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#### October 2006 Volume 8, Issue 10

#### **Inside This Issue...**

- 2 Town Office Hours Submission Policy 2006 *Ledger* Schedule
- 3 Where to Worship in Loudon Oct. Happenings at the Church of the Nazarene Advertising Notice
- 4 A Look at Loudon History Young at Heart
- 5 Library News & Puzzle Recycling in Loudon
- 6 Loudon Wildlife Outdoor Adventure Guide
- 7 MVSD News
- 8 Harold Muzzey, Jr. Ordained Lions Club News American Legion News
- 9 Boy Scout News NH Waterfowl Hunting Season Set
- 10 What's Cookin'! Boating Education Classes
- 11 To Your Health
  Payson Center Offers Stress
  Management Program
- 12 Box Tops for Education Halloween in Loudon Hiker Safety Reminder
- 13 KIDS PAGE!
- 14 Halloween History
  Turkey Permits Available
  Online
- 15 Happy Hill 4-H Club Real Estate Tips Small Game Survey
- 16 Girl Scouts News
- 17 Makris Family Donates to Substance Abuse Program LYAA News
- 18 Public Hearing for Wildlife Rule Changes Make Trick-or-Treating Matter
- 19 New Pacemaker Device Comedy to Benefit Payson Center Selectmen's Minutes
- 23 Planning Board Minutes
- 25 Zoning Board Minutes
- 27 October Calendar of Events

#### **Mission Statement...**

To provide a comprehensive source of information and education about business, government, and community organizations within Loudon in order to facilitate and encourage informed citizen participation.

#### Loudon Loses Three Wonderful Ladies

September proved to be a particularly sad month here in Loudon. In the span of five days, three women who can only be described as true ladies passed away.

#### **Dorothy J. LaBonte**

On Saturday, September 9, Dorothy "Dot" LaBonte died at Concord Regional Visiting Nurse Association's Hospice House.

She was born in Jamaica, NY, on Dec. 13, 1925, the daughter of John C. and Nora E. (Madden) Josephs.

Dorothy was a graduate of Valley Stream High School, NY, class of 1943; UNH, Bachelor of Science, 1972; and University of Maine, Master of Science in adult education, 1981.

She began her career at the age of 21 as a recording secretary at the cancer clinic at Margaret Pillsbury Hospital in Concord. Prior to her retirement in 1986, she worked for the state of New Hampshire for 17 years. She also was a music teacher in the Merrimack Valley School District.

Dorothy was the first organist for the Immaculate Heart of Mary Church of Concord and accompanist for the first IHM musical in 1976. Her involvement was instrumental in the musical becoming a yearly event that continues to this day. Other interests and memberships included the Concord Music Club, coloratura in the Messiah chorus, Catholic Daughters of America, and University of New Hampshire's alumni association. In addition to her love of family and friends, she also greatly enjoyed writing, poetry, and music.

Dorothy was predeceased by her husband of 38 years, Homer F. LaBonte, who died in 1985.

Survivors include her son, Joseph LaBonte of Utah; her daughter and her husband, Kathleen and Jerry LoFaro of Henniker; her son and his wife Michael and Chris LaBonte of Loudon; and her son Shane LaBonte of Loudon. She will also be greatly missed by her grandchildren, Victoria LaBonte of NC and Gregory LoFaro of Henniker.

Memorial donations may be made to the Concord Regional Visiting Nurse Association, Hospice House, P.O. Box 1797, Concord, NH 03302 or to the

### **The Great Pumpkin!**



By Matt Thistle

The largest pumpkin grown in Loudon this year belongs to 2nd year grower and member of the N.H.G.P.G.A., Matt Thistle. On flood-ravaged Crossbrook Road, he managed to grow this gourd estimated at 885 lbs. — with 17 days left to harvest! Its circumference measures almost 13 feet. It's entered to compete against New England's best growers at the Topsfield Fair in Topsfield, MA on September 30th, where he is hoping it will exceed 900 lbs. A smaller pumpkin in his patch is entered at the Deerfield Fair and estimated at over 700 lbs.

Loudon Fire Dept., P.O. Box 7032, Loudon, NH 03307.

#### Barbara A. Swenson

Barbara A. (Dempster) Swenson, who would have turned84 on Sept. 25, died Tuesday, Sept. 12, at Concord Hospital after a short illness.

She was born in Worcester, MA, the daughter of James B. and Anna A. (Blomquist) Dempster. Barbara was raised and lived in Leverett, MA. She graduated from Amherst High School and attended Westfield State Teachers College. In 1944, she joined the US Waves and served for nearly two years.

She was predeceased by her brother, James B. Bradley, Jr., at the age of 1 year.

She is survived by her husband of 57 years, Arthur Swenson, Sr., and four children, her daughter, Deborah A. Swenson of Northwood; her son and his wife, Arthur and Sheila Swenson of Loudon; her son and his wife, Dana and Cheryl Swenson of Woodstock, CT; and her son and his wife, David and Karen Swenson of Loudon; and 10 grandchildren.

Barbara worked several years at St. Paul's school and the State of NH Community Action Program. She was active

Ladies — cont. on 7

#### **Town of Loudon Office Hours**

#### **Selectmen's Office**

PO Box 7837 • 798-4541

Selectmen meet Tuesday evenings at 6:30 p.m. in the Community Building. Mon.—Thurs.: 8 a.m.—4 p.m. • Tues. evenings: 6 p.m.—9 p.m.

#### **Town Clerk**

PO Box 7837 • 798-4542

Mon.: 8 a.m.-2 p.m. • Tues.: 3 p.m.-9 p.m. • Wed.-Thur.: 9 a.m.-4 p.m.

#### Planning/Zoning Board

PO Box 7837 • 798-4540

The Planning Board Meets the third Thursday of the month at 7:00 p.m. in the Community Building. The Zoning Board meets the fourth Thursday of the month at 7:30 p.m. in the Community Building.

Mon.-Thurs.: 8 a.m.-4 p.m. • Tues. evenings: 6 p.m.-9 p.m.

#### **Tax Collector**

PO Box 7844 • 798-4543

Tues.: 3 p.m.-9 p.m. • Wed.-Thurs.: 9 a.m.-4 p.m.

#### Police Department: Emergencies: 911

PO Box 7059 • 798-5521 Mon.–Fri.: 8 a.m.–4:00 p.m.

#### **Code Enforcement**

PO Box 7059 • 798-5584 Mon.–Fri.: 8 a.m.–4:00 p.m.

#### Fire Department: Emergencies: 911

PO Box 7032 • 798-5612

The Fire Department holds its general meeting on the second Monday of the month at 7:30 p.m. in the Safety Building. To obtain a fire permit, please stop by the station weekdays between the hours of 7 a.m. and 6 p.m.

Fire permits for the weekend need to be obtained during these times.

#### **Loudon Elementary School**

7039 School Street • 783-4400

The School Board meets the second Monday of the month at 7:15 p.m. Call the Superintendent's Office for meeting location.

#### **Transfer Station**

Tues. & Thurs.: 9 a.m.-5 p.m. (Winter)

Tues.: 9 a.m.-5 p.m. • Thurs.: 11 a.m.-7 p.m. (Summer) • Sat.: 8 a.m.-5 p.m. Loudon residents can purchase facility stickers at the transfer station for \$1.00. See the attendant.

#### **Highway Department**

Road Agent: David Rice • 783-4568 Mon.-Fri.: 7 a.m.-3:30 p.m.

#### **Maxfield Public Library**

Librarian: Nancy Hendy • 798-5153 Mon.: 1–7 p.m. • Tues.: 10 a.m.–9 p.m. • Wed.: 1–9 p.m. Thurs.: 10 a.m.–9 p.m. • Sat.: 9 a.m.–1 p.m.

#### John O. Cate Memorial Van

798-5203 (Mondays only) to schedule a ride. For more information or on other days, call Barbara Cameron: 783-4534

#### **Blessed Hope Food Pantry of Loudon**

30 Chichester Road

Open most Wednesdays from 2–3 p.m. or for emergencies. For more information, call Rev. Henry or Betty Frost: 783-4540

#### **Loudon Representatives**

**Merrimack County — District 6** 

Claire D. Clarke: 437 Daniel Webster Hwy., Boscawen, NH 03303-2411

James W. Danforth: 50 Kilcare Rd., Andover, NH 03216-3210

Priscilla P. Lockwood: 435 Northwest Rd., PO Box 1, Canterbury, NH 03224-0001

Roy D. Maxfield: 7126 School St., Loudon, NH 03307-0911Joy K. Tilton: 4 Hill St., Northfield, NH 03276-1611Frank A. Tupper: PO Box 92, Canterbury, NH 03224-0092

Senators — District 07

Robert B. Flanders: PO Box 1, Antrim, NH 03440-0001

#### **Loudon Ledger Submission Policy**

 $\mathbf{A}^{\text{Il}}$  groups, organizations, individuals, etc. are encouraged to submit articles to the  $\mathbf{A}^{\text{Loudon Ledger}}$ . Special events, landmark anniversaries or birthdays, "attaboys," etc. are all welcome.

Please note, however, that the *Ledger* will uphold its mission:

To provide a comprehensive source of information and education about business, government, and community organizations within Loudon in order to facilitate and encourage informed citizen participation.

We will also follow our Articles of Agreement, which are on file with the Secretary of State:

The corporation shall not participate in, or intervene in any political campaign on behalf of any political party or candidate for public office, nor shall it sponsor or endorse any plan or proposition that does not facilitate or encourage informed citizen participation.

In other words, any article submitted must present *all sides* of an issue in a factual, unbiased manner so that the reader may form his/her own opinion based on the information presented. To paraphrase Eric Severard: "You should elucidate but not advocate."

Articles should be submitted to the Loudon Communications Council, P.O. Box 7871, Loudon, NH 03307. They may be emailed to <a href="mailto:debbie@debbiekgraphics.com">debbie@debbiekgraphics.com</a>. From there, they will be forwarded to the Council for review before they are inserted in the *Loudon Ledger*. If you have any questions regarding this policy, please contact Raymond Cummings, chairperson of the Council, 798-3128.

Classified Ads are available. Please mail your ad copy, along with a check payable to LCC, to PO Box 7871, Loudon, NH 03307. A 1-3 line, 1-column ad will cost \$10.

A 4-5 line, 1-column ad costs \$15.

#### "The Loudon Ledger" 2006–2007 Schedule

Ad & Copy Deadline: Fri. 10/13 Council Meeting: Mon. 10/16 December 2006 Ad & Copy Deadline: Fri. 11/17 Council Meeting: Mon. 11/20 Council Meeting: Mon. 12/17 January 2007 Ad & Copy Deadline: Fri. 12/15 February 2007 Ad & Copy Deadline: Fri. 1/19 Council Meeting: Mon. 1/22 March 2007 Ad & Copy Deadline: Fri. 2/16 Council Meeting: Mon. 2/19 April 2007 Ad & Copy Deadline: Fri. 3/16 Council Meeting: Mon. 3/19 May 2007 Ad & Copy Deadline: Fri. 4/13 Council Meeting: Mon. 4/16 June 2007 Ad & Copy Deadline: Fri. 5/18 Council Meeting: Mon. 5/21 Ad & Copy Deadline: Fri. 6/15 Council Meeting: Mon. 6/18 July 2007 August 2007 Ad & Copy Deadline: Fri. 7/13 Council Meeting: Mon. 7/16 September 2007 Ad & Copy Deadline: Fri. 8/17 Council Meeting: Mon. 8/20 October 2007 Ad & Copy Deadline: Fri. 9/14 Council Meeting: Mon. 9/17 Ad & Copy Deadline: Fri. 10/19 Council Meeting: Mon. 10/22 November 2007 December 2007 Ad & Copy Deadline: Fri. 11/16 Council Meeting: Mon. 11/19

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#### **DISPLAY ADVERTISING RATES:**

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|----------------------|-----------------------------------|----------------|
| 1/8 Page             | 45/6"W x 3"H — or — 23/16"W x 6"H | \$50.00/issue  |
| 1/4 Page             | 9¾"W x 3"H — or — 4¾"W x 6"H      | \$65.00/issue  |
| 1/2 Page             | 9%"W x 6"H — or —4%"W x 1134"H    | \$115.00/issue |
| Full Page            | 93/8"W x 113/4"H                  | \$230.00/issue |

### Purchase an advertising contract for the entire year and SAVE 10%!

CLIP AND SAVE FOR FUTURE REFERENCE!

#### The Loudon Ledger

is published monthly by the Loudon Communications Council, PO Box 7871, Loudon, NH 03307.

**Council Members:** Ray Cummings, Kris Tripp, Dottie Mulkhey, Mary Ann Steele, Tricia Ingraham, and Amanda Masse.

Editorial Submissions may be mailed to PO Box 7871, Loudon, NH 03307 or sent via email to: <a href="mailto:debbie@debbiekgraphics.com">debbie@debbiekgraphics.com</a>

All editorial submissions are approved by the Council before publication.

 $\textbf{Advertising:} \ \ \text{Samantha French} \ -- \ 783\text{-}4601 \ / \ \underline{\text{harvestmooner@aol.com}}$ 

#### Where to Worship in Loudon

#### **Faith Community Bible Church**

Pastor Jeff Owen 334 North Village Road, Loudon, NH 03307 • 783-4045 Summer Worship: 9:30 a.m.

Winter: Sunday School: 9:00 a.m. • Worship: 10:30 a.m. Youth Group Sunday: 6:30 p.m.

Sept.-June Friends Program: Age 3 through 5th Grade. Wed. 6:30 p.m.

#### First Church of the Nazarene

Rev. W. John White, Senior Pastor 33 Staniels Rd, Loudon NH 03307 • Ph: 603-224-1311 • Office Hours: 9–2, Tues.–Fri.

phyllish@nazarenefirstchurch.org • www.nazarenefirstchurch.org Sundays: Sunday School, All Ages: 9:15 a.m.

Worship: 10:30 a.m. Childcare provided for Infants and Toddlers. Kinder-Church (Preschoolers and Kindergarteners). Children's Church (Grades 1–6)

Wednesdays: Youth Group w/Youth Pastor: 6:30 p.m. [Doug Milne (224-1311 x12)] Bible Studies: 7:00 p.m. • Kid's Time: 7:00–8:00 p.m. (Ages 3–Grade 6) Thursday: Teen Bible Study: 6:30 p.m. at Youth Pastor's Home

Other: Once a month will also have events for men, women, adults, and seniors (50+) called OASIS.

Please call the church office for details: 224-1311.

#### **Landmark Baptist Church**

Pastor Eric Davis 103 Chichester Road, Loudon, NH 03307 • 798-3818

Sunday School: 9:30 a.m. • Sunday Morning: 10:30 a.m. Sunday Evening: 6:00 p.m. • Wednesday Evening: 7:00 p.m.

#### **Loudon Center Freewill Baptist Church**

Rev. Henry Frost
Currently meeting at the Loudon Community Center in Loudon Village until our Church on Clough Hill is repaired following a June 12, 2005 fire. Mailing address: P.O. Box 7852, Loudon, NH 03307 • 783-4540 Member of the American Baptist Churches of VT/NH (Lakes Area Association) Sunday Worship: 10:00 a.m.

#### **Loudon Congregational Church**

Rev. David D. Randlett, III 7018 Church Street, PO Box 7034, Loudon, NH 03307 • 783-9478 Sunday Worship: 9:30 a.m. (Staffed nursery for infants-pre-K) Sunday School (all ages): 11:15 a.m. (Sept.–June) Sunday Evening Celebration Supper and Worship: Monthly at 5:30 p.m. Please call for details. Women In Christ Study and Fellowship: Wednesdays at 7:15 p.m. LCC Youth Group (Jr. & Sr. High teens): Wednesdays at 7:15 p.m.

#### **Loudon Family Bible Church**

"Where everybody is somebody, and Jesus is Lord!" Pastor Steve Ludwick

676 Loudon Ridge Rd., PO Box 7858, Loudon, NH, 03307 • 267-7577 www.myfamilybiblechurch.org • Email: fbc@fcgnetworks.net Sunday Worship: 9:30 a.m. A blend of hymns & contemporary songs. Fellowship time following service is provided. Sunday School for ages 4 years-5th grade during worship service. Nursery also Available. Sunday Evening: Youth Group — For Grades 6–11: 6–7:45 p.m. Monday: Men's Fellowship and Prayer 7-8:45 p.m.

Wednesday: Women's Bible Study, fellowship, and prayer: 9:15 a.m. Ongoing Evening Adult Bible Studies: call for details

#### SonLight Christian Fellowship

Pastor Thomas Friedrich Currently meeting at the Loudon American Legion Hall, So. Village Rd.

Mailing address: 55 Wiggins Road, Loudon, NH 03307 • 798-4339 • pastor@sonlightchristian.org Sunday Worship: 10:30 a.m.

First Sunday of Every Month: Discovery Series Bible Lessons

To have your Church's information added to this column, please email your information to <a href="mailto:debbie@debbiekgraphics.com">debbie@debbiekgraphics.com</a>

#### **October Events at** Loudon's Church of The Nazarene

#### **October Sunday Mornings with Pastor John White:**

New Sermon Series: The Ten Commandments: See Them or Live Them?

"It's A Wonderful Life"

10/08 — #6 "Reading Obituaries with Glee!"

10/15 - #7"Faithful...or Unfaithful?"

10/22 — #8 "Jesus or Two Dimes?"

10/29 — Quest Speaker

#### October Event

Concert with Buddy Liles — Buddy's baritone/bass interpretation of a song has thrilled and warmed hearts across America. His first "full-time" singing job was with the Orrell Quartet of Detroit, Michigan in 1963. For many years he sang with the Landmark Quartet out of the Landmark Baptist Temple of Cincinnati, Ohio. Buddy was a member of the Florida Boys Quartet for more than 25 years, performing on the Gospel Singing Jubilee" many



years, and singing on over twenty "Singing" and "Preaching" cruises by Templeton Tours. He is the recipient of several awards and has appeared on many of the Bill Gaither Videos, singing a solo on the "Sing Your Blues Away" video. He has sung at a Congressional Breakfast in Washington, D.C., appreated on Nashville Now, Nashville Prime Time, The Today Show from New York, and toured Israel with Gospel Concerts out of California. Buddy was inducted into the Gospel Music Hall of Fame. This is a free admission concert open to all. (A free-will offering to be taken.)

#### **Attention Advertisers:**

NEXT MONTH WOULD BE A GREAT TIME TO ADVERTISE YOUR BUSINESS FOR THE WINTER/HOLIDAY SEASON!

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The next deadline is Oct. 13 for the Nov. Issue.

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#### A LOOK AT LOUDON HISTORY

By Amanda Masse



Since *The Loudon Ledger* didn't reach your mailboxes until just before the deadline, I am giving you another chance at the mystery from last month. However, I will give you a smidge of a hint. Take your *Loudon Ledger* and drive (carefully — you may want the passenger of the vehicle to hold the photo) through the village. Remember where the village district is though.... Also remember you might be seeing a different angle of the house from the road. The photo was taken of the girls, but what we are looking for is your guess on the house behind them. Of course you will get bonus points should you know the people. Share your details of this mystery by contacting me, Amanda by e-mail at <a href="mailto:jaelmasse@comcast.net">jaelmasse@comcast.net</a> or by calling 783-0227.

#### **Bonus Photo (at right)**

I also have a bonus for you this month. Do you know who these "Four Dolls" are??? Can anyone imagine why John Dowes, Ray Cummings, Mickey Mulkhey, and Andy Downs were dressed this way??? If you see Ray or Mickey, ask them where those hats are....

It is starting to get cooler and I know many of you will have more time in the house; maybe you could look through those old photo boxes and share them in this column? It doesn't have to be a home, it could be any structure or item that has a great story to go with it. If you find something neat, give me a call!











# Loudon Young at Heart

By Joanne Arsneault

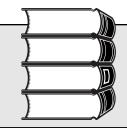
Our September cookout was very successful, as usual, with 40 or so people present to enjoy the hamburgers, hot dogs, salads, and the ever-present oh-so-heavenly desserts. The mum plants were donated by Pleasantview Gardens for door prizes. They were won by Shirly Lampron, Shirley Maxfield, and Maybelle Fisher.

The trophy that the group won as first prize for the float we entered in the Old Home Day parade was displayed and admired. Anyone with suggestions for next year's theme is welcome to submit them to the LOHD committee.

On October 24th, we will be taking a bus trip to the Indian Head resort in Lincoln. Those who have signed up to go should be at the Community Center between 8:30 and 8:45 a.m. The fee is \$14.00 for Loudon residents and \$28.00 for non-residents. The exact payment amount must be presented at the time of departure. This amount covers the cost of the bus, the meal, and entertainment at the resort. We will stop in Ashland on the way up for coffee at each person's own expense. Those who are able must park their vehicles up by the tennis court, so we do not tie up parking spots for town office business.

For our November meeting, we are looking forward to having some input from police and fire department personnel, as well as town selectman. Cheryl Scanlon from America Vista volunteers will also be present to update us on Medicare Part D prescription coverage.

This should be an informative meeting on several fronts. Join us.



#### **Maxfield Public Library News**

By Dale Gregory

#### **Book Signing**

Illustrator Jane Bready donated time for a book signing of her children's book *R* is for Race: a Stock Car Alphabet to benefit the Children's Room Fund. With great appeal for the NASCAR fans that flock to the area during race weekend, the event took place at Sam's Club and Wal-Mart on September 14th and 15th from 5–8 p.m. A balloon arch was made to draw attention and each day was bustling with excitement for Bready's artwork. Proceeds from the book sale were donated to the Children's Room Fund to complete the furnishings and other fixtures.

#### **Story time**

In October, the children will learn about the alphabet through stories, crafts, and song. They will learn to sing their ABCs and listen to fun alphabet books such as *Chicka Chicka Boom Boom* by Bill Martin, Jr. Crafts will include apples for A and pumpkins for P to go along with the fall season as well. Story time is held on Tuesdays

and Thursdays at 10:30 a.m. and new-comers are always welcome.

#### **Apple Picking**

In celebration of the fall season, the library will host a field trip to Meadow Ledge Farm in Loudon for preschoolers to go apple picking. Tours are scheduled for Tuesday, October 3rd, and Thursday, October 5th, at 9:30 a.m., and will take the place of regular story time. The cost will be \$2.50 per child and will include a 1/2 peck of apples, a wagon ride through the orchard, and a snack of an apple and cider. The children will also learn about the apple growing process and how cider is made. Parents are welcome to pick apples as well at the regular picking price. Prepayment and sign up are required. Please call the library at 798-5153.

#### Halloween Party and Parade

The story time children will have the opportunity to show off their Halloween costumes at the library's annual Halloween Parade to be held on Tues-

day and Thursday, October 26th and 31st, at 10:30 a.m. As part of story time, the children will march to the safety building and town offices and return to the library for refreshments. Please bring a seasonal treat to share and the library will provide cider.

#### **Fall Art Show and Sale**

Barnstead artist Jane Metzger is displaying her vibrant watercolor paintings at the library thru November 5th. Many of these paintings feature familiar fall scenes with vivid colored foliage. Come and enjoy this lovely artwork while checking out new items at the library.

#### **Book Group**

A literary stroll though the 1940s will continue when the book group meets to discuss *The Human Comedy* by William Saroyan on Thursday, October 26, at 7 p.m. Set in the San Joaquin valley, the story describes life on the home front in wartime during a much simpler era. New participants are welcome.

#### **Library Hours**

The library is now open Monday 1–7 p.m., Tuesday 10 a.m.–9 p.m., Wednesday 1–9 p.m., Thursday 10 a.m.–9 p.m. and Saturday 9 a.m.–1 p.m. ■



# **Recycling Scrap Metal in Loudon**

By Karen Thurber

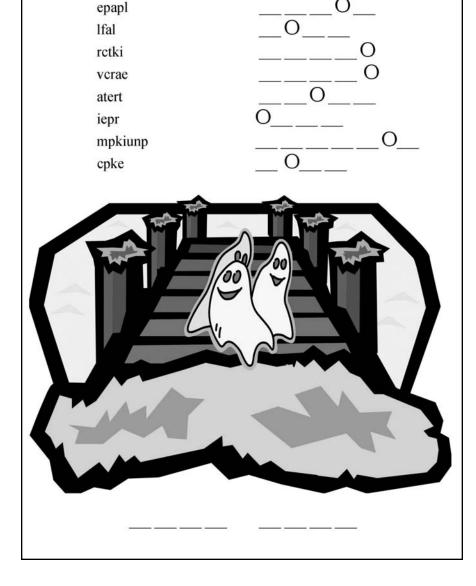
In 2005, Loudon residents recycled a whopping 536,771 pounds of scrap metal, earning the town \$10,000. Recently, the market price for scrap metal has jumped from \$40 per ton to around \$80 per ton. With any luck, Loudon residents can more than double the earnings in 2006!

The scrap metal pile is located on the left as you first drive into the Transfer Station. All types of metal can be recycled in the scrap metal pile, including: steel, aluminum, brass, copper, and cast iron.

There are a few items that are *not* acceptable in the metal pile. Refrigerators and air conditioners cannot be put directly into the scrap metal pile. First, the refrigerant must be removed to prevent an environmental hazard. Windows that still have the glass in the frames do not belong in the scrap metal pile. They contain too much undesirable material. Lastly, televisions, computers, and computer monitors do not contain enough metal and can present an environmental hazard. Loudon will soon be introducing a recycling program for electronics, such as computers and TVs.

It takes four times the energy to make steel from virgin ore as it does from scrap. With prices this high for scrap metal it only makes sense to be sure you are recycling all your scrap metal.

If you have any doubts about whether your item is recyclable or where it should go, please stop at the office before unloading.  $\blacksquare$ 



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## LOWDOW WILDLIFE

By Kris Tripp

#### **Porcupines**

Porcupines are considered rodents. They are mostly nocturnal and have black to brownish-yellow fur with short, strong legs and of course a lot of quills — in fact, a porcupine can have as many as 30,000 quills! The quills are found on all parts of the body except for its stomach. These quills are actually hairs that are solid at the tip and base and hollow in the middle with barbed tips on the ends. The hollow quills make good floatation devices and aid the porcupine to swim well.

A common myth is that a porcupine can shoot their quills. In actuality, when a predator approaches the porcupine will turn its back, raise the quills and lash out at the threat with its tail. If the porcupine hits an animal with its quills, the quills become embedded in the animal. Body heat makes the barbs expand and they become even more deeply embedded in the animal's skin. If an animal is hit in a vital place it may die! Overall, the porcupine is not an aggressive animal and will only attack if it is threatened

Range & Habitat — The porcupine can be found in most of Canada and the western United States south to Mexico. In the eastern United States, it can be found in Wisconsin, Michigan, Pennsylvania, New York and New England. They tend to live in coniferous, deciduous and mixed forests.

**Diet** — The porcupine is an *herbivore* which means they only eat plants. Leaves, twigs and green plants like skunk cabbage and clover are yummy to the porcupine! In the winter, they may eat bark and will often climbs trees to find food. The porcupine is a solitary animal, although it may den with other porcupines in the winter. It makes its den in caves, decaying logs and hollow trees. They do not hibernate, but they may stay in their dens during bad weather.

Life Cycle & Behavior — Porcupines mate in late summer and early fall. They are very vocal during mating season and the males will often fight over females. Male porcupines perform an elaborate dance and spray urine over the head of the female. Seven months after mating the female gives birth to a

single baby. When the baby is born, its quills are soft but they harden about an hour after birth. The baby is begins to forage for food after only a couple of days. The baby will stay with its mother for about six months. It is a very vocal animal and has a wide-variety of calls including moans, grunts, coughs, wails, whines, shrieks and tooth clicking.

For more information about the porcupine, visit: <a href="www.nhptv.org/nature">www.nhptv.org/nature</a> works/porcupine.htm. Facts for this article were obtained from the above website. Picture courtesy of <a href="Clipart.com">Clipart.com</a>.

Something Wild — 90 Seconds of Nature: Something Wild is a weekly nature series produced by NHPR in cooperation with the Society for the Protection of New Hampshire Forests, and the New Hampshire Audubon Society. Whether you've lived in New Hampshire for a few days or your entire life, you know that natural resources contribute a great deal to our quality of life. Discover New Hampshire flora and fauna as they change with the seasons, hear about biodiversity and how our



behavior affects it and how it affects us, and learn what kinds of changes are being made to protect natural resources in New Hampshire. You can hear *Something Wild* Fridays at 8:37 a.m. during *Morning Edition* and Sundays at 7:04 a.m. during *Living On Earth*. Loudon residents can tune into 89.1 FM radio.

**McLane Center:** Events for October — Formerly the Silk Farm Audobon Center in Concord

Nature Classes for 4 & 5 year olds — The McLane Center has some fantastic offerings for the month of October. If interested, please call 224-9909 for more information or to register. Children must be accompanied by an adult. Cost: \$6 member, \$9 non-member (adults free). Classes are each Thursday from 9:30–11 a.m.

October 5 — Bye, Bye Birdie: How do birds know when it's time to fly south for the winter? Learn answers to all of your migration questions and meet some feathered friends too!

October 12 — It's Fall! Why do leaves change color and why are some yellow and some red? A scavenger hunt is also planned.

October 19 — Jack O Lanterns and Apples — It's Fall Harvest Time: Find out the secrets of the bodacious pumpkin and delicious apple.

October 26 — Things That Go Bump in the Night: It's time for some Halloween fun! Learn about some spooky animals.

Do you have a picture you would like us to publish of an animal you have seen in Loudon? We would love to hear from you! Please send ideas or pictures to the Loudon Communications Council, POB 7871, Loudon, NH 03307 or e-mail Kris Tripp: <a href="mailto:tripp.kris@com\_cast.net">tripp.kris@com\_cast.net</a>.

#### Your Outdoor Adventure Guide Is Here!

#### Wildlife Journal Kicks Off Fifth Season

A great way to get ready to explore New Hampshire's great outdoors is watching the award-winning Wildlife Journal series on Wednesdays at 7:30 p.m. The popular series, co-produced by New Hampshire Public Television and the New Hampshire Fish and Game Department, showcases the Granite State's natural resources and outdoor traditions.

In this season's Wildlife Journal episodes, viewers will visit New Hampshire's great waterways, relive the history of early muzzleloaders, explore hidden spots along the Baker River, and follow biologists as they track brook trout in the Magalloway River. Viewers will learn how to build a snow shelter and cook a scrumptious wild duck dinner, and get ideas for where to head on

their next outdoor adventure. And, a new episode unveils New Hampshire's comprehensive Wildlife Action Plan.

"These new episodes of our locally produced Wildlife Journal promise to be a great source of entertainment, information and inspiration for those looking to explore New Hampshire's rich natural resources," said Peter Frid, NHPTV General Manager and CEO. "Wildlife Journal remains a favorite with our viewers, transporting them to beautiful places across the state and introducing them to fascinating people and local experts."

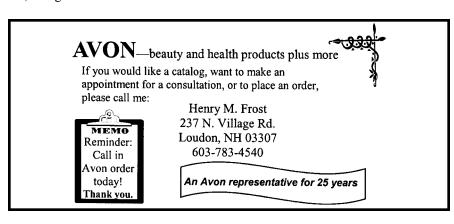
"Wildlife Journal is an outdoor guide to the Granite State, and the new fall shows offers some exciting adventures!" said Jon Charpentier of the New Hampshire Fish and Game Department and co-executive producer of the series. This season, Wildlife Journal airs at a new time, Wednesdays at 7:30 p.m. on NHPTV. Each half-hour program includes two in-depth features and a Wild Ways and a Wild Places segment. Wild Ways offers "how-to" tips on a variety of outdoor activities. Wild Places features areas of scenic or recreational interest in the Granite State.

Popular hosts Willem Lange and Lisa Densmore return for the fifth season. Lange is a long-time resident of New England and an avid and experienced outdoor enthusiast and teacher. He lives in Etna and works as a journalist and building contractor. Densmore is a Hanover resident and an Emmy Award-winning broadcast journalist specializing in sports, adventure and outdoor programming.

The *Wildlife Journal* program schedule, with airdates and episode descriptions, is available at <a href="http://www.wildlifejournal.tv">http://www.wildlifejournal.tv</a>.

Production funding for WILDLIFE JOURNAL is provided by NH Audubon, New Hampshire Public Television; N.H. Fish and Game Department; The Fuller Foundation; Alice J. Reen Charitable Trust; Roy A. Hunt Foundation; and the Mary Alice Arakelian Foundation.

Underwriting for the series is provided by The Grappone Companies; Kittery Trading Post; RAM Printing; and WOKQ. ■





#### **Merrimack Valley School District News**

#### **Loudon Elementary School**

#### **October Events**

 $\Gamma$  ire Safety week will begin on October 10th. Trips to the fire station and special education about fire safety will be the theme of the week. There will also be a Halloween Celebration on Tuesday, October 31st. More information will be sent home with your children.

#### **Cold Weather Gear**

The fall weather patterns can be very unpredictable — we may have very hot weather one day and chilly weather the next day. Dressing in layers is the answer! Make sure your child has a warm outer layer to wear "just in case."

#### **Important Dates**

October 5
October 6
October 9
October 10
October 31

PTA meets — 1st Thursday of every month
School closed for Teacher Convention
School closed for Columbus Day
Fire Safety Week through October 13th
Halloween Celebration!

#### **MV Middle School**

#### **Important Dates**

October 2 1st quarter progress reports issued, State testing begins (NECAP)
October 6 School closed for Teacher Convention
October 9 School closed for Columbus Day

October 18 PTO meeting, 6:30 Library

October 27 PTO Halloween Party All Grades & Hat Day
October 27 8th Grade Washington DC Trip; 10/30/06-11/3/06

#### Ladies — cont. from page 1

in her church work, both locally and nationally. As a member of the International Order of Kings, Daughters, and Sons, a philanthropic organization, she served as NH Branch President and later as International Secretary of the Order. She was elected a Life Member of the Central Council of the Order.

Locally, she served as president of the Never Idle Circle of First Congregational Church and later with the Emerson Circle of United Baptist Church. She also served as president of the Concord Female Charitable Society.

Barbara was very active in her church and was a member for more than 50 years. She was a trustee and served on several boards and committees. For many years, she was very active in the Penacook-Boscawen Extension Group.

In 1993, she was chosen NH Mother of the Year.

Memorial donations may be made to First Congregational Church, 177 North Main St., Concord, NH 03301 or to Boston Shriners Hospital, 189 Pembroke Rd., Concord, NH 03301.

#### Jean D. Wright

Jean D. Wright, 73, of North Village Road, died Wednesday, Sept. 13 at CRVNA's Hospice House surrounded by her family after a long, courageous battle with cancer.

Jean was born in Concord on Dec. 1, 1932, the daughter of George B. and Lilian (Blakey) Dowie.

Jean graduated from Concord High School in 1951.

Jean was employed by Wright Communications. She was a volunteer in the Loudon community as a member of the Loudon Fire Auxiliary and classroom volunteer at Loudon Elementary School.

Jean enjoyed spending time with her family, swimming, summering at Lake Winnipesaukee, decorative painting, and handcrafts.

Survivors include her husband of 54 years, Richard E. Wright of Loudon; a son, Richard D. Wright and his wife, Susan, of Loudon; a daughter, Gina (Wright) Buzzell and her husband, William, of Loudon; a brother, G. Douglas Wright of Rowley, MA; a sister Linda (Dowie) DiZinno of Sebastian, FL; three grandchildren, Alyson (Wright) Kreidler of Lancaster, PA; Katie (Wright) Willwerth of Terre Hill, PA; and Robert Buzzell of Loudon; and two great-grandchildren.

She was predeceased by a great-granddaughter.

Memorial donations may be made to the CRVNA Hospice House, P.O. Box 1797, Concord, NH 03302; the Payson Cancer Center, 250 Pleasant St., Concord, NH 03301; or to the Loudon Fire Dept., P.O. Box 7032, Loudon, NH 03307.

To have your Loudon school event listed in future editions of the *Loudon Ledger*, please contact the Loudon Communications Council at the following email address: <u>Debbie@debbiekgraphics.com</u> or call Kris Tripp at: 783-0448. We look forward to hearing about your event or activity! ■

# Commended Students in the 2007 National Merit Scholarship Program

The principal, Dr. Michael Jette, of Merrimack Valley High School announced recently that Sean P. Peick has been named a Commended Student in the 2007 National Merit Scholarship Program. A Letter of Commendation from the school and National Merit Scholarship Corporation (NMSC), which conducts the program, will be presented by the principal to this scholastically talented senior.

About 34,000 Commended Students throughout the nation are being recognized for their exceptional academic promise. Although they will not continue in the 2007 competition for Merit Scholarship awards, Commended Students placed among the top five percent of more than 1.4 million students who entered the 2007 competition by taking the 2005 Preliminary SAT/National Merit Scholarship Qualifying Test (PSAT/NMSQT).

"Recognition of academically talented students and the key role played by schools in their development is essential to the pursuit of educational excellence in our nation," commented a spokesperson for NMSC. "The young people being named Commended Students have demonstrated outstanding academic potential by their strong performance in this highly competitive program. We hope that this recognition will help broaden their educational opportunities and that they will continue to pursue scholastic excellence."

Sean is the son of Patrick and Theresa Peick of Penacook. During his senior year, he is studying Advanced Placement English, History, and Calculus in addition to Project Running Start Physics. Sean is a member of the Baseball team, and plans to pursue a major in sports journalism after graduation.

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#### Harold L. Muzzey, Jr. Ordained September 17



Harold L. Muzzey, Jr., was ordained on September 17th at the Third Baptist Church of Strafford, N.H., where he is currently serving as their pastor.

Reverend Muzzey completed the required course work as stipulated by the "Institute Of The Laity," of American Baptist Churches, which he began in 2001. He had been licensed to preach and certified as a lay minister prior to his ordination.

Reverend Muzzey was a life-long resident of Loudon until two years ago when he accepted the position at the Church in Strafford. His wife, Diana, is employed at the Loudon Elementary School and both are still very active with the Loudon Community. Reverend Muzzey is the son of the late Harold and Gertrude (Welch)

Muzzey. They were life-long residents of Loudon.

Reverend Muzzey and his wife Diana currently live in the parsonage of the Third Baptist Church in Strafford. They have two married children and five grandsons, who reside in Loudon as well other family members.



Reverend Muzzey with his wife Diana.

#### **Loudon Lions Club News**

Attention all citizens of Loudon! The Lions Club is looking for a few good men and women! Yes, we are! It's the start of a new Lions' year and a great time for new people to join the group. Do you have a couple of hours a month to attend meetings? Could you spare a few hours four or five times a year to work on a fundraiser? Would you like to belong to an organization that has roots which extend internationally while producing results right here at home? If you can give an affirmative answer to any or all of these questions, then the Lions Club is the place for you!

What has your local Lions Club done for the community? We have provided glasses and hearing aids to people who cannot afford them. We have collected used glasses, hearing aids, and printer cartridges for recycling. We have given scholarships to Merrimack Valley High School graduates for the last two years. We have conducted White Cane Days to collect funds for the visually and hearing impaired. We have hosted three Ice Cream Socials at the Elementary School (Yum! Yum!). We collected hats, mittens, and underwear for local elementary and day care children. We held our first Biker Breakfast during Motorcycle Week. Finally, we have been active participants at Old Home Day for the last three years.

Thank you to all the citizens of Loudon who have been supporting us. We couldn't have come this far without you.

Now, the new season is starting. During our most recent meeting, we held a brainstorming session to find new and fun-filled ways to make money so that we can continue providing these services to the community. As with any job, many hands make light of work. That is why we are extending an open invitation to everyone to join us and to bring your own money-making ideas. We also would be interested in hearing about local projects that may be appropriate for the Lions to tackle – community-based, environmental, fund-raising, health, sight, and hearing.

So won't you join us? Lions Club meetings are always open and visitors are always welcome. We meet on the first and third Tuesdays at 7 p.m. at the Maxfield Library. Please stop in and meet us!

#### Next Deadline: Friday, October 13 for the November Issue

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# The American Legion Post 88 Loudon

There are probably quite a few of you out there, that don't know of all the services we provide. Of course, we have the hall, which we rent out and hold Bingo every Tuesday evening. We, also, donate the hall for charitable events. We have had Cub Scouts, Girl Scouts, and 4-H meetings held here, and we charter Boy Scout Troop #247. We have one of the local church groups use the hall, too.

The Legion has hospital equipment for those in need, at no charge, and if we don't happen to have what you need, we have other resources and we will see what we can do for you.

Don't forget about our flag disposal box, located out front by the door. Anyone is welcome to place flags in this box, we will then dispose of them properly. Every year the Legion installs flags on all of our veteran's grave sites for Memorial Day. If we happen to miss any, or a flag gets misplaced, please notify us as soon as possible. We also organize the Memorial Day parade.

Our Post #88 is a small Post with the majority of our members in the upper age bracket. We would greatly welcome any and all new 'younger' members, to help us out and help us grow. We try to provide help and assistance to both old and new veterans that have any questions or needs.

We have an Auxiliary unit that supports the Post, but they are also in need of new members. The Sons of the American Legion unit was active a few years back, but disbanded due to lack of membership.

As you can see, we have a lot to offer, but we need your help. If you have any questions or want to become a member of any of these organizations, please call Jim at 435-8892 or Fred at 224-0172.

#### **POST NEWS AND EVENTS**

- We have a meeting every 3rd Wednesday of each month, both for the Legion and the Auxiliary. Anyone interested is welcome.
- October is new membership month. Fees are due by October 20th.
- $\bullet\,$  Remember to watch out for our children, on Columbus Day and on Halloween.



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#### **Boy Scout News**

#### **BS Troop 30**

Boy Scout Troop 30 has ended the summer with a Saco River Canoe Trip. The Scouts spent 3 days and 2 nights canoeing down the Saco River from NH to Jaine.

The highlights of the trip were not only canoeing and camping out along the river bank, but the rope swings along the way gave the boys a thrill.

The Scouts are now involved in the yearly popcorn sale fundraiser to raise money for their troop.

The Scout troop will be at Wal-Mart on Loudon Road on September 23rd from 9 a.m. 4 p.m. for any and all who crave Chocolate, Caramel, Kettle, Cheese, and microwave popcorn. Come see Troop 30 they can meet your popcorn needs. ■

# 2006-07 N.H. Waterfowl Hunting Seasons Set

T he New Hampshire Fish and Game Department has set final season dates and bag limits for the 2006–07 waterfowl hunting season. The state's waterfowl hunting season remains very similar to last year's, with a 60-day duck season and a six-bird daily limit. As a result of input at the public meeting on August 23, the Inland Season proposal was modified slightly.

"Waterfowl populations in the Atlantic Flyway continue to do well. In the northeast overall, and in New Hampshire particularly, mallard, wood duck are in good shape, and Canada goose populations remain at high levels. As a result, the U.S. Fish and Wildlife Service has recommended liberal season frameworks for ducks," said Edward Robinson, a waterfowl biologist with N.H. Fish and Game. "There are some concerns, however, about the status of black ducks, wigeon, scaup and pintails, as these species remain below population goals."

Fish and Game will continue split seasons for waterfowl, including ducks and Canada geese, in both the inland and coastal zones to allow early and late hunting opportunities:

- The INLAND ZONE season (ducks, mergansers, coots, Canada geese) opens on October 3 and runs through November 5, then reopens from November 22 through December 17.
- The **COASTAL ZONE** season will open on October 4 and run through October 15, then reopen November 22 through January 8, 2007.

Bag limit restrictions will continue on a number of species, including black ducks, scaup, pintails, canvasbacks and Atlantic brant. Fish and Game has reduced the daily bag limit on scaup to 1 bird per day; increased the season length for canvasback from 30 to 60 days; and increased the bag limit on hooded mergansers from 1 bird per day to 2 per day.

Hunters of all migratory game birds must have a 2006 New Hampshire hunting license and are required by federal law to register for the National Migratory Bird Harvest Information Program (HIP). Separate HIP permits are needed in each state. Licensed hunters should call 1-800-207-6183, or go to <a href="http://www.nhfish.andgame.com">http://www.nhfish.andgame.com</a>, to receive a permit number (there is no charge). This number should be written on the hunting license. Harvest information from HIP helps Fish and Game and the U.S. Fish & Wildlife Service make more reliable estimates of the number of all migratory birds harvested throughout the country, allowing biologists to make decisions about hunting seasons, bag limits and population management. Each year, a random selection of hunters is asked to complete a voluntary harvest survey.

Waterfowl hunters must also obtain a federal and a state duck stamp.

Hunters are asked to report all banded birds using the toll-free phone number, 1-800-327-BAND. The U.S. Fish and Wildlife Service will send a certificate with information about the bird.

For more information on waterfowl hunting in New Hampshire, visit http://www.wildlife.state.nh.us/Hunting/Hunt\_species/hunt\_waterfowl.htm.

As the guardian of the state's fish, wildlife and marine resources, the New Hampshire Fish and Game Department works in partnership with the public to conserve, manage and protect these resources and their habitats. Visit <a href="http://www.wildlife.state.nh.us">http://www.wildlife.state.nh.us</a>.

Deadline for the November issue of "The Loudon Ledger" is Friday, October 13.

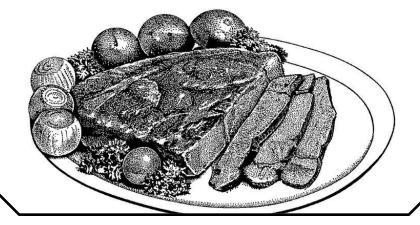


Troop 30 canoe trip: Alex Hunton, Andrew Judd, Sean Fitzgerald, James Judd, David Vincello Thomas Balint, Ian Crowell, and Colin Hillman.

# Troop 247 scouts are having their 2nd Annual Roast Beef Supper!!!

November 11 at 6:00 p.m. at the Loudon American Legion

Bring nonperishable canned goods and get a discount.



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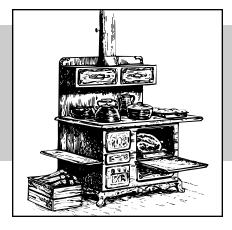
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# What's Cookin'! Recipes from Loudon kitchens...

This month: It's the Great Pumpkin!

By Jennifer Pfeifer

Charlie Brown thought the pumpkin was great, and so do I. I'm not so sure if he was as concerned about how good it tastes, or how good it is for you, but it certainly is on my mind.

There are many ways to buy and prepare pumpkin for use: canned (spiced and plain), frozen (pureed or cubed), or fresh (whole or cleaned and cubed in the veggie section of the supermarket). Once properly prepared, any of these can be used in your recipes. With Halloween and Thanksgiving coming, I love to use fresh pumpkin

I think the easiest way to prepare fresh pumpkin for maximum flavor and, minimum finger loss, is to carefully cut the pumpkin in half and scoop out the seeds. (If your pumpkin is large, save the clean seeds for roasting- see "Don't Forget the Seeds" below). Rub the pumpkin lightly with oil and place flesh side down on a baking sheet, cover with aluminum foil, and bake at 350° until a knife inserts easily. Let cool to the touch and scoop out the flesh. It can be frozen in zip lock bags in measured amounts (1, 2, or 3 cups) for use later in the year. Be sure to squeeze as much air out of the bag as possible.

#### **Gooey Pumpkin Butter Cake**

My favorite pumpkin recipe is a variation of Paula Dean's (Food Network star and author of "The Lady & Son's Just Desserts") Gooey Butter Cake.

#### Cake

- 1 18.25 oz. box yellow or spice cake mix
- 1 egg
- 1/2 cup (1 stick) butter, melted

#### Filling

- 1 8 oz. package cream cheese, softened
- 3 eggs
- 1 15 oz. can pumpkin pie filling
- tsp. pure vanilla extract
- 1 16 oz. box confectioners sugar
- 1/2 cup (1 stick) butter, melted

Preheat oven to 350°. Lightly grease a 13"x9"x2" baking pan. Using a stand mixer, or hand held, combine the cake mix, egg and butter. Put into the bottom of prepared pan and set aside.

Still using the mixer, beat the cream cheese until smooth and add eggs, pumpkin pie filling, and vanilla. Pour in all confectioners sugar and beat well. Reduce speed and slowly add butter to combine. Pour filling onto cake mixture and spread evenly.

Bake for 40–50 minutes. Don't be afraid to make a judgment call on the cooking time due to variations in oven temperatures. You will want the center to be a little gooey. Cool completely and cut into squares. A little goes a long way!

**Note:** For those of us who like nuts, try adding 1/2–1 cup of chopped walnuts or pecans. Sprinkle on top of the filling before baking.

#### **Creamy Pumpkin Apple Soup**

I love making soup so much that I usually have to call friends and ask if I can drop some off at their house! This is one of my favorites to eat and share.

- 2 Tbsp. oil
- 2 cloves garlic, minced
- 1 small onion, chopped
- 2 celery stalks, chopped
- 2 green (Granny Smith) apples, finely chopped
- 4 cups chicken stock
- 2 15 oz. cans (no spice) or 4 cups fresh pumpkin puree
- 1 tsp. salt
- 1 tsp. pepper
- 1/2 cup heavy cream

In a large pan heat oil on medium heat and sauté onion, celery, garlic, and apples until soft. Add stock, pumpkin, salt, and pepper and simmer for 20 minutes. Blend until smooth with hand blender in pan or a small amount in a regular blender. (Be sure not to fill the blender too much! Also, I suggest covering the blender with a towel so that you don't cover your kitchen with soup!) Put the smooth soup back in the pan and add cream. Heat until warm. Try adding a dollop of sour cream or crumbled bacon for serving.



#### Don't Forget the Seeds

The bigger the pumpkin, the bigger the seeds! Clean as much of the gut off the seeds as possible, but a little flesh adds flavor. I encourage you to use your favorite spices- cumin, chili, and curry are my favorites.

In a bowl combine 1/4 cup vegetable oil, 2 tablespoons salt, 1 teaspoon pepper, and 1–2 teaspoons of your favorite spice, or 2 tablespoons of Worcestershire sauce/soy sauce.

Marinate for 2–4 hours. Remove from the bowl with a slotted spoon and cook in the oven at 300° for 45 minutes, stirring often. Remove from the oven when the seeds are dry. Cool and store in an air tight container.

*Next Month:* How do I love all those leftovers? Let me count the ways! I hope to hear from you. Email me at jtpfeifer@comcast.net, call at 783-8986, or send mail to 168 North Village Road, Loudon, NH 03307. ■

# **Boating Education Class Schedule**

The Department of Safety, Boating Education recently scheduled additional boating safety courses for the upcoming months. There is a \$10.00 non-refundable fee per person for the class and because of the limited seating pre-registration is required, Call (603) 267-7256 or (888) 254-2125 to pre-register. Seating is still available in the following courses:

#### **ONE FULL-DAY SESSION (Saturday)**

| 10/07/06 | 9:00-4:30  | Winnisquam Marina, Winnisquam          |  |  |
|----------|------------|--|--|--|
| 10/14/06 | 9:00-4:30  | Bartlett Fire Department, Bartlett     |  |  |
| 10/14/06 | 9:00-4:30- | Lakes Region General Hospital, Laconia |  |  |
| 10/14/06 | 9:00-4:30  | Moultonborough Safety Bldg.,           |  |  |
|          |            | Moultonborough                         |  |  |
| 10/14/06 | 9:00-4:30  | NH Department of Fish & Game, Keene    |  |  |
| 10/14/06 | 9:00-4:30  | Ossipee Town Hall Bldg., Ossipee       |  |  |
| 10/21/06 | 9:00-4:30  | Hooksett Public Library, Hooksett      |  |  |
| 10/21/06 | 9:00-4:30  | St. Joseph's Hospital, Nashua          |  |  |
| 10/21/06 | 9:00-4:30  | Dept of Safety, 33 Hazen Dr., Concord  |  |  |
| 10/21/06 | 9:00-4:30  | Squam Lakes Association, Holderness    |  |  |
| 10/21/06 | 9:00-4:30  | Urban Forestry Center, Portsmouth      |  |  |
| 10/21/06 | 9:00-4:30  | Rochester Police Department, Rochester |  |  |

#### TWO-DAY SESSION (weeknights)

| I WO-DAT SESSIC       | m (weekiii | gnts)   |
|-----------------------|------------|---|
| 10/09/06 & 10/11/06   | 6:00-9:30  | Raymond High School, Raymond                  |
| 10/16/06 & 10/18/06   | 6:00-9:30  | Bedford Police Department, Bedford            |
| 10/16/06 & 10/18/06   | 6:00-9:30  | Dover High School, Dover                      |
| 10/16/06 & 10/18/06   | 6:00-9:30  | Merrimack Town Hall, Merrimack                |
| 10/16/06 & 10/18/06   | 6:00–9:30  | Wolfeboro Huggins Hospital,<br>Wolfeboro      |
| 10/17/06 & 10/19/06   | 6:00–9:30  | Bridgewater-Hebron Village School,<br>Bristol |
| 10/17/06 & 10/19/06   | 6:00-9:30  | Londonderry P.D., Londonderry                 |
| 10/23/06 & 10/25/06   | 6:00-9:30  | Derry Running Brook M.S., Derry               |
| 10/23/06 & 10/25/06   | 6:00-9:30  | Exeter Library, Exeter                        |
| 10/23/06 and 10/25/06 | 6:00–9:30  | Sunapee Middle High School,<br>Sunapee        |

# TO YOUR MEALTH

By Tricia Ingraham, BS

#### October is National Breast Cancer Awareness Month

#### Breast cancer is the most common cancer in women, aside from skin cancer.

#### The Facts about Breast Cancer

What is cancer?

Cancer is a group of diseases that occur when cells become abnormal and divide without control or order. Each organ in the body is made up of various kinds of cells. Cells normally divide in an orderly way to produce more cells only when they are needed. This process helps keep the body healthy. If cells divide when new cells are not needed, they form too much tissue. This extra tissue, called a tumor, can be benign or malignant.

#### Benign tumors are not cancer.

Eighty percent of all breast tumors are benign. They can usually be removed, and, in most cases, they don't come back. Most important, the cells in benign tumors do not invade other tissues and do not spread to other parts of the body. Benign breast tumors are not a threat to life.

#### Malignant tumors are cancer.

The cancer cells grow and divide out of control, invading and damaging nearby tissues and organs. Cancer cells can also break away from the original tumor and enter the bloodstream or lymphatic system. This is how breast cancer spreads and forms secondary tumors in other parts of the body. This spread of cancer is called metastasis.

#### Scientific Detectives

To identify risk factors, scientists continually examine various trends and patterns among women worldwide who are diagnosed with the disease. Age, individual and family medical history, reproductive history, genetic alterations, race, economic status, neighborhood and workplace exposures to pollutants, and lifestyle habits are all examples of the factors that can be evaluated. This information tells a scientific story that helps experts predict with some certainty a woman's odds for developing breast cancer. It's important to note, however, that this is not an exact science and that such predictions are not definite.

#### The most common risk factors

Age. The risk of breast cancer increases as a woman grows older. The risk is especially high for women age 60 and older. Breast cancer is uncommon in women younger than age 35. There is some evidence to suggest

young African American women are at greater risk for breast cancer than young white women.

**Personal History.** Women who have had breast cancer and women with a history of breast disease (not cancer, but a condition that may predispose them to cancer) may develop it again.

Family History. The risk of getting breast cancer increases for a woman whose mother, sister, daughter, or two or more close relatives have had the disease. It is important to know how old they were at the time they were diagnosed

#### Prevention/Early Detection

When breast cancer is detected early and treated promptly, suffering and ultimately the loss of life can be significantly reduced. Women are encouraged to ask their doctors and other health care providers about mammography screening. Mammography (an x-ray picture of the breast) is the single most effective method to detect breast changes that may be cancer, long before physical symptoms can be seen or felt. For early stage breast cancer, there are more treatment options, treatment can be less disfiguring and less toxic, and survival is improved.

As women age, their risk of breast cancer increases. For most women, high quality mammography screening should begin at age 40. As risk factors vary in everyone, each woman and her doctor should discuss the plan that's right for her. Most organizations recommend screening every 1 to 2 years; some recommend it take place every year. Screening should continue throughout a woman's lifetime.

In addition to the use of mammography, health care providers should also examine a woman's breasts, called a clinical breast examination (CBE), as part of routine health care to search for any abnormalities that may be missed by mammography. Breast self-examination (BSE) may alert a woman to any changes in her breasts, but it is not a substitute for mammography screening. The value of BSE is that it helps a woman become familiar with how her breasts normally feel and to notice any changes.

For more information about mammography screening, please refer to American Cancer Society's Website at www.cancer.org.

# Will health insurance pay for screening mammograms?

Regular screening mammograms are covered by the U.S. government's Medicare and Medicaid programs and other private health insurance plans (women should check their own insur-

ance plans for individual details). Free or low-cost mammograms are available for women without health insurance in many locations. For a program near you, contact the CDC at (888) 842-6355.

#### **Treatment**

When breast cancer is detected at an early stage of development, a number of effective treatment options are available. A woman and her physician will choose the treatment that is right for her, based on the location and extent of the cancer, her age and preferences, and the risks and benefits of each treatment. The basic treatment choices for breast cancer are surgery, radiation, chemotherapy, and hormonal therapy. Local

treatments such as breast surgery and radiation therapy are focused on the breast itself to remove or destroy the cancer cells confined to the breast. Systemic treatments such as chemotherapy and hormonal therapy aim to destroy the cancer cells that may have spread throughout the body.

Sources: American Cancer Society, The Centers for Disease Control, National Breast Cancer Awareness Campaign, National Cancer Institute,

Do you have a health topic that you would like to see featured? Please send ideas to the Loudon Communications Council, POB 7871, Loudon, NH 03307 or email Tricia Ingraham: dtingraham@comcast.net. ■

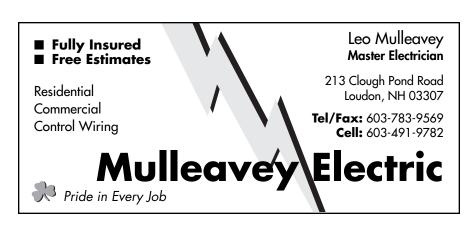
# Payson Center Offers Stress Management Program for Cancer Patients and Caregivers

Control: A Systematic Program of Stress Management Education for People with Cancer and their Caregivers" on Monday, October 16 from 10 a.m. to 12 p.m. This free program helps participants build a repertoire of stress management skills to assist them during and after treatment.

Facilitated by Lisa Gold, MA, MS, LCMHC, participants learn to control mood changes, improve sleep, manage discomfort and relax their mind and body. Ms. Gold, trained with Jon Kabat-Zinn at the Stress Reduction Clinic at the University of Massachusetts Medical Center, brings years of experience in teaching stress reduction techniques. "Living with cancer can obviously be stressful, but with education and practice, people can learn practical methods to manage their stress more effectively," she said.

Registration is required. To register or for more information, please call (603) 230-6031. Upon arrival, park in Lot A and enter the hospital through the main entrance. The program is being held in the Payson Center for Cancer Care Conference Room on the first floor.

Concord Hospital is a regional medical center that provides comprehensive acute-care services and healthcare programs to people throughout New Hampshire. The hospital currently has 280 active medical staff in 50 specialties and subspecialties and offers leading-edge technology and equipment not available anywhere else in the state. In 2005, the charitable, not-for-profit organization provided more than \$21.6 million in community benefits to the residents of central New Hampshire. For more information, visit <a href="https://www.concordhospital.org">www.concordhospital.org</a>



### Close Call for Hikers is Reminder to Hike Safely This Fall

T he recent rescue of four unprepared hikers from the summit of Mt. Washington is a sobering reminder of the importance of refreshing yourself on safe hiking principles before heading out on the trail this time of year. Dressed only for summer temperatures, and setting out late in the day for a difficult hike, these hikers were unprepared for the winter conditions they encountered at the higher altitudes of the summit. Their second mistake: they failed to turn back when they ran into trouble. One of the hikers remains hospitalized in serious condition suffering from severe hypothermia. The hikers, who are from Canada, found some shelter when they broke into one of the summit buildings. "Hikers, especially on Mt. Washington, should never count on buildings being open to provide a safe haven — or assume that staff will be around to help you get back down," said New Hampshire Fish and Game Department Lt. Todd Bogardus, who coordinates the hikeSafe initiative.

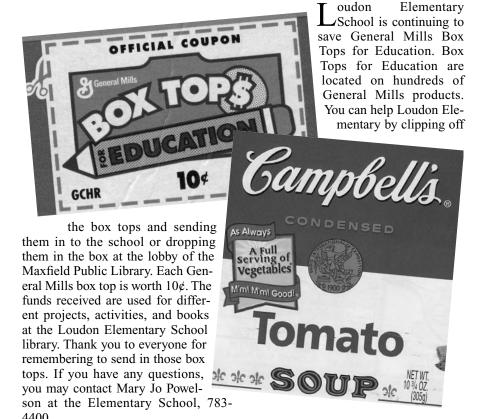
"It's a beautiful time of year to hike in New Hampshire, with crisp air, colorful foliage and glimpses of wildlife preparing for winter," said Bogardus. "But hikers must be equipped with gear and extra warm clothing this time of year. You should be prepared for winter-like conditions, such as snow, high winds, rain, and exposure to extreme weather at the higher summits."

Bogardus also cautions that because the days are growing shorter, night can fall quickly. Hikers should prepare for being caught out after dark — carry a flashlight or headlamp, even if you're not planning to stay out late. Also, rime ice at higher altitudes can obscure signs, so hikers should be equipped with a map and compass and know how to use them. Hunting seasons are already underway in New Hampshire, so it's a good idea to wear bright colors such as red or orange when out on the trails. Watch your step, because wet autumn leaves can be very slick, and when on the trail, always stay together as a group. Before you head out, be sure to tell someone where you're going and how long you'll be gone.

"The weather is extremely unpredictable this time of year, so we encourage people to be prepared with the right knowledge and gear to have a fun time, safely. If you do experience unexpected conditions that affect your hike, like fatigue or weather changes, be responsible and turn back — the mountains will be there another day," says Bogardus. He recommends carrying the "Ten Essentials" on every trip: map and compass, warm clothing (including hat and mittens), extra food and water, flashlight or headlamp, matches/firestarters, first aid kit, whistle, rain/wind gear and a pocket knife.

As you plan your fall hiking, visit <a href="http://www.hikesafe.com">http://www.hikesafe.com</a> for more safe hiking tips, plus links to websites like the Mt. Washington Observatory for weather

# Save Those Box Tops & Campbell Soup Labels!



Loudon Elementary School also saves Campbell Soup Labels! There is also a collection bin for these located at the library. ■

updates and other information to help plan your trip. Enjoy the fall, review the hiker responsibility code, and hikeSafe!

#### **HIKER RESPONSIBILITY CODE**

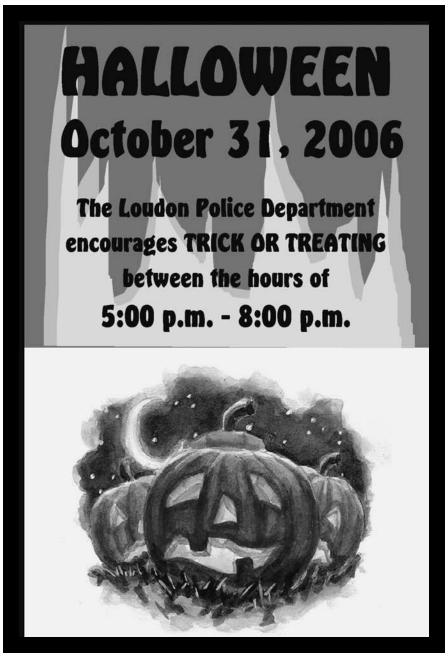
You are responsible for yourself, so be prepared:

- With knowledge and gear. Become self-reliant by learning about the terrain, conditions, local weather and your equipment before you start.
- **To leave your plans.** Tell someone where you are going, the trails you are hiking, when you'll return and your emergency plans.
- To stay together. When you start as a group, hike as a group, end as a group. Pace your hike to the slowest person.
- To turn back. Weather changes quickly in the mountains. Fatigue and unexpected conditions can also affect your hike. Know your limitations and when to postpone your hike. The mountains will be there another day.
- For emergencies, even if you are headed out for just an hour. An injury, severe weather or a wrong turn could become life threatening. Don't assume you will be rescued; know how to rescue yourself.
- · To share the hiker code with others.

hikeSafe — There and Back — It's Your Responsibility!

The hikeSafe educational initiative is a result of a partnership between New Hampshire Fish and Game and White Mountain National Forest. It was designed to help reduce the numbers of search and rescue incidents and emergencies by educating outdoor users on proper preparation.

For more information about hikeSafe, visit <a href="http://www.hikesafe.com">http://www.hikesafe.com</a>, or contact Lt. Todd Bogardus of N.H. Fish and Game, (603) 744-5470; or Rebecca Oreskes of the White Mountain National Forest, (603) 466-2713 x212. ■





#### Try these fun activities while celebrating fall with kids of ANY age:

- Play pumpkin hula set up a row of pumpkins and try landing a hula hoop around each one.
- Visit a local orchard and pick your own apples, then make an apple pie or other tasty apple treat
- Iron brightly colored leaves between two sheets of waxed paper to make colorful window decorations
- · Make a scarecrow for the front yard

#### Another fun fall activity:

Decorate uncarved pumpkins and gourds From *Prime Time Together with Kids* by Donna Erickson You will need:

> Pumpkins or gourds Permanent, felt-tipped markers Acrylic paints, paintbrushes, and glue Pins, newspaper and "found" items

Before you start, wash your pumpkin or gourd and dry thoroughly. Then scout out the house for "found" items that you can use for decorating; buttons, string, rib-

NHIS HALLOWEEN PARTY SATURDAY, OCTOBER 28 5-8 P.M. For all kids up to the FIFTH GRADE

bon, bows, construction paper, shiny paper, stickers, hats, cotton balls, candy, sunglasses, doll accessories, dried weeds, flowers, pins and medals, cardboard tubes, and fabric scraps, are just some ideas. Place all the items collected on a newspaper covered work surface. Draw your faces with the permanent markers or paint them with acrylic paint. Then, let the fun begin add whatever you would like to make your pumpkin unique! Display them proudly and enjoy.

#### Here is a cool snack that just may make your mom and dad sick!

Recipe from www.familyfun.com

#### **Goblin Tongues!**

You will need:

Mini bagels Cream cheese Bologna slices

Here is how to make them:

- **Step 1** For each Goblin Tongue sandwich, spread cream cheese between the top and bottom of a mini bagel.
- **Step 2** Use a butter knife or kitchen shears to cut a tongue shape from a half slice of bologna. Then gently press the base of the tongue into the bagel hole

Gobble up goblins of all ages!

Attention kids of Loudon... Here is the place for you!!! We are starting a kid's page for The Loudon Ledger and we want to hear from you. Do you write poetry, write stories, draw, have a funny joke to tell, a favorite memory of Loudon, or have done something fantastic you would like to share???? Type it up or write it down and send it to *The Loudon Ledger*, PO Box 7871 Loudon, NH 03307 or email it to <a href="mailto:debbie@debbiekgraphics.com">debbie@debbiekgraphics.com</a>.



### Interesting History and Customs of Halloween

Information Accumulated By Kris Tripp

Halloween is celebrated in much of the Western world, though most common in the United States, Puerto Rico, Republic of Ireland, the United Kingdom, Canada, and with increasing popularity in Australia and New Zealand.

#### The History:

Hundreds of years ago in what is now Great Britain and Northern France, lived the Celts. The Celts worshipped nature and had many gods, with the sun god as their favorite. It was "he" who commanded their work and their rest times, and who made the earth beautiful and the crops grow.

The Celts celebrated their New Year on November 1st. It was celebrated every year with a festival and marked the end of the "season of the sun" and the beginning of "the season of darkness and cold." On October 31st after the crops were all harvested and stored for the long winter the cooking fires in the homes would be extinguished. The Druids, the Celtic priests, would meet in the hilltop in the dark oak forest (oak trees were considered sacred). The Druids would light new fires and offer sacrifices of crops and animals. As they

danced around the fires, the season of the sun passed and the season of darkness would begin.

When the morning arrived the Druids would give an ember from their fires to each family who would then take them home to start new cooking fires. These fires would keep the homes warm and free from evil spirits. The November 1st festival was called **Samhain** (pronounced "sow-en"). The festival would last for 3 days. Many people would parade in costumes made from the skins and heads of their animals. This festival would become the first Halloween.

During the first century the Romans invaded Britain. They brought with them many of their festivals and customs. One of these was the festival know as **Pomona Day**, named for their goddess of fruits and gardens. It was also celebrated around the 1st of November. After hundreds of years of Roman rule the customs of the Celtic's **Samhain** festival and the Roman **Pomona Day** mixed becoming 1 major fall holiday.

The next influence came with the spread of the new Christian religion throughout Europe and Britain. In the

year 835 AD the Roman Catholic Church would make November 1st a church holiday to honor all the saints. This day was called **All Saint's Day**, or **Hallowmas**, or **All Hallows**. Years later the Church would make November 2nd a holy day. It was called **All Souls Day** and was to honor the dead. It was celebrated with big bonfires, parades, and people dressing up as saints, angels and devils.

But the spread of Christianity did not make people forget their early customs. On the eve of **All Hallows**, Oct. 31, people continued to celebrate the festivals of **Samhain** and **Pomona Day**. Over the years the customs from all these holidays mixed. October 31st became known as All Hallow Even, eventually All Hallow's Eve, *Hallowe'en*, and then — Halloween.

The Halloween we celebrate today includes all of these influences, **Pomona Day**'s apples, nuts, and harvest, the Festival of **Samhain**'s black cats (which are given for good luck in Europe even today), magic, spirits and death, and the ghosts, skeletons and skulls from **All Saint's Day** and **All Soul's Day**. For modern day Pagans the holiday is still referred to as Samhain and is a day to honor loved ones who have passed on. It is also a time for reflecting upon the last year, making plans for the upcoming one.

#### **Trick-or Treat:**

The custom of trick-or-treating is thought to have originated not with the Irish Celts, but with a ninth-century European custom called souling. On November 2, All Souls Day, early Christians would walk from village to village begging for "soul cakes," made out of square pieces of bread with currants. The more soul cakes the beggars would receive, the more prayers they would promise to say on behalf of the dead relatives of the donors. At the time, it was believed that the dead remained in limbo for a time after death, and that prayer, even by strangers, could expedite a soul's passage to heaven.

#### The Jack-O-lantern:

The Jack-o-lantern custom probably comes from Irish folklore. As the tale is told, a man named Jack, who was notorious as a drunkard and trickster, tricked Satan into climbing a tree. Jack then carved an image of a cross in the tree's trunk, trapping the devil up the tree. Jack made a deal with the devil that, if he would never tempt him again, he would promise to let him down the tree.

According to the folk tale, after Jack died, he was denied entrance to Heaven because of his evil ways, but he was also denied access to "the hot place" because he had tricked the devil. Instead, the devil gave him a single ember to light his way through the frigid darkness. The ember was placed inside a hollowed-out turnip to keep it glowing longer.

The Irish used turnips as their "Jack's lanterns" originally. But when the immigrants came to America, they found that pumpkins were far more plentiful than turnips. So the Jack-O-Lantern in America was a hollowed-out pumpkin, lit with an ember.

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#### New Fall Shotgun Turkey Permits Now Available Online

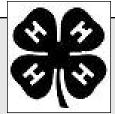
As of September 1, hunters can now purchase permits online for New Hampshire's first-ever fall shotgun turkey season. The new season is set for October 16-20 in select Wildlife Management Units (WMUs) in the Connecticut River Valley and southwest portions of the state (WMUs D1, D2, G, H1, H2, I1, I2 and K). These areas have New Hampshire's densest wild turkey populations.

Participants in the fall shotgun turkey season will need both a \$6 turkey license and an \$11 fall shotgun permit in addition to a current N.H. hunting license. This year, the new season permit will be available ONLY online at http://www.nhfishandgame.com or over-the-counter at Fish and Game on Hazen Drive in Concord. The fall shotgun permit entitles a hunter to take a single bird of either sex with a shotgun. Hunters are restricted to taking a single turkey during the fall, either with bow and arrow during the archery season, or with a shotgun during the shotgun season. The bird must be tagged with the "fall" tag that comes on the regular turkey license.

The impact of this fall's new shotgun turkey season, which stems from New Hampshire's Turkey Management Plan, will be carefully monitored through annual spring gobbler harvest data, according to Wildlife Programs Administrator Mark Ellingwood. Fall shotgun seasons are planned only for WMUs yielding spring harvest levels of at least .5 birds per square mile.

For more on New Hampshire's fall turkey seasons and turkey hunting safety, or to purchase hunting licenses and permits, visit <a href="http://www.wildlife.state.nh.us/">http://www.wildlife.state.nh.us/</a> Hunting/Hunt\_species/hunt\_turkey.htm.

The New Hampshire Fish and Game Department is the guardian of the state's marine, fish and wildlife resources and their habitats. ■



#### Happy Hill 4-H Club News

By Liz Lebrun

Happy Hill 4-H Club will begin the new 4-H year on October 2. It's so hard to believe summer is over. I hope everyone who went to Hopkinton Fair got a chance to visit the 4-H building and see the projects done in Merrimack County last year. Two of our members won special recognition for their projects on display in the building. Caitie Sittig won a plaque for an outstanding poster and Heather Gray won a plaque for an outstanding framed cross-stitch. Congratulations to both girls! Maybe you were also able to recognize some of our members who were in the barns with their animals. In addition, several of our members could be seen working in the Country Kitchen, the Ice Cream Parlor or the Chicken Barbecue. Those areas are run to raise money for awards and scholarships to further the 4-H program in Merrimack County. It takes over 300 volunteers to run the 4-H portion of the fair and everyone who helped deserves thanks.

Happy Hill was represented at the Loudon Elementary School open house on September 5 & 6. Hopefully all youth who had questions about 4-H were able to stop by the table and learn more about what we do as a club. In addition an informational meeting was held at the Maxfield Library on September 26. Any youth ages 8-18 are invited to join at any time throughout the year. We also welcome adults who might be interested in becoming a 4-H leader. Any talent or knowledge that you have could be something that a girl or boy might be interested to learn. Perhaps you know how to tune a bike, or how to plan and plant a flower garden or how to make jewelry. Consider giving us a call. At this time, we are able to offer projects in foods, sewing, horse, arts and crafts and community service.

Happy Hill will meet on October 2 at 6:30 p.m. at the Legion Hall for our first business meeting of the 2006/2007 year. We will do all the paperwork for re-enrollment, elect new officers and sign up for fall projects. We will also plan our Achievement Night to be held on November 6. Achievement Night is a time to honor the accomplishments of last year, to hand out premium checks from Hopkinton Fair and to install the newly elected officers.

If you have any questions about 4-H, call Liz LeBrun at 783-4671. We meet the first Monday of every month at 6:30 p.m. at the Legion Hall. ■

#### Small Game Survey Helps Manage NH's Wildlife

#### **Chance To Win A Ruger Rifle!**

Small game hunting season opens in New Hampshire on October 1 (gray squirrel season started September 1). Annual input provided by small-game hunters for the New Hampshire Small Game Survey plays a vital role in helping the N.H. Fish and Game Department manage the state's wildlife populations. Participating hunters have a chance both to help biologists manage wildlife and win a great raffle prize — a Sturm Ruger 10-22 RR rifle generously donated by the Sturm, Ruger & Co., Inc., to help boost participation in this important data collection effort.

The survey asks hunters to report when and where they hunt and which small game species they encounter. This information gives Fish and Game biologists important records on the abundance and distribution of ruffed grouse, woodcock, snowshoe hare, cottontail rabbit and gray squirrel.

Survey results not only help biologists better manage small game populations, they also help hunters know when and where they have the best chance of bagging their intended game. Data from the survey also provides Fish and Game with insights into the interests, activities and observations of New Hampshire's small-game hunters. Each year, the results of the Small Game Survey are compiled into a summary report of small game taken or observed. All survey participants are sent a copy of the final statistics.

The 2005/2006 Small Game Summary Report is posted on the Fish and Game website at <a href="http://www.wildlife.state.nh.us/Hunting/hunting.htm">http://www.wildlife.state.nh.us/Hunting/hunting.htm</a>, or pick up a copy at Fish and Game headquarters in Concord. There is no charge.

So, if you're a small game hunter, be sure to participate in the survey and be entered to win a rifle for next year's hunting season! To take part in the survey, ask for a small game survey form — email wilddiv@wildlife.state.nh.us; call (603) 271-2461; or write to Wildlife Division, 11 Hazen Dr., Concord, NH, 03301 — fill it out and send it in. All survey forms must be postmarked by April 15, 2007, to be entered into the raffle.

For more about hunting small game in New Hampshire, including season dates and bag limits, visit <a href="http://www.wildlife.state.nh.us/Hunting/Hunt\_species/">http://www.wildlife.state.nh.us/Hunting/Hunt\_species/</a> hunt\_small\_game.htm.

New Hampshire hunting licenses and permits can be purchased online at http://www.huntNH.com, or from Fish and Game license agents statewide. ■



#### **REAL ESTATE TIPS:**

### Real Estate Remains a Strong Investment!

By Jack Prendiville, Century 21 Thompson Real Estate

Opportunities to make big, quick profits in residential real estate tend to come and go in cycles. When a local market is hot, families may find it impossible to buy a house at an attractive price, fix it up, and watch its value rise in just a few years.

When the same local market is at the low end of the appreciation cycle, reaping a profit on the family home can take a good deal more time but the reward can be just as satisfying if price and local are carefully considered.

Even in uncertain economic times like these, history shows that real estate is one of the soundest investments a family can make. During the Great Depression of the 1930s when the stock market plummeted as much as 89 percent, housing prices dropped only 39 percent. According to most of the research on housing trends, prices cotinually stay at the same level as, and most often appreciate faster than, the rate of inflation. Housing prices actually rose an average of 10 percent during the recessions of the mid-1970s and early 1980s.

CENTURY 21 statisticians report that the rate of home appreciation since 1990 has been around five percent nationally, with inflation hovering around four percent. Homeowners, obviously, are still staying ahead of the real esate game on average.

And, with mortgage interest rates the lowest they've been in two decades, real estate today is a more attractive investment than its been in years.

First-time buyers are the big winners in this environment. Drawing up a budget can help you and your family decide on what you can afford. Once you've determined a price and picked your desired community, shop around to find the best house you can buy for your money. This stategy can help you realize greater appreciation two or three years down the road.

This is also a good time to purchase a second or vacation home. A bargain cabin in the woods today might bring an excellent return when housing prices move upward. Affordable second-home prices also allow you to purchase a vacation home that can serve as a stepping-stone to a larger retreat in the future.

But appreciation isn't the only advantage to buying a home. The federal government thinks home ownership is so important to the future of our country that it allows mortgage interest to remain the last substantial tax shelter for families. Owners can also take deductions on their property taxes. And, the profit on the sale of your home remains tax free as long as you buy a house for a greater or equal price.

So before you decide that this is not a good time to invest in residential property, re-examine the financial benefits of owning your own home and put them to work for you.





#### Thompson Real Estate

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Don't Want to Wait for

The Ledger to read the minutes?
Copies of minutes are available
at the Town Office within
72 hours of a meeting or online at
loudonnh.org.

#### **Girl Scouts News**

he Girl Scouts of Loudon are gear- $\blacksquare$  ing up for a fantastic 2006–2007 membership year and have some very exciting things in the works. Troops are beginning to meet and will have monthly updates on the exciting things they are doing right here in The Loudon Ledger. Our Fall product sale is underway and will run through October 21st. Please help the girls raise money for their great program by purchasing some of the delicious nuts and chocolates they are selling. If you haven't seen a Girl Scout to purchase items please contact any Loudon Girl Scout leader or call Michele Paquette, our new Service Unit Manager, at 783-4275 and she will find one for you. The Loudon Service Unit is planning an Outdoor Living Skills event on October 15th. Any Loudon girl of scouting age is welcome to participate! See the ad in this issue of The Ledger for more details on this great learning event.

The Loudon Girl Scouts are a very active group, serving girls from kindergarten through high school. We have a Daisy troop for kindergarten girls, four Brownie troops who serve girls in grades 1-3, two Junior troops who serve girls in grades 4 & 5 and a Cadette troop which serves girls from 6th grade on up. If you are a girl age 5-17 and want to have fun, expand your horizons, make new friends, better your community, become strong, courageous and confident, and be part of a national organization — join Girl Scouts today! You will find an interest indicator form on the Loudon website at www. <u>loudonnh.org</u> — check it out!

#### **Help Make a Difference**

We are always looking for adult volunteers — Make a difference in the lives of girls in Loudon!! Our positively



energizing program has something for everyone: the volunteer opportunities are limitless! If you are at least 18 years old you can join those who make up many volunteers serving Girl Scouts. No matter what your skills or interests, there is a place for you to help out. We can't do it without you and neither can the girls! For a list of ways you could help the Girl Scouts of Loudon and a volunteer interest form, please see the Loudon Girl Scouts section on the Loudon website <a href="https://www.loudonnh.org">www.loudonnh.org</a> or call Michele Paquette at 783-4275. You can be on your way to helping out today.

### Brownie Troop #300

Amanda Masse & Michele Paquette

Troop #300 is just getting started and planning a great year together. We are having fun catching up with each other and have already started to work on our first Brownie Try-it called Girl Scout Ways. The girls made sit-upons (many of you will remember that they are hand-made ground cushions to... sit on), s'mores and freshened up on other "Girl Scout ways." The girls are making plans for the year on the try-its they

would like to earn, community service projects they would like to achieve and (their favorite) — field trip planning. We are excited to be able to participate in the outdoor living skills training on October 15th and look forward to working on the skills that we will learn at that event throughout the year. Our troop is participating in the Fall Product sale and worked on goals for our group. We are very fortunate to have numerous adult volunteers for our troop and we are very thankful to them! The girls (and adults) of Brownie Troop #300 are just getting started and looking forward to a great year!

THE LOUDON GIRL SCOUT SERVICE UNIT PRESENTS AN

# OUTDOOR LIVING SKILLS EVENT







Sunday, October 15<sup>th</sup> 9:15am - 3:15pm

LOUDON RECREATION FIELD (off South Village Road)

#### OPEN TO ALL LOUDON GIRLS OF SCOUT AGE

(KINDERGARTEN & UP)

This is an opportunity for girls to experience and learn a number of important tasks that will help them have a more enjoyable and safe outdoor camping experience. There will be 9 learning stations that each girl will cycle through during the event: Basic First Aid, Knives, Knots, Fires, Cooking, Tents, Packing, Compass Skills and "Lost But Found" Video Presentation.

#### **ADMISSION:**

Registered Girl Scouts \$3.00 plus a non-perishable food item

Non-registered Girls \$5.00 plus a non-perishable food item

All non-perishable items will be donated to the Blessed Hope Food Pantry in Loudon.

All girls are to bring a bagged lunch. Drinks and a snack will be provided.

COST OF EVENT INCLUDES AN "OUTDOOR SKILLS" PATCH



For more information please contact a committee member:

 Michele Holbrook
 798-3669

 Amanda Masse
 783-0227

 Heather Herter
 798-3212

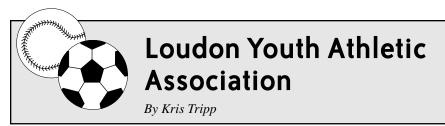
 Michele Paquette
 783-4275

troop45leader@yahoo.com jaelmasse@comcast.net toomnyk9@tds.net



#### Makris Family Presents Donation to Substance Abuse Program

The Makris family (James, Marguerite, Edward and Gregory), owners of Makris Lobster & Steak House in Concord, presented Concord Hospital president and CEO Mike Green, far left, with a \$6,800 donation from the annual Hacker's Golf Tournament for Concord Hospital's substance abuse program. This hospital program is a community benefit providing much needed care and support for individuals struggling with addiction. In 2005, 776 patients received over \$192,174 in substance abuse services through Concord Hospital. ■



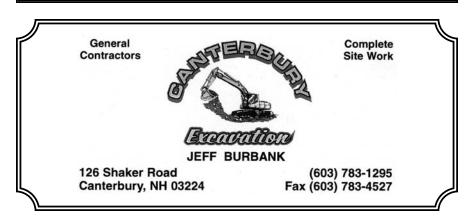
#### **Fall Soccer Program**

The Fall Soccer Program took flight on September 9th when over 225 kids participated in games on opening day with surrounding towns. We welcome you to join us each Saturday to watch your favorite team at the recreation field. Games are generally held from 9:00 a.m. to 3:00 p.m.

We would also like to welcome Adam Angwin to our team! Adam Angwin and Colette Garside will be the driving force behind our fabulous soccer program this year. Welcome aboard, Adam!

The L.Y.A.A. meets on the fourth Tuesday of every month at the Maxfield Public Library. Our next meeting is scheduled for Tuesday, October 24th at 7:00. We hope to see you there! ■

### SUPPORT THE BUSINESSES THAT ADVERTISE IN THE LOUDON LEDGER.





# Now offering Drop Off Laundry Service! We'll wash, dry, and fold for you!

#### **Hours:**

Monday-Saturday 7 a.m.-9 p.m. Sunday 8 a.m.-6 p.m.

73 Route 129, Loudon

#### Public Hearings Set for Proposed Wildlife Rule Changes

Proposed wildlife rule changes will be the topic of public hearings that will be held by the New Hampshire Fish and Game Department at its headquarters building at 11 Hazen Drive in Concord on the following dates:

#### OCTOBER 2, 2006, at 3 p.m.

FURBEARER RULES (weasel, fisher, coyote) and trapping on state-managed lands.

This rule would affect persons taking weasel or fisher or who wish to obtain a permit to trap on lands managed by the state. Fish and Game is proposing to change the season for taking weasel by traps to be open concurrent with the coyote season; change the bag limit for fisher by reducing the season limit in the combined area of wildlife management units E, J1, L and M; and change the rules which specify the process for obtaining permits to trap on lands managed by the state. Written comments are due by October 12, 2006.

#### OCTOBER 4, 2006, at 3 p.m.

#### USE OF LEASHED DOGS FOR TRACKING BIG GAME ANIMALS.

These rules would affect hunters who want assistance from a licensed tracker and persons who wish to be licensed as a tracker. In accordance with RSA 207:12-c, Fish and Game is proposing to adopt rules to regulate the activity of using a leashed dog to track big game animals. These rules include restrictions relative to the manner and methods for tracking, time periods for using tracking dogs, the application, notification and reporting process, license requirements and fee and the recovery of game. *Written comments are due by October 16, 2006*.

#### OCTOBER 4, 2006, at 3 p.m.

SNOWSHOE HARE.

These rules would affect members of beagle clubs who are live trapping snow-shoe hares. Fish and Game is proposing to adopt rules to regulate the take of live snowshoe hare from the wild and allow a limited number of hare to be held in captivity for propagation and training purposes. In the past, snowshoe hares were captured outside the state of New Hampshire and imported for beagle training purposes. These sources no longer exist. As part of the N.H. Fish And Game Department's responsibility to recognize, preserve and promote the state's hunting heritage, these rules will allow the continuance of a long-held tradition of hunting hare and rabbits with trained beagles by fostering responsible dog training and breeding and promoting interest in the hunting of snowshoe hares. Written comments are due by October 16, 2006.

#### OCTOBER 5, 2006, at 3 p.m.

STATE MANAGED LANDS RULES, INCLUDING THE CONNECTICUT LAKES NATURAL AREA.

This rule change affects persons wishing to use the Connecticut Lakes Natural Area for certain activities. Fish and Game is proposing to adopt a new rule (Fis 903.04) specific to restrictions for activities on the Connecticut Lakes Natural Area

Deadline for the November issue of "The Loudon Ledger" is Friday, October 13.



to include listing restrictions that are already part of the conservation easement. In addition, rule Fis 901.01 is being amended to list the Connecticut Lakes Natural Area as a Wildlife Management Area (WMA), and Fis 902.01(d) is being amended to require a special-use permit on any WMA when it is an organized activity involving 15 or more people that has the potential to negatively affect wildlife habitat. Written comments are due by October 16, 2006.

The complete rulemaking notice forms, with original and proposed rule language, can be viewed on the Fish and Game website at <a href="http://www.wildlife.state.nh.us/Legislative/Notices\_summary.htm">http://www.wildlife.state.nh.us/Legislative/Notices\_summary.htm</a>.

WRITTEN COMMENTS may be sent, by the deadlines specified above, to: <u>comments@wildlife.state.nh.us</u> (subject line should be "Comments on Wildlife Rules and add specific topic"); or Executive Director, N.H. Fish and Game Department, 11 Hazen Drive, Concord, NH 03301; or fax to (603) 271-1438. ■

#### Four Steps To Make Trick-Or-Treating Matter

APSI) Trick-or-treating can offer sweeter rewards than collecting candy. The money that is traditionally collected for UNICEF can save the lives of children around the world.

The Trick-or-Treat for UNICEF campaign began 56 years ago when a group of American kids collected money for children suffering in Europe as a result of World War II. Since 1950, supporters have collected over \$132 million. This year's spokeswoman, actress and UNICEF Ambassador Sarah Jessica Parker, collected donations when she was a child.

Last year's campaign encouraged schools nationwide to compete for the most money raised, resulting in donations of over \$5 million. The winners of this year's challenge, sponsored by Procter & Gamble, will each have a \$125,000 donation made in their honor, a photo appearance on the Cartoon Network and receive a special T-shirt. To enter, children simply send in their donations between Oct. 1 and Dec. 30, 2006.

Just follow these four easy steps:

- 1. Learn what a big difference you can make with UNICEF by visiting <u>unicef</u> usa.org/trickortreat.
- 2. Create your own Halloween fund-raiser. You can find ideas and inspiration online.
- 3. Collect donations in your Trick-or-Treat for UNICEF box. You can order or pick up a free orange box. For 10 or more boxes, order online or call (800) 4UNICEF.
  - Individual boxes can be picked up at Pier 1 Imports, Pier 1 Kids and select Hallmark Gold Crown stores as of Oct. 1, 2006.
- 4. Donate your funds. There are three ways to make a donation by Coinstar machine, credit card or mail.
  - *Coinstar machines*. For the past nine years, participants in the program have been able to empty the coins collected in their orange boxes into Coinstar machines and donate it.

The machine counts change quickly and prints a receipt for the full amount of the tax-deductible contribution. Send the receipt with your name and address and the U.S. Fund for UNICEF will mail back an official acknowledgement. To find the nearest machine with a donation option, you can visit www.coinstar.com.

- By check. Checks and money orders should be made payable to the U.S. Fund for UNICEF.
- The mailing address for all Coinstar receipts, checks and money is: Trick-or-Treat for UNICEF
   P.O. Box 3662

New York, NY 10164-2629

• By credit card-donations can be made online by visiting unicefusa.org/trickortreat or by calling (800) 4UNICEF.

Collecting for UNICEF is easier than you might imagine and many schools compete to see which school can raise the most money.



#### New Pacemaker Device Implanted To Further Improve Care Of Heart Failure Patients

An innovative state-of-the-art pacemaker device, that can transmit pertinent data to a secure and confidential Web site enabling clinicians to conduct remote patient monitoring, is now being implanted at Concord Hospital. Eligible patients include those who suffer from ventricular dysynchronization — a heart failure condition that can lead to sudden cardiac arrest.

Heart ventricular dysynchronization is a condition in which the two lower heart chambers (left and right ventricles) do not beat simultaneously, which can worsen heart failure symptoms. The Medtronic Concerto CRT-D device sends tiny electrical impulses to the heart muscle to resynchronize the contractions of the heart's lower chambers, helping the heart pump blood throughout the body more efficiently. The device is also able to correct an abnormal heart rhythm.

"In the past, there was very little we could do for patients with this condition," said Dr. Kenneth Deloge of Cardiac Associates of NH. "In late 2001, biventricular pacing was introduced as a way to coordinate the chambers."

"Monitoring functions were then built into these devices about a year ago, but required patients to download information over the phone to a secure and confidential Web site," Deloge added. "Now, the device has a little wireless antenna in it and a patient has a modem they just plug into their telephone. At night while a patient is sleeping, the device automatically downloads the information so clinicians can review it — a patient doesn't even have to leave the comfort of their home."

There are many advantages in implanting this new Medtronic device including:

- Automatic, wireless and remote data transmissions from a heart failure patient's implantable device to the physician's office;
- Detection and monitoring of fluid build up in a patient's lungs and chest often the first sign of worsening heart failure;
- Features that protect against outside frequency interference;
- Potential to reduce the number of office visits needed to monitor a patient and alert the physician about negative trends that may occur in a person's heart function between examinations;
- Convenience for patients, and a premium patient management and monitoring tool for clinicians;
- Ability to detect changes in a patient's condition such as frequent episodes of atrial fibrillation, a fast heart rhythm that could lead to stroke or death before emergency care is needed.

"We have some patients that live far from our office, so this not only saves them time and visits, it's also very empowering for them to be able to work with us and to know their health condition is being controlled," Deloge said.

For most patients who have this procedure, a defibrillator is also implanted. Results have shown patients feel better, live longer and are much less likely to be rehospitalized.

For more information, call Cardiac Associates of NH, Concord office at (603) 224-6070.  $\blacksquare$ 

#### Musical comedy to benefit Concord Hospital's Payson Center for Cancer Care

The talented theater group, Performers Who Care, dedicated to theater in support of important causes, will present the musical comedy "I Love You, You're Perfect, Now Change" on October 13 at 8 p.m. and October 14 at 2 p.m. and 8 p.m. at the Annichiario Theater in Concord. Sponsored by New Hampshire Oncology-Hematology, PA, all proceeds benefit the Lend Me A Hand Fund at the Concord Hospital Payson Center for Cancer Care, which provides financial aid to cancer patients dealing with unanticipated, out-of-pocket expenses.

Tickets to the performance are \$20 for adults and \$15 for students and seniors. Tickets can be purchased by calling Concord Hospital's Office of Philanthropy at (603) 225-2711, ext. 3076 or at Concord Hospital's Heart Gifts Boutique. In addition, tickets will be sold at Caring Gifts in Concord or can be reserved by calling (603) 228-1226. ■

#### Selectmen's Minutes — Tuesday, August 15, 2006

Present: Selectman Bowles, Maxfield, and Ives.

Also present: Road Agent David Rice.

Chairman Bowles called the meeting to order at 6:30 PM.

Selectman Ives moved to approve the Selectmen's Meeting Minutes of Tuesday, August 8, 2006 as presented. Seconded by Selectman Maxfield. All in favor. Motion carried.

The Board met with Road Agent David Rice

Mr. Rice advised the Board Alan Minery would begin mowing the sides of the roads on Wednesday. He stated the Town tractor is out high cutting brush.

Mr. Rice stated Youngs Hill Road was being graded. He went on to say some of the rocks need to be removed so they can straighten out the banking and get the road widened out again. Mr. Rice said the swale needs to be reopened.

Selectman Ives asked about the status of getting Greg Fillmore on Cross Brook Road. Mr. Rice said that he would be getting together with Mr. Fillmore on Wednesday.

Selectman Maxfield asked about the sand at the South end of School Street. Mr. Rice said the Highway Crew would be cleaning up the sand.

Discussion ensued regarding the widening of Youngs Hill Road.

Selectman Maxfield asked about work being performed on Berry Road.

Mr. Rice advised the Board that Tony Merullo would be working on the rough road for his subdivision. Engineer Tony Puntin will review the project before the gravel is placed. Mr. Rice said the Highway Crew would be installing the culvert across Clough Pond Road next week. Discussion ensued regarding fixing a driveway that had been agreed upon due to the paving of the road.

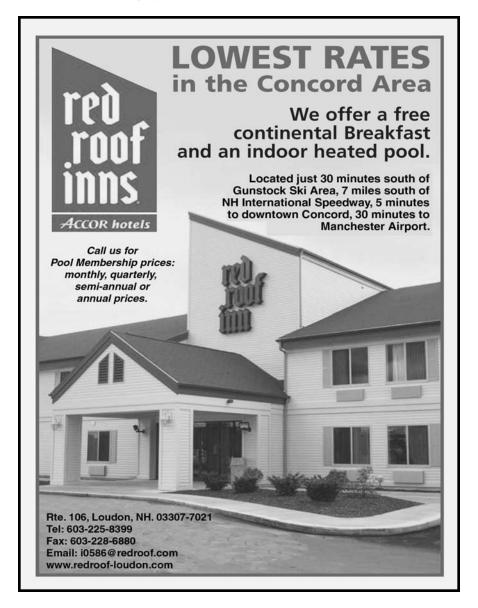
The Board began their review of weekly correspondence.

The Board reviewed a memo from Office Manager Jean Lee regarding the MS-4 Estimated Revenues report and the June 30, 2006 Expenditure report. The Board will take this under advisement at this time.

The Board received a letter from Russ and Brenda Pearl regarding the naming of their subdivision road as Dragonfly Drive. Concord Post Office has given their OK on the proposed name. Chairman Bowles stated the Town is not accepting the road, just giving it a name for 911 purposes. The Board discussed that since they are not accepting the road, they can change the name when they do accept the road. Chairman Bowles stated he understood that there is no intention to turn this road over to the Town. Mrs. Pearl stated that in order to get on the building permit list they have to have a name for the road so they can obtain a driveway permit. Selectman Ives moved to accept the name of Dragonfly Drive to be constructed off 113 Lovejoy Road. Seconded by Selectman Maxfield. All in favor. Motion

The Board received copies of a letter forwarded from Planning/Zoning Secretary Donna White to Elizabeth Warner regarding

Selectmen — cont. on 20



#### Selectmen's Minutes — Tuesday, August 22, 2006

*Present:* Selectman Bowles and Max-field. Selectman Ives was not present.

Also present: Road Agent David Rice, Police Chief, Code Enforcement/Compliance Officer Bob Fiske, and Emergency Management Director Sigrid Little.

Chairman Bowles called the meeting to order at 6:30 PM.

Selectman Maxfield moved to approve the Selectmen's Meeting Minutes of Tuesday, August 15, 2006 as presented. Seconded by Chairman Bowles. All in favor. Motion carried.

The Board met with Police Chief, Code Enforcement/Compliance Officer Bob Fiske.

Chief Fiske presented the Board with an appointment paper for a new fulltime officer. He asked that the Board consider the rate of \$15.50 per hour until he successfully completes the Police Standards and Training program for fulltime officers, at which time his hourly rate of \$15.87 would begin if the Board agrees. Selectman Maxfield moved to appoint Nathan S. Taylor as a fulltime Patrolman for the Town of Loudon effective September 1, 2006 at a rate of \$15.50. Seconded by Chairman Bowles. All in favor. Motion carried.

Chairman Bowles stated for the record that one pistol permit was submitted for signature and approval.

Chief Fiske inquired if the Board had made a decision regarding the Special Duty pay increase request for Janice Morin. Chairman Bowles said he felt the decision should be made with the full Board present.

Mr. Fiske discussed a residence that was built in 2002 which is currently on the market, listed as having two in-law apartments. He asked if there was any way that the Assessors could flag properties when being assessed, to advise the Code Enforcement Office or the Board that this type of structure has been built. Mr. Fiske stated this residence was obviously redone after the Certificate of Occupancy was issued. It was listed on the building permit as a singlefamily residence. When the Assessors went back to check they found the in-law apartments. Chairman Bowles discussed a situation on Beck Road that had to go before the ZBA for the same reason. The Board will address the issue with the Assessor.

The Board met with Road Agent David

Mr. Rice advised the Board the Highway Crew would be working on Cross Brook cleanup this week. He said they might also have to work on Saturday to finish the work as Greg Fillmore is operating the excavator and Saturday he should be available to finish. Mr. Rice stated he has been in contact with the utilities regarding the bridge projects.

Selectman Maxfield asked about grading roads. Mr. Rice said they are going to be getting back on grading now that the operator is back.

Selectman Maxfield asked about the sand at the end of School Street. Mr. Rice

said the Highway Crew would be cleaning it up on Wednesday. Discussion ensued regarding the fence at the Elementary School being moved back.

Chairman Bowles stated he thought the telephone lines would be hooked up to the Town Hall/Freewill Baptist Church building on Friday. Mr. Rice said all the interior wires have been run. Chairman Bowles said that he has been in touch with the State regarding the Supervisors of the Checklist and the internet connection that is required for the voter registration program.

Mr. Rice advised the Board the big trash container has been removed and the Highway Crew were working on cleaning up the driveway at the Town Hall/Freewill Baptist Church. Discussion ensued regarding paving the handicap parking area.

Mr. Rice advised the Board that there is a meeting on Thursday on Youngs Hill Road.

The Board met with Emergency Management Director Sigrid Little.

Mrs. Little advised the Board there were ten days to review the most recent changes to the Emergency Operations Plan and the next meeting will be Friday September 1, 2006

The Board began their review of weekly correspondence.

The Board received reminders of the Wednesday, August 23, 2006 meeting at 4:30 PM to award the bid for the bridge projects and a meeting scheduled for Monday, August 28, 2006 at 10:00 AM at the Town Hall to meet with a representative of the Boston Lightning Rod Company.

The Board received a letter from DES regarding a letter of deficiency for Berry Road.

The Board received copies of the last painting contract for the Town Hall for review. It was noted that the Church paid half of the cost.

The Board received a copy of the 2nd Quarter Host Community Fees from ESMI.

The Board received notification of approval from DRA for the MS-1 extension request to October 1, 2006.

Selectman Maxfield moved to forward past due ambulance bill account #31285 in the amount of \$73.09 to collections. Seconded by Chairman Bowles. All in favor. Motion carried.

The Board received correspondence from Department of Safety regarding Pre-Disaster Mitigation Grant Program.

The Board received the new version of Awareness in Action from PRIMEX.

Chairman Bowles opened the Public Hearing to open the sealed bids for the Bridge Projects for Chichester Road and Cross Brook Road.

Chairman Bowles read the public notice for those in attendance. He stated for the record that Engineer Tony Puntin of the Louis Berger Group was present.

Chairman Bowles opened the following bids for Chichester Road project:

**J. Parker & Daughters, Inc.** \$308,950.00 Pittsfield, NH

**Advanced Excavating & Paving, Inc.** \$249,249.00

**Bayview Construction Corp.** \$304,765.00 Portsmouth, NH

**CPM Constructors** 

\$307,793.50 Freeport, ME

Suncook, NH

Alternate Bid: \$299,997.00

T. Buck Construction, Inc.

\$292,722.00 Auburn, ME

Chairman Bowles stated the apparent low bidder is Advanced Excavating & Paving, Inc., of Suncook with the bid of \$249,249.00.

Chairman Bowles opened the following bids for Cross Brook Road project:

#### J. Parker & Daughters, Inc.

\$621,780.00 Pittsfield, NH

Alternate Bid: \$518,720.00

**Bayview Construction Corp.** \$559.588.00

Portsmouth, NH

Alternate Bid: \$497,850.00

**CPM Constructors** 

\$542,259.00 Freeport, ME

Alternate Bid: \$484,304.00

**T. Buck Construction, Inc.** \$492,722.00 Auburn, ME

Chairman Bowles stated the apparent lowest bid received is CPM Constructors, of Freeport, ME with the bid of \$484,304.00.

Mr. Puntin stated the evaluation of the different systems and the price will be made at the best interest of the Town. He stated it is not always the lowest bid; it is what is best for Loudon. Selectman Maxfield stated the Town has the right to accept or refuse any and all bids received. Selectman Maxfield moved to take all the bids from all contractors under advisement, and to have the Louis Berger Group review the documents for completeness and correctness and the bid award will be Wednesday, August 23, 2006 at 4:30 PM in the Community Building. Seconded by Chairman Bowles. Mr. Puntin stated the recommendation will be made to the Board by 4:00 PM on August 23, 2006 and if the contractor is in line with all requirements, the Selectmen will sign the contract with the contractor/contractors at the Selectmen's Meeting on Tuesday, August 29, 2006. All in favor. Motion carried.

Chairman Bowles closed the public hearing and reconvened the Selectmen's Meeting.

The Board met with Evangia DeCato of DeCato Sand and Gravel and Attorney Bruce Marshall representing Ms. DeCato regarding Chichester Road.

Attorney Marshall stated they were here to witness the opening of the bids for the Chichester Road Bridge Project as well as discuss issues Ms. DeCato has had. He asked what the completion date was for the Chichester Road Bridge Project and if there was an incentive included for the contractor to complete the project early. The Board stated the completion date was December 2006 and while they did discuss the incentive possibility, it was not included in the bid documents. Attorney Marshall asked if the project included a temporary bridge for Chichester Road. Chairman Bowles stated it did not. Attorney Marshall asked how the Board determined the replacement schedule for Chichester Road. He asked if it was through any other process than the Selectmen's Meetings, which he has obtained the minutes of. Chairman Bowles stated the Board had met with several different people from the State of NH DOT on several occasions for both damaged bridges. He said they gave the Board their input on how they felt the Town should proceed with both pro-

#### Selectmen — cont. from page 19

Tower Road issues. The State will fix the access somewhat and the gate.

The Board received a copy of the letter of deficiency from DES regarding the water test results at Freedom Hill Co-op.

The Board received a notice of acceptance on the Town's Dredge and Fill applications for the bridges.

The Board received a letter of appreciation to Bob Fiske from Raymond Carolan.

The Board received notice from DES of a new law regarding disposal of video display devices at landfills and incinerators. Chairman Bowles stated he felt the Solid Waste and Recycling Committee were already working on this issue.

The Board received a packet of material from Michael Harris.

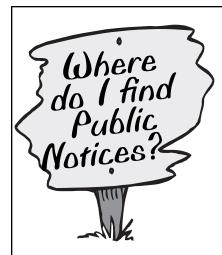
Selectman Maxfield discussed the MS-1 extension request. He said he spoke with Assessor Jeff Earls regarding this and Mr. Earles advised him that the Sales Ratio Analysis and Statistical Update would be wrapping up by the end of September. The Board should be able to get the Tax Rate

appointment and the tax bills should go out on time if all goes well. The Board agreed that they needed to file the extension to be safe in case any delays come up.

Chairman Bowles thanked the Volunteers and participants of the Loudon Old Home Day event. He said it was another successful year with a few small glitches, such as some issues with the book and apologies have been made relating to misprinting. Chairman Bowles stated it represents the Town well and the Town is lucky to have Volunteers give so much of their time and effort. Discussion ensued regarding the number of fire trucks included in the parade.

Selectman Ives moved to adjourn the meeting at 7:10 PM. Seconded by Selectman Maxfield. All in favor. Meeting adjourned.

THE LOUDON BOARD OF SELECTMEN Dustin J. Bowles, Chairman Roger A. Maxfield, Selectman Steven R. Ives, Selectman



#### Notices for all Public Meetings are posted at the following sites:

- Town Office
- Maxfield Public Library
- Beanstalk Store
- Ivory Rose/USPS
- Transfer Station

Web Site

#### Selectmen — cont. from page 20

jects for the least impact and least cost. Attorney Marshall asked if the Board set the priority list of which projects were repaired in order. Chairman Bowles said things were repaired as they burst open. The two bridges were total washouts. Other area's in Town were sections, or minor areas, not total washouts and were repaired or filled in around the culverts as need; they were not complete replacement projects like these two are. Attorney Marshall asked if the Selectmen applied for FEMA money. Chairman Bowles said yes, they did. Attorney Marshall asked if the Town had received the FEMA money yet. Chairman Bowles stated no, not yet. Attorney Marshall asked if the project was dependent on the FEMA money or if it would go ahead as scheduled. Selectman Maxfield said the Town will pay up front, and will get the FEMA money when it is processed. Attorney Marshall asked if Chichester Road qualified for State funding. Chairman Bowles said it did qualify for State Bridge Aid. Attorney Marshall requested the Board forward him minutes of the meetings that they had to determine the priorities and asked to review the bid packet information relative to Chichester Road Bridge Project for the anticipated completion date. Attorney Marshall will contact Tony Puntin of the Louis Berger Group for the bid packet information.

The Board recognized Raymond Cummings from the audience.

Mr. Cummings inquired if the meeting to award the contract for the two bridge projects had been published in the newspaper. The Board advised Mr. Cummings that the meeting has been posted in at least three different locations.

Chairman Bowles moved to adjourn the meeting at 7:32 PM. Seconded by Selectman Maxfield. All in favor. Meeting adjourned.

THE LOUDON BOARD OF SELECTMEN
Dustin J. Bowles, Chairman
Roger A. Maxfield, Selectman
Steven R. Ives, Selectman

# Selectmen's Minutes — Wednesday, August 23, 2006

Present: Selectman Bowles, Maxfield, and Ives.

Chairman Bowles called the meeting to order at 4:30 PM.

Chairman Bowles stated the purpose for this meeting was to award the bids for the Chichester Road over Bee Hole Brook Bridge Project and Cross Brook Road over Bee Hole Brook Bridge Project.

Chairman Bowles stated the Engineers of the Louis Berger Group have reviewed the bids that were submitted and opened at the Tuesday, August 22, 2006 Public Hearing and have submitted their recommendations to the Board of Selectmen.

Selectman Maxfield moved award the bid to Advanced Excavating and Paving, Inc., 219 Morrison Road, Sanbornton NH 03269, the base bid of the contract value \$249,249.00 for the replacement of Bridge #061\044 Chichester Road over Bee Hole Brook. Seconded by Selectman Ives. All in favor. Motion carried.

Selectman Ives moved to award the bid to CPM Constructors, 30 Bonney Street, Freeport, ME 04032-0909, the base bid of the contract value \$484,304.00 for the alternate bid of an 8' x 18' Precast Concrete Rigid Frame for the replacement of Loudon Bridge – Cross Brook Road over Bee Hole Brook. Seconded by Selectman Maxfield. All in favor. Motion carried.

Selectman Maxfield asked about the finish date for the construction. Chairman Bowles stated he had spoken with Engineer Jason Gallant regarding the finish date for

the projects. December 15, 2006 is the date for the completion for base pavement and securing the banking and erosion control for winter. He stated there is no incentive to finish early; however, there is a penalty for not finishing by December 15, 2006.

Keith Warner was recognized from the audience. Mr. Warner asked how many bids did the Board receive. Chairman Bowles stated there were five bids received for Chichester Road and four for Cross Brook Road.

Chairman Bowles stated the two contractors have until Tuesday, August 29, 2006 to sign the contracts. The Board will sign the contracts at the Selectmen's Meeting on Tuesday, August 29, 2006. The Engineers will continue to review the bid information. As soon as the contracts are signed, the contractors can begin their work. Discussion ensued regarding the Cross Brook Road site. Chairman Bowles stated CPM Constructors have gone to the Cross Brook Road site and they do not feel the utility wires will be a problem when placing the Concrete Rigid Frame structure. He said progress is being made.

Selectman Maxfield moved to close the Public Hearing at 4:40 PM. Seconded by Selectman Ives. All in favor. Meeting adjourned.

THE LOUDON BOARD OF SELECTMEN
Dustin J. Bowles, Chairman

Roger A. Maxfield, Selectman Steven R. Ives, Selectman

#### Selectmen's Minutes — Tuesday, August 29, 2006

*Present:* Selectman Bowles, Maxfield, and Ives.

Also present: Road Agent David Rice and Emergency Management Director Sigrid Little.

Chairman Bowles called the meeting to order at 6:30 PM.

Selectman Maxfield moved to approve the Selectmen's Meeting Minutes of Tuesday, August 22, 2006 as presented. Seconded by Chairman Bowles. Majority vote in favor. Motion carried. Selectman Ives abstained, as he was not present at the meeting. Selectman Ives moved to accept the Selectmen's Meeting Minutes of Wednesday, August 23, 2006 as presented. Seconded by Selectman Maxfield. Chairman Bowles stated the bid that was awarded to Advanced Excavating and Paving, Inc., of 219 Morrison Road, Sanbornton, NH needs to be corrected to their Suncook address. He also stated there needs to be an amendment to the motion to authorize the Chairman to sign the two bridge contracts on behalf of the Town. Selectman Maxfield moved to authorize the Chairman to sign the two contracts for the bridge projects, Cross Brook Road and Chichester Road, on behalf of the Town. Seconded by Selectman Ives. All in favor. Motion carried. Chairman Bowles went to the motion to accept the Selectmen's Meeting Minutes of Wednesday, August 23, 2006. All in favor to accept the Minutes with the amendments.

Chairman Bowles stated for the record that one pistol permit was submitted for signature and approval.

The Board met with Road Agent David Rice.

Mr. Rice advised the Board that Alan Minery had been mowing the Ridge, School Street, Oak Hill Road, and he will be working on Old Shaker Road next. Mr. Rice said the Town's mower has been on the Ridge and to Route 106.

Mr. Rice stated grading is ongoing. Discussion ensued regarding grading.

Mr. Rice will be talking with Bob Mossman regarding concrete.

Selectman Maxfield stated that Barbara Cameron of the Cate Van Committee has advised the Selectmen's Office that members of the Committee have offered to volunteer their services in building the structure to house the Van at the Transfer Station. Mr. Rice stated the site work would begin this week. Discussion ensued regarding the lumber and if the building is not completed by winter, the Van could be housed at the Fire Station again.

Selectman Ives asked about the trash hauler. Mr. Rice discussed the status of the new hauler.

The Board began their review of weekly correspondence.

The Board received a letter from Bob Phillips appealing the decision from Fire Chief Jeff Burr. Mr. Phillips is also requesting to meet with the Selectmen on Tuesday, September 5 for further discussion. The Board will advise Office Manager Jean Lee by the end of the week if they are going to meet with Mr. Phillips on September 5, 2006

The Board received a letter from Fire Chief Burr to Bob Phillips for their review.

The Board received permits from the Corps of Engineers and DES for both bridge projects.

The Board received invoices from the Louis Berger Group, Inc., for Cross Brook, Chichester Road, and Berry Road for approval. Selectman Maxfield moved to pay the Louis Berger Group, Inc., for their work on the replacement of Bridge #061/044 Chichester Road over Bee Hole Brook invoice #CM1574-02 in the amount of \$22,350.79. Seconded by Selectman Ives. All in favor. Motion carried. Selectman Ives moved to pay the Louis Berger Group, Inc., for their work on the replacement of Cross Brood Road Bridge over Bee Hole Brook invoice #CM1578-01 in the amount of \$14,061.09. Seconded by Selectman Maxfield. All in favor. Motion carried. Selectman Maxfield moved to pay the Louis Berger Group, Inc., invoice #CM1562-0002 for plan review of driveway upgrade for Maratea property, preparation, and submittal of summary recommendation letter for the Maratea property and correspondence to the Town relative to the Maratea property in the amount of \$1,851.99. Seconded by Selectman Ives. All in favor. Motion carried.

The Board received a copy of the denial of Ora and Mary George's dredge and fill application from DES.

The Board received a letter from Letty Barton regarding safety lines at the Town Beach. Discussion ensued regarding adding this item to the 2007–2008 budget folder.

Selectman Ives moved to forward past due ambulance bill account #33693 in the amount of \$535.60 to collections. Seconded by Selectman Maxfield. All in favor. Motion carried.

The Board received the ESMI monthly compliance report for July.

The Board received a copy of a letter from Claire Crowley regarding the dry hydrant on Greenview Drive. Chairman Bowles stated once the work is started Engineer Tony Puntin needs to be able to review the work to be sure it follows the engineered plan.

The Board received notification letter from Speedway Sports Park as required by the Planning Board for overnight camping during the NEXTEL race event.

Selectmen — cont. on 22

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#### Selectmen — cont. from page 21

The Board received a request regarding the Scholarship award to be paid to the student for books and supplies, as the student does not have an outstanding balance, he has a credit. The Board discussed other requests in the past and Selectman Maxfield said he felt the award could be paid to the student for books. Discussion ensued. The Board stated they wanted verification of where the money is spent and are taking this under advisement at this time.

The Board received a Scholarship thank you letter.

The Board received the 2007–2008 Legislative Policy conference materials from NHMA.

The Board received a resignation letter from Recreation Committee Chairman Rebecca Osgood. The Board discussed the need to address the funding access for the Recreation Committee. Selectman Maxfield moved to accept the resignation of Recreation Committee Chairman Rebecca Osgood with regrets as she has done an excellent job and the Board is sad to see her go. Seconded by Selectman Ives. Chairman Bowles stated he agreed that Mrs. Osgood has done a lot with the Recreation Committee. All in favor. Motion carried.

Selectman Maxfield moved to authorize the Chairman to sign the Wetlands and Non-Specific Site permit #2006-01208 from DES regarding dredge and fill of bridge replacement on Chichester Road over Bee Hole Brook. Seconded by Selectman Ives. All in favor. Motion carried. Selectman Ives moved to authorize the Chairman to sign the Wetlands and Non-Specific Site permit #2006-01206 from DES regarding dredge and fill of bridge replacement on Cross Brook Road over Bee Hole Brook. Seconded by Selectman Maxfield. All in favor. Motion carried.

Chairman Bowles stated the meeting with Boston Lightning Rod Company has been moved to Friday, September 1, 2006 at 8:00 AM.

Chairman Bowles stated the Board would be meeting on Wednesday, August 30, 2006 at 3:00 PM at the worksite on Chichester Road with the contractor on that site and at 4:00 PM at the worksite on Cross Brook Road with the contractor for that site as well.

The Board discussed Bob Fiske's request for an increase in special duty pay for Janice Morin. Selectman Ives said he felt that this request should be addressed in 2007, not part way through the season. Chairman Bowles discussed the process of how the rate has been set for special duty pay in the past. He said that he had requested Chief Fiske speak with Mr. Bahre regarding this issue. Chairman Bowles said that he himself had spoken with Mr. Bahre regarding this issue and Mr. Bahre had said that he would leave it up to the Selectmen to decide if the raise would be granted. Selectman Ives said that he felt it was unfair to make a change partway through the season as Mr. Bahre had already set his budget and although this

would probably not be a huge amount, it still was not fair to spring it on them partway through the season. Chairman Bowles stated he had been at Station R during the busy part of race week before and he does feel that Ms. Morin has a lot of responsibility and while he does not agree to the \$10.00 per hour amount, he would like to see a compromise. Selectman Maxfield stated he had done some research and found that starting pay for Capital Area Dispatch is \$14.00 per hour. He said he felt that a 37% increase to \$37.00 per hour was a bit much. Chairman Bowles said he felt there is a large responsibility involved and feels there should be some compromise and when he discussed a compromise with the Chief, there was no compromise. Discussion ensued regarding safety issues. Selectman Ives said he felt he would like to have Chief Fiske come to the Board and give reasons why this type of increase is deserved at this time he would be willing to consider it. Chairman Bowles stated the letter the Board received gave some reasons for the request. He stated Ms. Morin's duties and responsibilities have increased as two years ago the manpower was increased. Selectman Ives said that the State Police were brought in and Ms. Morin has nothing to do with the State Police. He said that he would consider it next year. Chairman Bowles said he felt the decision needed to be made this evening. Selectman Maxfield moved to increase the special duty pay for Janice Morin 10% to total the hourly rate to \$29.70. Seconded by Chairman Bowles for discussion purposes. Chairman Bowles said he felt the Board needs to take action but when he discussed this issue with Chief Fiske and Dispatcher Ms. Morin and asked for a compromise and meet the Board partway they said absolutely not. Selectman Ives said the motion is moot if they are not willing to compromise. Chairman Bowles said the Board can authorize this increase, then it will go to Mr. Bahre and it is done. He said he does not know what action Chief Fiske and Ms. Morin will take on it or if they will forward another request or not. Selectman Ives moved to amend the motion to deny the increase. For lack of a second, the motion fails. Chairman Bowles moved to amend the motion to meet the request half way due to the conferences he has had with Mr. Bahre. For lack of a second, the amendment fails. Selectman Maxfield stated while they may not be happy with the 10% increase, it is still a good raise. The Board voted on the original motion to increase Janice Morin's special duty pay to \$29.70 per hour beginning with the September 2006 race event. By a two to one vote in favor. Motion carried.

The Board recognized George Page, Polly Touzin, and Laura Darling from the audience.

Mr. Page stated he had a concern regarding the water testing at the Town Beach due to the flooding that had taken place this spring. He said the Town only tested once the entire season. Mr. Page stated the Clough Pond Association tested the water twice. Selectman Maxfield stated the water

results came back within the allowable limits. If it had come back with high levels of ecoli, it would have been closed down. Mr. Page said one test for the entire season was not enough. Selectman Ives said that the Town tested once, the Clough Pond Association tested twice for a total of three times. Mr. Page said the Clough Pond Association paid for the water test out of their own pocket and the test are for water quality for drinking, not e-coli. He said he is concerned for the safety of the children. Chairman Bowles said people need to bring this information to the Board at budget time. This type of issue needs to be addressed during budget preparation, not by coming in and flying off the handle at the end of the season. Discussion ensued regarding the Town Beach and the State not allowing the Town to do any work on the Beach at this time.

Mr. Page discussed his concerns regarding the drainage on Berry Road. Chairman Bowles advised Mr. Page that the Engineer has been working on the drainage issues on Berry Road.

Polly Touzin discussed the Selectmen's Meeting Minutes relative to the drainage issues on Berry Road. She asked the Board if a CO was issued for Ms. Maratea's property. Chairman Bowles stated it was. Ms. Touzin asked why the CO was issued if the drainage issues had to be addressed prior to the CO being issued per the Selectmen's Meeting Minutes and letters to Ms. Maratea. Selectman Maxfield stated Engineer Tony Puntin advised the Board not to dig into the road, but to put the catch basin in and culvert drainage. Chairman Bowles stated the drainage is supposed to flow out over the curbing and down the edge of the road. The deeper catch basin, rip wrap and driveway design will slow the water flow down. Chairman Bowles stated there is also a bond in place, which is why the CO was released. Selectman Maxfield stated the Board is still not satisfied with the work. Chairman Bowles stated there is a signed agreement that states the work will be done and the engineered plan will be followed. Ms. Touzin asked what the timeframe was for completion. Chairman Bowles stated it was his understanding that it would be done before Labor Day. Selectman Maxfield said it is his understanding that the first contractor for Ms. Maratea is no longer on the project and the second contractor may also no longer be working on the project. Ms. Touzin stated she had a problem with the CO being issued prior to the work being completed. Discussion ensued regarding the bond in place and if there was an official completion date. Chairman Bowles stated he felt the completion date was in September. Ms. Touzin discussed her concerns regarding issuing a CO before work is completed and then hoping that the work is completed. She said the Board has put many peoples safety at risk because of one property owner. Chairman Bowles said that there are many other parts of this situation that Ms. Touzin does not see. The Town cannot unreasonably withhold the CO on a property. Chairman Bowles stated the Board has tried to compromise with this situation. The Board discussed setting a completion date, but they will need to speak with Ms. Maratea to check on the status of the project before a date could be set.

Laura Darling was recognized from the audience. Mrs. Darling stated she had spoken with Selectman Maxfield last year regarding her concerns relative to the drainage issues. She said that she has seen the Board approve extensions and conditions for Ms. Maratea over the eighteen years that she has lived in Loudon and feels Ms. Maratea does not always complete the projects. Mrs. Darling stated she feels the reason Ms. Maratea is being required to fol-

low the engineered plan is that the residents of Berry Road have been bringing their issues to the Board. She said she is not sure that any Town official would be monitoring the project if it were not for the resident's complaints. Mrs. Darling went on to discuss the erosion to the road and issues of the winter approaching again. Mrs. Darling stated residents have brought their concerns to other boards in Town, not just the Selectmen and feel that Ms. Maratea has been allowed to overlook some ordinances, has not been required to follow the plans, and received extensions for her projects without completion. She said she just wants fair and equitable representation and for everyone to be held accountable for their actions. Mrs. Darling expressed concerns for the safety of people traveling in this area of Berry Road. Chairman Bowles stated the issues that have come up with Berry Road are things that the Board members do not usually deal with on a daily basis and they are trying to work through it the best way they can and are trying to make a compromise. Mrs. Darling said she believes the Board is trying to deal with this situation but asked for a timeframe for completion. Ms. Touzin asked what happens if the work is not completed. The Board discussed several options available for the work to be completed and stated the money would be from the bond that is in place. Discussion ensued regarding timeframes and accountability. Chairman Bowles stated the Board would try to meet with Ms. Maratea next week if possible to discuss the issues. Mrs. Darling asked if the Board was aware that Ms. Maratea did not live in Town during the winter and there is no maintenance in that area of the road. Chairman Bowles stated the Board does know that Ms. Maratea does not live in Town in the winter. Mrs. Darling discussed the snow buildup along the fence on Ms. Maratea's property. Ms. Touzin discussed the driveway issues again. Chairman Bowles stated the ordinance regulations for this driveway are under the old ordinance, not the new regulations and people need to remember that. He stated that the Board has to look at Ms. Maratea's rights as a property owner as well. Mrs. Darling asked if the agreement and bond for Ms. Maratea are public information. The Board will check

Mr. Page asked about the Range Road Extension relative to runoff. Chairman Bowles stated the Board is working with DES and the Engineers on the drainage.

Mrs. Darling asked that the Board consider the thirty or so people on Berry Road that are affected by Ms. Maratea's project. Ms. Touzin stated it was her hope that the Board would set a deadline for completion, and stick to the date. Selectman Maxfield discussed the change from having the drainage pipes run along the length of the road to having the Engineer come up with a revised plan. The Board agreed they would be working on setting the deadline.

Roy Merrill was recognized from the audience. Mr. Merrill stated he felt that all of the property owners on Berry Road were responsible for 1/30 of the traffic on the road and they needed to realize it is a narrow road and they have chosen to live on this road. The residents on Berry Road said things have changed because of this building project.

Selectman Ives moved to adjourn the meeting at 8:35 PM. Seconded by Selectman Maxfield. All in favor. Meeting adjourned.

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Roger A. Maxfield, Selectman
Steven R. Ives, Selectman

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#### Planning Board Minutes — August 17, 2006 (DRAFT)

Meeting called to order at 7:00 PM by Chairman Tom Dow.

Chairman Tom Dow, Bob Ordway, Gary Tasker, Henry Huntington, Tom Moore, alternate Jason Masse, and Ex-Officio Dustin Bowles were present. Vice Chairman Stanley Prescott was not present. Jason Masse will be a voting member in the absence of Mr. Prescott. Julie Robinson was present to represent the Conservation Com-

#### **Acceptance of Minutes:**

July 20, 2006 Public Hearing. Bob Ordway made a motion to approve the minutes as printed and to put them on file. Seconded by Gary Tasker. All were in favor.

July 26, 2006 Site Walk. Tom Moore made a motion to approve the minutes of the Dunkin Donuts site walk. Seconded by Henry Huntington. All were in favor.

#### **Discussions:**

Joanne Fontaine — Wildlife Rehab Facility at 7140 Oak Hill Road — Ms. Fontaine gave the location of the proposed facility and explained there is an existing house on the property and that this would be a separate facility for a wildlife center with no living quarters. Ms. Fontaine asked the Board what they would want from her to make this happen. Gary Tasker suggested that Ms. Fontaine might want to go to the ZBA to be sure that this facility would be permitted. Bob Ordway asked why it would have to go to the ZBA since it appears to be a permitted use, referring to Section 204 (K). Ms. Fontaine asked how close this building could be to the existing house. There was discussion and then it was suggested that she do a site plan showing how she wants it to be laid out. Tom Dow asked if this would be just one more building. Ms. Fontaine explained that she would like to have the building rather than having the wildlife in cages out in the elements. Julie Robinson asked Ms. Fontaine if she was aware that the state has guidelines she is to follow with regard to cage sizes and the animals served, etc. Ms. Fontaine said she is already licensed to do this type of work. Ms. Robinson suggested Ms. Fontaine might want to have that information available to the Board as well. Dustin Bowles asked to clarify that this is for animal rehab. Tom Dow asked if this would be a veterinary hospital. Ms. Fontaine said it would not be a veterinary hospital, only a wildlife rehab facility. Some of the more serious cases would have to be sent to a different facility if extensive care was needed. Bob Ordway asked Ms. Fontaine if she plans to do this alone. She said there would be a Board of Directors and volunteers as she plans to file for 501 non-profit status. Tom Moore asked if this would include exotic birds or animals. Ms. Fontaine said it would be native wildlife only. Ms. Fontaine was advised to file the

necessary paperwork to get on the next agenda.

Application #05-11, Wildwood Sanctuary Association, Inc. — Major Subdivision, Located on Young's Hill Road, in the AFP District. Map 34, Lot 2. There were no abutters present. Ray Shea of Sandford Survey and owner Len LaPadula were present to present this project. Tom Dow stated for the record that this application has not yet been accepted as complete. Mr. Shea explained that they have the dredge & fill permit and once the Site Specific has been approved the state Subdivision Bureau will release the subdivision approval. He said the state is currently working on April 16th applications and theirs was submitted on May 16th so it should be reviewed in the near future. This subdivision's road review report was received today from town engineer Tony Puntin. The Board and Mr. Shea briefly reviewed and discussed the report. Mr. Shea presented a road plan for the length of Young's Hill Road that will be addressed as part of this project. He explained pieces of the plan, saying this puts in plan form what was in memo form at the last meeting. This road plan has not been submitted to Louis Berger. Bob Ordway asked if the road improvements would start at Clough Hill Road. Mr. Shea said it reads from where the pavement is at this time. Dustin Bowles said the regulations state that the improvements have to start at the property line. Len LaPadula said they are doing 2,800' and that he'd like to be able to do the whole thing but isn't in the position to do that. Bob Ordway said the plan looks like it starts at Clough Hill Road and asked for further clarification. It was explained that the work will be from the property line to 600' in from Clough Hill Road. Mr. Ordway asked Mr. Bowles if the town will do the rest of the road. Mr. Bowles said it depends on the timeliness since they would have to get it prepared for town meeting to raise and appropriate the funds to do the remaining 600'. Mr. Ordway suggested that perhaps Mr. LaPadula's contractors could give a bid for the rest of the road and the town could cover the cost of that section. Mr. Bowles asked Mr. LaPadula what his anticipated timeframe might be. Mr. LaPadula said he is in no rush and can be flexible. Tom Dow stated that building permits are currently out to 2009. Ray Shea said he will send a copy of the road improvement plan to Louis Berger. There was brief discussion about the report of Louis Berger with regard to lot sizes. Julie Robinson said the Conservation Commission was very pleased with the work done by the applicant in his efforts to make the best use of the property with the least impact. Tom Moore asked Mr. Shea if Young's Hill Road would be brought up to the regulations. Mr. Shea said it will be brought to Class V standards. Chairman Dow closed the meeting to the public and opened it to the Board only. Tom Dow clarified that they are waiting for the site specific permit. Mr. Shea said it will be tight if they get it in a month. Mr. Dow asked Mr. Shea and Mr. LaPadula to review the report of Louis Berger and address those items. He also asked that they notify the office by the Monday prior to the next meeting if they do not have the site specific permit and will not attend that meeting. Mr. Shea asked if the road plan should be submitted directly to Louis Berger or the planning office. He was told to submit to Louis Berger, cc the Planning Board. Gary Tasker made a motion to continue this application to the meeting of September 21st. Seconded by Dustin Bowles. There was no further discussion. All were in favor. This is the only notice.

Application #06-07, William Taranovich, - Minor Subdivision, Located on Bee Hole Road, in the RR District. Map 21, Lot 23. There were no abutters present. Applicant Dan Aversa reported that he has been before the ZBA for the special exception which was denied. He said the ZBA does not like shared driveways. Mr. Aversa stated that in the regulations driveways have been removed from the definition of a structure. He told the Board of his frustration with the ZBA, feeling they did not address the 30' side setback issue. Mr. Aversa reported that the ZBA suggested he access this lot from Wiggins Road, and he asked what would be involved to do that. Tom Dow said the regulations do not allow site development on Class VI roads. Mr. Aversa said Peter Schauer and Dave Dolan both explained at recent meetings that the proposed plan has the least impact on the wetlands, again mentioning driveways being removed from the definitions which should mean he doesn't have to have ZBA approval. Dustin Bowles asked if this plan involves 20% slopes. Mr. Aversa said it does on the edge. Mr. Bowles asked again if getting this driveway in means disturbing a 20% slope. Mr. Aversa said he feels this has all been discussed at prior meetings. Tom Dow stated that the regulations do not allow driveways through side setbacks without special exception. Mr. Bowles said he feels that Mr. Aversa also had to go before the ZBA to obtain approval to go through the 20% slope. Mr. Aversa said the reason they had to go back to the side setbacks was because they weren't sure if driveways are structures so that was the only reason they had to go to the ZBA. Mr. Ordway said there was no question on the Board's part about driveways not being structures. Mr. Aversa

said that is why he was sent to the ZBA. Mr. Dow stated that was not correct and referred to setbacks on page 12 of the ZO, referring to driveways crossing front setbacks and the possibility of reducing side setbacks for a driveway by special exception. Mr. Aversa understood that to mean driveways could cross side setbacks. Tom Moore said the idea is to keep headlights out of neighbor's windows. Tom Dow said Mr. Aversa has gone to the ZBA and they recognized there was an issue and voted not to let him cross the side setback. Mr. Aversa said the ZBA didn't discuss the side setback at all; they kept going to what people felt rather than the regulations. Mr. Aversa told of the ZBA meeting, explaining how upset he was with their handling of the matter. Bob Ordway said he attended the ZBA meeting and was also confused. He said he doesn't think the discussion ever got on track. Mr. Aversa said he kept asking the ZBA to go back to the issue during that hearing. Dustin Bowles said it sounded like the ZBA was not happy with the plan so suggested another option. Mr. Aversa stated that the ZBA said Wiggins Road was another alternative because it was less of an impact. He said he has hired a soil scientist and an engineer/surveyor who have both stated this option would cause far greater impact on the wetlands. Bob Ordway said that is what DES will say as well. Mr. Aversa showed the Wiggins Road area on the plan, saying it was very wet and steep. Mr. Bowles said they have to support the Zoning Ordinance with the Planning Regulations, and it would appear that the ZBA is saying they would rather see the applicant go with the Wiggins Road option rather than put the shared driveway through a steep slope. Mr. Aversa said they will still see steep slopes. Mr. Bowles stated that Wiggins Road is a Class VI road that is already on the tax maps as a road and in essence it appears that the ZBA feels an upgrade to that road is the better way to go. Mr. Aversa said that could be an interpretation of the ZBA decision but that would be impacting the wetlands more. Mr. Bowles said it is his personal opinion that the Board cannot approve the subdivision because they still have to address the 20% slope. Mr. Aversa said it is not that steep and when the PB walked the site he said comments were that the 20% issue relates more to subdivision roads than driveways. Bob Ordway asked where in the regulations it was decided that they would address driveways in the same context as traveled roads. Mr. Bowles

Planning — cont. on 24





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#### Planning — cont. from page 23

stated that zoning is law, citing Section 207.5, and it is up to the Board to see to it that it is followed. He also said if the town votes to change the regulations, the Board is to enforce them. Mr. Aversa said he recalls that the main concern of slopes is life safety and the roll out area of a driveway. This is a long driveway, ends flat and has plenty of roll out distance. He said if driveways were to be allowed in the 20% slope this is the kind of driveway you would want. Bob Ordway said he is not convinced that driveways fall within the definitions. Mr. Bowles referred to section 207.5 once again, citing setback regulations. Mr. Ordway said he is not talking about setbacks, and he said the ZBA never addressed setbacks, they just got off on a tangent about other things. He said he does not feel the Board is in the business of regulating driveways. Mr. Bowles said the Board is in the position of regulating steep slopes and if infringing on steep slopes then they have to address it. Discussion ensued about driveways in Wellington Way and issues that the town engineer had with those in the slopes. Mr. Aversa said there is only one driveway that is steep and doesn't want people painting a picture of them being horribly steep driveways. Julie Robinson said the concerns with steep slopes are erosion and sedimentation. She cited the development on Chichester Road where every rain washes out the slope, saying this is her concern when disturbing slopes so close to wetlands. Ms. Robinson stated this was a large part of consideration when working on the regulations in the first place. Mr. Bowles stated this plan takes a 20% slope down to 8%, saying this is a pretty good cut and there is no assurance it will be stabilized. Tom Moore questioned if Mr. Aversa wasn't subdividing but simply applied for a building permit would the town allow him to build up top and put in a driveway. Mr. Bowles said that would be a different issue. Bob Ordway said it bothers him that the Planning Board is involved in regulating driveways and he would like to see them get out of it. Mr. Bowles said the town engineer has advised the town that such things need to be watched carefully as the town changes its regulations and more subdivisions and driveways are brought before the Board. Chairman Dow stated the Board could debate this at length but the fact remains that the ZBA made the decision that the driveway cannot cross side setbacks and he doesn't believe this Board can overturn that decision. Mr. Aversa asked what the ZBA was supposed to be deciding on, was it whether or not he could cross the 30' setback. Mr. Dow said it was whatever the application was for and whether it was accepted, approved or denied. Mr. Aversa said it was to get this shared driveway to pass through the little 30' setback on two lots and it was denied and the ZBA wants him to access the lot from Wiggins Road. It was stated that this board cannot change that decision. There was discussion about shared driveways. Mr. Bowles said 911 does not like shared driveways and they are not encouraged. Mr. Aversa asked what he has to do to make Wiggins Road meet driveway standards. The chairman said it cannot be done. He said the road would have to be upgraded to town standards to allow for any site development. Mr. Aversa said it appears that his only option is to appeal the ZBA decision. Mr. Bowles asked if this application should be continued. Mr. Aversa said he will go back to the ZBA one more time. Gary Tasker made a motion to continue this application to the meeting of September 21st. Seconded by Jason Masse. All were in favor. It was noted that the next ZBA meeting is after September 21st therefore this application will not be reheard until the October meeting. This is the only notice. Mr. Aversa was asked to put something in writing asking that the application be continued until after the September 28th ZBA

Application #06-20, Skip Fern Management, Site Plan Review for Dunkin Donuts, Located on Route 106, in the C/I District. Map 20, Lot 75. There were no abutters present. Skip Sagris reviewed the proposal with the Board. He presented pictures and specs of the parking area lights that will be used. He also showed the Board a sample of the material to be used for the panel on the façade and pictures of a local Dunkin Donuts to show the color to be used for that 18" panel. Mr. Sagris presented a landscape plan, also showing pictures of a local DD's patio area, explaining that the block would be a different color and there will be three picnic tables in that area. Gary Tasker said he feels the landscape plan is fine and made a couple of comments on the legend. It was asked where the new parking lot lights will go. Mr. Sagris pointed out the four locations, explaining that there is currently a pole at the back corner with a light that is leased from PSNH. That light will go away. Gary Tasker asked if the drainage plan has been accepted by the state. Mr. Sagris said that Brown Engineering is handling all of that and he explained that he has chosen to go beyond the required drainage specs just to avoid any future flooding problems. Mr. Tasker asked if the driveway and new parking lot would be paved. Mr. Sagris said they will be grinding down the existing pavement and redo that and the new area so it will all be the same color when done. Tom Moore stated a concern of the approach to the property, citing visibility issues if large vehicles are pulling in. Mr. Sagris explained that the approach is by state design and parameters. Henry Huntington asked if the stop sign would still be at the exit of the property. Mr. Sagris said the sign would remain. Mr. Moore described the scenario he has seen with patrons pulling onto 106 when their visibility is blocked by a large vehicle pulling into the parking lot. Mr. Sagris said he has been given permission to limb the trees up 20' and hopes that may help improve sight distance. Tom Dow asked if Mr. Sagris would be re-grading for water shed. Mr. Sagris said re-grading would be done on both sides of the driveway and there would be stone on both sides to promote the flow of runoff. Mr. Tasker asked Mr. Sagris about a note to trim trees behind the fence at the back of the property. Mr. Sagris explained he would be trimming the branches that are hanging over the fence. Chairman Dow closed the meeting to the public and opened it to the Board only. There was no further discussion. Gary Tasker made a motion to approve the application as submitted. Seconded by Bob Ordway. All were in favor.

#### **New Business:**

Application #06-23, New England Flower Farm/Pleasant View Gardens, Site Plan Review for Production Greenhouse, Located on Pleasant Street, in the RR District. Map 6, Lot 3. There were no abutters present. Henry Huntington stepped down rom the Board as an involved party. Tim Bernier presented the plan on behalf of the Huntingtons. Mr. Bernier gave an overview of the previously approved plan for this property, stating the first half of the project has been done. Mr. Bernier said this application is an amendment to add another half bay for additional production space. Gary Tasker made a motion to accept this application as complete and move to public hearing. Seconded by Dustin Bowles. All were in favor. Mr. Bernier explained that they are requesting the same waivers as were requested and granted on the previous application. Mr. Bernier was asked to outline the waivers being requested. He was also asked to put these waivers in writing to the Planning office. Chairman Dow suggested that the Board address the waivers as one. Tom Moore asked to clarify that this is just an addition to the building and there are no extra lights, etc being added to the site. This was confirmed. Gary Tasker made a motion to approve the waivers as read. Seconded by Tom Moore. All were in favor. There was discussion about what would be grown and the timeframe of the project. Henry Huntington explained that some production is done in the current greenhouse and they want to move the production equipment out

of the greenhouse, keeping that greenhouse growing area cleaner and more sanitized. Tom Dow mentioned the title of the plan being "amended grading plan," saying this is more like an addition. Mr. Dow said it should be site plan or addition. Mr. Bernier explained that he used a page out of the original set of plans that best showed the building being discussed at a scale that was reproducible. In the original set of plans that was the grading plan. Mr. Dow asked that the title be changed so that the record is clear. Mr. Bernier pointed out that Note #1 on the plan always explains the most current change, this one explaining the addition of the half bay. Tom Moore asked for clarification on page numbers and missing pages. Mr. Bernier explained that he did not submit small copies of all of the pages of the main plan because they would be extremely difficult to read due to the scale of the plans. Gary Tasker made a motion to approve the application as presented. Seconded by Jason Masse. All were in favor. Henry Huntington returned to the Board.

#### **Board Discussion:**

Hanson property on Bee Hole Road — The town has recently deeded an easement on this property to improve visibility. The stone wall has been moved back into the property. Mr. Hanson asked Jean Lee if the setbacks are now figured from the property line or the new stone wall, and Mrs. Lee asked the secretary to get a ruling from the Board. Board discussion determined the setbacks would be figured from the property line, and depending on the type of easement, that could be the original lines or the new line depicted on the map.

Kendall Gay property – Both the town assessor and the town counsel have stated that this lot on Bee Hole Road is one lot, regardless of Wiggins Road dividing it. Web Stout has been advised as such so he can complete the plans for the recently approved subdivision of Chester Gay's property.

A letter was received from *Eastern Propane* outlining a proposal to install a 2,000 gallon diesel storage tank at their facility. They will go before the ZBA on August 24th and are asking if they are required to also come before the Planning Board. They will be advised that they must present a revised site plan to the PB if the ZBA approves the larger tank.

There was discussion about the road bond for Alvin Davis's "Kinkade Haven." His proposal to have the town take a mortgage against his commercial property was not accepted because this is not a form of bonding that is permitted by the Zoning Ordinance or Land Development Regulations

Planning — cont. on 25



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Dustin Bowles said the town must be careful when it comes to setting a bond, saying it must be calculated to include cost increases between the time it is set and the time the actual construction is done.

Planning — cont. from page 24

It was asked that the secretary send post cards to Board members as special meeting reminders. Julie Robinson asked to be informed of any meetings held to work on regulation updates.

#### Report of the ZBA:

There are two special exception applications before the ZBA. One is for reduced front setback to build a deck on a house with an existing enclosed porch and the other is for the installation of a 2,000 gallon diesel above-ground storage tank. Dee Dee Maratea has asked to speak with the ZBA about an extension.

#### Report of the Board of Permit:

Road bonds, particularly mortgages held as bonds, were discussed. Also discussed was the planned update of the Land Development Regulations with the help of Central NH Regional Planning Commission. This update would make the Regulations more uniform to the Zoning Ordinance.

A motion to adjourn at 8:50pm was made by Gary Tasker. Seconded by Dustin Bowles. All were in favor.

Respectfully submitted, Donna White

Please note that both Planning and Zoning Minutes are DRAFT minutes, i.e., they have not been approved yet. For a copy of the approved minutes, please contact the Planning/Zoning Office after their monthly meetings (798-4540).

Planning Board meets the third Thursday of the month at 7 p.m.

Zoning Board meets the fourth Thursday of the month at 7:30 p.m.

Both Boards meet at the Community Building. All meetings are open to the public.

# Zoning Board of Adjustment Minutes — August 24, 2006 (DRAFT)

#### **REGULAR HEARING**

Chairman Dave Powelson called the Loudon Zoning Board of Adjustment meeting on August 24, 2006 to order at 7:35 PM at the Loudon Community Building. Due to a malfunction of the recording equipment there will be no audio tape of this meeting.

#### **ROLL CALL:**

The following members were present: Dave Powelson, Chairman; Roy Maxfield, Vice Chairman; Ned Lizotte, Roy Merrill, George Saunderson, and alternates Jon Huntington and Howard Pearl.

#### ACCEPTANCE OF THE JULY 27, 2006 MINUTES:

Roy Maxfield made a motion to accept the minutes as written. Ned Lizotte seconded the motion. There was no discussion. All were in favor.

#### **PUBLIC HEARINGS:**

Case #06-12 Beverly & Michael Raffer-— Special Exception for Reduced Setback — Map 21, Lot 6. Mrs. Rafferty explained the location of the property at 244 Route 129 and gave an overview of the proposed project. She explained that there is currently a porch that extends approximately 1/2 of the way across the front of the house and she would like to add an open deck to square off the front of the house. This deck would be 8' x 9'. Chairman Powelson reviewed each point of the application. Roy Maxfield asked Mrs. Rafferty where she measured the front setback from. She said they measured from the white line at the edge of the road to what would be the front corner of the proposed deck. Mr. Maxfield explained that they should measure 8' in from the white line because of the state's right of way. This would make the front dimension 21'4" rather than the 29'4" designated on the drawing submitted. Mr. Maxfield asked if there were any problems with the side setbacks. The Raffertys explained that they have approximately 100' on one side and approximately 40' on the other side. The chairman asked if there were any questions from the Board. There were none. He asked if all abutters had been notified. The secretary confirmed that they had been. The chairman asked if there was anyone who would like to speak in favor of the application. Steve Ives sent a note with a comment from abutter Mike Souther saying that he was in favor of the application. The chairman then asked if there was anyone who would like to speak against the application. Hearing none, Chairman Powelson closed the hearing; case to be brought back up under Unfinished Business.

Case #06-13 Eastern Propane & Oil — Special Exception to allow for a 2000 gallon aboveground diesel storage tank — Map 49, Lot 127. Bill Massey, District Man-

ager for Eastern, addressed the Board. Mr. Massey stated that an abutter had come by the property to see what they were proposing to do. He said he clarified to that abutter and wants to let the Board know as well that it is for Eastern's trucks only, not for resale. Mr. Massey said this tank is for cost savings and convenience and explained the tank's specifications. He said it will be a 2000 gallon, double-walled tank with an automatic shut-off and alarm system. They chose to go with the double-walled tank to avoid having to install a dike. George Saunderson asked Mr. Massey how many gallons a week they use. Mr. Massey said it would average 500-700 per week. Mr. Saunderson asked if there was more of a price break when going with the 2000 gallons. Mr. Massey stated the 2000 gallon tank is for efficiency and it will be filled from Eastern's 5000 gallon truck out of their Hudson depot approximately once every three weeks. Roy Maxfield stated that he recalls a conversation when Eastern first came to town to the effect that they run a first class operation. Mr. Maxfield said he has not seen anything but first class from them. Bill Massey said they cannot afford not to do things right since everything is up for inspection. Ned Lizotte asked about the location of the tank on the property. Mr. Massey showed the location on the drawings presented, saying it is out of the way of traffic and plowing. Chairman Powelson reviewed each point of the application. It was asked if there is an alarm between the two walls of the tank in case of leakage. Review of the specs showed that there is a 2" monitoring pipe for this purpose. The chairman asked if abutters had been notified. The secretary confirmed that they had been notified. Mr. Powelson asked if there was anyone who would like to speak in favor of the application. Hearing none, he asked if there was anyone who would like to speak against the application. Hearing none, he closed the hearing; case to be brought back up under Unfinished Business.

#### UNFINISHED BUSINESS

Case #06-12 Beverly & Michael Raffer- Special Exception for Reduced Set-- Map 21, Lot 6. George Saunderson made a motion to approve the application. Seconded by Ned Lizotte. Roy Maxfield said the record should indicate the existing length since some would say they are making a marginal situation worse but he feels it is actually an improvement and is in favor of the application. Ned Lizotte stated that the deck finishes the house. Chairman Powelson asked for a roll vote. George Saunderson -Yes; Roy Merrill - Yes; Ned Lizotte - Yes; Roy Maxfield - Yes; Dave Powelson - Yes. Unanimous - Application for special exception for reduced setback granted.

Case #06-13 Eastern Propane & Oil — Special Exception to allow for a 2000 gallon aboveground diesel storage tank Map 49, Lot 127. Ned Lizotte made a motion to approve the proposal as presented. Seconded by Roy Merrill. Mr. Lizotte stated this makes sense for a commercial business. Roy Maxfield said he is favor of the plan as long as state and federal inspections and guidelines are in place. Chairman Powelson asked for a roll vote. George Saunderson - Yes; Roy Merrill -Yes; Ned Lizotte – Yes; Roy Maxfield – Yes; Dave Powelson - Yes. Unanimous - Application for special exception granted. Mr. Massey asked if they need to go before the Planning Board. He was advised that they must go before the Planning Board since this is an addition to their original site plan. Mr. Massey was advised by the secretary that Eastern Propane will be placed on the September 21, 2006 agenda.

#### DISCUSSION:

Dee Dee Maratea asked to address the Board about an extension of a building permit. Ms. Maratea stated that she has to sell the house on Lot 18 in order to have the funds to build on the lot beside it (Lot 21). She explained that she has an interested buyer and has a deposit of \$16,250 but the buyer is unable to buy the house until 2007. In the meantime, she has a lease agreement with the buyer and \$200 per month of that lease money will go toward the purchase price of the house. Ms. Maratea submitted a copy of the purchase and sales agreement for the file and stated that this shows a commitment by the buyer. She explained the current status of Lot 21. She said the foundation is in, the well has been drilled, and the septic will be installed next week. Ms. Maratea explained that she cannot do the house on Lot 21 until she sells the one on Lot 18. She stated that the one on the water (Lot 20) has to go up next year based on that lot's building permit. The building permit for Lot 21 expires in December of 2006 and Ms. Maratea is asking for a one year extension to 12/31/07. There was discussion of which lot has the building permit and a prior extension granted by the Selectmen. It was determined that extension was granted by the Selectmen on Lot 20 The secretary reported that Chief Fiske had not issued a denial for extension on Lot 21. Ms. Maratea said that the Code Enforcement secretary told her that Chief Fiske could issue a letter of denial or she could go directly to the ZBA for an extension. Roy Maxfield said he has no problem with the extension when it has been done for another building under all different names. He said with the agreement in hand it seems to be a firm commitment and

Zoning — cont. on 26



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all should fall into place with that sale. Ned Lizotte said he recalled that the last time Ms. Maratea was in the Board was told she had been given an extension to the end of 2006. Roy Merrill asked where the law says an extension has to be given if the foundation is already in place. Ms. Maratea said she was told by Code Enforcement that it is a two year permit, one year to get the septic and foundation installed and one year to get the house up. Dave Powelson referred to Sections 801.7 (expiration of building permit) and 801.8 (renewal of building permit) of the Zoning Ordinance. Roy Merrill stated that there are houses around town that are not complete and he does not see that this is being enforced. Roy Maxfield made a motion to extend the building permit by one year to the end of 2007. George Saunderson asked Ms. Maratea if she feels comfortable that they can get the house done once the sale of the completed house is done. Ms. Maratea said she is very comfortable with the plan. Mr. Saunderson asked if they would put the house back on the market if the sale does not go through and if it should not sell even then, if she would be back for another extension. Ms. Maratea's husband stated that they would not ask for another extension based on the Ordinance. They would have to forfeit the permit and apply for another one. Mr. Saunderson seconded Mr. Maxfield's motion. There was discussion specific to the motion. All were in favor of granting the extension.

Dan Aversa - An application for a rehearing (#06-14) has been received from Mr. Aversa with regard to the special exception denied at the meeting of July 27, 2006. In the application Mr. Aversa states "We feel that the 30' side setback issue should be given a better look. The planning board feels we should revisit." Ned Lizotte made a motion to deny the application. Roy Maxfield seconded the motion. Mr. Maxfield said an appeal gives the opportunity to review which he feels the Board has already done. He said he feels the Planning Board has to accept the Conservation article which requires them to look at buffer zones and not encroach on them unless extenuating circumstances. Mr. Maxfield said he is happy with the original decision. Mr. Lizotte said there is the alternative of coming onto Wiggins Road from Route 129 to access this lot and it does not look like Mr. Aversa has done that. Jon Huntington reported how surprised he was at Mr. Aversa's comments at last week's Planning Board meeting that Mr. Huntington happened to be attending as an applicant. He told of Mr. Aversa saying the Zoning Board didn't ever address the side setback issue and other

remarks about the Board. Roy Merrill told of Bob Ordway's remarks about the ZBA's decision. Howard Pearl said he sees no encroachment on the wetlands when coming off Wiggins Road and feels that is a very reasonable alternative. Dave Powelson said if Wiggins Road was to be brought to full town standards there might be some encroachment. Ned Lizotte said this would still be less of an impact. He reported having talked with Mr. Aversa's soil scientist, Peter Schauer. He said Mr. Schauer was not aware of another access onto Wiggins Road and that Mr. Schauer's parameters were very narrow, being asked to assess only certain aspects. Roy Maxfield said the Board has covered this to the point of being very repetitive. All were in favor of denying the application for a re-hearing.

Rule for Appeals of an Administrative Decision — Chairman Powelson suggested that the Board might want to consider adopting a rule that gives a timeframe for such appeals. He said between 14 and 30 days have been suggested in case histories. Mr. Powelson said he does not want the Board to have to be determining timeliness of appeals on a case by case basis. George Saunderson made a motion to adopt a rule that such appeals must be made within 30 days of the decision being appealed. Roy Maxfield said he felt it should be up to 45 days based on the timeline of a matter being heard, notice of decision being given, and deadlines for making the next month's agenda. Discussion ensued about how to determine a suitable timeframe to be used in this rule. Chairman Powelson referred to RSA 676:1. Method of Adopting Rules of Procedure, saying that the proposed change will have to be put on a public notice before being adopted. George Saunderson made a motion to consider the change. Seconded by Ned Lizotte. All were in favor.

Alvin Davis Property - George Saunderson asked to address a house being built by Alvin Davis on Lovejoy Road. He stated that the house is extremely close to the road and questioned how this was approved. Discussion ensued with the secretary informing the Board that Mr. Davis will be submitting an application for a Special Exception for Reduced Setbacks according to Bob Fiske. It was asked if a cease & desist could be issued. George Saunderson asked if the Board should vote to request that of the Selectmen. There was discussion about the project being stopped before much more is done. Ned Lizotte said his concern would be that the other lots may end up being special exceptions as well if this first lot is allowed to be. Howard Pearl asked about the criteria of a corner lot. Roy Merrill stated that the lot has to maintain the 50' setback on the heaviest traveled road which would be Lovejoy Road. The Board discussed writing a letter to the Board of Selectmen. Roy Maxfield made a motion to have the ZBA Chairman call Bob Fiske with the request to issue a cease & desist and if Mr. Fiske is reluctant then go to the Board of Selectmen. Seconded by Ned Lizotte. All were in favor.

VOA Appraisal - Roy Merrill handed out copies of appraisals done by the Volunteers of America. He said he felt the applicant had been a little deceiving with the ZBA by saying they couldn't get the property appraised at fair market value. Mr. Merrill pointed out that the VOA had two appraisals done on the same day, one which the Board has already seen with the Brown and Merrill properties listed. He said, however, VOA failed to show the Board the second appraisal on the Brown property that raised the appraisal by 70% and had comparisons to elderly housing in other towns. Mr. Merrill said that at either the January or February meeting Mr. Maxfield had asked VOA if they would have the appraisal checked if the property was not appraised at fair market value, yet they had the second appraisal in their possession at the time. Roy Maxfield said VOA had five acres with Mr. Merrill and now have eight acres with the Brown property. Mr. Merrill stated that his contract with VOA was for eleven acres. He asked for the copies of the appraisals back from the Board members so they would not be found in the *Monitor* or elsewhere. Mr. Merrill said this clearly shows that VOA did not make every effort to meet zoning which is the first criteria of zoning.

#### ADJOURNMENT:

Ned Lizotte made a motion to adjourn this meeting at 8:57 pm., seconded by George Saunderson. All were in favor.

Respectfully submitted, Donna White, Secretary

# Next Deadline: Friday, October 13, 2006

#### Add Your Event to the Calendar

Add your your organization's meeting date, time, and location by our deadline each month to be included in the calendar. There is no charge for organization dates. If you'd like your birthday, anniversary or other important date celebrated, please send \$5.00 per insertion and we'll add it to the calendar.

Meeting information and personal dates with checks should be mailed to: The Loudon Communications Council, PO Box 7871, Loudon, NH 03307. Information must be received by each month's deadline.

| four name:      |       |
|-----------------|-------|
| Address:        |       |
| City/State/Zip: |       |
| Telephone:      |       |
|                 |       |
| Event #1:       | Date: |
| Time/Location:  |       |
| Event #2:       | Date  |
| Time/Location:  |       |
| Event #3:       | Date  |
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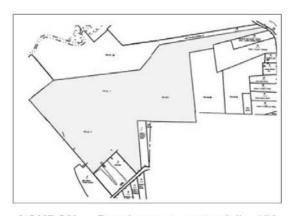
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| October 2006 in Loudon  |   |  |  |  |   |  |
|---|---|--|--|--|---|--|
| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY                              | THURSDAY   | FRIDAY  | SATURDAY   |
| 1   | First Quarter Progress Reports due out 6:30pm•Happy Hill 4-H @American Legion 7pm•Recreation Com. @Com. Bldg. | 9:30am•Maxfield Public Library Pre- schoolers Orchard Tour@Meadow Ledge 6pm•American Legion Bingo 6:30pm•Selectmen@ Com. Bldg. 7pm•Lions Club@ Library                                     | 4                                      | 9:30am•Maxfield Public<br>Library Pre-<br>schoolers Orchard<br>Tour@Meadow<br>Ledge<br>6:30pm•PTA@LES      | 6 NO SCHOOL — TEACHER'S CONVENTION                  | 7  |
| 8   | 9<br>NO SCHOOL —<br>COLUMBUS DAY<br>8pm•Fire Dept. Mtg.@<br>Safety Building                                   | 10:30am•Storytime@ Library 6pm•American Legion Bingo 6:30pm•Selectmen's Meeting/Board of Permit@Com. Bldg.   | 11<br>6:30pm•Girl Scout<br>Leaders@LES | 12<br>10:30am•Storytime @<br>Library   | 13 LEDGER DEADLINE FOR NOVEMBER ISSUE               | 14   |
| 9:15–3:15•Girl Scouts<br>Outdoor Living<br>Skills Event@Rec.<br>Field                   | 16 6:30pm•Communications Council@Com. Bldg.   | 17  10:30am•Storytime @ Library 6pm•American Legion Bingo 6:30pm•Selectmen's Meeting 7pm•Lions@Library   | <b>18</b> 7pm•American Legion          | 19 10:30am•Storytime @ Library 7pm•Planning Board @ Com. Bldg.   | 20  | 21   |
| 22  | 23  | 8:30am•Young at Heart Trip to Indian Head leaves from Town Office parking lot 10:30am•Storytime @ Library 6pm•American Legion Bingo 6:30pm•Selectmen's Meeting@Com. Bldg. 7pm•LYAA@Library | 25                                     | 26 10:30am•Storytime @ Library & Halloween Parade 7pm•Book Group@ Library 7:30pm•Zoning Board @ Com. Bldg. | 27 PTO Halloween Party — All Grades & Hat Day @ LES | 28 5-8pm•NHIS Halloween Party for kids up to Grade 5 |
| 29 DAYLIGHT SAVING TIME ENDS  DON'T FORGET TO CHANGE YOUR CLOCKS!!!  FALL BACK ONE HOUR | 30<br>8th Grade Trip to<br>Washington, DC<br>(10/30–11/3)   | 31 HALLOWEEN  10:30am•Storytime & Halloween Parade @ Library 5-8pm•Trick or Treating in Loudon 6pm•American Legion Bingo 6:30pm•Selectmen's Meeting/Work Session                           | HAP                                    |  |   |  |

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LOUDON - Office building! Five room multi use office building with residential/commercial zoning in Loudon Village. Close proximity to Concord/Route 106. Wired for network & phone service, ample parking, flexible floor plan. Shed excluded. Listing agent has vested interest. \$179,900.



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#### The Loudon Ledger

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