

# The Loudon Ledger

PUBLISHED BY THE LOUDON COMMUNICATIONS COUNCIL



September 2008  
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## The Sun Shines on Loudon Old Home Day

by Debbie Kardaseski

After what seems like never-ending rain, the sun came out for Loudon's Old Home Day! The Old Home Day Committee was thankful for the beautiful weather on Saturday because set-up Friday night was a little shakey, with torrential rain and thunder! Saturday began early with a delicious breakfast cooked by the American Legion. Once again, I was lucky enough to be a baking contest judge so I got "dessert" with my breakfast.

Judging was tough (as usual) even though the number of entries was down this year. I think Loudon's awesome bakers were scared off by the possibility of rain. All the recipes received with entries appear in this issue of the *Ledger* in the "What's Cookin'!" column.

This year's Baking Contest Winners:

- **Children's Themed Cake** — *Elisa and Rebekah Lommen with their Pool Cake.*
- **Adult Cakes** — *Wanda Brown, Carrot Cake.*
- **Pies** — *Barbara Brogan, Coconut Chocolate Pie.*
- **Cookies** — *Theresa Sheppard, Cran-Oat-Chip Cookies.*
- **Baked Beans** — *Judy Johnston.*

The Grand Parade began at 10:00 with some interesting antique graders. There's weren't many antique cars this year, but the graders were a fun addition. The first grader was "driven" by Bliss Magoon, Sr. This grader originally was intended to be pulled by horses and rumor has it the gentleman riding on it had actually driven the grader when it was pulled by a team of horses.

The parade was fun to watch and showed us how creative Loudon organizations can be.

This year's Parade Winners:

### COMMERCIAL SMALL BUSINESS

- 1st PLACE: Ivory Rose
- 2nd PLACE: TML Mechanical
- 3rd PLACE: Cobblestone

### CIVIC & ORGANIZATIONAL

- 1st PLACE: Girl Scouts
- 2nd PLACE: Loudon Young at Heart
- 3rd PLACE: Boy Scouts

### INDIVIDUAL SUPPORTERS

- 1st PLACE: Jerry Bean — Railroad
- 2nd PLACE: Unutil Truck
- 3rd PLACE: Streetcar

### WALKERS

- 1st PLACE: Happy Hills 4-H
- 2nd PLACE: Kevin Bean — Stilts



Bliss Magoon, Sr. waves to the crowd while riding on an antique grader usually pulled by horses. Tom Moore pulled it with his antique tractor and was followed by Micky Mulkhey driving a grader owned by Mike LaBonte and Dennis Moore driving his own grader. These old vehicles were a delightful addition to the parade this year. (Photo by Bill Asby)

Opening Ceremonies were held immediately following the parade. Rev. Stephen Ludwick, Loudon Ridge Family Bible Church, gave the invocation. The Star-Spangled Banner was sung by Tracy Dow. Lauren Rouse, poster contest winner, was recognized as were the baking contest winners. Usually the Citizen of the Year receives accolades at this time, but Billy Lazos was in Greece during Old Home Day so he'll be recognized when he returns.

The Horseshoe Tournament began at 11 a.m. The following were the winners:

1st PLACE: Dana Pearl and Mike George

2nd PLACE: Joe Raymond and Steve Buxton

3rd PLACE: Dick Scofield and Rodney Pearl

4th PLACE: Richard Hutchinson and Shawn Jarvi

5th PLACE: Rob Morin and Pat Sirrine

6th PLACE: Brandon Pearl and Joe Chamberlin

This year's Antique Car/Truck/Bike Show had fewer entries than past years, but the Old Home Day Committee certainly appreciates all who participated. Winners were:

LOHD — continued on page 4

## HELP NEEDED!!!

Have you wanted to help, but just weren't sure what you could do??? The Loudon Communications Council is in need of a volunteer or team of volunteers who are willing to pick up *The Loudon Ledger* at the Concord Monitor building in East Concord and deliver them to the Direct-O-Mail mailing center located off of Airport Road. Here are some details: It takes no more than two hours (usually less) and it is once a month during the last week of the month. A volunteer would need to be available to make the delivery to Direct-O-Mail before 5:00 p.m. on a weekday. You need to be able to lift heavy bundles of *Loudon Ledgers* and have plenty of space in your vehicle. If you are interested in learning more or are able to help, please contact Deb Kardaseski at 783-9812 or Amanda Masse at 783-0227 for more info. ■

## Town of Loudon Office Hours

### Selectmen's Office

PO Box 7837 • 798-4541

*Selectmen meet Tuesday evenings at 6:30 p.m. in the Community Building.*  
Mon.–Thurs.: 8 a.m.–4 p.m. • Tues. evenings: 6 p.m.–9 p.m.

### Town Clerk

PO Box 7837 • 798-4542

Mon.: 8 a.m.–2 p.m. • Tues.: 3 p.m.–9 p.m. • Wed.–Thur.: 9 a.m.–4 p.m.

### Planning/Zoning Board

PO Box 7837 • 798-4540

*The Planning Board Meets the third Thursday of the month at 7:00 p.m. in the Community Building. The Zoning Board meets the fourth Thursday of the month at 7:00 p.m. in the Community Building.*  
Mon.–Thurs.: 8 a.m.–4 p.m. • Tues. evenings: 6 p.m.–9 p.m.

### Tax Collector

PO Box 7844 • 798-4543

Tues.: 3 p.m.–9 p.m. • Wed.–Thurs.: 9 a.m.–4 p.m.

### Police Department: Emergencies: 911

PO Box 7059 • 798-5521

Mon.–Fri.: 8 a.m.–4:00 p.m.

### Code Enforcement

PO Box 7059 • 798-5584

Mon.–Fri.: 8 a.m.–4:00 p.m.

### Fire Department: Emergencies: 911

PO Box 7032 • 798-5612

*The Fire Department holds its general meeting on the second Monday of the month at 7:30 p.m. in the Safety Building. To obtain a fire permit, please stop by the station weekdays between the hours of 7 a.m. and 6 p.m.*

*Fire permits for the weekend need to be obtained during these times.*

### Loudon Elementary School

7039 School Street • 783-4400

*The School Board meets the second Monday of the month at 7:15 p.m. Call the Superintendent's Office for meeting location.*

### Transfer Station

Tues. & Thurs.: 9 a.m.–5 p.m. (Winter)

Tues.: 9 a.m.–5 p.m. • Thurs.: 11 a.m.–7 p.m. (Summer) • Sat.: 8 a.m.–5 p.m.  
*Loudon residents can purchase facility stickers at the transfer station for \$1.00. See the attendant.*

### Highway Department

Road Agent: David Rice • 783-4568

Mon.–Fri.: 7 a.m.–3:30 p.m.

### Maxfield Public Library

Librarian: Nancy Hendy • 798-5153

Mon.: Closed • Tues.: 10 a.m.–9 p.m. • Wed.: 1–9 p.m.

Thurs.: 10 a.m.–5 p.m. • Sat.: 9 a.m.–1 p.m.

*The Library Trustees meet at 5 p.m. on the first Tuesday of the month.*

### John O. Cate Memorial Van

798-5203 (Mondays only) to schedule a ride.

For more information or on other days, call Barbara Cameron: 783-4534

### Blessed Hope Food Pantry of Loudon

30 Chichester Road

Open most Wednesdays from 2–3 p.m. or for emergencies.

For more information, call Rev. Henry or Betty Frost: 783-4540

## Loudon Representatives

### Merrimack County — District 6

Maureen Baxley

Claire D. Clarke: 437 Daniel Webster Hwy., Boscawen, NH 03303

Priscilla P. Lockwood: 435 Northwest Rd., PO Box 1, Canterbury, NH 03224

Joy K. Tilton: 4 Hill St., Northfield, NH 03276-1611

Frank A. Tupper: PO Box 92, Canterbury, NH 03224-0092

Deborah H. Wheeler

### Senators — District 07

Harold W. Janeway

## Loudon Ledger Submission Policy

All groups, organizations, individuals, etc. are encouraged to submit articles to the *Loudon Ledger*. Special events, landmark anniversaries or birthdays, "attaboys," etc. are all welcome.

Please note, however, that the *Ledger* will uphold its mission:

*To provide a comprehensive source of information and education about business, government, and community organizations within Loudon in order to facilitate and encourage informed citizen participation.*

We will also follow our *Articles of Agreement*, which are on file with the Secretary of State:

*The corporation shall not participate in, or intervene in any political campaign on behalf of any political party or candidate for public office, nor shall it sponsor or endorse any plan or proposition that does not facilitate or encourage informed citizen participation.*

In other words, any article submitted must present all sides of an issue in a factual, unbiased manner so that the reader may form his/her own opinion based on the information presented. To paraphrase Eric Severard: "You should elucidate but not advocate."

Articles should be submitted to the Loudon Communications Council, P.O. Box 7871, Loudon, NH 03307. They may be emailed to [debbie@debbiekgraphics.com](mailto:debbie@debbiekgraphics.com). From there, they will be forwarded to the Council for review before they are inserted in the *Loudon Ledger*. If you have any questions regarding this policy, please contact Mary Ann Steele, chairperson of the Council, 267-6509. ■

**Classified Ads are available. Please mail your ad copy, along with a check payable to LCC, to PO Box 7871, Loudon, NH 03307. A 1–3 line, 1-column ad will cost \$10. A 4–5 line, 1-column ad costs \$15.**

## "The Loudon Ledger" 2008 Schedule

**January 2008 Ad & Copy Deadline:** Fri. 12/14 **Council Meeting:** Mon. 12/17

**February 2008 Ad & Copy Deadline:** Fri. 1/18 **Council Meeting:** Mon. 1/21

**March 2008 Ad & Copy Deadline:** Fri. 2/15 **Council Meeting:** Mon. 2/18

**April 2008 Ad & Copy Deadline:** Fri. 3/14 **Council Meeting:** Mon. 3/17

**May 2008 Ad & Copy Deadline:** Fri. 4/18 **Council Meeting:** Mon. 4/21

**June 2008 Ad & Copy Deadline:** Fri. 5/16 **Council Meeting:** Mon. 5/19

**July 2008 Ad & Copy Deadline:** Fri. 6/13 **Council Meeting:** Mon. 6/16

**August 2008 Ad & Copy Deadline:** Fri. 7/18 **Council Meeting:** Mon. 7/21

**September 2008 Ad & Copy Deadline:** Fri. 8/15 **Council Meeting:** Mon. 8/18

**October 2008 Ad & Copy Deadline:** Fri. 9/12 **Council Meeting:** Mon. 9/15

**November 2008 Ad & Copy Deadline:** Fri. 10/17 **Council Meeting:** Mon. 10/20

**December 2008 Ad & Copy Deadline:** Fri. 11/14 **Council Meeting:** Mon. 11/17

## PLAN YOUR ADVERTISING IN ADVANCE! TO ADVERTISE, CONTACT: Samantha French/783-4601

### DISPLAY ADVERTISING RATES:

<b>Business Card</b>	4 1/8" W x 2" H	\$35.00/issue
<b>1/8 Page</b>	4 1/8" W x 3" H — or — 2 1/2" W x 6" H	\$50.00/issue
<b>1/4 Page</b>	9" W x 3" H — or — 4 1/2" W x 6" H	\$65.00/issue
<b>1/2 Page</b>	9" W x 6" H — or — 4 1/2" W x 11 1/4" H	\$115.00/issue
<b>Full Page</b>	9" W x 11 1/4" H	\$230.00/issue

## Purchase an advertising contract for the entire year and SAVE 10%!

**CLIP AND SAVE FOR FUTURE REFERENCE!**

## The Loudon Ledger

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PO Box 7871, Loudon, NH 03307.

**Council Members:** Kris Tripp, Dottie Mulkhey, Mary Ann Steele, Tricia Ingraham, Emily Bracey, Sherry Blanchard, Sharon Strout, and Amanda Masse.

**Editorial Submissions may be mailed to PO Box 7871, Loudon, NH 03307 or sent via email to:** [debbie@debbiekgraphics.com](mailto:debbie@debbiekgraphics.com)

*All editorial submissions are approved by the Council before publication.*

**Advertising:** Samantha French — 783-4601 / [harvestmoon@aol.com](mailto:harvestmoon@aol.com)

## Where to Worship in Loudon

### Family Bible Church

*"Where everybody is somebody, and Jesus is Lord!"*

Pastor Steve Ludwick

676 Loudon Ridge Rd., PO Box 7858, Loudon, NH, 03307 • 267-7577

www.myfamilybiblechurch.org • Email: fbc@emlot.com

Coffee & Prayer Time: Sunday 8-9:10 a.m.

**Sunday Worship:** 9:30 a.m. A blend of hymns & contemporary songs. Fellowship time following service is provided. Sunday School for ages 4 years-5th grade during worship service. Nursery also Available.

**Sunday Evening:** Youth Group — For Grades 6-11: 6-7:45 p.m.

**Monday:** Men's Fellowship and Prayer 7-8:45 p.m.

**Wednesday:** Women's Bible Study, fellowship, and prayer: 9:15 a.m.

**Ongoing Evening Adult Bible Studies:** call for details

■■■

### Faith Community Bible Church — Evangelical Free Church of America

Senior Pastor Jeff Owen • Associate Pastor Joshua Owens • Minister of Youth Tom Stevens  
334 North Village Road, Loudon, NH 03307 • 783-4045 • www.fcbe-loudon.org

#### Summer Worship Hours:

**Sunday Worship Service:** Sunday 8:00 a.m. and 9:45 a.m.

#### Winter Worship Hours:

**Sunday Worship Service:** Sunday 8:00 a.m. and 11:00 a.m.

**Sunday School:** 9:30 a.m. • **Wednesday Night Prayer Meeting:** 7:00 p.m.

**Sunday Night Youth Group:** 6:00 p.m.

Faith Community Bible Church has Women's Ministries, Men's Bible Studies, Mom's Group, Young Married Group, and a Children's Program. Please call the church office for more details.  
Office Hours: 9 a.m.-2 p.m. on Tues., Weds., Thurs. Email: phyllis.minery@fcbe-loudon.org

■■■

### Landmark Baptist Church

Fundamental, Independent, Biblical, Caring

Pastor Paul J. Clow

103 Chichester Road, Loudon, NH 03307 • 798-3818 • www.landmarkbaptistchurch.info

**Sunday School:** 9:30 a.m. (Nursery Provided) **(New Beginnings Class:** for those interested in the Christian Faith and in Landmark Baptist Church. This is a time for questions and answers about what it means to be a Christian and what we believe here at Landmark!)

**Sunday Morning Worship:** 10:30 a.m. (Nursery and Children's Church Provided)

**Sunday Evening:** 6 p.m.

**Wednesday Evening Bible Study:** 7 p.m. (Nursery Provided. We are studying verse by verse through various books of the Bible.)

**Saturday Street Witnessing:** 9:30 a.m. •

**Saturday Youth Group:** 7-9 p.m. (Grades 7-12)

We never cancel services for any reason!

■■■

### Loudon Center Freewill Baptist Church

Rev. Henry Frost

Clough Hill Road. Mailing address: P.O. Box 7852, Loudon, NH 03307 • 783-4540

Member of the American Baptist Churches of VT/NH (Lakes Area Association)

**Sunday Worship:** 10:00 a.m.

■■■

### Loudon Congregational Church

Rev. David D. Randlett, III

7018 Church Street, PO Box 7034, Loudon, NH 03307 • 783-9478 • www.loudoncongregational.org

**Sunday Worship:** 9:30 a.m. (Staffed nursery for infants-pre-K)

**Sunday School (all ages):** 11:15 a.m. (Sept.-June)

**Sunday Evening Celebration Supper and Worship:**

Monthly at 5:30 p.m. Please call for details.

Wednesday, 7-9 p.m.: **Family Night.** Small groups for men, women, teens, and kids.

■■■

### New Beginnings Church of the Nazarene

Rev. W. John White, Senior Pastor

33 Staniels Rd, Loudon NH 03307 • Ph: 224-1311 • Office Hours: 9-2, Mon.-Fri.

phyllis@LNBnazarene.org • www.LNBnazarene.org

**Sundays:** Sunday School & Adult Bible Studies: 9:15 a.m.

**Worship:** 10:30 a.m. (Childcare provided for infants.) **Jr. Kids Church** (2-year-olds-Kindergarteners.)

**Kidsville** (Grades 1-4)

**Early Evening:** House Churches. (Call the church or visit our website for a location near you.)

**Tuesdays:** Children's Bible Quizzing (Grades 1-6). 5:30-6:30 p.m.

**Early Youth Group** (Grades 5-6). 6:30-8 p.m. Brian & Jill Bollinger: 267-1744

**Wednesdays:** Youth Group (Grades 7-12). 6:30-8:00 p.m. [Brian Bollinger/Rick Smith]

**Kids Time** (Ages 4-6th Graders). 7-8 p.m. • **Adult Bible Studies:** 7:00 p.m.

**Other:** Once a month will also have events for men, women, adults, and seniors (50+) called OASIS.

Please visit our website or call the church office for details.

■■■

### SonLight Christian Fellowship

Pastor Thomas Friedrich

Currently meeting at the Loudon American Legion Hall, So. Village Rd.

Mailing address: 55 Wiggins Road, Loudon, NH 03307 • 798-3112 • pastor@sonlightchristian.org

**Sunday Worship:** 10:30 a.m.

**First Sunday of Every Month:** Discovery Series Bible Lessons

■■■

To have your Church's information added to this column, please email your information to [debbie@debbiegraphics.com](mailto:debbie@debbiegraphics.com)

## Rick Broider To Appear In NBC's All-new Extreme Reality Competition Series "America's Toughest Jobs"

*"America's Toughest Jobs" Will Feature 13 Men and Women Muscling Their Way Through Some of the Most Challenging and Dangerous Professions in America for Prize Money Worth Over \$250,000*

Produced by Thom Beers ("Ice Road Truckers" "Deadliest Catch") and Berman-Braun, "America's Toughest Jobs" will celebrate the blue-collar workers who helped make America what it is today and will provide viewers an authentic in-the-trenches work experience with each hair-raising challenge.

"America's Toughest Jobs," which was filmed entirely on location in cities across the country including Anchorage, Alaska; Midland, Texas; Long Beach, California and Astoria, Oregon, will give the contestants a chance to venture outside of their everyday careers and compete for over \$250,000 — the combined annual salary of the jobs they are given — all the while being judged by their new boss and co-workers. At stake during each challenge is the annual salary of the job being performed.

As each of them throw fear out the window with an "I can do that attitude," the contestants are judged on logging high in the Oregon forest, extreme fishing in the Bering Sea and oil drilling on a Texas range, just to name a few. Each week, one contestant will be sent home as they are judged by their successes and failures.

"America's Toughest Jobs" began with four special Monday night episodes on August 25 from 9-10 p.m. (ET) on NBC before it moves to Fridays at 8 p.m. ET beginning September 19.

The cast of "America's Toughest Jobs" is comprised of 13 brave men and women:

- Amy Brodsky, Sailboat Delivery, Boston, Massachusetts
- **Rick Broider, Vice President of a Software Company, Loudon, New Hampshire**
- Senta Burke, Executive Assistant, Los Angeles, California
- Michaela Clemence, Scientific Recruiter, Brighton, Massachusetts
- Ben Coleman, Carpenter, Brighton, Massachusetts
- Bryce Frazier, Personal Trainer, Los Angeles, California
- Sandy Gabriel, Math Teacher, Austin, Texas
- Rommel Gargoles, Martial Arts Instructor, North Hollywood, California
- Rie Heffron, Product Specialist, Woodland Hills, California
- Steven Hopper, College Student/Technology Receptionist, Los Angeles, California
- Phil Kolarczyk, Pharmaceutical Sales Rep, Orlando, Florida
- Eric Waterhouse, Sculptor/Renaissance man, Long Beach, California
- Christopher Young, Investment Broker, Pasadena, California

"America's Toughest Jobs" is produced by Original Productions and Berman-Braun. The series is created by Beers and executive produced by Beers, Gail Berman and Lloyd Braun. Josh Temple ("Backyard Nation") hosts. ■



## Loudon American Legion, Post 88

by Jim Dymont

By the time you read this it will be September with Summer on the downhill side. School is open and kids are waiting for the bus so please be very careful — they are very quick! The month of August was a very busy one, with parties, a wedding, memorials, a funeral, and doctor visits: I've been busy!

I understand Old Home Day went off very well. I've heard nothing but praise for the day. The fireworks were great. Congratulations to the committee.

The Legion breakfast was a success again this year, thank you. At this time I would like to acknowledge the workers who helped Friday and Saturday. We even saw some of the parade. You know who you are: thanks to all of you.

### Post News and Events

In August we lost a long-time Legionnaire Colonel Richard (Dick) Murphy. Our thoughts are with his family and friends. He will be missed by all.

The Auxiliary sold ice cream during the Wednesday night Recreation Committee programs, which were great! If you missed out, it's your loss. We hope they will be doing them next year.

The membership dues notices have been mailed and response has been good. If anyone would like to join us or get more information, please call Jim at 435-8892 or Fred, 224-0172. If you were in the last Iraq or Afghanistan actions, the first year's dues are on Post 88. We need younger, energetic people with fresh and new ideas: help us out.

Don't forget: September 2 is VJ day. For the younger generation, that's when Japan surrendered in World War II. That's it for this month. Thank you from the Legion Family. ■



**LOHD — continued from page 1**

**CAR/TRUCK**

*Pre-1950:* Bruce Yeaton  
*Pre-1960:* Phil Mulkhey  
*Hot Rod:* Ora and Mary George

**MOTORCYCLES**

*Pre-1970:* Nelson Perron  
*Post-1970:* Dave Thistle  
*Custom:* Paul Mitchell

The Bike Parade was great this year — as always! Loudon's youth have wonderful imaginations and it showed in their creative bike parade entries. The winners were:

**NON-BICYCLE**

*1st PLACE:* Nick Stewart

**BEST HOLIDAY THEME**

*PRESCHOOL — 1st GRADE*  
*1st PLACE:* Lace Pillsbury  
*2nd GRADE AND UP*  
*1st PLACE:* Lena Paquin

**MOST PATRIOTIC**

*PRESCHOOL — 1st GRADE*  
*1st PLACE:* Carissa LaBonte

**2nd GRADE AND UP**

*1st PLACE:* Bobby LaBonte

**MOST ORIGINAL**

*PRESCHOOL — 1st GRADE*  
*1st PLACE:* Wade Fisher  
*2nd GRADE AND UP*  
*1st PLACE:* Sami Trott

Entertainment this year featured some new faces: The Araba-Lon Drummers played and Judy Pancoast entertained kids of all ages with her music and dancing. Some old faces were here too. Bodyworks Karate presented a high-energy program — always a favorite. The Doodle Bug Tractor Pull returned and for dinner, the Sno-Shakers cooked up their usual outstanding chicken barbecue.

The day ended with Stray Dog playing for the street dance and awesome fireworks presented by Atlas Pyrotechnics. Thankfully, the weather stayed clear all day and into the evening. If you didn't attend the day's fun, you missed a great time. ■



**Above: The excellent cooks of NH Sno-Shakers Club prepare the chicken for barbecuing.**



**Left: There were many imaginative decorated bikes in the Children's Bike Parade.**



**Citizen of the Year Billy Lazos' picture was placed on the globe over Greece. The globe was on the judge's platform. Billy was in Greece during this year's festivities.**





**Above: The Old Home Day crew. These are the folks responsible for all the fun! Above, right: Loudon's Young at Heart think Loudon is a cool place to be! Below, left: This year's parade judges. They have a very tough job! Below, right: A view of this year's horseshoe tournament.** (Photos courtesy Bill Asby and Debbie Kardaseski)



**Left: The winning entry in the Children's Baking Contest. This Pool Cake was created by Elisa and Rebekah Lommen.**



**Winning poster artist Lauren Rouse rode in the parade.**



## Music Lessons

by  
*Anna Carlson*

**Offering**

Private lessons designed for each individual's interest and learning style

**Piano lessons at all levels**

Woodwind, string and brass lessons to elementary and middle school students or late blooming adults

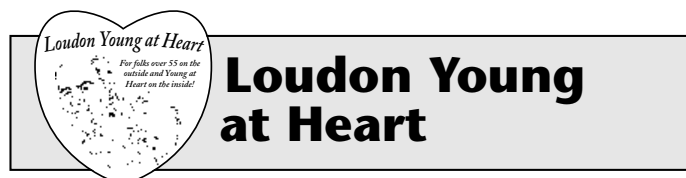
**Experienced!**

Certified music teacher  
Graduate of Boston University  
College of Fine Arts

783-9268

*Music nourishes the mind and spirit.  
It promotes confidence and self-esteem.*





## Loudon Young at Heart

Old Home Day on August 9th turned out to be a nice day. The Young at Heart float won second prize with the theme "Loudon is Cool." The trophy can be seen in the Historical Society. Obviously, the Float Committee did a good job, as usual.

September 9th will be our next meeting date. We are really looking forward to a very special meeting. We will meet at the Richard Brown House on South Village Road at 10:00 AM for a cookout. Calls will be made to the members the previous week and asked to bring either a salad or dessert to share. We will also need a count for hamburgers, hot dogs and drinks, which will be provided from the groups' treasury. This promises to be a fun time, if only those thunderstorms stay north or south or east or west of us. We will also have election of officers for the coming year.

On September 25th, we will meet again at the Richard Brown House for an Open House at the new senior facility. See you there! ■

## Pittsfield Area Senior Center Happenings

Open House and Senior Center Demo Day at the Pittsfield Area Senior Center in recognition of Senior Center Week will be held on September 18, 2008. Come and see what our Seniors are up to! Demonstrations begin at 10:00 a.m. starting with Chair Dancing and followed with demo's on bridge, crazy quilting, YOGA, chair exercise, cooking a potpourri, and strength training, finishing just in time for a scrumptious dinner of Roast Pork w/apple slices, stuffing, gravy, baked potatoes sour cream and for dessert Ginger Bread with whipped cream! Here is the schedule for the day: 10:00 a.m., Welcome; 10:15–11:45, Demo's; 11:45, Presentation of the Governor's Proclamation and speakers; 11:55, The Pledge of Allegiance and Blessing; 12 Noon, Dinner

### Crafts — Tuesdays at 10:00 a.m.

1st and 3rd Tuesday's are open craft days. We are getting items ready for our 2nd Annual Holiday Fair.

2nd and 4th Tuesday — Carol is teaching embroidery on plastic canvas and is continuing with Crazy Quilting.

### Smoking Cessation — Tuesday, September 8th

Our smoking cessation participants are enjoying the support of one another. They admit the difficulty of the quitting process but continue to work toward their goal. They would love to have you join them. It still isn't too late! Call 435-8482 for information and speak with Elaine

### Easy Bridge Lessons — Monday 10 a.m. and practice on Friday at 10:00.

Dan is hoping for 4 more people. There are currently 2 tables, 8 people playing Bridge. Dan McQuire's easy bridge lessons are great. We have new people starting all the time. If you like to play cards why not join the group to brush up on your bridge skills or learn Bridge as a new game. It is a great opportunity to make new friends and put a new wrinkle in your brain to keep it in good working order!

### Chair Dancing and Exercise — Wednesday's & Friday's 10 and 10:30 a.m.

One of our volunteers has a fabulous program going with great participation. You will use EVERY part of your body exercising to music. People are having lots of fun, come and join them.

### Book Club

The Book Club meets on the 3rd Monday of the month right after lunch at 12:30. This month's selection is *Love Medicine* by Louise Erdrich.

### MYSTERY DINING — The Second Tuesday of the month.

This is a great opportunity to try a restaurant you have never tried before. Maybe you will discover a new favorite restaurant. Cost for transportation is between \$2 and \$5 depending on the destination! When we have 8 people or more our bus driver has agreed to make a second trip during the month. Last month we had two cars follow the bus to the mystery destination. Come and join our fun. Call and make your reservation. Don't be left behind. 435-8482.

### YOGA — Friday's at 11:00 a.m.

The Sanderson Fund in Pittsfield is sponsoring our third Yoga session for this year. This session begins on September 12 and continues through December 6th.



## Concord Regional Visiting Nurse Association

PO Box 1797, Concord, NH 03302-1797, 224-4093

### Senior Health Clinics

Concord Regional Visiting Nurse Association is offering a Senior Health Clinics on September 23 at the VOA-NNE Senior Housing on South Village Road from 9 a.m. until noon. Note the change in location. The Loudon Senior Health Clinics are no longer held at the Community Building. All Senior Health Clinic services are \$10. Blood pressure checks are free. To make an appointment or for more information call Concord Regional Visiting Nurse Association's Senior Health Program at 224-4093 or 800-924-8620, extension 4830. If you need a ride, please call 798-5203.

### September Walk-In Immunization Clinics

An affordable walk-in Immunization Clinics for all ages will be offered by CRVNA on Tuesday, Sept. 16, 2008, 2:30–4:30 p.m. Clinics are held at St. Paul's Episcopal Church Outreach Center, 21 Centre Street, Concord. A fee of \$5.00 is requested per child (under 18). Adult vaccination costs vary by the cost of the individual vaccines. Children must be accompanied by a parent or guardian. Please bring an immunization record with you. For more information call CRVNA Community Health Services at 224-4093 or 800-924-8620, extension 4830.

### Walk-In Blood Pressure Clinics

A FREE monthly walk-in Blood Pressure Clinic will be held on Wednesday, Sept. 3, 10 a.m.–Noon at Hannaford's Pharmacy, Ft. Eddy Rd., Concord and on Wednesday, Sept. 10, 10:30–11:30 a.m. at the White Rock Senior Living Community, Wellness Office 6 Bow Center Rd., Bow.

Concord Regional Visiting Nurse Association offers blood pressure screenings in the areas that it serves. Blood pressure screenings are a good way for individuals to track their blood pressure for upcoming visits to their physician. Blood pressure screenings are free of charge. For more information call Concord Regional Visiting Nurse Association at 224-4093 or 800-924-8620.

### Concord Regional VNA Offers Grief Support Group

Concord Regional Visiting Nurse Association will offer a free eight-week evening adult grief support group this fall. The group will meet Thursday evenings September 25 through November 13 from 6 to 7:30 pm at Bow Mills United Methodist Church, 505 South Street, Bow. Trained grief support facilitators will provide an opportunity for support and education to adults who have suffered a recent loss. Group size is limited. Pre-registration is required. Please contact Laurie Brooks, at (603) 224-4093 ext. 2826 or [laurie.brooks@crvna.org](mailto:laurie.brooks@crvna.org). ■

Seated YOGA is a slow gentle exercise that helps develop and maintain flexibility, mobility and balance. Our core group of 15 people will be glad to tell you how YOGA has improved their lives.

### Smart Steps

People wrote wonderful testimonies of Smart Steps. Watch each month to see what people have said about this program:

*"Walking helps to keep my weight and sugar down. Seeing my neighbors walk gave me the incentive to walk. I am walking more like I did years ago. It helps my energy level too. Thank you for your help."*

— Anonymous

### California Here We Come!!!

Eleven people are counting their steps as if they were actually walking to California. Watch for updates on their progress.

### Trip Schedule

Sept. 11	Miniature Golf .....	\$??
	Bus & Bag Lunch .....	\$5.00
Sept. 17	Christmas Tree Shop .....	Free
	Bus and Lunch Bag .....	\$7.00
Oct. 22	Beech Hill Ice Cream Farm and Lunch Bag .....	\$5.00
Nov.	Call with ideas!!!!	
Dec. 3	Christmas Tree Shop .....	Free
	Bus and Lunch Bag .....	\$7.00

The cost for the bus is the total amount less \$2.00 for the bag lunch.

### Outreach Barbecue

Over the past several years there has been a barbecue held at a center participants home prepared by the Community Action Kitchen. This year we have been invited to the Gregoire's home in Barnstead. There will be great food, lawn games, cards and cribbage. Be sure to sign up early so that Lynne orders enough food for everyone. All are welcome. ■

# T<sup>+</sup>O<sup>+</sup> YOUR HEALTH

By Tricia Ingraham, MPH

## September Is National Food Safety Education Month

### What Is Foodborne Illness?

Foodborne illness often presents itself, as flu-like symptoms such as nausea, vomiting, diarrhea, or fever, so many people may not recognize the illness is caused by bacteria or other pathogens in food.

Thousands of types of bacteria are naturally present in our environment. Not all bacteria cause disease in humans. For example, some bacteria are used beneficially in making cheese and yogurt.

Bacteria that cause disease are called pathogens. When certain pathogens enter the food supply, they can cause foodborne illness. Millions of cases of foodborne illness occur each year. Most cases of foodborne illness can be prevented. Proper cooking or processing of food destroys bacteria.

Age and physical condition place some persons at higher risk than others, no matter what type of bacteria is implicated. Very young children, pregnant women, the elderly, and people with compromised immune systems are at greatest risk from any pathogen. Some persons may become ill after ingesting only a few harmful bacteria; others may remain symptom free after ingesting thousands.

### Four Simple Steps to Food Safety

#### 1. Clean: Wash hands and surfaces often

Bacteria can spread throughout the kitchen and get onto cutting boards, utensils, sponges, and counter tops.

- Wash your hands with hot soapy water before handling food and after using the bathroom, changing diapers and handling pets.
- Wash your cutting boards, dishes, utensils and counter tops with hot soapy water after preparing each food item and before you go on to the next food.
- Use plastic or other non-porous cutting boards. These boards should be run through the dishwasher — or washed in hot soapy water — after use.
- Consider using paper towels to clean up kitchen surfaces. If you use cloth towels, wash them often in the hot cycle of your washing machine.

#### 2. Separate: Don't cross-contaminate

Cross-contamination is the scientific word for how bacteria can be spread from one food product to another. This is especially true when handling raw meat, poultry and seafood, so keep these foods and their juices away from ready-to-eat foods.

- Separate raw meat, poultry and seafood from other foods in your grocery shopping cart and in your refrigerator.
- If possible, use a different cutting board for raw meat products.
- Always wash hands, cutting boards, dishes and utensils with hot soapy water after they come in contact with raw meat, poultry and seafood.
- Never place cooked food on a plate, which previously held raw meat, poultry or seafood.

#### 3. Cook: Cook to proper temperatures

Food safety experts agree that foods are properly cooked when they are heated for a long enough time and at a high enough temperature to kill the harmful bacteria that cause foodborne illness.

Use a clean thermometer, which measures the internal temperature of cooked foods, to make sure meat, poultry, casseroles and other foods are cooked all the way through.

- Cook roasts and steaks to at least 145°F. Whole poultry should be cooked to 180°F for doneness.
- Cook ground beef, where bacteria can spread during processing, to at least 160°F. Information from the Centers for Disease Control and Prevention (CDC) link eating undercooked, pink ground beef with a higher risk of illness. If a thermometer is not available, do not eat ground beef that is still pink inside.
- Cook eggs until the yolk and white are firm. Don't use recipes in which eggs remain raw or only partially cooked.
- Fish should be opaque and flake easily with a fork.
- When cooking in a microwave oven, make sure there are no cold spots in food where bacteria can survive. For best results, cover food, stir and rotate for even cooking. If there is no turntable, rotate the dish by hand once or twice during cooking.
- Bring sauces, soups and gravy to a boil when reheating. Heat other leftovers thoroughly to 165°F.

#### 4. Chill: Refrigerate promptly

Refrigerate foods quickly because cold temperatures keep harmful bacteria from growing and multiplying. So, set your refrigerator no higher than 40°F and the freezer unit at 0°F. Checking these temperatures occasionally with an appliance thermometer.

Refrigerate or freeze perishables, prepared food and leftovers within two hours.

- Never defrost food at room temperature. Thaw food in the refrigerator, under cold running water or in the microwave. Marinate foods in the refrigerator.
- Divide large amounts of leftovers into small, shallow containers for quick cooling in the refrigerator.
- Don't pack the refrigerator. Cool air must circulate to keep food safe.

### Leftovers

#### How long can you safely store leftovers and luncheon meat?

Refrigerator storage at 40°F or below

- Cooked meat or poultry 3–4 days
- Leftover Pizza 3–4 days
- Luncheon meats 3–5 days
- Egg, tuna, and macaroni salads 3–5 days

#### Remember the 2-Hour Rule

Discard all perishable foods such as meat, poultry, eggs, and casseroles, left at room temperature longer than 2 hours. 1 hour in air temperatures above 90 °F. ■

### Kids are Back in School

## KEEPING YOUR CHILD'S SCHOOL LUNCH SAFE

When you were growing up, you probably used one of those metal lunch boxes that sat in your classroom for hours before the lunch bell rang.

Today, we know that leaving perishable food at room temperature is downright dangerous. There are more known foodborne pathogens, or germs, than ever before, and there is plenty of blame to go around:

- Unprecedented volumes of fruits and vegetables are being imported from Central America and South America, where it is more difficult for U.S. officials to monitor food-handling protocols.
- Low levels of antibiotics are being fed to chickens, cattle and other farm animals. While this practice promotes rapid growth and animal health, many scientists believe it has also given rise to antibiotic-resistant strains of foodborne bacteria.
- Another reason to be concerned about foodborne diseases is the centralized, factory-like conditions that produce much of the country's food supply. One contaminated batch of food can be shipped to hundreds of cities throughout the country.

### Temperature control

When it comes to packing a safe school lunch and keeping it safe until lunchtime, temperature control is key. Pathogens like to grow in the temperature "danger zone" between 40 degrees F and 140 degrees F.

Here are some tips that can reduce the risk that your child will consume a disease-causing dose of foodborne pathogens at lunch:

- Use an insulated lunch box or bag. Many of these insulated boxes contain a pouch for an ice pack.
- At least once a week, wipe the interior of the lunch box with a paper towel dampened with a weak solution of bleach and water (1 teaspoon of bleach per gallon of water).
- Include an ice pack in the lunch bag. Or freeze a juice box and use it as an ice pack. (It should be defrosted by lunchtime.)
- Make sandwiches from cold ingredients. This means keeping your loaves of bread in the freezer and refrigerating your cans of tuna before making tuna

School Lunch — cont. on 8



# A Day at the Beach

by Debbie Kardaseski

It hasn't been the greatest summer to sunbathe, but Clough Pond Beach has still been busy. Evidently a topic of conversation at the beach this summer has been its condition. I recently received an email from Christine Eldred who — at first glance — had a terrific idea for improving the beach. She suggested town businesses group together and help fix up the beach by donating time and materials. She thought more sand and a retaining wall would be just the ticket. And, yes, they would.

However, there's a catch — and it's a big one! After speaking with Road Agent Dave Rice, I confirmed what I already suspected: It isn't a simple matter of dumping more sand on the beach and building a wall. There are numerous hoops to be jumped through before anything can be done, and even after jumping through all those hoops, there are strict limitations on what can be done. The permitting process is strenuous and environmental laws severely restrict any changes. The town is currently working on getting the necessary permits needed to put more sand on the beach. Even with the proper permits only a total of six yards of sand may be placed on the beach over a three-year period. This isn't nearly enough to completely correct the problem, but it will have to do.

Many thanks to Ms. Eldred for her suggestion. It is a good idea and knowing how generous businesses are in Loudon, if it were legal it would be done! In the meantime, we must be thankful we have a town beach to enjoy, even if it is a little grassy and rocky. ■



## School Lunch — cont. from page 7

sandwiches. If a germ finds its way onto your child's sandwich, it will have a harder time multiplying if the food is already cold.

- Scrub all fruit and vegetables with a vegetable brush under running water. This rule applies to bananas and other fruits that have an inedible peel, and to bagged "pre-washed" vegetables such as baby carrots. After scrubbing, wrap the fruit or vegetables in plastic or a paper towel before placing in the lunch box.
- Wrap loose chips, cookies and crackers in plastic or foil.
- Instruct your child to wash his or her hands with warm water and soap before lunch and to refrain from touching doorknobs, friends' hands, shoelaces, chewing gum wads under the desk and other potentially contaminated surfaces before sitting down to eat.
- Give your child pasteurized juice. Many foodborne illness outbreaks have been traced to unpasteurized juices and apple cider.
- Instruct your child to throw out any leftover food.
- Discourage your child from sharing food with other children.
- Be extra careful to follow food-safety guidelines if your child is taking an antibiotic. By killing normal intestinal bacteria, antibiotics reduce the body's ability to ward off foodborne pathogens. It takes about two weeks after finishing the antibiotic prescription for the natural intestinal flora to build back up to normal levels.

Sources: Department of Health and Human Services of NH (DHHS), Centers for Disease Control (CDC), U.S. Department of Agriculture (USDA), and U.S. Food & Drug Administration (FDA).

Do you have a health topic that you would like to see featured? Please send ideas to the Loudon Communications Council, POB 7871, Loudon, NH 03307 or email Tricia Ingraham: [dttingraham@comcast.net](mailto:dttingraham@comcast.net). ■

## 13th Annual Walk for the Animals September 21st!

The Concord-Merrimack County SPCA is gearing up for the 13th annual "Walk for the Animals"! This event will be held on Sunday, September 21, 2008 at the NE Delta Dental Soccer Field in Concord. Each year this fundamental fundraiser assists over 1700 homeless animals and the money raised gives us the opportunity to offer supportive programs to our community. We do not receive any federal or state funding; we rely strictly on donations. These funds help us operate our programs and the shelter throughout the year.

Take part and put your best foot or paw forward! Bring your friend! Bring your family! Bring your dog! Plan for a day of fun filled activities.

- ♥ Stop by and shop from local Pet Vendors and visit Breed Rescue Groups that will be on site to offer information.
- ♥ Special Concord-Merrimack County SPCA retail items will also be available to purchase on the day of the event!
- ♥ Participate in our special "All Pet Photo" contest by bringing a picture of your beloved pet.
- ♥ Contests for your canine to participate in a special, "Best Costume"



- ♥ Kids Korner, which will host several games, activities, a coloring contest and new this year, a Bouncy House.
- ♥ Low cost microchip clinic (\$20 per dog) to help keep you and your canine companion from being separated if they become lost.
- ♥ Demonstrations include Vermont Green Mountain Disc Dog Club, Pathway to Hope Dog Program and an All Dogs Gym & Inn Agility Demonstration!

Great fun for the entire family! For more information about this fabulous event, visit the Concord-Merrimack County SPCA website: <http://concordspca.org>. See you there! ■

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## PTA & LYAA Golf Tournament A Great Success

by Tracy Koufos

The 8th Annual PTA & LYAA Golf Tournament at Loudon Country Club in Loudon, NH on Saturday, August 2 was once again a fun and successful event for all.

The Parent Teacher Association (PTA) is an all-volunteer organization established to enhance the quality of education at Loudon Elementary School. The Loudon Youth Athletic Association (LYAA), also an all-volunteer program, is committed to helping the children in Loudon excel in life through recreational sports programs like Little League Baseball and Soccer.

Our tournament goal was to raise funds to support these organizations. It's also a chance to thank the volunteers who continue to make these organizations possible. This year's tournament, proudly rose closed to \$1,700 for each organization. The money is raised through tee/green sponsorships, donations, and a small portion of the golfer registration.

The day began slightly overcast with 19 teams on the course, playing in a scramble format. Teams consisted of business sponsored teams, father and son teams, resident and non-resident teams, and members of Loudon Country Club. Upon registration the players were each presented with goody bags that were donated by Eastern Propane Inc., Shaws, Hannaford, and Dick's Sporting Goods. Before the start of the tournament we were able to present some fortunate players with door prizes donated from local businesses: Affirm Water, Michele's Sweet Shoppe, Tasker Landscaping, and New Hampshire Motor Speedway. Fortunately the weather held off until the last few holes. Mother Nature made her own donation of quite the thunder, lightning and rainstorm, forcing the players to make their way from the white outdoor tent to the clubhouse for the Chicken Barbeque dinner. Thanks to donations from Eastern Propane Inc, DS Cole Growers, Swenson Photography, Makris Lobster Pool and Steakhouse, CR Sparks & The Hanover Street Chop House, The Meat House, Loudon Garage, and Fieldhouse Sports, during the dinner the golfers were awarded with raffle prizes as well as a 50/50 cash drawing. Loudon Country Club offered Pro Shop Credits, which were used for the teams in 1st through 4th place. The 19th team received 4 dozen golf balls, partially donated by Dick's Sporting Goods and the 18th team received tickets to the Nashua Pride donated by Jim Greenwood from Pepsi.

A special thanks goes out to our Gold Sponsor, New Hampshire Motor Speedway and our Silver sponsors Eastern Propane Inc. and Fieldhouse Sports. The following tournament sponsors also helped to make this event successful: Milligan Foundations and Floors, Chris Philippy, Ed's Septic & Excavation, Intreza Designs, Interstate Concrete Construction Co., Tasker Landscaping, JBI Helicopter Services, Inc., Red Roof Inn of Loudon, Man-

chester Street Car Wash, Victoria L. Phillips, CPA, Pleasant View Gardens, Inc., Venco Wings, LLC, Body Works Martial Arts Center, Brookside House of Pizza, Capitol Alarm Systems, Inc., Capitol Yard Works, LLC, Eggshell Restaurant, Cascade Campground, Fill-More Industries, Inc., K&M Drywall, Boyer's Auto Body & Line-x of Southern New Hampshire, Little Folks Day Care, Fred Fuller Oil Company, Quiznos-Loudon Rd., Huckleberry Oil & Heating, J.C. Home Improvements, Jack Prendiville, and AMH Construction. Without these businesses' support this tournament would not have been a success. We hope you will patronize these businesses as a way to thank them for their generous support of the youth of Loudon.

Lastly we'd like to thank Bob Landry, Loudon Country Club, and all of our golfers for their continuous support of these two organizations. Without Bob's help and expertise this tournament would not have continued its tradition of success; and a special thanks to Bill, Jr. at LCC for his assistance in the planning and organizing of the tournament. We look forward to seeing everyone again next summer for the 9th Annual PTA & LYAA Golf Tournament! ■



## Loudon CERT Helps Out in Deerfield Following Tornadoes

On Friday, August 1, 2008 a call was issued for assistance with traffic control in Deerfield. The request came from VolunteerNH's Domenic DiNatale to all contacts in the New Hampshire CERT (Community Emergency Response Team) community. The initial request was for coverage for a 36-hour period of time from 6:00 a.m., Saturday, August 2, 2008 to 6:00 p.m. on Sunday, August 3, 2008. On Sunday, the request was extended through Tuesday, August 5 at noon and later extended again through Friday, August 8, 2008. Tim Dupre, Executive Director, VolunteerNH, coordinated the effort.

The need had arisen due to unauthorized traffic in the area where people's homes and landscapes had been devastated on Thursday, July 24, 2008 by the very unusual weather occurrence of a tornado that stayed on the ground almost continuously for about an hour and 20 minutes and moved nearly 50 miles through the state. This tornado wreaked havoc along its path, leveling homes and trees and taking the life of one resident.

Some individuals were taking advantage of the situation by scouring the area with chain saws and taking fallen trees, cutting them up, and removing them without permission for their own purposes. Also, many gawkers traveling into unsafe areas were hampering the ability of workers and service crews attempting to bring some normalcy back to the area.

Faith Stevens, Co-Chair of Loudon's Community Emergency Response Team (CERT) began polling the local CERT membership who had been trained on May 19, 2007 in traffic control. Although there was little advance notice and some members had previous commitments, three of Loudon's members subsequently signed up for duty.

Mary Boucher, Sigrid Little, and Joe Neal each served a six-hour shift during the weekend, along with CERT members from several other areas in the state. Joe and Mary signed up again for Wednesday, August 8. On that date, they communicated with the Sheriff's Dispatch regarding a suspicious individual whom they had allowed to travel down the road where they were stationed. Subsequently, the person was checked out by law enforcement and asked to leave since he had no good purpose to be there. Great job, Joe and Mary!

Dom DiNatale wrote in an e-mail,

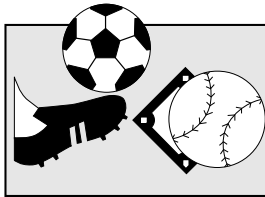
Left to Right: Mary Boucher, Joe Neal and Sigrid Little keeping Old Ritchie Road and Route 107 in Deerfield secure.

"Police Chief Mike Greeley and EMD Jim Cannon are overwhelmed with the spectacular turnout of volunteers and the level of professionalism of each of them and our program. They feel that your efforts in providing the town valuable assets has provided them an opportunity to get other issues under control and can now continue their mission."

On a personal note, thank you! It never ceases to amaze me how the citizens of NH always step up when needed. You all get a high five for being the difference in so many lives."

This is just one of the many ways that Loudon's CERT group is available in emergencies to the residents of the area. ■





## Loudon Youth Athletic Assoc.

By Melody Broider

### Old Home Day Success!

Thank you to Remax for providing the hot air balloon and donating the proceeds to the youth of Loudon. Special thanks to all the volunteers that made Old Home Day a success.

### Soccer:

The soccer season is beginning to kick off, please check website for updated information or feel free to contact Commissioner Scott Hagerty at 783-4735.

### Robinson Fields Project:

The LYAA has been working diligently with Merrimack Valley School District and local town officials to build two new soccer fields on the school district property located behind LES. If you would like to get involved with this exciting project or have questions, contact Rick Broider. Detailed information will be available on the website.

The L.Y.A.A. meets on the fourth Tuesday of every month at the Loudon Library with the next meeting scheduled for September 22 at 7:00 p.m. Come see what's happening!

For more info, please contact Melody Broider at 267-8383 or via e-mail: [foresystudios@hotmail.com](mailto:foresystudios@hotmail.com).

Please check our website for the latest updates. [www.lyaanh.org](http://www.lyaanh.org) ■

## Heating Season Will Be Here Soon: Now Is The Time To Check Your Heating Sytem

From the NH Department of Safety, Division of Fire Safety

We're getting to the end of summer and heating season will soon be here and the high-energy prices concern fire officials according to State Fire Marshal Bill Degnan. This is the time to check your heating systems. Having your heating system checked by a qualified professional will help insure the system is ready to operate safely and also of great importance, will use the fuel efficiently. Heating unit fires are still the number one cause of fires in New Hampshire and they are preventable!

According to the President of the New Hampshire Association of Fire Chiefs, Lebanon Fire Chief Chris Christopoulos, heating fires are often the result of improper installations, use or maintenance of supplemental home heating appliances, such as wood stoves, coal stoves, and kerosene space heaters. Chief Christopoulos also warns that the use of these supplemental heating devices also increases the risk of dangerous accumulation of carbon monoxide in the home if not properly installed and maintained. Now is the time to have them checked.

Degnan also advises that it is critical that every home has interconnected smoke alarms on each floor level and that every family should develop and practice a home fire escape plan. Smoke alarms should be tested monthly along with matches and lighters should be kept out of the reach of children at all times.

For further information concerning home fire safety, contact your local fire department or the state fire marshal's office. ■

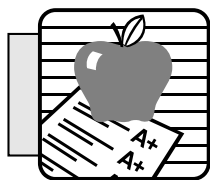
## The Girl Scouts of Loudon Are Very Cool!

Did you see us??? We were the really cool float in the Loudon Old Home Day parade! The one with tons of ice blocks, penguins, and the replica of McMurdough Station in Antarctica. The girls decided on the float theme and then drew up ideas for the float. The production team consisted of wonderful adult volunteers and girls who painted lots of cardboard white to get the float ready. We have many people to thank including: Alan and Karen Minery who allowed us to use their trailer for the float; Douglas Daniels Builders who pulled the float and let us decorate his truck; Michele's Sweet Shoppe who provided candy and bags for the girls to distribute; and to Capitol Fire Protection who provided shelter from the rain during our float assembly. Most of all we thank the volunteers and Girl Scouts of Loudon who came together and made the float a reality. It was a lot of fun. Congratulations, Girl Scouts of Loudon on your first place float — way to go girls!!!

If your daughter is interested in joining Girl Scouts, or you are interested in volunteering (even just a little bit) please visit the website [www.loudonnh.org](http://www.loudonnh.org) and print the interest forms. ■



**The Deadline for the  
October 2008 "Loudon Ledger"  
is Friday, September 12.**



## Merrimack Valley School District News

### Loudon Elementary School

#### Welcome back students!

School is back in session — please drive carefully and watch for children on the move.

#### Important Dates

**September 1:** School closed for Labor Day

**September 3:** LES Open House for grades 1–5; 6:30 p.m.

**September 4:** PTA meets first Thursday of every month

**September 12:** 5th Grade Instrument Demo

**September 18:** Picture Day

#### MV Middle School Important Dates

**September 1:** School closed for Labor Day

**September 5:** 7th & 8th grade summer reading projects due

**September 11:** Open house; 6:00 p.m.

**September 12:** 5th Grade Instrument Demo

**September 17:** PTO meets, MVMS Library 6:30 p.m.

**September 19:** Picture Day

**September 26:** Progress Reports & Hat Day

**September 26th:** 7th & 8th grade party

#### 7th & 8th Grade Party

The first party of the season will be held for the 7th and 8th graders on Friday, September 26th from 7:00–9:00 p.m. in the cafeteria

#### Recycle for Your School!

There are currently two programs in place to help your school!

The PTO has set up the Ecosmith Recycling clothing bin. It is located in front of the bus parking lot by the right-hand side of the High School and is open 24/7. The clothing that is donated is distributed to those in need around the world. Clothing must be clean and bagged — shoes and leather goods must be bagged separately. The PTO thanks you for your donations!

The MVMS Library is asking you to drop off your empty printer/copier cartridges or old cellphones in the Library. Money earned is used to purchase new books and library reading rewards.

To have your Loudon school event listed in future editions of the Loudon Ledger, please contact the Loudon Communications Council at the following e-mail address: [Debbie@debbiekgraphics.com](mailto:Debbie@debbiekgraphics.com) or call Kris Tripp at: 783-0448. We look forward to hearing about your event or activity!

### MVHS NEWS

Welcome back to another school year! We hope everyone had a restful and enjoyable summer.

#### New Staff:

We would like to welcome the following staff to the high school this year:

Jay Arsenaault: *Permanent Sub*

Tammy Barrett: *1:1 Assistant*

Jason Corrow: *Social Studies Teacher*

Kim Friberg: *Permanent Sub*

Pamela Hill: *Assistant Principal*

Sarah Hodgkins: *Nurse*

Pat Kenney: *Functional Skills Teacher*

Janet Matteucci: *Special Education Teacher*

Beth McAllister: *English Teacher*

Elizabeth Owuor: *Science/Math Teacher*

Marion Paulson: *Math Teacher*

#### Senior Pictures:

Information will be available in the first few days of school as to when yearbook pictures will be due. If you have not yet had your picture taken by a professional photographer, Art Swenson will be taking school pictures on September 11th. These pictures can be used for your yearbook submission.

#### Dress Code:

As you start your back to school shopping, please keep in mind the school Dress Code Policy. The most common violations that we see are: Shorts and skirts that are too short, shirt straps smaller than the 1.5 inch requirement, and shirts that don't cover the midriff. For the Full Dress Code Policy please refer to our website: [www.fc.mvsvd.k12.nh.us](http://www.fc.mvsvd.k12.nh.us)

#### NEW CELL PHONE PROCEDURE:

This year we will implement a new cell phone procedure. We will have class meetings during the first week of school to review the procedure with all students, but we want to share it with you now before school starts.

Cell phones may only be used during passing time and lunch-time. Use at other times will result in:

**First Offense:** Warning and confiscation of the electronic communication device for the remainder of the school day.

**Second Offense:** The electronic communication device will be confiscated. A disciplinary referral will be written. The student's parent/guardian must pick up the device from the principal's office.

**Third Offense:** The electronic communication device will be confiscated. A disciplinary referral will be written. The student's parent/guardian must pick up the device from the principal's office. At the principal's discretion, the student may receive detention or in-school suspension.

Any further violations of this policy will result in the student's loss of possession of the electronic communication device for the remainder of the school year. The student's parent/guardian must pick up the cell phone from the principal's office at the expiration of that length of time. At the principal's discretion, the student may receive detention, or suspension, not to exceed five (5) days.

#### New Extended Library Hours:

The Library will be open until 6:30 p.m. Monday–Friday for all students.

Drop in to type a paper, read or do research.

#### Academic Support Center:

Every Monday, Wednesday and Thursday the Academic Support Center (ASC) is open until 4:00 for any student wishing to receive extra help. The ASC is staffed by 1 math/science teacher, and 1 English/social studies teacher. Students wishing to take the late bus home must sign up in the main office to obtain a late bus pass.

Please refer to our website for the lunch menu and transportation information: [www.fc.mvsvd.nh.us](http://www.fc.mvsvd.nh.us)

#### Athletic News:

All in-coming freshman, transfer students or students who have not participated in High School athletics must have a physical on file with the school (freshmen physicals must be dated after Jan 1, 2008 all others dated after Jan 1 of their 8th grade year). A

student athlete needs one physical per their four years of eligibility. You will not be allowed to "try-out and or practice" without the physical or medical release from a Doctor. The Merrimack Valley Wellness Center will be offering physicals on Aug 14th starting at 9:00 a.m. Please contact Lenny Smith at 753-4311 or [lsmith@mv.k12.nh.us](mailto:lsmith@mv.k12.nh.us) to arrange a physical. All students participating in athletics will sign the Inter-scholastic Athletic Agreement (I.A.A.) during the first two days of practice (you can find the Physical form and the I.A.A. form on the Merrimack Valley web site [www.mv.k12.nh.us](http://www.mv.k12.nh.us) under athletics). Below you will find a list of all our fall Varsity Head Coaches and their telephone numbers.

<i>Football</i>	Sean O'Brien	606-2669
<i>B Soccer</i>	Mark Boucher	568-8583
<i>G Soccer</i>	Erin Fitzgerald	536-3746
<i>Field Hockey</i>	Kim Kenney	796-2773
<i>Cross Country</i>	David Irving	744-8601
<i>Golf</i>	Bob Landry	783-9818
<i>Spirit</i>	Sara Libby	731-5869

Summer programs are offered by our boys and girls basketball coaches.

<i>Boys:</i>	Rich Otis	753-4391
<i>Girls:</i>	Joe Raycraft	753-6671

#### FOOTBALL EQUIPMENT HANDOUT:

Grades 11, 12: 8/11 — 3:00–5:00 p.m.

Grades 9, 10: 8/12 — 3:00–5:00 p.m.

ALL OTHER FALL SPORTS START 8/18 AT 4:30 ON THE GAME FIELD

#### Important Dates:

<b>August 26:</b>	1st Day of School for Students
<b>August 29:</b>	No School — Teacher Workshop
<b>September 1:</b>	No School — Labor Day
<b>September 4:</b>	Open House, 6:30–8:30p.m.
<b>September 9:</b>	Picture Day — Grades 9 & 11
<b>September 11:</b>	Picture Day — Grades 10 & 12
<b>September 17:</b>	Senior Project Proposals Due
<b>September 20:</b>	Homecoming
<b>September 24:</b>	Mini College Fair
<b>September 26:</b>	Midterm — Term 1 ■

## Concord Brain Injury Support Group

### September 16th Meeting

Please Join Us!!

#### Location:

Granite State Independent Living  
21 Chenell Dr., Concord, NH

#### Time:

6:30–8:00 p.m.

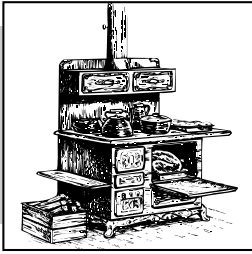
#### Facilitators:

Jan Perkins & Pat Winski

#### For Information Contact:

Jan, 568-6021 or Pat, 463-3035





# What's Cookin'!

## This month: Old Home Day Baking Contest Recipes!

By Debbie Kardaseski

This month we are featuring recipes from the Loudon Old Home Day Baking Contest held on Saturday, August 9. Not all of these are first prize winners, but they are all delicious!

### BAKED BEANS — FIRST PLACE — Judy Johnston

- 2 cups dried beans
- 1/2 lb. salt pork
- 1 slice onion
- 3 tbsp. molasses
- 2 tsp. salt
- 1/8 tsp. pepper
- 1/4 tsp. mustard

Soak dried beans overnight. In the morning, simmer until tender. Mix other ingredients and pour over beans. Cook 8 hours in a 300° oven.

### CARROT CAKE — FIRST PLACE — Wanda Brown

- 2 cups sugar
- 1 cup vegetable oil
- 3 eggs
- 1 tsp. vanilla
- 2-1/2 cups flour
- 1 tsp. baking soda
- 1 tsp. salt
- 2 tsp. cinnamon
- 1/4 tsp. allspice
- 3 cups grated carrots
- 1 cup golden raisins
- 1/2 cup currants
- 1 cup pineapple tidbits
- 1/2 cup coconut

Beat all ingredients together well. Pour into 2 round baking pans. Bake at 350° for 40 minutes.

#### Frosting Recipe:

- 1 stick butter
- 3 boxes cream cheese
- 2 tsp. vanilla
- 1-1/2 cups confectioner's sugar

Whip until smooth.

### CARROT CAKE — SECOND PLACE — Amy Dodenhoff

- 1 cup vegetable oil
- 2 cups sugar
- 4 eggs
- 2 cups flour
- 2 tsp. baking soda
- 3 tsp. cinnamon
- 3 cups grated carrots

Cream together oil, sugar, and eggs. Add flour, soda, and cinnamon. Fold in carrots. Bake at 350° for 1 hour in a 13" x 9" greased pan.

#### Frosting Recipe:

- 1/4 stick margarine
- 1 small package cream cheese
- 1/2 box powdered sugar
- 1 tsp. vanilla

Mix all ingredients with an electric mixer and spread evenly on top of cake.

### COCONUT-PECAN CHOCOLATE PIE — FIRST PLACE — Barbara Brogan

Use your favorite pie crust recipe. Roll out a single crust and line pie plate. Sprinkle with:

- 1 cup coconut
- 1/2 cup chopped pecans or walnuts

#### Filling:

- 1 cup sugar
- 1/3 cup butter
- 4 oz. baking chocolate, chopped
- 3 tbsp. flour
- 1/2 cup evaporated milk or half and half
- 1 tsp. vanilla
- 4 eggs

In 2-quart saucepan, heat together sugar, butter, and chocolate on low heat, stirring constantly until smooth. Pour chocolate mixture into a medium bowl and cool. Beat in flour with wire whisk until well combined. Beat in evaporated milk, vanilla, and eggs with whisk until well blended. Slowly pour chocolate mixture over coconut and pecans in pie crust. Cover edge of crust with strips of foil to prevent excessive browning. Remove foil during last 15 minutes of baking time.

Bake 40–50 minutes at 350°, until center is set. Cool at least 1-1/2 hours before serving. Top warm servings with cool whipped cream or ice cream. Cover and refrigerate leftover pie.

### STRAWBERRY DELIGHT — ? Simonds

*This pie was deemed ineligible because it used prepared ingredients (frozen whipped topping and pudding mix). However, it was delicious and we feel it merits printing the recipe here!*

- 1/2 cup plus 2 tsp. butter
- 2 cups chocolate graham cracker crumbs
- 1/4 cup sugar
- 1 12-oz. carton whipped topping, thawed if frozen
- 1 cup sour cream
- 1 package instant chocolate pudding mix
- 1 pint strawberries, sliced
- 1 oz. semisweet chocolate

Melt 1/2 cup butter. In a bowl, combine the cracker crumbs, melted butter, and sugar. Press into bottom and 1-1/2" up sides of a greased 9-inch springform pan; refrigerate. In a mixing bowl, beat the whipped topping, sour cream, and pudding mix until blended. Spread half over crust. Arrange strawberries over the top. Spread with remaining filling. In a microwave, melt chocolate and remaining butter; stir until smooth. Cool to room temp. Drizzle over filling. Refrigerate for at least 4 hours before serving.

### CRANOATCHIP COOKIES — First Place — Theresa Sheppard

- 3/4 cup butter
- 1 cup packed brown sugar
- 1/2 cup granulated sugar
- 1 tsp. baking powder
- 1/4 tsp. baking soda
- 1/2 tsp. ground cinnamon
- 2 eggs
- 1 tsp. vanilla
- 1-3/4 cups all-purpose flour
- 2 cups rolled oats
- 1-1/2 cups dried cranberries
- 1 cup chocolate chips

Preheat oven to 375°. Beat butter. Add brown sugar, granulated sugar, baking powder, baking soda, and cinnamon. Beat until combined. Beat in eggs and vanilla. Beat in flour. Stir in oats, dried cranberries, and chocolate chips. Bake on an ungreased cookie sheet 10–15 minutes, depending on cookie size. They are done when the edges are golden.

### ISLAND COOKIES — Second Place — Judy Johnston

- 1-2/3 cups all-purpose flour
- 3/4 tsp. baking powder
- 1/2 tsp. baking soda
- 1/2 tsp. salt
- 3/4 cup (1-1/2 sticks) butter, softened
- 3/4 cup brown sugar

# LOUDON HISTORY & MYSTERY

By Tina Rattee



## Last month's mystery.

This month's mystery question is... Who are all of these people and what do they have in common?? My only hint is: I think it is the perfect time of year for this picture.

If you have an answer or other info, contact me, Tina, at 783-0483 or email at [trattee@comcast.net](mailto:trattee@comcast.net). Last month's mystery remains unsolved. We need more mysteries. Do you have an old picture, something you don't know what it is, or a history question? I would love to hear from you. ■



## This month's mystery.

## Bird's Eye View Guesses!

There were two people who knew where this aerial photo was taken. The first correct answer was from Sandi Lyle who lives here: Greenview Drive! The second correct answer was from Jason Fiske. Thanks to you both for sending in your answers. ■



## Loudon Lions Club: Did You Know...?

Lions are an international network of 1.3 million men and women in 202 countries and geographic areas who work together to answer the needs that challenge communities around the world.

Known for working to end preventable blindness, Lions participate in a vast variety of projects important to their communities. These projects range from cleaning up local parks to providing supplies to victims of natural disasters.

But... while the Loudon Lions Club contributes to global initiatives through Lions Club International, our focus is here, in Loudon. Our local chapter has a primary goal — to help those in our community that needs eye glasses or hearing exams and don't have the means to pay for them. We don't want anyone to be without glasses or a proper hearing exam because cost is an issue. And with the economy as tight as it is now the need is greater than ever. If you, or someone you know is in need, please contact Joan Belden at [meadcity@aol.com](mailto:meadcity@aol.com).

Interested in visiting our club? We'd love to have you! We meet the first and third Tuesday of the month at the library. All are welcome just drop in!! We're neighbors helping neighbors. Or if you'd like to donate, we welcome any gifts that you can assure will be used within our community. Hope to see you soon! ■

## Recipes — cont. from page 12

- 1/3 cup granulated sugar
- 1 tsp. vanilla extract
- 1 large egg
- 1-3/4 cups (11.5-oz. package) Nestle Toll House Milk Chocolate Morsels
- 1 cup flaked coconut, toasted if desired
- 1 cup chopped walnuts

Preheat oven to 375°.

Combine flour, baking powder, baking soda, and salt in small bowl. Beat butter, brown sugar, granulated sugar and vanilla extract in large mixer bowl until creamy. Beat in egg. Gradually beat in flour mixture. Stir in morsels, coconut, and nuts. Drop by slightly rounded tablespoons onto ungreased baking sheets.

Bake 8–11 minutes or until edges are lightly browned. Cool on baking sheets for 2 minutes; remove to wire racks to cool completely. Makes about three dozen.

Note: Nestle Toll House Semi-Sweet Chocolate Morsels, Semi-Sweet Chocolate Mini-Morsels, Premier White Morsels or Butterscotch Flavored Morsels can be substituted for the Milk Chocolate Morsels. ■

## Craft/Bake Sale Scheduled

The residents of The Richard Brown House, Loudon's new affordable senior housing, are planning a craft/bake sale for **Saturday, November 15, 2008, 9:00 a.m.–1:00 p.m.** They are busy working on items for the sale and are inviting members of the community to participate also. Tables are available to rent for \$10.00 and the donation of a quality item for the raffle. Payment is due two weeks before the event. Please contact Phyllis at 798-3319 to sign up or for further details. Crafts will be screened.

**We hope to see you at our fair.**

## A Corner Barber Shop

at Fox Pond Plaza

**Jim Bond**  
Proprietor

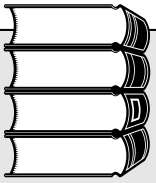
### Hours:

Wed. & Fri. 6:30 a.m.–5:30 p.m. 58 Route 129  
Sat. 6:30 a.m.–1:00 p.m. Loudon, NH 03307

Wheelchair Accessible • Air Conditioned

**798-4084**





## Maxfield Public Library News

By Cheryl Ingerson

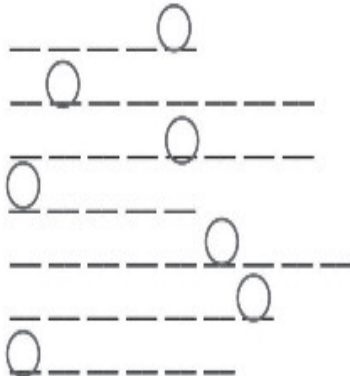
### Maxfield Library Sees Heavy Use from Loudon Families

The Maxfield Library was popular with Loudon families this summer. One-hundred and seventy-six children signed up for the Australian themed Summer Reading Program. Several residents also attended events offered in conjunction with the program. Thirty-six children attended the performance by Steve Blunt in July and 38 attended a special craft night. The "Wednesday Afternoon Movies" entertained 77 people over five weeks and six "Thursday Drop-In Craft Days" drew 188 people. Finally, the "Walkabout" in early August was attended by 36 children and 27 adults. The Maxfield Library was pleased to be able to provide educational and entertaining activities for families of Loudon during a rather wet summer. ■



Why do dogs  
sit in the  
shade?

ahceb  
spoclepi  
navotiac  
snude  
kreisowfr  
fursnig  
zislez



Because they don't want to be \_\_\_\_\_!

August Word Scramble Answers:

Kelp, Seaweed, Dolphin, Turtle, Lobster,  
Squid, Otter, Eel, Clam, Oyster, Surf, Snails,  
Urchin

What is a shark's favorite lunch?  
Peanut butter and jellyfish sandwiches!!



### STORY TIME

September brings story time back to the library! Children of all ages are welcome Tuesdays and Thursdays at 10:30 a.m. and Wednesdays at 2 p.m. for stories and a take home craft.

On September 9th, 10th, and 11th, story time starts off with Linda Hayward's *Hello, House!* and H.A. Rey's *Curious George Visits the Library*. The young crafters will create a bookmark sure to inspire reading.

School is the subject for September 16th through the 18th, as we read *Someone Says* and *Day Care Days* by Carole Lexa Schaefer and Mary Brigid Barrett. The craft to follow will be an artwork holder magnet for future story time crafts.

September 23rd through the 25th, pizza is on the menu. Mary Labatt's *Pizza for Sam* and *The Little Red Hen (Makes a Pizza)* retold by Philemon Sturges, will surely leave the children's stomachs growling! The children will make their very own pizza placemat with all of the fixings.

We will end September and begin October with a fall favorite — apples! An apple craft will follow Nancy Elizabeth Wallace's *Apples, Apples, Apples* and Zoe Hall's *The Apple Pie Tree*. This will get us ready for our apple picking field trip at Meadow Ledge in October; please be sure to sign up in the Children's Room.

### THERE'S COOEE!

Cooee the Kangaroo had so much fun hopping around Loudon this summer!

She and Joey were last spotted at **Just Wash It**, taking a quick trip through the car wash. Afterwards, they headed off to the library with Mrs. Ingerson, to check out some books on Australia.

Cooee and Joey are now official residents of Loudon and will be living in the Children's Room! They love to be read to, so be sure to stop in and entertain them with some of your favorite stories.

### SUMMER READING PROGRAM

Craft Night was held on July 22nd, in the Children's Craft Room. Twenty-four children joined Sarah Jarvis to create aboriginal clap sticks. Clap sticks are the equivalent of our drum sticks and the children used aboriginal designs to personalize their musical instruments.

The **Australian Walkabout** was held on August 5th; article to follow.

The Summer Reading Program was still in process at the *Ledger* deadline, so be sure to look for news on the **Prize Night** in the October issue!

### BOOK GROUP

Join us in the discussion on September 24th, at 7:30 p.m. Please call 798-5153 for information about this month's nonfiction selection.

### LIBRARY HOURS

The library is open Tuesdays 10 a.m.–9 p.m., Wednesdays 1–9 p.m., Thursdays 10 a.m.–5 p.m., and Saturdays 9 a.m.–1 p.m. ■

### Maxfield Public Library Trustees Meeting Minutes — July 15, 2008

**In attendance:** Trustees Sandy Blanchard, Greg Silva, Sue Kowalski, and Library Director Nancy Hendy.

Minutes from the June 16, 2008 meeting were approved.

### Financial Report:

Nancy Hendy explained that a new checking account was opened because we could not use the old account with a new Tax ID number. The old account will be closed once all checks have cleared. The 2008–2009 budget, reflecting the 30% cut, was submitted to the Selectman the previous week. A review of the 2007–2008 town library budget showed a credit of \$509.14 in payroll and an overage of \$303.49 in expenses. Nancy and Sandy will see if the Selectman will allow the credit to offset the overage.

### Director's Report:

- The oil burner inspection was done on July 8. The burner passed inspection, but there is corrosion on the pipes that needs to be repaired. *The Trustees inspected the damage and approved the expenditure for repairs.*
- Temporary replacements for cleaning services and building maintenance are being used until we decide about making any changes. If we hire anyone who is not insured they need to be added as a library employee rather than a contractor.
- Architect Tom Wallace has been helpful with specifications for the furnace air intake area materials and design. *A brick platform and*

*Library — cont. on 15*



## Cooee Makes The Rounds



Library — cont. from page <None>

grate will be constructed with a pressure treated wooden cover. The Trustees questioned whether a more durable material should be used.

- Because we are now open only thirty hours a week, providing service is more hectic. We are busier than before with more people in the library at the same time. There is a longer wait for the public computers and checking out at the circulation desk. On two recent days, we checked out just under 300 materials each day. An average day used to be around 150 materials for the daily count.
- With less staff, we are working more on clerical tasks and at the circulation desk. This makes it difficult to catalog, order books and do interlibrary loans as well as other administrative tasks. Greg asked if other staff can help with cataloging. Nancy responded that some clerks do help get the process started.

### Old Business

The Trustees voted to use a portion of the Bahres' gift to complete the Children's Room. A rough estimate is \$20-25,000. The Trustees continue to discuss options for the remainder of the \$100,000 donation. Nancy said a patron asked why the gift was not being used to offset the budget cut. It was decided to submit an article to the *Loudon Ledger* explaining the use of the gift.

*E-mail service:* Sandy suggested we use the e-mail service for public relations. After discussion it was decided to keep the e-newsletter simple with news about what's happening and what's newly available. Pictures would also be included.

An exterminator was hired to take care of the carpenter ants.

Payroll is up and running. Applications for various ID numbers are complete or nearly complete. Sue will write a letter to Norma O'Brien confirming the salaries for Nancy and Cheryl, the amounts submitted in the original 2008-2009 budget.

*Summer Reading Program:* 165 children have signed-up. A number of programs are being offered during the summer. The Trustees and staff would like to offer a middle-school program in the future.

The Trustees and Director decided to postpone personnel evaluations until the winter when they are normally done. Greg was concerned that employees



**For the full story on Cooee's Travels, see next page.**

receive regular feedback about their work and Nancy assured him that she does communicate with them.

Policy review was tabled until the next meeting.

### New Business

*Exterior Maintenance:* The trustees toured the exterior of the building. Sandy pointed out areas where the bricks need cleaning. The front walkway has areas where the cement is breaking up. Sue agreed to look into how that should be repaired. The brick walkway from the Veterans' Memorial was full of weeds and Sandy said she would contact Roger Max-

## Safety Advisory Issued For Swimmers, Canoeists, Kayakers: NH River Conditions Remain Dangerous

A safety advisory urging extreme caution to be used by swimmers, canoeists, and kayakers on the state's rivers and streams was issued by the New Hampshire Fish and Game Department, the New Hampshire Department of Environmental Services, and the New Hampshire Department of Safety's office of Homeland Security and Emergency Management.

Heavy rains this summer has caused water levels to be higher than usual at this time of year. This has proved deadly in recent weeks; four people have drowned in New Hampshire rivers and streams this summer, and emergency personnel have responded to numerous situations.

"We can't stress enough the need for people to be aware of the dangerous conditions in New Hampshire's rivers and streams," said Acerno. "Current is stronger and water levels are much faster than they usually would be at this time of year. They are at flood-stage level stream flows in some parts of the state. The problem has not gone away, and more rain will only add to the problem."

In an effort to control flooding, the Department of Environmental Services has been steadily releasing water from dams. While critical for flood control, this also has increased water levels in some waterways.

"It's tempting for people to seek out the waterways to cool off from the summer heat, but this is not a normal summer. Be aware that river and stream conditions are not at typical August levels. We strongly advise everyone to use the greatest caution possible around rivers and streams," said Acerno.

Acerno stressed the following safety guidelines:

- If you want to go swimming, use designated beaches and swimming areas.
- Be aware that it is easy to underestimate the strength of current when looking at a river or stream from shore.
- Be aware that summer algae growth and high water make conditions very slippery on rocks near waterways.
- Canoe or kayak in areas without fast water; watch for submerged debris.
- Always wear Personal Flotation Devices when canoeing, kayaking or boating.

The New Hampshire Fish and Game Department is the guardian of the state's fish, wildlife and marine resources and their habitats. Visit [www.WildNH.com](http://www.WildNH.com). Find safe hiking tips at [www.hikeSafe.com](http://www.hikeSafe.com). ■

field. Nancy pointed out that the outside door from the meeting room has rotted and been patched but will need to be replaced at some point. There was some concern about rust on the roof and it was decided to find out if there is a warranty existing on the roofing.

Sandy requested that Cheryl Ingerson submit a Children's Librarian Report each month.

Nancy shared a letter of support from Kate Colby. Ms. Colby hoped to have it published.

7:40 pm the meeting was adjourned.

The next meeting will be held Tuesday, August 5, 2008, 5:00 p.m. ■



## Australian Walkabout in Loudon, NH

An Australian Walkabout in Loudon, NH? That's right! On Tuesday, August 5, 2008, sixty people headed out on the Australian adventure.

In Australian history, a walkabout is a solitary journey in the outback as a rite of passage into adulthood. It is a journey to learn about their Australian ancestors and a chance for the person on the journey to learn about themselves. Our walkabout was to inform the children about some of the unique things found in Australia.

After gathering the required walking sticks for the trek in the outback, the groups' first stop was the **Vegemite Station!** As 'Men at Work' played in the background, everyone tried Vegemite on a cracker. Although a vegemite sandwich is considered the equivalent of our peanut butter and jelly sandwich, I think Loudon's taste buds weren't convinced. How did Mrs. Ingerson describe it? Ah, yes, it tasted like a vitamin that gets stuck on your tongue. I think Kathryn agreed.

Next stop, the **Boomerang Station!** I think the children of all ages enjoyed this stop. There were colorful boomerangs flying through the air at the rec field! The participants were able to get the boomerangs to curve around, but only Sophie managed to have it come back **every time!** Outback Olympics in her future?

The groups headed to their next destination – the **Didgeridoo Station.** A didgeridoo is an Aboriginal instrument with a very distinct, guttural sound. The didgeridoo is a great accompaniment to the aboriginal dream time stories. The groups were treated to Joseph Carringer's *Peruvian Meditations*. Joseph uses the didgeridoo in his occupation of meditation and healing therapy.

The walkabout ended back in the library, where the groups created their own **Aboriginal handprint** paintings. These paintings are found all over Australia's caves and are a reminder of those who came before. The children ended their journey with a reminder of all they had experienced on their Australian walkabout through Loudon center.

Vegemite!



Eeewwwww!!!



A special **Thank You** to all of those that helped. To our volunteers, Darla Jarvis who acted as a guide; Dennis Rialland for obtaining the walking sticks and handing out the perfect one to each journeyman; and to Jess Ingerson for capturing the night in pictures. To Debby Rialland, for all the background help and guiding her group; and the station leaders - Sarah Jarvis (vegemite), Lauren Bousquet (boomerang), Kathryn Bousquet (didgeridoo), and Caitie Kowalski (hand prints); thank you! You all made the night a huge success.





## Recreation Committee News

**W**OW! Everyone says it, but this summer truly flew by! The Loudon Recreation Committee was extremely busy this summer organizing events and programming. Children's theater camp, four weeks of summer swim lessons, community fun nights, tennis lessons, jump rope clinic, and golf lessons were on the agenda for the summer and all have been a success.

We hope that many of you were able to come out to enjoy the concerts and performances of the Community Fun Nights that were held each Wednesday in July and August. The largest attendance was the Wildlife Encounters performance on August 7th. Animal enthusiasts of all ages packed the American Legion for an amazing global tour of animals. Derek from Wildlife Encounters educated all attendees on a wide and exciting variety of animals including an arctic fox, a chinchilla, a Burmese python, a striped skunk, an American alligator, a giant leaf tailed gecko, a tomato frog, and a wallaby. Loudon's Deputy Fire Chief Bob Botcher, pictured at right, got up close and personal with the giant leaf tailed gecko and brought it around for all to enjoy. It seems to be a crowd favorite and certainly on the list for the future. Many people enjoyed the concerts of The Freeze Bros Band, the 39th Army Band, Mark Brodeur, and Mr. Phil came and entertained all with his magic. Our final event of the summer was a showcase of local teen talent. We greatly appreciate the help of the American Legion and American Legion Women's Auxiliary for their assistance with a rain location for several events, use of chairs and for coming with yummy ice cream each week.

Summer swim program was a success thanks to Swim NH, LLC. Over 75 children attended the lessons in the course of the four weeks. Look for information in the spring for next year's lesson dates. Dave Mathes put on a great tennis lesson program for kids in grades 3-5. The lessons were held at the Homer Labonte Memorial Tennis Courts and we hope to continue this program next summer as well. A huge thank you to Laurie Jaquith and Hillary Dooley for putting on a great July jump rope camp for kids, despite the weather.

If you attended any of the Loudon Recreation programs or events this summer and would like to share your thoughts, please go to the website

www.loudonnh.org and print the event/activity evaluation form. Your comments and thoughts are important to us as we plan for future programming. If you have any ideas for events or activities you would like to see you can print and return the events and activities survey which is also available on the website.

The Loudon Recreation Committee is always looking for help. We are a small group of volunteers who need help as we continue to provide fun and exciting programs and activities to Loudon residents. The Recreation Committee meets once a month usually on the fourth Wednesday of the month. Our next meeting will be held on August 27th and then on September 24th at 6:30 at Maxfield Public Library. Please let us know if you are interested in helping out. If you can't attend the meetings, but would like to get placed on our email contact list for volunteering at specific events, please email Alicia Grimaldi at [affirmhealth@yahoo.com](mailto:affirmhealth@yahoo.com). ■



### Jimmy Fund All-Star Baseball Team

**T**he Loudon-Canterbury Jimmy Fund All Star Baseball Team had a great season, finishing with an incredible 8-1 record! The only loss was to the Manchester East Team. In the season closer with Pat Quinn, Mike Sanborn and Jarrett Davis on the hill, Chad Eaton behind the plate, and some great heads up baseball from the entire team, they were able to avenge their loss and beat Manchester East 21-11. If you see these very talented kids around town, congratulate them for a job well done! Pictured from l-r back row: Coach; Eric Sanborn, Kyle Gelinas, Robbie Rattée, Mike Sanborn, Jake Barker, Pat Quinn, Eli Allman, Coach; John Contrada, Scorekeeper; Steve Ostrowski. Front Row: Coach; Tim Quinn, Jarrett Davis, Chad Eaton, Ryan Gelinas, Joe Ostrowski, Andy Contrada, Ben VanCleave, Pitch Recorder; Andy VanCleave. Not Pictured: Chris Carmichael and Steve Donelan. ■



## Tough Times Call For Tough Agents

**Serving Loudon and Surrounding Communities for Over 8 Years!**





# TAKING CARE OF BUSINESS IN LOUDON:

## Souther Property Maintenance

By Lee Laughlin

*Taking Care of Business In Loudon is a monthly feature spotlighting a Loudon business researched and written on a volunteer basis by Lee Laughlin.*

Mike Souther is not meant to be cooped up between four walls. It shows in both his personal and professional life. As a kid, he grew up in Concord where his parents owned a small grocery store but spent summers at their camp on Lake Winnepesaukee. He hunted with family on the land surrounding Lake Ossipee. Today, he is still an avid hunter and fisherman, loves to go camping with his family, and he has turned that love in to a successful business.

Mike attended the University of New Hampshire and studied agriculture. His degree is in fruits and vegetables. After college, he worked for several apple orchards including previous owners of Meadow Lodge Farms.

After the apple orchards, he went on to work for Milliken Nurseries growing plants, shrubs and trees. He also handled many of their deliveries to places as far away as Rhode Island and Cape Cod.

Five years ago, Mike realized a long time dream when he joined the Concord Fire Department. He loves fighting fires, but the call of the outdoors is too strong for him to be content "just" being a firefighter. So he started Souther Property Maintenance to "feed the need" to be active. The business is a nice complement to his 2 day/2night 4 off schedule.

He offers a full range of landscaping services including lawn care, landscape maintenance and new plantings. This summer's soggy weather has kept him

on his toes as he tries to squeeze mowing lawns in between rain showers.

All of that said Mike doesn't work solely outside. He offers a broad range of services to assist with your home maintenance needs. He will tackle siding and roofing projects. Need gutters hung? Mike's your man. He is also skilled in light carpentry work. He jokingly refers to himself as a jack-of-all-trades, but he knows his limits and if he can't perform the job, he will happily refer you to another provider.

He serves a broad base of customers from busy professionals to the elderly who are self-sufficient but need a little assistance maintaining their home. One on-going project in which he takes great pride, is maintaining the grounds of the Concord Regional Visiting Nurse Association Hospice House on Pleasant Street, right next to Concord Hospital. CRVNA is blessed with many caring volunteers, but Mike steps in and takes over where the volunteers leave off. When I spoke to him, it was clear this job, brought him great joy.

Mike also offers peace of mind for snowbirds that head south for the winter, or people who own camps in New Hampshire but live out of state. He will happily check on your property to insure that Mother Nature has not unleashed her wrath on your piece of paradise. He shovels roofs and walkways and is a certified scuba diver who can maintain moorings and chains as well.

By watching his dad run the grocery store, Mike learned first hand the value of personalized customer service and flexibility in business practices. He works by himself so he can pay personal attention and keep his prices reasonable. He is committed to making his services accessible to his customers,



and offers flexible payment plans on some types of work. Clearly he must be doing something right, because the majority of his work comes from repeat customers and word of mouth recommendations.

Mike is tied to the community, he's been working in Loudon, since 1981 and in 1991, he built a house here. He lives there with his supportive wife (whom he originally met as a teenager on Lake Winnepesaukee), and stepchildren.

Mike will happily travel to Concord and the surrounding towns, including Pembroke, Epsom, Penacook and

Boscawen. He prices most of his work on a project basis, but some jobs are done at an hourly rate. Call him for an estimate.

Mike's schedule is flexible. Contact him today by calling him at 848-0957, 798- 3456 by phone today. Phone is definitely the easiest way to reach him, but you can also email him at [southerpm@comcast.net](mailto:southerpm@comcast.net).

Lee Laughlin is an event planner and writer who lives in Loudon. She blogs at <http://independentbw.blogspot.com/> ■



## The Friends Program Awarded Sponsorship of The Retired and Senior Volunteer Program (RSVP) of Merrimack County

The Friends Program has been chosen to succeed Riverbend Community Mental Health, Inc. as sponsor of The Retired and Senior Volunteer Program (RSVP) in Merrimack County, effective August 1, 2008. The award was made by the Corporation for National and Community Service after a competitive process to replace Riverbend Community Mental Health, which relinquished sponsorship after 27 years.

The timing of this change of sponsor coincides with the impending retirement of Merrimack County RSVP Program Director Nancy Spater of Hopkinton, who first joined RSVP in 1979. "It has been a real privilege to have been associated with so many dedicated and inspiring volunteers who have generously served their community in so many ways," remarks Spater. "This transition should in no way effect what the volunteers and agencies are currently doing. The process should be completely seamless."

Established in 1972, The Retired and Senior Volunteer Program is part of the Corporation for National and Community Service's Senior Corps, a network of national service programs that provides older Americans the opportunity to put their life experience to work for local communities.

In Merrimack County, more than 400 RSVP members serve at local non-profits, municipal offices and healthcare facilities. "The Friends RSVP of Merrimack County will offer a full range of volunteer opportunities with more than 80 local organizations addressing community needs including: education, youth development, homelessness, eldercare, independent living, public safety, homeland security, the arts, economic development and the environment, explains Donna Odde, who will direct the RSVP programs for The Friends Program. "We look forward to continuing RSVP's exemplary service to the community and to expanding volunteer opportunities and partnerships."

"The Friends Program is a non-profit, human service organization founded in 1975 that strengthens communities by building relationships that empower people, encourage community service and restore faith in the human spirit," explains Executive Director Jerry Madden.

Administratively based in Concord, NH with offices in Laconia, Newport, Somersworth, Portsmouth, and Bedford, its service programs include an Emergency Housing Shelter, the Junior Senior Friends youth mentoring program, the Foster Grandparent Program, the Interfaith Caregivers Program and the RSVP of Rockingham County. With assistance of more than 900 volunteers, it serves more than 4000 children, older adults and families across New Hampshire counties.

RSVP offers flexibility. RSVP volunteers choose how and where they want to serve, the amount of time they want to give and whether they want to draw upon their skills or develop new ones. With RSVP, volunteers will see tangible outcomes and learn first hand how their contributions can change their community.

To learn how to become a RSVP member or an affiliated site, please contact Donna Odde, Program Director at 224-3452, or [dodde@friendsprogram.org](mailto:dodde@friendsprogram.org) for more information. Visit us on the web at [www.friendsprogram.org](http://www.friendsprogram.org). ■



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## Early Migratory Game Bird Seasons Set

The New Hampshire Fish and Game Department has finalized the 2008 hunting season dates and bag limits for early season migratory game birds, with no significant changes from last year. The 2008 seasons for these game birds are as follows:

**RESIDENT CANADA GEESE:** The bag limit is five birds per day during the September season, which extends from September 2 (the day after Labor Day) through September 25, 2008. As was true last year, New Hampshire's resident Canada goose population continues to grow and has a statewide distribution.

**YOUTH WATERFOWL WEEKEND:** The last weekend in September, this year the youth weekend falls on Saturday and Sunday, September 27 and 28. All regular season waterfowl regulations, including bag limits, shooting hours, use of non-toxic shot, etc., apply during the youth weekend.

**WOODCOCK:** October 6–November 4, 2008. Bag limit is 3 birds per day.

**SNIBE:** September 15 to November 4, 2008. Bag limit is 8 birds per day.

**SEA DUCKS:** October 1, 2008–January 15, 2009. Bag limit is 7 birds per day, with no more than 4 scoters, 4 eiders or 4 long-tailed ducks

**CROWS:** The fall crow-hunting season runs from August 15 to November 30, 2008; next spring's two-week crow season will be March 16–31, 2009.

Hunters of all migratory game birds must have a 2008 New Hampshire hunting license and are required by federal law to register for the National Migratory Bird Harvest Information Program (HIP). In New Hampshire, this includes all who hunt ducks, geese, snipe, woodcock and coots. Separate HIP permits are needed in each state. Licensed hunters should call 1-800-207-6183, or go to the "Buy Your License Online" section of the Fish and Game website <http://www.HuntNH.com>, to receive a permit number (there is no charge). This number should be written on the hunting license. Harvest information from HIP helps Fish and Game and the U.S. Fish & Wildlife Service make more reliable estimates of the number of all migratory birds harvested. Each year, a random selection of hunters is asked to complete a voluntary harvest survey.

Waterfowl hunters must also obtain a federal duck stamp and a New Hampshire Migratory Waterfowl hunting license.

If you're new to waterfowl hunting or thinking about getting started, get an introduction at a free seminar being offered by N.H. Fish and Game on Saturday, September 13, 2008, from 9 a.m.–noon at the Owl Brook Hunter Education Center on Perch Pond Road in Holderness. The session will be taught by veteran waterfowler Pete Lester. Pre-registration is required. To sign up for the workshop, call (603) 536-3954.

Late-season waterfowl dates for the upcoming season in New Hampshire will be finalized after a public hearing on August 26, 2008, at 6:30 p.m. at N.H. Fish and Game headquarters on Hazen Drive in Concord, N.H. For more information, visit [http://www.wildlife.state.nh.us/Newsroom/News\\_2008/News\\_2008\\_Q3/Waterfowl\\_Hearing\\_080508.html](http://www.wildlife.state.nh.us/Newsroom/News_2008/News_2008_Q3/Waterfowl_Hearing_080508.html).

Hunters are asked to report all banded birds by calling toll-free to 1-800-327-BAND. The U.S. Fish and Wildlife Service will send a certificate with information about the bird.

For more information on New Hampshire hunting season dates and regulations, or to buy licenses and permits online, visit <http://www.HuntNH.com/Hunting/hunting.htm>.

The New Hampshire Fish and Game Department is the guardian of the state's fish, wildlife and marine resources and their habitats. ■

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## Old Home Day at the Loudon Historical Society

We held a raffle to attract folks to the museum. As you can see, Shirley Lampron was the big winner of the 50/50.

Darryl Thompson will be presenting on the topic, "The Shaker Legacy" at Charlie's Barn on September 17 at 7:30 p.m. This presentation is free of charge and brought to you by the Loudon Historical Society as well as the NH Humanities Council: Humanities To Go.

Also a reminder, meetings for the Historical Society are the first Wednesday of every month at 7 p.m., at Charlie's Barn. ■



*First prize winner of \$101.00 cash, Shirley Lampron.*



*The drawer of these lucky number was Hannah York.*



*Second prize of two tickets to the Museum of Science and Planetarium was won by Betty Dickinson. The tickets were donated by Carrisa Carrow.*



*There was wonderful attendance at this event.*



*Third prize, a pickling cookbook donated by John Plummer, was won by Patrick Kiley.*

## Historical Society Meeting Minutes — July 2, 2008

June General meeting minutes were reviewed and approved.

Shirley Chamberlain donated raffle tickets for the HS to use for fundraisers.

Michele presented an article from the Concord Monitor about the Diner that formerly graced the entrance to NHIS.

It was noted that Irene Dow generously included an ad for the HS in the OHD flier.

Michele presented a DVD "The American Spirit in New Boston" created by the New Boston Central School 5th Grade. She also presented information from the NH Humanities Council re: possible source for presentations on Historical topics.

Bob Ordway reported that he has reserved the conference room in Charlie's Barn for the third Wednesday of every month. The plan is to start booking presentations on historical topics for the community.

Michele suggested a picnic at Sabbatas Heights. The contact is Ed Blackman. John Plummer agreed to pursue this. Possible dates were discussed.

Ideas for OHD raffle prizes were reviewed.

*Respectfully submitted*  
Cynthia Babonis  
LHS Secretary



## Concord Hospital and AARP Offer Free Presentations on Medication Management

Concord Hospital and AARP 7New Hampshire will offer two free presentations, "Medicines and the Power of You" on Wednesday, September 17 from 10 to 11:30 a.m. and 5:30 to 7 p.m. at Courtyard by Marriott Grappone Conference Center in Concord. Both presentations are open to the public.

Dr. Bill Thomas, an internationally acclaimed physician, author and elder-care advocate, will discuss the wise use of medicine and share tools for utilizing them safely and effectively. Learn how to trust your instincts, make wise choices and be your own medication manager, in partnership with your healthcare provider.

Thomas currently serves as president of The Center for Growing and Becoming, Inc. a not-for-profit organization dedicated to promoting and developing constructive, holistic approaches to aging and the care of elders. He is the founder of The Eden Alternative, a global non-profit organization that is committed to improving the care received by people who live in institutions everywhere. Most recently, Thomas developed the Green House, a radically new approach to long-term care. In 2005, the Robert Wood Johnson Foundation announced a five-year, \$10 million dollar grant that will result in the creation of Green House projects in every state.

In conjunction with his books and research projects, and advocacy on aging and long-term care, Thomas has been interviewed by a broad range of national television, radio and print media.

A graduate of Harvard Medical School in Boston, Mass., Thomas completed his residency at the University of Rochester in Rochester, N.Y. He is board-certified in family medicine and geriatrics. Thomas also maintains a part-time appointment as an assistant clinical professor in family medicine at Upstate Medical Center in Syracuse, N.Y. and holds the position of professor of aging studies and distinguished fellow at UMBC's Erickson School in Baltimore, MD.

Light refreshments are available. Space is limited and registration is required by September 10. To register, please call AARP toll-free at (877) 926-8300. ■

## Free Evening Hunting Talks Offered

Get psyched for the upcoming hunting seasons at a series of free evening talks by area hunting experts and staff of the New Hampshire Fish and Game Department in September. The sessions begin at 7 p.m. This year they will be offered in various locations. No pre-registration is required.

"This is a great chance to get primed for fall hunting by hearing from N.H. Hunting Guides and Fish and Game biologists as they share their knowledge of the habits of New Hampshire's great game animals and tactics for pursuing them," said Mark Beauchense, Advertising and Promotions Coordinator for Fish and Game and an avid hunter. "In response to demand, we will be offering these sessions in some new locations this year."

**TUESDAY, SEPTEMBER 2: SCOUTING AND PATTERNING THIS YEAR'S BUCK.** Find out why it's the best of times for Granite State hunters. Session features New Hampshire's state record buck holder, John Klucky. Fish and Game Region 4 office, 15 Ash Brook Court, Keene, N.H. Klucky will share his knowledge and insights on successful tactics for finding deer, plus a hunting tale or two, including the story of the big buck. N.H. Fish and Game deer biologist Kent Gustafson, will add the latest information on the state of New Hampshire's deer herd.

**TUESDAY, SEPTEMBER 2: UPLAND BIRD HUNTING.** Garret Booth of Grey's Outfitting explores finding and understanding grouse cover, plus the finer points of bird dog work and training tactics. N.H. Fish and Game headquarters, 11 Hazen Drive, Concord, N.H. Booth is a professional gun dog trainer working with pointing, flushing, and retrieving breeds. He will talk about effective range for your dog, handling concerns, electronic collars, first aid for your dogs, how to find bird cover that holds birds, and scouting techniques, maps and online resources.

**TUESDAY, SEPTEMBER 9: FALL TURKEY HUNTING TACTICS.** with New Hampshire Registered Hunting Guide John Asseng. N.H. Fish and Game headquarters, 11 Hazen Drive, Concord, N.H. Asseng has hunted spring and fall turkeys in New Hampshire and Vermont for over 15 years, and will share tried-and-true tactics for fall turkey pursuits. An accomplished turkey caller, Asseng also will demonstrate fall turkey calls.

**WEDNESDAY, SEPTEMBER 17: SCOUTING AND PATTERNING THIS YEAR'S BUCK.** With New Hampshire's state record buck holder, John Klucky. N.H. Fish and Game headquarters, 11 Hazen Drive, Concord, N.H. Klucky will share his knowledge and insights on successful tactics for finding deer, plus a hunting tale or

two, including the story of the big buck.

**TUESDAY, SEPTEMBER 23: FALL TURKEY HUNTING TACTICS.** with New Hampshire Registered Hunting Guide John Asseng. Fish and Game Region 4 office, 15 Ash Brook Court, Keene, N.H. Asseng has hunted spring and fall turkeys in New Hampshire and Vermont for over 15 years and will share tried-and-true tactics for fall turkey pursuits. An accomplished turkey caller, Asseng also will demonstrate fall turkey calls.

**TUESDAY, SEPTEMBER 30: SEA DUCK HUNTING.** Learn about hunting sea ducks and diver ducks in New Hampshire, with Buck-Gardner Game Calls pro-staff member Ray Jackson. Urban Forestry Center, 45 Elwyn Road, Portsmouth, N.H. Jackson is an avid waterfowl hunter who has pursued waterfowl for more than 30 years. He will cover equipment, decoys, bird identification, safety and game preparation. In covering these topics, he will explain several different methods of hunting these fast-flying ducks.

Find more information on hunting in New Hampshire, and purchase hunting licenses and permits online, at [www.wildlife.state.nh.us/Hunting/hunting.htm](http://www.wildlife.state.nh.us/Hunting/hunting.htm).

The New Hampshire Fish and Game Department is the guardian of the state's fish, wildlife and marine resources and their habitats. ■

**The Deadline  
for the  
October  
2008  
"Loudon  
Ledger"  
is Friday,  
Sept. 12.**

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## More scenes from this year's Old Home Day celebration.



Photo above courtesy Bill Asby. Photo above, right courtesy of Debbie Kardaseski.

**The Deadline for the October 2008  
"Loudon Ledger"  
is Friday, Sept. 12.**

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## National Assisted Living Week 2008

**WHAT:** In honor of National Assisted Living Week, September 7–13, 2008, Granite Ledges of Concord will host "Apples After Hours," a celebration to raise funds for the Alzheimer's Association Memory Walk on Thursday, September 11 from 5:30–7:30 p.m.

The evening includes welcoming remarks by Tina Annis, attorney with the firm of Ransmeier and Spellman and the chair of the Concord area Memory Walk as well as refreshments and entertainment. Families and visitors will have the opportunity to meet the residents and staff at Granite Ledges of Concord and learn about the services provided there.

\$10 donation at the door will benefit Alzheimer's Association of NH

**RSVP by September 4 by calling 224-0777**

**WHEN:** Thursday, September 11, 2008 from 5:30–7:30

**WHERE:** Granite Ledges of Concord, 151 Langley Parkway, Concord, NH 03301. ■

**SEPT 17th, 7:30pm at  
Charlie's Barn  
"The Shaker Legacy"**

**will be presented  
by Darryl Thompson**

**This presentation is co-sponsored  
by the NH Humanities Council,  
Humanities to Go and the Loudon  
Historical Society  
Free of charge**



## Turtletown Pond Boat Access Facility In Concord, N.H., To Be Closed For Repairs On Weekdays From September 8–30, 2008

The New Hampshire Fish and Game Department's boat ramp on Turtletown Pond, also known as Turtle Pond, in Concord, NH, will be closed on weekdays from September 8 through September 30, 2008, as Fish and Game conducts repairs to the existing boat ramp. During this time, the boat ramp and parking area will be closed to the launching of boats; however, the canoe/kayak area and parking will be available on the weekends each week from 4:00 p.m. Friday through Sunday evening.

The New Hampshire Fish and Game Department works in partnership with the public to conserve, manage and protect the state's fish, wildlife and marine resources and their habitats. The Department's Land Resources Bureau acquires land for public water access sites, and its Support Services Division refurbishes existing sites and builds new public access areas. Visit [www.WildNH.com](http://www.WildNH.com). ■

## Anglers — Please Look for Tagged Bass When Fishing Lake Winnepesaukee

Anglers fishing Lake Winnepesaukee are being asked to watch for largemouth and smallmouth bass tagged as part of a New Hampshire Fish and Game Department Warmwater Fisheries Management Program study. Data collected from tagged bass will allow biologists to examine bass movement after release from bass tournament weigh-ins held on Lake Winnepesaukee. The study began during the summer of 2007.

"Angler captures of tagged bass are the major source of information for this study, so please ask ALL anglers you know to be on the lookout for tagged bass when they fish Lake Winnepesaukee and send the N.H. Fish and Game Department the requested information when they do catch a tagged bass," says Gabe Gries, Fisheries Biologist and Warmwater Program Project Leader.

"So far we have collected recapture information on more than 200 tagged bass. Although most fish have been recaptured only once, there are some bass that have been recaptured two and even three times since being tagged," says Gries. Although the data will not be formally analyzed until the winter, information gathered so far indicates that fish released after bass tournament weigh-ins move as little as a few hundred yards to as far as twelve miles from their release location. The average distance moved by bass after release is approximately four miles.

Recent updates on recaptured tagged bass, including date of release, date of recapture, and distance moved can be found at: [www.wildlife.state.nh.us/Fishing/fisheries\\_management/Bass\\_Movement\\_Updates.html](http://www.wildlife.state.nh.us/Fishing/fisheries_management/Bass_Movement_Updates.html).

For more information on the study and to report information from tagged bass, contact Gabe Gries, N.H. Fish and Game Region 4, 15 Ash Brook Court, Keene, NH 03431; phone 603-352-9669; or email [gabe.gries@wildlife.nh.gov](mailto:gabe.gries@wildlife.nh.gov).

More information and a data reporting form can also be found at: [www.wildlife.state.nh.us/Fishing/fisheries\\_management/Bass\\_Movement\\_Study.html](http://www.wildlife.state.nh.us/Fishing/fisheries_management/Bass_Movement_Study.html). ■



## "Do" It Right

By Jack Prendiville,  
Century 21 Thompson Real Estate

Real estate is a cyclical business. Market conditions change over time creating a selling environment that sometimes favors the seller and at other times the buyer.

Most of the country today is experiencing a buyer's market. This means there are affordable interest rates and the inventory of properties is high. In other words, buyers are getting more for their money and have lots of homes to choose from.

Faced with that type of market, what can sellers do to make sure their home sale experience is a successful one? The answer: Plenty. Here are just four things you can do to increase your odds of a profitable sale.

- **Do** hire a real estate professional to represent your property. His or her expertise can be invaluable when it comes to assessing the marketplace, crafting an asking price, staging the home for sale, screening buyers, and negotiating the offer in a buyer's market you need a leg up on the competition.
- **Do** understand the market conditions and the different factors at play. Learn as much as you can about the buying and selling process. The more informed you are the better.
- **Do** everything you can to make your property look its best. This may include upgrading the landscaping, painting, making repairs, and replacing outdated features. If there are larger projects you are not willing to undertake before you move, such as a new roof or asbestos remediation, make sure you understand how this may affect your negotiations and ultimately your sales price.
- **Do** price it right. This is probably the most important factor in helping your home sell. Price it too low and you won't make the most on your investment. Price it too high and buyers won't be bothered. In fact, your property could end up languishing on the market. Instead use a Competitive Market Analysis and your real estate professional's expertise to help your listing move. ■

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## Selectmen's Meeting Minutes — July 15, 2008

*Present:* Selectmen Ives, Bowles, and Maxfield.

*Also present:* Road Agent David Rice, Fire Chief Jeff Burr, and Recreation Chairman Alicia Grimaldi.

Chairman Ives called the meeting to order at 6:30 p.m.

*Selectman Bowles moved to approve the Selectmen's Meeting Minutes of Tuesday, July 8, 2008 as presented. Seconded by Selectman Maxfield. All in favor. Motion carried.*

The Board met with Road Agent David Rice.

Mr. Rice advised the Board that there are two more culverts to be replaced on Upper City Road and that the other culverts have been replaced. He stated there is a culvert that may need to be put back in as steel. Discussion ensued regarding gravel placement on this road.

Mr. Rice advised the Board that Glenn White was back to work 6 hours per day.

Mr. Rice advised the Board that Alan Minery would begin the roadside mowing as soon as he finishes another project.

The Board discussed the paving contract for Upper City Road, Goshen Drive and Sheeprock Road, as well as repaving the Safety Complex at Cooper Street. Selectman Bowles reviewed the contract and the Warrant Article and stated that he would not agree to sign the contract as it does not include the work that was voted on at Town Meeting. Discussion ensued regarding the increase in costs to do the paving projects and encumbering money for this purpose as well as the money from 2006–2007 that was encumbered for paving purposes. Chairman Ives stated that the contract would need to be revised because the Board wanted to be sure that the project is done as presented at Town Meeting. Discussion continued regarding the funding, what will be included in the paving project, and the encumbering process. It was stated that Storrs Drive was not part of a Warrant Article. Discussion ensued regarding low areas of Upper City Road and the need to place gravel in certain areas to lift up the road, drainage issues, the cost increases for asphalt that are changing constantly, and the possibility of paving to a basecoat this year and the topcoat next year if necessary due to cost.

The Board met with Fire Chief Jeff Burr. Chief Burr advised the Board that he had placed a few calls with the insurance company regarding the emergency generator and has not heard anything back yet. He said that he is going to need to do something soon to get the generator up and running. Discussion ensued regarding the possibility of the generator being struck by lightning as there was a significant storm at the time the generator failed.

Chief Burr discussed the fire pond on the Ridge and the landowner is still willing to work with the Town but they do not want to have the trees removed if possible. Chief Burr stated he had received a call today, from someone who wanted to put in a quote for work on this project. Discussion ensued.

Chairman Ives stated that there had been discussion regarding the heating costs at Station #2 and the suggestion that the heat be left at 45 through out the cold months. Chief Burr said he thought the heat had been left at approximately 60 last year. He said that the energy audit with PSNH will help with the heating costs as well.

Chairman Ives asked if Chief Burr was aware that when the boilers and compressors were inspected, it was noted that the relief valve on the boiler at the Fire Station needed to be changed. Chief Burr said that it would be taken care of. Discussion ensued regarding working on all areas to conserve and cut costs, such as condensing as many errands in to one trip and not running the equipment unless absolutely necessary.

The Board met with Recreation Committee Chairman Alicia Grimaldi.

Mrs. Grimaldi advised the Board that the Loudon Recreation Committee members would like to apply for a Wal-Mart credit card to be used for the Recreation Department and noted that currently the Town holds other credit cards for other businesses. She stated that this will make it easier for the Committee members as currently every time they need supplies for an event, they make the purchases out of their own pockets and then have to submit receipts and wait to be reimbursed. Mrs. Grimaldi said sometimes the purchases can be quite large and it would be easier if the Committee Volunteers did not have to expend their own money. Chairman Ives said the Board wanted to

meet with Mrs. Grimaldi to get an understanding as to why the Committee felt the need for the credit card. Mrs. Grimaldi stated that the Recreation Committee is hosting many more events than in the past. She said with the gas prices and increases in costs, the Committee members try and condense all their errands to cut down on the gas etc., and it would be so much more convenient for the Committee if they had the card so they would not have to expend their own funds, and so the separation of receipts and keeping track would be easier. Mrs. Grimaldi said that many of the Committee members are also on other committees which they are also expending money from their own funds and waiting on reimbursement. She said that when the committee members get discouraged they tend to leave. Discussion ensued regarding the Wal-Mart credit card being a Town account and not just for the Recreation Department if the Selectmen wish to set it up that way, and the need to control access to the credit card. Mrs. Grimaldi asked if she was not available to make the purchase for the Recreation Department, would the Selectmen agree to allow one of the sworn in Recreation Committee members to use the card and make the purchase. Mrs. Grimaldi advised the Board that there are three sworn in members including herself for the Recreation Department. Chairman Ives said he felt it would be best to start by only having Mrs. Grimaldi approved from the Recreation Committee to make purchases on the Wal-Mart credit card, then see how things go and look at possibly authorizing a second person to be able to make purchases from the Recreation Committee if needed at a later date. Discussion ensued regarding the process for applying for the Wal-Mart credit card and that the issue will be looked into to see if it will work for the Town. Roy Merrill was recognized from the audience. Mr. Merrill asked about the pre-paid gift cards. Mrs. Grimaldi said that she had looked into this option but there would still be the issue of having to keep track of all of the receipts and totals and it is not as secure. The Board discussed the problems that could come from utilizing the gift cards with fees, timeframes, and security. The Board agreed that the credit card would be checked out and Mrs. Grimaldi will be notified when there are answers.

George Page was recognized from the audience. Mr. Page asked the Board if the water testing had been completed at Clough Pond Beach. The Board will check and find out if this had been addressed. Discussion ensued regarding swim lessons starting next week and previous testing timeframes.

The Board began their review of weekly correspondence.

The Board received copies of expenditure reports for review. Discussion ensued regarding encumbering money for landfill testing invoices that are on going as well as

the existing contract with The Louis Berger Group, and the e-mail from Engineer Judy Houston regarding this issue. *Selectman Bowles moved to encumber \$4,664.00 from line item #01-41310-000-002 Landfill Testing to fulfill the contract with The Louis Berger Group for FY 2007–2008. Seconded by Selectman Maxfield. All in favor. Motion carried.*

The Board received copies of the approved letter of agreement from the Library Trustees regarding the 2008–2009 payment schedule.

The Board received copies of the May 5 and 20, 2008 Library Trustees Meeting Minutes for review.

The Board received correspondence from Fire Chief Jeff Burr regarding Del Gilbert properties on Tax Map #049, Lots #123 and 124 for review.

The Board received copies of an e-mail from Earl Tuson regarding small renewable energy systems for review.

The Board received copies of an abutter letter for a special exception request.

The Board received copies of the ZBA site walk minutes from July 9, 2008 for review.

The Board received copies of a training certificate for Jeff Burr for review.

The Board received copies of an e-mail regarding Flood Lines newsletter availability.

The Board received scholarship thank you notes for review.

The Board received copies of the Volunteers of America newsletter for review.

The Board received copies of the Safe Routes to School newsletter.

*Selectman Maxfield moved to authorize the Chairman to sign the Commercial Hauler License renewal with Zero Waste and the Town of Loudon to expire July 31, 2008. Seconded by Selectman Bowles. All in favor. Motion carried.*

Selectman Maxfield stated the VFW is working with the NH Charitable Foundation to setup an interest bearing fund for perpetual care for the Veteran's Memorial to include care of the grounds, monument, and to add any names as necessary. He said the Selectmen have to be willing to agree to accept this donation, before the process can be complete. Selectman Maxfield discussed the minutes relative to the previous monument and gave a history of the committees and agreements on the monument. The Board agreed that they would be willing to accept the funds.

*Selectman Maxfield moved to adjourn the meeting at 7:36 p.m. Seconded by Selectman Bowles. All in favor. Meeting adjourned.*

THE LOUDON BOARD OF SELECTMEN

Steven R. Ives, Chairman  
Dustin J. Bowles, Selectman  
Roger A. Maxfield, Selectman

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## Selectmen's Meeting Minutes — July 22, 2008

*Present:* Selectmen Ives, Bowles, and Maxfield.

*Also present:* Road Agent David Rice.

Chairman Ives called the meeting to order at 6:30 p.m.

*Selectman Bowles moved to approve the Selectmen's Meeting Minutes of Tuesday, July 15, 2008 as presented. Seconded by Selectman Maxfield. All in favor. Motion carried.*

The Board met with Road Agent David Rice.

Mr. Rice advised the Board that the Highway Crew had replaced all the culverts on Upper City Road and they are beginning the ditching which will include putting the under-drain in when they get to Osborne's hill. He said that part of the under-drain will have to go down the ditch line.

Mr. Rice discussed the Pike paving contract with the Board. He stated that the new contract shows that both Sheeprock Road and Goshen Drive will have shim and overlay, and that Cooper Street shows the reclaimed portion will be from the Fire Station to Cooper Street. Mr. Rice said that the Highway Crew would be cutting a line and taking everything out. He said there is a line in the contract for fine grading and compacting. Discussion ensued regarding the Warrant Articles, funding and work to be done. Mr. Rice advised the Board that there would be \$10,600.00 that could be encumbered from the budget to go towards the paving. Discussion ensued regarding the Highway Department hauling in additional gravel during the compacting process as well as the amount of gravel that they would be using. Discussion ensued regarding the parking lot at the Town Office Building.

*Selectman Bowles moved to encumber line item 01-43120-900-007 Highway Block Grant Oil in the amount of \$20,603.00 and line item 01-43120-900-008 Highway Block Grant Asphalt in the amount of \$30,000.00 to be put towards the paving projects and Pike Industries contracts. Seconded by Selectman Maxfield. All in favor. Motion carried. Selectman Bowles moved to authorize the Chairman to sign the contracts with Pike Industries for Upper City Road, Goshen Drive, and Sheeprock Road paving projects in the amount of \$222,147.50, the Cooper Street and Recreational Drive paving projects in the amount of \$50,325.00 as voted on at Town Meeting, and the single course to be applied to Storrs Drive in the amount \$7,812.50. Seconded by Selectman Maxfield. All in favor. Motion carried.*

Discussion ensued regarding reclassifying some of the road maintenance bills and being able to encumber additional funds if the reclassification is approved.

Mr. Rice stated that he had contacted Tennis Courts of NH relative to filling in cracks and patching. Discussion ensued

regarding the Homer LaBonte Maintenance Fund and the Recreation Maintenance Fund. Mr. Rice said the last time the tennis courts were crack filled and sealed was 2003.

Discussion ensued regarding Berry Road drainage issues. Mr. Rice said that the Highway Crew had shoveled out the basin once but with all the heavy rains, it has filled up again. Chairman Ives stated that the letter from DES is requiring the Town to remove sediment from the rip rap swale, catch basin, and detention areas, and to submit photos and details of the work completed within 30 days. Discussion ensued regarding work to be completed by other landowners surrounding Berry Road, DES requirements, and the issue of landowners diverting the water flow and the need to have DES involved in the review of landowners diverting the water flow. The Board stated the Town is not going to fix a private driveway if a landowner causes the water flow to divert onto another property and causes damage. The property owner causing the damage would be responsible. Chairman Ives advised Mr. Rice to speak with Bob Fiske regarding these issues.

The Board began their review of weekly correspondence.

The Board received copies of the water testing at Clough Pond. Chairman Ives stated that Bob Fiske has advised that all results are within acceptable limits.

The Board received a request from the Conservation Commission to place their

two storage cabinets at the Community Building as they have been located at the Library and their access will now be limited due to the reduction of hours the Library is open. The Board agreed that the storage cabinets could be kept at the Community Building as long as they're placed in the meeting room and not in the hallway and that the cabinets should have the capability to be locked.

The Board received copies of correspondence from Volunteers of America regarding abutter complaints.

The Board reviewed a notice from Office Manager Jean Lee regarding reclassifying a \$1,200.00 expense on the Village Dam Article. Chairman Ives advised Mrs. Lee to reclassify the invoice for RM Piper account #01-49020-000-022 into the contingency fund account #01-48001-100-190. The Board discussed that the funds did not get encumbered last year so that is the reason for the reclassification.

The Board received copies of the gasoline and diesel gallons used by each department, by month, from Huckleberry Oil for review. Chairman Ives said he would like to have each department head receive a copy for their review.

The Board received copies of the account breakdown for propane used during the fiscal year, by month, from Eastern Propane for review.

The Board received copies of the NHMS payments for the Loudon Classic and Sprint Cup events for review. Chairman Ives stated

the check was in the amount of \$273,743.95.

The Board was advised that the Local Government Center PLIT ambulance replacement program is not available yet, but the Town can forward information if interested in the program and LGC-PLIT will notify the Office once available. Discussion ensued regarding the current coverage. The Board agreed to continue with the coverage in place and look at the new program during the budget process for next year.

The Board received copies of the June 16, 2008 Library Trustees Meeting Minutes.

The Board received copies of a letter from DOT regarding fuel and asphalt pricing with links to the DOT website for bidding guidelines.

The Board received copies of an e-mail from William O'Brien regarding the redistricting litigation.

The Board received copies of Scholarship thank you notes for review.

Chairman Ives stated for the record that seven pistol permits were submitted for signature and approval.

*Selectman Maxfield moved to adjourn the meeting at 7:41 p.m. Seconded by Selectman Bowles. All in favor. Meeting adjourned.*

THE LOUDON BOARD OF SELECTMEN

Steven R. Ives, Chairman

Dustin J. Bowles, Selectman

Roger A. Maxfield, Selectman

## Selectmen's Meeting Minutes — July 29, 2008

*Present:* Selectmen Ives, Bowles, and Maxfield.

*Also present:* Police Chief, Code Enforcement/Compliance Officer Bob Fiske.

Chairman Ives called the meeting to order at 6:30 p.m.

*Selectman Bowles moved to accept the Selectmen's Meeting Minutes of Tuesday, July 22, 2008 as presented. Seconded by Selectman Maxfield. All in favor. Motion carried.*

The Board met with Police Chief, Code Enforcement/Compliance Officer Bob Fiske.

Mr. Fiske discussed the letter he submitted to the Selectmen regarding the VOA Senior Housing and the abutter's complaints. Selectman Maxfield said he felt that while VOA says they have run out of money to complete the landscaping for the Loudon project, it was a requirement by the Planning Board. He said the organization has other facilities and feels that they are large enough that they should be able to find funds within their organization to complete the requirements for this project. Mr. Fiske said he agrees that they need to complete the requirements, but VOA would not budge on the issue of the cistern either. The Board discussed contacting Town Counsel regarding this issue. Mr. Fiske said he felt that VOA had completed the requirements of the Zoning Ordinances and Planning Regulations but not to the satisfaction of some of the abutters. Selectman Bowles said that he thought the road was not put in where it was originally intended. He said VOA cleared out more trees and brush on Craig Maxfield's side of the property than originally intended, with the agreement that they

would shade that area out for the abutters by planting new trees or whatever it took to keep the light from affecting the neighbors. Chairman Ives discussed obtaining the Planning Board Meeting Minutes relative to the VOA requirements for landscaping and privacy screen and forward them to Town Counsel for his opinion. He said that Attorney Mayer may agree to send a letter to VOA regarding this issue.

Mr. Fiske discussed the issue where the Selectmen had considered sending a letter to NHMS regarding the signs at the race track. Chairman Ives stated that the Selectmen had not sent a letter yet and that one could be forwarded. Selectman Maxfield asked if there had been any issues with the changeable signs. Mr. Fiske said no, there had not been any issues. Discussion ensued regarding if the changeable signs would be utilized during the winter months. Mr. Fiske asked if there would be a problem with the changeable signs being utilized during the winter months. Selectman Bowles said no, but he did not think that the track would be keeping the signs on all year round. Selectman Bowles stated that he felt there needed to be better communication between the Town and the race track. He said he wanted to see that there is always someone within the Town who knows what is going on with the race track so when there are concerns or questions, the answers are readily available. Selectman Bowles went on to say that when there are complaints or letters written to the newspapers, or newspaper articles get twisted around, it can look like the Town is being walked over by the Track and he does not feel that is the case. He said that he wants to have a better communication bridge so that the answers to the questions

can be immediately answered. Mr. Fiske discussed the issues with the "temporary buildings" and requiring the Track to go before the Planning Board before he would issue any permits. Discussion ensued. Chairman Ives stated that a letter will be forwarded to NHMS regarding coming in to meet with the Zoning Board relative to signage. The Board agreed.

Mr. Fiske asked the Board about the status of the permitting request to add sand to the Town Beach at Clough Pond. Selectman Maxfield stated he thought Engineer Judy Houston would have some information regarding this issue. Discussion ensued regarding the application. Chairman Ives will follow up on the status of the application.

Mr. Fiske discussed the results of the water testing for swimming purposes at Clough Pond Beach. He advised the Board that the Recreation Committee has asked that the results of the water testing be published in the *Loudon Ledger*. Mr. Fiske asked the Board if they would agree that the results could be published in the *Loudon Ledger*. The Board agreed. Mr. Fiske clarified that the water testing done is for e-coli testing for swimming purposes, not for drinking purposes.

Mr. Fiske discussed his concerns regarding the lack of sandbags being available during the recent rain storms. He said he had contacted the State Emergency Management Office and they stated they have sandbags available at a cost. Mr. Fiske said he spoke with Faith Stevens of the Loudon CERT Team and she has researched that the Town could get 1,000 sandbags for approxi-

*Selectmen — continued on page 26*

**The Deadline  
for the  
October 2008  
"Loudon  
Ledger"  
is Friday,  
September 12.**

**Selectment — cont. from page 25**

mately \$300.00. Mr. Fiske asked the Board to approve the withdrawal of \$300.00 from the Emergency Management Budget for the purchase of the sandbags. The Board agreed that this purchase should be made.

Mr. Fiske advised the Board that the life-guard chair has been removed from the pond and chained to the fence at the Town Beach.

Chairman Ives discussed the Special Detail Rates relative to the administrative costs associated with the increase in fuel costs. He reviewed administrative costs of some of the surrounding towns and discussed the suggestions of Auditor Paul Mercier. *Selectman Bowles moved to increase the billable rate for Police Traffic and Special Duty Details from \$47.00 per hour to \$50.00 per hour due to the increase in fuel costs effective July 29, 2008. Seconded by Selectman Maxfield. All in favor. Motion carried.*

Chairman Ives and Chief Fiske discussed safety concerns for property located on Route 129. Chief Fiske said his department is aware of the concerns and is monitoring the situation.

The Board began their review of weekly correspondence.

The Board received copies of the Loudon Old Home Day Book for review.

Selectman Maxfield discussed the Village Cemetery repair project and stated that approximately 50% of the top pieces have been replaced with new wood. He said several uprights have been put in and most of the granite posts have been straightened. Selectman Maxfield said that two granite posts had not been straightened and he had asked Jason of Absolute Painting to fix those posts, which they have. Selectman Maxfield stated that the change order that Jason has submitted is for additional wood,

primer, and paint. He said that Bob Ordway has advised him that the Historical Society has stated that the name of this Cemetery is the Loudon Mills Cemetery. Selectman Maxfield said that the project looks great. Discussion ensued regarding the increase in costs over the contract and the additional wood and paint used. *Selectman Maxfield moved to approve the change order as submitted from Jason Blount of Absolute Painting for the Village Cemetery repair due to the increase in wood fees of \$574.00 and the increase in primer and paint fees of \$195.00 for a total increase of \$769.00. Seconded by Selectman Bowles. All in favor. Motion carried.*

The Board received copies of a memo from Office Manager Jean Lee for review and comment on the following issues:

The Board agreed that thank you letters for the generous donations of time and materials to construct the J.O. Cate Van Garage will be sent to those involved.

DES has contacted the Office to see if the Town of Loudon would be willing to accept construction debris from surrounding towns effected by last week's tornado and storms. The Board discussed the lack of space as well as the costs associated with the disposal of the materials. The Board stated that they did not feel the Town is in a position to accept outside materials at this time.

The Board was advised that DRA Auditor Norm LaBlond has reviewed the assessing contract with Cross Country Appraisal

Group and feels that the provision included in the contract regarding the "strata" is unnecessary and feels that the town should not have to pay for this service. The Board agreed to have Office Manager Jean Lee contact Jeff Earls regarding this issue.

The Board received copies of the payment from the Town of Chichester for annual ambulance subsidy in the amount of \$29,530.00.

The Board received copies of correspondence from Central NH Regional Planning Commission regarding the purchase of winter road salt. Discussion ensued regarding that this is due to the State of NH renegotiating their contract. Chairman Ives stated he felt someone should attend the meeting scheduled for August 18, 2008.

The Board received copies of a letter from DES regarding Ledges Golf Course for review.

The Board received copies of a letter sent to Dan Aversa regarding Wellington Lane.

The Board received copies of a notice of violation from DES on property located on Berry Road for review.

The Board received copies of a notice of violation from DES on property located on Old Shaker Road for review.

The Board received copies of Homeland Security and Hazard Mitigation grant workshops from the Department of Safety for review.

The Board received copies of the July Planning Board and Zoning Board Minutes for review.

The Board received scholarship thank you notes for review.

The Board discussed the Scholarship funds relative to the new account set up for the \$200,000.00 with the NH Deposit Investment Pool and the remaining funds from the NHIS Scholarship that was unclaimed from last year in the amount of \$6,324.95. Discussion ensued regarding placing the \$6,324.95 in the same account as the \$200,000.00. The Board agreed to combine the funds into one account by a majority decision.

The Board recognized Barbara Cameron from the audience. Ms. Cameron discussed the thank you letters to those who donated and volunteered for the J.O. Cate Van Building. Discussion ensued regarding a list of volunteers and those who donated to the project as well as the possibility of the materials being tax deductible. Ms. Cameron said that the Cate Van Committee would be preparing a letter for the Board's review.

*Selectman Maxfield moved to adjourn the meeting at 7:33 p.m. Seconded by Selectman Bowles. All in favor. Meeting adjourned.*

**THE LOUDON BOARD OF SELECTMEN**

Steven R. Ives, *Selectman*

Dustin J. Bowles, *Selectman*

Roger A. Maxfield, *Selectman*

**Selectmen's Meeting Minutes — August 5, 2008**

*Present:* Selectmen Ives, Bowles, and Maxfield.

*Also present:* Road Agent David Rice, Fire Chief Jeff Burr, and Tax Collector Helen McNeil.

Chairman Ives called the meeting to order at 6:30 p.m.

*Selectman Maxfield moved to approve the Selectmen's Meeting Minutes of Tuesday, July 29, 2008 as presented. Seconded by Selectman Ives. All in favor. Motion carried.*

The Board met with Road Agent David Rice.

Mr. Rice advised the Board that the Highway Crew had been working on the washouts around town as well as getting Sheeprock Road and Goshen Drive ready for paving. Mr. Rice advised the Board that Pike would be starting the paving on Upper City Road in 2-3 weeks and that as soon as Sheeprock Road and Goshen Drive are ready, he feels Pike could get to that project within 2-3 days after he places the call to Pike advising them that the roads are ready.

Chairman Ives discussed the paving and drainage project at the Safety Complex and Library. Discussion ensued regarding there being enough funds included in the Safety Complex/Library project to hire an outside contractor to do the work for the drainage project. Chief Burr stated that he and Road Agent David Rice had been working on a plan to adjust the pitch for drainage purposes. Chairman Ives advised Mr. Rice that he should put bid specs together so the pro-

ject can go out to bid. Discussion ensued regarding the design of the project. The Board agreed that if funds are available for this work to be contracted out then that is fine. Discussion ensued regarding the drainage, catch basins and pipes, increasing the exhaust capacity, adding stone, replacement of the manhole cover, addition of another manhole, overflow, and the possibility of having to work further down the swale. Discussion continued on the size of the drainage pipe, the drainage from the upper parking lot at the Library, and the need to keep the water from flowing into the lower portion of the Library. Selectman Maxfield asked if there was any short term fix that could be done to address the issues of flooding at the lower portion of the Library until the drainage project is completed. Discussion ensued regarding either putting a seal all the way across the doorway or utilizing sandbags. Selectman Bowles stated that if the area had been lifted up 8 inches as suggested during the start of the construction, he did not feel this would be an issue.

Selectman Bowles discussed the need to get more ditches open. Discussion ensued.

Mr. Rice advised the Board that he contacted the company that works on the tennis courts. He said it would be approximately \$4,500.00 to seal the cracks and get the surface back in shape. Mr. Rice went on to say that the tennis courts need to be resurfaced in the near future. Chairman Ives stated there is currently \$3,200.00 in the Homer LaBonte Fund for tennis court maintenance. Mr. Rice said that the sealing of the cracks has to be done and he would find the additional money to cover the cost. Selectman Maxfield asked about the cost for resurfacing. Mr. Rice said he did not have the cost figures at this point. The Board agreed that if Mr. Rice could find funds in his budget to cover the remaining costs, then the project to reseal the tennis courts should proceed.

The Board met with Fire Chief Jeff Burr.

Chief Burr advised the Board that he obtained a quote for the fire pond on Loudon Ridge and stated the total is \$4,361.93. The Board agreed to encumber the money for this project.

Chief Burr advised the Board that he had received information from the State that the weather outlook for the next few days could bring 1½ inches to 3 inches of additional rain to the area. Selectman Bowles asked Mr. Rice if he had any available sandbags that could be placed at the lower level of the Library in an attempt to keep it from flooding again. Mr. Rice said that he had some sandbags that could be filled and stacked up against the door of the lower level of the Library. Selectman Maxfield discussed the issue of the door being an exit, as well as possible placement for the sandbags in an effort to keep the area from flooding but allowing the lower portion of the building accessible. Discussion ensued regarding the possibility of the lower portion of the Library having to be closed just during this period of stormy weather in an effort to keep it from flooding, as well as the availability of sandbags. Selectman Maxfield stated that he would not be in favor of blocking off the exit of the Children's Room at the Library if the room is going to be utilized. Chairman Ives said he felt the Library Trustees would need to decide whether they wanted to utilize the room and take the chance of flooding or block off the exit and not allow the use of the downstairs portion of the Library just until this issue can be fixed. Selectman Bowles said the Town would work as diligently as possible to get this problem fixed; however, it is not going to be resolved instantly. He said with the weather forecast predictions, it does not appear that the rain is going to let up over the next few days, and he would hate to see the flooding of the Library get any worse than it already is. The

*Selectmen — continued on page 27*

**The Deadline for the  
October 2008 "Loudon Ledger"  
is Friday, September 12.**



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**Selectmen — continued from page 26**

Board stated they would have Road Agent Dave Rice go to the Library on Wednesday to talk with Library Director Nancy Hendy regarding the situation and allow the Library Trustees to make the decision.

Chief Burr stated that he will be forwarding information to the Selectmen regarding the emergency generator.

The Board met with Tax Collector Helen McNeil.

Mrs. McNeil discussed her desire to hire File Clerk Deirdre Littlefield as her Deputy Tax Collector beginning in September. Discussion ensued regarding the fact that the Deputy Tax Collector does not have to live in the town in which they are employed, as well as the number of Deputy Tax Collector positions allowed. Mrs. McNeil advised the Selectmen that current Deputy Tax Collector Dot Mulkhey would be staying on for a while to help with training. Discussion ensued regarding Mrs. Littlefield's knowledge of the position as she has been the File Clerk for quite a while and is familiar with

the position. The Board agreed that Mrs. McNeil should double check the number of Deputies she is allowed and agreed that an appointment paper should be drawn up.

The Board began their review of weekly correspondence.

The Board received correspondence from Loudon Old Home Day Association requesting the Selectmen's participation at the Old Home Day event.

The Board discussed a request from a parent of a student who received a scholarship. Due to scholarship monies having an affect on work study programs involving some students, the parent requested the scholarship award be paid directly on the student's loan account. The Board said such a request would only be handled on a case by case basis, and as long as the payments were made directly towards a student's loan, the Board may grant such a request.

The Board received scholarship invoices for review and approval. The Board agreed that the two scholarship invoices equal full-time status and could be paid.

The Board received copies of a memo from Office Manager Jean Lee regarding the J.O. Cate Memorial Van building donations.

The Board received copies of the 2nd Quarter Host Community Fee Reports and Monthly Compliance Reports from ESMI for review.

The Board received updated Fuel and Asphalt Cement price adjustments from NH DOT.

The Board received copies of the J.O. Cate Memorial Van Committee Meeting Minutes for June.

The Board received copies of the July 16, 2008 Northeast Resource Recovery Association Single Stream Forum Meeting Minutes.

The Board received notification of a Local Government Center Public Works Toolkit Workshop.

The Board received copies of the NHMA Legislative Bulletin for review.

The Board received scholarship thank you notes.

*Selectman Maxfield moved to approve the Town of Loudon Commercial Hauler's Application for Shaver Disposal, Loudon, NH and for Waste Management, New Hampton, NH for the purpose of hauling trash in the Town of Loudon. Seconded by Selectman Bowles. All in favor. Motion carried.*

Mr. John Plummer was recognized from the audience.

Mr. Plummer asked for clarification on the sandbags for the lower level of the Library. The Board gave a brief explanation of the situation. Discussion ensued. Selectman Maxfield stated that he felt the Library Trustees needed to be the ones to make the decision on how to deal with the water.

*Selectman Bowles moved to adjourn the meeting at 7:32 p.m. Seconded by Selectman Maxfield. All in favor. Meeting adjourned.*

**THE LOUDON BOARD OF SELECTMEN**

Steven R. Ives, Chairman  
Dustin J. Bowles, Selectman  
Roger A. Maxfield, Selectman

**Planning Board Minutes — July 17, 2008**

Meeting called to order at 7:00 p.m. by Vice Chairman Stanley Prescott.

**Attendance:**

*Vice Chairman* Stan Prescott, Steve Jackson, Gary Tasker, Henry Huntington, *Ex-Officio* Dustin Bowles, and *Alternates* Bob Ordway and Jeff Green. Bob Ordway was appointed as a voting member in the absence of Tom Dow and Jeff Green was appointed as a voting member in the absence of Tom Moore.

Jess Storey was present to represent the Conservation Commission.

**Acceptance of Minutes:**

*June 19, 2008 Regular Meeting.* Gary Tasker made a motion to approve the minutes as written; seconded by Dustin Bowles. All were in favor.

**Discussion:**

**Dan Aversa** — Mr. Aversa was not able to attend the meeting but had sent a letter asking to address two matters. The first request was to extend the completion date of the off-site improvements to the Bee Hole and Chichester Road intersection that are a condition of the approval of phase two of Loudon Woods Estates subdivision. The approval stated that the improvements were to be completed by the end of the 2008 construction season. The minutes of the 8/16/07 meeting were reviewed for the wording of the approval. There was lengthy discussion of the best way to handle an extension of the work timeframe, bonding of the improvements as well as the construction of the new subdivision road, not being able to sell lots on the new subdivision road and increase the traffic on Bee Hole until the improvements are complete, and needing a new

construction estimate before a bond is requested by the applicant.

Bob Ordway made a motion to grant a one year extension to the end of the 2009 construction season for off-site improvements of the Bee Hole and Chichester Road intersection with the following conditions: 1) The completion of the off-site improvements must precede the sale of any lots on the new subdivision road and Lots 8 and 9 on Bee Hole Road. 2) An updated construction estimate is required at the time of the surety request. 3) A performance surety must be in place prior to the beginning of the off-site improvements. Motion seconded by Gary Tasker. There was no further discussion. All were in favor.

The second matter addressed in Mr. Aversa's letter was the guardrail on Wellington Lane. In the letter, Mr. Aversa stated that he feels that they have done enough by extending the guardrail by 100', disputed the degree of the slope in the area in question, and asked for an on-site meeting with the Board and/or road agent and their surveyor/representative before any final decisions are made. Gary Tasker asked if anyone on the Board has looked at the guardrail. Stan Prescott stated that he and Dustin Bowles looked at it. Mr. Bowles stated that he and Mr. Prescott located stations and measured. Mr. Prescott said that the Board had initially talked with Mr. Aversa about going close to the next driveway with the guardrail and that he and Mr. Bowles found that the recent extension is 102' short of that. There was discussion about the plan being designed based on 4:1 slope and that it was not built 4:1, thus the guardrail needs to extend beyond where originally drawn.

Andrew Palhof, a resident of Wellington Lane, stated that he and others on the road

feel that this is a safety issue and that the guardrail should be extended further up the hill. There was discussion of a recent memo from Town Engineer Tony Puntin with regard to the liability to the town if this matter is not corrected. The history of the slope/guardrail was discussed. Based on the information heard, Gary Tasker made a motion to write a letter to Mr. Aversa, stating that he should put up another 100' of guardrail as previously instructed by the Board; seconded by Henry Huntington. All were in agreement. Mr. Palhof stated that there is supposed to be a culvert under his driveway but it was not installed at the time that the driveway was built. Due to that, he has had problems with storm runoff washing his driveway out and taken measures to correct the situation. There was discussion about who constructed the driveway, how the occupancy permit could have been issued if the work was not done to plan and by the driveway permit, and how best to address the matter. Gary Tasker amended his motion to include the culvert issue in the guardrail letter; seconded by Henry Huntington. All were in agreement.

**Conceptual Review:**

**MYSD & LYAA — Site Development, Soccer Fields, Located on Old Concord Road in the RR District, Map 29, Lot 87.** Rick Broider represented the Loudon Youth Athletic Association. Also present were Fred Reagan for the Merrimack Valley School District, Erin Reardon for Nobis Engineering, and volunteer Mark Vanson. Mr. Broider explained that three or four years have been spent on various concepts and discussions for this project. He said that the proposed plan is for two soccer fields and an additional parking lot. Mr. Broider

pointed out that the parcel is off Old Concord Road behind the elementary school. The lot would provide fifty five spaces and could be used for overflow parking during school events and also for snow storage rather than having to truck it off. Mr. Broider said that this project would be good for the community and the school.

The parcel consists of twenty acres and is owned by MVSD. Mr. Broider said that they have to file for an Alteration of Terrain permit. He said that they would flag out the area and have an abutters meeting so that everyone could see the project and address any concerns. Steve Jackson asked if the traffic flow would be through the school lot. Mr. Broider said that was correct. Gary Tasker asked if the parking would be sufficient should there be a function at the school and field at the same time. There was discussion of the chance that there would be two functions at the same time and that the school use would take precedence.

Steve Jackson asked about the current natural slope. Erin Reardon stated that it is 10-15% and they want to reduce the grade. She said they will not be touching the steep slopes. Ms. Reardon said that they are moving the fields closer together, noting that they are still in the design phase of the project. There was discussion of the restoration of slopes, access to the fields, finalizing the conceptual, the school district handling the permitting, and that there would be no impact to the town. Gary Tasker said it is a good idea and location and has been well thought out. He asked if there would be lighting. Rick Broider said that there would be lights at the parking area only. Mr. Tasker how much more detail has to be added. Fred

*Planning — continued on page 28*



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**Planning — continued from 27**

Reagan said that they are trying to meet the drainage requirements and will do as little cutting as possible. He said that the lights are for safety only. Mr. Reagan said that Loudon does not have enough fields, noting that MVSD would maintain the fields. He said that they will come back in August with the final product and abutters. Rick Broider said that they can cut but cannot stump before receiving the permit. He said that MVSD is handling the permitting, and LYAA will be using their funds and lining up sponsors to raise additional funds needed for their portion of the project. The Board agreed that the applicants do not need to file an official application. Fred Reagan said that he would like to do the application and abutter list for notification.

**New Business:**

**Application #08-12, Susan Bourdeau — Lot Line Adjustment, Located on Bear Hill Road in the RR District. Map 4, Lots 7 & 9.** Jeff Green (JL Green Enterprises) stepped down from the Board to represent the applicant. There were no abutters present. A letter was received from abutters Scott and Kathy Gilbert stating that they support the proposal.

Henry Huntington made a motion to accept the application as complete and move to public hearing; seconded by Dustin Bowles. All were in favor. Mr. Green explained that they are proposing to move a boundary line that would leave Lot 7 with 24.09 acres, 440.69' of frontage, and the existing house. Lot 9 would be increased to 63.51 acres. Mr. Green stated that the applicant has a buyer for the back lot (Lot 9), the same owner of other acreage abutting that piece. Hearing no questions from the public, Acting Chairman Prescott closed the hearing to the public and opened it to the Board only.

Mr. Prescott asked if there are any waivers being requested. Mr. Green said there were no waiver requests. Steve Jackson said that the proposal seemed straight-

forward. Henry Huntington made a motion to approve the plan as presented; seconded by Steve Jackson. All were in favor.

Jeff Green returned to the Board.

**Application #08-13, John R Walters and Laurie & Margaret Dockham — Lot Line Adjustment, Located on Ricker Road in the RR District. Map 1, Lots 59 & 60.** Dave Collier of Richard Bartlett & Associates represented the applicants. Abutter Shirley Waters was present.

Steve Jackson made a motion to accept the application as complete and move to public hearing; seconded by Gary Tasker. All were in favor. Mr. Collier explained that Mr. Walters owns Lot 59 with 2.81 acres and that this application is for a lot line adjustment with the owners of Lot 60 which has 2.71 acres. He said that a small portion of Lot 60 would go to Lot 59, giving Lot 59 a total of 2.94 acres (2.82 buildable) and Lot 60 a total 2.58 acres (2.42 buildable). Mr. Collier said that the monuments would be set prior to recording of the plan. Ms. Waters said that a previous lot line adjustment was done with these properties and she wondered why another was being done. Mr. Collier explained that the first one was done to allow area for a garage and that this one is a matter of helping the neighbor. Hearing no further questions, Mr. Prescott closed the hearing to the public and opened it to the Board only.

Steve Jackson said that he did not see anything of concern, noting that there is nothing in the proposed setbacks. Gary Tasker made a motion to approve the plan as shown; seconded by Jeff Green. All were in favor.

**Application #08-14, Kenneth St. Cyr — Minor Subdivision, Located on Clough Hill Road in the RR District. Map 33, Lot 13.** Steve Luger represented Mr. St. Cyr. Abutter Henry Barnowski was present. Mr. Luger stated that they are waiting for state subdivision approval. He explained that this property is at the corner of Clough Hill and Coaster Roads, is five acres, and currently has a house, garage, shed, and pool on it.

Mr. Luger said that the subdivision is cutting the parcel in half with 2.58 acres staying with the existing house and the other parcel having 2.43 acres. He said that Peter Schauer has located the wetlands. Mr. Luger said that he apparently had outdated regulations and had used 25% slopes on the plan but has since recalculated the slopes. He handed out the corrected information and said that the changes would be made on the final plans. Mr. Luger showed the lot sizing calculations. He said that the existing shed and pool would be moved or taken down as they are in the setback of the proposed lot. Mr. Luger stated that he has a preliminary septic design for the proposed new lot.

Steve Jackson noted that they have provided 50' setbacks on both roads as required. Donna reported that abutters Elgie & Rosemary Goodwin and John Shimanoski came to the office to review the proposed plan. None had any concerns with the subdivision. Mr. Goodwin did point out that there is a culvert near the proposed new driveway on Coaster Road that needs maintenance and/or repair. Hearing no further questions from the public, Acting Chairman Prescott closed the hearing to the public and opened it to the Board only.

Steve Jackson said that he would recommend that the shed and pool be removed from the setback before the plans are recorded. Mr. Luger stated that the pool has been removed and the shed is to be moved over the coming weekend. A memo from Code Enforcement Officer Fiske was read, stating the same concern of the pool and shed in the setback. Steve Jackson made a motion to continue this hearing to August 21, 2008, 7:00 p.m. at the Community Building. Steve Luger asked for a conditional approval, noting that the only thing outstanding is the state subdivision approval. Stan Prescott said that the Board does not do conditional approvals. The motion was seconded by Dustin Bowles. Gary Tasker stated that the applicant needs to remove the shed before coming back to the next meeting. There was discussion about the "no build" buffer; clarification will be made on the notes. All were in favor of the motion to continue. There will be no further notification.

**Old Business:**

**Application #08-07, DJP Realty Trust — Major Subdivision, Located on Bee Hole Road, in the RR District. Map 12, Lot 4.** There were no abutters present. Applicant Joe Bohi and his representative, Shane Stewart, were present. Gary Spaulding of GR Spaulding Design Co. represented the applicant in the absence of Web Stout. Mr. Spaulding reported that they have received subdivision approval and gave the approval number to Donna for the file. Gary Tasker made a motion to accept the application as complete and move to public hearing; seconded by Steve Jackson. All were in favor.

Mr. Spaulding stated that this is for a three lot subdivision on Bee Hole Road. He pointed out that some notes have been added to the subdivision plan as requested. A note about fire suppression is note #10 on

page 3 of the plans and a note about underground utilities is note #11. Mr. Spaulding stated that the wetland scientist stamp has also been added. He said that they have received comments dated 7/15/08 from the town engineer in response to their comments on his first review. Mr. Spaulding asked to discuss some of the comments with the Board.

Design plans: #1) Mr. Spaulding said that they checked the sight distance and it is 400' to the right and 250' to the left, 25' short of the 275' required for 35 mph zones. He said that a note of those distances was added to the plan and that the additional distance can be picked up by clearing and brush removal. Mr. Spaulding said that they feel they can achieve the required distance and requested that they be allowed to add a note not to do a plan/profile. He pointed out that they are not doing any improvements to Bee Hole Road and that the expense of doing a full profile is unwarranted. There was discussion about who owns the lots in that sight distance, being able to cut the vegetation in the right-of-way, and the engineer's comments. Stan Prescott said that he feels they should do a profile as recommended by the town engineer and get the details on paper so they can see what needs to be done. Steve Jackson and Dustin Bowles agreed. #2) Mr. Spaulding said that the monuments are shown on the subdivision plans but they will show them on the site plan as well. He had a note from Web Stout asking to clarify that the PC and PT are to be granite bounds and iron pins can be used on the lot corners. Jeff Green said that granite bounds are used to mark the right-of-way and pins are acceptable for the lot corners. Steve Jackson referred to Section 12.6.1 of the Land Use Regulations. #3) Mr. Spaulding said that the dark line referred to in the comments was a drafting error. He explained where the curb and wall would be and where the runoff would go. #4) Mr. Spaulding explained that they have put the underdrain on the plan as wanted and a note will be added to better define as recommended by the town engineer. #5) Mr. Spaulding said that the driveways will be graded at the same time as the road. He said they will be taking the driveways beyond the right-of-way as shown on SP-1. Mr. Spaulding said these were revised based on Mr. Puntin's first letter. #6) all set.

#7) The guardrail limits and end treatments are shown on the plans. Mr. Spaulding said he was not sure why the engineer did not see them. He said he would like to address other comments relative to the guardrails as well. He referred to MISC-1 in the plan set, noting that they provided guardrail detail and showed the end section that is proposed. Mr. Spaulding said that the town engineer would like to see shock-absorbing ends. He said they designed it with the wrap-around end because this is not a through road, is only serving three lots, and there will be minimal traffic. Steve Jackson asked what the grade of the road would be at that spot. Mr. Spaulding said that it would be 5%. Stan Prescott asked if

**Planning — continued on page 29**

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**Planning — continued from 28**

they would be using the posts with holes. Mr. Spaulding said they would be standard DOT design as shown on MISC-1. Steve Jackson asked Mr. Spaulding why he thought the engineer was asking for shock absorbing ends. Mr. Spaulding read comment #13. Mr. Jackson asked if there would be a headwall on the culvert and if it would be exposed at the area of the guardrail. Mr. Spaulding said there would be a headwall but it would not be exposed at that area. He explained that the Wetlands Bureau put conditions on the permit. Because of the Blanding turtle, they had to go with an open bottom culvert to get the permit. Mr. Spaulding said that the road is 20' through the whole subdivision but they had to go from a 4' shoulder to a 2' shoulder to fit the Wetlands Bureau requirements. Steve Jackson said that may be why the engineer is asking for the shock absorbing guardrail. Mr. Spaulding said that the engineer is also asking them to raise the headwall. He said that they would like to mimic the entrance which cannot be done with a 10' headwall. Mr. Spaulding also noted that the abutment would be looking at a 10' headwall. Stan Prescott said that the restricted road width could be a snow plow problem. Mr. Spaulding said there would only be 150' of restricted width, explaining the restriction of wetlands impacting within 20' of abutting property, thus creating width restrictions to meet all of the requirements. Henry Huntington asked if the absorbing ends would be used if the road is left as it is designed. It was noted that raising the headwall lessens the pitch and widens the shoulder. Dustin Bowles said that it creates maintenance problems if not meeting the typical design. Mr. Spaulding was advised to go to the engineer with a 10' headwall and that the Board would accept "G" ends on the guardrails.

#8) Mr. Spaulding said that the road profile shows a low point at 4+27 on WP-1, the uphill side of culvert. He said there is no curbing and they were not proposing a catch basin. It was stated that it could be a dropped inlet at that point. Mr. Spaulding said they would probably just do a catch

basin. #9) all set. #10) (> = bullets as listed on the engineer's response letter ) > The width was previously discussed. > Mr. Spaulding said they have verified the guardrail spacing and a note was added to the plan. > The contour elevation was not previously labeled but has been revised on the plan. > Taken care of with the raising of the headwall. > Will add 'Redi-Roc' note to the plan. Mr. Spaulding said that the permit limits make the area tight to work in but they will make it work. > They will have the structural engineer provide information. > riprap — in order to meet the wetlands conditions (turtles won't walk on aggregate) they had to add vegetative material per DES and Fish & Game. > headwall #11) all set. #12 & #13) guardrail was previously discussed.

Stormwater Management Report: #1) This is a wetlands permit condition, the culvert has to be 4' in width, and they have no choice. Mr. Spaulding will explain this to Tony Puntin again. #2) added the 25 year storm. #3) all set. #4) There is a culvert at the entrance, the BMP is listed in the executive summary dealing with this, and it is on the plan so that is why the reference is in there.

Construction Cost Estimate: Mr. Spaulding said that a construction cost estimate will be done when all of the changes have been made.

Mr. Spaulding asked if the Board is comfortable with the entrance to the subdivision. He said they are trying to save the two large granite walls. Stan Prescott said that they need to see a cross section. Gary Tasker said that he likes the idea but wants to be sure that the water gets out of that area. Shane Stewart pointed out that the wall on the south end was there and the one on the north end was built by hand to match the original wall. He said they are trying to present an attractive entrance. Gary Spaulding said they have proposed riprap for the runoff areas and he will do a cross section for the first 150' of the road.

Acting Chairman Prescott read a request to waive having to show the topography of the remaining 37.33 acres. Henry Huntington made a motion to grant the waiver; seconded by Gary Tasker. All were in favor.

Mr. Prescott read a request to waive having to delineate the wetlands on the remaining 37.33 acres. Gary Tasker made a motion to grant the waiver; seconded by Bob Ordway. All were in favor.

Mr. Prescott read a request to waive Section 23.1.7 and allow the proposed road to be approved at a length of 1253.57'±. Jeff Green asked if the total includes the cul-de-sac. Mr. Spaulding stated that the road is 745' to the beginning of the cul-de-sac. Steve Jackson made a motion to grant the waiver; seconded by Jeff Green. All were in favor.

Mr. Prescott read a letter from Fire Chief Burr with questions about a fire pond on this property. A copy of the letter will be forwarded to Web Stout for his response. Hearing no further questions, Mr. Prescott closed the hearing to the public and opened it to the Board only. Gary Tasker made a motion to continue the hearing to August 21, 2008, 7:00 p.m. at the Community Building; seconded by Dustin Bowles. All were in favor. There will be no further notification.

**Application #08-06, CVAD, LLC — Major Site Development, Located on Route 106 in the C/T District, Map 1, Lot 49.** Acting Chairman Prescott read a request from Tony Marcotte that this application be tabled until next month so that they may address comments from the town engineer, DES, and DOT. In the letter, Mr. Marcotte also requested comment from the Board about Section 208.2 of the Zoning Ordinance. There was discussion about the height of the building, the point from which the height should be measured, access to the building, and the intent of the ordinance. Consensus was that the applicant should seek a special exception for the proposed height from the Zoning Board. Dustin Bowles made a motion to continue this application to August 21, 2008, 7:00 p.m. at

the Community Building; seconded by Steve Jackson. All were in favor. There will be no further notification.

**Board Discussion:**

Steve Jackson said that he would like to bring up several points, more for thought than discussion and answers at this time. 1) How did we get a subdivision bond down so far? (Wellington) 2) How did a CO get issued without a culvert as specified on the driveway permit? (Wellington) 3) On a previous subdivision, the Board asked for additional topography and wetland delineation within 200' of the new subdivision lines. Should that be done with all large parcels? Discussion ensued about the purpose of the request, how it can be considered on a case by case basis, and

**Report of the ZBA:**

Donna reported that there are two applications for special exceptions for reduced setbacks on Memory Lane and Berry Road, another that was withdrawn on Bear Hill Road, and one application for a special exception for a real estate office in the Village District on this month's agenda. Henry Huntington asked if there is anything that can be done relative to the lots on Memory Lane. He said every owner will be coming in for special exceptions because of the reduced lot sizes. There was brief discussion about the setbacks and options.

**Report of the Board of Permit:**

Stan Prescott reported that there was no Board of Permit meeting this month.

**Adjournment:**

A motion to adjourn at 10:30 p.m. was made by Steve Jackson; seconded by Gary Tasker. All were in favor.


Respectfully submitted,  
Donna White

Black



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- Maxfield Public Library
- Beanstalk Store
- Ivory Rose/USPS
- Transfer Station
- Web Site



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## Zoning Board of Adjustment Minutes — July 24, 2008

### REGULAR HEARING

Chairman Dave Powelson called the Loudon Zoning Board of Adjustment meeting of July 24, 2008 to order at 7:00 p.m. at the Loudon Community Building.

### ROLL CALL:

The following members were present: George Saunderson, Chairman Dave Powelson, Vice Chairman Ned Lizotte, Roy Merrill, Howard Pearl, and Alternates Jim Venne and Jon Huntington.

### ACCEPTANCE OF MINUTES:

**Regular Hearing** — Roy Merrill made a motion to approve the minutes of June 26, 2008; seconded by Ned Lizotte. All were in favor.

**Site Visits** — Roy Merrill made a motion to approve the site visit minutes of July 9, 2008; seconded by Howard Pearl. All were in favor.

### PUBLIC HEARINGS:

**Case #08-15, Leo Boucher — Special Exception for Reduced Setback, Map 58, Lot 62.** The applicant was unable to attend as he was away on business. Abutter Roanne Sanborn was present. Roy Merrill said that the Board knows what the applicant is asking for and that they have seen the site. Abutter Roanne Sanborn stated that she is in agreement with the request and that abutter Kathi Guay has stated that she has no problem with the request. It was clarified that the request is to reduce the front setback from 50' to 40'. The chairman closed the hearing to the public and opened it to the Board only.

Roy Merrill made a motion to approve the special exception for reduction of the front setback to 40'; seconded by Ned Lizotte. The chairman stated that the Board went through the criteria at the last meeting. A roll vote was taken: George Saunderson — Yes; Ned Lizotte — Yes; Dave Powelson — Yes; Roy Merrill — Yes; Howard Pearl — Yes. Unanimous — APPROVED.

**Case #08-17, David & Karen Bast — Special Exception for Reduced Setback, Map 39, Lot 11-3.** Abutters have been notified; none were present. The applicants were not present. Roy Merrill recused himself and Jon Huntington was appointed as a voting member for this case. There was nobody from the public present. The chairman closed the hearing to the public and opened it to the Board only.

Chairman Powelson read the purpose of the application. Howard Pearl asked if the Board has to act on the application as written. The chairman said that the Board has to rule on the application. He said there are different dimensions for the turn-around and driveway. Mr. Pearl said that because the applicants were not present, he would think that the Board has to rule as it is presented. Ned Lizotte said that the Board cannot be interpreting the request. The chairman said that the matter could be postponed until next month. Mr. Lizotte said he did not agree and that he felt that the Board should make a motion and the applicants could come back and deal with it another time. There was discussion about amending the application, ruling on one portion but not the other, and that the applicants were advised to do the turn-around and garage on one application. Ned Lizotte said that the applicants were also told to have visuals available. He said that the Board clearly expressed their concerns at the site visit and the applicants would be at this meeting if this was important. Mr. Lizotte said that it was made clear and he does not think that the Board should do anything different if the applicants are not present. He said at this point he feels that the Board should rule on the application then the applicants have a clear alternative to come back and do something different. He said that he does not feel that the request satisfies #6 and #7 on the second portion of the application. Howard Pearl made a motion to deny the application

because it would not be consistent with other properties in the neighborhood. He said that there is room for a nice house and garage within the property's boundaries. Ned Lizotte stated that this is a new development and should meet the criteria. Dave Powelson said that this is addressing the garage and asked if the intent is to address the turn-around as well. Mr. Pearl said that they have to act on the application as a whole. He said the garage is included and that is where his issue lies. Ned Lizotte seconded the motion. Mr. Pearl said that would allow the applicants to come back and address the turn-around alone. It was stated that the applicants were advised that changes could, and should, be made yet that was not done. Ned Lizotte referred to #6 and #7 on the second portion of the application, noting that criteria has been established by other new houses in the development.

Chairman Powelson suggested that the Board go through the application points. 1) all agreed with the applicant; 2) George Saunderson said that he has concerns about these small lots being problematic with regard to snow off the roofs and fire access. Dave Powelson said that he is not sure that he sees that going from 60' to 40' of side setbacks would interfere with fire apparatus. Howard Pearl said it would not be so much the apparatus but access and fire jumping to the next house. He said he feels there is sufficient room to put a house and garage on the lot. The chairman asked if it was felt that the reduction would have an injurious and detrimental effect on the neighborhood. George Saunderson said that it is hard to forecast the future but he feels the more a property remains within the regulations, the less liability. Ned Lizotte said that there is no reason that structures cannot fit the lots. The chairman stated that at least three feel that it could be detrimental. Jim Venne and Jon Huntington each agreed. Mr. Huntington pointed out that some of the lots are even more narrow.

The chairman said that the responses thus far were enough to stop with the application but he would like to go through the rest of the points. 3) all agreed with the applicant; 4) all agreed with the applicant; 5) all agreed with the applicant; 6) Dave Powelson said that he does not see an effect on the natural environment; all agreed; 7) Mr. Powelson said that he does not see an effect on the groundwater resources; all agreed. Section 2, 1) Ned Lizotte said that the potential is there to diminish the light, air, and space, noting that the next property is even tighter. George Saunderson said that light and air wouldn't be a concern but space is a very general term and he feels it could be an issue. Howard Pearl said that the town's voters set the guidelines and the Board is given criteria that has to be met. He said the Board has the duty to try to hold to those and grant relief where reasonable but he does not feel this is one of those cases. Ned Lizotte stated that this is a brand new subdivision and there is no reason that the setbacks cannot be met. Howard Pearl stated that the Board has guidelines to work within and is only allowed a certain amount of room to grant relief. The chairman said that at least three feel that the reduction would not provide enough light, air, or space between properties. 2) Howard Pearl said that he does not see that this would obstruct access to the property. George Saunderson said it would be more of an issue with snow

off the roofs blocking access to the back of the property. Jon Huntington and Ned Lizotte agreed with the applicant's response. 3) Ned Lizotte said that runoff from the roof could be an issue. Howard Pearl noted that the applicant is only asking for 4-5' so he does not think that would create a problem. George Saunderson was in agreement. 4) Howard Pearl said that it is hard to know if this exception would adversely affect the abutting property values. He said that the next lot buyer may not care to have something that close. Ned Lizotte said that others are meeting the side setbacks and if the Board granted this reduction it would set an example for the rest of the lots. Jon Huntington said it is too close and that it is too bad that buyers are not aware of this possible situation. Dave Powelson said that the Board has traditionally given as much relief as they felt they could in the past but this is a new subdivision. Howard Pearl said that this is a new subdivision but there is nothing specific with this lot that requires reduced setbacks. He said that he feels there is sufficient buildable space. Mr. Pearl said that the reduction may not affect the value of the abutting property right now but may in the future. Jim Venne and Dave Powelson did not feel that it would affect the value of the abutting property. Ned Lizotte said there could be a domino effect if others go for reduced setbacks. George Saunderson said that it could affect the sale of the next property. 5) Ned Lizotte said that the development capability of the lot was perfectly fine with the setbacks set forth by the Planning Board. 6) Howard Pearl said that he does not feel that the reduction would be consistent with comparable setbacks. 7) George Saunderson said that this is quite different from Lovejoy Road as this is a neighborhood in itself. 8) no issues 9) no issues

The chairman stated that the Board has determined that the setback reduction could possibly have an injurious and detrimental effect on the neighborhood, could reasonably diminish space between properties, and is not consistent with setbacks of adjacent or neighborhood properties. Mr. Powelson said with any one criteria not being met, the Board would have to deny the request. A roll vote was taken: Jon Huntington — Yes; George Saunderson — Yes; Ned Lizotte — Yes; Dave Powelson — Yes; Howard Pearl — Yes. Unanimous — DENIED.

Roy Merrill returned to the table.

**Case #08-18, Gail Robinson — Special Exception for Reduced Setback, Map 4, Lot 18.** A letter asking that this application be withdrawn was received from the applicant.

**Case #08-19, Steve Jackson — Special Exception for Real Estate Office, Map 20, Lot 40.** A letter asking that this application be continued to the August meeting was received from the applicant. Abutter Yvette Calkins was present. Mrs. Calkins expressed her concern about parking at the property. Roy Merrill made a motion to continue this case to August 28, 2008, 7:00 p.m. at the Community Building; seconded by Howard Pearl. All were in favor. There will be no further notification.

### ADJOURNMENT:

Jon Huntington made a motion to adjourn the meeting at 8:00 p.m.; seconded by Howard Pearl. All were in favor.

Respectfully submitted,  
Donna White  
Administrative Assistant



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Dennis R. Moore  
(603) 783-4637

55 Storrs Drive  
Loudon, NH 03307

Please note that both Planning and Zoning Minutes are DRAFT minutes, i.e., they have not been approved yet. For a copy of the approved minutes, please contact the Planning/Zoning Office after their monthly meetings (798-4540).

Planning Board meets the  
third Thursday of the month at 7 p.m.

Zoning Board meets the  
fourth Thursday of the month at 7:30 p.m.

Both Boards meet at the Community Building.  
All meetings are open to the public.

# September 2008 in Loudon

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> <b>LABOR DAY</b> No School	<b>2</b> 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•Lions Club @ Library	<b>3</b> 2pm•Storytime @ Library 6:30pm•LES Open House for Grades 1-5 7pm•Historical Society	<b>4</b> 10:30am•Storytime @ Library 6:30pm•PTA @ LES 6:30-8:30pm•MVHS Open House	<b>5</b> 7th & 8th Grade Summer Reading Projects Due	<b>6</b> <b>HOUSEHOLD HAZARDOUS WASTE DAY • 8AM-NOON @ TRANSFER STATION</b>
<b>7</b> <b>GRANDPARENTS DAY</b>	<b>8</b> 8pm•Loudon Fire Dept. Meeting	<b>9</b> 9th Grade Picture Day 10am•Young at Heart @ VOANNE, Annual Cookout 10:30am•Storytime @ Library 5pm•Library Trustees Meeting @ Library 6:30pm•Selectmen's Meeting/Board of Permit @ Com. Bldg.	<b>10</b> 2pm•Storytime @ Library 6pm•Conservation Com. @ Com. Bldg. 6:30pm•Girl Scout Volunteers @ LES	<b>11</b> 10th & 12th Grade Picture Day 10:30am•Storytime @ Library 6pm•MVMS Open House	<b>12</b> <b>LOUDON LEDGER DEADLINE FOR OCTOBER ISSUE</b>  5th Grade Instrument Demonstration	<b>13</b>
<b>14</b>	<b>15</b> 6:30pm•Communications Council Meeting @ Com. Bldg.	<b>16</b> 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•Lions Club @ Library	<b>17</b> Senior Project Proposals Due 2pm•Storytime @ Library 6:30pm•MVMS PTO @ MVMS Library 7pm•American Legion & Auxiliary Meeting 7:30pm•The Shaker Legacy presented by Darryl Thompson @ Com. Bldg.	<b>18</b> LES Picture Day 10:30am•Storytime @ Library 7pm•Planning Board @ Com. Bldg.	<b>19</b> MVMS Picture Day	<b>20</b> MVHS Homecoming
<b>21</b>	<b>22</b> <b>FIRST DAY OF FALL</b>	<b>23</b> 9-Noon•VNA Senior Health Clinic @ VOA Building 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting @ Com. Bldg. 7pm•LYAA Mtg. @ Library	<b>24</b> MVHS Mini College Fair 2pm•Storytime @ Library 6:30•Rec Committee @ Library 7:30•Library Book Group	<b>25</b> VOANNE Open House 10:30am•Storytime @ Library 7pm•Zoning Board of Adjustment @ Com. Bldg.	<b>26</b> MVMS Progress Reports & Hat Day 7-9pm•7th & 8th Grade Party @ MVMS Cafeteria MVHS Midterm	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b> 10:30am•Storytime @ Library 6:30pm•Selectmen's Meeting/Work Session @ Com. Bldg.				





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