

# The Loudon Ledger

PUBLISHED BY THE LOUDON COMMUNICATIONS COUNCIL



**November 2010**  
**Volume 12, Issue 10**

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## Annual Harvest Supper Held

*By Debbie Kardaseski*  
*Loudon Fire Department*

The Loudon Fire Department Association held its annual Harvest Supper Saturday, October 16. This event has a long tradition in Loudon and people travel for miles to attend. The menu is the same each year: all-you-can eat corned beef, gravy, mashed potatoes, squash, beets, carrots, cabbage, turnips, rolls, apple cider, home-baked pies, and apple crisp.

The preparation actually begins Wednesday night when people wrap silverware in napkins and organize piles of plates to facilitate setting tables Saturday.

Friday during the day, 790 pounds of corned beef is cooked all day in gas ovens lined up outside the back of the fire station. Mike LaBonte and Don DeAngelis were this year's co-chairs of the Harvest Supper Committee. Mike and "Big" Mick Mulkhey have been the kitchen bosses for a number of years and have the knowledge of just how things need to be organized, cooked, and served. They have a huge "staff" assisting them because it takes a lot of work and a lot of people to serve over 400 meals in just 2-1/2 hours!

Friday evening people begin arriving around 5:00 with their peelers and knives in hand to begin the tedious task of peeling 6 bushels of squash, 300 pounds of potatoes, 165 pounds of carrots, and 350 pounds of turnips. The group gathers around long tables and the peelings, squash seeds, and carrot ends begin to fly. Everything is cut up, washed, and loaded into huge pots in preparation for cooking the next day. Pots full of Fall vegetables are lined up all over the kitchen. In addition to the vegetables that had to be peeled, 350 pounds of beets are washed and about 6 bushels of cabbage are prepped.

Saturday morning apparatus is moved out of the station, floors are swept, tables and chairs are lined up, covered in tablecloths and centerpieces, and set. The long dessert tables are arranged and the home-made pies and apple crisp begin to arrive along with donations of coffee, pickles, and cider. Sixty dozen rolls are placed in baskets. By 3 p.m., people begin lining up in anticipation of the best \$10 meal you'll taste anywhere.

Ticket sales start at 4:00; the food is served a little early this year because by 4:45, a full sitting of hungry folks is waiting! This year, a sitting had grown



to 180 people, up from 150 in the past. There were more chairs for people waiting too, so fewer people had to stand while waiting up to an hour between sittings.

Once everyone was seated, volunteers began bringing out steaming bowls of food. And the food kept coming! You want more mashed potatoes? No problem! Another glass of cider? Here you go! And so it went for three full sittings! Around 8:00, the volunteers were finally able to sit and enjoy the delicious meal.

However, there's no rest for the weary! As soon as the workers finished their meal, it was time to clean up. All the pots had to be emptied and scrubbed. Tables were cleaned up, washed up, folded up, and stored. Chairs were folded and hung on their racks. The leftover food was packaged and taken to the Friendly Kitchen in Concord. All the fire apparatus was moved back inside.

This annual event would not be possible without the assistance of

many people. It would be impossible to name everyone who helped as someone would probably be left out. Entire families worked serving and cleaning up. It was a lot of work and a lot of fun. The Harvest Supper is the Fire Association's major fundraiser each year. In the past, the proceeds have purchased ambulance equipment, meeting

room furniture, and many other items around the station, including the tables and chairs used at the supper. This year, most of the proceeds will be donated to the Loudon Food Pantry to help stock their shelves with food.

The Association thanks the following businesses and individuals for either donated services/items or items sold at reduced prices: Everett Gage, Brian Ramsay, Meadow Ledge Farm, H.P. Hood, and Frank Trombley.

Thanks also to the following businesses who donated raffle prizes: Huckleberry Propane & Oil, The Eggshell Restaurant, Brookside Pizza, Yellow Submarine, Hair Razors, and North Country Tractor.

And an especially big "thank you" goes to all of the volunteers and pie bakers — their efforts prove the volunteer spirit is alive and well in the town of Loudon. We also appreciate everyone who attended this important — and delicious — fundraiser. ■



## Town of Loudon Office Hours

### Selectmen’s Office

PO Box 7837 • 798-4541

*Selectmen meet Tuesday evenings at 6:30 p.m. in the Community Building.*  
Mon.–Thurs.: 8 a.m.–4 p.m. • Tues. evenings: 6 p.m.–9 p.m.

### Town Clerk

PO Box 7837 • 798-4542

Mon.: 8 a.m.–2 p.m. • Tues.: 3 p.m.–9 p.m. • Wed.–Thur.: 9 a.m.–4 p.m.

### Planning/Zoning Board

PO Box 7837 • 798-4540

*The Planning Board Meets the third Thursday of the month at 7:00 p.m. in the Community Building. The Zoning Board meets the fourth Thursday of the month at 7:00 p.m. in the Community Building.*  
Mon. through Thurs.: 8 a.m.–4 p.m. • Tues. evenings open until 7 p.m.

### Tax Collector

PO Box 7844 • 798-4543

Tues.: 3 p.m.–9 p.m. • Wed.–Thurs.: 9 a.m.–4 p.m.

### Police Department: Emergencies: 911

PO Box 7059 • 798-5521

Mon.–Fri.: 8 a.m.–4:00 p.m.

### Code Enforcement

PO Box 7059 • 798-5584

Mon.–Fri.: 8 a.m.–4:00 p.m.

### Fire Department: Emergencies: 911

PO Box 7032 • 798-5612

*The Fire Department holds its general meeting on the second Monday of the month at 7:30 p.m. in the Safety Building. To obtain a fire permit, please stop by the station weekdays between the hours of 7 a.m. and 6 p.m.*  
*Fire permits for the weekend need to be obtained during these times.*

### Loudon Elementary School

7039 School Street • 783-4400

*The School Board meets the second Monday of the month at 7:15 p.m. Call the Superintendent’s Office for meeting location.*

### Transfer Station

783-0170 • Tues. & Thurs.: 9 a.m.–5 p.m. (Winter)

Tues.: 9 a.m.–5 p.m. • Thurs.: 11 a.m.–7 p.m. (Summer) • Sat.: 8 a.m.–5 p.m.  
*Loudon residents can purchase facility stickers at the transfer station for \$1.00. See the attendant.*

### Highway Department

Road Agent: David Rice • 783-4568

Mon.–Fri.: 7 a.m.–3:30 p.m.

### Maxfield Public Library

Librarian: Nancy Hendy • 798-5153

Mon.: Closed • Tues.: 10 a.m.–9 p.m. • Wed.: 1–9 p.m.  
Thurs.: 10 a.m.–9 p.m. • Sat.: 9 a.m.–1 p.m.

*The Library Trustees meet at 5 p.m. on the first Tuesday of the month.*

### John O. Cate Memorial Van

Call 783-9502 at least a week in advance of your appointment to schedule a ride. The John O. Cate Van committee meets the last Thursday of the month at 2 p.m. at their facility at the Transfer Station.

### Loudon Food Pantry

30 Chichester Road, Unit D, Loudon

Open Wednesdays and Thursdays from 10 a.m.–6 p.m.

For more information, call Sue or Sarah at 724-9731 or email [LoudonFoodPantry@yahoo.com](mailto:LoudonFoodPantry@yahoo.com)

## Loudon Representatives

### Merrimack County — District 6

**Maureen Baxley:** PO Box 67, Andover, NH 03216. 682-3782

**Claire D. Clarke:** 437 Daniel Webster Hwy., Boscawen, NH 03303. 796-2268

**Priscilla P. Lockwood:** PO Box 1, Canterbury, NH 03224. 783-4349

**Joy K. Tilton:** 4 Hill St., Northfield, NH 03276. 286-8806

**Frank A. Tupper:** PO Box 92, Canterbury, NH 03224. 783-4110

**Deborah H. Wheeler:** 38 Bay St., Northfield, NH 03276. 286-8212

### Senators — District 07

**Harold W. Janeway:** 225 Tyler Rd., Webster, NH 03303. 271-7585

## Loudon Ledger Submission Policy

All groups, organizations, individuals, etc. are encouraged to submit articles to the *Loudon Ledger*. Special events, landmark anniversaries or birthdays, “attaboys,” etc. are all welcome.

Please note, however, that the *Ledger* will uphold its mission:

*To provide a comprehensive source of information and education about business, government, and community organizations within Loudon in order to facilitate and encourage informed citizen participation.*

We will also follow our *Articles of Agreement*, which are on file with the Secretary of State:

*The corporation shall not participate in, or intervene in any political campaign on behalf of any political party or candidate for public office, nor shall it sponsor or endorse any plan or proposition that does not facilitate or encourage informed citizen participation.*

In other words, any article submitted must present *all sides* of an issue in a factual, unbiased manner so that the reader may form his/her own opinion based on the information presented. To paraphrase Eric Severard: “You should elucidate but not advocate.”

Articles should be submitted to the Loudon Communications Council, P.O. Box 7871, Loudon, NH 03307. They may be emailed to [debbie@debbiekgraphics.com](mailto:debbie@debbiekgraphics.com). From there, they will be forwarded to the Council for review before they are inserted in the *Loudon Ledger*. If you have any questions regarding this policy, please contact Mary Ann Steele, chairperson of the Council, 267-6509. ■

**Classified Ads are available. Please mail your ad copy, along with a check payable to LCC, to PO Box 7871, Loudon, NH 03307. A 1–3 line, 1-column ad will cost \$10. A 4–5 line, 1-column ad costs \$15.**

## “The Loudon Ledger” 2010 Schedule

**January 2010 Ad & Copy Deadline:** Fri. 12/18 **Council Meeting:** Mon. 12/21

**February 2010 Ad & Copy Deadline:** Fri. 1/15 **Council Meeting:** Mon. 1/18

**March 2010 Ad & Copy Deadline:** Fri. 2/12 **Council Meeting:** Mon. 2/15

**April 2010 Ad & Copy Deadline:** Fri. 3/19 **Council Meeting:** Mon. 3/22

**May 2010 Ad & Copy Deadline:** Fri. 4/16 **Council Meeting:** Mon. 4/19

**June 2010 Ad & Copy Deadline:** Fri. 5/14 **Council Meeting:** Mon. 5/17

**July 2010 Ad & Copy Deadline:** Fri. 6/18 **Council Meeting:** Mon. 6/21

**August 2010 Ad & Copy Deadline:** Fri. 7/16 **Council Meeting:** Mon. 7/19

**September 2010 Ad & Copy Deadline:** Fri. 8/20 **Council Meeting:** Mon. 8/23

**October 2010 Ad & Copy Deadline:** Fri. 9/17 **Council Meeting:** Mon. 9/20

**November 2010 Ad & Copy Deadline:** Fri. 10/15 **Council Meeting:** Mon. 10/18

**December 2010 Ad & Copy Deadline:** Fri. 11/12 **Council Meeting:** Mon. 11/15

**PLAN YOUR ADVERTISING IN ADVANCE!  
TO ADVERTISE, CONTACT: Samantha French/783-4601**

### DISPLAY ADVERTISING RATES:

<b>Business Card</b>	4⅝"W x 2"H	\$35.00/issue
<b>1/8 Page</b>	4⅝"W x 3"H — or — 2⅜"W x 6"H	\$50.00/issue
<b>1/4 Page</b>	9⅜"W x 3"H — or — 4⅝"W x 6"H	\$65.00/issue
<b>1/2 Page</b>	9⅜"W x 6"H — or — 4⅝"W x 11¾"H	\$115.00/issue
<b>Full Page</b>	9⅜"W x 11¾"H	\$230.00/issue

**Purchase an advertising contract for the entire year and SAVE 10%!**

**CLIP AND SAVE FOR FUTURE REFERENCE!**

## The Loudon Ledger

is published monthly by the Loudon Communications Council,  
PO Box 7871, Loudon, NH 03307.

**Council Members:** *Dottie Mulkey, Mary Ann Steele, Tricia Jackson, Jenn Becker, Pete Pitman, and Amanda Masse.*

**Editorial Submissions** may be mailed to **PO Box 7871, Loudon, NH 03307** or sent via email to: [debbie@debbiekgraphics.com](mailto:debbie@debbiekgraphics.com)

*All editorial submissions are approved by the Council before publication.*

**Advertising:** Samantha French — 783-4601 / [harvestmooner@aol.com](mailto:harvestmooner@aol.com)

**Web Site Submissions:** Kathy Pitman — [Loudonwebmaster@comcast.net](mailto:Loudonwebmaster@comcast.net)

## Where to Worship in Loudon

### Family Bible Church

*"Where everybody is somebody, and Jesus is Lord!"*

*Pastor Steve Ludwick*

676 Loudon Ridge Rd., PO Box 7858, Loudon, NH, 03307 • 267-7577  
www.myfamilybiblechurch.org • Email: sludwick@hughes.net

*Coffee & Prayer Time:* Sunday 8–9:10 a.m.

*Sunday Worship:* 9:30 a.m. A blend of hymns & contemporary songs.

Fellowship time following service is provided. Sunday School for ages 4 years–5th grade during worship service. Nursery also Available.

*Sunday Evening:* Youth Group — For Grades 6–11: 6–7:45 p.m.

*Monday:* Men's Fellowship and Prayer 7–8:45 p.m.

*Wednesday:* Women's Bible Study, fellowship, and prayer: 9:15 a.m.

*Ongoing Evening Adult Bible Studies:* call for details

■■■

### Faith Community Bible Church

*Jeffrey Owen, Senior Pastor • Joshua Owens, Associate Pastor*

334 North Village Road, Loudon, NH 03307 • 783-4045 • www.fcbc-loudon.org  
phyllis.ministry@fcbc-loudon.org • Office Hours: Tues.–Thurs. 9 a.m.–2 p.m.

*Sunday Worship Hours:*

8:00 a.m. and 11:00 a.m. (Nursery provided.) • Children's Church for ages 3–grade 3

Sunday School Classes for *all* ages 9:30–10:30 a.m.

*Youth Group for Grades 6–12:* Sunday Evening 6:30 p.m.

*Bible Study:* Thursday mornings at 9:30 a.m. (3rd Thursday of month meets at noon)

*Men's Ministry/Men of Faith:* Saturday 7:00 a.m.

*Women's Ministry:* Third Friday at 6:30 p.m. • *Senior Ministry/SAGES:* Third Monday

*Small Group Ministry/BRIDGES:* Various locations during the week

■■■

### Landmark Baptist Church

Fundamental, Independent, Biblical, Caring

*Pastor Paul J. Clow*

103 Chichester Road, Loudon, NH 03307 • 798-3818 • www.landmarkbaptistchurch.info

*Sunday School:* 9:30 a.m. (Nursery Provided) (**New Beginnings Class:** for those interested in the Christian Faith and in Landmark Baptist Church. This is a time for questions and answers about what it means to be a Christian and what we believe here at Landmark!)

*Sunday Morning Worship:* 10:30 a.m. (Nursery and Children's Church Provided)

*Sunday Evening:* 6 p.m. • *Master Club:* Weds. 6:30–8 p.m. (ages 5–6th grade)

*Wednesday Evening Bible Study:* 7 p.m. (Nursery Provided. We are studying verse by verse through various books of the Bible.)

*Saturday Street Witnessing:* 9:30 a.m. • *Saturday Youth Group:* 7–9 p.m. (Grades 7–12)

We never cancel services for any reason!

■■■

### Loudon Center Freewill Baptist Church

*Rev. Henry Frost*

Clough Hill Road. Mailing address: P.O. Box 7852, Loudon, NH 03307 • 783-4540

*Member of the American Baptist Churches of VT/NH (Lakes Area Association)*

*Sunday Worship:* 10:00 a.m.

■■■

### Loudon Congregational Church

*Rev. David D. Randlett, III*

7018 Church Street, PO Box 7034, Loudon, NH 03307 • 783-9478 • www.loudoncongregational.org

*Sunday Worship:* 9:30 a.m. (Staffed nursery for infants–pre-K)

*Sunday School (all ages):* 11:15 a.m. (Sept.–June)

*Tuesday and Wednesday Evenings:* Regional PrayerWatch Groups and Christian Study Groups (call for details)

*Loudon Congregational is a member church of the Conservative Congregational Christian Conference (www.cccusa.org).*

### GraveRobbers Coffeehouse

*A community hospitality project of Loudon Congregational Church.*

GraveRobbers is a safe, fun setting for everyone! Coffeehouse concerts are held the **first Saturday of every month at 7 p.m.** featuring accomplished musical artists of various styles in a casual, café setting (doors open at 6:30). There is no admission to the concerts; however, donations for the artists are encouraged. Refreshments are available at reasonable prices.

■■■

### New Beginnings Church of the Nazarene

*Rev. W. John White, Senior Pastor*

33 Staniels Rd, Loudon NH 03307 • Ph: 224-1311 • Office Hours: 9–2, Mon.–Fri.  
phyllish@LNBnazarene.org • www.LNBnazarene.org

*Sundays:* *Sunday School & Adult Bible Studies:* 9:15 a.m.

*Worship:* 10:30 a.m. (Childcare provided for Infants.) *Jr. Kids Church* (2-year-olds–Kindergarteners.)

*Kidsville* (Grades 1–4)

*Early Evening:* House Churches. (Call the church or visit our website for a location near you.)

*Tuesdays:* *Early Youth Group* (Grades 5–6). 6:30–8 p.m. Brian & Jill Bollinger: 267-1744

*Wednesdays:* *Youth Group* (Grades 7–12). 6:30–8:00 p.m. (Brian Bollinger)

*Adult Bible Studies:* 7:00 p.m.

*Other:* Once a month will also have events for men, women, adults, and seniors (50+) called OASIS.

Please visit our website or call the church office for details.

■■■

### SonLight Christian Fellowship

*Pastor Thomas Friedrich*

Currently meeting at the Loudon American Legion Hall, So. Village Rd.

Mailing address: 55 Wiggins Road, Loudon, NH 03307 • 798-3112 • pastor@sonlightchristian.org

*Sunday Worship:* 10:30 a.m. *First Sunday of Every Month:* Communion Service followed by potluck luncheon. *Third Sunday of Every Month:* Men's and Women's Ministry Luncheon following services.

■■■

To have your Church's information added to this column, please email your information to [debbie@debbiegraphics.com](mailto:debbie@debbiegraphics.com)

## The Frenches Celebrate 55 Years Together!



Bob and Pat French celebrated their 55th wedding anniversary on October 15, 2010.

They were married at St. Mary's Church in Prestbury, England, Pat's home town, in 1955. They have three children, five grandchildren, and two great-grandchildren, with a new due in March, and, of course, their beloved Boston Terrier. ■



## Loudon Police Department News

*By Robert N. Fiske, Chief of Police*

## 10th Annual Blood Drive

The Loudon Police Department will be sponsoring our 10th Annual American Red Cross Blood Drive on Tuesday, November 30, 2010. The event will be held at the Arthur Colby Safety Building at 8 Cooper Street from 2:00–7:00 p.m. If you are interested in donating a baked good or crock pot (chili, stews, etc.) or volunteering some time, please contact Janice Morin at 798-5521 or via e-mail at [jmorin@loudonpolice.com](mailto:jmorin@loudonpolice.com).

## NIXLE

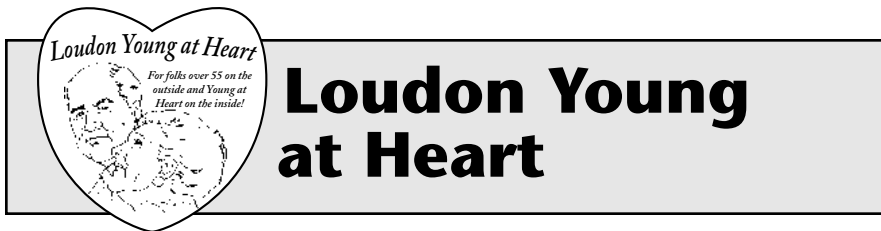
A reminder the Loudon Police Department has created an account at NIXLE. NIXLE allows us to send a message out regarding emergency information such as an ALERT (lost child, emergency road closure due to an accident), ADVISORY (weather, traffic information, etc.), COMMUNITY (general information such as events), and TRAFFIC (general traffic information) As a Loudon resident you may sign up at <http://local.nixle.com/register/>. There is no cost for signing up. You can choose to be notified via e-mail or a text message to your cell phone or both. We hope to be using this application on a regular basis to keep our residents up to date.

## The Holidays Are Approaching Fast!

As the holidays fast approach, I remind you to please use common sense while attending family gatherings and office parties. **PLEASE**, if you intend to drink, please plan on a designated driver. It may save yours or somebody else's life! Also, in inclement weather, plan extra time in your travels. Allow yourself not only extra time but extra space between vehicles. **PLEASE WEAR YOUR SEATBELTS!**

*From everyone at the Loudon Police Department,  
have a Safe & Happy Thanksgiving!*





## Loudon Young at Heart

Young at Heart members are reminded the November 9 meeting will be held at Charlie's Barn. It is Show 'n Tell, so dig in your closet or the attic and find something that you think will interest and intrigue folks. We have had some real fun with this program in the past. The meeting begins at 10:00 a.m. with the business part, followed by the Show 'n Tell. Lunch will be served by Community Action for a \$2.00 donation.

Loudon Young at Heart is open to any senior living in Loudon. There is no membership fee. Meetings are normally held the second Tuesday of the month, often at Charlie's Barn. Please join us and learn what the group is all about. ■



### Walk-In Immunization Clinics

Concord Regional Visiting Nurse Association is offering the following affordable monthly walk-in Immunization Clinic for all ages:

Monday November 1 1–3 p.m.  
Tuesday November 16 2:30–4:30 p.m.

Immunization Clinics are held at St. Paul's Episcopal Church Outreach Center, 21 Centre Street, Concord. A fee of \$5.00 is requested per child (under 18). Adult vaccination costs vary by the cost of the individual vaccines. Children must be accompanied by a parent or guardian. Please bring an immunization record with you. For more information call Concord Regional Visiting Nurse Association Community Health Services at 224-4093 or 800-924-8620, extension 5815.

### Walk-In Blood Pressure Clinics

Concord Regional Visiting Nurse Association is offering the following FREE monthly walk-in Blood Pressure Clinics:

Wed., Nov. 3, 10 a.m. to Noon Hannaford's Pharmacy, Ft. Eddy Rd., Concord

Fri., Nov. 5, 9–11 a.m. West Street Ward House, Concord

Wed., Nov. 10, 10:30–11:30 a.m. White Rock Senior Living Community, Wellness Office 6 Bow Center Rd., Bow

Concord Regional Visiting Nurse Association offers blood pressure screenings in the areas that it serves. Blood pressure screenings are a good way for individuals to track their blood pressure for upcoming visits to their physician. Blood pressure screenings are free of charge. For more information call Concord Regional Visiting Nurse Association at 224-4093 or 800-924-8620.

### Concord Regional Visiting Nurse Association Offers Public Seasonal Flu Clinics

Concord Regional Visiting Nurse Association Community Health Services are conducting public seasonal flu clinics this fall. Specially-trained nurses are available to administer seasonal flu shots to people age 4 and over and answer your flu-related questions.

The fee is \$30 per immunization (cash or check) or Medicare B, Medicaid, Healthy Kids, or Anthem (prefix of YG or R) are accepted. Clients with insurance ID cards at the clinics do not have to pay a fee. The published rate is \$40. Seasonal flu clinics are dependent upon the availability of the flu vaccine and are subject to change. ■



## LOUDON BUILDING SUPPLY

### 798-3200

94 Bee Hole Road, Loudon, NH  
(Off Rt. 129 — 1 mi. from intersection of Rt. 106)  
Monday–Friday 7–5 • Saturday 8–1

**FREE DELIVERY**

## Richard Brown House



The residents and staff of Richard Brown House were recently awarded the "Program of the Year" award by Volunteers of America.

Staff from the main office in Brunswick, ME came to Loudon and put on a cook-out for everyone. Prior to eating, the award was presented to staff and residents citing their efforts in improving the quality of life at Richard Brown House.

Many thanks to everyone from Loudon and surrounding communities who participated in the AARP Safe Driving course. There were 15 in all who completed the 8-hour course and found it very informative. If there is enough interest we are hoping to offer the course again in about a year.

Residents of Richard Brown House have been busy in their kitchens. They have enjoyed a corn chowder luncheon, a community breakfast with waffles, and a turkey dinner.

We are actively seeking persons for our waiting list at RBH. Apartments are independent living and have complete kitchens and one bedroom. If you are interested contact the manager, Mike, at 798-3190.

The Concord Regional Visiting Nurse Association will be holding a seasonal flu clinic at RBH on November 3. The clinic is from 10:00 a.m. to noon and is open to anyone seeking to protect themselves against the flu. Cost is \$30 per immunization or Medicare B, Medicaid, Healthy Kids or Anthem (prefix YG or R). ■

## Original Art Christmas Cards by Conrad Young

Loudon Village Arts had their juried Fine Art Show on Friday, October 8th, and Saturday, October 9th, at the Maxfield Public Library.

The show was well attended and featured eleven very diversified artists with over 100 original pieces of art.

Local artist, Conrad Young, submitted five pieces of art, including the original watercolor of his 2010 Christmas card entitled, "Christmas Eve Memories." This painting was voted by show attendees as runner up for "Best of Show." More information is available by calling Conrad at 224-6361 or emailing [pnyoung@comcast.net](mailto:pnyoung@comcast.net). ■





## FROM THE FIRE DEPARTMENT

# The History of Fire Prevention Week

*The following information came from National Fire Protection Association's web site: [nfpa.org](http://nfpa.org).*

### Commemorating a Conflagration

Fire Prevention Week was established to commemorate the Great Chicago Fire, the tragic 1871 conflagration that killed more than 250 people, left 100,000 homeless, destroyed more than 17,400 structures and burned more than 2,000 acres. The fire began on October 8, but continued into and did most of its damage on October 9, 1871.

According to popular legend, the fire broke out after a cow — belonging to Mrs. Catherine O'Leary — kicked over a lamp, setting first the barn, then the whole city on fire. Chances are you've heard some version of this story yourself; people have been blaming the Great Chicago Fire on the cow and Mrs. O'Leary, for more than 130 years. But recent research by Chicago historian Robert Cromie has helped to debunk this version of events.

### The "Moo" Myth

Like any good story, the 'case of the cow' has some truth to it. The great fire almost certainly started near the barn where Mrs. O'Leary kept her five milking cows. But there is no proof that O'Leary was in the barn when the fire broke out — or that a jumpy cow sparked the blaze. Mrs. O'Leary herself swore that she'd been in bed early that night, and that the cows were also tucked in for the evening.

But if a cow wasn't to blame for the huge fire, what was? Over the years, journalists and historians have offered plenty of theories. Some blamed the blaze on a couple of neighborhood boys who were near the barn sneaking cigarettes. Others believed that a neighbor of the O'Leary's may have started the fire. Some people have speculated that a fiery meteorite may have fallen to earth on October 8, starting several fires that day — in Michigan and Wisconsin, as well as in Chicago.

The biggest blaze that week While the Great Chicago Fire was the best-known blaze to start during this fiery two-day stretch, it wasn't the biggest. That distinction goes to the Peshtigo Fire, the most devastating forest fire in American history. The fire, which also occurred on October 8th, 1871, and roared through Northeast Wisconsin, burning down 16 towns, killing 1,152 people, and scorching 1.2 million acres before it ended.

Historical accounts of the fire say that the blaze began when several railroad workers clearing land for tracks unintentionally started a brush fire. Before long, the fast-moving flames were whipping through the area "like a



tornado," some survivors said. It was the small town of Peshtigo, Wisconsin that suffered the worst damage. Within an hour, the entire town had been destroyed.

Eight decades of fire prevention Those who survived the Chicago and Peshtigo fires never forgot what they'd been through; both blazes produced countless tales of bravery and heroism. But the fires also changed the way that firefighters and public officials thought about fire safety. On the 40th anniversary of the Great Chicago Fire, the Fire Marshals Association of North America

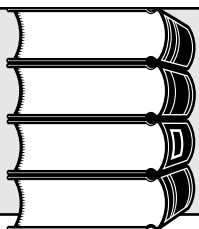
(today known as the International Fire Marshals Association), decided that the anniversary of the Great Chicago Fire should henceforth be observed not with festivities, but in a way that would keep the public informed about the importance of fire prevention. The commemoration grew incrementally official over the years.

In 1920, President Woodrow Wilson issued the first National Fire Prevention Day proclamation, and since 1922, Fire Prevention Week has been observed on the Sunday through Saturday period in which October 9 falls. According to the

National Archives and Records Administration's Library Information Center, Fire Prevention Week is the longest running public health and safety observance on record. The President of the United States has signed a proclamation proclaiming a national observance during that week every year since 1925.

As part of Fire Prevention Week, Loudon Fire Department visits Loudon Elementary School and hosts groups of students at the station. While there, the kids get a chance to see all the gear a firefighter wears plus a look at all the apparatus. ■





## Maxfield Public Library News



Scenes from the Loudon Village Arts first annual Fine Arts Show.



Scenes from the Loudon Village Arts first annual Fine Arts Show.

### Apple Picking

Story time would like to thank Louie, Lenny, and Meadow Ledge Farm, for another great time at our annual apple picking field trip. The children enjoyed a taste of apple cider, a tractor ride through the farm, and the chance to fill a bag with delicious apples. We look forward to next year's visit.

### Story Time

As the autumn leaves swirl in the November wind, story timers will listen to Marty Kelly's book *Fall is Not Easy* and Zoe Hall's book, *Fall Leaves Fall* on November 2nd, 3rd, and 4th. The children will take home a craft fashioned with leaves that do not need to be raked into piles!

On November 9th, 10th, and 11th, we'll bundle up as we read *Every Autumn Comes a Bear* and *Sleep, Big Bear, Sleep*, by Jim Arnosky and Maureen Wright. Everyone will create an autumn decoration to hang in their entry way.

As we get closer to the holiday, the stories read will be *The Ugly Pumpkin* by Dave Horowitz and Laurie Friedman's *Thanksgiving Rules*. The craft on the 16th, 17th, and 18th of the month will be a table top, pine cone turkey.

Join us Thanksgiving week for the movie *Toy Story 3*. Showtime will be Tuesday, the 23rd at 10:30 a.m. Juice and popcorn will be provided. (There will be no story time Wednesday the 24th or Thursday the 25th.)

On November 30th and the 1st and 2nd of December, story timers will hear how animals prepare for the coming winter with Melissa Stewart's *Under the Snow* and Margaret Hall's *Hibernation*. In the craft time to follow, the children will create their own cave for a bear to hibernate in during the winter months.



Fall apple picking fun at Meadow Ledge Farm.



Why did they let the turkey  
join the band?

ODAYHIL

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## First Annual Fine Arts Show

Hoping this will be the first of many, the Loudon Village Arts (LVA) held its first annual Fine Arts Show at the library on October 8th and 9th. Eleven artists from around the state exhibited their amazing work in an array of media — pastel, pencil, watercolor, oil, acrylic, airbrush, mixed media, and photographs. Artists with work included in the juried show were: Martha Butterfield, Helen Hayes, Debbie Kardaseski, Ken Krzewick, Joyce Morin, Fred Peters, Michal Smigowski, Mary Villaume, Tony Williams, and Conrad Young.

Portsmouth artist Michal Smigowski won *Best of Show* for his pencil rendering of *Okie*, a weathered visage from the days of the Dust Bowl. Door prizes included a print entitled *George Washington* by Michal Smigowski, won by Jen Stringer, and a nostalgic interpretation of the *Old Man on the Mountain*, by Conrad Young, of Loudon, won by Caleb Rainville. Bob Mann was the lucky winner of the raffle prize, an original watercolor entitled *Meadowlands*, by Manchester artist Frank Moulin. Congratulations to all the winners! The LVA is looking forward to hosting more art shows at the Maxfield Library and invites area artists to inquire about submitting their work for inclusion.

## New Books

### Fiction

Connelly, Michael	<i>The Reversal</i>
Coulter, Catherine	<i>Valcourt Heiress</i>
Follett, Ken	<i>Fall of Giants</i>
Parker, Robert B.	<i>Painted Ladies</i>
Sandford, John	<i>Bad Blood</i>
Smith, Martin Cruz	<i>Three Stations</i>
Steel, Danielle	<i>Legacy</i>
Woods, Stuart	<i>Santa Fe Edge</i>

### Nonfiction

Bryson, Bill	<i>At Home</i>
Carter, Jimmy	<i>White House Diary</i>
De Botton, Alain	<i>A Week at the Airport</i>
Guillebeau, Chris	<i>The Art of Non-Conformity</i>
Hawking, Stephen	<i>The Grand Design</i>
Woodward, Bob	<i>Obama's Wars</i>

## New DVDs

*Beauty and the Beast, The Girl Who Played with Fire, Iron Man 2, The Karate Kid, Letters to Juliet, Prince of Persia, Robin Hood, Tinker Bell and the Great Fairy Rescue*

## Just the Classics Book Group

Since the library addition was built in 1996 and meeting space became available, our book group has been (and still is) going strong. By alternating fiction and non-fiction, we cover a wide range of interests for both men and women of ages ranging through seven decades! Now a new group of purists has sprung up with a passion for the classics. This group will meet on the second Tuesday of the month at 2 p.m., and invites all who share their love of books with timeless appeal.

## Holiday Hours

In observance of Veteran's Day, the library will be closed Thursday, November 11th. The library will be open 10 a.m. to 2 p.m. on Wednesday, the 24th and closed on Thursday, the 25th. **HAPPY THANKSGIVING!**

## Library Hours

Tuesdays and Thursdays 10 a.m.–9 p.m. / Wednesdays 1–9 p.m. / Saturdays 9 a.m.–1 p.m. ■



*A Story Time youngster enjoys the outdoors.*



*We love to pick apples!*



*"Yum... fresh apples!"*

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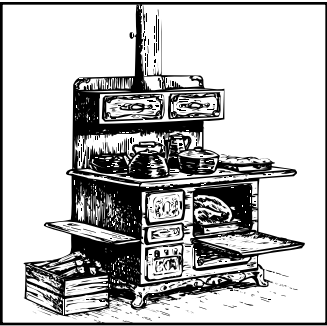
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# What's Cookin'!

## This month: Leftover Turkey Recipes

By Jenn Pfeifer



Black

### Happy Thanksgiving Loudon!

Chances are, that sometime over the next 2 months, you will be making or eating turkey and all the fixings. And boy will they be yummy — for the first 2 days! Then it can get a little old! Here are some delicious recipes to use up every last morsel of your turkey.

This first recipe is actually a request. A few weeks ago we had a Mexican feast at our house. I made lots of Chicken Chimichangas and sent one to school with my son Alex for snack the next day. That day after school I received a note on a Post-it that read “*Please*

*give me the resape for the chicken rapup thing 9-27-10. Makenna*” So I say to her “*Thank you Makenna for always being excited about the weird things I send Alex for snack. You are a good friend and a super Kid! Love Mrs. Pfeifer.*”

### TURKEY CHIMICHANGAS

This is a fun recipe for the kids but they should be very careful around the hot oil. Lots of things can be stuffed into a flour tortilla and fried. Use your imagination and let your taste buds be your guide. (I recommend a Fry Daddy-type fryer but you can also use a pan on the stove). I’m not a huge fan of frying at home but these just aren’t the same baked. Just be VERY careful please.)

- 3 cups cooked shredded turkey or chicken
- 1 cup shredded Mexican blend cheese
- 1 package taco season mix
- 1/4 cup water
- 10 6" round flour tortillas
- 20 toothpicks
- oil for frying

Mix together turkey, cheese, taco mix, and water and set aside for 15 minutes. Heat oil to med-high. Spoon two heaping tablespoons of filling onto one side of each tortilla. Roll carefully making sure the end are folded over so the filling doesn’t leak out and hold closed with the toothpicks. Fry till golden brown and drain well on paper towels. These can be eaten as a finger food or it can be topped with all your favorite Mexican sides dishes. (For dessert try putting bananas, walnuts, and chocolate chips in tortillas and fry)

### THE BEST TURKEY STOCK

The extra special secret is to re-roast the turkey bones before you start. It makes ALL the difference

- 1 re-roasted turkey carcass
- 3 sprigs parsley
- 2 medium onions, sliced
- 3 ribs celery, cut up
- 2 medium carrots, cut up
- 1 bay leaf
- 2 teaspoons dried leaf thyme
- 2 teaspoons salt
- dash pepper

Break up the carcass and re-roast the bones until they are golden brown and place in a large stockpot or Dutch oven. Add remaining ingredients; cover with cold water. Bring to a simmer over medium low heat. Reduce heat to low and simmer for about 3 to 4 hours. Cool slightly; strain broth into a bowl. Refrigerate then remove fat from top of broth.

Makes about 4 cups of turkey stock.

### THAI TURKEY NOODLE SOUP (GLUTEN-FREE)

If you like chicken noodle soup, you’ll love this fragrant, flavorful and oh so soothing version of a universal classic. Made with rice noodles instead of wheat, this chicken soup recipe is lighter in calories and also much healthier than your typical chicken noodle soup (gluten-free too!). Great if you’re fighting off a cold or flu bug, or anytime you want a bowl of comfort — whether for the body or the soul. Enjoy!

- 6 cups good-tasting turkey broth
- 1–2 cups leftover roast turkey or 1-2 fresh chicken breasts or thighs, chopped into small pieces.
- 1 stalk lemongrass, finely sliced and minced, OR 3 Tbsp. frozen prepared lemongrass
- 3–4 kaffir lime leaves (available fresh or frozen at Asian/Chinese food stores)
- 1 large carrot, sliced
- several bunches baby bok choy, separated (or other added greens of your choice)
- 1 red chili, minced, OR 1 tsp. chili sauce OR 1/2 tsp. cayenne pepper
- 3 cloves garlic, minced
- 1/4 cup fresh lime juice
- 1 thumb-size piece ginger, grated or sliced into thin strips
- 2–3 Tbsp. fish sauce (to taste)
- 1/4–1/2 cup coconut milk
- white or black pepper (to taste)
- generous handful of fresh coriander
- 8–10 oz. dry flat Thai rice noodles (or enough 2–3 people)
- optional: 1 tsp. sugar, to taste

Bring a large pot of water to just under a boil and add the noodles. Remove from heat and allow noodles to soak 5–8 minutes, or until soft but still chewy (“al dente”). Drain and rinse briefly with cold water to keep from sticking. Using a large soup pot, bring chicken stock to a boil over high heat. Add the fresh or roasted chicken, lemongrass, carrot, whole lime leaves (plus chicken or turkey bones, if available). Boil on high for 1 minute, then turn heat down to medium and cover with a lid. Allow soup to simmer for 5–6 more minutes, adding bok choy when chicken is nearly cooked (after 5 minutes). Add the chili, garlic, lime juice, ginger, plus 2 Tbsp. of the fish sauce. Stir well. Turn heat down to minimum and add the coconut milk (add up to 1/3 cup for creamier soup). Stir to incorporate. Taste-test the soup, adding more fish sauce until desired flavor/saltiness is reached (how much you will need depends on how salty your stock is). If it tastes too salty, add another squeeze or two of lime juice. Add more chili if not spicy enough, or more coconut milk if the soup is too spicy. If the soup is a little too sour for your taste, add 1–2 tsp. sugar (to balance out the lime juice).

To serve, place a generous mound of noodles in each bowl, then top with the hot soup. Finish with a final sprinkling of pepper and fresh coriander. If desired, serve with Thai chili sauce.

### THANKSGIVING LEFTOVERS STUFFED SHELLS

From: [allrecipes.com](http://allrecipes.com)

- 1 12 ounce box jumbo pasta shells
- 2 cups cubed cooked turkey
- 1-1/2 cups leftover stuffing
- 1 4 ounce package cream cheese, softened
- 1/2 cup Parmesan cheese
- 1/3 cup mayonnaise
- 4 cups shredded mozzarella cheese
- 1-1/2 cups leftover turkey gravy

Preheat an oven to 350 degrees F (175 degrees C). Grease a 9x13 inch baking dish.

Fill a large pot with lightly salted water and bring to a rolling boil over high heat. Once the water is boiling, stir in the shell pasta, and return to a boil. Cook the pasta uncovered, stirring occasionally, until the pasta has cooked through, but is still firm to the bite, about 13 minutes. Drain well in a colander set in the sink.

Place turkey and stuffing in food processor, and pulse until finely ground and combined. Place the ground turkey and stuffing mixture in the bowl of a stand mixer along with the cream cheese, Parmesan cheese, mayonnaise, and 2 cups of the mozzarella. Mix with paddle attachment on medium-low until well blended.



# Don't Be A Turkey!

## Risk of Cooking-Related Fires Doubles on Thanksgiving Day

Thanksgiving Day brings to mind the enticing aroma of family favorites and the nerve-fraying marathon of cooking for the holiday feast. Yet, a cooking fire can turn a joyous celebration into a family tragedy. "In the hustle and bustle of the day, people can sometimes leave cooking food unattended which can cause fires," said Acting Chairman of the U.S. Consumer Product Safety Commission (CPSC), Nancy Nord.

Cooking is by far the leading cause of residential structure fires on Thanksgiving Day — nearly double that of a normal day. According to the U.S. Fire Administration (USFA), each year nearly 4,300 fires in the United States occur on Thanksgiving Day causing an average of 15 deaths, about 50 injuries, and nearly \$27 million in property damage.

The CPSC staff urges people to remain vigilant in the kitchen when cooking this holiday season. To help prevent cooking fires, CPSC offers the following safety tips:

- Install and maintain smoke alarms. Never disable them.
- Never leave food cooking unattended; turn off the burner if you have to leave.
- Keep a fire extinguisher in the kitchen.
- Develop and practice a fire escape plan.

Stay alert and follow CPSC's safety tips to keep your holidays fun and festive. ■



### What's Cookin'! — cont. from page 8

Spread 1/2 cup of gravy on the bottom of the prepared dish. Stuff the pre-cooked pasta shells with the turkey mixture and place in the dish in tight rows. Top with the remaining gravy and the remaining 2 cups of mozzarella cheese.

Bake, covered, for 45 minutes. Uncover and cook for an additional 10 minutes until top is browned and bubbly. Allow to cool for 5 minutes before serving.

### TURKEY RICE CASSEROLE

From: [allrecipes.com](http://allrecipes.com)

- 2½–3 cups cooked rice
- ¼ tablespoons finely chopped onion
- 1 teaspoon curry powder
- 2 cups diced cooked turkey
- 6 pimiento-stuffed olives, sliced
- 1 can cream of mushroom soup
- ½ cup milk
- ½ cup grated Cheddar cheese
- ¼ cup cornflake crumbs or other crumb topping

Combine cooked rice, curry powder, chopped onion; put in a shallow baking dish. Top rice mixture with diced turkey and sprinkle with olives. Mix soup with milk, pour over turkey. Sprinkle cheese and cornflake crumbs over top. Bake at 350° for 30 minutes. Serves 6.

If you have any questions, comments, recommendations or suggestions please email me at [jtpfeifer@comcast.net](mailto:jtpfeifer@comcast.net). ■

## Home Heating and Winter Fire Safety

*Last month we looked at wood stove safety. This month we'll look at the safe use of other methods of home heating.*

The high cost of home heating fuels and utilities have caused many Americans to search for alternate sources of home heating. The use of wood burning stoves is growing and space heaters are selling rapidly, or coming out of storage. Fireplaces are burning wood and man made logs. All these methods of heating may be acceptable. They are however, a major contributing factor in residential fires.

Many of these fires can be prevented. You can prevent the loss of life and property resulting from heating fires by being able to identify potential hazards and following these safety tips.

### Electric Space Heaters

Buy only heaters with the Underwriter's Laboratory (UL) safety listing. Check to make sure it has a thermostat control mechanism, and will switch off automatically if the heater falls over. Heaters are not dryers or tables; don't dry clothes or store objects on top of your heater. Space heaters need space; keep combustibles at least three feet away from each heater. Always unplug your electric space heater when not in use.

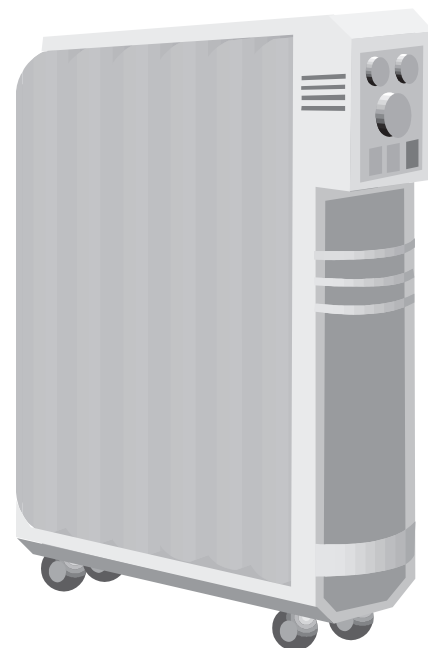
### Kerosene Heaters

Buy only UL-approved heaters and check with your local fire department on the legality of kerosene heater use in your community. Never fill your heater with gasoline or camp stove fuel; both flare-up easily. Only use crystal clear K-1 kerosene. Never overfill any portable heater. Use the kerosene heater in a well ventilated room.

### Fireplaces

Fireplaces regularly build up creosote in their chimneys. They need to be cleaned out frequently and chimneys should be inspected for obstructions and cracks to prevent deadly chimney and roof fires. Check to make sure the damper is open before starting any fire. Never burn trash, paper or green wood in your fireplace. These materials cause heavy creosote buildup and are difficult to control. Use a screen heavy enough to stop rolling logs and big enough to cover the entire opening of the fireplace to catch flying sparks. Don't wear loose-fitting clothes near any open flame. Make sure the fire is completely out before leaving the house or going to bed. Store cooled ashes in a tightly sealed metal container outside the home.

Finally, having a working smoke alarm dramatically increases your chances of surviving a fire. And remember to practice a home escape plan frequently with your family. ■



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## Loudon Girl Scout News

The Loudon Girl Scouts have begun the adventure that a new year in scouting brings. We have 7 troops serving 66 girls with the help of 29 adult volunteers. The troops have met and made their initial plans for badges, and service projects.

Our Fall Product Sale has wrapped up. Thanks to everyone who purchased products. You should be receiving your items in time for Thanksgiving. Thanks again for your support.

The Loudon Girl Scout Service Unit will be holding our annual Bake Sale on Saturday November 20th from 9 a.m.–12 p.m. at The Maxfield Public Library. Please stop by and purchase baked goods for your Thanksgiving gatherings. Funds raised go to support service unit activities for the girls of Loudon.

The service unit is already discussing another fun filled year of activities. Events in the works include Caroling in The Village, a Jammies and Cookies Party, and World Thinking Day.

*Girl Scouts builds girls of courage, confidence, and character, who make the world a better place. For more information about the Loudon Girl Scouts, or to request help with your community service project please contact Service Unit Manager Cecile Merrill at 798-3876 [cmerrill01@cast.net](mailto:cmerrill01@cast.net).*

### Daisy Troop 10955

Sarah Earle, Lynette LeBlanc, Erin Dunbar, Tonya Carpenter

The Daisies are off to a great start this year. At our first meeting we welcomed back six returning Daisies and got to know our three new Daisies. We decorated banks to hold our Daisy dues and talked about how the girls could earn their dues by exemplifying Girl Scout character traits in their homes. We played some get-to-know-you games and did some brainstorming for special things we'd like to do as a troop this year. At our second meeting, we started putting together a job chart, and each Daisy got to make a paper doll that represented her to go on the chart. We took some time to introduce the three Daisy petals we'll be working to earn over the next few months by reading some books related to those character traits and doing some silly skits with lots of dress-up stuff. The girls seem to like "taking charge" of their meetings, and we're working to give them as much responsibility as we can. We've also got some fun outings and activities planned for the next few months.

### Brownie Troop 10454

Melissa Himes, Rebecca Stuart

At our first meeting all the girls brainstormed all the ideas they want to do this year in Girl Scouts and all the badges they are interested in completing. Their ideas included everything from volunteering at a blood drive to



Girls from Brownie Troop 10454 model their "Brownie Bags" made from old articles of clothing.

rock climbing to horseback riding! They are particularly interested in cooking, sewing, and games to earn badges. They also made a responsibility chart so they can all take turns starting our pledge, collecting dues, cleaning up, etc.

Our second meeting we made "Brownie Bags" from old articles of clothing. This way the girls would have a special bag to bring their Brownie materials to the meetings each week. Not only was it a lot of fun but it was a way to recycle and reuse materials that were no longer of use, and reinvent them into a functional and fashionable bag. The girls designed, sewed, and decorated the bags themselves, and they came out great! Special thanks goes to Amanda and Lauryn Masse, Michele Paquette, and Debbie Latham for their help on the project.

The third meeting we worked on the Math Fun badge, by counting how much money we have in our treasury, and how much it will cost for all the girls to go rock climbing. They determined they have enough to go, so a trip is being planned soon. They also tried to guess how many small items were in jars of different sizes and they discovered that a lot more units fit in the jars than they had thought. One little baby food jar had 840 popcorn kernels! Last the girls constructed an hourglass from empty soda bottles. They put holes in the caps, filled the bottles with sand, and taped the necks together, but after troubleshooting their construction they determined that the holes between the caps were too small and the sand was not soft enough to flow through freely.

We are looking forward to all our adventures as Brownies this year!

### Junior Troop 10361

Tara Memmelo, Karen Minery

We started the year by working on our Girl Scout Values Badge. We're also working on our first service project, a Peanut Butter and Jelly Drive to benefit the Loudon Food Pantry. We have created posters and decorated collection boxes. Please bring your donations to the Maxfield Public Library, The Loudon Elementary School or the TD Bank in the Fox Pond Plaza. Please make sure donated items are not open and have not expired. Our troop is very excited to be baking for the service unit bake sale. Please stop by and pick up one of our delicious sweet breads.

### Junior Troop 12038

Leader Julie Segien; Co-Leader Karen Thurber-Wells

At our first meeting our troop earned their bridging to Juniors badge. We paired off and used dress up clothes for inspiration. We had skits from anywhere to Little Red Robin Hood to Santa Claus and his elf helper up on the roof tops delivering presents. We played a yarn game where we formed a star shape and each girl tugged on the yarn to see who could feel it. We also wrote short poems about being a junior this year in a newsletter form.

At our second meeting we started our adventure learning a truth, a falsehood and a wish about each girl. We told each other about women we look

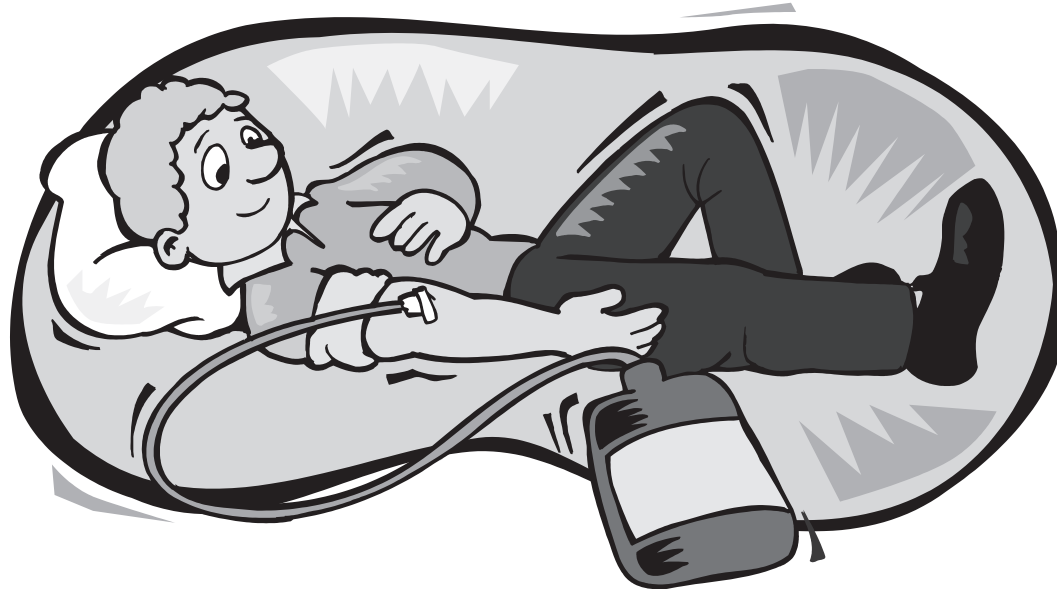
up to whether it was a sister or an aunt. The girls are off to a great start.

### Cadette Troop 12356

Advisors: Amanda Masse, Lysa Bennet-Crouch, Cecile Merrill, and Sandi Lyle

The girls of Cadette Troop 12356 are having a great start to the Girl Scout year. We have met a couple times and played some great getting to know you games. We talked about our interests, goals and ideas on what we want to do this year. We started things off by looking at the Girl Scout program LMK (Let Me Know) a national outreach project that is all about Internet safety. The girls explored information on cyber bullying and ways to avoid sharing too much personal information online. The next thing we are starting is the Dove Self-Esteem project. Girls are learning about their self-esteem, who affects it and ways to make sure they develop their own sense of self and be confident in who they are. Seven girls participated in the NH Coastal Clean-up efforts (we hope you enjoyed that article and photos last month). Some of the girls are exploring the Silver Award, a prestigious award which requires a community service plan and project completed entirely by the girl. We will be planning a trip to Boston in the spring and are also excited about many upcoming service unit events and helping out with the younger girls. We hope you will enjoy hearing of our accomplishments this year. We are always looking for ways to help out in our community — please let us know if we can help!! ■

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# Loudon Locavore: *Miles Smith Farm*

By Lee Laughlin



Fifteen volunteers from St. Paul's School in Concord helped out at Miles Smith Farm's recent Farm Day. Here they are shown with Puff, a Scottish Highland heifer.

Within the last year or so, I have become increasingly aware of what is in the food I'm eating and where my food comes from. I've started making more of what we eat from scratch rather than relying on prepared mixes. I've also started looking for food sources local to home. Eating locally helps our economy, by keeping profits local and supporting your neighbors. The tax dollars raised stay here. You know where your food came from, and how it was raised.

Much to my delight, I was able to find, local sources for many different types of food. Loudon Locavore is what I hope will be an ongoing series sharing my finds with you.

I grew up in suburban Philadelphia. We had sidewalks, city water; all the houses looked alike and were 30 feet apart. I moved to Boston to go to college and took to true city life like a duck to water.

Fast forward a few years, love brought me to Loudon and life on a dirt

road. My friends from "the old days" are stunned to hear I live in a town where there is a cattle farm. Of course, there are locals who are still surprised to hear we have a cattle farm in Loudon but it alas, is true. The Miles Smith farm is mere miles from New Hampshire International Speedway, nestled next to the Loudon Country Club. Founded in the 1890's by Miles Smith and his wife, today it is run by Carole Soule and Bruce Dawson.

You could call Carole and Bruce accidental farmers. It all started in 2000, they cleared some land and wanted a way to maintain the clearing. A friend suggested raising sheep. A few sheep were purchased, but they soon became coyote snacks. After additional research, they settled on cattle. Not just any cattle, Scottish Highland Cattle. Highlanders have a much thicker coat than their better-known Angus brethren. This means they don't have to produce back fat to stay warm in cold winter temperatures. Thus, meat from

Scottish Highland cattle is naturally leaner without losing the flavor or tenderness.

Carole & Bruce purchased two pregnant cows. They were "guaranteed" to calve easily. One calve did come easily, but the second died during birth. To say the least, the early years were mostly about on-the-job training as farmers. By 2005, they slaughtered their first cow. They were happy with the results, but decided there was room for improvement. They set about refining their breeding processes and locating a skilled butcher. At one time, Miles Smith Farm was home to 80 head of cattle, through improved breeding they have developed bigger cattle that deliver higher quality meat in a larger quantity with fewer animals. This success left them with more meat than they could consume, so Carole sought out retailers who might be interested in locally raised, hormone-free, antibiotic-free, beef. The Concord Co-Op jumped at the chance. Soon, demand was out pacing production.

Farming is not a solitary pursuit. If one is to succeed, as a farmer, you need to build a network of like-minded cohorts from whom to purchase stock, and share strategies. Carole talked to other New Hampshire farmers who shared a similar farming philosophy and identified those interested in bringing a high quality, healthy product to market.

Cattle farming is a labor-intensive venture. Farmers insure their herds have plenty of clean water and fresh grass. This year's lack of rain has meant the heard has needed to be rotated between the pastures more frequently. The Miles Smith farm proper is approximately 36 acres, but Carole and Bruce lease pastures in Loudon (Cole Gardens), Canterbury, Barnstead, New Durham, Concord (the St. Paul's School) and Springfield. They fence the pastures, and insure them, but the owners retain their rights while offsetting their property taxes.

Bruce retired as a programmer for Hewlett Packard to farm full time, while Carole maintains a fulltime job as part of the global sales compensation team for HP. The farm and the associated store supports 5 part time employees, 1 farm hand and 4 employees to support the sales and marketing including running the store and selling meat at local farmers markets. Carole devotes her



Miles Smith Farm is one of many local farms that can provide you with locally-grown products.

farm time to helping Bruce with the cattle and seeking out grants, sales opportunities and farming partners.

Carole says one of most important skills necessary for successful cattle farming is attention to detail. It is important to interact and check the cows every day for signs of illness. Cows will mask illness as a defense mechanism against predators, so it is vital, that she and Bruce interact with their herd and watch for changes in the cow's appearance and behavior. This level of care and respect for the animals results in happy cows. Happy cows grow naturally and are naturally

*Locavore — cont. on 13*



Daelyn Paul, 3, of Loudon, didn't want her day at Miles Smith Farm's Third Annual Farm Day to end, so she picked up some carrots to take home. Next year's Farm Day will take place on October 9, so mark your calendars now!



Carole Soule (above) and Bruce Dawson sell locally-raised beef from their farm off Beck Road here in town. They also have eggs, chicken, pork, goat, and lamb.

## Fire Permits Required

**A Fire Permit is REQUIRED for ALL outside fires, including family campfires, chimineas, fireplaces, etc.**

**Permits can be obtained at the Fire Station during normal business hours.**

# Loudon Farms: Buy Locally!

The Loudon Agricultural Commission has compiled this list of local farms. If you have a farm in Loudon or know someone who has a farm that is NOT included please write to [cas@milessmithfarm.com](mailto:cas@milessmithfarm.com).

## Maple Ridge Farm

268 Loudon Ridge Road  
Fresh Vegetables, Maple Syrup. 435-8183

## Meadow Ledge Farm

612 Route 129  
Peaches, Corn, Apples, Country Store. 798-5860

## Ramsay's Farm Stand

783 Loudon Ridge Road  
Vegetables and Cut Flowers, Small Fruits in Season. 8 a.m.–7 p.m. Daily. 267-6522

## Red Manse Farm

Corner Route 129 & Pittsfield Road  
Organic Produce, Farm Patron Program. Thurs.–Sun. 10 a.m.–6 p.m. [www.redmansefarm.com](http://www.redmansefarm.com). 435-9943

## Windswept Maples

845 Loudon Ridge Road  
Vegetables, Beef, Maple Syrup, Eggs M–F 1–6 p.m., Weekends 9–5. 267-8492

## Miles Smith Farm

56 Whitehouse Road  
Locally raised hormone and antibiotic free beef, individual cuts and sides Tue, Th 4–7:30 p.m. W, 9–1 p.m., Sat 9–3 p.m. [www.milessmithfarm.com](http://www.milessmithfarm.com). 783-5159

## Hill Top Feeds

11 Storrs Drive  
Live stock feed, shavings, hay, dog and cat food. Farm equipment and supplies. 783-4114, 491-4483

## Sanborn Mills Farm

7097 Sanborn Road  
Traditional working farm providing workshops. [www.sanbornmills.org](http://www.sanbornmills.org). 435-7314

## Pearl and Sons

409 Loudon Ridge Road  
Maple products: syrup, candies & cream. 435-6587, 435-6883

## Aznive Farm

7046 Pleasant Street  
Hay, Beef. 435-7509

## Lyon Berry Farm

986 Route 129  
Highbush blueberries. 435-7640

## B&B Syrup. Barton & Bowles

227 Flagg Road  
783-4341, 783-9123

## Mudget Hill Mumbling Maplers

255 Mudgett Hill Road  
Maple products: syrup & candy. 783-4447

## D.S. Cole Growers

251 North Village Road  
Propagators of quality products from world-wide sources. Retail store at 430 Loudon Road, Concord. 783-9561. [www.dscolegrowers.com](http://www.dscolegrowers.com) [www.colegardens.com](http://www.colegardens.com)

## Ledgeview Greenhouses

275 Clough Hill Road  
Growers of quality potted plants, annuals, perennials, and poinsettias. 783-4669. [www.ledgeview-greenhouses.com](http://www.ledgeview-greenhouses.com)

## Liliana Flower Farm

140 Beck Road  
Perennials and pesticide-free vegetable plants. Wed–Sun 10–5 p.m. [www.lilianaflowerfarm.com](http://www.lilianaflowerfarm.com). 783-9268

## Locavore — cont. from page 12

healthy. Thus, eliminating the need for antibiotics and growth hormones.

The mutual respect is evident. When I visited the farm to talk with Carole, she took me to meet some of her employees (yes, she views the cows as employees). She entered the pasture first and Blue Moo came right over to say hello. Once she sensed from Carole that I was ok, she was more than happy to let me stroke and scratch her. Her coat reminded me of a thick shag rug. She was personable and followed us around as Carole introduced me to other members of her “staff.”

Right now, the store is run out of a partitioned section of the basement of Carole and Bruce's home. Carole is putting the finishing touches on plans and funding (including federal grants) to relocate the store to a section of the barn. The new store will be slightly bigger and will be powered almost exclusively by solar power (that includes the freezers!). They hope to have the new store open in time for the holidays.

The store features hormone-free, antibiotic-free beef as well as locally raised, eggs, chicken, goat, pork and



Carole Soule takes a moment to chat with “staff,” as she calls her cows.

lamb. Winter hours are Tuesday, Thursday 4:30 p.m.–7:30 p.m. Wednesday from 9 a.m. to 1 p.m. and Saturdays from 9 a.m. to 3 p.m.

For more information on the Miles Smith Farm, visit their website at [www.milessmithfarm.com](http://www.milessmithfarm.com). On the site, you can see photos of the cows as well as a complete list of retail outlets to purchase the meat and restaurants that serve Miles Smith Farm beef.

Lee Laughlin is a freelance writer and blogger. She currently blogs at [thisnlife.com](http://thisnlife.com) and [livefearlesslee.com](http://livefearlesslee.com). She can be reached at [lee.laughlin@gmail.com](mailto:lee.laughlin@gmail.com). ■

## Field Crop Meeting — Silage Corn Selection

Friday, November 19, 2010. 9:30 a.m.–2:15 p.m. at Makris Lobster & Steak House, 354 Sheep Davis Road, Concord, NH.

Registration required. Registration fee of \$15.00 includes lunch. **Deadline is November 10, 2010 for all registrations.**

Featured speaker, Dr. Gregory Roth from Pennsylvania State University, will discuss “Choosing Corn Hybrids” and “Planning for Successful Corn Silage: Hybrid and Pest Management Issues.”

Call Amy or Mary at UNH Cooperative Extension at (603) 796-2151 for more information.

UNH Cooperative Extension programs and policies are consistent with pertinent Federal and State laws and regulations on non-discrimination regarding age, color, handicap, national origin, race, religion, sex, sexual orientation, or veterans status.

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## MVSD School Board Meeting Dates and Locations

2010–2011

**MEETINGS START AT 7:15 PM**

Date of Meeting	Place of Meeting
November 8, 2010	Merrimack Valley High School
December 13, 2010	Merrimack Valley High School
January 10, 2011	Merrimack Valley High School
February 14, 2011	Merrimack Valley High School
March 4, 2011	Penacook Elementary School

## Loudon Recreation Committee News

Be sure to check the website [www.loudonnh.org](http://www.loudonnh.org) between issues of *The Loudon Ledger* for additional events or program opportunities. Thank you for your continued support!

If you are interested in all that we do for recreation programming here in Loudon and would like to be placed on our email contact list or have additional ideas to share please contact Alicia at 435-5193 or by email at [affirmhealth@yahoo.com](mailto:affirmhealth@yahoo.com). The Loudon Recreation Committee meets once a month usually on the fourth Wednesday of the month at 6:30 p.m. at the Maxfield Public Library, join us if you are interested! We hope to see you there!! ■

### The Loudon Girl Scouts 5th Annual Bake Sale



**Saturday, November 20, 2010**

**9 a.m.–12 noon**

**The Maxfield Public Library**

*Come stock up on pies, sweet breads and other delicious treats! Funds raised go directly to support activities for Loudon Girl Scouts.*

### Design Solutions by

*Marissa Rattee*

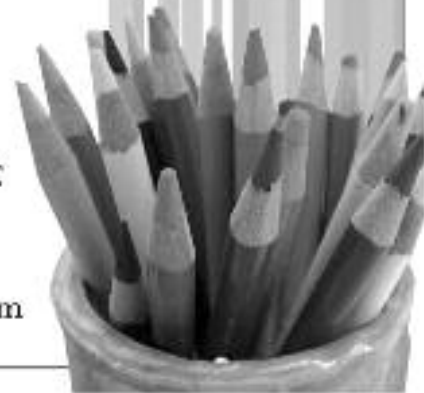
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603•630•7281

[MarissaRattee@gmail.com](mailto:MarissaRattee@gmail.com)



## Santa's Breakfast

**Saturday, December 11, 2010**

**Loudon Elementary School Cafeteria**

(Snow Date: Sunday, December 12)

**Breakfast: 8–10 a.m. • \$5/person or \$20/family**

*Enjoy breakfast and a visit from Santa 8–9:45*

**Craft Fair: 8–noon**

A great way to shop for the holidays  
and support local artisans.

**Quarter Raffle: 10 a.m.**

Dozens of items to choose from — just 25¢ a chance!

**Cookie Walk: 8–noon**

Fill a bag with delicious home-baked cookies.

To donate a raffle item, call Cindi Labonte

To rent a table at the craft fair, call Jenn Becker at 798-5926

***All proceeds to benefit the LES PTA***





# ATTENTION CRAFTERS

## 4th Annual PTA Craft Fair

Saturday, December 11, 2010

Snow Date: Sunday, December 12, 2010

8:00 a.m.–12:00 p.m.

\$15.00 rental fee for a 6-foot table, plus an item donated to the raffle.

The PTA will hold its 4th Annual Craft Fair during Santa's Breakfast.  
Tables will be set-up in the gym.

Electricity will be available if needed. Anyone wishing to rent a table can  
contact Jenn Becker at 798-5926 or email [randy.b@comcast.net](mailto:randy.b@comcast.net).

*Direct Sales companies also welcome.*



### Maxfield Public Library Passes!

*Passes are available to museums and points of interest around the state for Library borrowers! We suggest reserving in advance either*

*by phone (798-5153) or in person. Call for details.*

#### CANTERBURY SHAKER VILLAGE

Each pass entitles the bearer to 2 discounted admissions of \$6 for adults and \$3 for children under 18. Children under 6 free.

#### CHILDREN'S MUSEUM OF NEW HAMPSHIRE

Each pass entitles the bearer up to 4 discounted admissions of \$4. Children under age 1 free.

#### CURRIER MUSEUM OF ART

Each pass entitles the bearer to 2 free admissions.

#### McAULIFFE-SHEPARD DISCOVERY CENTER

Valid for admission to exhibit halls for 4 people.

#### MOUNT KEARSARGE INDIAN MUSEUM

Free admissions for 2 guests per day.

#### MUSEUM OF NEW HAMPSHIRE HISTORY

Unlimited free admission to the Society's museum and free use of the Society's library.

#### SQUAM LAKES NATURAL SCIENCE CENTER

Free trail admissions for 2 people per day plus 4 additional discounted admissions of \$7 each.

#### WRIGHT MUSEUM

Free admission for 2 adults and 4 children (under 18 years).

- KITCHENS
- BATHROOMS
- CABINETRY
- ADDITIONS
- GARAGES
- SHEDS
- DECKS
- SIDING
- METAL TRIM
- FARMER'S PORCHES
- WINDOWS & DOORS
- SILL REPAIRS
- HARDWOOD FLOORING
- TILE
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## Thanksgiving — Free for All

Turns out there really is such thing as a free meal. Not just any meal, but a traditional Thanksgiving dinner. On Sunday, November 21, a homemade Thanksgiving dinner with all the trimmings will be served to everyone who comes to the American Legion hall for either the 12:30 p.m. or 2:30 p.m. seating, free of charge.

This will be the fifth year that Thanksgiving dinner has been offered to the community. Originally sponsored by Sonlight Christian Fellowship with assistance from Reach4Hope and other volunteers, this year's meal will be sponsored by One Church Loudon, a group of five area churches who have combined forces in order to better serve the community. In the past, we have fed close to 150 people, including the volunteers. This year we anticipate an even larger turn out.

The meal, which is cooked and served by volunteers, is eagerly anticipated by those who have attended previously. In addition to turkey, stuffing, mashed potatoes, gravy, squash, peas, rolls and butter, there will be a variety of desserts sure to delight anyone's sweet tooth. "We strive to create a warm and friendly atmosphere where people can have a sense of belonging and community," said Pastor Thom Friedrich. "So many people are alone and lonely during the holidays. Others can't afford to purchase a special holiday meal for their family. Some have no home at all. We provide a family atmosphere where everyone can feel welcome and enjoy a good meal."

As the guests leave, they are given lunch bags which include a turkey sandwich, beverage and dessert. In addition, goodie bags with various treats are offered. Take-out trays are also available for bringing home leftovers from the meal. "By doing this, we provide more than one meal for those in need. They leave the Legion full, and have another serving to look forward to when they get home", said Pastor Thom. One unique feature of this event is that all food remaining after the guests have left is packaged and brought to the local soup kitchen, with some packaged items given to the Loudon Food Pantry. In this way the food continues to benefit those in need.



If transportation is a problem, we will do our best to accommodate your special needs. Please be sure to call ahead of time to make the proper arrangements. In addition to all this, Rise Again Outreach, a local community outreach, will be on hand with their bus, which is stocked with clothing, including warm coats and winter gear — offered free to all.

So don't spend the upcoming holiday alone. Don't let your family miss out on the joy and abundance of this special holiday. Come to the American Legion and have a good homemade meal. Make some new friends and take home some treats. Pick out a warm winter coat, and know that there are people who care about you. One Church Loudon wants to prove that to you.

Help is always needed for food prep and serving. Donations from businesses and individuals are gladly accepted. For more information, please contact Pastor Thom Friedrich at 798-3112 or email [pastor@sonlightchristian.org](mailto:pastor@sonlightchristian.org).

One Church Loudon is made up of members from the following congregations:

Loudon Center Freewill Baptist Church  
Loudon Congregational Church  
Family Bible Church  
New Beginnings Church of the Nazarene  
Sonlight Christian Fellowship ■



## 2011 New Hampshire Fish & Wildlife Calendars Are In!

The all-new 2011 New Hampshire Fish & Wildlife Calendar is in, featuring professional wildlife photography and wildlife watching tips. It includes handy season dates for outdoor enthusiasts, including fishing seasons, youth hunt weekends, free fishing day, snowmobile registration dates and more. Calendar purchases help support the N.H. Fish and Game Department's work managing New Hampshire's natural resources we all enjoy — the state's fish and wildlife and their habitats.

The 2011 New Hampshire Fish & Wildlife Calendar is priced at \$9.95. Ideal for home or office, it is the perfect gift for friends and relatives who love nature and the great outdoors.


To purchase the calendar, use the print-and-mail order form available at [www.wildnh.com/Shop/calendar.html](http://www.wildnh.com/Shop/calendar.html) (shipping is free for 1-5 calendars). You can also buy calendars at New Hampshire Fish and Game headquarters, 11 Hazen Drive in Concord, N.H.

The 2011 New Hampshire Fish & Wildlife Calendar features images by noted wildlife photographers including Roger Irwin, Alan Briere, Eric Engbertson, Charles Willey, John Gill, Victor Young, Jerry & Marcy Monkman, and Doug Stamm. From the surprised snowshoe hare on the cover to November's statuesque buck in an early snowstorm, these images will remind you through the seasons of New Hampshire's rich wildlife resources and exciting outdoor opportunities. For a preview, visit [www.wildnh.com/Shop/calendar.html](http://www.wildnh.com/Shop/calendar.html).

If your school or club needs a fundraiser, consider group sales of the 2011 N.H. Fish & Wildlife calendar. Download a fundraising kit at [www.wildnh.com/Shop/calendar\\_fundraiser.html](http://www.wildnh.com/Shop/calendar_fundraiser.html) or call (603) 271-6355.

**RETAILERS:** If you would like to carry the 2011 N.H. Fish & Wildlife calendar in your store, contact Mark Beauchesne for wholesale pricing and ordering information at 603-271-6355.

The New Hampshire Fish and Game Department is the guardian of the state's fish, wildlife and marine resources and their habitats. Visit [www.wildnh.com](http://www.wildnh.com). ■



### A Corner Barber Shop

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# Fire Safety at Home

## Bedroom Fire Safety

Bedrooms are a common area of fire origin. Nearly 600 lives are lost to fires that start in bedrooms each year. Many of these fires are caused by misuse or poor maintenance of electrical devices, such as overloading extension cords or using portable space heaters too close to combustibles. Many other bedroom fires are caused by children who play with matches and lighters, careless smoking among adults, and arson.

## Kids and Fire: A Bad Match

Children are one of the highest risk groups for deaths in residential fires. At home, children usually play with fire — lighters, matches and other ignitables — in bedrooms, in closets, and under beds. These are “secret” places where there are a lot of things that catch fire easily.

- Children of all ages set over 35,000 fires annually.
- Every year over 400 children nine years and younger die in home fires.
- Keep matches and lighters locked up and away from children. Check under beds and in closets for burnt matches, evidence your child may be playing with matches.
- Teach your child that fire is a tool, not a toy.

## Appliances Need Special Attention

Bedrooms are the most common room in the home where electrical fires start. Electrical fires are a special concern during winter months which call for more indoor activities and increases in lighting, heating, and appliance use.

- Do not trap electric cords against walls where heat can build up.
- Take extra care when using portable heaters. Keep bedding, clothes, curtains and other combustible items at least three feet away from space heaters.
- Only use lab-approved electric blankets and warmers. Check to make sure the cords are not frayed.

## Tuck Yourself in for a Safe Sleep

- Never smoke in bed.
- Replace mattresses made before the 2007 Federal Mattress Flammability Standard. Mattresses made since then are required by law to be safer.

Finally, having working smoke alarms dramatically increases your chances of surviving a fire. Place at least one smoke alarm on each level of your home and in halls outside bedrooms. And remember to practice a home escape plan frequently with your family.

## Fire Safety in the Kitchen

*Recipe for Safer Cooking:* Follow these tips to protect you and your family when in the kitchen. Whether stirring up a quick dinner or creating a masterpiece four-course meal, here's a recipe for safer cooking you need to use daily.

## To Prevent a Cooking Fire in Your Kitchen

- Keep an eye on your cooking and stay in the kitchen. Unattended cooking is the leading cause of cooking fires.
- Wear short or close-fitting sleeves. Loose clothing can catch fire.
- Watch children closely. When old enough, teach children to cook safely.
- Clean cooking surfaces to prevent food and grease build-up.
- Keep curtains, towels and pot holders away from hot surfaces and store solvents and flammable cleaners away from heat sources. Never keep gasoline in the house.
- Turn pan handles inward to prevent food spills.

## To Put Out a Cooking Fire in Your Kitchen

- **Call the fire department immediately. In many cases, dialing 911 will give you Emergency Services.**
- Slide a pan lid over flames to smother a grease or oil fire, then turn off the heat and leave the lid

in place until the pan cools. Never carry the pan outside.

- Extinguish other food fires with baking soda. Never use water or flour on cooking fires.
- Keep the oven door shut and turn off the heat to smother an oven or broiler fire.
- Keep a fire extinguisher in the kitchen. Make sure you have the right type and training.
- Keep a working smoke alarm in your home and test in monthly.

## Fire Safety for Older Adults

The facts speak for themselves: Americans over the age of 65 are one of the groups at greatest risk of dying in a fire. On average, more than 900 Americans age 65 and over die in fires. People over the age of 85 die in fires at a rate five times higher than the rest of the population. However, there are a number of precautionary steps older Americans can take to dramatically reduce their chances of becoming a fire casualty.

## UNDERSTANDING THE RISKS Why Are Older People at Risk?

Older Americans are at risk for fire death and injuries for a number of reasons:

- They may be less able to take the quick action necessary in a fire emergency.
- They may be on medication that affects their ability to make quick decisions.
- Many older people live alone and when accidents happen others may not be around to help.

## What Fire Hazards Affect Older People?

- Cooking accidents are the leading cause of fire related injuries for older Americans. The kitchen is one of the most active and potentially dangerous rooms in the home.
- The unsafe use of smoking materials is the leading cause of fire deaths among older Americans.

- Heating equipment is responsible for a big share of fires in seniors' homes. Extra caution should be used with alternate heaters such as wood stoves or electric space heaters.
- Faulty wiring is another major cause of fires affecting the elderly. Older homes can have serious wiring problems, ranging from old appliances with bad wiring to overloaded sockets.

## SAFETY TIPS FOR OLDER AMERICANS

### Kitchen Fires

Most kitchen fires occur because food is left unattended on the stove or in the oven. If you must leave the kitchen while cooking, take a spoon or potholder with you to remind you to return to the kitchen. Never cook with loose, dangling sleeves that can ignite easily. Heat cooking oils gradually and use extra caution when deep-frying. If a fire breaks out in a pan, put a lid on the pan. Never throw water on a grease fire. Never use a range or stove to heat your home.

### Space Heaters

Buy only Underwriter's Laboratory (UL) approved heaters. Use only the manufacturer's recommended fuel for each heater. Do not use electric space heaters in the bathroom or around other wet areas. Do not dry or store objects on top of your heater. Keep combustibles away from heat sources.

### Smoking

Don't leave smoking materials unattended. Use “safety ashtrays” with wide lips. Empty all ashtrays into the toilet or a metal container every night before going to bed. Never smoke in bed.

Finally, having a working smoke alarm dramatically increases your chances of surviving a fire. And remember to practice a home escape plan frequently with your family.

*For more fire safety information, go to [FireSafety.gov](http://FireSafety.gov).* ■

## Great Grouse and Woodcock Seasons Ahead

An exciting season is in store for ruffed grouse hunters in New Hampshire. The grouse season starts October 1 and runs through December 31. The birds enjoyed favorable nesting and hatching conditions early in the year, leading Fish and Game's Small Game biologist Julie Robinson to predict an above-average season for New Hampshire's premiere game bird.

Things are also looking good for New Hampshire's 2010 woodcock season. Woodcock are the second most sought after small game species in New Hampshire, after ruffed grouse. Woodcock had an excellent nesting period this year with the early and dry spring, and broods were seen quite early. Woodcock hunting opens October 6 and runs through November 4, 2010.

Whether you hunt for grouse, woodcock or other small game species, you can help Fish and Game collect data — and have a chance to win a quality firearm — by taking part in one or both of the following surveys:

### SMALL GAME SURVEY:

This hunter survey provides Fish and Game with distribution, abundance and trend data on the state's small game populations. Just for participating, you'll be

entered into a raffle for a firearm generously donated by Sturm, Ruger & Co., Inc. If you are a small game hunter and want to take part, visit [www.huntnh.com/Hunting/Hunt\\_species/hunt\\_small\\_game.htm](http://www.huntnh.com/Hunting/Hunt_species/hunt_small_game.htm) for details and to download a survey form, or call 603-271-2461.

### WING AND TAIL SURVEY:

For the last five years Fish and Game has conducted a survey on harvested ruffed grouse in northern New Hampshire. New for 2010, the wing and tail survey has been expanded throughout the ENTIRE state. Grouse wings and tails are submitted along with a survey card, providing Fish and Game with age, sex composition and distribution data on this most popular small game species. The Ruffed Grouse Society has generously donated a firearm to be raffled off to one of the survey participants. For more information, visit [www.huntnh.com/Hunting/hunt\\_ruffed\\_grouse\\_survey.html](http://www.huntnh.com/Hunting/hunt_ruffed_grouse_survey.html) or call 603-868-1095.

More information on small game seasons in New Hampshire, including season dates, bag limits and the “2009–2010 Small Game Harvest Summary Report” is available at [www.huntnh.com/Hunting/Hunt\\_species/hunt\\_small\\_game.htm](http://www.huntnh.com/Hunting/Hunt_species/hunt_small_game.htm). ■



# State Of New Hampshire Department Of Safety Boating Education

Call 267-7256 or (888) 254-2125 (Monday through Friday 8:15 a.m.–4:15 p.m.)  
WEBSITE ADDRESS: [www.boatingeducation.nh.gov](http://www.boatingeducation.nh.gov)

## BOATING EDUCATION CLASS SCHEDULE

The Department of Safety, Boating Education recently scheduled additional boating safety courses for the upcoming months. There is a \$30.00 non-refundable fee per person for the class and because of the limited seating pre-registration is required. Call (603) 267-7256 or (888) 254-2125 to pre-register. Seating is still available in the following courses:

### ONE FULL-DAY SESSION (Saturday)

11/06/10	9:00 AM–4:30 PM	Seabrook Fire Department	Seabrook
11/13/10	9:00 AM–4:30 PM	Windham Fire Department	Windham
11/20/10	9:00 AM–4:30 PM	Department of Safety	Concord
11/27/10	9:00 AM–4:30 PM	Plaistow Library	Plaistow
11/27/10	9:00 AM–4:30 PM	St. Joseph’s Hospita	Nashua
12/04/10	9:00 AM–4:30 PM	Seabrook Fire Department	Seabrook
12/04/10	9:00 AM–4:30 PM	Windham Fire Department	Windham
12/11/10	9:00 AM–4:30 PM	St. Joseph’s Hospita	Nashua

### TWO-DAY SESSION (weeknights)

11/15/10 and 11/17/10	6:00 PM–9:30 PM	West Running Brook School	Derry
11/16/10 and 11/18/10	6:00 PM–9:30 PM	Exeter Library	Exeter
12/07/10 and 12/09/10	6:00 PM–9:30 PM	Dover High School	Dover
12/13/10 and 12/15/10	6:00 PM–9:30 PM	West Running Brook School	Derry
12/14/10 and 12/16/10	6:00 PM–9:30 PM	Exeter Library	Exeter



## Hunters: Play It Safe

Hunters and other outdoor enthusiasts — make blaze orange your fashion statement when you head afield this fall. Wearing a fluorescent orange hat, vest or jacket makes you highly visible in the woods, one of several key safety precautions for hunters to keep in mind.

“Wearing hunter orange has definitely been shown to decrease hunting incidents across the country,” said Tom Flynn, Manager of the New Hampshire Fish and Game Department’s Owl Brook Hunter Education Center in Holderness. “It is important for hunters, because the overwhelming majority of hunting-related incidents involve members of hunting parties. Along with wearing blaze orange, the top safety rules for hunters are controlling the muzzle of your gun at all times and positively identifying your target and what’s beyond 100 percent of the time.”

A hunting-related shooting incident that happened the morning of October 2, 2010, the first weekend of pheasant season, underscores the importance of carefully following hunter safety precautions. Two pairs of hunters, all wearing blaze orange, were pursuing pheasants in Old Hill Village, a wooded flood control area in Franklin, N.H. One group flushed a bird. The other party’s dog pointed the bird, and a member of that party fired, even though they could hear the voices of the first pair of hunters. Mark Vachon of Hill, a member of the first group, was hit with shotgun pellets. He was able to walk out of the area; an ambulance then took him to Franklin Regional Hospital, where he was treated and released the same day.

“Wearing blaze orange is very important, but hunters also must know the location of their hunting party and of other hunters around them, at all times, especially at these pheasant-release sites,” said Fish and Game Conservation Officer Jim Kneeland, who responded to the incident. The incident remains under investigation; no additional information is available at this time.

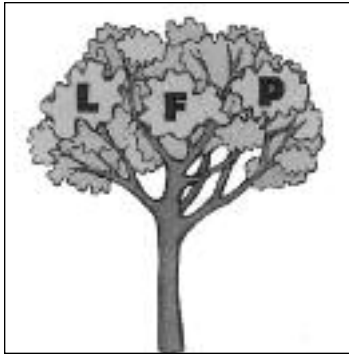
Overall, New Hampshire has a good record for hunting safety. The average yearly number of hunting incidents in the state has gone steadily down since the 1960s. Progress in reducing hunting-related incidents can be attributed to both the widespread use of blaze orange clothing and mandatory hunter education. The first hunter education law was passed in New Hampshire in 1963, and hunter education became a requirement for all first-time hunters in the state in 1977. The 1960s saw an average of 21.4 hunting-related shooting incidents per year in New Hampshire. Fewer incidents have occurred each decade since, with an average of 3.1 incidents per year since 2000. Serious incidents are even rarer — a total of four hunting-related fatalities have occurred in the state in the last 15 years.

All pheasant hunters are urged to follow these basic safety guidelines:

- Wear hunter orange on your head, back and chest.
- Control your firearm muzzle at all times.
- Always wear safety glasses.
- Know where your hunting partners are at all times.
- Shoot only within your zone of fire.
- Be sure of your target and what is beyond.
- Always keep your hunting dog under control.

While most hunting-related incidents do not involve nonhunters, hikers and other outdoor enthusiasts getting out to enjoy the fall woods should think safety as well, by sticking to established trails and wearing blaze orange during hunting seasons.

For more information on dates and details of N.H. hunting seasons, online license sales, or to download the *N.H. Hunting Digest*, visit [www.huntnh.com/Hunting/hunting.htm](http://www.huntnh.com/Hunting/hunting.htm). ■



## Loudon Food Pantry News

### Thanksgiving Is Here!

(Maybe not just yet, but it is coming fast!)

**Please help Loudon Food Pantry make this a successful Thanksgiving Holiday for those who can't make it happen for themselves and their families!**

Last year we gave out 120 Thanksgiving Boxes. (Please forgive my error in our last article. I stated our estimate of 150 boxes.) This year we are estimating about 140 Thanksgiving Boxes going out.

We are handing out Thanksgiving Boxes the week of November 15, 2010. We do this so our patrons have time to defrost their turkeys for the holiday. Because we will be closed the week of November 22, 2010 our patrons will be given enough food for 10 days (which includes their holiday dinner). Doing this puts an additional strain on pantry resources but we don't want our patrons to go without food that week.

All donations that will be put into our Thanksgiving Boxes need to arrive at our pantry on or before Friday November 12, 2010. We are normally closed on Fridays but are making an exception due to the holiday. If your donation is received after that date, we cannot guarantee that it will be used in a Thanksgiving Box. Any donations not used in a Thanksgiving Box will be used for our normal distributions.

Items needed for our holiday boxes are:

- ☐ Turkey (whole or breast)
- ☐ Cranberry Sauce
- ☐ Canned Yams
- ☐ Turkey roasting pans
- ☐ Turkey Stuffing (in the bird)
- ☐ Boxed cakes and frostings
- ☐ Puddings & Jello
- ☐ Turkey Gravy, canned
- ☐ Rice

The following items we are hoping to get fresh (if funds and donations allow) and need to be purchased during the week of November 12th to make sure they are in good condition for the boxes. If you can help with these items, please call us at (603) 724-9731 so we can make arrangements for pickup or delivery.

- ☐ Apples
- ☐ Bananas
- ☐ Squash
- ☐ Carrots
- ☐ Onions
- ☐ Potatoes
- ☐ Brown & Serve Rolls

What food we don't receive will need to be purchased. **We are short on funds and need donations to make this happen. All donations, small and large, will be helpful and greatly appreciated. Gift cards to Sam's Club or Wal-Mart are great as well.**

### Donation and Contact Information

If you can help, please mail or drop off donations to: Loudon Food Pantry, 30 Chichester Rd., Unit D, Loudon NH anytime Monday–Thursday between 10:00 AM and 5:00 PM. Please make checks payable to Loudon Food Pantry. If you cannot make it during these times, please call (603) 724-9731 to make alternate arrangements.

### Food Drives

Are you planning a food drive for us? Please call (603) 724-9731 and let us know. We are servicing five towns out of three rooms and handing out food Monday–Thursday. Letting us know in advance will allow us to be prepared to receive it — even if it's on a Friday or Saturday.

### Have you signed up for your Thanksgiving Box yet?

If you are eligible to receive food from Loudon Food Pantry, you qualify for a Thanksgiving Box. But you need to sign up to receive it. Don't wait until the last minute to sign up. Call (603) 724-9731 to make an appointment and sign up today.

### Thank You!

We would like to take a moment to thank all of our volunteers and donors for all you have done. All your help and hard work has allowed us to provide enough food for 51,522 meals in 2010 (so far). Without you, this would not have been possible. ■



## Bring Your Group to the Historical Society!

The Loudon Historical Society recently had two groups of Cub Scouts visit. The Bears and Wolves had many questions about Loudon's history. They also had a lot of fun trying to open the big safe.

The Historical Society loves to have groups of children (and adults!) come tour the museum. They especially welcome any group that wants to work on its badges.

If you'd like to arrange a tour, please contact Cynthia Babonis, secretary or Ron Lane, president. ■

# M V H S News

## Grappone in the Community:

The Grappone Automotive Group recently presented Merrimack Valley High School with a check for \$500.00. Rebecca Philbin, a 22-year Grappone team member, has been volunteering with our MVHS Band Boosters. Grappone Automotive Group has honored her volunteerism by presenting us with this donation. This money has been used by the Music Department to clean the band uniforms. Thank you to Grappone and Rebecca Philbin.

## Target's Take Charge of Education Program:

Take Charge of Education donations are accumulated for Merrimack Valley High School when supporters of our school make purchases using their REDcard. Target donates 1% of the purchase to MVHS each September. Thank you to all who participated in this program last year. We just got a check in the amount of \$477.35. These funds are used to provide the MVHS community with special things that come up and are not in our budget.

## National Art Honor Society News:

Congratulations to the following students selected as members of the Fall 2010 NAHS: Alexandra Ainsworth, Shylar Chevalier, Emily Davis, Janice Disla, Hannah Dziezanowski, Tess Hodges, Brianna Keniston, Isaac Ladd, Spencer Murphy, Sam Pender, Olivia Polep, Cara Pratt, Zoe Stoddard, Tess Wright, Eileen Crutchfield, Shelby Hamel, Bobby Krieger, Becka Landry, Taylor Seltzer, Becca Silveria, Kaitlyn Sweeney, Melina Caron, Brandon Frost, Lexie King, Sarah Millett, Walter Moody, and Trevor Warren.

## Extended Learning Opportunities:

ELOs are a way to achieve high school credit by completing learning opportunities outside of the

school day and outside of the building. We have many students who have earned credit so far. Students interested in earning credit for an ELO must apply 30 days before the intended start date of the opportunity. Applications can be picked up in room 211, by seeing Mrs. Corrow or by visiting the school website. Students are allowed to earn 5 ELO credits during their time at MVHS.

## Senior Project:

Senior papers are due no later than November 4 at 2:30 pm. Seniors recently attended information sessions about the senior project and the digital portfolio. Students should be completing as much of their portfolios as they can during the fall. If students need help they should see Mrs. Corrow.

## Automated Answering Service

Did you know that Merrimack Valley High School is perhaps the only NH high school that has an actual person answer every incoming phone call? Other schools leave parents surfing through a maze of options to perhaps reach a person. This is part of our commitment to strengthen partnerships between our school and community.

## Guidance News:

The year is well underway, and we have many exciting events going on to enrich the lives of MV students!

## Seniors

By now every senior should have met with his/her guidance counselor to discuss graduation requirements and post-high school planning. Any senior who missed the college overview last week should make an appointment with his/her guidance counselor to discuss the college application process. Much of the info you need can be found in the Senior Planning Packet

on the high school website. You should all be exploring options for after high school, checking out schools through college websites or campus visits, attending college fairs (our next one is planned for Wed. Oct. 6th) and narrowing down your list of colleges/programs. Any senior planning on attending a four year college should sign up for the SAT if you haven't done so already. Go to [collegeboard.com](http://collegeboard.com).

## 9th Graders

We hope your high school career is off to a great start! Please work hard, keep your grades up, and you will be well prepared in the coming years for high school success and beyond! If you have not done so already, please get involved in one of the many clubs, activities, or athletic teams that MV has to offer. It will make for a more enriching high school experience.

## Food Choices News:

The Food Choices classes have completed their units on safety, sanitation and tools. They are now working in the grains section of the Food Pyramid. In the labs, they have created a basic and a more complex biscuit, practicing cut-in and the gentle kneading of a soft dough. Next week they will start with most students' favorite — yeast breads, making dinner rolls, deluxe stuffed pizza, customized calzones, and sticky buns. There are many choices of grains available besides the common white flour creations. As we delve more into the unit, each student will have the opportunity to try a variety of less common grains like bulgar and couscous.

## Upcoming Events:

**November 3** Report Cards Sent Home During Homeroom ■

## Protect NH's Natural Resources — Report Wildlife Law Violators!

Are you aware of a poaching situation? Have you witnessed a wildlife crime? Contact Operation Game Thief! Fall hunting seasons are underway in New Hampshire, and N.H. Fish and Game Conservation Officers are reminding the public that everyone can participate in protecting New Hampshire's wildlife resources. In 2009 alone, Operation Game Thief received 151 tips on fish and wildlife violations in New Hampshire.

You can report violations to Fish and Game's Operation Game Thief online, any time at [www.wildnh.com/OGT](http://www.wildnh.com/OGT), or call the 24-hour hotline at 1-800-344-4262. Confidentiality is guaranteed. Rewards are paid for arrest or citation.

When you make a report, please include as much of the following information as possible: Date; Vehicle Description; License Number; Road/Route; Time; Violation; Travel Direction; Description of Person(s).

"There are only so many Conservation Officers in the field, so information reported by the public through Operation Game Thief calls can really make a difference in protecting our natural resources," said Lt. James Goss of Fish and Game Law Enforcement. ■

## Get A Big Bang For Your Energy-Efficient Dollar

(NAPSI) There's a vast array of energy-saving "to dos." These helpful tips can guide you:

### Start with the Right Caulk-Silicone:

The Long-Lasting Weatherization Solution. According to the U.S. Department of Energy, you can save 10 percent or more on your energy bill by air sealing. However, not all caulk provides energy savings over time. One hundred percent silicone caulk does. Leaks frequently occur in and around homes in places where extreme temperature fluctuations, moisture, humidity and damaging UV rays take their toll. Unlike acrylic caulk, which is vulnerable to these elements and can break down over time, silicone remains permanently flexible, shrinkproof, crack-proof and waterproof. In fact, 100 percent silicone remains unaffected by all weather and temperature conditions, so it helps prevent gaps and cracks, through which energy dollars can pass, from reforming. Look for GE Silicone II Window & Door or GE Silicone II W/D Supreme. If you need to paint the area, try new Groov by GE, which performs and lasts like a silicone and is easy to apply and paint like an acrylic.



### Install Programmable Thermostats in the Proper Location.

According to energystar.gov, you can save about \$180 a year by properly setting and maintaining programmable thermostat units. But be sure the unit is mounted on an interior wall away from heating or cooling vents or other sources of heat or drafts. A false reading as a result of cool drafts or excessive warm air can lead to unnecessary energy consumption.

### CFLs: Today's New Styles Are Brighter.

The average CFL lightbulb will save you about \$30 over its lifetime and pay for itself in about six months, according to energystar.gov. Want to be more energy efficient but find that the light is too dim? Try a brighter bulb-CFL equivalencies are based on the overall light output of the bulbs. Because CFL light appears diffuse, however, the same output isn't always enough.

For more information on how to weatherize your home, visit [www.caulkandsave.com](http://www.caulkandsave.com). ■



## Loudon Elementary School PTA News

The PTA is off and running for the school year. Field trip plans have been made, the Kindergarten and 5th grade students will be attending performances at the Capitol Center for the Arts, The 1st Grade took their annual trip to Meadow Ledge Farms, and the 3rd grade will visit Canterbury Shaker Village.

In order to support these activities, our fundraising efforts continue. Thanks to everyone who purchased wrapping paper or snacks during our Fall Fundraiser. We hope you are enjoying your purchases. We have a volunteer who has offered to collect aluminum cans at the school, recycle them and donate the proceeds to the LES PTA. Details will be available soon. Plans for fun and creative Hat Days are in the works. Watch your child's folder for details and thank you for your continued support.

MARK YOUR CALENDARS! The annual Santa's Breakfast and Craft Fair will be held at LES on Saturday, December 11th. Cindy Labonte will be heading up the

committee for this event. We are in need of volunteers to help Cindy the planning and execution of this popular event. Crafters or direct sales company representatives interested in a table for the craft fair should contact Jenn Becker at 798-5926 or [randy.b@comcast.net](mailto:randy.b@comcast.net). Tables are \$15 (plus an item donated to the raffle) for a 6-foot table and electricity is available. This year we will also organize a food drive for those less fortunate in our community. We look forward to seeing everyone on the 12th!

We are in the process of forming a committee to support the community cookbook project. We need people to collect recipes, enter data and sell advertisement space. If you are able to help, please contact Jenn Pfiefer at 783-8986 [jtpfeifer@comcast.net](mailto:jtpfeifer@comcast.net).

The next PTA meeting will be held November 4th at 6 p.m. Child care is available. ■



**DEADLINE FOR  
THE DECEMBER ISSUE OF THE  
LOUDON LEDGER:  
FRIDAY, NOVEMBER 12, 2010**

## OBITUARIES

### Alfreda B. Wells-Delgrego

Alfreda Barbara Wells-Delgrego, 79, died, Saturday, September 25, 2010, surrounded by her loving family.

She was born Jan. 31, 1931, in Concord, the daughter of Clarence and Effie (Gullage) Wells. She graduated from Concord High School in 1949 and attended Bible College. Barbara worked for GE in Lynn, MA.

For 39 years, Barbara was the loving wife of Donald Delgrego. They were snowbirds and spent much of their time in Homosassa, FL. When in NH, Barbara attended Faith Tabernacle Church in Concord.

She was predeceased by her brother Ernest Wells and her sister Mary Boyce.

Barbara leaves behind her husband, Donald; daughter Laurie Yanix and her husband, Michael; son Timothy Langlois and his wife, Darlene; foster daughter Shannon Vincent; brother Clarence "Red" Wells; sister Dorothy Breeze; sister-in-law Charlotte Wells; niece Audrey Wells; grandchildren; and several nieces and nephews.

She was loved by so many and will be missed by all who knew her. A special remembrance is noted, "From her grateful, loving children Tim and Laurie; not only in recognition of us, but of all her service to others." Memorial donations may be made to Faith Tabernacle Church of Concord or Concord Regional Visiting Nurse Association Hospice House.

### Beatrice Seymour

Beatrice Seymour, 82, a longtime resident of Loudon, died Sunday, Oct. 3, 2020, at Pleasant View Nursing Home in Concord.

She was born in Berlin, the daughter of the late Edward R. and Georgiana (Morin) Webb. She attended Catholic school in Berlin.

Beatrice enjoyed life. She was a very happy person who always wore a smile on her face. She loved spending time with her children and grandchildren.

She is survived by her children, Ralph Seymour and his wife, Lindsay, of Hillsboro; Anita Olsen of Franklin; and John G. Seymour of Center Barnstead; three grandchildren, Chris Seymour of Hillsboro, Bea Santoucito of Pittsfield, and James Olsen of Manchester; and six great-grandchildren, Rebecca, Katelyn, Timothy, Riley, and Joseph Richmond, and Brandon Seymour.

### John E. Pass

John E. Pass, 63, passed away peacefully Sunday, Oct. 3, 2010.

He was born July 18, 1947, in Lynn, MA, the son of Mary J. (Bussiere) Pass of Loudon and the late Arthur E. Pass.

He served in the US Army as an Administrative Specialist. He was a very decorated soldier earning the Purple Heart, National Defense Service Medal, Vietnam Service Medal, Good Conduct Medal, Army Commendation Medal and the Joint Service Commendation Medal.

His hobbies included bowling and hanging out at the Makris Lobster & Steak House. John liked to watch football, baseball and Nascar Racing. He also enjoyed softball.

Besides his mother, John is also survived by his daughter Lisa and her husband, John Hally of Peabody, MA, daughter Shannon Pass of Lynn, MA, daughter Melissa and her husband, Sam Morin of Salem, MA, son David and his wife, Jill Pass of San Antonio, TX; 4 grandchildren, Kevan Hally of Peabody, MA; Justyna Pass of Lynn, MA; Shayla and Logan Morin of Salem, MA; 2 brothers Thomas Pass of Lynn, MA, Roger Pass of Merrimack, NH; a sister: Mary Jayne Pass of Florida and many nieces and nephews.

He is predeceased by his sister Lorraine, may she rest in peace, of New Hampshire.

### Veronica J. Fontaine

Veronica J. Fontaine, 57, of Shaker Road, died Wednesday, October 13, 2010, at Catholic Medical Center in Manchester, after a brief illness.

She was born in West Stewartstown, daughter of the late Brendon A. Grover of Red Hook, NY.

She was a graduate of Pittsburg High School and Berlin Technical School. She worked as an office manager for Holmes Carpets and Cabinets in Chichester for many years.

Veronica enjoyed four-wheeling, snowmobiling, knitting, and crocheting. She was an avid New England Patriots fan. Veronica enjoyed spending time with her grandchildren.

In addition to her mother, she is survived by her daughter, Jennifer Parker of Manchester; her grandchildren, Olivia and Sawyer Laflamme; three brothers, Richard Grover of Germantown, NY, William Grover of Breezewood, PA, and Peter Grover of Tivoli, NY; one sister, Cathy Chapple of Dover, NY; and her dog, Sydney.

### Shirley M. Lahar

Shirley M. Lahar, 86, died Sunday, October 17, 2010, at home.

She was the wife of the late Donald H. Lahar, who passed away February 17, 2010, after almost 61 years of marriage. They were married June 18, 1949.

She was born April 24, 1924, in Concord, daughter of the late Thomas and Mae Andrews. She graduated from Concord High School in 1942. Before moving to Loudon in 2001, she lived in Bow for more than 40 years.

Shirley worked for Blue Cross Blue Shield. She was also employed as an administrative assistant and church secretary. She was also a bookkeeper for the two businesses that she and her husband started. These were Mr. Sparkle and Family and the Windsong Frame and Gift Shop.

Mrs. Lahar was a longtime member since September 1956 of the Center Point Church (formerly First Baptist Church). She was very active within the church as nursery coordinator and as a coordinator of fellowship dinners and agape suppers.

She is survived by three children, Scott B. Lahar of Loudon, Linda and her husband, Dennis Prussia, of Concord and Aaron and his wife, Karen Lahar, of Loudon; 10 grandchildren, Michael, Jennifer, Sam, Christopher, Debra, Stacey, Kristen, Shawn, Lauren and Tyler; and nine great-grandchildren, Madison, Jack, Samantha, Alex, Brannon, Ethan, Connor, Avery and Caden.

In lieu of flowers, memorial donations may be made to Center Point Church, 20 N. State St., Concord, NH 03301.

### Caroline E. Hibbard

Caroline E. Hibbard, 79, of Loudon, died Thursday, October 21, 2010 at Concord Hospital after an extended illness.

She was born May 18, 1931 in Haverhill to the Rev. Forrest L. and Alice (Girardet) Eastman. She was a 1949 graduate from Lynn, MA Hospital School of Nursing in 1952. She worked as a registered nurse for many years.

She was a parishioner of St. Stephen's Episcopal Church in Pittsfield for many years, and later attended Anglican services. She was an avid Red Sox fan, and enjoyed gardening and reading.

She is survived by her children, Stephen M. Smith of Pembroke, Bruch G. Smith and wife, Lynn, of Lyme, Neil A. Smith of Loudon, Andrew L. Smith and wife, Chris, of Portland, OR, Irene R. Smith of Loudon, and Kathleen E. Sayers and husband Steven, of Twin Falls, ID; brothers Charles A. Eastman and wife, Kathy, of Epsom, Mark L. Eastman of Montreal, Quebec, and David C. Eastman of Loudon; and her sister, Margaret E. Baltas and husband, Leon of London, Ontario; an Aunt, Elizabeth Krynski of Durham, NC; many grandchildren and several nieces.

Memorial donations may be made to Concord Hospital Trust (for 5th Floor East) c/o Office of Philanthropy, 250 Pleasant St., Concord, NH 03301.

## New Preschool Opening Fall 2010



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The Town Clerk and Tax Collector's  
Office will be closed on Tuesday,  
November 2 due to the Election.

All Town Offices will be closed  
Thursday, November 11 in honor of  
Veterans' Day.



## Fall Hiking Tips — Bring A Flashlight And Prepare For Cold Mountain Weather

Hikers heading out to enjoy the fall foliage in New Hampshire's mountains should keep in mind some basic safety precautions. Days are getting shorter, increasing the possibility of hikers getting caught out on the trail in the dark if something goes awry; fallen leaves can make it harder to follow trails; and changeable weather, even snow at some altitudes, means layers of clothing are recommended, even for a day hike.

For example, on Sunday evening (October 3, 2010) at 6:40 p.m., rescuers were called to Miller State Park in Peterborough, N.H., to search for two lost 15-year-old girls hiking on the Wapack Trail. Fortunately, Hillsborough County Dispatch was able to obtain a GPS location of the young hikers by cell phone. N.H. Fish and Game Conservation Officer William Boudreau and Peterborough Police Officer Brian Dugre located the two girls two-tenths of a mile north of the Pack Monadnock summit on the Wapack Trail. The hikers were uninjured and walked out with assistance from the officers, reaching the parking lot at 9 p.m.

The teens had set out on their hike at 1:00 in the afternoon. They had underestimated the length of their trip and were still out on the trail when darkness fell. They did not have any flashlights with them or a map of the area. The girls were fortunate in being able to get cell phone reception and call for help. Once they could no longer find the trail, they stopped and waited for rescuers, which was the right thing to do, according to Fish and Game C.O. Todd Szewczyk.

"We encourage all hikers to make and follow an itinerary, and carry lights, such as a head lamp, on any hike for possible emergency use," said Szewczyk. "It is always better to be prepared."

N.H. Fish and Game Conservation Officer Lt. Todd Bogardus heads up the Department's Search and Rescue Team. "We love to see people getting out to enjoy New Hampshire's great outdoors, but it is critical to be prepared for the unexpected," says Bogardus. "The mountain environment can be a dangerous place. Fall hikers have to realize that winter-like conditions can come early to the mountains, so they must be prepared for conditions that are very different from those they might have enjoyed on summer hikes."

Mountain visitors should take special precautions to enjoy their adventures safely. "Hikers should most definitely look at high-mountain weather forecasts to be better prepared for conditions at this time of year," says Bogardus. "As a general rule, it's significantly colder and windier the higher you climb. As the season progresses, you're more likely to find snow and ice at higher elevations, too. Know the forecast and prepare for likely conditions with appropriate clothing. Even more critical — assess the actual conditions in the field and act accordingly."

High in the White Mountains, temperatures can reach the single digits even in September; winds are often strong and chilling; visibility can be very poor in low clouds; and early snows are possible. Dress in layers to suit varying conditions and

carry extra warm clothing and raingear in your pack. Above all, warns Bogardus, "Don't press onward 'no matter what' — adjust your actual trip to conditions as you find them, and plan ahead for a safe return. Be willing to turn back."

Diminishing daylight hours present another challenge. "Getting an early start, taking maximum advantage of available daylight, is critical — as is having a good flashlight or headlamp, plus spare batteries, and a back-up source of light," says Bogardus. "Don't count on calling 911 after you can no longer see the trail."

As winter approaches, trail conditions become more difficult. Rebecca Oreskes of the White Mountain National Forest notes, "Before too long, trails will get snowy and icy, slowing people down and creating the need for specialty equipment in some areas. Crampons — special ice spikes strapped to boots — or similar traction devices can make slick ice-covered stretches of trail much easier to travel. And if the going gets much slower than anticipated, don't hesitate to turn around and head back down."

Some guidelines for safe hiking are outlined in the principles of "hikeSafe," a joint New Hampshire Fish and Game Department/White Mountain National Forest initiative to promote safe and responsible hiking.

The hikeSafe "Hiker Responsibility Code" sums up the basic tenets of backcountry safety:

- 1) Be prepared with appropriate knowledge and gear;
- 2) Let someone else know your plans;
- 3) Hiking groups should stick together, and not let themselves become separated;
- 4) Hikers should always be ready to turn back if circumstances, such as changing weather, dictate;
- 5) Hikers should be ready for emergencies; and
- 6) Those who know the code should share its lessons with others.

"Most autumn visitors to our state's forests and mountains have great experiences," says Bogardus, "and there's a better chance of having a satisfying trip if hikers follow the hikeSafe principles."

For more information about safe hiking — including the ten essential items you should have in your pack any time of year — visit [www.hikesafe.com](http://www.hikesafe.com). ■



Happy  
Thanksgiving



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**Notices for all Public Meetings are posted at the following sites:**

- **Town Office**
- **Maxfield Public Library**
- **Beanstalk Store**
- **Ivory Rose/USPS**
- **Transfer Station**
- **Web Site**



## 8 Reasons to Work With a Real Estate Agent to Sell Your Home

By Jack Prendiville

Century 21 Thompson Real Estate

jprendiville@c21nh.com

If you had a legal problem, would you proceed without an attorney? How about a tax problem-would you hire a CPA? Then why would you ever even consider trying to sell your home without the assistance of a real estate agent?

Real estate agents are licensed professionals trained to assist you before, during and even after you sell your home. A qualified agent can save you time and money, reduce stress and streamline the entire process.

Here are some additional advantages for working with a qualified agent:

- An agent can provide you with current market information, such as which houses are for sale, what their listing prices are and how long they've been on the market. He or she will also help you set a realistic price for your home-to get it sold quickly, at the best price with the least stress.
- Your agent will recommend ways to improve the marketability of your home, such as fresh paint or landscaping to improve curb appeal.
- An agent will market your home to both the general public and to other agents. According to National Association of Realtors statistics, 82% of sales of result from agent contacts through previous clients, referrals, friends and family.
- An agent will know how and when to advertise your property.
- An agent will prequalify prospects so you don't have to allow strangers into your home.
- Your agent will help you evaluate offers on your home as well as negotiate the terms of the contract on your behalf.
- When issues arise-as they do in every transaction-your agent will be there to help resolve them and keep the deal on track to closing.
- Your agent will be there every step of the way, to guide you, and advise you and ensure that everything goes smoothly. ■

## Historical Society Minutes — August 4, 2010

**Attendance:** Beccy Smith, Irene Dow, Linda Hunton, Michele York, and Henry Frost.

Minutes from the July meeting were reviewed and approved. Michele and Linda presented the new jigsaw puzzle that we will sell this year as a fundraiser.

The group worked on signs for the raffle and reviewed the plan for OHD, including jail, raffle, and coverage of the museum.

Irene presented copies of the OHD booklet.

Henry donated a postcard from Old Home Day 1919.

Michele read the *Loudon Ledger* ad for our puzzles.

Cyndi and Michele made raffle posters.

Members spent time reorganizing some displays at the museum in preparation for OHD.

Meeting Adjourned.

Respectfully Submitted,

Cynthia Babonis

LHS Secretary

## Library Trustee Minutes — September 7, 2010

12:30 p.m.

### In Attendance:

Trustees Sandy Blanchard, Ken Krzewick, and Library Director Nancy Hendy  
Minutes from the August 3, 2010 Trustees meeting were read and approved.

### Financial Report

The Board had a discussion regarding the financial books.

### Library Director's Report – September 7, 2010

Sign-ups are in progress for the **oil painting course** for beginners. The classes start on Wednesday, October 13, from 2–4 p.m., and will run for eight weeks. Fran Nash has increased the number of **press releases** going out so that we are now having our news included in the *Suncook Valley Sun* along with our neighboring towns. SILC is sponsoring another informational **night for Trustees on September 13**, at 7 p.m., in Epsom. The speaker will address planning for building maintenance projects. Carpooling would be helpful. We are still working on a better and more extensive **display area for DVDs**. End caps in the area where children's books used to be on the main floor also need to be converted for more efficient use. Additional shelving has arrived for the Children's Room. The annual **audit** of the library's financial records was completed on August 17. The **Adult Summer Reading Program** wind-up celebration, on August 10, was a big hit and gave us inspiration for next year. We switched over to **Comcast** for telephone, antivirus coverage (Symantec), and our website. Because of the type of line needed, the elevator emergency line had to remain with TDS. The **Loudon Village Arts Fall Show** will be held in the Everson Room on October 8 and 9. The group hopes that the Trustees will be able to come to the opening reception on Friday. **Story time** resumes its schedule of three sessions a week on September 14.

### Children's Librarian's Report

August 4th was the last movie day for the Summer Reading Program. 15 children and 8 adults were in attendance. August 5th was the last drop-in day for the Summer Reading Program. 8 children and 7 adults were in attendance. August 5th was the Summer Reading Program Teen Movie Night. There were 8 teens and 2 adults in attendance.

August 12 the Summer Reading Program had its prize party for the elementary group. There were 56 children and Kathryn Bousquet, Sue Kowalski, Misty Martell, Scott Martell, Kelly Pedersen, and Laura Vincent. Meadow Ledge Farm was contacted to schedule Story Times annual apple picking field trips. They have been scheduled for October 5th and 6th. The Teen Prize party was held on August 19th. There were 10 teens that completed the program. Books and crafts have been finalized for September Story Time.

### Metal Roof Report

The metal roof is being researched and is in the process of being discussed by the Board of Trustees.

### Personnel Policy

The personnel policies are under review.

The Trustees meeting adjourned at 2:20 p.m.

The next Trustees' meeting is scheduled for 5:00 p.m. on October 5, 2010.

Susan Kowalski  
Sandra Blanchard  
Kenneth M. Krzewick



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## Selectmen's Meeting Minutes — September 7, 2010

Present: Selectmen Maxfield, Ives, and Bowles. Also present ZBA Chairman David Powelson, ZBA member Roy Merrill, Planning Board Vice-Chair Stanley Prescott, Police Chief/Code Enforcement Officer Bob Fiske, Fire Chief Jeff Burr and Leigh Cheney from Capital Area Public Health Network.

Chairman Maxfield called the meeting to order at 6:30 P.M.

*Selectman Ives moved to approve the Selectmen's Meeting Minutes of Tuesday, August 31, 2010 as printed. Second by Selectman Bowles. All in favor. Motion carried.*

Chairman Maxfield opened the Board of Permit.

Mr. Fiske stated that he had a request from the Blue Storm Sports organization which serves the youth of Merrimack Valley communities for football, cheerleading, indoor soccer, indoor lacrosse, and outdoor spring lacrosse for ages 6–16; to hold a drive fundraiser at Loudon businesses on September 18, 2010 from 10:00 AM–3:00 PM. The businesses involved are the Egg Shell Restaurant, Beanstalk 106 Store and Big Apple Convenience Store. Mr. Fiske stated that the kids participating in the program will be standing with their jerseys on asking for donations. The Board agreed that as long as the businesses agreed to allow this event to take place they had no problem with the event.

Chairman Maxfield closed the Board of Permit and reopened the Selectmen's Meeting.

The Board met with Police Chief/Code Enforcement Officer Bob Fiske.

Mr. Fiske asked the Board if there was any word on the NHMS issues. The Board advised Mr. Fiske to proceed with the proposed schedule as discussed.

The Board discussed the State Inspection Application for Jeff Green on Bumfagon Road. Mr. Fiske stated he had no knowledge of any current business at this location other than the junkyard. He said he knew that Ollie Green had a repair shop there at one time but was unaware of any current business. Chairman Maxfield asked if Mr. Green would need to go before the Planning Board. Mr. Fiske stated that the Board had required other repair shop owners to provide documentation/receipts showing the business had been operating continuously in the past and felt Mr. Green should have the opportunity to do the same. Discussion ensued regarding forwarding Mr. Green a letter advising him that he should provide documentation showing he has continuously operated the same type of business at this location to the Board for review. If Mr. Green is not able to provide the required documentation, he may be advised to go before the Planning Board.

The Board met with Fire Chief Jeff Burr. Chief Burr introduced Leigh Cheney of the Capital Area Public Health Network.

Ms. Cheney provided the Board with updated paperwork relative to the Capital Area Public Health Network and gave a brief overview of the Public Health Emergency Response Plan. Ms. Cheney stated that there are fifteen (15) Public Health Network Regions in the State of NH and while the funds are covered by the State of NH Ms. Cheney works for Concord Hospital. Ms. Cheney stated that if the Public Health Networks are activated by the State there would be a regional operation center, much like local emergency operation centers. She advised the Board that there was a "Dispensing Plan" included in the Public Health Emergency Response Plan and if there was

a need to quickly dispense medications and such to residents, Loudon residents would be advised to go to NHTI in Concord. Ms. Cheney discussed the other components within the PHERP such as Medical Surge, Mass Fatality Management, Risk Communication, and Volunteer Medical Reserve plan. Ms. Cheney thanked the Town of Loudon Safety Officials for the active role that they have played with putting this plan together. Selectman Ives asked about the "Medical Reserve" portion of the Plan. Ms. Cheney stated that CAPHN has contracted with Home Health Agencies, Concord Hospital, and other Social Service Agencies to assist and coordinate with this portion of the Plan. Ms. Cheney asked for the Board's signature to show that the Town of Loudon still wishes to participate in the program.

*Selectman Ives moved to establish a Permanent Hazard Mitigation Committee as per the requirements of the Town of Loudon Hazard Mitigation Plan. The Committee, who were appointed last week, will consist of representatives of the Highway Department, Police Department, Fire Department as well as a representative of the Select Board and the Planning Board. The permanent committee will meet on a quarterly basis. Those committee members who were appointed on August 31, 2010 and who will now become permanent members are Fire Chief Jeffrey A. Burr, Sr., Chairman, Police Chief Robert N. Fiske, William L. Lake, David J. Rice, Robert A. Cole, Donna K. White, and Dustin J. Bowles. Seconded by Selectman Bowles. All in favor. Motion carried.*

The Board began their review of weekly correspondence.

*Selectman Ives moved to waive the fee on ambulance account #45545 in the amount of \$266.93. Seconded by Selectman Bowles. All in favor. Motion carried.*

*Selectman Bowles moved to appoint Lee Ann Childress to the Loudon Solid Waste and Recycling Committee with the appointment to expire on March 31, 2011. Seconded by Selectman Ives. All in favor. Motion carried.* Selectman Bowles stated that Mrs. Childress joined the Committee around the same time that the other appointments were issues and it was an oversight that she was not appointed then. He said Mrs. Childress is doing an excellent job and is a great asset to the Committee.

The Board received a memo from Assessor David Wiley regarding Gravel Excavation.

The Board received information Dave Rice received regarding the New Hampshire Lakes Association and Clough Pond Association for review.

The Board received information from Merrimack Valley School District regarding a Public Hearing and the "Pupil Safety and Violence Prevention Policy." Discussion ensued.

The Board received copies of a letter received from "The Coalition Communities" regarding State Education Funding.

The Board received a scholarship thank you card for review.

The Board received copies of an e-mail received regarding FEMA e-grants.

The Board received copies of the May, June and July Cate Van Committee Meeting Minutes for review.

The Board met with Moderator Mike LaBonte.

Mr. LaBonte stated he wanted to touch base with the Selectmen regarding the Primary Election scheduled for Tuesday, September 14, 2010. The Selectmen advised Mr. LaBonte that Road Agent David Rice

was working on the set-up. Mr. LaBonte advised the Board that the ballot testing would be done on Wednesday, September 8, 2010 at 9:00 AM if anyone wanted to attend. The Board thanked Mr. LaBonte for coming in.

*Selectman Ives moved to enter in to executive session at 7:21 PM to discuss an ongoing issue with two Loudon residents which could be detrimental to someone's character if discussed in an open forum. Seconded by Selectman Bowles for discussion purposes. There was discussion that the parties did not want to go in to executive session. Selectman Bowles stated that it was the Board's desire to have this discussion in executive session and if the parties involved did not want to enter in to executive session then the Board would need to end this discussion and contact Town Council for his recommendation. The Loudon residents*

*agreed to have the discussion in executive session. Roll call vote: Maxfield yes, Ives yes, and Bowles yes. Selectman Ives moved to come out of executive session at 7:48 PM. Seconded by Selectman Bowles. Roll call vote: Maxfield yes, Ives yes, and Bowles yes. Motion carried. Selectman Bowles moved to seal the minutes of the executive session for a period of five years from this date. Seconded by Selectman Ives. All in favor. Motion carried. Chairman Maxfield stated the purpose of the executive session was to discuss personnel issues.*

*Selectman Ives moved to adjourn at 7:50 PM. Seconded by Selectman Bowles. All in favor. Meeting adjourned.*

### LOUDON BOARD OF SELECTMEN

Roger A. Maxfield, Chairman

Steven R. Ives, Selectman

Dustin J. Bowles, Selectman

**DEADLINE FOR THE DECEMBER ISSUE OF THE LOUDON LEDGER: FRIDAY, NOVEMBER 12, 2010**

## Selectmen's Meeting Minutes — September 21, 2010

PRESENT: Selectmen Maxfield, Ives, and Bowles. Also present Road Agent David Rice and Bonnie Theriault, Office Assistant.

Chairman Maxfield called the meeting to order at 6:30 P.M.

*Selectman Bowles moved to accept the Selectmen's Meeting Minutes of Tuesday, September 7, 2010 as written. Second by Selectman Ives. All in favor. Motion carried.*

Chairman Maxfield stated for the record three pistol permits were signed for approval.

The Board met with Road Agent David Rice.

Mr. Rice discussed the Lakes Conservation Corps program available through NH Lakes, which assists municipalities and property owners with shoreline issues. He said the group utilizes high school students who need to do community service and this is all done at no cost to the town. Chairman Maxfield said he felt the town could apply for this as long as there is no cost involved. Chairman Maxfield said a letter could be drafted to include a request to review the plans prior to the start of the project.

Mr. Rice advised the Board the crew was ditching on Oak Hill Road from the town line back in an effort to alleviate the water drainage problems.

Mr. Rice said he measured Batchelder Road for the re-paving that will be done and it is approximately 1,000 feet.

Selectman Ives asked when they would begin screening sand for the winter. Mr. Rice said the first of October and he has already spoken with Joe Bohi about using the screener.

The Board recognized Greg Hill, candidate for State Representative for District 6, which includes Loudon.

Mr. Hill said he has been very active in the Town of Northfield. He said he feels Concord could learn from the smaller municipalities. Mr. Hill said he is running for the office from a businessman's standpoint. Chairman Maxfield asked about the number of towns in the district. Mr. Hill

said Andover, Boscowen, Salisbury, Northfield, Canterbury, and Loudon.

Chairman Maxfield recognized Brian Blake of Troop 30 in Loudon. He said the Boy Scouts were at the meeting to listen to the process for a merit badge. Chairman Maxfield gave a brief explanation of the Selectmen's duties. The question was raised on whether there is a budget committee. Chairman Maxfield said the Selectmen set the budget and explained the process.

*Chairman Ives moved to approve the proposal from Stan Prescott LLC to survey town owned property on Foster Road for the cost of \$575.00. The cost will be split between account 01-41503-300-620 Engineering Fees and account 01-41311-100-191 Conservation Commission with \$287.50 from each line. Second by Selectman Bowles. Selectman Ives noted the reason for the motion is because it is a contract to do the survey at the request of the Conservation Commission. All in favor. Motion carried.*

The Board began their review of weekly correspondence.

Chairman Maxfield said he had requested the bridge replacement costs for Cross Brook and Chichester Road bridges to be used in his report for the Hazard Mitigation Plan.

The Board received a draft invoice for fire protection services for the Sylvania 300 at NH Motor Speedway in the amount of \$31,505.75. The Police Department billing is in the amount of \$99,073.25. The combined total resulted in an overall savings of \$2,921.00.

The Board reviewed a request to schedule a public hearing on establishing an annual fee for parking permits. The Board agreed to hold the hearing on Tuesday, October 12.

The Board acknowledged receipt a thank you letter from town counsel for the work accomplished by the Board on the negotiations with NH Motor Speedway for security coverage.

*Selectmen — cont. on 27*



**Selectmen — cont. from 26**

The Board also received a copy of a thank you letter sent to Police Chief Bob Fiske by Attorney Bart Mayer for his work on the negotiations. Selectman Bowles said he wanted to note it was a very frustrating time and a lot of hours were spent to keep the residents safe and to work with the track to get the event covered.

The Board received notification on the motion for reconsideration of the Greenview Drive litigation. The court has denied the second request.

The Board received a bridge inspection report for Cross Brook Road Bridge.

The Board received notification of the annual State auction to be held in October.

The Board received notice of the public hearing for the Property-Liability Trust rate setting at Local Government Center.

The Board received the September Planning Board minutes for review.

The Board received a copy of an article on wind turbines sent in by Audiology Specialists, LLC.

The Board received copies of the June and August Agricultural Commission meeting minutes for review.

The Board received two notices from Comcast.

The Board acknowledged receipt of a scholarship thank you.

Chairman Maxfield recognized Mike Henderson from the audience. Mr. Hender-

son said he would like to know if there has been any progress on his concerns for the work done on Chichester Road and Bee Hole Road. He said time is getting short if re-paving is to be done. He said he has noticed gravel is being placed on the shoulders and wondered why that would be done if the road is going to be re-done. Chairman Maxfield said the gravel is for safety purposes. Mr. Henderson questioned why the town engineer has not looked at the road. Selectman Ives stated the town engineer did inspect the road. The crown had to match the existing roadway. The road has been constructed to the standards set forth on the plan, the project is complete. Rick Landry said any deficiencies are the responsibility of the developer so why would the town accept responsibility when it should be the developer. Selectman Ives said the bond is still in place. Rick Landry questioned liability should someone be unable to stop at the intersection because of slippery conditions. It was stated the bond is still in place.

Chairman Maxfield returned to the correspondence.

The Board received copies of the August property transfers for review.

The Board reviewed the annual election ballot for the NH Association of Assessing Officials.

The Board noted receipt of a wetlands application for partial repair to the Sanborn Pond Dam for review and comment.

## Selectmen's Meeting Minutes — September 28, 2010

Present: Selectmen Maxfield, Ives, and Bowles. Also present Police Chief/Code Enforcement Officer Bob Fiske, Fire Chief Jeff Burr, and Deputy Fire Chief Rich Edgecomb.

Chairman Maxfield called the meeting to order at 6:30 P.M.

*Selectman Ives moved to approve the Selectmen's Meeting Minutes of Tuesday, September 21, 2010 as presented. Second by Selectman Bowles. All in favor. Motion carried.*

The Board met with Fire Chief Jeff Burr. Chief Burr advised the Board training will be taking place at J&D Repairs on Wednesday.

Chief Burr also advised the Board he has been working with David Huckins of Huckleberry Oil regarding the propane tanks and the cistern. Chief Burr stated that Mr. Huckins has done an excellent job with the propane facility.

The Board met with Police Chief Bob Fiske.

Chief Fiske presented two pistol permits for the Board's approval and signature.

Chairman Maxfield advised Chief Fiske that NH Motor Speedway has requested the payroll activity sheets and cover spreadsheet to review the hours for payment processing. Chief Fiske will deliver this material to the track.

Selectman Ives said he feels Chief Fiske and Chief Burr did a great job over the race week-end. However, he said he feels statements made by town officials in regards to NH Motor Speedway should be run through the Selectmen's Office before being made public unless it is an emergency situation. Selectman Ives also said this was his opinion and he had not discussed his thoughts with Chairman Maxfield or Selectman Bowles. Chief Fiske said he had spoken at length with Attorney Mayer on Friday and Attorney Mayer agreed there was nothing wrong with what had been said.

Chairman Maxfield discussed obtaining a second set of flood maps for use by the Selectmen's Office and Planning/Zoning Office.

Chairman Maxfield discussed the vandalism that has taken place at the Recreation Field.

The Board began their review of weekly correspondence.

The Board received notice of a grant application workshop for the Hazard Mitigation Grants on October 7th.

The Board received the September Zoning Board of Adjustment minutes for review.

The Board received the monthly newsletter from Councilor Shea for review.

*Selectman Ives moved to appoint David Rice as alternate member for Loudon to the Concord Solid Waste Resource Recovery Co-Operative with the appointment to expire on November 30, 2013. Second by Selectman Bowles. All in favor. Motion carried. Selectman Ives moved to appoint Stephen Bennett as a member for Loudon to the Concord Solid Waste Resource Recovery Co-Operative with the appointment to expire on November 30, 2013. Second by Selectman Bowles. Selectman Ives stated Steve does an excellent job both in representing the Town at the Co-Operative as well as managing the Transfer Station. Selectman Bowles and Chairman Maxfield agreed with this comment. All in favor. Motion carried.*

*Selectman Bowles moved to appoint George Saunderson to the position of Trustee of the Trust Funds with the term to expire March 8, 2011. Second by Selectman Ives. All in favor. Motion carried.*

*Selectman Bowles moved to adjourn at 6:55 P.M. Second by Selectman Ives. All in favor. Motion carried.*

**LOUDON BOARD OF SELECTMEN**  
Roger A. Maxfield, Chairman  
Steven R. Ives, Selectman  
Dustin J. Bowles, Selectman

The Board received information on the benefit cost analysis workshop from Emergency Management.

Selectman Ives stated he wanted to offer his thanks and appreciation to Police Chief Bob Fiske for an outstanding job during the Sylvania 300 week-end. Chairman Maxfield said he seconds those comments. Selectman Bowles said he had already spoken with Chief Fiske and commended him for a job well done.

*Selectmen Ives moved to go into executive session to discuss a personnel matter at 7:35 P.M. Second by Selectman Bowles. Roll call vote; Bowles yes, Ives yes, Maxfield yes. Motion carried. Selectman Ives moved to come out of executive session at 7:50 P.M. Second by Selectman Bowles. Roll call vote; Bowles yes, Ives yes, Maxfield yes. Motion Carried. Selectman Bowles moved to seal the minutes of the executive session for a period of five years.*

*Selectman Ives said he would second the motion for discussion purposes. Selectman Ives said he does not feel there is a need to seal the minutes as minutes would have to be written to be sealed. If the minutes were not sealed they could become part of the regular Selectmen's minutes. Selectman Bowles moved to withdraw his motion. Selectman Ives seconded this motion. All in favor Motion to withdraw original motion carried. Chairman Maxfield stated the purpose of the executive session was to discuss a personnel matter.*

*Selectman Ives moved to adjourn at 7:51 P.M. Second by Selectman Bowles. All in favor. Motion carried.*

**LOUDON BOARD OF SELECTMEN**  
Roger A. Maxfield, Chairman  
Steven R. Ives, Selectman  
Dustin J. Bowles, Selectman

## Selectmen's Meeting Minutes — October 5, 2010

Present: Selectmen Ives and Bowles. Chairman Maxfield was not in attendance at this meeting. Also present Road Agent David Rice and Fire Chief Jeff Burr.

Selectman Ives called the meeting to order at 6:30 P.M.

*Selectman Bowles moved to approve the Selectmen's Meeting Minutes of Tuesday, September 28, 2010 as presented. Second by Selectman Ives. All in favor. Motion carried.*

Selectman Ives stated for the record one pistol permit was signed for approval.

The Board met with Fire Chief Jeff Burr. Chief Burr presented the Board with information for their review.

Chief Burr stated Huckleberry Heating Oils will be purging the propane tank on Chichester Road on Wednesday. Once this has been completed there will be one or two loads of propane delivered and further testing will take place. Selectman Ives asked if there will be any vapors emitting from the tank during the testing. Chief Burr said the Fire Department will be on standby at the site to alleviate any concerns from residents. Chief Burr advised the Selectmen they should visit the site as Mr. Huckins has done a very good job with the project.

Selectman Bowles advised Chief Burr there appears to be a substantial spike in the electric bill for Station 2. The Selectmen asked Chief Burr to see if this can be explained.

The Board met with Road Agent David Rice.

Mr. Rice advised the Board work had begun on Batchelder Road and it should be ready for paving next week.

Mr. Rice said he would be having the catch basin company come in to clean out catch basins on Country Hill Road, Berry Road, and some on the Ridge as well.

Mr. Rice said he will be sending the newest of the big trucks to Liberty to check out an antifreeze smell.

Mr. Rice said they will be screening sand to replace the pile that will be moved into the shed.

Selectman Ives asked about the mowing. Mr. Rice said they did accomplish quite a bit this year, pretty much the whole south end of town. He said the crew is now grading roads.

Selectman Bowles asked about the waste oil furnace for the shop that had been discussed a couple of years ago. Mr. Rice said the price seemed a little high for what was available in funds at the time. Mr. Rice said he will get current prices and see what could be done. Selectman Bowles asked Mr. Rice to follow up on this.

Selectman Ives asked if Town Clerk Wendy Walsh had spoken with Mr. Rice regarding the election. Mr. Rice said yes, Mrs. Walsh had thanked him and the crew for their assistance in setting up the Hall for the election. She said many towns are envious for the assistance she receives from the

**Selectmen — cont. on 28**

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**Selectmen — cont. from 27**

Highway Department and the Selectmen. Mr. Rice said this is something that they have always done, setting up the day before and being available as needed on Election Day.

The Board began their review of weekly correspondence.

The Board received a copy of a letter from Attorney Mayer to Attorney Donovan.

The Board acknowledged receipt of payment in full for Police and Fire protection for the Sylvania 300 from NH Motor Speedway, accompanied by a letter from General Manager Jerry Gappens. Selectman Ives stated for the record the check is in the amount of \$130,579.00.

The Board received correspondence from Town Counsel regarding an appeal that has been filed in the Greenview Drive litigation.

The Board received a copy of the gas tax reimbursement for the first and second quarters of 2010 in the amount of \$1,209.24.

The Board received an estimate from The Network Managers for replacement of two computer workstations. The Board agreed to approve the purchase as indicated on the estimate.

The Board received a request to make payment for a scholarship award directly to a student loan institution instead of to the college. This has been approved in the past. The Board gave their approval to process the payment.

The Board acknowledged receipt of Planning Board site visit minutes from September 28.

The Board reviewed two training certificates for Fire Chief Jeff Burr.

The Board received the August Cate Van Committee minutes and scheduling report for review. Selectman Bowles said the Cate Van Committee does an excellent job in providing this service to town residents and expressed the Board's appreciation for this service.

The Board received information from Local Government Center on the annual risk pool report for review.

The Board received information on the annual meeting of Northeast Resource Recovery Association.

The Board received notice of DES stream crossing rules workshops. They also received information from Local Government Center, which believes these rules to be an unfunded mandate.

The Board noted receipt of upcoming forest laws workshops being provided by Cooperative Extension Office.

The Board received information on the annual Local Government Center conference in Manchester in November.

*Selectman Bowles moved to adjourn at 7:02 P.M. Second by Selectman Ives. All in favor. Motion carried.*

**LOUDON BOARD OF SELECTMEN**

*Roger A. Maxfield, Chairman*

*Steven R. Ives, Selectman*

*Dustin J. Bowles, Selectman*

## Planning Board Minutes — September 16, 2010

Meeting called to order at 7:00 p.m. by Chairman Tom Dow.

**Attendance:**

Chairman Tom Dow, Tom Moore, Vice Chairman Stanley Prescott, Bob Cole, Alternate Jeff Green, Ex-Officio Steve Ives

Jeff Green was appointed as a voting member in the absence of Steve Jackson. Henry Huntington and Alternate Bob Ordway were also absent.

John Reese represented the Fire Department.

**Acceptance of Minutes:**

*August 19, 2010 Meeting — Bob Cole made a motion to approve the minutes as presented; seconded by Tom Moore. All were in favor.*

*September 9, 2010 Site Visit — Tom Moore made a motion to approve the minutes of the site visit; seconded by Steve Ives. All were in favor.*

**Discussion:**

**Peter Dumont** — Mr. Dumont is the owner of property at Map 66, Lot 4 on Route 106. He explained that NH Picket Fences previously leased the property but has gone out of business. Due to the poor economy, Mr. Dumont has been unable to find a new tenant or sell the property. He stated that he would like to be able to store campers and boats at the property over the winter as a way of bringing in some income to offset the costs associated with the property. He said the stored units would be within the fenced area and this would be for the winter months only. There would be no customer traffic or hours of operation. Board members agreed that there would be nothing to show on a plan but felt that a paper trail is needed. John Reese said that he would want to check the regulations but does not foresee any problems with the proposal. Mr. Dumont said that he would keep the lot plowed out and could give a gate key to the fire department. It was agreed that Mr.

Dumont should file a change of use application.

**Tony Merullo** — Mr. Merullo explained that his sister owns two parcels on Hardy Road, Map 19, Lot 11 and 13, which she purchased as building lots from Roy Buttrick in 2004. He said that Mr. Buttrick previously operated a gravel pit operation on the lots. Mr. Merullo presented the board with a letter that was submitted to the town by Mr. Buttrick in 1991 per RSA 155-E:2. He gave the status of the lots and the estimated available material on them. Mr. Merullo said the intention was to build houses on the two lots. He explained that there was some gravel there that he felt he could use to reclaim the land and sell as building lots. He said he has researched 155-E permits since receiving correspondence from Mary Pinkham-Langer of the State's Department of Revenue Administration. Mr. Merullo said he felt he was cleaning up an old pit but now knows he was supposed to file intents to excavate. He stated that he feels what was done is an exception to 155-E as incidental to construction as taken from the reference handbook. Mr. Merullo said that Mr. Buttrick had estimated the remaining material to be about 40,000 yards. He explained that it is not his intention to excavate to operate as a pit. He said he has removed approximately 7,000 yards of material from the properties. Mr. Merullo spoke about permits he got for the two parcels, planning board responsibilities, Master Plan reference, and the site visit done by the board. He said he has sorted materials on the property and has been trying to be conscientious and clean up the lots. Mr. Merullo said he would have been going into the 40,000 yards listed by Mr. Buttrick if he had intended to operate as a commercial pit. Chairman Dow stated that Mr. Merullo has been very clear of his intentions and what has been done on the lots. Bob Cole said he did not see a commercial operation when viewing the lots. He

said the issue appears to be failure to file intents and pay two cents per yard. Mr. Merullo said he has subsequently filed the intents. He said he would estimate that the reclamation is about half done since buying the lots six years ago, noting that three of those years were good and three were not due to the economy. He said he figures it could be another six to eight years before the reclamation is complete. Chairman Dow asked to verify that Mr. Merullo does not plan to go into new material but plans to level the area viewed. Mr. Merullo said that Lot 11 is pretty much done and Lot 13 still has to be done. He talked about an area on Lot 13 that has been stripped and exposed. Bob Cole asked if there is a plan for the lot with elevations and how much is to be removed. Mr. Merullo said he has a septic plan but not an excavation plan. Discussion continued about this work being incidental to construction. Mr. Merullo stated that he never intended to develop the properties as a gravel pit, only to clean them up to be used as house lots.

**New Business:**

**Application #10-11, Russell L. Pearl & Michael J. Martel** — Major Subdivision, RR District, Map 52, Lot 11. Jeff Green recused himself from the Board. Abutters Charles Rand, Ryan Knowlton, Elizabeth Knowlton, and Roy Merrill were present. Applicants Pearl and Martel were present. Jeff Green of JL Green Enterprises represented the applicants. State subdivision approval has not been received so this application is not considered to be complete at this time.

Mr. Green explained that he has put the plan on three sheets due to the amount of detail involved. Sheet 1 shows the subdivision plan, sheet 2 shows topography, and sheet 3 shows site specific soils. He explained that this is a 31.03 acre parcel on Lower Ridge Road and abuts Taylor Haynes Road. The proposal is to create five new

lots. Mr. Green pointed out that Academy Brook is the line at the rear of the property. He gave the proposed acreage and frontage of each lot. He noted that Lot 2 also has frontage on Taylor Haynes Road. Mr. Green showed the buildable area on each lot, noting that test pits have been done and proposed wells are shown. He pointed out the wetlands and wetland buffers, explaining that there is a section that goes down through Lot 2 to Taylor Haynes Road. Mr. Green explained that Academy Brook puts this property into the shoreland protection zone; he pointed out those lines and noted that all of the lots have some portion in the shoreland protection zone.

Mr. Green explained that a portion of this property is within the flood zone. He pointed out how it closely follows the flood line, noting that none of the buildable areas are in flood areas. He showed that there is some steepness toward the back, down to the brook and wet area. Mr. Green stated that site specific soils were done by a soils scientist. He said that the access to Lot 2 would be from Taylor Haynes Road rather than cross a wetland or they could do a joint driveway if the Board agreed.

Tom Dow asked if there is room for a driveway in the setback of Lot 2. Mr. Green said there is if they stay close to the wall. Mr. Dow said he would like to see the parcel as the plan does not do it justice. Mr. Green said that everything shown meets the regulations. Steve Ives asked if they are going to the ZBA for a special exception on the driveway. Mr. Green said they are not at this time as they would like the Planning Board's input. Tom Dow said the problem of access could be solved by combining Lots 1 and 2.

Abutter Ryan Knowlton said that he would oppose the driveway on Lot 1, saying that it is not an existing driveway as noted on the plan but a trail that was cut to a

*Planning — cont. on 29*

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**Planning — cont. from 28**

camper that was on the lot. Elizabeth Knowlton stated that she tried to buy a lot on Taylor Haynes Road but could not build on it because it was a Class VI road. There was discussion about Class VI waivers and insurance coverage. Mr. Knowlton said that there is a seasonal stream that would cross three of the lots but does not seem to be showing. He also noted that the riverbed is about 6" higher because of some logging that was previously done on the lot and this needs to be cleaned up. Mr. Green pointed out that the stream is shown as part of the wetland with a 75' buffer. Mrs. Knowlton asked when the test pits were done. Mr. Green said they were done on May 11, 2010 and explained that the test pits show the types of soils, seasonal high water mark, and water level at the time. Mr. Knowlton noted that the proper markers are shown except at the corner of his lot that abuts this parcel. Mr. Green explained that there is already an existing marker at the corner of the existing lot and he has shown markers to be set.

Firefighter Reese stated that shared driveways are no longer acceptable by 9-1-1 unless they are on a blind corner or some other extenuating circumstance applies. Stan Prescott asked if there are any steep slopes on the parcel. Mr. Green showed the slopes at the bottom of Lot 2 and Lot 5 into Lot 6. Mr. Prescott said that the plan should show how much is in each lot. He asked if a shoreland protection permit is needed. Mr. Green said it is not needed for subdivision purposes. Tom Dow asked if they have met with the Conservation Commission. Mr. Green said they have not at this point but do plan to. Mr. Dow said the Board would be looking for their input. There was discussion of combining Lots 1 and 2 and the shape of the lots. Ryan Knowlton asked if the house on Lot 2 would be in the area where a trailer previously sat. Mr. Green said they do not have a proposed house location at this time.

A site visit was scheduled for Tuesday, September 28, 2010 at 4:00 p.m. It was pointed out that the plans should have steep slopes noted and the applicant is to see the Conservation Commission. The application will be continued to October 21, 2010, 7:00 p.m. at the Community Building. There will be no further notification.

**Board Discussion:**

**Plourde letter** — Copies of a letter recently received from Mary Pinkham-Langer with regard to the Plourde pit on South Village Road were handed out to Board members. Board members reviewed and discussed the letter, pictures and map of the property. Stan Prescott and Bob Cole will work with Donna to gather further information.

**Parking permit review** — The selectmen will hold a public hearing to establish an annual renewal fee for daytime parking permits after this month's race. A letter with a checklist of items to be submitted will be drafted and sent to each permit holder. A

deadline for return of the required paperwork will be set. Once the material is received it will be reviewed and the applicants will be scheduled to come in to meet with the Board.

**Excavation regulations** — Bob Cole and Stan Prescott will be the sub-committee to work on getting the Town's regulations in order.

**Zoning amendments** — Chairman Dow reminded members to be thinking about any changes that might need to be made to the

Zoning Ordinance. Workshops will be scheduled to begin in the next couple of months.

**Report of the ZBA:**

Donna reported that there is one application for special exception for a preschool in a home on Route 129.

**Report of the Board of Permit:**

Stan Prescott said that there was one hawker & peddler permit for a Blue Storm Sports can drive.

**Adjournment:**

A motion to adjourn at 9:15 p.m. was made by Stan Prescott; seconded by Tom Moore. All were in favor.

Submitted by,  
Donna White  
Administrative Assistant

## Zoning Board Minutes — September 23, 2010

Chairman Dave Powelson called the meeting to order at 7:00 p.m.

**ROLL CALL**

The following members were present: Chairman Dave Powelson, Vice Chairman Ned Lizotte, Roy Merrill, George Saunderson, Howard Pearl, and Alternates Jim Venne, Earl Tuson and Jonathan Huntington

**ACCEPTANCE OF MINUTES**

**Regular Hearing** — Howard Pearl made a motion to approve the minutes of August 26, 2010 as presented; seconded by George Saunderson. All were in favor.

**Site Visit** — Roy Merrill made a motion to approve the minutes of the site visit of August 31, 2010 as presented; seconded by George Saunderson. All were in favor.

**PUBLIC HEARINGS**

**Z10-10, Beth Mulleavey** — Special Exception for Major Home Occupation, Map 23, Lot 30, Route 129. Abutter Tim Moser was present. Mrs. Mulleavey explained that she is seeking a special exception for a major home occupation of a preschool for up to six children.

Chairman Powelson had Mrs. Mulleavey go through the points of the application. Mrs. Mulleavey stated that the hours of operation would be from 9:00 a.m. to 3:30 p.m. She read from a sheet of additional details in response to question #3 of the application (part of application file).

Mr. Moser asked if the proposed size and enrollment would be as big as Mrs. Mulleavey intends to make the business and if the town would hold it to that. The chairman explained the Zoning Ordinance with regard to limits of such businesses. Mrs. Mulleavey said she would have to come back to the Board if she wanted to go for more. She explained that the State would allow more students for the size of the room she will be using but the town regulations limit her to six students without additional consideration. Mr. Moser asked if the play area will be fenced. Mrs. Mulleavey explained that they will be putting up a fence but have not yet determined what type. Mr. Moser asked if approval of this request would change the zoning of other properties in the area. He was told that it would not have any impact on the zoning.

Chairman Powelson read a letter in favor of the application from abutter Pat

Chagnon. Roy Merrill stated that the Board went over the proposal last month in discussion with Mrs. Mulleavey and at the site walk; he feels it is pretty self-explanatory. Chairman Powelson read a letter from Firefighter John Reese stating that he has met with the applicant and she has been made aware of all that will be required of her by the fire department.

Hearing no further questions from the Board, the chairman closed the hearing to the public and opened it to the Board only. Roy Merrill made a motion to approve the special exception application as presented; seconded by George Saunderson. A roll vote was taken: Howard Pearl — Yes; Roy Merrill — Yes; Dave Powelson — Yes; Ned Lizotte — Yes; George Saunderson — Yes. Unanimous — PASSED.

**DISCUSSION**

**NHMS** — John Zudell spoke with the Board about replacing the scoreboard at the track. He presented an artist's rendition of the proposed sign and talked of the differences between what is currently there and what is being proposed. He said they would

like to have the sign in by next May and he will come back in next month with an application.

Dave Powelson asked if this would be inside or outside of the track. Mr. Zudell explained that it would be inside, replacing the existing scoreboard. He gave the details of the proposed sign. There was discussion of the height of the current scoreboard and that of the proposed, which is still to be finalized. It was agreed that a variance would be required.

**Hazard Mitigation Plan** — The chairman showed a draft copy of the updated plan to the Board. A letter of support accompanied the plan; the chairman will review the plan and sign the letter as the ZBA representative.

**ADJOURNMENT**

Jon Huntington made a motion to adjourn the meeting at 7:40 p.m.; seconded by Ned Lizotte. All were in favor.

Submitted by,  
Donna White  
Administrative Assistant


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November 2010 in Loudon						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 6:30pm•Happy Hill 4H @ Legion	<b>2</b> <b>ELECTION DAY</b>  10:30am•Storytime @ Library 5pm•Library Trustees 7pm•Lions Club @ Library  	<b>3</b> 2pm•Storytime @ Library 7pm•Village Arts Group @ Library 7pm•Historical Society	<b>4</b> 10:30am•Storytime @ Library 6:30pm•PTA @ LES 6:30pm•Boy Scout Troop 247 @ Legion 7pm•Boy Scout Venturing Crew 247 @ Legion	<b>5</b>	<b>6</b>
<b>7</b> 5:30–7pm•First Loudon Farm Feast @ Elementary School	<b>8</b> 7pm•Loudon Fire Dept. Meeting 7:15pm•MVSD School Board Meeting @ MVHS	<b>9</b> 10am•Young at Heart @ Com. Bldg. 10:30am•Storytime @ Library 2pm•Just the Classics Book Group @ Library 6:30pm•Selectmen's Meeting/Board of Permit @ Com. Bldg.	<b>10</b> 2pm•Storytime @ Library 6pm•Conservation Commission @ Com. Bldg. 6:30pm•Girl Scout Volunteers @ LES	<b>11</b> <b>VETERANS' DAY</b>  TOWN OFFICE CLOSED LIBRARY CLOSED  6:30pm•Boy Scout Troop 247 @ Legion 7pm•Boy Scout Venturing Crew 247 @ Legion  	<b>12</b> <b>LOUDON LEDGER DEADLINE FOR DECEMBER 2010 ISSUE</b>	<b>13</b>
<b>14</b>	<b>15</b> 6:30pm•Communications Council @ LES	<b>16</b> 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•Lions Club @ Library	<b>17</b> 2pm•Storytime @ Library 7pm•Legion & Auxilliary	<b>18</b> 10:30am•Storytime @ Library 6:30pm•Boy Scout Troop 247 @ Legion 7pm•Boy Scout Venturing Crew 247 @ Legion 7pm•Planning Board @ Com. Bldg.	<b>19</b>	<b>20</b> 9–Noon•GIRL SCOUT BAKE SALE @ LIBRARY  
<b>21</b>	<b>22</b>	<b>23</b> 10:30am•Storytime Movie "Toy Story 3" @ Library 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•LYAA @ Library	<b>24</b> NO STORYTIME  6:30pm•Recreation Com. @ Library	<b>25</b> <b>THANKSGIVING DAY</b>  NO STORYTIME LIBRARY CLOSED  	<b>26</b>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b> 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting/Work Session @ Com. Bldg.	<b>Dec. 1</b> 2pm•Storytime @ Library	<b>Dec. 2</b> 10:30am•Storytime @ Library 6:30pm•Boy Scout Troop 247 @ Legion 7pm•Boy Scout Venturing Crew 247 @ Legion	<b>Dec. 3</b>	<b>Dec. 4</b>

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**LOUDON, PENDING.** Wow! Pride of ownership shows throughout this property. Nestled on 2.09 private acres, is this beautiful 3 bdrm 1.75 bath Ranch with full fin bsmt. **MLS# 4018204, \$224,900**



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**LOUDON, NEW LISTING.** Nice wooded corner lot on 2.43 acres. Perfect place to build your new home. Great location, septic design available. **MLS# 4026811, \$59,900**



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**LOUDON, NEW PRICE.** Beautiful setting - 3 bdrm 1 full bath Ranch on 2 acres. Country kitchen with oak cabinets, dining rm overlooks 2 acre yard. Full partially finished bsmt. **MLS# 4003170, \$189,900**



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