



Yoga for Adults

Beginner to Advanced Levels

11 Classes @ Loudon Elementary School Cafeteria

Monday and Thursday 6-7pm

April 29 - June 6, 2024

NO CLASS MONDAY MAY 27 - Memorial Day

\$90 Loudon Residents/\$100 Non-Residents

Or

\$10 drop in fee

Checks payable to Town of Loudon

please bring a mat

Please detach the form below and bring it to the first class!

Participant's Name: _____

Email address: _____

Contact phone: _____

Sponsored by:

Loudon Recreation Committee

I hereby give permission for the above named to participate in the Loudon Recreation Yoga Class held at LES. I agree to assume all risks incidental to participation in this program. I further agree to release from liability, Loudon Recreation Committee, Town of Loudon, Merrimack Valley School District, and Instructors. Questions? Email Laurie at lcjaquith1@gmail.com

Participant signature: _____

Date: _____

For Official use only: amount paid _____ ck # _____ date received May/June 2024