home with the ability to make a simple project in single crochet such as a scarf or placemat. **Participants will need to bring: 4 oz worsted weight yarn, size H-8 crochet hook, size I-9 crochet hook, ruler or tape measure, yarn or tapestry needle and scissors.**

**Learn to Crochet: Sampler Afghan Course is a 5-week course each
Saturday beginning January 17 through February 14 from 12:45-4:00
p.m. Cost for this 5 week course is \$80 per student**

Class will be held at The Loudon Community Building 29 South Village Road, Loudon

This class will explore the basics of crochet and move into more advanced techniques through making a series of squares. Each student will learn to join his/her squares together to make an afghan. **Basic knowledge of crochet is required prior to this class. Participants will need to bring approx. 2.5 total pounds of worsted weight yarn in a minimum of 2 coordinating colors (3–4 colors is ideal), size H-8 crochet hook, size I-9 crochet hook, a ruler or tape measure, yarn or tapestry needle and scissors, yarn bobbins (suggested but not required), a notebook with pockets or folder with loose paper.**

Students must register in advance. The class maximum is 8 and minimum of 4 — reserve your spot now as registrations will be open until the class is full. If you have any questions, or for more information about instructor Brian McGaunn and his work, please visit his blog at <http://brileyknits.blogspot.com/> or email brileycat8@hotmail.com. Phone call questions can be directed to Alicia Grimaldi, Recreation Committee Chair at 435-5193

Crochet Class Registration form. DEADLINE IS JANUARY 3rd

Please check: ☐ \$15 for the Beginner class and/or ☐ \$80 for the Sampler Afghan Class
Please make checks payable to: Brian McGaunn

Participant Name _____

Address _____

Phone _____ Email (for confirmation only—not shared) _____

Please mail this sign-up form with payment to: Brian McGaunn, 38 Circle Drive Belmont, NH 03220

For Official use only: Amount paid _____ Check # _____ Date received _____

TAKING CARE OF BUSINESS IN LOUDON: Young Associates — Conrad Young

By Lee Laughlin

Taking Care of Business In Loudon is a monthly feature spotlighting a Loudon business researched and written on a volunteer basis by Lee Laughlin. If you are interested in having your business profiled, please contact Lee at Laughlin@fearlessevents.com.

Loudon businessman Conrad Young is a man of diverse but specific talents. Raised in New Hampshire, he left to learn his trade and then returned to find success. Today, he Young's father was a logger and a blacksmith who also raised horses. Conrad spent his youth absorbing the scenery of farms all over New Hampshire. After high school, Conrad left New Hampshire for the Van Emburgh School of Art in Plainfield, New Jersey; there he majored in watercolor. After college, he cut his teeth in the advertising business in the New York Metro area. He spent ten years refining his artistic skills and building his business acumen. Ultimately, he decided to go out on his own, and seek his success in New Hampshire. He formed Young Associates and his hard work has been well rewarded.

At one time he grew the business to a point where it had a staff of six and occupied large office space in downtown Concord. Ultimately, he decided he could serve clients more effectively and with lower overhead, by moving to a home office and working with a committed group of talented freelancers.

Young Associates has worked with a diverse group of clients throughout the years including companies in the fields of construction, medical, insurance, real estate, hospitality and education. Young worked with the Bank of New Hampshire (the largest account in the New Hampshire financial industry at the time). These days, he works with clients in the industrial/manufacturing space as well as retail establishments. Young associates provides advertising and marketing services to help clients create a cost effective plan to effectively define and reach their target audience. Conrad believes that with the right plan in place, a small ad that is well designed, in the right place at the right time can have more impact than a full page ad. Young works in all types of advertising, print, TV, radio, outdoor media and Internet advertising. He has built quite a portfolio of letterhead, brochures, signs, and web sites.

His breadth of experience in the industry allows him to work in all aspects of advertising. He's comfortable with sales, strategy, design, copywriting and execution. He works closely with a marketing expert



Conrad Young shown here with one of his beautiful watercolors.

to insure that a client's advertising plan works as a cohesive part of the overall marketing plan. He must be doing something right as most of his new clients come from word of mouth and client referrals.

While Conrad enjoys the advertising business, in his heart, he is a painter of watercolors. So, in the last three years, he has carved time out of his schedule to return to his passion. To the untrained eye (namely mine), his work looks like oils or acrylics. The images have far too much detail to be the loose, "Monetish" look that is most often associated with watercolors. Conrad Young's work has more of a photographic quality to it.

He follows a very specific twelve to fourteen step process and always has a very clear image in his head of what the final product will look like. His work is often a combined result of photographs, research and site visits. Drawing on the scenic views from his past, Conrad specializes in paintings of covered bridges. They aren't all he paints, but they are his preferred subjects. In the case a painting that featured Rail Road Covered Bridge and the Contoocook Covered Bridge, his fierce attention to detail has been rewarded when those who remember the bridges when they were in use are struck by how the true the painting is to reality. His work is on display at the Covered Bridge Gallery on Main Street in Contoocook and last month, seven of his paintings were part of the Hopkinton Rotary Club's 2009 Art Show and Auction. You can see examples of his work by visiting www.watercolorbyconradyoung.com.

He recently finished a painting that started with a visit to the Olson House in Cushing, Maine. The Olson House is best known for hosting Andrew Wyeth, painter of the infamous Christina's World. This one featured a view out the window where Wyeth painted the young girl in the field. Young always has painting projects in different stages of completion and going for-

ward, he plans to offer lessons in watercolor painting to interested members of the community.

You might think that running a successful advertising business and launching a second career in watercolor painting, would be enough to keep a man fulfilled, not Conrad Young. Conrad has another passion, and that is basketball. He's played basketball all his life and most recently, he has founded competitive teams in the National Senior Games circuit. According to their web site, NSGC is "A non-profit member of the United States Olympic Committee dedicated to motivating senior men and women to lead a healthy lifestyle through the senior games movement". At last count, Conrad has started 4 teams, including assisting with the launch of women's team (new this year). He starts a team, plays, manages and coaches for a while and then finds someone else to run it so he can start another one. The teams play competitively in tournaments around New England. All three of Young Associates' men's teams have qualified for the Senior Olympics being held in San Francisco next summer.

Young works hard to share his hard won knowledge. He's trained some of the top designers in New Hampshire and in an effort encourages athletics for all ages and all levels and support hometown hero Matt Bonner. He organizes, three coach buses traveling from Concord to Boston in February to see Bonner and the Spurs take on the Boston Celtics. As of this writing, there are still seats available. If you are interested in attending, please contact Conrad at 224-6361.

Conrad Young has lived in Loudon for the last twenty years. He loves being 5 minutes from Concord yet still being able to live in a country setting. He's close to family. He is fortunate to have family near by in Tilton, Belmont, Salisbury and Pembroke. This month, he celebrates his one-year anniversary to wife (and I dare say biggest fan), Penny Nixon. Conrad Young is a prime example of how hard work, talent and community service combine for success. To contact Young Associates, call Conrad directly at 224-6361.

Lee Laughlin is an event planner and writer who lives in Loudon. She blogs at <http://independentbw.blogspot.com/> ■



Samples from Conrad Young's portfolio.



Conrad Young has played basketball all his life and recently founded competitive teams in the National Senior Games circuit. Above are some of his many awards.

Staywarmnh.org Offers Important Information to NH Citizens on Reducing Energy Costs, Heating Safety, Obtaining Heating Assistance

Gov. John Lynch said that New Hampshire citizens and businesses can find important information on reducing energy costs, heating safety, and on obtaining heating assistance at www.staywarmnh.org.

"Dramatic fuel cost increases are making it harder for New Hampshire's families to afford to heat their homes. My goal is to ensure that all New Hampshire families have a safe and warm winter," Gov. Lynch said. "This website is designed to help provide New Hampshire families with easily accessible, practical information on how they can conserve energy and receive help if they need it."

Developed by the Office of Energy and Planning, the website includes practical steps that families and businesses can take to reduce their heating and energy costs. For example, plugging air leaks with caulking, sealing or weather stripping can help families save 10 percent or more on their energy bills; and reducing the thermostat from 72 to 65 if people are out of the house at work or at night can cut heating bills by up to 10 percent.

The website also includes information about how families can apply for help with their energy bills, including the state's Low-Income Home Energy Assistance Program, the Electric Assistance Program, or for discounts on their natural gas bills.

In addition, the improper use of heating equipment is one of the leading causes of fire in New Hampshire. The website includes information on how families can heat their homes safely.

The following information was taken directly from www.staywarmnh.org.

Online Interactive Fuel Price Calculator

This calculator permits the user to select fuel type, fuel price, and system efficiencies to compare a wide range of potential options for selecting a new or supplemental heating system. Please note, however, that replacing an existing system for no other reason than fuel price alone may not be a good choice, because the relationships between fuel prices are likely to change. Current fuel prices are available on the Office of Energy and Planning site's home page, in the Fuel Prices box [www.nh.gov/oep/index.htm].

Fuel BTU Comparison

The table shown above compares prices of heating fuels on a Btu-to-Btu basis. Btus are units of heat energy. This approach is necessary because heating fuels are purchased in different kinds of units, such as gallons, therms, cords and kilowatt-hours (kWh), each containing a different amount of Btus. This table also factors in the different typical efficiencies of the heating systems that use the various fuels. The result is a

Equivalent Fuel Price Comparison

Fuel/Energy Source	Unit	Dollar Cost for Equal Net Heat. Each column shows the fuel unit prices to obtain heat at the same cost per Btu. (Updated 5/29/08)										
		3.80	3.90	4.00	4.10	4.20	4.30	4.40	4.50	4.60	4.70	4.80
Heating Oil #2	gal.	3.80	3.90	4.00	4.10	4.20	4.30	4.40	4.50	4.60	4.70	4.80
Propane	gal.	2.38	2.44	2.50	2.57	2.63	2.69	2.75	2.82	2.88	2.94	3.01
Kerosene	gal.	3.56	3.66	3.75	3.84	3.94	4.03	4.12	4.22	4.31	4.41	4.5
Natural Gas	therm	2.64	2.71	2.78	2.85	2.92	2.97	3.06	3.12	3.19	3.26	3.33
Electricity	kWh	0.11	0.11	0.12	0.12	0.12	0.12	0.13	0.13	0.13	0.14	0.14
Seasoned Wood	cord	507.97	521.34	534.70	548.07	561.44	574.81	588.17	601.54	614.91	628.28	641.64
Wood Pellets	ton	448.99	460.81	472.62	484.44	496.25	508.07	519.88	531.70	543.52	555.33	567.15

more meaningful price comparison of the usable heat.

How to Use the Table

Find the price closest to the price for whatever fuel you are currently using. The alternative fuel you are considering will cost less per usable Btu if you can get it at a price LOWER than its price in the same column as the price for the fuel you are currently using. On the other hand, if the alternative fuel you are considering will cost you MORE than its price in the same column as the price you are paying for the fuel you are currently using, the alternative fuel will cost you more per unit of usable energy than the fuel you are currently using.

Example 1: Assume you are currently using #2 heating oil. Is heating oil or seasoned wood a better choice in terms of cost per usable Btu?

Locate the horizontal row labeled "Heating Oil #2."

Moving across the heating oil row, locate the price closest to what you are currently paying, for example: \$4.30/gallon.

Locate the horizontal row labeled "Seasoned Wood."

Moving across the seasoned wood row, locate the price per cord that is in the same vertical column as the \$4.30/gallon for heating oil. The price is \$574.81/cord.

Interpretations: Heating oil at \$4.30/gallon delivers usable energy at the same price per Btu as seasoned wood at \$574.81/cord.

If you can buy wood for less than \$574.81/cord, you will be paying less per usable Btu than you are paying if you keep using heating oil at \$4.30/gallon.

If you must pay more than \$574.81/cord, then heating oil at \$4.30/gallon is a better price per Btu.

Example 2: Is heating oil or electricity a better choice in terms of cost per usable Btu?

Locate the horizontal row labeled "Heating Oil #2."

Moving across the heating oil row, locate the price closest to what you are currently paying, for example: \$4.30/gallon.

Locate the horizontal row labeled "Electricity."

Moving across the electricity row, locate the price per kilowatt-hour (kWh) that is in the same vertical column as the \$4.30/gallon for heating oil. The price is \$0.12/kWh.

Interpretations: Heating oil at \$4.30/gallon delivers usable energy at the same price per Btu as electricity at \$0.12/kWh.

If you can buy electricity for less than \$0.12/kWh, you will be paying less per usable Btu than you are paying if you keep buying heating oil at \$4.30 per gallon.

If you must pay more than \$0.12/kWh for electricity, then heating

oil at \$4.30/gallon is a better price per usable Btu.

But before you decide to change your heating system, remember:

- The cost of new heating equipment can be considerable. If the heat equivalent price difference between your present and future fuels is small, it could take many years to realize any savings from a change.
- Some fuels have additional "costs" associated with them, such as the handling of wood, or annual maintenance costs for oil-fired systems.

Notes

Heat per unit of each fuel and the average efficiency for each fuel's heating equipment have been factored into the table. See chart below for factor values used in the table.

Not all the energy in a fuel becomes usable heat; for example, some heat leaves in exhaust gases via the chimney, which cannot operate properly if the exhaust gas is too cool.

Fuel/Energy Source	Unit	Assumptions	
		Btu/unit of fuel	Net System Efficiency
Heating Oil #2	gallon	138,800	83%
Propane	gallon	91,300	79%
Kerosene	gallon	135,000	80%
Natural Gas	therm	100,000	80%
Electricity	kWh	3,413	98%
Seasoned Wood	cord	20,000,000	77%
Wood Pellets	ton	16,400,000	83%

Efficiency values, except for kerosene, are from the "USDA Fuel Value Calculator, Fifth Edition," (2004) published in cooperation with the Pellet Fuels Institute. Copies are available at 608-231-9200. Kerosene does not appear in the Calculator, so a value of 80% was adopted.

More information on choosing a heating system can be found at: http://apps1.eere.energy.gov/consumer/products_services/energysaving/index.cfm/mytopic=40008

Here you will find general background as well as links to various heating and cooling system types, each with links to extensive product lists that give specifications and efficiency ratings for many makes and models.

Energy Programs Available

There are numerous programs available both for assistance and efficiency. They may be found at www.puc.nh.gov/Consumer/consumer.htm. There are also federal tax incentives available for energy efficiency. That information is available at www.doe.gov/taxbreaks.htm.

Additionally, you may dial 211 for any type of health or social service referral anywhere in the state.

Community Action Programs offer fuel aid, weatherization assistance, and other programs for needy individuals and families. Merrimack County CAP may be reached at 1-800-556-9300.

ServiceLink has referrals to services for elderly and disabled and may be reached at 1-866-634-9412 (for the entire state).

Things You Can Do To Lower Your Utility Bills

The best way to lower your bills this coming winter is to lower your overall usage. Air sealing, insulating your home, replacing electrical appliances and fixtures with high-performance units are all ways to make a difference.

Phase 1 efforts — will cost \$350-1,000

- Air seal your home as best you can. Close off fireplaces; put on interior storm windows over windows; gasket doors; wrap pipes; wrap water heaters; weather strip where you can; caulk windows, doors, etc.

- Move into one or two rooms of your home and make them as energy efficient as possible. Keep the temperature down in the rest of the house. Turn off unnecessary appliances, i.e. a second refrigerator, freezers, dehumidifiers, humidifiers.

- Plan to move in with relatives for the coldest weeks of the winter. Plan ahead and help relatives and friends insulate the chosen home to make it as energy efficient as possible. If you choose this route, be sure to drain down the home you are leaving. This is best done with professional help. Do not let the home you leave freeze up or you

will have a much worse problem when you return!

- Get your furnace tuned up as a well-tuned furnace may save as much as 15% of your oil or gas bill.

Phase 2 efforts

Get an energy audit of your home. This will show you where you are losing heat. Call your fuel provider for information on having an audit performed.

Have your attic professionally sealed and insulated. Insulate to at least R60. Be sure any hatches into the attic are insulated to at least R30 or better if possible. If is critical that you air seal first.

Seal where beams for the first floor rest on your foundation. This is a particularly "leaky" spot in most homes. This may be sealed with foam. By stopping air movement through your home, you will save a great deal of heat.

However, be sure to have a professional determine if there is enough air flow for your furnace to function properly. You may have to install a dedicated outside source. This is very important or you may draw carbon monoxide into the living space of your home through backdrafts down the chimney. Check out www.repa-nh.org for more information.

Indoor storm windows can also help but these should be done after sealing other places and insulating the attic. Money is better spent in the attic!

Phase 3 efforts

If you have a furnace or boiler over 15 years old, it might be time to replace it with a newer energy-efficient model. However, it is important to tighten up your home before investing in a new heating plant. You may be able to buy a smaller furnace and save money on both the initial cost and on your heating bills.

If you have done all of the above, you could also insulate walls and your roof. A good time to do this is when you're replacing your roof or installing new siding on your home. By doing it then, you're not disrupting the inside of the home.

If you have a poured exposed concrete foundation that is above grade, you may want to insulate it as well, either inside or outside. Eight inches of concrete has about the same insulating value as a single pane of glass! You lose a lot of heat through concrete walls.

Once you've tightened up your home, you might want to look into an air exchange system with heat and moisture recovery. These units are not very expensive but make your home safer and more comfortable.

Another way to tackle Phase 3 is to pick one part of your home and build a well-insulated space within. You can retreat to that space on cold days in the winter and hot days in the summer. In this case, you'd make this area a separate heating zone and would insulate all four walls, the ceiling, and the floor, thereby making this area very energy efficient. It is less expensive than doing the entire house.

NH's Fuel Assistance Program

If you are having trouble paying for your heat this winter, the NH Fuel Assistance Program may be able to provide you with some relief.

The Office of Energy and Planning distributes federal Low Income Home Energy Assistance Program funds to NH's six Community Action Agencies, which in turn distribute the benefits to qualified households throughout the state.

Fuel assistance benefits can be used to help households in a heating emergency by securing an emergency delivery of fuel or delaying a utility disconnection. These funds are grants: They do not have to be paid back nor are they counted as income when applying for other assistance programs.

Eligibility is determined by gross household income (i.e. total before taxes), the number of people in the household, and the burden of heating costs on your income. Income eligibility for both fuel assistance and weatherization assistance can usually be determined during one appointment at your local community action agency.

If you are homebound and unable to visit your communication action office,

you may arrange for a home interview or an interview over the telephone.

The weatherization program may be able to help you save money on fuel costs by assisting you with weatherization and conservation measures in your home. Renters and homeowners are both eligible for the weatherization program.

After you are determined to be income eligible for the program, an energy audit will be performed on your home. This will identify the most effective improvements needed. A crew of trained workers will make the improvements. Then the energy auditor will return to your home to inspect and evaluate the work performed and explain the energy savings to you.

Loudon residents should call the Concord office of the Community Action Program for Belknap-Merrimack Counties, Inc. at 225-6880.

As you can see, there are numerous resources available to you to help you conserve energy, pay for fuel costs, offer weatherization assistance, etc. The internet is an excellent resource for ideas, as is the state government. If you have immediate and pressing needs, contact the Loudon Town Office at 798-4541. They have information available and are also an excellent resource able to point you in the right direction depending on your need. ■

The Deadline for the December 2008 "Loudon Ledger" is Friday, November 14.



GRAVEROBBERS
coffeehouse

at Loudon Congregational Church

Music.
Refreshment.
Spirit.

Bean Hill Bluegrass Band
Traditional bluegrass from central NH
Sat. Nov. 1 @ 7:30pm

Julie Kinscheck
A slice of jazz on top of warm plate of folk and country!
Sat. Dec. 6 @ 7:00pm

Borderline Eleven
Fresh young rock n roll from Hooksett, NH
Sat. Jan. 3 @ 7:00

Land of Harvest
Traditional contemporary gospel from Canterbury, NH
Sat. Feb. 7 @ 7:00

BEVERLY RUSH
Contemporary acoustic folk-bluegrass blend
Sat. March 7 @ 7:00

true witness
Contemporary blend of acoustic and electric rock from NY
Sat. April 4 @ 7:00pm

FREE ADMISSION
...but we will pass the hat
Refreshments available at reasonable



GraveRobbers Coffeehouse is a community hospitality project of Loudon Congregational Church. For more information, please call 783-9478 or visit www.loudoncongregational.org

There I was. Minding my own business on Thanksgiving morning.

Then suddenly:

Good thing I was wearing a seat belt.

Buckle up and arrive safely this Thanksgiving Day.


Police Chief Bob Fiske adds landscaper to his list of talents. He's shown here trimming the shrubs outside the Safety Building on a recent Fall day.

The Deadline for the December 2008 "Loudon Ledger" is Friday, November 14.



Disclosure Statements

*By Jack Prendville,
Century 21 Thompson Real Estate*

The majority of post sales disputes involve undisclosed property faults. In an effort to sidestep those lawsuits, most states require sellers to complete some sort of disclosure document as part of the real estate transaction. Sellers are required to reveal any material facts that could affect the price of the home or the buyer's decision to purchase.

Here's an example. If you are selling a home that gets water in the basement during a heavy rain, you would be wise to disclose it before the sale. Otherwise the buyer may pursue compensation or seek legal recourse. It is helpful to think of the disclosure as a form of protection for both parties.

The question of what constitutes a material fact is subjective and varies from state to state. Consult with your real estate professional and an attorney about what characteristics should be listed with a tendency to err on the side of revealing, not concealing. Clearly structural defects, like a cracked support beam should be named as well as environmental concerns such as radon or asbestos. Sellers must disclose the presence of lead as part of a federal requirement.

Sellers tend to be wary of disclosure believing it will adversely affect sale price. However, most buyers prefer to negotiate around a disclosed defect rather than be surprised at the home inspection when they can walk away from the deal altogether.

Century 21

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39C South Village Road, Loudon, NH 03307
WE NOW ACCEPT VISA, MASTERCARD, AND DEBIT CARDS

Selectmen's Meeting Minutes — September 2, 2008

Present: Selectmen Ives, Bowles and Maxfield.

Chairman Ives called the meeting to order at 6:30 p.m.

Selectman Bowles moved to accept the Selectmen's Meeting Minutes of Tuesday, August 26, 2008. Second by Selectman Maxfield. Selectman Maxfield stated he would like to amend the minutes of August 26, 2008, paragraph IV, the last sentence. The sentence currently reads "Selectman Maxfield stated the fund is set up through the year 2108, and he hopes that the Selectmen in the future will keep an eye on this account." Selectman Maxfield said he would like to strike the first part of this sentence and revise the wording to say "Selectman Maxfield stated the fund is set up and he hopes the Selectmen, in the future, will keep an eye on this account." Selectman Maxfield moved to approve this amendment. Second by Selectman Bowles. All in favor of the amendment. Motion carried. Chairman Ives called for a vote to approve the minutes as amended. Moved by Selectman Bowles. Second by Selectman Maxfield. Selectman Maxfield said he wanted to clarify this fund has been set up in perpetuity. All in favor. Motion carried.

Chairman Ives stated the Board of Permit, which had been rescheduled to tonight, was cancelled as there were no items on the agenda. In addition, Chairman Ives reminded those present the Selectmen's meeting for September 9 is cancelled due to the State Primary Election.

Selectman Bowles moved to approve a petition and pole license No. 9AA8YK, Pole 38-29 on School Street, Loudon. Second by Selectman Maxfield. All in favor. Motion carried.

Selectman Maxfield moved to approve the Executive Session meeting minutes of Tuesday, August 26, 2008 as presented. Second by Selectman Bowles. All in favor. Motion carried.

The Board began their review of weekly correspondence.

Chairman Ives stated the Board has received letters of resignation from Deputy Tax Collector Dorothy Mulkhey and Deputy Town Clerk Eileen Maxfield, which the Board accepts with regret. He commended both ladies for their many years of dedicated service to the Town of Loudon, and expressed the Board's appreciation. Selectman Bowles said he concurred with the Chairman's statement and also expressed appreciation for their service to the town. Selectman Maxfield said he concurs with these comments as well.

Selectman Bowles moved to appoint Deirdre Littlefield of Pembroke New Hampshire to fill the vacancy of Deputy Tax Collector as well as Deputy Town Clerk effective September 2, 2008. Both terms to expire March 31, 2009. Second by Selectman Maxfield. Chairman Ives stated both Tax Collector Helen McNeil and Town Clerk Terry Hamel recommended Mrs. Littlefield for the position as she has been working in both offices and is familiar with the procedures and the town's people. All in favor. Motion carried.

The Board acknowledged receipt of correspondence from Merrimack Valley School District relative to the proposed purchase of the Beede Electric property adjacent to the school complex in Penacook.

The Board received the invoice from George Sansoucy for the 2008 utilities assessment update for approval. Selectman Maxfield moved to approve payment to George A. Sansoucy PE, LLC for the 2008 utilities assessment update in the amount of \$3,000. Second by Selectman Bowles. Selectman Maxfield noted that Mr. Sansoucy has been reviewing the utilities assessment for Loudon for the past 12 years or more and that the public utilities are the second highest tax payers in the town. He stated he felt the funds are well spent in contracting with Mr. Sansoucy for this service. All in favor. Motion carried.

The Board noted the receipt of the insurance reimbursement for the generator at Fire Station 2 that was damaged by lightning.

The Board received a memo from office assistant Bonnie Theriault regarding the current cemetery maintenance contract. Mr. St. Laurent has said he will continue the maintenance in 2009 for the same contract price. Selectman Bowles moved to award the 2009 cemetery maintenance contract to Arthur St. Laurent Lawn Care for the same price as approved for 2008. Second by Selectman Maxfield. All in favor. Motion carried.

The Board received the draft minutes of the August Planning Board meeting for review.

The Board received two past due ambulance bills for review. Selectman Maxfield moved to send the following past due ambulance bills to collection; Account # 40467 in the amount of \$544.10 and Account # 37577 in the amount of \$535.60. Second by Selectman Bowles. All in favor. Motion carried.

Chairman Ives recognized John Plummer from the audience. Mr. Plummer asked if the Selectmen were planning on re-striping any roads in town. Chairman Ives said it is not planned for now. He said the Board

is concerned about the high fuel costs and is trying to be very conservative in an effort to get through the winter expenses. If there are funds available toward the end of the fiscal year this may be looked into at that time. Selectman Maxfield said the Board is going to meet with County Commissioner Asplund-Walsh to discuss inmates from the Merrimack County Jail performing work for the town at no cost. There are several projects that could be addressed through this program.

Selectman Bowles moved to adjourn at 7:02 p.m. Second by Selectman Maxfield. All in favor. Motion carried.

THE LOUDON BOARD OF SELECTMEN

Steven R. Ives, Chairman
Dustin J. Bowles, Selectman
Roger A. Maxfield, Selectman

Selectmen's Meeting Minutes — September 16, 2008

Present: Selectmen Ives, Bowles, and Maxfield.

Also present: Road Agent David Rice and Transfer Station Manager Steve Bennett.

Chairman Ives called the meeting to order at 6:30 p.m.

Selectman Maxfield moved to approve the Selectmen's Meeting Minutes of Tuesday, September 2, 2008 as presented. Second by Selectman Bowles. All in favor. Motion carried.

The Board met with Transfer Station Manager Steve Bennett.

Chairman Ives discussed the Household Hazardous Waste Day and the increase in the bill from Clean Harbors. Mr. Bennett explained the process for the Household

Hazardous Waste Day and stated that once the weather cleared up things began to get busy. Mr. Bennett said that the timeframe was from 8:00 a.m. to Noon and at around 10:30 a.m. the collections had reached \$5,000.00. He said he felt at the time that it was the right thing to keep going until the 12:00 p.m. time that was posted. Mr. Bennett said that the workers from Clean Harbors helped keep the cost down by consolidating and removing items that could be disposed of through other means. He said the company workers were very professional and helpful during the event. Mr. Bennett said that with the line of cars waiting to dispose of their household hazardous materials that it would be better to keep going until

Selectmen — continued on page 24

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Selectmen — continued from page 23

12:00 p.m. and to pay the extra costs out of the Transfer Station budget, than to shut down at 10:30 a.m. and disappoint the rest of the people waiting in line. Chairman Ives said that he appreciated Mr. Bennett coming in and discussing this with the Board and while it is a problem, he understands the situation. Selectman Bowles said it could have cost a lot more as there have been many people who have said that they had planned on going but either forgot or were not available to go during the allotted time. Mr. Bennett said that he did have to turn away people who came after 12:00 p.m.. Discussion ensued regarding which budget line to pay the overage from. Mr. Rice and Mr. Bennett will review the budget and get back to the Selectmen next week with their recommendation. Discussion ensued.

The Board met with Road Agent David Rice.

Mr. Rice discussed an issue on Berry Road relative to drainage and a blocked culvert. He said that he is looking at the history of the culvert because he is not sure that the Town installed it. Discussion ensued regarding drainage issues on Berry Road.

Mr. Rice stated that Bill Barnard has asked that Bear Hill Road be widened. The Board agreed that the road has been in place, as is, and the Selectmen stated that there are no funds budgeted for this request. Discussion ensued.

Chairman Ives discussed a driveway on Old Shaker Road relative to the paving at the end of this driveway. Mr. Rice said that he has spoken with the property owner and that the driveway will be addressed next week.

Discussion ensued regarding the drainage project for the Maxfield Public Library and Safety Complex relative to paving costs and paving dates.

Chairman Ives asked how the fuel budget was holding up. Mr. Rice said it was not too bad right now. Chairman Ives stated that

he is going to request a fuel usage report from Huckleberry Heating Oil for review.

The Board began their review of weekly correspondence.

Chairman Ives said he felt that the replacement of the electrical fixtures at the Safety Complex should happen. He went on to say that he felt it would be best to contract with PSNH through the monthly installment plan. Selectman Maxfield asked about the timeframe for this option. Chairman Ives said it would be paid off in 2.7 years. He said that the project is \$7,400.00 and PSNH will cover half of the cost in the amount of \$3,700.00. Selectman Bowles discussed the energy usage throughout all the Town buildings and said he felt that all departments need to reduce their energy usage. *Selectman Maxfield moved to approve the Fire Department request for upgrading lighting and electrical fixtures per the PSNH Electrical Energy Audit contract in the amount of \$7,400.00 +/-, with PSNH to pay half and the Town to pay the balance realized out of the savings from the monthly electric bill. Seconded by Selectman Bowles. Selectman Bowles said he wanted to reiterate that while he is in agreement with this project, he would like to see all departments do what they can to conserve energy. All in favor. Motion carried.*

Chairman Ives stated it was 7:00 p.m. and the Board would be opening the bids for the South Village Road and Recreational Drive intersection drainage project.

Chairman Ives read the public notice for those present. The bids received are as follows:

Morello Construction, Inc. Peterborough, NH in the amount of \$29,520.00.

Kip Cormier Builders, Inc. Northfield, NH in the amount of \$23,365.00.

Howard Enterprises, Gilford, NH in the amount of \$20,438.00.

Mike LaBonte Enterprises, LLC, Loudon, NH in the amount of \$18,556.00.

Four Corners Construction, Gilmanton, NH in the amount of \$23,900.00.

Weaver Brothers Construction, Inc., Concord, NH in the amount of \$25,000.00.

M.A. Bean Associates, LLC, Sanborn-ton, NH in the amount of \$19,000.00.

J. Parker & Daughters Construction, Inc., Pittsfield, NH in the amount of \$28,350.00.

Selectman Maxfield moved to take all the bids received under advisement so that the Board can review the information for completeness and a decision will be made for next week. Seconded by Selectman Bowles. All in favor. Motion carried.

Library Trustee Sandra Blanchard stated she would like to encourage the Board to have this project completed as soon as possible as the flooding at the Library is continuing. Chairman Ives explained that the Board had a discussion with the Road Agent earlier in the meeting relative to a timeline for this project and the project should be done this fall.

Chairman Ives closed the bid opening session and reconvened the Selectmen's Meeting.

The Board continued their review of weekly correspondence.

The Board received copies of the Fire Department Billing for Special Events at the Sylvania 300 NASCAR event in the amount of \$43,072.75 for review.

The Board received copies of the recorded 1989 NHIS settlement agreement for review.

The Board received copies of a letter from the Planning Board to the VOA regarding abutter concerns.

The Board received additional invitations to the dedication at VOA on September 25, 2008.

The Board received copies of a memo from Office Manager Jean Lee regarding the Cate Van Garage. The Board agreed to have Howard Gassett address some of the issues at the Cate Van Garage. Selectman Bowles said he felt the issue with the placement of the thermostat should be addressed by Eastern Propane. He said the heater was

designed to keep the building from freezing; it is not designed to handle a full office. Chairman Ives will contact Jeff Burr, who had volunteered his time for the installation of the heater, for clarification to the thermostat. The Board will have Office Manager Jean Lee contact Howard Gassett regarding the back door, and stated Steve Bennett will address the lumber behind the Cate Van Garage.

The Board received copies of the August Library Trustee Meeting Minutes for review.

The Board received copies of the State Auction scheduled for October 18, 2008 for review.

The Board received copies of correspondence from Attorney O'Brien on the redistricting litigation for review.

The Board received copies of the NHMA Action Bulletin regarding NH Retirement System rates for July 1, 2009 – June 30, 2011 for review.

The Board received copies of a Regional Impact notice from the Town of Goffstown for review.

The Board received copies of the changes to the Shoreline Protection Act effective July 1, 2008 for review.

Chairman Ives stated for the record that five pistol permits were submitted for signature and approval.

Selectman Bowles moved to authorize the Chairman to sign the Equitable Sharing Agreement and Certification for the Loudon Police Department. Seconded by Selectman Maxfield. All in favor. Motion carried.

Selectman Bowles moved to adjourn the meeting at 7:30 p.m. Seconded by Selectman Maxfield. All in favor. Meeting adjourned.

THE LOUDON BOARD OF SELECTMEN

Steven R. Ives, Chairman

Dustin J. Bowles, Selectman

Roger A. Maxfield, Selectman

Selectmen's Meeting Minutes — September 23, 2008

Present: Selectmen Ives, Bowles, and Maxfield.

Also present: Road Agent David Rice and Transfer Station Manager Steve Bennett.

Chairman Ives called the meeting to order at 6:30 p.m.

Selectman Bowles moved to approve the Selectmen's Meeting Minutes of Tuesday, September 16, 2008 as presented. Seconded by Selectman Maxfield. All in favor. Motion carried.

The Board met with Road Agent David Rice.

Mr. Rice advised the Board that he has spoken with Dave Moody regarding the screening of winter sand. He went on to discuss the stumping at the area of the sand and advised the Board that a bulldozer is needed for the stumping due to the location.

Discussion ensued regarding a driveway on Old Shaker Road. Mr. Rice advised the Board that the paving is tentatively scheduled for Thursday. Discussion ensued regarding the area to be paved, the paving that has taken place on the road, and future paving.

Chairman Ives asked if Mr. Rice had determined which budget lines would cover the extra costs associated with the Household Hazardous Waste Day. Mr. Rice said that the funds would be from the Landfill Tires line and the Landfill Maintenance line.

Discussion ensued regarding drainage issues at the Safety Building, Storrs Drive road patching, the amount of gravel already used to maintain the roads, sand piles along the roads, and the need to utilize the brush cutter.

Selectman Bowles asked about the culvert on Berry Road. Mr. Rice said the culvert needs to be changed. Discussion ensued regarding the culvert.

The Board met with Transfer Station Manager Steve Bennett.

Mr. Bennett gave the Board an update on the Single Stream Recycling program. He said that the Town needs to decide prior to Town Meeting if they want to participate in the Single Stream Recycling program. Discussion ensued regarding including a Warrant Article at Town Meeting, the cost analysis which shows that Loudon would be slightly ahead financially if they went with the Single Stream Recycling program, and the possibility of one of the full-time Transfer Station personnel having a little more time to help the Highway Department if needed on one of the days the Transfer Station is closed. Selectman Maxfield asked about the compactor. Mr. Bennett stated that many towns are utilizing 40 yard roll-offs with a small box compactor. He said that he is just trying to keep the Board up to speed on the progress. Discussion ensued regarding the process of Single Stream Recycling and the pros and cons associated with it. Mr.

Bennett will place an article in the Loudon Ledger explaining the Single Stream Recycling process.

Chairman Ives stated that the Selectmen would award the bid for the drainage project at South Village Road and the Maxfield Public Library. Selectman Bowles recused himself as he is an associate of one of the bidders.

Selectman Maxfield moved to award the bid for the drainage project at the Maxfield Public Library and South Village Road intersection to Mike LaBonte Enterprises, LLC, 7107 School Street, Loudon NH in the amount of \$18,556.00 with \$1,000.00 will be held from the final payment in lieu of a construction bond until May 1, 2009. Seconded by Chairman Ives. Majority vote in favor. Motion carried. Selectman Maxfield stated that the bid was awarded to the low bidder.

Selectman Bowles rejoined the Board.

The Board began their review of weekly correspondence.

Chairman Ives stated for the record that 3 pistol permits were submitted for signature and approval.

The Board received copies of an e-mail from David Nagel of Gilmanton regarding perambulation of the town boundary.

The Board received copies of an e-mail from Auditor Paul Mercier and the draft auditor's report.

The Board received copies of information from Department of Safety regarding

newly enacted RSA 41:9-b Employee Candidate Background Checks.

The Board received copies of the notice from Northeast Resource Recovery fall bus tour scheduled on October 8, 2008.

The Board received copies of the Police Department billing for the NHMS Sylvania 300 race event in the amount of \$230,359.87 and for C.N. Brown in the amount of \$1,032.00 for review.

The Board received copies of the September 18, 2008 Planning Board meeting minutes for review.

The Board received copies of past due ambulance bills for review. *Selectman Maxfield moved to forward past due ambulance account #40068 in the amount of \$501.60 and account #40143 in the amount of \$184.74 to collections. Seconded by Selectman Bowles. All in favor. Motion carried.*

The Board received copies of the August property transfers for review.

The Board received copies of a notice on the November Watershed conference.

Selectman Bowles moved to adjourn the meeting at 7:14 p.m. Seconded by Selectman Maxfield. All in favor. Meeting adjourned.

THE LOUDON BOARD OF SELECTMEN

Steven R. Ives, Chairman

Dustin J. Bowles, Selectman

Roger A. Maxfield, Selectman

Selectmen's Meeting Minutes — September 30, 2008

Present: Selectmen Ives, Bowles, and Maxfield.

Also present: Road Agent David Rice, Police Chief, Code Enforcement/Compliance Officer Bob Fiske, and Fire Chief Jeff Burr.

Merrimack County Commissioner Bronwyn Asplund-Walsh, Merrimack County Jail Superintendent Ron White, Merrimack County Jail Assistant Lieutenant Richard Doucette, and Merrimack County Jail Chief of Operations Daniel Ward were also in attendance.

Chairman Ives called the meeting to order at 6:30 p.m.

Selectman Maxfield moved to approve the Selectmen's Meeting Minutes of Tuesday, September 23, 2008 as presented. Seconded by Selectman Bowles. All in favor. Motion carried.

The Board met with Police Chief, Code Enforcement/Compliance Officer Bob Fiske.

Mr. Fiske discussed the need to place a "Not a Thru Road" sign at the end of Route 129 and Bear Hill Road. He stated that there have been issues with tractor trailers attempting to turn onto this road, then having to back up on Route 129 when they realize they are not able to go all the way through. Discussion ensued regarding adjusting the speed limit. *Selectman Maxfield moved reduce the speed limit to 25 MPH on Bear Hill Road and to place a 25 MPH speed limit sign on Bear Hill Road at the Route 129 end. Seconded by Selectman Bowles. All in favor. Motion carried.* Chairman Ives stated that the "Not a Thru Road" sign will also be placed at the Route 129 end of Bear Hill Road.

Discussion ensued regarding the petition received by the Selectmen's Office asking for the reduction in the speed limit on Bee Hole Road. Mr. Fiske stated that there had been a serious accident on Bee Hole Road and after the accident the speed trailer was set up to monitor the traffic. He said that the information collected does not warrant a change in the speed limit at this time. Discussion ensued regarding the difficulty in enforcing the speed limit. Mr. Fiske stated that he would be sure there would be more police presence on Bee Hole Road to enforce the speed limit.

Mr. Fiske advised the Board that there are two 2008 building permits left and the list for 2009 has fourteen building permits left.

Chairman Ives stated for the record that two pistol permits were submitted for signature and approval.

Mr. Fiske discussed the audit for NH Volunteers regarding the CERT Trailer and all its equipment. Discussion ensued regarding who would be in charge of handling the audit information and accountability as well as the need to have clerical assistance for the paperwork. It was stated that Mr. Fiske will handle the accountability aspect and Chair-

man Ives will speak with Office Manager Jean Lee regarding the clerical aspect.

The Board met with Road Agent David Rice.

Mr. Rice advised the Board that he has received a letter from a resident on Country Hill Road regarding concerns over a pine tree and her desire to be notified prior to any work being done near her property. He stated that he would be forwarding a letter to the landowner advising her that the Highway Crew was working in the right-of-way and that the little bit of sand left behind would be cleaned up. Discussion ensued regarding the possibility of the pine tree's roots being in the right-of-way and that the construction needed to take place.

Mr. Rice advised the Board that the gravel has been placed on the shoulders on Upper City Road. He said that the gravel would be paid out of the Highway Department Budget and it cost approximately \$2,800.00 to have Pike for the day.

Mr. Rice advised the Board that the culvert on Berry Road has been replaced.

Mr. Rice advised the Board that grading was ongoing and that the driveway on Old Shaker Road has been addressed. Discussion ensued.

The Board met with Fire Chief Jeff Burr. Chief Burr provided the Board with the contract with PSNH for the Energy Audit upgrades for the Safety Complex.

Chief Burr stated that the Harvest Supper would be October 18, 2008. Chairman Ives discussed advertising options.

The Board met with County Commissioner Bronwyn Asplund-Walsh, Merrimack County Jail Superintendent Ron White, Merrimack County Jail Assistant Lieutenant Richard Doucette, and Merrimack County Jail Chief of Operations Daniel Ward to discuss a program where NH inmates perform work for the Town at no charge as well as other programs available.

Ms. Asplund-Walsh discussed the Merrimack County Prescription Assistance Program. Selectman Bowles stated that the Selectmen's Office did receive this information and it is available to residents at the Town Office.

Ms. Asplund-Walsh stated that the Merrimack County Nursing Home is up and running. She stated it was built with a geo-thermal heating system as well as a cold water washing system which removes viruses such as Mercer. Ms. Asplund-Walsh said that the County is looking at installing solar panels at the correctional facilities.

Ms. Asplund-Walsh advised the Board that the last County budget included a "bed tax" bill that was passed. She said that the State was supposed to pay the 20% bed tax and the former State Health and Human Services Director helped get the bill passed, the costs were shifted to the Counties. Ms. Asplund-Walsh stated that this year it cost an additional \$3,000,000.00 and next year it will cost over \$6,000,000.00. She went on to

advise the Board that the NH Association of Counties filed suit against the State and the case is going before the Supreme Court in hopes it will be reversed. Ms. Asplund-Walsh said this is one of the largest reasons the County budget has gone up.

Ms. Asplund-Walsh began discussion regarding the Correctional Inmates Work Program where the towns provide the supplies and Merrimack County Jail provides the manpower and supervision. Daniel Ward, Chief of Operations for Merrimack County Jail, stated that this program began approximately 3 years ago and gave a brief overview of work performed to date. He stated that the inmates that are part of this program are minimum security with the least amount of risk. Discussion ensued regarding many of the inmates are in jail waiting on the court system for various offenses such as non payment of child support. Mr. Ward stated that the program is not set up to take away work from local contractors. He said the program is to assist the towns and cities in stretching their budgets where possible. Mr. Ward said the program provides eight or nine individuals with an officer to work on a project from one or two weeks at a time. He said the inmates skills are reviewed and are placed on projects where their skills could be utilized. Merrimack County Jail Superintendent Ron White provided a slideshow of projects for the Board's review and gave an overview of the program the inmates go through once they are part of the Merrimack County Jail system. Ms. Asplund-Walsh explained that all of the education the inmates receive while incarcerated at the MCJ, is provided by volunteer educators. Mr. White stated that 70% of the inmates at the Merrimack County Jail are there as pre-trial inmates and many of them will not have a court date until sometime in 2009. Discussion ensued regarding the existing facilities and ways of making them more efficient. Mr. Richard Doucette stated that the program has saved Merrimack County \$250,000,000.00 by doing work at the Merrimack County Nursing Home, Merrimack County Jail, and the jobs that are done for the towns and cities in Merrimack County. He said that there are approximately seventy-eight to one hundred inmates per day that are out working through this program. Mr. White advised the Board that if Loudon finds a project they want assistance with, the Selectmen would make the contact with the jail and give the specifics of the project and estimated timeframe, and then a date would be scheduled. Discussion ensued.

Roy Merrill suggested that the Town Pound restoration could be considered for this type of project as well as the new proposed soccer fields to be located at the Merrimack Valley School District property at the Elementary School. It was suggested that the Board contact other cities and towns who have participated in this program to get their feedback. Mr. Ward welcomed the Board and towns-

people to feel free to contact any of the Merrimack County facilities and set up a tour.

The Board began their review of weekly correspondence.

The Board discussed having a meeting with the members of the J.O. Cate Memorial Van Committee to discuss the heating situation at the Cate Van Garage.

The Board received copies of a resignation letter from Trustee of the Trust Fund Alicen Twardosky. The Board thanked Mrs. Twardosky for her service to the town. Discussion ensued regarding filling this position.

The Board received information from NH Charitable Foundation regarding the VFW Veteran's Memorial Fund.

The Board discussed a request to forward a scholarship payment directly to a student's loan company. The Board reviewed the request and granted the approval based on the fact that the payment will be made to pay off part of the student loan. The Board agreed that this issue will be on a case by case basis.

The Board received a copy of a memo to Bob Fiske from the Planning/Zoning Office.

The Board reviewed a copy of a letter sent to the J.O. Cate Van Committee regarding the donation of office carpet for the J.O. Cate Van Garage.

The Board received a request from a Merrimack Valley High School Senior asking to place food collection containers at the Town Office for the Capital Region Food Program for her senior project. The Board agreed that the collection containers could be left as long as the student was sure to pick up the food items in a timely manner and that the containers were not in the way.

The Board received copies of the Traffic Study reports from DOT for the September Sprint Cup event.

The Board received copies of the July ESMI Compliance report for review.

The Board received copies of the 2008 edition of the *Basic Law of Budgeting* from LGC as well as copies of the Right-to-Know Law concerning electronic communications for review.

The Board received a notice of upcoming current use public forums for review.

The Board received a notice from National Grid regarding fixed price options for the Town Office and Community Buildings. The Board will research this information further.

The Board received a Regional Impact Notice from the Town of Goffstown for review.

Selectman Bowles moved to adjourn the meeting at 7:52 p.m. Seconded by Selectman Maxfield. All in favor. Meeting adjourned.

THE LOUDON BOARD OF SELECTMEN
Steven R. Ives, Chairman
Dustin J. Bowles, Selectman
Roger A. Maxfield, Selectman



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Selectmen's Meeting Minutes — October 7, 2008

Present: Selectmen Ives, Bowles, and Maxfield.

Also present: Transfer Station Manager Steve Bennett, John O. Cate Van Committee members Bob Ordway, Dave Nicholson, and Walter Howard, and Senator Harold Janeway.

Chairman Ives called the meeting to order at 6:30 p.m.

Selectman Maxfield moved to approve the Selectmen's Meeting Minutes of Tuesday, September 30, 2008 as presented. Seconded by Selectman Bowles. All in favor. Motion carried.

The Board met with Transfer Station Manager Steve Bennett to discuss the 2009 GAT figures for the Town of Loudon.

Mr. Bennett discussed the GAT figures for 2008 and his projection for 2009. He stated that the GAT figures for 2008 were approximately 100 ton under the 3,600 ton that was agreed upon. Discussion ensued regarding the pros and cons of estimating too high or too low and the costs associated with the estimates. The Board agreed that it might be best to estimate a little low and put the additional money in the budget to cover any overage, than to estimate too high and have to pay for tonnage that is not delivered. *Selectman Maxfield moved to set Loudon's GAT for 2009 at 3,600 ton. Seconded by Selectman Bowles. All in favor. Motion carried.*

The Board met with John O. Cate Van Committee members Bob Ordway, Dave Nicholson, and Walter Howard to discuss the J.O. Cate Van Garage.

Chairman Ives stated that Howard Gassett donated the labor to fix the garage door. He discussed the future of the building maintenance and budget issues. Mr. Ordway stated that the building is going to be used to house the Van and for the communications location. He said someone may need to be there one to two hours per week to do the scheduling and paperwork. Selectman Bowles said when the building was constructed it was not set up to have the heat set at more than 45°-50° and the budget does not include funds to have the temperature above that. Mr. Ordway said he does not feel

there will be a problem. Discussion ensued regarding the placement of the thermostat. Chairman Ives said that Fire Chief Jeff Burr has agreed to look at the placement and relocation of the thermostat. Chairman Ives thanked the J.O. Cate Van Committee for all they do for the townspeople. He stated that the issue of the maintenance and costs for the new building need to be addressed during the budget preparation. Mr. Ordway said that there is an overhead fan that will be installed to help move the heat around. Discussion ensued.

The Board began their review of weekly correspondence.

Chairman Ives discussed the vacancy in the position of Trustee of Trust Funds. He stated that Melissa West of Pond Street in Loudon has shown some interest in possibly filling the position. Ms. West has been given information relative to the duties of the Trustees and will be speaking with former Trustee Howard Pearl to get her questions answered. The Board agreed if Ms. West decides to take on the position, they would gladly appoint her. The Board thanked Ms. West for her consideration of this position.

The Board received copies of the approval letter from Employment Security regarding the Maxfield Public Library and Town quarterly reporting.

The Board received copies of the budget memo distributed to all departments. It was noted that the deadline for all departments to submit their budgets to the Selectmen's Office is November 17, 2008.

The Board received quarterly fuel usage reports from Huckleberry Heating Oils for each department.

The Board received copies of a memo from Office Manager Jean Lee regarding a Veteran's Credit and town re-mapping proposal for review. The Board reviewed a Veteran's Credit in which the property owner has an "Irrevocable Trust" and Assessor Dave Wiley is questioning the eligibility of the credit. Chairman Ives stated that Office Manager Jean Lee has contacted Linda Kennedy at DRA regarding this issue and was advised that until there is case law on this subject, it is up to the Board's discretion whether to allow the credit or not. The Board agreed to keep the Veteran's Credit in effect.

The Board met with Senator Harold Janeway to discuss energy costs.

Senator Janeway presented the Board with a proclamation suitable for framing, to be given to the VOA "Richard Brown House" from the dedication ceremony.

Senator Janeway said he is going to towns and getting their input on ways that

they are handling the heating oil situation and he hopes to create a central location, clearinghouse, to distribute information to all cities, towns, and residents. Senator Janeway provided the Board with copies of information regarding services available as well as general information pertaining to fuel costs and tips for energy savings. Senator Janeway advised the Board that many towns and cities are designating a "warm place" for residents who do not have heat and asked if Loudon had considered this as an option. The Board stated that if there is an issue, the two fire stations would be the places that would be utilized. Discussion ensued regarding neighbors looking out for each other and keeping a close watch on the elderly and medically needy residents. Chairman Ives discussed the incident where there was a major power outage and the fire department went from house to house checking on the residents. Senator Janeway said he is trying to get everyone thinking ahead to anticipate any problems that could arise from the strains on residents with the increased heating costs. He said the estimate from last year on all the oil purchased for residents and businesses in NH is six hundred million dollars and with the current prices the cost could be approaching one billion dollars this year. Senator Janeway advised the Board that the Senate had a special session a few weeks ago and voted to put some state money upfront so the Fuel Assistance Program could begin disbursing funds prior to the Federal Government's vote to increase the funds. The Board will see that the information Senator Janeway provided is included in an upcoming issue of the *Loudon Ledger* advising residents of heating options.

The Board continued their review of weekly correspondence.

The Board received copies of the breakdown of gas supply costs for the Town Office and Community Building for review. The Board agreed to not sign the contract with National Grid.

The Board received copies of a letter sent to Ruth Murray from Road Agent David Rice for review.

The Board discussed the re-mapping proposal from Cartographic Associates. The Board stated they do not feel this is the right time to be looking at this option due to the large costs associated with this project.

The Board received notice of a pre-construction conference meeting on Thursday with DOT regarding the Route 106 Project.

The Board received a memo from Planning/Zoning Secretary Donna White regard-

ing the first Zoning Amendment workshop scheduled on October 16, 2008 at 6:00 PM.

The Board received copies of two memos between Code Enforcement and Planning Office regarding Loudon Woods Estates for review.

The Board received copies of the draft ZBA Minutes of September 25, 2008 for review.

The Board received a notification from Department of Safety regarding Criminal Record Checks. The Selectmen will discuss this issue with Police Chief Bob Fiske and will look at including this in the Personnel Policy. All Criminal Checks will be forwarded to the Selectmen's Office and placed into an employee's personnel file. Selectman Bowles stated this is a new requirement for new hires and the Board needs to decide how they are going to proceed with this issue.

The Board received a notice for Town Meeting workshops on November 1, 2008.

The Board received copies of a DES survey regarding water resources.

The Board received information on "Stay Warm NH" program for review.

The Board received copies of a newsletter from NH Division of Economic Development for review.

Chairman Ives stated that Alvin Davis III has requested the Selectmen sign a form for tax purposes on the land that Mr. Davis donated to the town. *Selectman Maxfield moved to authorize the Chairman to sign the Charitable Donation of Property form for Alvin R. Davis III and Monika A. Davis for the donation of 135+/- acres of land donated to the Town of Loudon. Seconded by Selectman Bowles. All in favor. Motion carried.*

Selectman Maxfield moved to authorize the Chairman to sign the contract with PSNH to upgrade the electrical fixtures in the Safety Building based on the energy audit performed in 2008. The total cost of the project is \$7,478.30 with the cost of the Town of Loudon to be \$3,738.94 to be realized in the electrical savings from the upgrade. Seconded by Selectman Bowles. All in favor. Motion carried. Discussion ensued regarding this being a cost sharing grant with PSNH, the payment of the \$3,738.94 being spread out over the 2.7 years as part of the monthly bill.

Selectman Bowles moved to adjourn the meeting at 7:46 p.m. Seconded by Selectman Maxfield. All in favor. Meeting adjourned.

THE LOUDON BOARD OF SELECTMEN
Steven R. Ives, Chairman
Dustin J. Bowles, Selectman
Roger A. Maxfield, Selectman

**The Deadline
for the
December 2008
"Loudon
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Friday,
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Planning Board Minutes — September 18, 2008

Meeting called to order at 7:00 p.m. by Chairman Tom Dow.

Attendance:

Chairman Tom Dow, Vice Chairman Stan Prescott, Gary Tasker, Steve Jackson, Tom Moore, *Ex-Officio* Dustin Bowles, and Alternate Bob Ordway. Bob Ordway was appointed as a voting member in the absence of Henry Huntington.

Fire Chief Jeff Burr, Police Chief Bob Fiske, and Conservation Commission representatives Jess Storey and Bob Butler were present.

Acceptance of Minutes:

August 21, 2008 Regular Meeting. Steve Jackson said that he would like to clarify details of a discussion listed as Don Boyer on page 3 of the minutes. Mr. Jackson referred to the section on the length of the road that read "Mr. Jackson said it would be about 3000' to access all five lots and 3500' to the end of the cul-de-sac." He said that he would like that to read "Mr. Jackson said it would be about 3000' to access all five lots and an additional 3500' to the end of the cul-de-sac." *Steve Jackson made a motion to accept the minutes with that change; seconded by Tom Moore. Majority in favor; Dustin Bowles and Gary Tasker abstained from voting as they were not present at that meeting.*

Discussion:

New Hampshire Motor Speedway — Chairman Dow pointed out that this section of the meeting is for discussion purposes only and that there would be no decisions of any sort. He reminded the public that all questions and comments were to come through the chairman. Canterbury Planning Board members Tyson Miller and Jim Snyder. Mr. Snyder stated that he recuses himself from any Planning Board matters concerning the track so he was present as a Canterbury resident this evening. Matt Monahan represented Central NH Regional Planning Commission.

Jerry Gappens, Executive Vice President and General Manager of NHMS, spoke on behalf of the track. Mr. Gappens said that they are here because communications need to be stepped up. He spoke of the "phantom writer" that has been appearing in the *Concord Monitor* on several recent occasions. Mr. Gappens said that it would appear that Terry Lessard is non-existent in Loudon and is perhaps a pen name for someone who unfortunately does not care to identify themselves. He stated that there have been no communications from this person with the Speedway and voiced his disappointment with the *Monitor* for running the letters without verification. Mr. Gappens said that he would like to see any community concerns addressed to the track so that they may be properly dealt with rather than having them circulating through various forums and creating misinformation.

Mr. Gappens stated that the new signs at the track do have proper approval despite the letters. He said that the sign representatives went to Canterbury, and it was his understanding that they had good plans and information and there was a good meeting. Mr. Gappens said there was a communications breakdown on the Loudon end apparently. He pointed out that the sign ordinance did not take into account changes in technology at the time it was written. He spoke of recent discussions about the type of sign that has been installed and the various interpretations of the ordinance. Mr. Gappens explained that the sign at the main gate has many capabilities that they were not aware of at the time of installation and that they have chosen not to use many of those capabilities. He said that they have toned down the colors and speed upon hearing of concerns from the town. Mr. Gappens stated that they want to become partners with the community and can promote community events with the sign.

Mr. Gappens gave a recap of the September race. He said that they are trying to enhance the fan experience and realize that the economy has an impact on everyone. Mr. Gappens said things went fairly smoothly, the police department had fewer arrests and no big problems, there was increased security at the facility and in the camping and parking lots, and a fair was added as a daytime event with a \$5 all day pass with proceeds going to the Speedway Children's Charities. He handed out folders with photos of other facilities owned by Mr. Smith and an outline of the history of this track. He went through the outline with Board members. Mr. Gappens pointed out that the majority of the improvements that have been done have been handled by local contractors and businesses.

Mr. Gappens stated that they are in the process of working with the state and federal agencies on mitigating wetlands of the infield. He said they are continuing Mr. Bahre's work to improve the sight lines for drivers and spectators as well as increase the useful area of the infield. Mr. Gappens said that they will explore lighting options so that major events can finish on the same day in the event of a late start. He said it is a matter of safety so that they do not have to unload the facility on Sunday and bring everyone back in on Monday. He said that gives them options that are not currently available. Mr. Gappens explained that they would like to update the scoreboard and use video screens for the major events. He also said that they hope to work on the camping areas to create larger spaces due to the increased number of larger vehicles. Mr. Gappens spoke briefly about a road course renovation and that they would like to get the higher level bike race back to the facility. He also spoke about grandstand and on-course improvements.

Chairman Dow stated that they have done a good job at the track and explained that the Board's job is to be sure that they conform to the Land Development Regulations. He said any new drainage, parking, buildings, work in wetlands, or other changes need to be reviewed by the Board. He pointed out that the track has to adhere to the same regulations as everyone else. He informed Mr. Gappens that they should come to the Board once they get their ideas on paper.

Gary Tasker welcomed Mr. Gappens to Loudon, expressing the same sentiments as the chairman. He said that the Planning Board has to look after the best interest of Loudon and all businesses must conform to the Land Development Regulations. Mr. Tasker asked Mr. Gappens if they have reviewed the plans of changes over the last ten years, some of which had stipulations. He said it would be best to review those and ensure that they are not doing things against those stipulations.

Stan Prescott said that they all feel that the track is a big part of the town and do not want to see them or the Planning Board criticized. He said that they need to be able to talk and understand what is going to be done at the track. He said that the sign was an issue and he personally feels that they should go to the Zoning Board and see what they have to say. Mr. Prescott said it is not a big deal but they need to address it. Mr. Gappens said that he will be going to the ZBA next week and will continue to work toward improving communications.

Gary Tasker said that Bob Bahre always came to the Board with any plans that he might have and the Board gave him direction. He pointed out Section 7.2 of the Land Development Regulations and urged Mr. Gappens to familiarize himself with them.

Bob Ordway told Mr. Gappens that he appreciated him coming in to talk with the Board. He spoke about Mr. Bahre using a local engineering firm for all of the work done at the track and that the Board had a good relationship with that firm. He said that might help keep transactions smooth. Mr. Gappens said that they have retained the same people that Mr. Bahre used. He said that there have been some bumps and that he is working to be sure those are ironed out, emphasizing that their intentions are to have a first class facility for all to be proud of.

Bob Butler stated that the Conservation Commission had a tour of the facility a couple of months ago, noting that there are significant changes to the wetlands on the inside of the track. He said that they have not yet seen a mitigation plan. John Zudell, Vice President of Facilities and Operations, said that they have to submit the wetlands application by October 1st to get on the docket. He said that they are moving forward and should soon have copies. Mr. Butler said they would have expected to see the

plan for input before the final plan was submitted. Mr. Zudell explained that they have used the same firm that has been used at the track for the last ten years to keep the process flowing smoothly. Mr. Butler said that they would like to see the plans.

Tyson Miller stated that there was a previous agreement with codicils to the deed that limited certain activities such as night racing. He asked Mr. Gappens if they anticipate trying to change that or violate that codicil to the deed. Mr. Gappens said that he is aware of that agreement and that Bob Bahre has been very forthcoming about agreements that are in place. He said that the issue with the lights is with NASCAR and he is not aware of any plan for night activities. Mr. Gappens said that the primary reason for lights would be for weather-related delays which is permitted in the agreement. Mr. Miller said that he has a concern with moving the grandstands from one side of the track to another, noting that it would affect the noise to the Canterbury side. Mr. Gappens explained that this has been done at other facilities but there are no plans at this time to do that. He said that they have looked at the reconfiguration of the track but there is nothing in the works. Mr. Miller asked if Mr. Gappens was aware of the RSAs relative to regional impact. Mr. Gappens said he is and that they will keep the communications open. Chairman Dow said that notification would definitely go out as soon as a formal application is received on any improvements. He stated that it has not been done because they have not felt that there has been anything of significance thus far.

Jim Snyder asked if the Board retains a consulting engineering firm to review and comment on plans. Mr. Dow stated that they do. Mr. Snyder noted that there had been a significant number of recusals at previous hearings, asking how many Board members would have to step down on this matter. Steve Jackson and Dustin Bowles each stated that they would recuse themselves if an application from the track came before the Board.

Steve Jackson thanked Mr. Gappens for coming in to talk with the Board and Chief Fiske for handling the traffic in and out of the events. Selectman Steve Ives commended Mr. Gappens for coming in to talk with the Board. He said he felt it had been an excellent meeting and he could see a long term bond starting. Mr. Ives said that they have to look at all areas when considering regional impact because these events affect the entire state. He said they have to look at the big picture and plan ahead.

Fred Neergaard, Director of Public Relations and Communications, stated that he has been with the track since 1993, full time since 1999, and when this company came in everyone kept their jobs. He said they were

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all given the opportunity to stay and show what their team could do. Tom Moore said they have a good thing going and with the lines opened up, they could all grow together.

Old Business:

Application #08-06, CVAD, LLC — Major Site Development, Located on Route 106 in the C/I District. Map 1, Lot 49. There were no abutters present. Chairman Dow read a request from the applicant to table this application until the October meeting. The request stated that they have received their Alteration of Terrain permit but are still waiting for the Shoreland permit which has been delayed due to lack of staffing at NH DES. *Dustin Bowles made a motion to move this application to the meeting of October 16, 2008 at 7:00 p.m. at the Community Building; seconded by Gary Tasker. All were in favor.* There will be no further notification.

Application #08-07, DJP Realty Trust — Major Subdivision, Located on Bee Hole Road, in the RR District. Map 12, Lot 4. Abutter Jocelyn Hebert was present. Gary Spaulding of G R Spaulding Design Co. and Web Stout of FWS Land Surveying represented the applicant. Mr. Spaulding gave an overview of the latest comments from town engineer Tony Puntin. He explained that he

has an easement for the abutter to correct the sight distance matter. Mr. Spaulding stated that they have all state permits and have addressed all comments and the construction estimate with the town engineer according to an email received from Mr. Puntin.

Mr. Hebert asked how the easement works and how much can be cut in that area. Mr. Stout pointed out the easement area, noting that it goes back 12' and is a triangular area that measures 565 sf. He explained that this allows the contractor to clear back to keep shrubs and vegetation down for safe sight distance. DJP owner Joe Bohi explained that the area has been loamed and blue spruce have been put on the slope. Chairman Dow explained that the easement is to allow the town to maintain that area. Steve Jackson told Mr. Hebert that he would still own the property, it is simply to maintain the sight distance. Mr. Hebert said that he wanted to be sure that a buffer was left. Steve Jackson said that what Mr. Bohi has done is all that will be done. Mr. Hebert stated that he was alright with what has been done and with the easement.

Stan Prescott said that the easement should be on the mylar. Mr. Stout said that he had planned to add it to the mylar once finalized. Mr. Prescott asked if there would be a reference to the easement. Mr. Stout said that the plans would be recorded first

and then the deed with the reference. He said that he will add the size of the easement, make the title consistent, and have a blow-up of the area on the mylar. Mr. Hebert said that he was not aware of this easement until this evening. Mr. Bohi stated that he did not take down any trees, only did some trimming. He said that a month ago he spoke with Mr. Hebert's wife when she asked if he would remove a pile of granite stone that was piled on their property, noting that was the main obstacle of seeing. Mr. Bohi stated that he did that and will be using the stone to tie the two walls together. He said that he wanted to clarify that he did have permission.

Steve Jackson made a motion to approve this application for DJP Realty for a major subdivision on Bee Hole Road, Map 12, Lot 4; seconded by Stan Prescott. There was no further discussion. All were in favor.

Board Discussion: The Board will meet at 6:00 pm on October 16, 2008 to address zoning amendments prior to the regular monthly meeting. Donna will gather information on local sign ordinances and small wind energy systems.

Report of the ZBA: Donna reported that NHMS will be in for discussion on the sign. There is a building permit extension request, a special exception for a pole barn, two special exceptions for driveways in a proposed subdivision, and two special

exceptions for Del Gilbert, one for tanks and one for a filling station.

Report of the Board of Permit: Stan Prescott reported that there was no Board of Permit this month.

Adjournment: *A motion to adjourn at 8:30 p.m. was made by Steve Jackson; seconded by Stan Prescott. All were in favor.*

*Respectfully submitted,
Donna White*

**The Deadline
for the
December 2008
"Loudon
Ledger" is
Friday,
November 14.**

Zoning Board of Adjustment Minutes — September 25, 2008

Chairman Dave Powelson called the Loudon Zoning Board of Adjustment meeting of September 25, 2008 to order at 7:00 p.m. at the Loudon Community Building.

ROLL CALL:

The following members were present: George Saunderson, Chairman Dave Powelson, Vice Chairman Ned Lizotte, Roy Merrill, Howard Pearl, and Alternates Jim Venne and Jon Huntington.

ACCEPTANCE OF MINUTES:

Regular Hearing — *Ned Lizotte made a motion to approve the minutes of August 28, 2008; seconded by Jim Venne. All were in favor.*

Site Visit — *Howard Pearl made a motion to approve the minutes of the site visit of September 8, 2008; seconded by Ned Lizotte. All were in favor.*

DISCUSSION:

New Hampshire Motor Speedway — Jerry Gappens, Executive Vice President/General Manager of NHMS, spoke on behalf of the track. He spoke of the publicity that has been generated through letters to the editor in the *Concord Monitor*, noting that there are no records of the writer Terry Lessard and that it is unfortunate that someone with concerns has not directed them to the track. Mr. Gappens said that he is disappointed with the *Monitor* for not verifying the source of the letters and for the attack directed at local officials.

Mr. Gappens stated that the sign/message center at the track has a permit despite anything that has been said in the letters and articles. He said that the sign company representatives had gone to Canterbury for the sign at the north end of the track but there had apparently been a breakdown in communications for the Loudon sign and he accepts responsibility for that. Mr. Gappens pointed out that the Zoning Ordinance does not take into account the newer technology that has been designed since the inception of the ordinance. He said that they replaced the outdated sign/billboard with one that has multiple capabilities, many of which they are not using. He said that they have tried to be responsive to concerns that have been addressed to him about the sign and that they have toned down the brightness and the speed of the changing message. Mr. Gappens said that the sign can benefit the community and that he wants to develop a positive bond with the town's boards and residents. He spoke of the economic impact that the track has on the town and state. Mr. Gappens handed out packets to each Board member, reviewing the history of the track and stressing that he wants open communications with the Town.

Chairman Powelson stated that the ZBA Vice Chairman and one selectman have heard concerns about the sign. He explained that the Board wanted to discuss the Zoning Ordinance relative to the sign and that it is the Board's understanding that there is a permit for the sign through Bob Fiske. Mr. Powelson spoke about the section on signs in the Ordinance, noting that it is a "permissive" ordinance which only allows what is stated in the Ordinance. He said there is no particular question about the sign size. Bob Fiske said that the sign is less square footage than the previous sign. Mr. Powelson pointed out Section 501.4 with reference to moving parts/flashing signs being prohibited, stating that he is not sure how the current sign fits into moving parts or flashing signs. Ned Lizotte said that he has been reviewing the Zoning Ordinance, noting that the technology was not where it is today when the Ordinance was written. He said it has to be brought forward to today's technology. He spoke of how the term

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"flashing" is not compatible to where technology is now. Mr. Lizotte said what the state works with is not pulsating but an ongoing message and he feels that this new sign is pretty reasonable and would be permissible. Jerry Gappens said that they received a call from Bob Fiske the first day that the sign was on and they shut it down for a couple of days until it could be reprogrammed. He again stated that they are not using all of the options that the sign provides and have toned down the brightness.

George Saunderson asked if the sign goes off and on. Mr. Gappens said that it is a continuous message. Mr. Saunderson clarified that it is not flashing. Bob Fiske said that was correct. Ned Lizotte stated that it is similar to DOT signs, pointing out again that technology has surpassed the Ordinance and its interpretations. He said what NHMS has been working at seems to be reasonable signage for the facility. Mr. Saunderson asked if the sign is on all day and night. Mr. Gappens said it is off from 11 p.m. to 6 a.m., seven days a week. Mr. Saunderson asked about the point of having it on during the week. Mr. Gappens said they are promoting events and the facility and selling tickets. Mr. Saunderson asked why the sign has to be on until 11 p.m. He asked if they would consider turning it off at 7 or 8 p.m. Monday through Thursday. Mr. Gappens said that he wants to open communications and will work with the Boards to minimize concerns.

Chairman Powelson pointed out that the Ordinance does permit changeable copy signs, reading the definition from page 97 of the Ordinance. Jim Venne stated that it changes the message, not the sign. He said that changing the message is far different from moving or flashing. Mr. Venne said that he feels it is a very attractive sign and is an asset, not a detriment, and applauds NHMS for the improvement. There was discussion about the capabilities of the sign. Mr. Gappens said what options they are using seem to be effective, noting that the capacity is there to use the sign for the benefit of the community.

Jon Huntington asked if the flashing is the only concern when considering movement, the square footage, and other points. Chairman Powelson said that there may be other concerns. Mr. Huntington stated that he is not sure that the signs on the grandstands are permitted either. Ned Lizotte said that they are temporary signs of sponsors and could be the same for multiple events. Mr. Gappens noted that they recently had a temporary sign put up and shortly after its installation it was brought to their attention that it was in violation and it was moved within an hour. He said that they try to be responsive whenever a concern is brought to their attention. Mr. Powelson pointed out that there are provisions for temporary special events signs but it is loosely defined. Selectman Steve Ives asked if the special events signs on the side of the grandstands are considered to be inside the track. There was discussion of the difference between those signs as compared to signs in store windows. Dave Powelson said that there are temporary signs for special events such as sponsor signs that welcome race fans. He said signs in windows and on the side of buildings are intended for someone outside the building to see. Mr. Powelson said there are things at the track that are clearly inside the grandstands, are not at all visible from the road and probably are not any part of the Board's jurisdiction.

Bob Fiske stated that the temporary sign ordinance was put in there specifically surrounding the track itself. He said signs similar to those seen at Fox Pond Plaza are under the Board of Selectmen direction and are permitted one week before and after an event. He explained that the temporary signs cannot simply promote sponsor but must be specific to special events. Jon Huntington asked Selectman Ives if there were any other concerns heard by the Selectmen. Selectman Ives said that they had heard that the sign was real bright at first but have not heard anything recently. He said that the Board of Selectmen wrote letters to the Planning Board and Zoning Board encouraging these discussions. He noted that everyone knew Bob Bahre and his way of conducting business but now there is a new

corporation that has come in and it is important to get discussions going as a means of relieving some anxieties. Jerry Gappens said that they have reassured the staff that all are staying and have had to reassure the media that NHMS is not losing a date. He said he realizes that they have to earn the community's respect and he is working toward that.

Chairman Powelson said that the Board should come to some decision about the sign counting as a changeable copy sign. Howard Pearl asked Bob Fiske if he needed some direction from the Board. Mr. Fiske said that according to his job description he is the one to interpret it and, in his opinion, it was flashing at first, he talked with them, it was corrected, and he feels that the sign meets the Ordinance and is compliant. Mr. Pearl asked if there was any action required by the Board in that case. Dave Powelson said if the Board could come to the consensus that the sign falls under changeable copy definition it would reinforce Mr. Fiske's interpretation and would give the Board of Selectmen something to show that the matter has been discussed and agreed upon. George Saunderson said that the minutes would reflect the discussion. Howard Pearl said there would then be a record that the question was raised, it has been looked at, and it has been recommended to the Board that it is compliant in its present state. Ned Lizotte said that the Board has discussed that the sign meets the criteria of a changeable copy sign, temporary event signage, they do not find any violation, and it is felt that the ordinance is working fine. Mr. Pearl said that the chairman could ask the Board if he felt it was necessary but there is no application before them to act on. Chairman Powelson said that it would appear to be the consensus of the Board that the sign is permitted, noting that they will be watching to

see what comes up next. He said that there are state and federal laws that deal with advertising on a national highway system. Mr. Powelson said that there is nothing wrong now but if they start advertising off-site events they would not be compliant per DOT standards. He said it is probably not insurmountable but did advise Mr. Gappens to check with the traffic bureau of NH DOT. Jon Huntington stated that they will see more businesses on Route 106 and asked if the Board would allow them all to have blinking/flashing signs. Chairman Powelson said that the sign changes but the message is left long enough to read so it is not really flashing like a motel sign. He said that the Board will have to look at each one that comes before them.


Debra Rattee — Building permit extension request. Steve Jackson spoke on behalf of Ms. Rattee. He explained that this building permit is for Map 38, Lot 7-1 which has recently been conveyed to new owners. He stated that the original building permit was applied for in October of 2005, was granted in January of 2007, and an extension was granted by the ZBA in January of 2008. Mr. Jackson said that the new owners plan to start building in the spring of 2009 as they are currently working on their financing. There was discussion of how many permits are available for 2009 and clarification that this is a request for an extension of an already issued permit not a request to swap for one from next year's count. Chairman Powelson said he is not sure that the Board has done extensions twice on the same permit in the past. The new owner, Kristen Anderson, said that they just closed on the land and are waiting for financing to be finalized, along with the sale of her condo. Howard Pearl said that he could not see a big issue with the request. Ned Lizotte noted that they have just bought the land and

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it is late in the season to be pulling things together to build this year. Howard Pearl and George Saunderson each said that they were not opposed. Jim Venne said that he would feel differently if the land had not sold but was not opposed under the circumstances. Roy Merrill made a motion to grant an extension of one year through the end of 2009 for building permit #07-028; seconded by Ned Lizotte. Howard Pearl said that he feels that the circumstances warrant the extension. George Saunderson suggested that they could do six months. Roy Merrill said that things might not go as planned with the market and financing so he would recommend the year extension. All were in favor.

PUBLIC HEARINGS:

Case #08-25, Ernest & Lisa Mills — Special Exception for Driveway into Wetland District, Map 47, Lot 12 (12-2).

Case #08-26, Ernest & Lisa Mills — Special Exception for Reduced Setback and Wetland Buffer, Map 47, Lot 20.

Web Stout of FWS Land Surveying represented the applicants. He explained that the applicants have owned Lot 20 (no frontage) for about ten years and have purchased Lot 12 within the last couple of years. Mr. Stout said these are two separate parcels and the proposal is to subdivide them and get one additional lot. He said they walked the property with the Conservation Commission a couple of months ago and other Commission members have walked it since then. Mr. Stout said that he met with the Commission on September 10th and they had some real issues with one of the original proposed lots which resulted in the withdrawal of a third application to the ZBA and revision of the plan.

Mr. Stout said that the Commission is very inclined to work with the applicants on the five acre lot (12-2) on the crossing. He explained that the other application is for the driveway to Lot 20 which would go through the wetland buffer and the side setback. He said it would be 4-5' off the 25' buffer and about halfway into the side setback. Donna reported that Julie Robinson called the Zoning office earlier in the day and said that she was having trouble getting coverage for the meeting. Mrs. Robinson said that the Commission has walked the property, have met and discussed the proposal with no concerns other than the one lower lot that was withdrawn. Mr. Stout explained that there will be a lot line adjustment and subdivision to create 122' of frontage for Lot 20, making a non-conforming lot more conforming. He stated that the area does not require shoreland protection permitting. There was discussion on the frontage and access to the back lot.

Chairman Powelson stated that they have to wait thirty days for the Conservation Commission feedback. He said that the Board should go through the application and hear any abutters. He said that he was not sure there was need to review the site

since the Conservation Commission has already done that. Roy Merrill asked what would happen if the Planning Board did not approve or made changes to the proposal. He said it could be possible that the crossing would change or the Planning Board might not like the lot line adjustment. Mr. Stout said that he did not think that would happen, explaining that the configuration of Lot 12-3 might change minimally if anything. Mr. Merrill asked if they are going to the Planning Board in October. Mr. Stout explained that they have to have the ZBA approvals before going to the Planning Board. Dave Powelson said that the ZBA would be first and the approval would be contingent on the Planning Board completing the process. He spoke about the notification of other Boards and parties required by the Ordinance and how the timing of application deadlines and meetings makes it difficult to get a 30 day notice out without delaying a case. Donna stated that the Conservation Commission and Health Officer receive the same packets as the Board so that would be their notification. Howard Pearl asked Mr. Stout if this was presented to the Conservation Commission. Mr. Stout said that it was and then was revised and one application for another lot was withdrawn as a result of that presentation. There was discussion of Section 301.5 with regard to notification of the Planning Board, Conservation Commission, and Health Officer. Discussion also ensued with regard to the comments received from Julie Robinson and the fact that the Commission did not send anyone with objections to the applications. Lisa Mills stated that the Commission met with them in July and again in August, the Board received their comments through Donna, and she feels that is more than sufficient notification and response. Board members agreed that the applications could be heard.

#08-25. Mr. Stout went through the points of the application. Chairman Powelson pointed out that an impact area is not really shown on the conceptual plan. Mr. Stout explained that he has not done the grading on that yet, noting that the State likes to see it at the narrower spot which is close to a big wet area. He said the crossing is wider but away from that area. He said he cannot be sure of the area until he knows what the Conservation Commission and DES would require for pipe. He explained that the area would be approximately 30' x 20' and he figured it to be between 600 to 1000 sf. Mr. Stout stated that an expedited minimal impact is considered to be anything under 3000 sf. Howard Pearl asked if this will impact steep slopes. Mr. Stout said it is way under the 2500 sf that are allowed, noting that it is approximately 20' x 35'.

Chairman Powelson asked if there was anyone wishing to speak in favor of or against the application. Hearing none, he closed the hearing to the public and opened it to the Board only. Roy Merrill made a motion to approve Case #08-25 as presented; seconded by Ned Lizotte. Howard Pearl said that it appears to be pretty straightforward, there is no opposition from the Con-

servation Commission, and it is a well designed plan.

A roll vote was taken: George Saunderson — Yes; Ned Lizotte — Yes; Dave Powelson — Yes; Roy Merrill — Yes; Howard Pearl — Yes. Unanimous — PASSED

#08-26. Mr. Stout went through the points of the application. Howard Pearl asked how much of a reduction of the side setback they are requesting. Mr. Stout said they are asking for a reduction of 15' to 15'. Chairman Powelson asked Mr. Stout about the responses to questions 6 and 7 on part two of the application. Mr. Stout said that he did not do any measurements of driveways on other lots in the area so cannot say one way or another about the comparability of neighboring lots. Howard Pearl clarified that the area of relief is 400' off Old Shaker Road. Mr. Stout said that was correct. There was discussion of the area of the reduced setback and buffer encroachment. It was determined that the area does not affect the buildable area of the abutting property, is well off the road, and is the preferable plan as compared to going through the wetland buffer to a greater extent. Dave Powelson asked if there were concerns about the devaluation of other lots. Howard Pearl said that would not be an issue as this is making these lots more usable. Ned Lizotte said the plan is adding value to the lot. Chairman Powelson asked if there were any abutters who wished to speak in favor of or against the application. There were no abutters present. Donna reported that several abutters had come to the office to see the plan or called for more information. All were alright with the proposal other than one abutter noting that there is already a problem with a culvert in that area and they would not want to see any construction add to that. Mr. Stout pointed out the culvert and abutter's driveway which are approximately 225' from this proposed driveway.

Chairman Powelson closed the hearing to the public and opened it to the Board only. Ned Lizotte made a motion to approve Case #08-26 as presented with a reduced side setback to 15' and allow the construction through the wetland buffer; seconded by Howard Pearl. A roll vote was taken: Howard Pearl — Yes; Roy Merrill — Yes; Dave Powelson — Yes; Ned Lizotte — Yes; George Saunderson — Yes. Unanimous — PASSED

Case #08-22, Jake Bronnenberg — Special Exception for an Accessory Structure, Map 7, Lot 4. Mr. Bronnenberg could not be present at the meeting. A letter to extend his building permit was received

from Mr. Bronnenberg. Jon Huntington stepped down from the Board as an abutter to this property.

Chairman Powelson stated that the points of the application were covered at the August meeting. He explained that a field review was done earlier this month and that the applicant wants to build a pole barn this year which is permissible by special exception if on the building permit list. He said that the Board has seen a copy of the conservation easement deed for the property and turned in a copy for the record. Howard Pearl said that it appeared from the site visit that this is pretty straightforward and well within the Board's jurisdiction. Mr. Powelson stated that abutter Tom Bardwell has a disagreement on the property line but it would appear that neither the applicant or Mr. Bardwell will gain or lose much once they determine the lines. He said that the barn would not be close to either line that might be used.

Ned Lizotte made a motion to extend building permit #08-060 for one year through the end of 2009; seconded by Roy Merrill. All were in favor.

Howard Pearl made a motion to approve the application as presented; seconded by George Saunderson. A roll vote was taken: George Saunderson — Yes; Ned Lizotte — Yes; Dave Powelson — Yes; Roy Merrill — Yes; Howard Pearl — Yes. Unanimous — PASSED

Jon Huntington returned to the Board.

Case #08-27 & #08-28, Del Gilbert & Son Block Co. — Special Exception for Gas Filling Station and Special Exception for Subsurface Storage Tanks, Map 49, Lot 124.

A request was received from the applicant's representative to table the applications to the October 23, 2008 meeting. A motion to table the two applications to October 23, 2008 at 7:00 p.m. in the Community Building was made by Roy Merrill; seconded by Ned Lizotte. All were in favor. There will be no further notification. Ned Lizotte said that it would be important to have the fire department present at that meeting as there are concerns that will need to be addressed.

ADJOURNMENT:

Jon Huntington made a motion to adjourn the meeting at 9:00 p.m.; seconded by Ned Lizotte. All were in favor.

Respectfully submitted,
Donna White
Administrative Assistant

Please note that both Planning and Zoning Minutes are DRAFT minutes, i.e., they have not been approved yet. For a copy of the approved minutes, please contact the Planning/Zoning Office after their monthly meetings (798-4540).

**Planning Board meets the
third Thursday of the month at 7 p.m.**

**Zoning Board meets the
fourth Thursday of the month at 7:30 p.m.**

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November 2008 in Loudon

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 MVMS BOOK FAIR 6:30pm•Happy Hill 4H Club @ the American Legion	4 ELECTION DAY 10:30am•Storytime @ Library 5pm•Library Trustees Meeting @ Library 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•Lions Club @ Library	5 2pm•Storytime @ Library 6pm•Conservation Com. @ Com. Bldg. 6:30pm•Girl Scout Volunteers @ LES 7pm•Historical Society	6 10:30am•Storytime @ Library 6:30pm•PTA @ Elem. School	7 REPORT CARDS OUT	8
9	10 8pm•Loudon Fire Dept. Meeting	11 VETERANS DAY NO SCHOOL 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting/Board of Permit @ Com. Bldg.	12 10am•Young at Heart @ VOANNE. Bring donations for food pantry. NOTE CHANGE IN DATE THIS MONTH ONLY. 2pm•Storytime @ Library 6pm•Conservation Commission @ Com. Bldg. 6:30pm•Girl Scout Volunteers @ Elem. School	13 Turkey Trot at Elementary School 10:30am•Storytime @ Library	14 LOUDON LEDGER DEADLINE FOR DECEMBER ISSUE	15
16	17 6:30pm•COMMUNICATIONS COUNCIL ANNUAL MEETING @ COM. BLDG.	18 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•Lions Club @ Library	19 2pm•Storytime @ Library 6:30•MVMS PTO 7pm•American Legion & Auxiliary Meeting	20 10:30am•Storytime @ Library 7pm•Planning Board @ Com. Bldg.	21 MVMS Hat Day	22 GIRL SCOUT BAKE SALE AT THE LIBRARY
23	24	25 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting/Work Session @ Com. Bldg. 7pm•LYAA @ Library	26 7:30•Library Book Group	27 THANKSGIVING DAY 7pm•Zoning Board of Adjustment @ Com. Bldg.	28	29
30			NO SCHOOL			



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